

X ZIMOWY MARATON BIESZCZADZKI 2024 - 20KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: X Zimowy Maraton Bieszczadzki
Organizator: Fundacja Bieg Rzeźnika
Data: 2024-01-27
Miejsce: Cisna
Dystans: 22 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krzyżowka				Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
						na stokowce 5km	Karczma Brzeziniak 12km	Wyjście z Karczmy 12.1km	na stokowce (powrot) 18km					
1	SIKOŃCZYK Miłosz	2170	ALPIN SPORT TEAM	M30	1	00:19:41	00:51:58	00:52:10	01:21:14	01:43:45.35	01:43:45.35		4:30	13.3 (100%)
2	GUT Jacek	2159	KLUB MORSZA SŁONECZKO/ AKADEMIA BIEGACZA MATYLDY KOWAL	M30	2	00:20:26	00:55:05	00:55:18	01:25:11	01:50:38.00	01:50:38.90	+00:06:53 (6.2%)	4:48	12.5 (94.0%)
3	ŁOZA Mateusz	2014	MY ENDURANCE COACHING	M30	3	00:20:51	00:54:45	00:54:58	01:26:39	01:51:37.90	01:51:40.10	+00:07:54 (7.1%)	4:51	12.4 (93.2%)
4	POTKAJ Przemysław	2133	DĄBROWSKI TEAM	M30	4	00:22:30	00:58:59	00:59:20	01:32:47	02:00:01.95	02:00:08.25	+00:16:22 (13.6%)	5:13	11.5 (86.5%)
5	PERNAL Dariusz	2201		M30	5	00:22:29	00:58:53	00:59:09	01:32:07	02:00:21.20	02:00:22.00	+00:16:36 (13.8%)	5:13	11.5 (86.5%)
6	ZBLEWSKI Krzysztof	2093		M30	6	00:22:40	00:59:27	00:59:43	01:33:39	02:02:58.35	02:03:03.75	+00:19:18 (15.7%)	5:20	11.2 (84.2%)
7	ZABIELSKI Marek	2148		M30	7	00:24:57	01:03:46	01:04:19	01:36:41	02:05:14.65	02:05:26.55	+00:21:41 (17.3%)	5:26	11 (82.7%)
8	KOT Dawid	2162		M30	8	00:24:19	01:02:50	01:03:05	01:37:17	02:06:38.50	02:06:45.05	+00:22:59 (18.1%)	5:30	10.9 (82.0%)
9	KROPIWNICKI Marcin	2091		M30	9	00:23:34	01:02:28	01:02:44	01:38:00	02:09:33.00	02:09:37.15	+00:25:51 (20.0%)	5:37	10.7 (80.5%)
10	GURGUL Mateusz	2023	AROMAT NÓG	M30	10	00:24:36	01:03:53	01:04:46	01:41:35	02:12:10.45	02:12:12.05	+00:28:26 (21.5%)	5:44	10.4 (78.2%)
11	WĄSIK Łukasz	2176		M30	11	00:26:55	01:06:55	01:08:34	01:43:21	02:13:53.75	02:14:15.00	+00:30:29 (22.7%)	5:49	10.3 (77.4%)
12	OLEJARNIK Łukasz	2182	ITMBW KRAKÓW	M30	12	00:26:25	01:07:32	01:07:55	01:44:39	02:15:06.60	02:15:51.05	+00:32:05 (23.6%)	5:52	10.2 (76.7%)
13	BUKOWSKI Bartosz	2197	KIERAT	M30	13	00:30:05	01:12:36	01:12:58	01:48:50	02:19:02.30	02:19:35.55	+00:35:50 (25.7%)	6:02	9.9 (74.4%)
14	KASELA Maciek	2172		M30	14	00:27:34	01:10:30	01:11:30	01:49:42	02:19:58.05	02:20:11.90	+00:36:26 (26.0%)	6:05	9.9 (74.4%)
15	WERLE Michał	2169		M30	15	00:26:25	01:08:31	01:09:51	01:48:24	02:22:01.40	02:22:38.85	+00:38:53 (27.3%)	6:10	9.7 (72.9%)
16	BOBOLA Sebastian	2208		M30	16	00:27:29	01:11:45	01:13:30	01:50:55	02:23:03.55	02:23:17.15	+00:39:31 (27.6%)	6:13	9.6 (72.2%)
17	MAZUR Jakub	2149		M30	17	00:27:36	01:11:17	01:12:40	01:49:52	02:23:13.35	02:23:26.50	+00:39:41 (27.7%)	6:13	9.6 (72.2%)

