

X ULTRAMARATON BIESZCZADZKI - 52 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

X ULTRAMARATON BIESZCZADZKI
Fundacja Bieg Rzeźnika
2022-10-08
Cisna
52 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 15km	P2_Solinka 28km	P3_Roztoki 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	MIŚKIEWICZ Mariusz	5302	STAŃCZAK TEAM	M40	1	01:18:42	02:29:04	03:44:37	04:53:38.70	04:53:38.70		5:38	10.6 (100%)
2	PERYKASZA Paweł	5222	GRUPALUKTRANS.PL	M40	2	01:28:05	02:45:10	04:19:00	05:40:51.70	05:40:51.70	+00:47:13 (13.9%)	6:33	9.2 (86.8%)
3	PAROL Rafal	5107	DZIKIE GRUBASY SZATANA/STARE RURY	M40	3	01:25:44	02:39:44	04:16:15	05:51:30.45	05:51:30.45	+00:57:51 (16.5%)	6:45	8.9 (84.0%)
4	ANTOŃCZAK Marek	5149	RUCH IZBICA	M40	4	01:32:34	03:00:24	04:36:58	06:06:22.55	06:06:22.55	+01:12:43 (19.9%)	7:02	8.5 (80.2%)
5	KOLASA Filip	5056		M40	5	01:32:04	02:57:41	04:46:00	06:24:30.95	06:24:30.95	+01:30:52 (23.6%)	7:23	8.1 (76.4%)
6	CZAJKA Tomasz	5216		M40	6	01:39:41	03:08:52	04:53:11	06:24:43.65	06:24:43.65	+01:31:04 (23.7%)	7:23	8.1 (76.4%)
7	SOBOL Krystian	5279		M40	7	01:35:27	03:03:47	04:50:30	06:24:58.60	06:24:58.60	+01:31:19 (23.7%)	7:24	8.1 (76.4%)
8	CHODAKOWSKI Rafał	5115		M40	8	01:40:19	03:13:39	05:01:08	06:31:12.05	06:31:12.05	+01:37:33 (24.9%)	7:31	8 (75.5%)
9	PAŁKA Tomasz	5275	KB PARANTELA	M40	9	01:40:24	03:12:11	05:00:55	06:34:09.55	06:34:09.55	+01:40:30 (25.5%)	7:34	7.9 (74.5%)
10	WINIARSKI Jarosław	5087	WINIARA TEAM	M40	10	01:44:08	03:15:53	05:07:09	06:45:43.85	06:45:43.85	+01:52:05 (27.6%)	7:48	7.7 (72.6%)
11	KRZEMIŃSKI Marcin	5253	SPRINT GORZYCE	M40	11	01:45:07	03:21:20	05:08:38	06:45:53.50	06:45:53.50	+01:52:14 (27.7%)	7:48	7.7 (72.6%)
12	MATUSZEWSKI Arkadiusz	5260		M40	12	01:48:51	03:21:26	05:08:29	06:46:02.45	06:46:02.45	+01:52:23 (27.7%)	7:48	7.7 (72.6%)
13	STARZYK Sebastian	5219	OCR TEAM DĘBICA	M40	13	01:45:06	03:20:29	05:11:52	06:46:47.20	06:46:47.20	+01:53:08 (27.8%)	7:49	7.7 (72.6%)
14	BARAN Bernard	5054	OCR TEAM DĘBICA	M40	14	01:44:05	03:12:27	05:01:35	06:48:20.55	06:48:20.55	+01:54:41 (28.1%)	7:51	7.6 (71.7%)
15	SIWAK Ryszard	5203	TEAM RYŚ SKI	M40	15	05:08:36			06:52:53.70	06:52:53.70	+01:59:15 (28.9%)	7:56	7.6 (71.7%)
