

# X ZIMOWY MARATON BIESZCZADZKI 2024 - 20KM

B4SPORT

**Wydarzenie:** X Zimowy Maraton Bieszczadzki  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2024-01-27  
**Miejsce:** Cisna  
**Dystans:** 22 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 18,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Krzyżowka na stokowce 5km	Karczma Brzeziniak 12km	Wyjście z Karczmy 12.1km	Krzyżowka na stokowce (powrót) 18km
1	<b>MATUSZNY Marek</b>	<b>2227</b>	STAŃCZAK TEAM	M20	00:19:14	00:50:34	00:50:50	01:21:08
2	<b>PITUCH Grzegorz</b>	<b>2229</b>	KS WYSOKA	M40	00:19:40	00:52:10	00:52:22	01:21:14
3	<b>SIKOŃCZYK Miłosz</b>	<b>2170</b>	ALPIN SPORT TEAM	M30	00:19:41	00:51:58	00:52:10	01:21:14
4	<b>KUROWSKI Andrew</b>	<b>2029</b>		M40	00:19:16	00:51:34	00:51:46	01:23:33
5	<b>DUDEK Kamil</b>	<b>2001</b>		M20	00:20:28	00:53:35	00:53:48	01:24:00
6	<b>GUT Jacek</b>	<b>2159</b>	KLUB MORSA SŁONECZKO/ AKADEMIA BIEGACZA MATYLDA KOWAL	M30	00:20:26	00:55:05	00:55:18	01:25:11
7	<b>ŁOZA Mateusz</b>	<b>2014</b>	MY ENDURANCE COACHING	M30	00:20:51	00:54:45	00:54:58	01:26:39
8	<b>DMITRZAK Michał</b>	<b>2175</b>		M50	00:23:26	00:59:35	00:59:49	01:31:19
9	<b>PERNAL Dariusz</b>	<b>2201</b>		M30	00:22:29	00:58:53	00:59:09	01:32:07
10	<b>POTKAJ Przemysław</b>	<b>2133</b>	DĄBROWSKI TEAM	M30	00:22:30	00:58:59	00:59:20	01:32:47
11	<b>BODANKA Piotr</b>	<b>2225</b>	APAMA ACOUSTIC PROJECT	M40	00:22:19	00:59:25	00:59:38	01:32:51
12	<b>POŻAK Grzegorz</b>	<b>2207</b>		M40	00:22:41	00:59:28	00:59:44	01:33:05
13	<b>ZBLEWSKI Krzysztof</b>	<b>2093</b>		M30	00:22:40	00:59:27	00:59:43	01:33:39
14	<b>HLAVÁČ Lumír</b>	<b>2211</b>	SK FUGA	M50	00:23:23	01:01:17	01:01:32	01:34:52
15	<b>HEJNAR Jakub</b>	<b>2098</b>		M40	00:23:08	01:01:19	01:01:33	01:34:53
16	<b>SZCZUDRAWA Dariusz</b>	<b>2037</b>		M40	00:22:35	01:00:08	01:00:26	01:36:22
17	<b>ZABIELSKI Marek</b>	<b>2148</b>		M30	00:24:57	01:03:46	01:04:19	01:36:41
18	<b>BANASIK Krzysztof</b>	<b>2027</b>		M40	00:23:26	01:01:22	01:01:36	01:36:52
19	<b>KOCAJ Jakub</b>	<b>2058</b>	GÓRAL Z MAZUR RUNNING TEAM	M20	00:23:34	01:02:46	01:03:06	01:37:06
20	<b>KOT Dawid</b>	<b>2162</b>		M30	00:24:19	01:02:50	01:03:05	01:37:17
21	<b>BOLECHOWSKA Dominika</b>	<b>2234</b>	ALPIN SPORT TEAM	K40	00:24:16	01:03:03	01:03:16	01:37:23
22	<b>SKARUZ Jarosław</b>	<b>2088</b>		M40	00:23:54	01:02:59	01:03:16	01:37:23
23	<b>WASYLÓW Jacek</b>	<b>2165</b>	CZR1-TEAM PRZEMYSŁ	M40	00:23:41	01:02:35	01:03:30	01:37:38
