

XI ĆWIERĆMARATON BIELIKA - BIEG

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Event: XI Ćwierćmaraton Bielika
Organiser: Gmina Kołbaskowo
Date: 2022-05-28
Place: Gmina Kołbaskowo
Distance: 11 km



Classification: OPEN -K

Place	Participant	Number	Club	Category	MCat	Gmina	Net time 11km	Gap	Pace min/km	Pace km/h
1	WASIELEWSKA Paulina	161		OPEN -K	1		00:44:35.94		4:03	14.8 (100%)
2	GRZEGÓRZEK Paulina	138	RAZ SZCZECIN	OPEN -K	2		00:45:49.68	+00:01:13 (2.7%)	4:09	14.4 (97.3%)
3	MATYSIAK Katarzyna	294	FIZJOBIEGACZE SZCZECIN	OPEN -K	3		00:46:46.81	+00:02:10 (4.7%)	4:15	14.1 (95.3%)
4	KAMIŃSKA Agata	163	KAMIŃSKI TEAM	OPEN -K	4		00:48:44.50	+00:04:08 (8.5%)	4:25	13.5 (91.2%)
5	MURAWSKA Wioletta	97		K45+	1		00:52:02.00	+00:07:26 (14.3%)	4:43	12.7 (85.8%)
6	JACUKOWICZ Monika	282	FIZJOBIEGACZE SZCZECIN	OPEN -K	5		00:53:06.57	+00:08:30 (16.0%)	4:49	12.4 (83.8%)
7	DUDA Monika	196	RAZ SZCZECIN	OPEN -K	6		00:54:28.52	+00:09:52 (18.1%)	4:57	12.1 (81.8%)
8	PAWŁOWSKA-ZALEJSKA Justyna	283		OPEN -K	7		00:56:12.63	+00:11:36 (20.7%)	5:06	11.7 (79.1%)
9	WÓJCIK Katarzyna	13	FIZJOBIEGACZE SZCZECIN	OPEN -K	8		00:56:41.15	+00:12:05 (21.3%)	5:09	11.6 (78.4%)
10	MRÓZ Aleksandra	96	MOCZYLSKIE DIABLICE		1	Tak	00:57:02.24	+00:12:26 (21.8%)	5:11	11.6 (78.4%)
11	CEL Edyta	61		K45+	2	Tak	00:57:05.17	+00:12:29 (21.9%)	5:11	11.6 (78.4%)
12	NIEDLICH Anna	109		OPEN -K	9		00:58:23.88	+00:13:47 (23.6%)	5:18	11.3 (76.4%)
13	WASIELEWSKA Paulina	166	UKŁ 'ÓSEMKA' POLICE	OPEN -K	10		00:59:11.74	+00:14:35 (24.7%)	5:22	11.2 (75.7%)
14	CZAJKOWSKI Magdalena	273		OPEN -K	11		00:59:41.17	+00:15:05 (25.3%)	5:25	11.1 (75.0%)
15	JAKUBIAK Anna	128	RAZ SZCZECIN	K45+	3		01:00:40.40	+00:16:04 (26.5%)	5:30	10.9 (73.6%)
16	FIJAŁKOWSKA Aleksandra	242		OPEN -K	12		01:01:10.61	+00:16:34 (27.1%)	5:33	10.8 (73.0%)
17	HEJNA Małgorzata	285		K45+	4		01:01:25.45	+00:16:49 (27.4%)	5:35	10.7 (72.3%)
18	DŹWIGAŁ Magdalena	214	SKS HUSARIA	OPEN -K	13		01:01:27.00	+00:16:51 (27.4%)	5:35	10.7 (72.3%)
19	PUPEK Małgorzata	122		OPEN -K	14		01:02:44.54	+00:18:08 (28.9%)	5:42	10.5 (70.9%)
20	MAJEWSKA Agnieszka	190	WIECZORNE BIEGANIE W SZCZECINIE	OPEN -K	15		01:02:57.24	+00:18:21 (29.2%)	5:43	10.5 (70.9%)
21	KUPNIEWSKA Aleksandra	7	LOVELASY	OPEN -K	16		01:03:39.85	+00:19:03 (29.9%)	5:47	10.4 (70.3%)
22	RADCZUK Karolina	39		OPEN -K	17		01:03:40.13	+00:19:04 (30.0%)	5:47	10.4 (70.3%)
23	WOŁOCH Ola	209		OPEN -K	18		01:04:10.82	+00:19:34 (30.5%)	5:50	10.3 (69.6%)
24	MICHNOWICZ Jolanta	289		K45+	5		01:04:41.31	+00:20:05 (31.1%)	5:52	10.2 (68.9%)
25	ZIELIŃSKA Monika	121		OPEN -K	19		01:04:54.99	+00:20:19 (31.3%)	5:54	10.2 (68.9%)
26	MAKOWSKA Paulina	201			2	Tak	01:05:31.03	+00:20:55 (31.9%)	5:57	10.1 (68.2%)

