

X ZIMOWY MARATON BIESZCZADZKI 2024 - 20KM

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Wydarzenie: X Zimowy Maraton Bieszczadzki
Organizator: Fundacja Bieg Rzeźnika
Data: 2024-01-27
Miejsce: Cisna
Dystans: 22 km

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INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krzyzowka na stokowce 5km	Karczma Brzeziniak 12km	Wyjscie z Karczmy 12.1km	Krzyzowka na stokowce (powrot) 18km	Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
1	PITUCH Grzegorz	2229	KS WYSOKA	M40	1	00:19:40	00:52:10	00:52:22	01:21:14	01:46:09.30	01:46:09.45		4:36	13 (100%)
2	KUROWSKI Andrew	2029		M40	2	00:19:16	00:51:34	00:51:46	01:23:33	01:48:43.75	01:48:44.15	+00:02:34 (2.4%)	4:43	12.7 (97.7%)
3	POŻAK Grzegorz	2207		M40	3	00:22:41	00:59:28	00:59:44	01:33:05	01:58:49.40	01:58:52.35	+00:12:42 (10.7%)	5:09	11.6 (89.2%)
4	BODANKA Piotr	2225	APAMA ACOUSTIC PROJECT	M40	4	00:22:19	00:59:25	00:59:38	01:32:51	01:59:05.80	01:59:06.85	+00:12:57 (10.9%)	5:10	11.6 (89.2%)
5	HEJNAR Jakub	2098		M40	5	00:23:08	01:01:19	01:01:33	01:34:53	02:01:42.25	02:01:45.80	+00:15:36 (12.8%)	5:17	11.3 (86.9%)
6	WASYLÓW Jacek	2165	CZR1-TEAM PRZEMYŚL	M40	6	00:23:41	01:02:35	01:03:30	01:37:38	02:05:40.35	02:05:43.80	+00:19:34 (15.6%)	5:27	11 (84.6%)
7	SKARUZ Jarosław	2088		M40	7	00:23:54	01:02:59	01:03:16	01:37:23	02:06:20.55	02:06:26.85	+00:20:17 (16.0%)	5:29	10.9 (83.8%)
8	BANASIK Krzysztof	2027		M40	8	00:23:26	01:01:22	01:01:36	01:36:52	02:07:19.95	02:07:22.10	+00:21:12 (16.7%)	5:32	10.8 (83.1%)
9	SZCZUDRAWA Dariusz	2037		M40	9	00:22:35	01:00:08	01:00:26	01:36:22	02:08:20.45	02:08:22.60	+00:22:13 (17.3%)	5:34	10.8 (83.1%)
10	GUŁAŚ Daniel	2135		M40	10	00:24:34	01:04:42	01:04:55	01:39:47	02:08:34.55	02:08:37.70	+00:22:28 (17.5%)	5:35	10.7 (82.3%)
11	KUŚMIERZAK Piotr	2087	PRZEDWOJEWSKI TEAM	M40	11	00:23:55	01:04:01	01:04:31	01:39:24	02:09:07.05	02:09:09.80	+00:23:00 (17.8%)	5:36	10.7 (82.3%)
12	BATORY Marek	2125	BATORY BAU	M40	12	00:23:52	01:03:07	01:03:45	01:39:25	02:11:33.80	02:11:37.15	+00:25:27 (19.3%)	5:43	10.5 (80.8%)
13	PIERZ Sławomir	2174		M40	13	00:25:42	01:06:34	01:06:48	01:42:22	02:11:46.20	02:12:03.70	+00:25:54 (19.6%)	5:43	10.5 (80.8%)
14	ZIĘBA Mateusz	2190	FOREVER TEAM	M40	14	00:24:19	01:04:23	01:04:37	01:43:53	02:14:28.70	02:14:30.05	+00:28:20 (21.1%)	5:50	10.3 (79.2%)
15	CZARNOCKI Paweł	2054	GBSB	M40	15	01:35:25				02:13:56.60	02:14:31.45	+00:28:22 (21.1%)	5:49	10.3 (79.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krzyzowka								