16	HEJNAR Jakub	5119		M40	16	01:40:10	03:13:37	05:09:35	06:54:07.05	06:54:07.05	+02:00:28 (29.1%)	7:57	7.5 (70.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 15km	P2_Solinka 28km	P3_Roztoki 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
17	KOSMALA Przemek	5003	MARCINSWIERCTEAM	M40	17	01:42:33	03:16:12	05:06:01	06:55:48.90	06:55:48.90	+02:02:10 (29.4%)	7:59	7.5 (70.8%)
18	KOPPLINGER Grzegorz	5024	ASSECO ACTIVE TEAM	M40	18	01:41:39	03:14:49	05:14:43	06:56:09.80	06:56:09.80	+02:02:31 (29.4%)	8:00	7.5 (70.8%)
19	PÓŁTORAK Krzysztof	5297		M40	19	01:45:44	03:18:51	05:11:16	06:57:03.05	06:57:03.05	+02:03:24 (29.6%)	8:01	7.5 (70.8%)
20	JAREMA Maciej	5306		M40	20	01:49:32	03:26:18	05:26:08	07:15:37.45	07:15:37.45	+02:21:58 (32.6%)	8:22	7.2 (67.9%)
21	CHUCHAŁA Paweł	5261	MARKOWI BIEGACZE	M40	21	01:49:37	03:30:09	05:31:36	07:18:38.35	07:18:38.35	+02:24:59 (33.1%)	8:26	7.1 (67.0%)
22	POPIS Tomasz	5234	SEKCJA BIEGOWA RUCH IZBICA	M40	22	01:39:37	03:17:03	05:23:37	07:20:23.95	07:20:23.95	+02:26:45 (33.3%)	8:28	7.1 (67.0%)
23	SZABOŃ Tomasz	5043	UKS REFLEX RYBNIK	M40	23	01:42:11	03:22:14	05:30:07	07:27:50.75	07:27:50.75	+02:34:12 (34.4%)	8:36	7 (66.0%)
24	SIENKIEWICZ Paweł	5142	TEAM ZABIEGANEDNI/DECEPTICON GYM	M40	24	01:54:54	03:37:42	05:43:34	07:31:02.75	07:31:02.75	+02:37:24 (34.9%)	8:40	6.9 (65.1%)
25	MARCINIAK Tomasz	5162	RADOMNO BIEGA	M40	25	01:50:13	03:40:26	05:49:39	07:34:13.35	07:34:13.35	+02:40:34 (35.4%)	8:44	6.9 (65.1%)
26	SZCZEPAŃSKI Marcin	5012	BEAUTY SPORT RUN	M40	26	01:49:44	03:36:54	05:40:31	07:34:16.95	07:34:16.95	+02:40:38 (35.4%)	8:44	6.9 (65.1%)
27	GUZ Marcin	5009		M40	27	01:51:54	03:40:28	05:48:01	07:35:31.50	07:35:31.50	+02:41:52 (35.5%)	8:45	6.8 (64.2%)
28	PYTLOS Marcin	5105	GLKS FAMIL FAŁKÓW	M40	28	01:41:36	03:14:17	05:48:39	07:36:17.05	07:36:17.05	+02:42:38 (35.6%)	8:46	6.8 (64.2%)
29	MINDYKOWSKI Zbigniew	5110	BIEGOWI MANIACY	M40	29	01:48:16	03:37:56	05:44:49	07:38:35.20	07:38:35.20	+02:44:56 (36.0%)	8:49	6.8 (64.2%)
30	ŁUKOMSKI Maciej	5151	ŁÓDZKI KLUB WYSOKOGÓRSKI/ SZAKALE BAŁUT ŁÓDŹ	M40	30	01:42:32	03:30:13	05:40:41	07:40:18.30	07:40:18.30	+02:46:39 (36.2%)	8:51	6.8 (64.2%)