Place	Participant	Number	Club	Category	MCat	Gmina	Net time		Pace min/km	Pace km/h
							11km	Gap		
27	KOBYLNIK Agata	24	FIZJOTERAPIA NA KÓŁKACH	OPEN -K	20		01:05:38.03	+00:21:02 (32.0%)	5:58	10.1 (68.2%)
28	NOWAK-PIASECKA Dorota	176	FIT KETTLEBELL PRZECŁAW	Gmina Kołbaskowo K	3	Tak	01:05:41.17	+00:21:05 (32.1%)	5:58	10 (67.6%)
29	SZULC Helena	111		OPEN -K	21		01:05:54.40	+00:21:18 (32.3%)	5:59	10 (67.6%)
30	KŁOSOWSKA Natalia	11		OPEN -K	22		01:06:01.61	+00:21:25 (32.5%)	6:00	10 (67.6%)
31	BURGHARDT Renata	102	KB HERMES GRYFINO	K45+	6		01:06:06.06	+00:21:30 (32.5%)	6:00	10 (67.6%)
32	BIAŁKOWSKA Katarzyna	55	PRZYSTAŃ NA KAWĘ	K45+	7	Tak	01:06:12.40	+00:21:36 (32.6%)	6:01	10 (67.6%)
33	BĄCIK Aneta	113		K45+	8		01:06:28.79	+00:21:52 (32.9%)	6:02	9.9 (66.9%)
34	WITKOWSKA Magdalena	275		OPEN -K	23		01:07:02.42	+00:22:26 (33.5%)	6:05	9.8 (66.2%)
35	SZYMAŃSKA Agnieszka	62		K45+	9		01:07:07.24	+00:22:31 (33.6%)	6:06	9.8 (66.2%)
36	GREWLING Anna	17	VEGE RUNNERS / GRYFFINDOR BIEGA	Gmina Kołbaskowo K	4	Tak	01:07:27.80	+00:22:51 (33.9%)	6:07	9.8 (66.2%)
37	JAROTA Agnieszka	236	LKS PRZECŁAW	K45+	10	Tak	01:08:04.92	+00:23:28 (34.5%)	6:11	9.7 (65.5%)
38	ORLON Barbara	80	BIEG KORCZAKA	K45+	11		01:08:39.37	+00:24:03 (35.0%)	6:14	9.6 (64.9%)
39	ULAWSKA Anna	277	FIT KETTLEBELL PRZECŁAW	Gmina Kołbaskowo K	5	Tak	01:09:20.33	+00:24:44 (35.7%)	6:18	9.5 (64.2%)
40	HAŁAS Renata	232	DPT RUN TEAM SZCZECIN	K45+	12		01:09:50.20	+00:25:14 (36.1%)	6:20	9.5 (64.2%)
41	NURSKA Emilia	293		M65+	5		01:10:17.86	+00:25:41 (36.6%)	6:23	9.4 (63.5%)
42	JÓZEFOWICZ Monika	140	EXTREME WOLF	K45+	13		01:11:10.14	+00:26:34 (37.3%)	6:28	9.3 (62.8%)
43	WASILEWSKA Agata	276		OPEN -K	24		01:11:19.56	+00:26:43 (37.5%)	6:29	9.3 (62.8%)
44	PŁACHTA Monika	90	KOBIECE BIEGANIE	K45+	14		01:11:22.79	+00:26:46 (37.5%)	6:29	9.2 (62.2%)
45	ZIENDA Magdalena	115	EXTREME WOLF	K45+	15		01:11:35.88	+00:26:59 (37.7%)	6:30	9.2 (62.2%)
46	SCHWARZ Małgorzata	4		K45+	16	Tak	01:12:16.90	+00:27:40 (38.3%)	6:34	9.1 (61.5%)
47	NAUS Joanna	268		K45+	17		01:13:15.90	+00:28:39 (39.1%)	6:39	9 (60.8%)
48	CZYŻEWSKA Lucyna	160		OPEN -K	25		01:13:48.35	+00:29:12 (39.6%)	6:42	8.9 (60.1%)
49	HOFMAN Katarzyna	192		Gmina Kołbaskowo K	6	Tak	01:14:13.01	+00:29:37 (39.9%)	6:44	8.9 (60.1%)