24	<b>KROPIWNICKI Marcin</b>	<b>2091</b>		M30	00:23:34	01:02:28	01:02:44	01:38:00
25	<b>MASŁOŃ Błażej</b>	<b>2084</b>		M50	00:24:13	01:03:05	01:03:44	01:38:20
26	<b>PIĄTEK Beata</b>	<b>2220</b>		K40	00:24:16	01:04:02	01:04:16	01:38:43
27	<b>KUŚMIERZAK Piotr</b>	<b>2087</b>	PRZEDWOJEWSKI TEAM	M40	00:23:55	01:04:01	01:04:31	01:39:24
28	<b>BATORY Marek</b>	<b>2125</b>	BATORY BAU	M40	00:23:52	01:03:07	01:03:45	01:39:25
29	<b>GUŁAŚ Daniel</b>	<b>2135</b>		M40	00:24:34	01:04:42	01:04:55	01:39:47

Msc	Zawodnik	Numer	Klub	Kategoria	Krzyzowka na stokowce 5km	Karczma Brzeziniak 12km	Wyjscie z Karczmy 12.1km	Krzyzowka na stokowce (powrot) 18km
30	<b>ROGALA Grzegorz</b>	<b>2233</b>		M50	00:24:15	01:04:36	01:04:50	01:40:56
31	<b>GURGUL Mateusz</b>	<b>2023</b>	AROMAT NÓG	M30	00:24:36	01:03:53	01:04:46	01:41:35
32	<b>PIERZ Sławomir</b>	<b>2174</b>		M40	00:25:42	01:06:34	01:06:48	01:42:22
33	<b>DOMARECKI Paweł</b>	<b>2127</b>	STOPKA PILAWA	M40	00:26:56	01:07:29	01:07:58	01:43:20
34	<b>WAŚIK Łukasz</b>	<b>2176</b>		M30	00:26:55	01:06:55	01:08:34	01:43:21
35	<b>ZALECKI Zbigniew</b>	<b>2143</b>		M50	00:25:32	01:04:56	01:05:23	01:43:26
36	<b>RACZKOWSKI Paweł</b>	<b>2076</b>		M40	00:25:53	01:06:49	01:07:29	01:43:34
37	<b>ZIĘBA Mateusz</b>	<b>2190</b>	FOREVER TEAM	M40	00:24:19	01:04:23	01:04:37	01:43:53
38	<b>BANASIK Monika</b>	<b>2028</b>		K40	00:24:17	01:06:11	01:07:05	01:43:54
39	<b>OLEJARNIK Łukasz</b>	<b>2182</b>	ITMBW KRAKÓW	M30	00:26:25	01:07:32	01:07:55	01:44:39
40	<b>SZAROWICZ Fabian</b>	<b>2230</b>	BATORYBAU	M40	00:25:58	01:07:25	01:08:40	01:45:22
41	<b>SZCZUREK Paweł</b>	<b>2033</b>		M50	00:25:03	01:06:45	01:07:00	01:46:30
42	<b>JACNIAK Ewa</b>	<b>2138</b>	#NOLIMITS	K30	00:26:17	01:08:47	01:09:02	01:46:30
43	<b>TABĘDZKI Bartłomiej</b>	<b>2134</b>		M40	00:25:59	01:07:27	01:09:17	01:46:32
44	<b>ŁUKASIEWICZ Ewelina</b>	<b>2124</b>		K30	00:25:52	01:08:47	01:09:07	01:46:38
45	<b>ZADROŻNY Sławomir</b>	<b>2067</b>	STOPKA PILAWA	M60	00:26:30	01:07:43	01:08:26	01:46:42
46	<b>LINNAMAGI Ott</b>	<b>2141</b>		M30	00:28:56	01:11:05	01:11:24	01:47:42
47	<b>STEFANIUK Roman</b>	<b>2040</b>	GRUPA BIEGACZY SKÓRZEC BIEGA	M60	00:26:55	01:09:48	01:10:17	01:47:49
48	<b>WERLE Michał</b>	<b>2169</b>		M30	00:26:25	01:08:31	01:09:51	01:48:24
49	<b>SIKORA Mateusz</b>	<b>2152</b>	#NOLIMITS	M20	00:27:28	01:09:40	01:09:55	01:48:41
