

X ZIMOWY MARATON BIESZCZADZKI 2024 - 20KM

B4SPORT

Wydarzenie: X Zimowy Maraton Bieszczadzki
Organizator: Fundacja Bieg Rzeźnika
Data: 2024-01-27
Miejsce: Cisna
Dystans: 22 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krzyzowka na stokowce 5km	Karczma Brzeziniak 12km	Wyjscie z Karczmy 12.1km	Krzyzowka na stokowce (powrot) 18km	Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
1	DMITRZAK Michal	2175		M50	1	00:23:26	00:59:35	00:59:49	01:31:19	01:57:10.15	01:57:13.30		5:05	11.8 (100%)
2	HLAVÁČ Lumír	2211	SK FUGA	M50	2	00:23:23	01:01:17	01:01:32	01:34:52	02:03:59.75	02:04:04.20	+00:06:50 (5.5%)	5:23	11.1 (94.1%)
3	MASŁOŃ Błażej	2084		M50	3	00:24:13	01:03:05	01:03:44	01:38:20	02:09:04.80	02:09:11.30	+00:11:58 (9.3%)	5:36	10.7 (90.7%)
4	ROGAŁA Grzegorz	2233		M50	4	00:24:15	01:04:36	01:04:50	01:40:56	02:11:36.05	02:11:38.80	+00:14:25 (11.0%)	5:43	10.5 (89.0%)
5	ZALECKI Zbigniew	2143		M50	5	00:25:32	01:04:56	01:05:23	01:43:26	02:14:22.10	02:14:42.75	+00:17:29 (13.0%)	5:50	10.3 (87.3%)
6	SZCZUREK Paweł	2033		M50	6	00:25:03	01:06:45	01:07:00	01:46:30	02:20:38.30	02:20:42.35	+00:23:29 (16.7%)	6:06	9.8 (83.1%)
7	KUDYBA Ireneusz	2074	PO JEDNYCH PINIONDZACH	M50	7	00:31:32	01:15:56	01:18:50	01:55:41	02:32:55.50	02:33:34.65	+00:36:21 (23.7%)	6:38	9 (76.3%)
8	OSIECKI Edwin	2030	KUZNIA TRIATHLONU	M50	8	00:27:56	01:14:28	01:15:58	01:59:12	02:35:47.90	02:36:27.05	+00:39:13 (25.1%)	6:46	8.9 (75.4%)
9	WYGONOWSKI Jacek	2232	DZIKUR CREW	M50	9	00:28:25	01:14:41	01:15:01	01:56:12	02:36:35.25	02:37:25.70	+00:40:12 (25.5%)	6:48	8.8 (74.6%)
10	BARANOWSKI Robert	2213		M50	10	00:28:30	01:17:29	01:17:47	02:00:22	02:36:56.60	02:37:26.90	+00:40:13 (25.5%)	6:49	8.8 (74.6%)
11	PAWELEC Piotr	2206	DALEKO JESZCZE?	M50	11	00:25:54	01:12:52	01:15:22	01:57:45	02:41:14.35	02:41:19.25	+00:44:05 (27.3%)	7:00	8.6 (72.9%)
12	LEŃCZUK Andrzej	2204		M50	12	00:30:15	01:18:55	01:22:07	02:04:39	02:43:33.30	02:44:08.90	+00:46:55 (28.6%)	7:06	8.4 (71.2%)
13	MACIEJEWSKI Artur	2085		M50	13	00:29:05	01:18:16	01:19:41	02:03:16	02:44:09.65	02:44:15.30	+00:47:02 (28.6%)	7:08	8.4 (71.2%)
14	MICHALAK Witold	2108	#NOLIMITS	M50	14	00:31:02	01:22:43	01:24:53	02:08:20	02:47:05.25	02:47:25.75	+00:50:12 (30.0%)	7:15	8.3 (70.3%)
15	KRUPA Jacek	2181	LEBIODA RUNNING TEAM	M50	15	00:28:58	01:17:51	01:19:16	02:04:10	02:48:16.45	02:48:31.65	+00:51:18 (30.4%)	7:18	8.2 (69.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Krzyzowka na stokowce 5km	Karczma Brzeziniak 12km	Wyjscie z Karczmy 12.1km	Krzyzowka na stokowce (powrot) 18km	Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