31	GALEK Adam	5134	#MASABIEGA	M40	31	01:51:33	03:36:12	05:45:17	07:40:24.90	07:40:24.90	+02:46:46 (36.2%)	8:51	6.8 (64.2%)
32	GAWLIK Marcin	5116	GONIĘ MISZCZA/MKS SIECHNICE	M40	32	01:55:06	03:45:27	05:55:29	07:44:11.45	07:44:11.45	+02:50:32 (36.7%)	8:55	6.7 (63.2%)
33	DYREK Mateusz	5157		M40	33	01:47:39	03:37:00	05:45:04	07:44:34.80	07:44:34.80	+02:50:56 (36.8%)	8:56	6.7 (63.2%)
34	PRZYGODZKI Mateusz	5184	RACE AROUND POLAND	M40	34	01:54:52	03:43:33	05:53:26	07:44:45.95	07:44:45.95	+02:51:07 (36.8%)	8:56	6.7 (63.2%)
35	ZACIERKA Krystian	5264		M40	35	01:50:27	03:37:55	05:47:16	07:45:55.15	07:45:55.15	+02:52:16 (37.0%)	8:57	6.7 (63.2%)
36	WIERZCHOŃ Michał	5108	MR. DOC	M40	36	01:50:11	03:46:11	05:54:54	07:46:18.55	07:46:18.55	+02:52:39 (37.0%)	8:58	6.7 (63.2%)
37	GALAS Grzegorz	5041	SCI GÓRSCY ENTUZJAŚCI	M40	37	01:51:26	03:40:29	05:45:48	07:46:35.10	07:46:35.10	+02:52:56 (37.1%)	8:58	6.7 (63.2%)
38	SZYJKA Krzysztof	5198	MES-PROJEKT	M40	38	01:48:48	03:34:48	05:48:20	07:46:41.80	07:46:41.80	+02:53:03 (37.1%)	8:58	6.7 (63.2%)
39	KŁODAWSKI Marek	5191		M40	39	01:56:22	03:51:45	06:03:10	07:50:15.00	07:50:15.00	+02:56:36 (37.6%)	9:02	6.6 (62.3%)
40	SACHARUK Michał	5078		M40	40	01:50:42	03:42:06	05:58:55	07:53:01.00	07:53:01.00	+02:59:22 (37.9%)	9:05	6.6 (62.3%)

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41	LIS Arkadiusz	5093		M40	41	02:04:38	03:52:48	06:02:39	07:59:56.40	07:59:56.40	+03:06:17 (38.8%)	9:13	6.5 (61.3%)
42	SŁOWIK Radosław	5175	OBI	M40	42	02:04:00	03:55:27	06:05:37	08:00:03.90	08:00:03.90	+03:06:25 (38.8%)	9:13	6.5 (61.3%)
43	KACPERSKI Olaf	5212		M40	43	01:57:56	03:45:46	05:58:44	08:00:09.75	08:00:09.75	+03:06:31 (38.8%)	9:14	6.5 (61.3%)
44	ŻBIKOWSKI Tomasz	5239	KP S.A.	M40	44	01:59:53	03:55:04	06:06:40	08:04:37.85	08:04:37.85	+03:10:59 (39.4%)	9:19	6.4 (60.4%)
45	GĄSECKI Daniel	5289	ULTRAPRZESILENIE	M40	45	01:56:24	03:50:56	06:02:03	08:04:44.05	08:04:44.05	+03:11:05 (39.4%)	9:19	6.4 (60.4%)
46	SOKALSKI Grzegorz	5313		M40	46	02:00:47	03:52:08	06:05:24	08:07:13.00	08:07:13.00	+03:13:34 (39.7%)	9:22	6.4 (60.4%)
47	NAWROCKI Arkadiusz	5055		M40	47	02:05:51	04:01:27	06:12:37	08:07:34.15	08:07:34.15	+03:13:55 (39.8%)	9:22	6.4 (60.4%)