50	<b>KURZYDŁO Michał</b>	<b>2216</b>		M30	00:24:37	01:05:52	01:09:01	01:48:49
51	<b>BUKOWSKI Bartosz</b>	<b>2197</b>	KIERAT	M30	00:30:05	01:12:36	01:12:58	01:48:50
52	<b>FEDAN Łukasz</b>	<b>2010</b>		M40	00:25:21	01:08:10	01:09:53	01:48:56
53	<b>RYCHLIK Grzegorz</b>	<b>2189</b>		M40	00:27:57	01:11:32	01:12:20	01:49:29
54	<b>KASELA Maciek</b>	<b>2172</b>		M30	00:27:34	01:10:30	01:11:30	01:49:42
55	<b>MAZUR Jakub</b>	<b>2149</b>		M30	00:27:36	01:11:17	01:12:40	01:49:52
56	<b>ŚLESICKI Konstanty</b>	<b>2107</b>		M30	00:27:57	01:11:27	01:11:47	01:50:28
57	<b>KALISZ Karolina Maria</b>	<b>2078</b>		K30	00:27:59	01:12:53	01:14:20	01:50:41
58	<b>BOBOLA Sebastian</b>	<b>2208</b>		M30	00:27:29	01:11:45	01:13:30	01:50:55
59	<b>DZIERŻAK Elżbieta</b>	<b>2222</b>	AQUAREH/TRENINGFIZJO.PL	K40	00:27:08	01:11:58	01:12:19	01:51:08
60	<b>WAŚIK Kornelia</b>	<b>2156</b>	STOPKA PILAWA	K30	00:27:32	01:12:47	01:14:08	01:53:01
61	<b>MARCHEWICZ Marek</b>	<b>2115</b>		M30	00:27:08	01:11:57	01:12:43	01:55:05
62	<b>KUDYBA Ireneusz</b>	<b>2074</b>	PO JEDNYCH PINIONDZACH	M50	00:31:32	01:15:56	01:18:50	01:55:41
63	<b>WYGONOWSKI Jacek</b>	<b>2232</b>	DZIKUR CREW	M50	00:28:25	01:14:41	01:15:01	01:56:12
64	<b>TARNAWSKI Sławomir</b>	<b>2047</b>		M40	00:28:10	01:14:44	01:15:43	01:56:49
65	<b>KARDASZ Jacek</b>	<b>2031</b>	ATTYLA	M40	00:29:03	01:15:02	01:16:45	01:56:55
66	<b>ARTYM Magda</b>	<b>2009</b>	#TRENUJZKOSTEREM	K50	00:28:14	01:14:32	01:14:53	01:56:59
67	<b>ŁĄCZNY Marcin</b>	<b>2155</b>	GALOPUJĄCE DŹDŻOWNICE/SPARTAŃSKA DZICZ	M40	00:28:21	01:14:24	01:15:49	01:57:25
68	<b>PAWELEC Piotr</b>	<b>2206</b>	DALEKO JESZCZE?	M50	00:25:54	01:12:52	01:15:22	01:57:45
69	<b>BILSKI Marcin</b>	<b>2044</b>	PO JEDNYCH PINIĄDZACH	M40	00:31:32	01:14:53	01:18:50	01:57:48
70	<b>DOSKOCZ Mikołaj</b>	<b>2210</b>	BIEGAJĄCE ZĄBKI	M30	00:28:45	01:16:21	01:18:06	01:58:40
71	<b>DOSKOCZ Nina</b>	<b>2002</b>	BIEGAJĄCE ZĄBKI	K30	00:28:47	01:16:16	01:18:06	01:58:42
72	<b>MALETA Kamil</b>	<b>2118</b>	MIECHÓW	M20	00:28:50	01:16:37	01:19:10	01:58:46

Msc	Zawodnik	Numer	Klub	Kategoria	Krzyzowka na	Karczma	Wyjscie z	Krzyzowka na stokowce
					stokowce	Brzeziniak	Karczmy	(powrot)
					5km	12km	12.1km	18km
73	<b>OSIECKI Edwin</b>	<b>2030</b>	KUZNIA TRIATHLONU	M50	00:27:56	01:14:28	01:15:58	01:59:12
74	<b>MARZEC Katarzyna</b>	<b>2097</b>	KOMFORT ZONE	K40	00:28:46	01:15:19	01:17:13	01:59:13
75	<b>BARANOWSKI Robert</b>	<b>2213</b>		M50	00:28:30	01:17:29	01:17:47	02:00:22
