

XI ĆWIERĆMARATON BIELIKA - NORDIC WALKING

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XI Ćwierćmaraton Bielika
Gmina Kołbaskowo
2022-05-28
Gmina Kołbaskowo
11 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Gmina | Czas netto 11km | Różn | Tempo min/km | Tempo km/h |
|-----|---|------------|---|--------------------|------|-------|--------------------|-------------------|--------------|-------------|
| 1 | DOŁĘGOWSKI Marek | 353 | | OPEN -M | 1 | | 01:08:52.01 | | 6:15 | 9.6 (100%) |
| 2 | LUDWICZAK Dariusz | 339 | EKSPEDYCJA NORDIC TEAM SZCZECIN | OPEN -M | 2 | | 01:09:25.58 | +00:00:33 (0.8%) | 6:18 | 9.5 (99.0%) |
| 3 | LIPIŃSKI Karol | 349 | KS POGODNI NORDIKOWCY SZCZECIN | OPEN -M | 3 | | 01:11:52.03 | +00:03:00 (4.2%) | 6:32 | 9.2 (95.8%) |
| 4 | CHOJNACKI Paweł | 351 | EKSPEDYCJA NORDIC TEAM SZCZECIN | OPEN -M | 4 | | 01:12:24.91 | +00:03:32 (4.9%) | 6:34 | 9.1 (94.8%) |
| 5 | SZYMSKA Małgorzata | 310 | LUKI TEAM POLSKA | OPEN -K | 1 | | 01:12:43.92 | +00:03:51 (5.3%) | 6:36 | 9.1 (94.8%) |
| 6 | SZYMAŃSKI Andrzej | 367 | BS FAMILY TEAM | OPEN -M | 5 | | 01:12:54.12 | +00:04:02 (5.5%) | 6:37 | 9.1 (94.8%) |
| 7 | LUDWICZAK Andżelika | 341 | EKSPEDYCJA NORDIC TEAM SZCZECIN | OPEN -K | 2 | | 01:13:14.40 | +00:04:22 (6.0%) | 6:39 | 9 (93.8%) |
| 8 | MASŁYK Małgorzata | 358 | | OPEN -K | 3 | | 01:13:36.65 | +00:04:44 (6.4%) | 6:41 | 9 (93.8%) |
| 9 | KARPIENIA Ewa | 313 | EKSPEDYCJA NORDIC TEAM SZCZECIN | OPEN -K | 4 | | 01:14:17.10 | +00:05:25 (7.3%) | 6:45 | 8.9 (92.7%) |
| 10 | ABRAMOWICZ Małgorzata | 308 | EKSPEDYCJA NORDIC TEAM SZCZECIN | OPEN -K | 5 | | 01:15:12.62 | +00:06:20 (8.4%) | 6:50 | 8.8 (91.7%) |
| 11 | STANIEWSKI Piotr | 362 | EKSPEDYCJA NORDIC TEAM | OPEN -M | 6 | | 01:18:11.25 | +00:09:19 (11.9%) | 7:06 | 8.4 (87.5%) |
| 12 | ŚWIERCZ Ewa | 413 | EKSPEDYCJA NORDIC WALKING TEAM SZCZECIN | OPEN -K | 6 | | 01:19:29.29 | +00:10:37 (13.4%) | 7:13 | 8.3 (86.5%) |
| 13 | KAMIŃSKA Magdalena | 387 | PUM SZCZECIN | OPEN -K | 7 | | 01:21:52.26 | +00:13:00 (15.9%) | 7:26 | 8.1 (84.4%) |
| 14 | OLEJNIK Marzena | 345 | | OPEN -K | 8 | | 01:22:19.93 | +00:13:27 (16.4%) | 7:29 | 8 (83.3%) |
| 15 | KĄŻMIERSKA-JASTRZĘBSKA Katarzyna | 356 | SOPURE.MILLINERY | OPEN -K | 9 | | 01:23:37.54 | +00:14:45 (17.6%) | 7:36 | 7.9 (82.3%) |
| 16 | MISIEWICZ Bożena | 340 | | OPEN -K | 10 | | 01:24:43.70 | +00:15:51 (18.7%) | 7:42 | 7.8 (81.3%) |
| 17 | BARTOSIŃSKI Piotr | 394 | TAME50 | OPEN -M | 7 | | 01:25:04.06 | +00:16:12 (19.0%) | 7:44 | 7.8 (81.3%) |
| 18 | JARCZEWSKA Renata | 331 | | OPEN -K | 11 | | 01:25:07.13 | +00:16:15 (19.1%) | 7:44 | 7.8 (81.3%) |