						Krzyzowka na stokowce 5km	Karczma Brzeziniak 12km	Wyjscie z Karczmy 12.1km	Krzyzowka na stokowce (powrot) 18km	Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
16	RACZKOWSKI Paweł	2076		M40	16	00:25:53	01:06:49	01:07:29	01:43:34	02:15:48.85	02:16:20.40	+00:30:10 (22.1%)	5:54	10.2 (78.5%)
17	SZAROWICZ Fabian	2230	BATORYBAU	M40	17	00:25:58	01:07:25	01:08:40	01:45:22	02:16:11.45	02:16:24.30	+00:30:14 (22.2%)	5:55	10.1 (77.7%)
18	TABĘDZKI Bartłomiej	2134		M40	18	00:25:59	01:07:27	01:09:17	01:46:32	02:16:17.70	02:16:25.75	+00:30:16 (22.2%)	5:55	10.1 (77.7%)
19	DOMARECKI Paweł	2127	STOPKA PILAWA	M40	19	00:26:56	01:07:29	01:07:58	01:43:20	02:17:32.75	02:17:43.45	+00:31:34 (22.9%)	5:58	10 (76.9%)
20	RYCHLIK Grzegorz	2189		M40	20	00:27:57	01:11:32	01:12:20	01:49:29	02:22:40.70	02:23:10.05	+00:37:00 (25.9%)	6:12	9.7 (74.6%)
21	FEDAN Łukasz	2010		M40	21	00:25:21	01:08:10	01:09:53	01:48:56	02:23:53.20	02:23:57.05	+00:37:47 (26.3%)	6:15	9.6 (73.8%)
22	KARDASZ Jacek	2031	ATTYLA	M40	22	00:29:03	01:15:02	01:16:45	01:56:55	02:32:05.20	02:32:44.80	+00:46:35 (30.5%)	6:36	9.1 (70.0%)
23	BILSKI Marcin	2044	PO JEDNYCH PINIĄDZACH	M40	23	00:31:32	01:14:53	01:18:50	01:57:48	02:33:01.15	02:33:41.30	+00:47:31 (30.9%)	6:39	9 (69.2%)
24	TARNAWSKI Sławomir	2047		M40	24	00:28:10	01:14:44	01:15:43	01:56:49	02:34:22.20	02:34:29.90	+00:48:20 (31.3%)	6:42	8.9 (68.5%)
25	ŁĄCZNY Marcin	2155	GALOPUJĄCE DŹDŻOWNICE/SPARTAŃSKA DZICZ	M40	25	00:28:21	01:14:24	01:15:49	01:57:25	02:35:48.75	02:35:54.25	+00:49:44 (31.9%)	6:46	8.9 (68.5%)
26	SKARŻYŃSKI Michał	2068	TURBACZE	M40	26	00:29:09	01:19:03	01:20:37	02:01:53	02:35:37.40	02:35:57.90	+00:49:48 (31.9%)	6:45	8.9 (68.5%)
27	LEWCZUK Norbert	2082	BIEGACZE POMAGACZE EDYTA LEWANDOWSKA TEAM	M40	27	00:28:40	01:15:05	01:18:51	02:00:32	02:41:07.60	02:41:39.55	+00:55:30 (34.3%)	7:00	8.6 (66.2%)
28	JONKISZ Marcin	2147		M40	28	00:31:46	01:20:59	01:24:07	02:05:35	02:42:14.15	02:43:05.60	+00:56:56 (34.9%)	7:03	8.5 (65.4%)
29	HAPUNOWICZ Tomasz	2038	MOSTOSTAL SIEDLCE	M40	29	00:29:10	01:15:23	01:17:08	02:00:41	02:45:38.45	02:46:00.65	+00:59:51 (36.1%)	7:12	8.3 (63.8%)
30	WERESINSKI Michał	2161		M40	30	00:31:34	01:22:47	01:23:08	02:09:12	02:47:05.75	02:47:09.85	+01:01:00 (36.5%)	7:15	8.3 (63.8%)
31	SZAJEWSKI Arkadiusz	2013	O TAK ŁO	M40	31	00:31:04	01:20:44	01:25:15	02:08:57	02:47:19.10	02:48:14.15	+01:02:04 (36.9%)	7:16	8.2 (63.1%)
