



# XI BIEG TRZEŹWOŚCI - BIEG 10 KM

B4SPORT

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

**XI BIEG TRZEŹWOŚCI**  
Brzoza Biega, Rowerowa Brzoza  
2022-09-18  
Brzoza  
10 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-Open

| Msc | Zawodnik                 | Numer | Klub                               | Kategoria | Mkat | Czas netto 10km | Czas brutto 10km | Różn              | Tempo min/km | Tempo km/h   |
|-----|--------------------------|-------|------------------------------------|-----------|------|-----------------|------------------|-------------------|--------------|--------------|
| 1   | PAWŁOWSKI Tomasz         | 53    |                                    | M-20      | 1    | 00:37:23.50     | 00:37:23.50      |                   | 3:44         | 16 (100%)    |
| 2   | WIWATOWSKI Michał        | 32    |                                    | M-40      | 1    | 00:38:05.70     | 00:38:05.70      | +00:00:42 (1.8%)  | 3:48         | 15.8 (98.8%) |
| 3   | TUCZYŃSKI Sylwester Leon | 16    | BYDGOSKIE OKONIE                   | M-30      | 1    | 00:38:22.70     | 00:38:22.70      | +00:00:59 (2.6%)  | 3:50         | 15.6 (97.5%) |
| 4   | RYCHTEL Karol            | 85    |                                    | M-40      | 2    | 00:40:49.40     | 00:40:49.40      | +00:03:25 (8.4%)  | 4:04         | 14.7 (91.9%) |
| 5   | KUBIAK Tomasz            | 84    | SOLANKOWI BIEGACZE                 | M-40      | 3    | 00:41:43.65     | 00:41:43.65      | +00:04:20 (10.4%) | 4:10         | 14.4 (90.0%) |
| 6   | MAGDZIARZ Jakub          | 67    |                                    | M-40      | 4    | 00:41:47.60     | 00:41:47.60      | +00:04:24 (10.5%) | 4:10         | 14.4 (90.0%) |
| 7   | DONARSKI Franciszek      | 68    | N BIKE ACADEMY                     | M-20      | 2    | 00:42:56.05     | 00:42:56.05      | +00:05:32 (12.9%) | 4:17         | 14 (87.5%)   |
| 8   | KOWALCZYK Marek          | 63    | BRZOZA BIEGA                       | M-40      | 5    | 00:43:05.05     | 00:43:05.05      | +00:05:41 (13.2%) | 4:18         | 13.9 (86.9%) |
| 9   | ZAKRZEWSKI Tomasz        | 88    |                                    | M-40      | 6    | 00:43:26.95     | 00:43:26.95      | +00:06:03 (13.9%) | 4:20         | 13.8 (86.3%) |
| 10  | PIEKARSKI Marek          | 55    | RESTAURACJA KURKUMA ZIELONE ARKADY | M-50      | 1    | 00:44:04.25     | 00:44:04.25      | +00:06:40 (15.2%) | 4:24         | 13.6 (85.0%) |
| 11  | BRZESKI Sebastian        | 22    |                                    | M-40      | 7    | 00:44:31.60     | 00:44:31.60      | +00:07:08 (16.0%) | 4:27         | 13.5 (84.4%) |
| 12  | MARTYNOWICZ Michał       | 74    | TRISPACE/TREK                      | M-50      | 2    | 00:44:58.05     | 00:44:58.05      | +00:07:34 (16.8%) | 4:29         | 13.3 (83.1%) |
| 13  | DANCZUK Jerzy            | 82    |                                    | M-60      | 1    | 00:45:15.80     | 00:45:15.80      | +00:07:52 (17.4%) | 4:31         | 13.3 (83.1%) |
