



# XI BIEG TRZEŹWOŚCI - BIEG 10 KM

B4SPORT

**Wydarzenie:** XI BIEG TRZEŹWOŚCI  
**Organizator:** Brzoza Biega, Rowerowa Brzoza  
**Data:** 2022-09-18  
**Miejsce:** Brzoza  
**Dystans:** 10 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>PAWŁOWSKI Tomasz</b>	<b>53</b>		M-20	1	<b>00:37:23.50</b>	<b>00:37:23.50</b>		3:44	16 (100%)
2	<b>WIWATOWSKI Michał</b>	<b>32</b>		M-40	1	<b>00:38:05.70</b>	<b>00:38:05.70</b>	+00:00:42 (1.8%)	3:48	15.8 (98.8%)
3	<b>TUCZYŃSKI Sylwester Leon</b>	<b>16</b>	BYDGOSKIE OKONIE	M-30	1	<b>00:38:22.70</b>	<b>00:38:22.70</b>	+00:00:59 (2.6%)	3:50	15.6 (97.5%)
4	<b>RYCHTEL Karol</b>	<b>85</b>		M-40	2	<b>00:40:49.40</b>	<b>00:40:49.40</b>	+00:03:25 (8.4%)	4:04	14.7 (91.9%)
5	<b>KUBIAK Tomasz</b>	<b>84</b>	SOLANKOWI BIEGACZE	M-40	3	<b>00:41:43.65</b>	<b>00:41:43.65</b>	+00:04:20 (10.4%)	4:10	14.4 (90.0%)
6	<b>MAGDZIARZ Jakub</b>	<b>67</b>		M-40	4	<b>00:41:47.60</b>	<b>00:41:47.60</b>	+00:04:24 (10.5%)	4:10	14.4 (90.0%)
7	<b>DONARSKI Franciszek</b>	<b>68</b>	N BIKE ACADEMY	M-20	2	<b>00:42:56.05</b>	<b>00:42:56.05</b>	+00:05:32 (12.9%)	4:17	14 (87.5%)
8	<b>KOWALCZYK Marek</b>	<b>63</b>	BRZOZA BIEGA	M-40	5	<b>00:43:05.05</b>	<b>00:43:05.05</b>	+00:05:41 (13.2%)	4:18	13.9 (86.9%)
9	<b>ZAKRZEWSKI Tomasz</b>	<b>88</b>		M-40	6	<b>00:43:26.95</b>	<b>00:43:26.95</b>	+00:06:03 (13.9%)	4:20	13.8 (86.3%)
10	<b>PIEKARSKI Marek</b>	<b>55</b>	RESTAURACJA KURKUMA ZIELONE ARKADY	M-50	1	<b>00:44:04.25</b>	<b>00:44:04.25</b>	+00:06:40 (15.2%)	4:24	13.6 (85.0%)
11	<b>BRZESKI Sebastian</b>	<b>22</b>		M-40	7	<b>00:44:31.60</b>	<b>00:44:31.60</b>	+00:07:08 (16.0%)	4:27	13.5 (84.4%)
12	<b>MARTYNOWICZ Michał</b>	<b>74</b>	TRISPACE/TREK	M-50	2	<b>00:44:58.05</b>	<b>00:44:58.05</b>	+00:07:34 (16.8%)	4:29	13.3 (83.1%)
13	<b>DANCZUK Jerzy</b>	<b>82</b>		M-60	1	<b>00:45:15.80</b>	<b>00:45:15.80</b>	+00:07:52 (17.4%)	4:31	13.3 (83.1%)
14	<b>RATZ Marcjanna</b>	<b>21</b>		K-30	1	<b>00:45:18.15</b>	<b>00:45:18.15</b>	+00:07:54 (17.5%)	4:31	13.2 (82.5%)
15	<b>PIOTROWSKA Katarzyna</b>	<b>89</b>		K-30	2	<b>00:45:29.30</b>	<b>00:45:29.30</b>	+00:08:05 (17.8%)	4:32	13.2 (82.5%)
16	<b>WIĘCKOWSKI Dariusz</b>	<b>38</b>	AKADEMIA MISTRZÓW SPORTU	M-40	8	<b>00:45:42.95</b>	<b>00:45:42.95</b>	+00:08:19 (18.2%)	4:34	13.1 (81.9%)
