



XI BIEG SYLWESTROWY

B4SPORT

Organizator: Hotel Brzoza
Data: 2017-12-31
Miejsce: Brzoza
Dystans: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Msc	Zawodnik	Numer Klub	Kategoria	Mkat	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	DUDEK Agnieszka	454	K-40	1	00:00:03	00:10:21	00:20:25	00:30:29	00:40:36	00:42:17.55	00:42:20.85		4:13	14.2 (100%)
2	MOLTZAN-MAŁKOWSKA Magdalena	232	K-40	2	00:00:09	00:10:50	00:20:50	00:30:52	00:40:51	00:42:35.60	00:42:44.65	+00:00:18 (0.7%)	4:15	14.1 (99.3%)
3	WALIGÓRA Karolina	332	K-40	3	00:00:03	00:11:18	00:22:21	00:33:35	00:44:54	00:46:48.65	00:46:52.60	+00:04:31 (9.7%)	4:40	12.8 (90.1%)
4	STANKOWSKA Justyna	601	K-40	4	00:00:09	00:12:03	00:23:19	00:34:48	00:45:56	00:47:44.35	00:47:53.85	+00:05:26 (11.4%)	4:46	12.6 (88.7%)
5	KWIATKOWSKA Bożena	497	K-40	5	00:00:13	00:11:54	00:23:16	00:34:43	00:46:00	00:47:57.70	00:48:10.95	+00:05:40 (11.8%)	4:47	12.5 (88.0%)
6	LIPINSKA Anna	444	K-40	6	00:00:08	00:12:11	00:23:49	00:35:23	00:46:39	00:48:32.65	00:48:41.25	+00:06:15 (12.9%)	4:51	12.4 (87.3%)
7	GACKOWSKA Beata	428	K-40	7	00:00:08	00:11:59	00:23:30	00:35:05	00:46:35	00:48:37.65	00:48:46.55	+00:06:20 (13.0%)	4:51	12.3 (86.6%)
8	PASTWA Donata	508	K-40	8	00:00:06	00:12:11	00:23:44	00:35:29	00:47:02	00:49:01.20	00:49:07.80	+00:06:43 (13.7%)	4:54	12.2 (85.9%)
9	MATLEWSKA Marzena	484	K-40	9	00:00:01	00:11:58	00:23:28	00:35:12	00:47:07	00:49:13.25	00:49:15.10	+00:06:55 (14.1%)	4:55	12.2 (85.9%)
10	RUDEL Magdalena	214	K-40	10	00:00:29	00:13:35	00:25:23	00:37:03	00:48:54	00:50:55.65	00:51:25.55	+00:08:38 (17.0%)	5:05	11.8 (83.1%)
11	KRUTUL Kasia	305	K-40	11	00:00:04	00:12:48	00:24:54	00:37:04	00:49:02	00:51:02.65	00:51:07.40	+00:08:45 (17.1%)	5:06	11.8 (83.1%)
12	MICHNA Justyna	107	K-40	12	00:00:37	00:13:13	00:25:22	00:37:16	00:49:00	00:51:06.20	00:51:44.10	+00:08:48 (17.2%)	5:06	11.7 (82.4%)
13	SOWIŃSKA Justyna	394	K-40	13	00:00:11	00:12:44	00:24:50	00:37:08	00:49:14	00:51:15.45	00:51:27.00	+00:08:57 (17.5%)	5:07	11.7 (82.4%)
14	REPKA Anna	546	K-40	14	00:00:13	00:12:56	00:25:04	00:37:24	00:49:28	00:51:26.35	00:51:39.85	+00:09:08 (17.8%)	5:08	11.7 (82.4%)
15	SOBIERAJ Karolina	625	K-40	15	00:00:08	00:12:38	00:24:44	00:37:10	00:49:34	00:51:39.70	00:51:47.70	+00:09:22 (18.1%)	5:09	11.6 (81.7%)
16	WOJCIECHOWSKA Emilia	185	K-40	16	00:00:20	00:12:51	00:25:15	00:37:38	00:50:12	00:52:18.45	00:52:38.70	+00:10:00 (19.1%)	5:13	11.5 (81.0%)

