

X ZIMOWA BIESZCZADZKA DYCHA 2024

B4SPORT

Wydarzenie: X Zimowy Maraton Bieszczadzki
Organizator: Fundacja Bieg Rzeźnika
Data: 2024-01-27
Miejsce: Cisna
Dystans: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krzyżowka na stokowce 5km	Czas netto 9km	Czas brutto 9km	Różn	Tempo min/km	Tempo km/h
1	POPIELA-KAWA Sylwia	1096		K40	1	00:25:48	00:56:37.05	00:56:37.65		6:17	9.5 (100%)
2	CICHOŃ Sabina	1129		K40	2	00:27:31	00:58:12.35	00:58:18.15	+00:01:40 (2.9%)	6:28	9.3 (97.9%)
3	KNAP Mariola	1070	SANOK BIEGA	K40	3	00:29:31	01:01:14.80	01:01:15.15	+00:04:37 (7.6%)	6:48	8.8 (92.6%)
4	DZIEŃKOWSKA Ewelina	1021		K40	4	00:30:29	01:05:52.80	01:05:57.75	+00:09:20 (14.2%)	7:19	8.2 (86.3%)
5	SKARUZ Anna	1030	SŁONECZKO	K40	5	00:30:58	01:07:35.90	01:07:40.50	+00:11:02 (16.3%)	7:30	8 (84.2%)
6	STELMACH-TOFIL Ewa	1120	#NOLIMITS	K40	6	00:28:36	01:08:30.20	01:08:32.45	+00:11:54 (17.4%)	7:36	7.9 (83.2%)
7	ZAWADKA Małgorzata	1029	STOPKA PILAWA	K40	7	00:32:18	01:09:36.30	01:09:46.90	+00:13:09 (18.9%)	7:44	7.8 (82.1%)
8	ZARZYKA Zofia	1118		K40	8	00:30:30	01:10:48.45	01:10:53.05	+00:14:15 (20.1%)	7:52	7.6 (80.0%)
9	ADACH-SOSNOWSKA Magdalena	1017		K40	9	00:28:45	01:11:28.30	01:11:43.45	+00:15:05 (21.0%)	7:56	7.6 (80.0%)
10	BAK-LITWA Ewa	1005	FOREVER TEAM	K40	10	00:34:29	01:17:53.85	01:17:57.80	+00:21:20 (27.4%)	8:39	6.9 (72.6%)
11	POPEK Małgorzata	1007		K40	11	00:34:47	01:18:00.45	01:18:03.80	+00:21:26 (27.5%)	8:40	6.9 (72.6%)
12	WASYLÓW Izabela	1124	JACEK TEAM-PRZEMYSŁ	K40	12	00:36:42	01:24:27.60	01:24:34.65	+00:27:57 (33.0%)	9:23	6.4 (67.4%)
13	CHMIEL-ŁOIŃSKA Monika	1098		K40	13	00:34:28	01:26:39.20	01:26:47.95	+00:30:10 (34.8%)	9:37	6.2 (65.3%)
14	KOWALSKA Monika	1026	STOPKA PILAWA	K40	14	00:38:48	01:27:44.00	01:27:55.00	+00:31:17 (35.6%)	9:44	6.2 (65.3%)
15	NAWROT Magdalena	1103	J U V E R U N	K40	15	00:40:21	01:32:02.25	01:32:08.95	+00:35:31 (38.5%)	10:13	5.9 (62.1%)
16	CZUBA Jadwiga	1081		K40	16	00:41:22	01:36:04.10	01:36:12.10	+00:39:34 (41.1%)	10:40	5.6 (58.9%)

Znaleziono 16 wynik(ów)