

X ZIMOWA BIESZCZADZKA DYCHA 2024

B4SPORT

Wydarzenie: X Zimowy Maraton Bieszczadzki
Organizator: Fundacja Bieg Rzeźnika
Data: 2024-01-27
Miejsce: Cisna
Dystans: 10 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krzyżowka na stokowce 5km	Czas netto 9km	Czas brutto 9km	Różn	Tempo min/km	Tempo km/h
1	ŁOIŃSKI Andrzej	1084	RUCH IZBICA	M40	1	00:19:55	00:42:51.45	00:42:52.20		4:45	12.6 (100%)
2	GURGUL Sebastian	1047	AROMAT NÓG	M40	2	00:20:43	00:44:33.85	00:44:33.85	+00:01:41 (3.8%)	4:57	12.1 (96.0%)
3	TARGOSZ Michał	1057	RUNPROGRESS.PL TEAM	M40	3	00:20:55	00:45:32.40	00:45:32.40	+00:02:40 (5.9%)	5:03	11.9 (94.4%)
4	ZAWADZKI Marcin	1001	SZCZWANY TRZMIEL TEAM	M40	4	00:22:00	00:48:42.85	00:48:43.15	+00:05:50 (12.0%)	5:24	11.1 (88.1%)
5	DZIUBIŃSKI Radosław	1093	IPA PRZEMYŚL	M40	5	00:22:27	00:48:49.75	00:48:50.80	+00:05:58 (12.2%)	5:25	11.1 (88.1%)
6	ŁAGOŻNY Łukasz	1106	GÓRY MARZEŃ	M40	6	00:23:03	00:49:32.75	00:49:33.70	+00:06:41 (13.5%)	5:30	10.9 (86.5%)
7	STACH Tomasz	1038		M40	7	00:23:41	00:50:31.75	00:50:33.00	+00:07:40 (15.2%)	5:36	10.7 (84.9%)
8	ŚWIDZIŃSKI Tomasz	1082	LOKOMOTIV MAJDAN	M40	8	00:23:04	00:52:23.35	00:52:23.65	+00:09:31 (18.2%)	5:49	10.3 (81.7%)
9	CHARKOT Sławomir	1053	BIEGUSIEM.PL	M40	9	00:24:59	00:54:02.50	00:54:10.35	+00:11:18 (20.9%)	6:00	10 (79.4%)
10	Z Marcin	1083		M40	10	00:27:21	00:58:24.05	00:58:29.25	+00:15:37 (26.7%)	6:29	9.2 (73.0%)
11	WRÓBEL Bartłomiej	1104	CISNA GÓRĄ	M40	11	00:27:34	01:01:12.45	01:01:12.45	+00:18:20 (30.0%)	6:48	8.8 (69.8%)
12	DROZD Piotr	1099		M40	12	00:29:05	01:02:33.50	01:02:36.25	+00:19:44 (31.5%)	6:57	8.6 (68.3%)
13	SZMAJ Michał	1066	SZARŻA WROCŁAW	M40	13	00:28:40	01:03:40.05	01:03:40.25	+00:20:48 (32.7%)	7:04	8.5 (67.5%)
14	WASILEWSKI Tomasz	1074	AROMAT NÓG	M40	14	00:29:59	01:03:44.50	01:03:46.00	+00:20:53 (32.8%)	7:04	8.5 (67.5%)
15	GUCWA Mirosław	1079	BACK ON TRACK	M40	15	00:30:07	01:05:53.20	01:05:57.00	+00:23:04 (35.0%)	7:19	8.2 (65.1%)
16	ZYSKOWSKI Andrzej	1022	ULTRA GORDON TEAM	M40	16	00:30:30	01:05:53.05	01:05:57.80	+00:23:05 (35.0%)	7:19	8.2 (65.1%)
17	ZIELIŃSKI Damian	1114	STOPKA PILAWA	M40	17	00:31:06	01:07:16.30	01:07:16.30	+00:24:24 (36.3%)	7:28	8 (63.5%)
18	FORNALIK Marek	1045	FORNALOSTEAM	M40	18	00:30:11	01:09:02.80	01:09:08.15	+00:26:15 (38.0%)	7:40	7.8 (61.9%)
19	LESIŃSKIA Monika	1037	GRUPA BIEGACZY SKÓRZEC BIEGA	M40	19	00:30:47	01:09:20.05	01:09:23.70	+00:26:31 (38.2%)	7:42	7.8 (61.9%)
20	KAMLER Rafał	1048	BRAK	M40	20	00:30:06	01:10:44.35	01:10:47.30	+00:27:55 (39.4%)	7:51	7.6 (60.3%)
21	BOBYK Paweł	1095		M40	21	00:33:58	01:11:54.80	01:12:02.75	+00:29:10 (40.5%)	7:59	7.5 (59.5%)
22	SOWA Bogusław	1002		M40	22	00:33:11	01:13:12.25	01:13:18.85	+00:30:26 (41.5%)	8:08	7.4 (58.7%)
23	LITWA Łukasz	1006	FOREVER TEAM	M40	23	00:34:32	01:17:54.65	01:17:58.30	+00:35:06 (45.0%)	8:39	6.9 (54.8%)
24	OSIADŁY Bartosz	1013		M40	24	00:34:01	01:18:02.55	01:18:05.05	+00:35:12 (45.1%)	8:40	6.9 (54.8%)
25	WASILEWSKI Marcin	1014		M40	25	00:36:16	01:24:11.20	01:24:14.30	+00:41:22 (49.1%)	9:21	6.4 (50.8%)
26	KUC Daniel	1040		M40	26	00:37:43	01:25:27.50	01:25:35.90	+00:42:43 (49.9%)	9:29	6.3 (50.0%)
27	ZGÓRSKI Maciej	1009		M40	27	00:36:45	01:26:57.35	01:27:02.85	+00:44:10 (50.8%)	9:39	6.2 (49.2%)
28	PIELAK Marcin	1111	MARKOWI BIEGACZE	M40	28	00:40:01	01:28:24.90	01:28:40.70	+00:45:48 (51.7%)	9:49	6.1 (48.4%)
29	STROJNY Aleksander	1077		M40	29		01:50:03.70	01:50:16.55	+01:07:24 (61.1%)	12:13	4.9 (38.9%)

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30	HERMANOWICZ Marcin	1068	AMATOR	M40	30	01:07:02	02:57:50.95	03:15:46.95	+02:32:54 (78.1%)	19:45	3 (23.8%)

Znaleziono 30 wynik(ów)