| 14  | WIĘCKOWSKI Dariusz       | 38    | AKADEMIA MISTRZÓW SPORTU           | M-40      | 8    | 00:45:42.95     | 00:45:42.95      | +00:08:19 (18.2%) | 4:34         | 13.1 (81.9%) |
| 15  | PILARSKI Radosław        | 29    |                                    | M-40      | 9    | 00:46:19.75     | 00:46:19.75      | +00:08:56 (19.3%) | 4:37         | 13 (81.3%)   |
| 16  | BUZALSKI Robert          | 11    | ORANGE POLSKA                      | M-40      | 10   | 00:47:09.35     | 00:47:09.35      | +00:09:45 (20.7%) | 4:42         | 12.7 (79.4%) |
| 17  | KUPRACZ Andrzej          | 30    |                                    | M-50      | 3    | 00:48:35.50     | 00:48:35.50      | +00:11:12 (23.0%) | 4:51         | 12.3 (76.9%) |
| 18  | ROHDE Piotr              | 15    | BRZOZA BIEGA                       | M-20      | 3    | 00:48:56.00     | 00:48:56.00      | +00:11:32 (23.6%) | 4:53         | 12.3 (76.9%) |
| 19  | WIŚNIEWSKI Zbigniew      | 2     | BRZOZA BIEGA                       | M-50      | 4    | 00:49:05.55     | 00:49:05.55      | +00:11:42 (23.8%) | 4:54         | 12.2 (76.3%) |
| 20  | ŚLEFARSKI Marcin         | 8     |                                    | M-40      | 11   | 00:49:49.15     | 00:49:49.15      | +00:12:25 (24.9%) | 4:58         | 12 (75.0%)   |
| 21  | CHROBAK Tomasz           | 59    |                                    | M-40      | 12   | 00:50:20.55     | 00:50:20.55      | +00:12:57 (25.7%) | 5:02         | 11.9 (74.4%) |
| 22  | WIDŹGOWSKI Przemysław    | 34    |                                    | M-40      | 13   | 00:50:26.65     | 00:50:26.65      | +00:13:03 (25.9%) | 5:02         | 11.9 (74.4%) |
| 23  | ZAJDLEWICZ Daniel        | 20    | BRZOZA                             | M-40      | 14   | 00:50:34.20     | 00:50:34.20      | +00:13:10 (26.1%) | 5:03         | 11.9 (74.4%) |
| 24  | GRYCZKA Piotr            | 33    |                                    | M-50      | 5    | 00:51:12.10     | 00:51:12.10      | +00:13:48 (27.0%) | 5:07         | 11.7 (73.1%) |
| 25  | KIEŁCZYŃSKI Marek        | 5     | CSM POLSKA                         | M-40      | 15   | 00:51:25.25     | 00:51:25.25      | +00:14:01 (27.3%) | 5:08         | 11.7 (73.1%) |
| 26  | GRUDA Mirosław           | 51    |                                    | M-60      | 2    | 00:51:39.45     | 00:51:39.45      | +00:14:15 (27.6%) | 5:09         | 11.6 (72.5%) |
| 27  | SZULC Rafał              | 44    | SOLANKOWI BIEGACZE                 | M-30      | 2    | 00:51:46.40     | 00:51:46.40      | +00:14:22 (27.8%) | 5:10         | 11.6 (72.5%) |
| 28  | ŚWIĘCICKI Andrzej        | 62    | BYDGOSKIE ŻÓŁWIE                   | M-40      | 16   | 00:51:50.70     | 00:51:50.70      | +00:14:27 (27.9%) | 5:11         | 11.6 (72.5%) |
| 29  | FERENS Paweł             | 47    | SOLANKOWI BIEGACZE                 | M-50      | 6    | 00:52:02.80     | 00:52:02.80      | +00:14:39 (28.2%) | 5:12         | 11.5 (71.9%) |