76	<b>LEWCZUK Norbert</b>	<b>2082</b>	BIEGACZE POMAGACZE EDYTA LEWANDOWSKA TEAM	M40	00:28:40	01:15:05	01:18:51	02:00:32
77	<b>HAPUNOWICZ Tomasz</b>	<b>2038</b>	MOSTOSTAL SIEDLCE	M40	00:29:10	01:15:23	01:17:08	02:00:41
78	<b>SKARŻYŃSKI Michał</b>	<b>2068</b>	TURBACZE	M40	00:29:09	01:19:03	01:20:37	02:01:53
79	<b>NOWAK Katarzyna</b>	<b>2121</b>		K30	00:28:50	01:16:28	01:17:04	02:01:53
80	<b>KORYCKA Dorota</b>	<b>2066</b>	STOPKA PILAWA	K30	00:29:19	01:18:21	01:19:40	02:02:31
81	<b>GRUSZKA Marcin</b>	<b>2163</b>		M30	00:28:57	01:18:13	01:20:38	02:02:33
82	<b>BUDZIASZEK Agnieszka</b>	<b>2036</b>	EFFI RUN TEAM	K20	00:29:03	01:19:21	01:20:43	02:02:48
83	<b>MACIEJEWSKI Artur</b>	<b>2085</b>		M50	00:29:05	01:18:16	01:19:41	02:03:16
84	<b>ZBLEWSKA Barbara</b>	<b>2092</b>		K30	00:29:05	01:18:17	01:19:41	02:03:26
85	<b>KRUPA Jacek</b>	<b>2181</b>	LEBIODA RUNNING TEAM	M50	00:28:58	01:17:51	01:19:16	02:04:10
86	<b>LEŃCZUK Andrzej</b>	<b>2204</b>		M50	00:30:15	01:18:55	01:22:07	02:04:39
87	<b>JONKISZ Marcin</b>	<b>2147</b>		M40	00:31:46	01:20:59	01:24:07	02:05:35
88	<b>DOBROGOST Maciej</b>	<b>2131</b>	DECEPTICON	M30	00:29:01	01:20:08	01:20:40	02:05:40
89	<b>GÓROWSKA Anna</b>	<b>2215</b>		K30	00:32:20	01:21:45	01:22:02	02:06:00
90	<b>WYSOCKI Bartosz</b>	<b>2051</b>	KS JANUSZE	M40	00:29:11	01:20:26	01:23:24	02:07:47
91	<b>RUSIN Grzegorz</b>	<b>2052</b>		M30	00:29:12	01:20:26	01:23:23	02:07:49
92	<b>WYSOCKA Iwona</b>	<b>2053</b>		K40	00:29:12	01:20:43	01:23:26	02:08:08
93	<b>DUDEK Łukasz</b>	<b>2151</b>		M30	00:30:00	01:21:59	01:24:21	02:08:08
94	<b>MICHALAK Witold</b>	<b>2108</b>	#NOLIMITS	M50	00:31:02	01:22:43	01:24:53	02:08:20
95	<b>TURKOWSKI Maciej</b>	<b>2039</b>		M50	00:28:49	01:21:33	01:25:51	02:08:54
96	<b>SZAJEWSKI Arkadiusz</b>	<b>2013</b>	O TAK ŁO	M40	00:31:04	01:20:44	01:25:15	02:08:57
97	<b>OCHYRA Krzysztof</b>	<b>2226</b>		M60	00:30:25	01:22:37	01:23:58	02:09:03
98	<b>TUPTYŃSKA Marika</b>	<b>2160</b>	CZARNA OWCA	K40	00:32:07	01:24:20	01:24:47	02:09:07
99	<b>WERESINSKI Michał</b>	<b>2161</b>		M40	00:31:34	01:22:47	01:23:08	02:09:12
100	<b>ZAJĄC Katarzyna</b>	<b>2100</b>		K30	00:33:28	01:24:57	01:26:41	02:09:18
101	<b>MROZEK Marcin</b>	<b>2198</b>	T4B	M30	00:33:15	01:24:36	01:25:01	02:09:26
102	<b>BOGACZYK Łukasz</b>	<b>2032</b>		M30	00:29:04	01:18:41	01:19:45	02:09:27
103	<b>SŁOWIK Mariusz</b>	<b>2104</b>	ROM TEAM	M50	00:30:38	01:21:58	01:23:38	02:09:30