| 19 | BUSZ Katarzyna | 409 | | OPEN -K | 12 | | 01:25:58.58 | +00:17:06 (19.9%) | 7:48 | 7.7 (80.2%) |
| 20 | SAWIŃSKA Anna | 410 | | OPEN -K | 13 | | 01:26:00.25 | +00:17:08 (19.9%) | 7:49 | 7.7 (80.2%) |
| 21 | RUTKOWSKA Dorota | 405 | KS POGODNI NORDICOWCY SZCZECIN | OPEN -K | 14 | | 01:28:27.38 | +00:19:35 (22.1%) | 8:02 | 7.5 (78.1%) |
| 22 | LEDZION Robert | 378 | | OPEN -M | 8 | | 01:28:35.53 | +00:19:43 (22.3%) | 8:03 | 7.5 (78.1%) |
| 23 | HYBIAK Jolanta | 393 | KS POGODNI NORDIKOWCY | OPEN -K | 15 | | 01:28:36.97 | +00:19:44 (22.3%) | 8:03 | 7.4 (77.1%) |
| 24 | GÓRSKA Agnieszka | 414 | SZALONE WILCZYCE | OPEN -K | 16 | | 01:28:38.96 | +00:19:46 (22.3%) | 8:03 | 7.4 (77.1%) |
| 25 | SUBOCZ Iłona | 330 | | OPEN -K | 17 | | 01:28:45.90 | +00:19:53 (22.4%) | 8:04 | 7.4 (77.1%) |
| 26 | MATRAS Agnieszka | 326 | | Gmina Kołbaskowo K | 1 | Tak | 01:28:48.15 | +00:19:56 (22.4%) | 8:04 | 7.4 (77.1%) |

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|-----|------------------------------------|------------|--------------------------------|--------------------|------|-------|--------------------|-------------------|--------------|-------------|
| 27 | KAŻMIERSKI Andrzej | 372 | | OPEN -M | 9 | | 01:29:06.76 | +00:20:14 (22.7%) | 8:06 | 7.4 (77.1%) |
| 28 | HNAT Patrycja | 336 | | OPEN -K | 18 | | 01:29:16.58 | +00:20:24 (22.9%) | 8:06 | 7.4 (77.1%) |
| 29 | BARYŁA Dorota | 355 | | OPEN -K | 19 | | 01:29:35.89 | +00:20:43 (23.1%) | 8:08 | 7.4 (77.1%) |
| 30 | MARCHIEL Lena | 371 | | OPEN -K | 20 | | 01:30:55.11 | +00:22:03 (24.3%) | 8:15 | 7.3 (76.0%) |
| 31 | KAWKA Wioletta | 337 | | OPEN -K | 21 | | 01:31:26.48 | +00:22:34 (24.7%) | 8:18 | 7.2 (75.0%) |
| 32 | DZIEDZIC Dominika | 347 | | OPEN -K | 22 | | 01:31:39.36 | +00:22:47 (24.9%) | 8:19 | 7.2 (75.0%) |
| 33 | SZEWCZUK Małgorzata | 350 | KS POGODNI NORDICOWCY SZCZECIN | OPEN -K | 23 | | 01:32:03.44 | +00:23:11 (25.2%) | 8:22 | 7.2 (75.0%) |
| 34 | ALBRECHT Anna | 386 | | OPEN -K | 24 | | 01:32:54.64 | +00:24:02 (25.9%) | 8:26 | 7.1 (74.0%) |
| 35 | SZUBERT-ADAMSKA Ewelina | 396 | | OPEN -K | 25 | | 01:33:08.92 | +00:24:16 (26.1%) | 8:28 | 7.1 (74.0%) |
| 36 | SZYDŁOWSKA-JAROSZ Agnieszka | 354 | POBIEROWO BIEGA | OPEN -K | 26 | | 01:33:42.30 | +00:24:50 (26.5%) | 8:31 | 7 (72.9%) |
| 37 | MUSZKIET-SOBAŃSKA Agnieszka | 302 | MUFFINKOWE MORSY | OPEN -K | 27 | | 01:34:01.87 | +00:25:09 (26.8%) | 8:32 | 7 (72.9%) |
| 38 | WOJCIECHOWSKA Barbara | 309 | | OPEN -K | 28 | | 01:34:12.25 | +00:25:20 (26.9%) | 8:33 | 7 (72.9%) |
| 39 | SZCZERBIŃSKA Barbara | 316 | | OPEN -K | 29 | | 01:35:39.36 | +00:26:47 (28.0%) | 8:41 | 6.9 (71.9%) |