48	LEŚNIEWSKI Mariusz	5016	AZYMUT45 GDYNIA	M40	48	02:03:52	04:09:52	06:28:31	08:08:14.85	08:08:14.85	+03:14:36 (39.9%)	9:23	6.4 (60.4%)
49	PRZEWLOCKI Przemysław	5152		M40	49	02:05:06	03:57:06	06:13:26	08:12:00.50	08:12:00.50	+03:18:21 (40.3%)	9:27	6.3 (59.4%)
50	JANASZ Rafał	5042	NBRC	M40	50	02:00:08	03:58:32	06:10:09	08:15:52.70	08:15:52.70	+03:22:14 (40.8%)	9:32	6.3 (59.4%)
51	SZEIB Robert	5236		M40	51	02:10:50	04:00:08	06:09:38	08:18:47.80	08:18:47.80	+03:25:09 (41.1%)	9:35	6.3 (59.4%)
52	GRONCZEWSKI Artur	5027	NEW BALANCE RUN CLUB	M40	52	02:02:44	04:03:45	06:19:20	08:19:44.05	08:19:44.05	+03:26:05 (41.2%)	9:36	6.2 (58.5%)
53	BANCERZ Grzegorz	5185	TRAWNIKI BIEGAJĄ	M40	53	02:10:53	04:21:38	06:29:36	08:19:59.75	08:19:59.75	+03:26:21 (41.3%)	9:36	6.2 (58.5%)
54	WOJCIECHOWSKI Krzysztof	5292	ULTRA ŁAŃCUT	M40	54	02:01:36	03:56:26	06:23:02	08:23:15.45	08:23:15.45	+03:29:36 (41.7%)	9:40	6.2 (58.5%)
55	SZARYŃSKI Tomasz	5011	SZARYTEAM	M40	55	02:03:55	04:09:57	06:28:31	08:23:18.30	08:23:18.30	+03:29:39 (41.7%)	9:40	6.2 (58.5%)
56	RADOMSKI Grzegorz	5284	MOKRE RUN	M40	56	01:51:22	03:47:47	06:11:54	08:26:19.90	08:26:19.90	+03:32:41 (42.0%)	9:44	6.2 (58.5%)
57	KOWALIK Piotr	5183	TRAWNIKI BIEGAJĄ	M40	57	02:10:55	04:21:38	06:32:59	08:32:25.40	08:32:25.40	+03:38:46 (42.7%)	9:51	6.1 (57.5%)
58	BIENIEK Michał	5158		M40	58	02:03:58	04:11:05	06:40:26	08:41:07.10	08:41:07.10	+03:47:28 (43.7%)	10:01	6 (56.6%)
59	DADAŚ Janusz	5098		M40	59	02:06:50	04:16:09	06:40:12	08:41:24.50	08:41:24.50	+03:47:45 (43.7%)	10:01	6 (56.6%)
60	MARCHEWKA Grzegorz	5071	SZYBKĄ GRUPĄ BUKOVINA	M40	60	02:10:58	04:22:38	06:45:48	08:41:28.80	08:41:28.80	+03:47:50 (43.7%)	10:01	6 (56.6%)
61	KASPRZAK Mariusz	5036	POHRAPŮV BĚŽECKÝ TÝM	M40	61	02:08:38	04:19:33	06:36:23	08:42:40.45	08:42:40.45	+03:49:01 (43.8%)	10:03	6 (56.6%)
62	KRZYSZTOFOWICZ Andrzej	5161	ULTRAS	M40	62	02:13:51	04:19:43	06:37:46	08:48:49.35	08:48:49.35	+03:55:10 (44.5%)	10:10	5.9 (55.7%)
63	SOFUL Tomasz	5104	LIPIEC RUNNING TEAM	M40	63	02:13:49	04:19:43	06:38:33	08:48:51.20	08:48:51.20	+03:55:12 (44.5%)	10:10	5.9 (55.7%)
64	SEROKA Piotr	5208		M40	64	01:54:13	04:05:43	06:42:55	09:01:39.40	09:01:39.40	+04:08:00 (45.8%)	10:24	5.8 (54.7%)