16	LUDKOWSKI Mariusz	2042	ALPEJSKIE MAMUTY	M50	16	00:32:41	01:23:06	01:28:12		02:48:54.95	02:48:54.95	+00:51:41 (30.6%)	7:20	8.2 (69.5%)
17	MALCZEWSKI Robert	2217		M50	17	00:32:14	01:21:01	01:26:48	02:09:50	02:48:05.95	02:49:05.40	+00:51:52 (30.7%)	7:18	8.2 (69.5%)
18	TURKOWSKI Maciej	2039		M50	18	00:28:49	01:21:33	01:25:51	02:08:54	02:50:14.20	02:50:23.70	+00:53:10 (31.2%)	7:24	8.1 (68.6%)
19	SŁOWIK Mariusz	2104	ROM TEAM	M50	19	00:30:38	01:21:58	01:23:38	02:09:30	02:50:19.75	02:50:43.60	+00:53:30 (31.3%)	7:24	8.1 (68.6%)
20	GALUS Jacek	2126		M50	20	00:32:54	01:28:18	01:32:20	02:21:18	03:04:42.55	03:04:58.45	+01:07:45 (36.6%)	8:01	7.5 (63.6%)
21	STOYKOV Pavlin	2146		M50	21	00:33:51	01:30:50	01:41:33	02:30:13	03:17:54.25	03:18:39.80	+01:21:26 (41.0%)	8:36	7 (59.3%)
22	KURDEJ Krzysztof	2049	ALPEJSKIE MAMUTY	M50	22	00:34:24	01:36:12	01:39:43	02:31:42	03:19:02.95	03:19:02.95	+01:21:49 (41.1%)	8:39	6.9 (58.5%)
23	LESZCZYŃSKI Rafał	2077		M50	23	00:35:41	01:32:11	01:45:16	02:34:38	03:19:35.70	03:19:56.50	+01:22:43 (41.4%)	8:40	6.9 (58.5%)
24	KLUZ Robert	2221	PODIUM	M50	24	00:39:27	01:43:17	01:47:19	02:40:17	03:22:28.70	03:22:46.80	+01:25:33 (42.2%)	8:48	6.8 (57.6%)
25	WIŚNIEWSKI Dariusz	2235		M50	25	00:32:01	01:31:25	01:33:49	02:28:45	03:26:10.35	03:26:26.00	+01:29:12 (43.2%)	8:57	6.7 (56.8%)
26	PODOBINSKI Piotr	2046		M50	26	00:34:26	01:35:38	01:41:40	02:31:53	03:26:10.55	03:26:32.25	+01:29:18 (43.2%)	8:57	6.7 (56.8%)
27	MIKSA Sławomir	2167		M50	27	00:35:32	01:37:52	01:45:12	02:38:52	03:27:22.35	03:27:28.85	+01:30:15 (43.5%)	9:00	6.7 (56.8%)
28	SAMEK Artur	2212		M50	28	00:45:41			03:09:24	04:16:09.35	04:16:34.15	+02:19:20 (54.3%)	11:08	5.4 (45.8%)
29	REY Andrzej	2079	REYRUNNINGTEAM	M50	29	00:51:12	02:19:31	02:26:38	03:49:58	04:24:28.95	04:25:24.30	+02:28:11 (55.8%)	11:29	5.2 (44.1%)
30	ORZECZOWSKI Mariusz	2109	BIEGACZE KLECZEW	M50	30	00:45:59	02:01:56	02:26:37	03:25:45	04:25:50.05	04:26:36.55	+02:29:23 (56.0%)	11:33	5.2 (44.1%)
31	PAWŁOWSKI Marcin	2214		M50	31	00:48:34	02:08:48	02:22:12	03:36:30	04:53:28.15	04:53:52.10	+02:56:38 (60.1%)	12:45	4.7 (39.8%)
32	JEZIOREK Jozi	2157	GRUPA KOK	M50	32	00:48:53	02:09:47	02:12:30	03:26:09	04:56:15.25	04:56:29.40	+02:59:16 (60.5%)	12:52	4.7 (39.8%)

Znaleziono 32 wynik(ów)