104	<b>MALCZEWSKI Robert</b>	<b>2217</b>		M50	00:32:14	01:21:01	01:26:48	02:09:50
105	<b>ZIEMKIEWICZ Michał</b>	<b>2187</b>	BIEGACZE KLECZEW	M40	00:30:31	01:21:19	01:25:39	02:09:51
106	<b>ZAWADZKI Bernard</b>	<b>2136</b>		M30	00:30:58	01:22:02	01:26:23	02:09:55
107	<b>GÓROWSKA Mariola</b>	<b>2199</b>		K50	00:32:21	01:24:39	01:25:03	02:10:10
108	<b>KĘDRA Agnieszka</b>	<b>2048</b>	CARPATHIAN RUNNERS	K30	00:30:24	01:23:46	01:26:23	02:10:26
109	<b>PITUCH Patrycja</b>	<b>2183</b>		K30	00:29:59	01:23:35	01:27:07	02:10:39
110	<b>BOROWSKI Grzegorz</b>	<b>2132</b>	STOPKA PILAWA	M20	00:29:03	01:20:44	01:24:56	02:11:19
111	<b>NYCZ Michał</b>	<b>2094</b>	NYLUDENT PROFESJONALNE OCHRANIACZE NA ZĘBY	M30	00:31:54	01:22:36	01:27:20	02:11:34
112	<b>KIEŁPIŃSKI Piotr</b>	<b>2072</b>		M40	00:30:01	01:19:06	01:28:06	02:12:17
113	<b>PIOTROWSKA Anna</b>	<b>2202</b>	META NADARZYN / SPARTANIE DZIECIOM	K50	00:32:37	01:26:27	01:28:43	02:13:14
114	<b>LARA Natalia</b>	<b>2035</b>	WARRIORS ŁÓDŹ	K30	00:33:48	01:27:51	01:28:14	02:14:35
115	<b>NOWAK Michał</b>	<b>2122</b>		M30	00:31:05	01:25:11	01:28:11	02:15:01
116	<b>NOWAK Maciej</b>	<b>2103</b>		M40	00:30:41	01:25:25	01:28:17	02:15:22

Msc	Zawodnik	Numer	Klub	Kategoria	Krzyzowka na stokowce 5km	Karczma Brzeziniak 12km	Wyjscie z Karczmy 12.1km	Krzyzowka na stokowce (powrot) 18km
117	GRAL Katarzyna	2007	WŁÓCZYMORDY	K50	00:32:00	01:24:44	01:28:16	02:15:33
118	ZDUNEK Małgorzata	2106	#NOLIMITS	K40	00:33:02	01:28:12	01:28:46	02:17:12
119	KADZIDŁOWSKA Aleksandra	2178	EVERRUN	K40	00:33:31	01:29:07	01:32:05	02:18:20
120	NAZIMEK Lilianna	2236	VISEGRAD MARATON RYTRO	K50	00:32:02	01:26:45	01:27:08	02:18:31
121	GRAL Piotr	2034	WŁUCZYMORDY	M30	00:31:59	01:25:05	01:31:04	02:18:31
122	ZEGAR Barbara	2061		K50	00:32:54	01:28:28	01:29:25	02:18:52
123	JASINOWICZ Norbert	2105		M40	00:29:51	01:27:06	01:28:06	02:19:34
124	KOCOT Magdalena	2219	META NADARZYN	K40	00:33:15	01:29:52	01:31:33	02:19:41
125	BOZA Beata	2012		K50	00:36:13	01:32:20	01:33:32	02:20:11
126	GALUS Jacek	2126		M50	00:32:54	01:28:18	01:32:20	02:21:18
127	MATYSEK Ireneusz	2179	BIEGAMBOLUBIĘ	M60	00:33:25	01:27:17	01:30:01	02:21:20
128	BEATA Beata	2154	KUŹNIA TRIATLONU	K50	00:35:31	01:32:27	01:33:36	02:21:24
129	PŁUSA Aleksandra	2150	#NOLIMITS	K30	00:33:24	01:30:39	01:31:06	02:22:18
130	JAWORSKA Magdalena	2064	KS CELESTYNA	K30	00:33:33	01:31:22	01:31:46	02:22:22