Msc	Zawodnik	Numer Klub	Kategoria	Mkat	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
17	CENTKOWSKA Iwona	250	K-40	17	00:00:20	00:13:14	00:25:47	00:38:24	00:50:54	00:52:54.20	00:53:14.55	+00:10:36 (20.1%)	5:17	11.3 (79.6%)
18	TRUSZCZYŃSKA Joanna	542	K-40	18	00:00:23	00:13:30	00:25:54	00:38:30	00:51:08	00:53:23.35	00:53:46.55	+00:11:05 (20.8%)	5:20	11.2 (78.9%)
19	SOLDON Halina	170	K-40	19	00:00:26	00:13:41	00:26:27	00:39:00	00:51:47	00:54:02.65	00:54:29.40	+00:11:45 (21.7%)	5:24	11.1 (78.2%)
20	RZETELNA Sylwia	211	K-40	20	00:00:08	00:12:49	00:25:40	00:38:35	00:51:47	00:54:06.70	00:54:14.90	+00:11:49 (21.8%)	5:24	11.1 (78.2%)
21	NIEDBALSKA Anna	240	K-40	21	00:00:23	00:13:23	00:25:52	00:38:35	00:52:04	00:54:20.40	00:54:43.40	+00:12:02 (22.2%)	5:26	11 (77.5%)
22	ANASZEWICZ Marzena	87	K-40	22	00:00:19	00:13:50	00:26:45	00:39:37	00:52:19	00:54:24.80	00:54:43.95	+00:12:07 (22.3%)	5:26	11 (77.5%)
23	MALATYŃSKA Barbara	76	K-40	23	00:00:19	00:13:50	00:26:45	00:39:39	00:52:21	00:54:29.90	00:54:49.25	+00:12:12 (22.4%)	5:27	11 (77.5%)
24	BARWIKOWSKA Bogusia	196	K-40	24	00:00:15	00:13:22	00:26:08	00:39:06	00:52:16	00:54:31.45	00:54:46.60	+00:12:13 (22.4%)	5:27	11 (77.5%)
25	FARBICKA-ŻYWIC A Paulina	18	K-40	25	00:00:04	00:13:17	00:26:17	00:39:21	00:52:24	00:54:32.05	00:54:36.90	+00:12:14 (22.4%)	5:27	11 (77.5%)
26	KOPIŃSKA-KRÓL Magdalena	526	K-40	26	00:00:10	00:14:05	00:27:03	00:39:56	00:52:45	00:54:54.25	00:55:04.70	+00:12:36 (23.0%)	5:29	10.9 (76.8%)
27	CZUB Katarzyna	413	K-40	27	00:00:21	00:14:26	00:27:52	00:41:03	00:53:43	00:55:51.40	00:56:12.85	+00:13:33 (24.3%)	5:35	10.7 (75.4%)
28	MAKUCH -DOBOSZ Urszula	378	K-40	28	00:00:43	00:14:03	00:27:41	00:41:12	00:54:47	00:57:00.15	00:57:43.80	+00:14:42 (25.8%)	5:42	10.5 (73.9%)
29	SADOWSKA Maria	407	K-40	29	00:00:35	00:14:43	00:28:37	00:42:26	00:56:17	00:58:36.05	00:59:11.85	+00:16:18 (27.8%)	5:51	10.2 (71.8%)
30	PRZEDWOJSKA Katarzyna	36	K-40	30	00:00:41	00:15:17	00:29:52	00:43:50	00:57:07	00:59:23.85	01:00:05.00	+00:17:06 (28.8%)	5:56	10.1 (71.1%)
31	STYKAŁA Magdalena	155	K-40	31	00:00:39	00:14:49	00:28:43	00:42:46	00:57:06	00:59:26.00	01:00:05.80	+00:17:08 (28.8%)	5:56	10.1 (71.1%)
32	PALACZ Agnieszka	146	K-40	32	00:00:28	00:14:46	00:29:12	00:43:37	00:58:04	01:00:28.60	01:00:57.10	+00:18:11 (30.1%)	6:02	9.9 (69.7%)
33	NAWROCKA Kinga	427	K-40	33	00:00:50	00:15:45	00:30:05	00:44:16	00:58:05	01:00:29.40	01:01:19.70	+00:18:11 (30.1%)	6:02	9.9 (69.7%)
34	BOLEWSKA BOLEWICZ Joanna	189	K-40	34	00:00:34	00:15:04	00:29:43	00:44:29	00:58:49	01:01:06.90	01:01:40.90	+00:18:49 (30.8%)	6:06	9.8 (69.0%)
35	SZULC Joanna	565	K-40	35	00:00:19	00:14:51	00:29:06	00:44:06	00:58:48	01:01:19.95	01:01:39.90	+00:19:02 (31.0%)	6:08	9.8 (69.0%)
35	PORAZIŃSKA Viktoria	301	K-40	36	00:00:19	00:14:52	00:29:06	00:44:06	00:58:48	01:01:19.95	01:01:39.90	+00:19:02 (31.0%)	6:08	9.8 (69.0%)
37	CHOŚCIŃSKA Agnieszka	535	K-40	37	00:00:16	00:14:40	00:28:46	00:43:59	00:59:35	01:02:00.85	01:02:17.00	+00:19:43 (31.8%)	6:12	9.7 (68.3%)
38	ŚLESIŃSKA Ewa	612	K-40	38	00:00:21	00:15:27	00:30:53	00:46:04	01:01:12	01:03:43.90	01:04:05.65	+00:21:26 (33.6%)	6:22	9.4 (66.2%)
39	KNIOŁA Lucyna	102	K-40	39	00:00:37	00:15:03	00:30:04	00:45:48	01:01:07	01:03:54.60	01:04:31.80	+00:21:37 (33.8%)	6:23	9.4 (66.2%)