17	<b>PILARSKI Radosław</b>	<b>29</b>		M-40	9	<b>00:46:19.75</b>	<b>00:46:19.75</b>	+00:08:56 (19.3%)	4:37	13 (81.3%)
18	<b>SAK Joanna</b>	<b>42</b>	SOLANKOWI BIEGACZE	K-30	3	<b>00:46:34.55</b>	<b>00:46:34.55</b>	+00:09:11 (19.7%)	4:39	12.9 (80.6%)
19	<b>BUZALSKI Robert</b>	<b>11</b>	ORANGE POLSKA	M-40	10	<b>00:47:09.35</b>	<b>00:47:09.35</b>	+00:09:45 (20.7%)	4:42	12.7 (79.4%)
20	<b>ANDRZEJESKA Sylwia</b>	<b>52</b>		K-30	4	<b>00:47:37.40</b>	<b>00:47:37.40</b>	+00:10:13 (21.5%)	4:45	12.6 (78.8%)
21	<b>KUPRACZ Andrzej</b>	<b>30</b>		M-50	3	<b>00:48:35.50</b>	<b>00:48:35.50</b>	+00:11:12 (23.0%)	4:51	12.3 (76.9%)
22	<b>ROHDE Piotr</b>	<b>15</b>	BRZOZA BIEGA	M-20	3	<b>00:48:56.00</b>	<b>00:48:56.00</b>	+00:11:32 (23.6%)	4:53	12.3 (76.9%)
23	<b>WIŚNIEWSKI Zbigniew</b>	<b>2</b>	BRZOZA BIEGA	M-50	4	<b>00:49:05.55</b>	<b>00:49:05.55</b>	+00:11:42 (23.8%)	4:54	12.2 (76.3%)
24	<b>GRECMAN Anna</b>	<b>13</b>	INOWROCŁAWSKI KLUB SPORTOWY KARATE	K-40	1	<b>00:49:41.10</b>	<b>00:49:41.10</b>	+00:12:17 (24.7%)	4:58	12.1 (75.6%)
25	<b>ŚLEFARSKI Marcin</b>	<b>8</b>		M-40	11	<b>00:49:49.15</b>	<b>00:49:49.15</b>	+00:12:25 (24.9%)	4:58	12 (75.0%)
26	<b>WYBORNA Renata</b>	<b>66</b>		K-40	2	<b>00:50:12.95</b>	<b>00:50:12.95</b>	+00:12:49 (25.5%)	5:01	12 (75.0%)
27	<b>CHROBAK Tomasz</b>	<b>59</b>		M-40	12	<b>00:50:20.55</b>	<b>00:50:20.55</b>	+00:12:57 (25.7%)	5:02	11.9 (74.4%)
28	<b>KOMISARCZYK Iwona</b>	<b>24</b>	SOLANKOWI BIEGACZE	K-50	1	<b>00:50:24.20</b>	<b>00:50:24.20</b>	+00:13:00 (25.8%)	5:02	11.9 (74.4%)
29	<b>WIDŹGOWSKI Przemysław</b>	<b>34</b>		M-40	13	<b>00:50:26.65</b>	<b>00:50:26.65</b>	+00:13:03 (25.9%)	5:02	11.9 (74.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
30	ZAJDLEWICZ Daniel	20	BRZOZA	M-40	14	00:50:34.20	00:50:34.20	+00:13:10 (26.1%)	5:03	11.9 (74.4%)
31	ĆWIKLIŃSKA Anna	39	AKADEMIA MISTRZÓW SPORTU	K-40	3	00:50:59.95	00:50:59.95	+00:13:36 (26.7%)	5:05	11.8 (73.8%)
32	GRYCZKA Piotr	33		M-50	5	00:51:12.10	00:51:12.10	+00:13:48 (27.0%)	5:07	11.7 (73.1%)
33	KIEŁCZYŃSKI Marek	5	CSM POLSKA	M-40	15	00:51:25.25	00:51:25.25	+00:14:01 (27.3%)	5:08	11.7 (73.1%)
34	BIERNAT Magdalena	3	SOLANKOWI BIEGACZE	K-40	4	00:51:37.80	00:51:37.80	+00:14:14 (27.6%)	5:09	11.6 (72.5%)