131	UBA Arkadiusz	2158		M20	00:33:12	01:30:17	01:34:13	02:22:47
132	KOZAK Kamil	2099		M30	00:33:51	01:30:12	01:34:05	02:23:19
133	BIEDROŃ Artur	2086	ERP HEART TEAM	M40	00:32:44	01:28:45	01:37:41	02:24:17
134	STARZECKA Joanna	2021		K50	00:34:20	01:32:23	01:32:56	02:24:33
135	CIUPIŃSKA Magda	2006		K40	00:35:19	01:31:59	01:35:37	02:25:07
136	KRZAN Tomasz	2203	KRZAN PRZEWORSK	M40	00:33:42	01:30:44	01:37:17	02:26:00
137	BAK Przemysław	2139		M30	00:37:35	01:35:56	01:39:20	02:27:16
138	ROGUS Krystian	2140		M30	00:37:36	01:35:55	01:39:19	02:27:16
139	WIŚNIEWSKI Dariusz	2235		M50	00:32:01	01:31:25	01:33:49	02:28:45
140	NYCZ Dominika	2015	TRIFUN	M30	00:35:57	01:36:06	01:39:43	02:28:52
141	MACHNIKOWSKA Grażyna	2196	LUBARTOWSKI BEERGACZ	K30	00:33:26	01:31:25	01:41:20	02:29:41
142	MALEC Krystian	2063	BRAVE SNAILS LUBLIN	M40	00:33:25	01:31:25	01:41:19	02:29:48
143	UNKIEWICZ Michał	2195		M40	00:33:28	01:31:30	01:41:18	02:29:48
144	TADLA Izabela	2223	#NOLIMITS	K30	00:31:47	01:23:18	01:26:35	02:30:02
145	LEŚNICZAK Barbara	2192		K40	00:35:08	01:33:29	01:39:56	02:30:10
146	STOYKOV Pavlin	2146		M50	00:33:51	01:30:50	01:41:33	02:30:13
147	POPKOWSKI Adam	2116		M30	00:33:31	01:30:42	01:42:08	02:30:27
148	POPKOWSKA Katarzyna	2117		K30	00:33:30	01:30:46	01:42:08	02:30:28
149	BODNIAK Tomasz	2069	POJEDNYCHPINIONDZACH	M40	00:34:16	01:31:46	01:42:04	02:30:31
150	LUDKOWSKA Urszula	2043	ALPEJSKIE MAMUTY	K50	00:35:26	01:36:34	01:39:45	02:31:35
151	KURDEJ Krzysztof	2049	ALPEJSKIE MAMUTY	M50	00:34:24	01:36:12	01:39:43	02:31:42
152	KORNECKA-CIELIBAŁA Aneta	2055		K40	00:37:42	01:36:20	01:37:13	02:31:48
153	PODOBINSKI Piotr	2046		M50	00:34:26	01:35:38	01:41:40	02:31:53
154	KUŁAKOWSKI Piotr	2095		M60	00:32:48	01:30:21	01:42:25	02:32:13
155	SIKORSKA Agnieszka	2144		K40	00:32:51	01:30:23	01:42:26	02:32:15
156	INTRYS Bartosz	2142		M30	00:39:17	01:38:20	01:42:05	02:32:44
157	PIOTROWSKA Ewa	2209	METANADARZYN	K50	00:34:15	01:34:23	01:44:34	02:33:20
158	LESZCZYŃSKI Rafał	2077		M50	00:35:41	01:32:11	01:45:16	02:34:38

Msc	Zawodnik	Numer	Klub	Kategoria	Krzyzowka na	Karczma	Wyjscie z	Krzyzowka na stokowce
					stokowce	Brzeziniak	Karczmy	(powrot)
					5km	12km	12.1km	18km
159	<b>NOWIŃSKI Artur</b>	<b>2026</b>		M30	00:34:04	01:32:18	01:42:26	02:35:19
160	<b>NOWAK Łukasz</b>	<b>2073</b>	PRESSGLASS SPORT AND SUPPORT	M40	00:37:06	01:42:07	01:49:11	02:35:26
161	<b>NALEWAJKA Agata</b>	<b>2075</b>		K30	00:36:25	01:37:55	01:45:46	02:35:26
