

X ZIMOWY MARATON BIESZCZADZKI 2024 - 20KM

B4SPORT

Wydarzenie: X Zimowy Maraton Bieszczadzki
Organizator: Fundacja Bieg Rzeźnika
Data: 2024-01-27
Miejsce: Cisna
Dystans: 22 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krzyzowka na stokowce 5km	Karczma Brzeziniak 12km	Wyjscie z Karczmy 12.1km	Krzyzowka na stokowce (powrot) 18km	Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
1	JACNIAK Ewa	2138	#NOLIMITS	K30	1	00:26:17	01:08:47	01:09:02	01:46:30	02:18:17.00	02:18:26.25		6:00	10 (100%)
2	ŁUKASIEWICZ Ewelina	2124		K30	2	00:25:52	01:08:47	01:09:07	01:46:38	02:19:06.35	02:19:11.70	+00:00:45 (0.5%)	6:02	9.9 (99.0%)
3	KALISZ Karolina Maria	2078		K30	3	00:27:59	01:12:53	01:14:20	01:50:41	02:21:36.40	02:21:40.70	+00:03:14 (2.3%)	6:09	9.7 (97.0%)
4	WĄSIK Kornelia	2156	STOPKA PILAWA	K30	4	00:27:32	01:12:47	01:14:08	01:53:01	02:29:47.75	02:29:58.75	+00:11:32 (7.7%)	6:30	9.2 (92.0%)
5	DOSKOCZ Nina	2002	BIEGAJĄCE ZĄBKI	K30	5	00:28:47	01:16:16	01:18:06	01:58:42	02:36:09.20	02:36:33.45	+00:18:07 (11.6%)	6:47	8.8 (88.0%)
6	ZBLEWSKA Barbara	2092		K30	6	00:29:05	01:18:17	01:19:41	02:03:26	02:44:09.75	02:44:15.60	+00:25:49 (15.7%)	7:08	8.4 (84.0%)
7	NOWAK Katarzyna	2121		K30	7	00:28:50	01:16:28	01:17:04	02:01:53	02:44:42.95	02:45:04.25	+00:26:38 (16.1%)	7:09	8.4 (84.0%)
8	GÓROWSKA Anna	2215		K30	8	00:32:20	01:21:45	01:22:02	02:06:00	02:45:28.40	02:46:02.45	+00:27:36 (16.6%)	7:11	8.3 (83.0%)
9	ZAJĄC Katarzyna	2100		K30	9	00:33:28	01:24:57	01:26:41	02:09:18	02:46:35.75	02:46:35.75	+00:28:09 (16.9%)	7:14	8.3 (83.0%)
10	KORYCKA Dorota	2066	STOPKA PILAWA	K30	10	00:29:19	01:18:21	01:19:40	02:02:31	02:49:12.40	02:49:24.75	+00:30:58 (18.3%)	7:21	8.2 (82.0%)
11	PITUCH Patrycja	2183		K30	11	00:29:59	01:23:35	01:27:07	02:10:39	02:53:17.30	02:53:47.25	+00:35:21 (20.3%)	7:32	8 (80.0%)
12	LARA Natalia	2035	WARRIORS ŁÓDŹ	K30	12	00:33:48	01:27:51	01:28:14	02:14:35	02:58:26.15	02:59:13.70	+00:40:47 (22.8%)	7:45	7.7 (77.0%)
13	KĘDRA Agnieszka	2048	CARPATHIAN RUNNERS	K30	13	00:30:24	01:23:46	01:26:23	02:10:26	03:00:43.75	03:01:02.10	+00:42:35 (23.5%)	7:51	7.6 (76.0%)
14	PŁUSA Aleksandra	2150	#NOLIMITS	K30	14	00:33:24	01:30:39	01:31:06	02:22:18	03:09:32.85	03:09:43.70	+00:51:17 (27.0%)	8:14	7.3 (73.0%)
15	JAWORSKA Magdalena	2064	KS CELESTYNA	K30	15	00:33:33	01:31:22	01:31:46	02:22:22	03:12:23.85	03:13:21.15	+00:54:54 (28.4%)	8:21	7.2 (72.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krzyzowka na stokowce 5km	Karczma Brzeziniak 12km	Wyjscie z Karczmy 12.1km	Krzyzowka na stokowce (powrot) 18km	Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
16	MACHNIKOWSKA Grażyna	2196	LUBARTOWSKI BEERGACZ	K30	16	00:33:26	01:31:25	01:41:20	02:29:41	03:17:09.55	03:17:53.05	+00:59:26 (30.0%)	8:34	7 (70.0%)
17	TADLA Izabela	2223	#NOLIMITS	K30	17	00:31:47	01:23:18	01:26:35	02:30:02	03:17:49.95	03:18:12.10	+00:59:45 (30.2%)	8:36	7 (70.0%)
18	BEDNARCZYK Katarzyna	2018	KLUB PĘDZĄCYCH WIATRÓW	K30	18	00:38:39	01:39:10	01:45:36	02:35:33	03:15:59.65	03:18:26.55	+01:00:00 (30.2%)	8:31	7 (70.0%)
19	POPKOWSKA Katarzyna	2117		K30	19	00:33:30	01:30:46	01:42:08	02:30:28	03:20:12.75	03:20:50.05	+01:02:23 (31.1%)	8:42	6.9 (69.0%)
20	DRAB Magda	2020	CHCE CI SIĘ?	K30	20	00:36:26	01:37:57	01:45:47	02:36:11	03:26:50.90	03:27:19.95	+01:08:53 (33.2%)	8:59	6.7 (67.0%)
21	NALEWAJKA Agata	2075		K30	21	00:36:25	01:37:55	01:45:46	02:35:26	03:26:49.95	03:27:20.00	+01:08:53 (33.2%)	8:59	6.7 (67.0%)
22	MIŻEJEWSKA Marta	2070		K30	22	00:37:05	01:42:05	01:45:48	02:35:28	03:26:51.15	03:27:20.30	+01:08:54 (33.2%)	8:59	6.7 (67.0%)
23	PAŁACH Katarzyna	2062		K30	23	00:45:02			03:07:11	04:12:06.35	04:13:03.70	+01:54:37 (45.3%)	10:57	5.5 (55.0%)
24	KILJAN Anna	2194	BIEGAMBOLUBIĘ	K30	24	00:43:02	01:54:20	02:20:12	03:18:06	04:14:37.10	04:15:05.90	+01:56:39 (45.7%)	11:04	5.4 (54.0%)
25	WOJTOWICZ Natalia	2019		K30	25	00:45:38	02:09:07	02:32:22	03:43:13	05:02:08.70	05:04:35.55	+02:46:09 (54.5%)	13:08	4.6 (46.0%)

Znaleziono 25 wynik(ów)