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65	PIETRUSZEWSKI Bartłomiej	5286		M40	65	02:13:48	04:20:18	06:53:55	09:05:12.75	09:05:12.75	+04:11:34 (46.1%)	10:29	5.7 (53.8%)
66	MACIEJEWSKI Karol	5099	BIEGIEM RADOM!	M40	66	02:10:56	04:18:59	06:45:56	09:07:05.40	09:07:05.40	+04:13:26 (46.3%)	10:31	5.7 (53.8%)
67	BAK Filip	5076	MAKALU TEAM	M40	67				09:08:06.85	09:08:06.85	+04:14:28 (46.4%)	10:32	5.7 (53.8%)
68	TOMASZEWSKI Dominik	5057	WILLSOOR	M40	68	02:10:00	04:22:04	06:53:22	09:09:45.95	09:09:45.95	+04:16:07 (46.6%)	10:34	5.7 (53.8%)
69	BURLIGA Mariusz	5020	STELLANTIS ACTIVE TEAM	M40	69	02:22:09	04:32:29	07:03:55	09:09:51.65	09:09:51.65	+04:16:12 (46.6%)	10:34	5.7 (53.8%)
70	ZAJĄCZKOWSKI Grzegorz	5193		M40	70	02:05:20	04:27:31	06:58:37	09:10:23.90	09:10:23.90	+04:16:45 (46.6%)	10:35	5.7 (53.8%)
71	FIJAŁKOWSKI Radosław	5291	DECEPTCONGYM	M40	71	02:07:44	04:24:03	06:57:38	09:13:07.20	09:13:07.20	+04:19:28 (46.9%)	10:38	5.6 (52.8%)
72	LANGNER Maurycy	5174	TEAM PAWEŁ NIE CAŁKIEM ŚWIĘTY	M40	72	02:13:08	04:39:19	07:06:43	09:14:24.65	09:14:24.65	+04:20:45 (47.0%)	10:39	5.6 (52.8%)
73	KOBIEROWSKI Edward	5118	BYTÓW	M40	73	02:24:19	04:50:37	07:18:43	09:19:43.45	09:19:43.45	+04:26:04 (47.5%)	10:45	5.6 (52.8%)
74	ZIĘTEK Krzysztof	5269	ADIDAS RUNNERS	M40	74	02:06:51	04:21:07	06:58:42	09:20:06.70	09:20:06.70	+04:26:28 (47.6%)	10:46	5.6 (52.8%)
75	PIATKOWSKI Michał	5165		M40	75	02:20:07	04:31:35	07:00:10	09:20:58.70	09:20:58.70	+04:27:20 (47.7%)	10:47	5.6 (52.8%)
76	OZDOBA Marek	5133	KB INTREX POZNAŃ	M40	76	02:00:02	04:22:29	06:53:45	09:22:09.80	09:22:09.80	+04:28:31 (47.8%)	10:48	5.6 (52.8%)
77	KALICKI Irek	5111	DECEPICON GYM	M40	77	02:07:39	04:24:35	07:00:27	09:27:49.50	09:27:49.50	+04:34:10 (48.3%)	10:55	5.5 (51.9%)
78	PRZYKUCKI Robert	5117	NO EXCUSES TEAAM	M40	78	02:12:54	04:29:24	07:09:41	09:29:01.85	09:29:01.85	+04:35:23 (48.4%)	10:56	5.5 (51.9%)
79	KADECKI Marek	5229		M40	79	02:20:58	04:33:39	07:12:04	09:29:23.20	09:29:23.20	+04:35:44 (48.4%)	10:56	5.5 (51.9%)
80	RYK Grzegorz	5278		M40	80	02:15:24	04:26:21	07:07:44	09:32:25.75	09:32:25.75	+04:38:47 (48.7%)	11:00	5.5 (51.9%)
81	CHODUN Marek	5038		M40	81	02:14:00	04:32:31	07:09:12	09:39:23.15	09:39:23.15	+04:45:44 (49.3%)	11:08	5.4 (50.9%)