| 40 | MAJOS Małgorzata | 357 | RAZ SZCZECIN | OPEN -K | 30 | | 01:35:45.73 | +00:26:53 (28.1%) | 8:42 | 6.9 (71.9%) |
| 41 | WITCZAK-SPERKA Mariola | 375 | RAZ SZCZECIN | OPEN -K | 31 | | 01:35:46.01 | +00:26:54 (28.1%) | 8:42 | 6.9 (71.9%) |
| 42 | SIELICKA Agnieszka | 368 | | OPEN -K | 32 | | 01:36:03.82 | +00:27:11 (28.3%) | 8:43 | 6.9 (71.9%) |
| 43 | JUDKIEWICZ Halina | 359 | | OPEN -K | 33 | | 01:36:40.73 | +00:27:48 (28.8%) | 8:47 | 6.8 (70.8%) |
| 44 | MATWIEJCZUK Agnieszka | 407 | | OPEN -K | 34 | | 01:37:00.43 | +00:28:08 (29.0%) | 8:49 | 6.8 (70.8%) |
| 45 | PONICHTERA Emilia | 385 | | OPEN -K | 35 | | 01:37:19.73 | +00:28:27 (29.2%) | 8:50 | 6.8 (70.8%) |
| 46 | MIKLAS Aleksandra | 384 | WALKING WARRIORS | Gmina Kołbaskowo K | 2 | Tak | 01:37:34.51 | +00:28:42 (29.4%) | 8:52 | 6.8 (70.8%) |
| 47 | LINHARD Bożena | 311 | | OPEN -K | 36 | | 01:38:06.01 | +00:29:14 (29.8%) | 8:55 | 6.7 (69.8%) |
| 48 | PARCHIMOWICZ Janusz | 321 | | OPEN -M | 10 | | 01:38:50.18 | +00:29:58 (30.3%) | 8:59 | 6.7 (69.8%) |
| 49 | BILSKA Marta | 419 | | OPEN -K | 37 | | 01:39:33.76 | +00:30:41 (30.8%) | 9:03 | 6.6 (68.8%) |
| 50 | MOŁODECKA Lidia | 397 | MOCZYLSKIE DIABLICE | OPEN -K | 38 | | 01:39:49.62 | +00:30:57 (31.0%) | 9:04 | 6.6 (68.8%) |
| 51 | PIERZECKA Dorota | 364 | | OPEN -K | 39 | | 01:39:50.48 | +00:30:58 (31.0%) | 9:04 | 6.6 (68.8%) |
| 52 | GENDA Jadwiga | 395 | TAME50 | OPEN -K | 40 | | 01:39:52.96 | +00:31:00 (31.1%) | 9:04 | 6.6 (68.8%) |
| 53 | GRYZŁO Kazimiera | 319 | | Gmina Kołbaskowo K | 3 | Tak | 01:40:25.45 | +00:31:33 (31.4%) | 9:07 | 6.6 (68.8%) |
| 54 | SCHMIDT Agnieszka | 352 | | Gmina Kołbaskowo K | 4 | Tak | 01:40:31.35 | +00:31:39 (31.5%) | 9:08 | 6.6 (68.8%) |
| 55 | ZAJĄC Bożena | 344 | | OPEN -K | 41 | | 01:40:45.70 | +00:31:53 (31.7%) | 9:09 | 6.6 (68.8%) |
| 56 | DUL Magdalena | 411 | KB HERMES GRYFINO | OPEN -K | 42 | | 01:40:54.68 | +00:32:02 (31.8%) | 9:10 | 6.5 (67.7%) |
| 57 | PASTERNAK Katarzyna | 363 | | Gmina Kołbaskowo K | 5 | Tak | 01:40:58.95 | +00:32:06 (31.8%) | 9:10 | 6.5 (67.7%) |
| 58 | MEDYŃSKI Andrzej | 343 | | OPEN -M | 11 | | 01:41:02.56 | +00:32:10 (31.8%) | 9:11 | 6.5 (67.7%) |
| 59 | FRANKOWSKA Małgorzata | 399 | | OPEN -K | 43 | | 01:41:05.81 | +00:32:13 (31.9%) | 9:11 | 6.5 (67.7%) |
| 60 | NOWAK Aneta | 403 | NORDICOWELOVE | OPEN -K | 44 | | 01:41:17.35 | +00:32:25 (32.0%) | 9:12 | 6.5 (67.7%) |
| 61 | FUTYMA Karolina | 361 | | OPEN -K | 45 | | 01:41:22.53 | +00:32:30 (32.1%) | 9:12 | 6.5 (67.7%) |
| 62 | ŁUKOJĆ Bernadetta | 390 | | OPEN -K | 46 | | 01:41:34.83 | +00:32:42 (32.2%) | 9:14 | 6.5 (67.7%) |
| 63 | ABRAMOWICZ Dana | 305 | | OPEN -K | 47 | | 01:42:10.87 | +00:33:18 (32.6%) | 9:17 | 6.5 (67.7%) |