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						na stokowce 5km	Karczma Brzeziniak 12km	Wyjście z Karczmy 12.1km	na stokowce (powrot) 18km	Czas netto 23km	Czas brutto 23km	Różn		
18	LINNAMAGI Ott	2141		M30	18	00:28:56	01:11:05	01:11:24	01:47:42	02:23:41.50	02:24:24.90	+00:40:39 (28.2%)	6:14	9.6 (72.2%)
19	ŚLESICKI Konstanty	2107		M30	19	00:27:57	01:11:27	01:11:47	01:50:28	02:24:39.60	02:25:14.45	+00:41:29 (28.6%)	6:17	9.5 (71.4%)
20	KURZYDŁO Michał	2216		M30	20	00:24:37	01:05:52	01:09:01	01:48:49	02:28:03.30	02:28:06.05	+00:44:20 (29.9%)	6:26	9.3 (69.9%)
21	MARCHEWICZ Marek	2115		M30	21	00:27:08	01:11:57	01:12:43	01:55:05	02:34:17.25	02:34:23.55	+00:50:38 (32.8%)	6:42	8.9 (66.9%)
22	DOSKOCZ Mikołaj	2210	BIEGAJĄCE ZĄBKI	M30	22	00:28:45	01:16:21	01:18:06	01:58:40	02:36:08.55	02:36:33.70	+00:52:48 (33.7%)	6:47	8.8 (66.2%)
23	GRUSZKA Marcin	2163		M30	23	00:28:57	01:18:13	01:20:38	02:02:33	02:41:19.00	02:41:30.90	+00:57:45 (35.8%)	7:00	8.6 (64.7%)
24	DOBROGOST Maciej	2131	DECEPTICON	M30	24	00:29:01	01:20:08	01:20:40	02:05:40	02:45:50.35	02:46:07.25	+01:02:21 (37.5%)	7:12	8.3 (62.4%)
25	DUDEK Łukasz	2151		M30	25	00:30:00	01:21:59	01:24:21	02:08:08	02:47:29.65	02:47:56.95	+01:04:11 (38.2%)	7:16	8.2 (61.7%)
26	RUSIN Grzegorz	2052		M30	26	00:29:12	01:20:26	01:23:23	02:07:49	02:51:06.00	02:51:14.75	+01:07:29 (39.4%)	7:26	8.1 (60.9%)
27	MROZEK Marcin	2198	T4B	M30	27	00:33:15	01:24:36	01:25:01	02:09:26	02:51:50.20	02:52:24.75	+01:08:39 (39.8%)	7:28	8 (60.2%)
28	NYCZ Michał	2094	NYLUDENT PROFESJONALNE OCHRONIACZE NA ZĘBY	M30	28	00:31:54	01:22:36	01:27:20	02:11:34	02:51:44.05	02:52:34.70	+01:08:49 (39.9%)	7:28	8 (60.2%)
29	ZAWADZKI Bernard	2136		M30	29	00:30:58	01:22:02	01:26:23	02:09:55	02:52:13.20	02:52:41.35	+01:08:56 (39.9%)	7:29	8 (60.2%)
30	GRAL Piotr	2034	WŁUCZYMORDY	M30	30	00:31:59	01:25:05	01:31:04	02:18:31	02:57:52.25	02:58:33.05	+01:14:47 (41.9%)	7:44	7.8 (58.6%)
31	BOGACZYK Łukasz	2032		M30	31	00:29:04	01:18:41	01:19:45	02:09:27	03:00:22.65	03:00:26.65	+01:16:41 (42.5%)	7:50	7.7 (57.9%)
32	NOWAK Michał	2122		M30	32	00:31:05	01:25:11	01:28:11	02:15:01	03:05:44.90	03:06:07.25	+01:22:21 (44.3%)	8:04	7.4 (55.6%)
33	ROGUS Krystian	2140		M30	33	00:37:36	01:35:55	01:39:19	02:27:16	03:11:24.25	03:14:19.15	+01:30:33 (46.6%)	8:19	7.2 (54.1%)
34	BĄK Przemysław	2139		M30	34	00:37:35	01:35:56	01:39:20	02:27:16	03:11:25.10	03:14:20.00	+01:30:34 (46.6%)	8:19	7.2 (54.1%)
35	KOZAK Kamil	2099		M30	35	00:33:51	01:30:12	01:34:05	02:23:19	03:13:50.25	03:14:34.20	+01:30:48 (46.7%)	8:25	7.1 (53.4%)
36	NYCZ Dominika	2015	TRIFUN	M30	36	00:35:57	01:36:06	01:39:43	02:28:52	03:17:29.50	03:18:19.95	+01:34:34 (47.7%)	8:35	7 (52.6%)
37	KALBARCZYK Jakub	2016		M30	37	00:38:40	01:39:10	01:45:36	02:35:32	03:16:00.15	03:18:26.95	+01:34:41 (47.7%)	8:31	7 (52.6%)
38	NOWIŃSKI Artur	2026		M30	38	00:34:04	01:32:18	01:42:26	02:35:19	03:18:15.65	03:19:05.95	+01:35:20 (47.9%)	8:37	7 (52.6%)
39	POPKOWSKI Adam	2116		M30	39	00:33:31	01:30:42	01:42:08	02:30:27	03:20:12.10	03:20:49.75	+01:37:04 (48.3%)	8:42	6.9 (51.9%)
40	INTRYS Bartosz	2142		M30	40	00:39:17	01:38:20	01:42:05	02:32:44	03:25:41.55	03:26:15.50	+01:42:30 (49.7%)	8:56	6.7 (50.4%)
41	PASTWA Grzegorz	2168		M30	41	00:42:34	01:48:58	01:50:36	02:47:46	03:34:03.05	03:34:17.90	+01:50:32 (51.6%)	9:18	6.4 (48.1%)
42	POJNAR Karol	2119	BIEGUSIEM. PL	M30	42	00:30:26	01:30:23	01:47:19	02:38:09	03:35:43.45	03:35:59.25	+01:52:13 (52.0%)	9:22	6.4 (48.1%)

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						stokowce 5km	Karczma Brzeziniak 12km	Wyjscie z Karczmy 12.1km	na stokowce (powrot) 18km	Czas netto 23km	Czas brutto 23km			
43	NASUTA Paweł	2120		M30	43	00:30:27	01:30:25	01:47:19	02:38:10	03:35:44.10	03:35:59.70	+01:52:14 (52.0%)	9:22	6.4 (48.1%)
44	BRODECKI Adam	2083		M30	44	00:46:20	02:10:51	02:25:46	03:37:17	04:59:47.45	05:00:32.55	+03:16:47 (65.5%)	13:02	4.6 (34.6%)

Znaleziono 44 wynik(ów)