35	GRUDA Mirosław	51		M-60	2	00:51:39.45	00:51:39.45	+00:14:15 (27.6%)	5:09	11.6 (72.5%)
36	SZULC Rafał	44	SOLANKOWI BIEGACZE	M-30	2	00:51:46.40	00:51:46.40	+00:14:22 (27.8%)	5:10	11.6 (72.5%)
37	ŚWIĘCICKI Andrzej	62	BYDGOSKIE ŻÓŁWIE	M-40	16	00:51:50.70	00:51:50.70	+00:14:27 (27.9%)	5:11	11.6 (72.5%)
38	FERENS Paweł	47	SOLANKOWI BIEGACZE	M-50	6	00:52:02.80	00:52:02.80	+00:14:39 (28.2%)	5:12	11.5 (71.9%)
39	SAK Anna	43	SOLANKOWI BIEGACZE	K-30	5	00:52:43.95	00:52:43.95	+00:15:20 (29.1%)	5:16	11.4 (71.3%)
40	ROHDE Łukasz	46	BRZOZA BIEGA	M-20	4	00:53:06.85	00:53:06.85	+00:15:43 (29.6%)	5:18	11.3 (70.6%)
41	BRAŃKA Mateusz	61	BDB TEAM	M-20	5	00:53:07.85	00:53:07.85	+00:15:44 (29.6%)	5:18	11.3 (70.6%)
42	ĆWIKLIŃSKI Marian	40	AKADEMIA MISTRZÓW SPORTU	M-50	7	00:53:11.30	00:53:11.30	+00:15:47 (29.7%)	5:19	11.3 (70.6%)
43	CHOJNACKI Bartosz	31		M-40	17	00:53:16.00	00:53:16.00	+00:15:52 (29.8%)	5:19	11.3 (70.6%)
44	GROBELNA Monika	50		K-40	5	00:53:25.95	00:53:25.95	+00:16:02 (30.0%)	5:20	11.2 (70.0%)
45	GÓRSKI Marian	87		M-60	3	00:53:32.60	00:53:32.60	+00:16:09 (30.2%)	5:21	11.2 (70.0%)
46	CZYŻEWSKA Justyna	6		K-30	6	00:53:34.10	00:53:34.10	+00:16:10 (30.2%)	5:21	11.2 (70.0%)
47	CHRÓŚCIŃSKA Monika	7		K-20	1	00:53:44.35	00:53:44.35	+00:16:20 (30.4%)	5:22	11.2 (70.0%)
48	WIŚNIEWSKI Mikołaj	75	BRZOZA BIEGA	M-20	6	00:53:44.85	00:53:44.85	+00:16:21 (30.4%)	5:22	11.2 (70.0%)
49	DAROŃ Mateusz	76		M-20	7	00:53:45.95	00:53:45.95	+00:16:22 (30.5%)	5:22	11.2 (70.0%)
50	JAGODZIŃSKI Mateusz	26	BYDGOSKIE OKONIE	M-30	3	00:53:54.70	00:53:54.70	+00:16:31 (30.6%)	5:23	11.1 (69.4%)
51	SZULC Jarosław	86		M-40	18	00:54:16.00	00:54:16.00	+00:16:52 (31.1%)	5:25	11.1 (69.4%)
52	CHOLEWCZYŃSKI Damian	57		M-30	4	00:55:12.60	00:55:12.60	+00:17:49 (32.3%)	5:31	10.9 (68.1%)
53	OLSZEWSKA Beata	19	SOLANKOWI BIEGACZE	K-30	7	00:55:29.50	00:55:29.50	+00:18:06 (32.6%)	5:32	10.8 (67.5%)
54	PIETRZAK Edyta	14		K-40	6	00:55:32.10	00:55:32.10	+00:18:08 (32.7%)	5:33	10.8 (67.5%)
55	TOCZKIEWICZ Kaja	80		K-20	2	00:55:54.75	00:55:54.75	+00:18:31 (33.1%)	5:35	10.7 (66.9%)
56	KASPROWICZ Piotr	41	JW 1515	M-40	19	00:56:30.15	00:56:30.15	+00:19:06 (33.8%)	5:39	10.6 (66.3%)
57	RYCHTER Przemysław	90		M-50	8	00:56:44.10	00:56:44.10	+00:19:20 (34.1%)	5:40	10.6 (66.3%)