162	<b>MIŻEJEWSKA Marta</b>	<b>2070</b>		K30	00:37:05	01:42:05	01:45:48	02:35:28
163	<b>KALBARCZYK Jakub</b>	<b>2016</b>		M30	00:38:40	01:39:10	01:45:36	02:35:32
164	<b>BEDNARCZYK Katarzyna</b>	<b>2018</b>	KLUB PĘDZĄCYCH WIATRÓW	K30	00:38:39	01:39:10	01:45:36	02:35:33
165	<b>DRAB Magda</b>	<b>2020</b>	CHCE CI SIĘ?	K30	00:36:26	01:37:57	01:45:47	02:36:11
166	<b>POJNAR Karol</b>	<b>2119</b>	BIEGUSIEM. PL	M30	00:30:26	01:30:23	01:47:19	02:38:09
167	<b>NASUTA Paweł</b>	<b>2120</b>		M30	00:30:27	01:30:25	01:47:19	02:38:10
168	<b>GAWEŁ Agata</b>	<b>2123</b>	NAJMNIEJSZA WATAHA ŚWIATA Z:..F	K40	00:35:48	01:39:51	01:45:29	02:38:20
169	<b>MIKSA Sławomir</b>	<b>2167</b>		M50	00:35:32	01:37:52	01:45:12	02:38:52
170	<b>KLUZ Robert</b>	<b>2221</b>	PODIUM	M50	00:39:27	01:43:17	01:47:19	02:40:17
171	<b>GORAJEK Michał</b>	<b>2022</b>	LILA&ALA	M40	00:36:14	01:39:18	01:48:46	02:42:04
172	<b>WINIARCZYK Łukasz</b>	<b>2129</b>	MIKI&OLUŚ&REMUŚ	M40	00:36:08	01:38:53	01:48:47	02:42:10
173	<b>POKRYWKA Stefan</b>	<b>2228</b>		M60	00:39:16	01:43:37	01:48:05	02:43:40
174	<b>DALKE Jowita</b>	<b>2113</b>	ZABIEGANE DWIE	K40	00:36:40	01:41:55	01:52:58	02:44:36
175	<b>WIŚNIEWSKA Kornelia</b>	<b>2112</b>	ZABIEGANE DWIE	K50	00:36:40	01:42:00	01:52:58	02:44:54
176	<b>STEPNOWSKI Łukasz</b>	<b>2184</b>		M40	00:36:52	01:40:49	01:48:46	02:45:26
177	<b>OBARSKI Norbert</b>	<b>2102</b>		M60	00:39:10	01:45:08	01:47:37	02:47:15
178	<b>PASTWA Grzegorz</b>	<b>2168</b>		M30	00:42:34	01:48:58	01:50:36	02:47:46
179	<b>BUGAJSKA Katarzyna</b>	<b>2011</b>		K40	00:39:33	01:45:11	01:48:15	02:48:23
180	<b>KOMÓR Wiesław</b>	<b>2200</b>	WROCŁAWSKIE MORSY	M60	00:42:18	01:48:30	01:50:26	02:50:15
181	<b>WOJTYŚ Andrzej</b>	<b>2171</b>		M40	00:40:21	01:46:18	01:58:49	02:59:11
182	<b>WABNO Wojciech</b>	<b>2056</b>	PORANNY PATROL	M20	00:40:19	01:46:19	01:58:49	02:59:12
183	<b>KLIMCZAK Marcin</b>	<b>2057</b>	PORANNY PATROL	M20	00:40:21	01:46:17	01:58:51	02:59:14
184	<b>WOJNOWSKA Renata</b>	<b>2218</b>	MORSY ZNAD NIDY SOBKÓW	K50	00:43:03	01:53:54	01:55:18	02:59:27
185	<b>ŁASZKIEWICZ Piotr</b>	<b>2188</b>	ATHLETICS TEAM PRUSICE	M60	00:39:56	01:47:06	02:01:40	02:59:36
186	<b>JABŁOŃSKI Kazimierz</b>	<b>2191</b>	SPRINTER PRĄDY	M60	00:44:45	01:59:48	02:01:55	03:06:20
187	<b>PAŁACH Katarzyna</b>	<b>2062</b>		K30	00:45:02			03:07:11
188	<b>SAMEK Artur</b>	<b>2212</b>		M50	00:45:41			03:09:24