32	KIEŁPIŃSKI Piotr	2072		M40	32	00:30:01	01:19:06	01:28:06	02:12:17	02:47:51.00	02:48:18.35	+01:02:08 (36.9%)	7:17	8.2 (63.1%)
33	WYSOCKI Bartosz	2051	KS JANUSZE	M40	33	00:29:11	01:20:26	01:23:24	02:07:47	02:51:06.90	02:51:14.25	+01:05:04 (38.0%)	7:26	8.1 (62.3%)
34	ZIEMKIEWICZ Michał	2187	BIEGACZE KLECZEW	M40	34	00:30:31	01:21:19	01:25:39	02:09:51	02:51:09.65	02:51:46.40	+01:05:36 (38.2%)	7:26	8.1 (62.3%)
35	BIEDROŃ Artur	2086	ERP HEART TEAM	M40	35	00:32:44	01:28:45	01:37:41	02:24:17	03:05:02.20	03:06:01.65	+01:19:52 (42.9%)	8:02	7.5 (57.7%)
36	NOWAK Maciej	2103		M40	36	00:30:41	01:25:25	01:28:17	02:15:22	03:10:57.65	03:11:01.10	+01:24:51 (44.4%)	8:18	7.2 (55.4%)
37	JASINOWICZ Norbert	2105		M40	37	00:29:51	01:27:06	01:28:06	02:19:34	03:12:58.55	03:13:10.30	+01:27:00 (45.0%)	8:23	7.2 (55.4%)
38	KRZAN Tomasz	2203	KRZAN PRZEWORSK	M40	38	00:33:42	01:30:44	01:37:17	02:26:00	03:15:36.40	03:16:31.45	+01:30:22 (46.0%)	8:30	7.1 (54.6%)

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						Kryzowka na stokowce 5km	Karczma Brzeziniak 12km	Wyjscie z Karczmy 12.1km	Kryzowka na stokowce (powrot) 18km					
39	BODNIAK Tomasz	2069	POJEDNYCHPINIONDZACH	M40	39	00:34:16	01:31:46	01:42:04	02:30:31	03:18:30.10	03:19:10.25	+01:33:00 (46.7%)	8:37	7 (53.8%)
40	MALEC Krystian	2063	BRAVE SNAILS LUBLIN	M40	40	00:33:25	01:31:25	01:41:19	02:29:48	03:20:26.00	03:21:10.95	+01:35:01 (47.2%)	8:42	6.9 (53.1%)
41	NOWAK Łukasz	2073	PRESSGLASS SPORT AND SUPPORT	M40	41	00:37:06	01:42:07	01:49:11	02:35:26	03:26:57.60	03:27:26.55	+01:41:17 (48.8%)	8:59	6.7 (51.5%)
42	UNKIEWICZ Michał	2195		M40	42	00:33:28	01:31:30	01:41:18	02:29:48	03:29:33.55	03:30:18.80	+01:44:09 (49.5%)	9:06	6.6 (50.8%)
43	STEPNOWSKI Łukasz	2184		M40	43	00:36:52	01:40:49	01:48:46	02:45:26	03:47:37.40	03:48:24.30	+02:02:14 (53.5%)	9:53	6.1 (46.9%)
44	GORAJEK Michał	2022	LILA&ALA	M40	44	00:36:14	01:39:18	01:48:46	02:42:04	03:50:11.00	03:50:40.85	+02:04:31 (54.0%)	10:00	6 (46.2%)
45	WINIARCZYK Łukasz	2129	MIKI&OLUŚ&REMUŚ	M40	45	00:36:08	01:38:53	01:48:47	02:42:10	03:50:15.20	03:50:43.75	+02:04:34 (54.0%)	10:00	6 (46.2%)
46	WOJTYŚ Andrzej	2171		M40	46	00:40:21	01:46:18	01:58:49	02:59:11	04:08:10.45	04:16:38.55	+02:30:29 (58.6%)	10:47	5.6 (43.1%)
47	POLAŃSKI Konrad	2017		M40	47	00:45:33	02:08:55	02:32:17	03:43:07	05:02:05.10	05:04:36.15	+03:18:26 (65.1%)	13:08	4.6 (35.4%)
	SCHLAPPA Sebastian	2153	IZBICKO W BIEGU	M40		00:41:56 DNF	01:51:35 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 48 wynik(ów)