58	BASIŃSKI Paweł	12		M-40	20	00:56:52.45	00:56:52.45	+00:19:28 (34.3%)	5:41	10.6 (66.3%)
59	MAINKA Maciej	81		M-20	8	00:57:55.65	00:57:55.65	+00:20:32 (35.5%)	5:47	10.4 (65.0%)
60	STACHURA Michał	25		M-50	9	00:58:05.70	00:58:05.70	+00:20:42 (35.6%)	5:48	10.3 (64.4%)
61	RYBSKA Małgorzata	79	RUN BYDGOSZCZ	K-20	3	00:58:57.50	00:58:57.50	+00:21:34 (36.6%)	5:53	10.2 (63.8%)
62	WILLMA Jarosław	83		M-50	10	00:59:19.15	00:59:19.15	+00:21:55 (37.0%)	5:55	10.1 (63.1%)
63	BADOWSKI Krzysztof	48	KSN ŁUCZNICZKA OCULUS BYDGOSZCZ	M-60	4	00:59:19.25	00:59:19.25	+00:21:55 (37.0%)	5:55	10.1 (63.1%)
64	TOPOL Agnieszka	17		K-30	8	00:59:41.60	00:59:41.60	+00:22:18 (37.4%)	5:58	10.1 (63.1%)
65	DOMAN Janusz	65	UKS SZABLA BRZOZA	M-60	5	00:59:49.15	00:59:49.15	+00:22:25 (37.5%)	5:58	10 (62.5%)
66	MICHAŁOWSKI Bartosz	71	OPTAL DEVELOPER	M-20	9	01:00:16.25	01:00:16.25	+00:22:52 (38.0%)	6:01	10 (62.5%)
67	ANASZEWICZ Marzena	60		K-40	7	01:00:19.95	01:00:19.95	+00:22:56 (38.0%)	6:01	9.9 (61.9%)
68	CHOJNACKI Patryk	49		M-20	10	01:00:42.00	01:00:42.00	+00:23:18 (38.4%)	6:04	9.9 (61.9%)
69	PIONTEK Elżbieta	28		K-60	1	01:01:00.35	01:01:00.35	+00:23:36 (38.7%)	6:06	9.8 (61.3%)
70	MALATYŃSKA Barbara	18		K-40	8	01:01:15.80	01:01:15.80	+00:23:52 (39.0%)	6:07	9.8 (61.3%)
71	DĘBSKI Jan	69	SOŁTYS	M-70+	1	01:02:42.55	01:02:42.55	+00:25:19 (40.4%)	6:16	9.6 (60.0%)
72	ETTINGER Justyna	78	RUN BYDGOSZCZ	K-40	9	01:03:04.60	01:03:04.60	+00:25:41 (40.7%)	6:18	9.5 (59.4%)
73	BRZESKA Marta	23		K-40	10	01:03:18.45	01:03:18.45	+00:25:54 (40.9%)	6:19	9.5 (59.4%)

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74	<b>JULLY Arkadiusz</b>	<b>58</b>		M-40	21	<b>01:03:37.95</b>	<b>01:03:37.95</b>	+00:26:14 (41.2%)	6:21	9.4 (58.8%)
75	<b>DAWIDOWICZ Maciej</b>	<b>45</b>	TRISPACE	M-40	22	<b>01:03:38.60</b>	<b>01:03:38.60</b>	+00:26:15 (41.2%)	6:21	9.4 (58.8%)
76	<b>SKRZĄTEK Anna</b>	<b>10</b>		K-40	11	<b>01:05:21.75</b>	<b>01:05:21.75</b>	+00:27:58 (42.8%)	6:32	9.2 (57.5%)
77	<b>CHROBAK Małgorzata</b>	<b>64</b>		K-30	9	<b>01:06:26.15</b>	<b>01:06:26.15</b>	+00:29:02 (43.7%)	6:38	9 (56.3%)
78	<b>MICHALSKA Aleksandra</b>	<b>70</b>		K-50	2	<b>01:09:29.25</b>	<b>01:09:29.25</b>	+00:32:05 (46.2%)	6:56	8.6 (53.8%)

Znaleziono 78 wynik(ów)