82	SZARYŃSKI Dariusz	5141	SZARY TEAM	M40	82	02:09:48	04:41:56	07:28:46	09:52:24.40	09:52:24.40	+04:58:45 (50.4%)	11:23	5.3 (50.0%)
83	CZEKAŁSKI Tomasz	5089	NARAMOWICE BIEGAJĄ	M40	83	02:13:39	04:38:18	07:19:44	09:54:11.25	09:54:11.25	+05:00:32 (50.6%)	11:25	5.3 (50.0%)
84	JEDLIŃSKI Bartosz	5086	MARATOŃCZYK DĘBICA	M40	84	02:19:24	04:33:39	07:22:41	09:56:59.90	09:56:59.90	+05:03:21 (50.8%)	11:28	5.2 (49.1%)
85	GRONIECKI Mikołaj	5143		M40	85	02:15:48	04:28:46	07:17:10	09:59:22.55	09:59:22.55	+05:05:43 (51.0%)	11:31	5.2 (49.1%)
86	KUBALA Sylwester	5135		M40	86	02:35:34	05:01:01	07:32:38	10:00:39.90	10:00:39.90	+05:07:01 (51.1%)	11:33	5.2 (49.1%)
87	JASZEWSKI Tomasz	5075		M40	87	02:25:15	05:04:13	07:48:49	10:25:03.70	10:25:03.70	+05:31:25 (53.0%)	12:01	5 (47.2%)
88	FRĄCZEK Rafał	5065	EKO-KONSULT	M40	88	02:33:44	05:04:12	07:49:51	10:33:16.10	10:33:16.10	+05:39:37 (53.6%)	12:10	4.9 (46.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 15km	P2_Solinka 28km	P3_Roztoki 41km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
89	KOŁODZIEJ Jacek	5187	COMPAÑEROS ASFALT TEAM	M40	89	02:21:45	04:52:22	07:44:35	10:43:47.75	10:43:47.75	+05:50:09 (54.4%)	12:22	4.8 (45.3%)
90	ROGUZIŃSKI Radosław	5019	RDX	M40	90	02:20:10	04:40:19	07:40:11	10:44:18.60	10:44:18.60	+05:50:39 (54.4%)	12:23	4.8 (45.3%)
91	KACZKIEWICZ Damian	5262	NIGHT RUNNERS GLIWICE	M40	91	02:39:17	05:22:43	08:00:04	10:59:58.00	10:59:58.00	+06:06:19 (55.5%)	12:41	4.7 (44.3%)
92	GRZYWACZ Krzysztof	5267	ROCHE RUNNERS	M40	92	02:28:19	05:09:36	07:50:49	11:35:25.95	11:35:25.95	+06:41:47 (57.8%)	13:22	4.5 (42.5%)
Przekroczony limit czasu: 12:00:00													
93	SAGANOWSKI Adam	5197		M40	93	02:43:06	05:35:37		12:00:47.50	12:00:47.50	+07:07:08 (59.3%)	13:51	4.3 (40.6%)
94	HERMANOWICZ Marcin	5307	AMATOR	M40	94	03:37:20			12:03:07.10	12:03:07.10	+07:09:28 (59.4%)	13:54	4.3 (40.6%)
95	PAWLAK Wojciech	5190	TRUCHTAMSOBIETRAILOWO	M40	95	02:42:22	05:35:37		12:07:15.55	12:07:15.55	+07:13:36 (59.6%)	13:59	4.3 (40.6%)
	MAKARSKI Krzysztof	5189	PRZEMYSKI KLUB BIEGACZA	M40		01:36:33 DNF	04:19:07 DNF	DNF	DNF	DNF		-	- (0.0%)
	TOMASZEWSKI Krzysztof	5081	SPC	M40		DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 97 wynik(ów)