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40	PAŚ Katarzyna	272	K-40	40	00:00:16	00:15:21	00:30:32	00:46:27	01:02:45	01:05:27.70	01:05:43.80	+00:23:10 (35.4%)	6:32	9.2 (64.8%)
41	WRUK1 Justyna	425	K-40	41	00:00:35	00:15:32	00:30:45	00:46:29	01:03:01	01:05:43.95	01:06:19.85	+00:23:26 (35.7%)	6:34	9.1 (64.1%)
42	SZAJDA Magdalena	456	K-40	42	00:00:39	00:15:54	00:31:44	00:48:26	01:05:13	01:07:57.40	01:08:36.95	+00:25:39 (37.8%)	6:47	8.8 (62.0%)
43	WIŚNIEWSKA Ewa	39	K-40	43	00:00:43	00:16:43	00:32:23	00:48:30	01:05:27	01:08:14.60	01:08:57.65	+00:25:57 (38.0%)	6:49	8.8 (62.0%)
44	KUBIAK Małgorzata	91	K-40	44	00:00:43	00:16:19	00:32:45	00:49:11	01:05:37	01:08:17.05	01:09:00.10	+00:25:59 (38.1%)	6:49	8.8 (62.0%)
45	PYRA-KUCZYŃSKA Marzena	72	K-40	45	00:00:12	00:15:23	00:30:47	00:48:00	01:05:15	01:08:21.05	01:08:33.40	+00:26:03 (38.1%)	6:50	8.8 (62.0%)
46	CYBUL Anna	558	K-40	46	00:00:19	00:16:20	00:33:10	00:49:26	01:05:39	01:08:23.60	01:08:42.75	+00:26:06 (38.2%)	6:50	8.8 (62.0%)
47	MAZANOWSKA Ewa	550	K-40	47	00:00:47	00:17:54	00:34:34	00:50:37	01:07:41	01:11:32.30	01:12:19.30	+00:29:14 (40.9%)	7:09	8.4 (59.2%)
48	KACZMAREK Agnieszka	103	K-40	48	00:00:37	00:16:36	00:33:37	00:50:58	01:09:21	01:11:51.00	01:12:28.30	+00:29:33 (41.1%)	7:11	8.4 (59.2%)
	MARCINKOWSKA Anna	341	K-40		DNF	00:16:03 DNF	00:31:30 DNF	00:46:51 DNF	DNF	DNF	DNF		-	- (0.0%)
	LIBERA Sabina	534	K-40		DNF	00:17:55 DNF	00:35:03 DNF	00:52:37 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 50 wynik(ów)