| Msc | Zawodnik             | Numer | Klub                            | Kategoria | Mkat | Czas netto 10km | Czas brutto 10km | Różn              | Tempo min/km | Tempo km/h   |
|-----|----------------------|-------|---------------------------------|-----------|------|-----------------|------------------|-------------------|--------------|--------------|
| 30  | ROHDE Łukasz         | 46    | BRZOZA BIEGA                    | M-20      | 4    | 00:53:06.85     | 00:53:06.85      | +00:15:43 (29.6%) | 5:18         | 11.3 (70.6%) |
| 31  | BRAŃKA Mateusz       | 61    | BDB TEAM                        | M-20      | 5    | 00:53:07.85     | 00:53:07.85      | +00:15:44 (29.6%) | 5:18         | 11.3 (70.6%) |
| 32  | ĆWIKLIŃSKI Marian    | 40    | AKADEMIA MISTRZÓW SPORTU        | M-50      | 7    | 00:53:11.30     | 00:53:11.30      | +00:15:47 (29.7%) | 5:19         | 11.3 (70.6%) |
| 33  | CHOJNACKI Bartosz    | 31    |                                 | M-40      | 17   | 00:53:16.00     | 00:53:16.00      | +00:15:52 (29.8%) | 5:19         | 11.3 (70.6%) |
| 34  | GÓRSKI Marian        | 87    |                                 | M-60      | 3    | 00:53:32.60     | 00:53:32.60      | +00:16:09 (30.2%) | 5:21         | 11.2 (70.0%) |
| 35  | WIŚNIEWSKI Mikołaj   | 75    | BRZOZA BIEGA                    | M-20      | 6    | 00:53:44.85     | 00:53:44.85      | +00:16:21 (30.4%) | 5:22         | 11.2 (70.0%) |
| 36  | DAROŃ Mateusz        | 76    |                                 | M-20      | 7    | 00:53:45.95     | 00:53:45.95      | +00:16:22 (30.5%) | 5:22         | 11.2 (70.0%) |
| 37  | JAGODZIŃSKI Mateusz  | 26    | BYDGOSKIE OKONIE                | M-30      | 3    | 00:53:54.70     | 00:53:54.70      | +00:16:31 (30.6%) | 5:23         | 11.1 (69.4%) |
| 38  | SZULC Jarosław       | 86    |                                 | M-40      | 18   | 00:54:16.00     | 00:54:16.00      | +00:16:52 (31.1%) | 5:25         | 11.1 (69.4%) |
| 39  | CHOLEWCZYŃSKI Damian | 57    |                                 | M-30      | 4    | 00:55:12.60     | 00:55:12.60      | +00:17:49 (32.3%) | 5:31         | 10.9 (68.1%) |
| 40  | KASPROWICZ Piotr     | 41    | JW 1515                         | M-40      | 19   | 00:56:30.15     | 00:56:30.15      | +00:19:06 (33.8%) | 5:39         | 10.6 (66.3%) |
| 41  | RYCHTER Przemysław   | 90    |                                 | M-50      | 8    | 00:56:44.10     | 00:56:44.10      | +00:19:20 (34.1%) | 5:40         | 10.6 (66.3%) |
| 42  | BASIŃSKI Paweł       | 12    |                                 | M-40      | 20   | 00:56:52.45     | 00:56:52.45      | +00:19:28 (34.3%) | 5:41         | 10.6 (66.3%) |
| 43  | MAINKA Maciej        | 81    |                                 | M-20      | 8    | 00:57:55.65     | 00:57:55.65      | +00:20:32 (35.5%) | 5:47         | 10.4 (65.0%) |
| 44  | STACHURA Michał      | 25    |                                 | M-50      | 9    | 00:58:05.70     | 00:58:05.70      | +00:20:42 (35.6%) | 5:48         | 10.3 (64.4%) |
| 45  | WILLMA Jarosław      | 83    |                                 | M-50      | 10   | 00:59:19.15     | 00:59:19.15      | +00:21:55 (37.0%) | 5:55         | 10.1 (63.1%) |
| 46  | BADOWSKI Krzysztof   | 48    | KSN ŁUCZNICZKA OCULUS BYDGOSZCZ | M-60      | 4    | 00:59:19.25     | 00:59:19.25      | +00:21:55 (37.0%) | 5:55         | 10.1 (63.1%) |
| 47  | DOMAN Janusz         | 65    | UKS SZABLA BRZOZA               | M-60      | 5    | 00:59:49.15     | 00:59:49.15      | +00:22:25 (37.5%) | 5:58         | 10 (62.5%)   |
| 48  | MICHAŁOWSKI Bartosz  | 71    | OPTAL DEVELOPER                 | M-20      | 9    | 01:00:16.25     | 01:00:16.25      | +00:22:52 (38.0%) | 6:01         | 10 (62.5%)   |
| 49  | CHOJNACKI Patryk     | 49    |                                 | M-20      | 10   | 01:00:42.00     | 01:00:42.00      | +00:23:18 (38.4%) | 6:04         | 9.9 (61.9%)  |
| 50  | DĘBSKI Jan           | 69    | SOŁTYS                          | M-70+     | 1    | 01:02:42.55     | 01:02:42.55      | +00:25:19 (40.4%) | 6:16         | 9.6 (60.0%)  |
| 51  | JULLY Arkadiusz      | 58    |                                 | M-40      | 21   | 01:03:37.95     | 01:03:37.95      | +00:26:14 (41.2%) | 6:21         | 9.4 (58.8%)  |
| 52  | DAWIDOWICZ Maciej    | 45    | TRISPACE                        | M-40      | 22   | 01:03:38.60     | 01:03:38.60      | +00:26:15 (41.2%) | 6:21         | 9.4 (58.8%)  |

Znaleziono 52 wynik(ów)