50	RITTER Beate	53	JUST CRAZY	K45+	18		01:14:28.95	+00:29:53 (40.1%)	6:46	8.9 (60.1%)
51	PIOTROWSKA Dorota	130	AMPIO TEAM	OPEN -K	26		01:14:51.65	+00:30:15 (40.4%)	6:48	8.8 (59.5%)
52	DUMA Małgorzata	5	KOBIECE BIEGANIE	K45+	19	Tak	01:15:30.71	+00:30:54 (40.9%)	6:51	8.7 (58.8%)
53	ORSZULSKA Magdalena	16	MEDYCY NA START	OPEN -K	27		01:16:35.23	+00:31:59 (41.8%)	6:57	8.6 (58.1%)
54	NOWICKA Kamila	146		Gmina Kołbaskowo K	7	Tak	01:17:47.13	+00:33:11 (42.7%)	7:04	8.5 (57.4%)
55	SOBCZAK-KUFEL Ilona	288	PATOBIEGANIE	Gmina Kołbaskowo K	8	Tak	01:17:58.01	+00:33:22 (42.8%)	7:05	8.5 (57.4%)
56	WIŚNIEWSKA Marta	255		OPEN -K	28		01:17:58.03	+00:33:22 (42.8%)	7:05	8.5 (57.4%)
57	ROLLA Magdalena	174		K45+	20		01:18:09.20	+00:33:33 (42.9%)	7:06	8.4 (56.8%)
58	BŁACHNIO Dorota	88	RAZ SZCZECIN	K45+	21		01:18:10.55	+00:33:34 (43.0%)	7:06	8.4 (56.8%)
59	SOWISZ Danuta	183		OPEN -K	29		01:18:22.48	+00:33:46 (43.1%)	7:07	8.4 (56.8%)
60	GABERT Beata	116	RAZ SZCZECIN	K45+	22		01:18:26.02	+00:33:50 (43.1%)	7:07	8.4 (56.8%)
61	WIĘCKOWSKA Joanna	145		OPEN -K	30		01:19:55.35	+00:35:19 (44.2%)	7:15	8.3 (56.1%)
62	RUMOWSKA Agnieszka	41		OPEN -K	31		01:19:57.82	+00:35:21 (44.2%)	7:16	8.3 (56.1%)
63	WESOŁEK Anna	261		OPEN -K	32		01:20:37.06	+00:36:01 (44.7%)	7:19	8.2 (55.4%)
64	JAWORSKA Katarzyna	213		OPEN -K	33		01:20:57.74	+00:36:21 (44.9%)	7:21	8.2 (55.4%)
65	LUBRAŃSKA Dominika	14	SZCZECIN	OPEN -K	34		01:21:50.12	+00:37:14 (45.5%)	7:26	8.1 (54.7%)
66	WITEK Małgorzata	15		OPEN -K	35		01:21:50.23	+00:37:14 (45.5%)	7:26	8.1 (54.7%)
67	GROMOWSKA Joanna	12		OPEN -K	36		01:21:50.59	+00:37:14 (45.5%)	7:26	8.1 (54.7%)
68	KOSMAŁSKA Magdalena	44	SKS HUSARIA	OPEN -K	37		01:25:58.78	+00:41:22 (48.1%)	7:48	7.7 (52.0%)
69	GARBOWSKA Monika	134		Gmina Kołbaskowo K	9	Tak	01:27:39.98	+00:43:04 (49.1%)	7:58	7.5 (50.7%)
70	SYLWESIUK Urszula	229		Gmina Kołbaskowo K	10	Tak	01:31:19.57	+00:46:43 (51.2%)	8:18	7.2 (48.6%)

Place	Participant	Number	Club	Category	MCat	Gmina	Net time 11km	Gap	Pace min/km	Pace km/h
71	POGODA-BLAZIAK Katarzyna	157		OPEN -K	38		01:34:22.21	+00:49:46 (52.7%)	8:34	7 (47.3%)
72	PŁOSA Monika	158		OPEN -K	39		01:39:13.91	+00:54:37 (55.1%)	9:01	6.7 (45.3%)

Total 72 results.