189	<b>KOPCZYŃSKA Dominika</b>	<b>2231</b>	DZIKUR CREW	K50	00:41:29	01:50:13	02:14:36	03:13:17
190	<b>IZDEBSKA Renata</b>	<b>2065</b>		K60	00:45:52	02:03:09	02:09:35	03:15:46
191	<b>KILJAN Anna</b>	<b>2194</b>	BIEGAMBOLUBIĘ	K30	00:43:02	01:54:20	02:20:12	03:18:06
192	<b>BALCERZAK Krysia</b>	<b>2145</b>	DROGA DO ULTRA / SZAKALE BAŁUT ŁÓDŹ	K40	00:37:13	01:49:19	02:18:51	03:19:46
193	<b>OBARSKA Małgorzata</b>	<b>2101</b>		K60	00:48:33	02:08:43	02:11:25	03:20:34
194	<b>BORKOWSKA Ewa</b>	<b>2059</b>		K60	00:48:04	02:06:10	02:13:20	03:21:33
195	<b>ORZECZOWSKI Mariusz</b>	<b>2109</b>	BIEGACZE KLECZEW	M50	00:45:59	02:01:56	02:26:37	03:25:45
196	<b>JEZIOREK Jozi</b>	<b>2157</b>	GRUPA KOK	M50	00:48:53	02:09:47	02:12:30	03:26:09
197	<b>PRUS Anna</b>	<b>2110</b>	BIEGACZE KLECZEW	K40	00:45:49	02:01:04	02:25:08	03:26:32
198	<b>MANUSZAK Lidia</b>	<b>2114</b>	BIEGACZE KLECZEW	K40	00:45:55	02:01:07	02:25:09	03:26:52
199	<b>SROCZYŃSKA Ewa</b>	<b>2111</b>	BIEGACZE KLECZEW	K50	00:45:59	02:01:45	02:26:38	03:27:02
200	<b>TARGOŃSKA Marta</b>	<b>2004</b>		K40	00:44:49	02:03:12	02:06:27	03:29:32
201	<b>GŁOWACKA Aleksandra</b>	<b>2173</b>	MŁODY VS STARY	K50	00:43:56	02:01:34	02:15:39	03:30:46
202	<b>SOWIŃSKA Magdalena</b>	<b>2025</b>	DOGOŃ GRODZISK MAZOWIECKI	K40	00:45:41	02:03:03	02:28:21	03:31:06

Msc	Zawodnik	Numer	Klub	Kategoria	Krzyzowka na stokowce 5km	Karczma Brzeziniak 12km	Wyjscie z Karczmy 12.1km	Krzyzowka na stokowce (powrot) 18km
203	<b>PAWŁOWSKA Danuta</b>	<b>2186</b>		K50	00:48:33	02:08:46	02:22:10	03:36:29
204	<b>PAWŁOWSKI Marcin</b>	<b>2214</b>		M50	00:48:34	02:08:48	02:22:12	03:36:30
205	<b>BRODECKI Adam</b>	<b>2083</b>		M30	00:46:20	02:10:51	02:25:46	03:37:17
206	<b>POLAŃSKI Konrad</b>	<b>2017</b>		M40	00:45:33	02:08:55	02:32:17	03:43:07
207	<b>WOJTOWICZ Natalia</b>	<b>2019</b>		K30	00:45:38	02:09:07	02:32:22	03:43:13
208	<b>REY Andrzej</b>	<b>2079</b>	REYRUNNINGTEAM	M50	00:51:12	02:19:31	02:26:38	03:49:58
<b>Przekroczony limit czasu: 07:30:00</b>								
209	<b>BRZOSTOWSKA Kama</b>	<b>2041</b>		K40	00:33:59	01:47:50	05:01:47	06:22:01
210	<b>LUDKOWSKI Mariusz</b>	<b>2042</b>	ALPEJSKIE MAMUTY	M50	00:32:41	01:23:06	01:28:12	
211	<b>CZARNOCKI Paweł</b>	<b>2054</b>	GBSB	M40	01:35:25			
	<b>REY Patryk</b>	<b>2180</b>		M20	00:51:11 DNF	DNF	DNF	DNF
	<b>SCHLAPPA Sebastian</b>	<b>2153</b>	IZBICKO W BIEGU	M40	00:41:56 DNF	01:51:35 DNF	DNF	DNF

Znaleziono 213 wynik(ów)