| 64 | JĘDRUCH Beata | 342 | | OPEN -K | 48 | | 01:42:34.26 | +00:33:42 (32.9%) | 9:19 | 6.4 (66.7%) |
| 65 | KAPUSTA Emilia | 303 | | OPEN -K | 49 | | 01:43:31.90 | +00:34:39 (33.5%) | 9:24 | 6.4 (66.7%) |
| 66 | KAPUSTA Marcin | 301 | | OPEN -M | 12 | | 01:43:50.18 | +00:34:58 (33.7%) | 9:26 | 6.4 (66.7%) |
| 67 | KĘDZIERSKA Beata | 369 | | OPEN -K | 50 | | 01:45:28.14 | +00:36:36 (34.7%) | 9:35 | 6.3 (65.6%) |
| 68 | GURGACZ Gabriela | 383 | WALKING WARRIORS | OPEN -K | 51 | | 01:45:48.95 | +00:36:56 (34.9%) | 9:37 | 6.2 (64.6%) |
| 69 | CEBEREK-PŁOTCZYK Marcelina | 398 | | OPEN -K | 52 | | 01:46:09.93 | +00:37:17 (35.1%) | 9:39 | 6.2 (64.6%) |
| 70 | CIEŚLAK Adam | 334 | LEGENDARY POWER SZEWC | OPEN -M | 13 | | 01:47:18.85 | +00:38:26 (35.8%) | 9:45 | 6.2 (64.6%) |

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|-----|-----------------------------------|------------|-----------------------|--------------------|------|-------|--------------------|-------------------|--------------|-------------|
| 71 | CIEŚLAK Helena | 335 | LEGENDARY POWER SZEWC | OPEN -K | 53 | | 01:47:28.51 | +00:38:36 (35.9%) | 9:46 | 6.1 (63.5%) |
| 72 | WARTALSKA Daria | 346 | | OPEN -K | 54 | | 01:47:59.68 | +00:39:07 (36.2%) | 9:49 | 6.1 (63.5%) |
| 73 | BASZURO Krystyna | 317 | | OPEN -K | 55 | | 01:48:13.99 | +00:39:21 (36.4%) | 9:50 | 6.1 (63.5%) |
| 74 | BASZURO Magdalena | 315 | | OPEN -K | 56 | | 01:48:14.76 | +00:39:22 (36.4%) | 9:50 | 6.1 (63.5%) |
| 75 | LITWICKA-ANTCZAK Agnieszka | 392 | KIJKI SIADŁO DOLNE | Gmina Kołbaskowo K | 6 | Tak | 01:49:11.21 | +00:40:19 (36.9%) | 9:55 | 6 (62.5%) |
| 76 | BARAŃSKA Edyta | 207 | KIJKI SIADŁO DOLNE | Gmina Kołbaskowo K | 7 | Tak | 01:49:11.47 | +00:40:19 (36.9%) | 9:55 | 6 (62.5%) |
| 77 | KOBYLIŃSKA-HUK Dorota | 379 | PĘDZĄCE ŚLIMAKI | Gmina Kołbaskowo K | 8 | Tak | 01:49:13.60 | +00:40:21 (37.0%) | 9:55 | 6 (62.5%) |
| 78 | MICHALAK Monika | 400 | | OPEN -K | 57 | | 01:49:59.31 | +00:41:07 (37.4%) | 9:59 | 6 (62.5%) |
| 79 | JANOWICZ Renata | 401 | MORSY SIADŁO DOLNE | OPEN -K | 58 | | 01:50:11.20 | +00:41:19 (37.5%) | 10:01 | 6 (62.5%) |
| 80 | SZCZEPANIAK Wioletta | 406 | | OPEN -K | 59 | | 01:50:12.78 | +00:41:20 (37.5%) | 10:01 | 6 (62.5%) |
| 81 | BOROWSKA Gabriela | 374 | | OPEN -K | 60 | | 01:55:25.72 | +00:46:33 (40.3%) | 10:29 | 5.7 (59.4%) |
| 82 | WYRĘBSKA Emilia | 304 | KIJKI SIADŁO DOLNE | Gmina Kołbaskowo K | 9 | Tak | 01:55:25.76 | +00:46:33 (40.3%) | 10:29 | 5.7 (59.4%) |
| 83 | WIERSZYŁOWSKA Anna | 391 | KIJKI SIADŁO DOLNE | OPEN -K | 61 | | 01:55:26.52 | +00:46:34 (40.3%) | 10:29 | 5.7 (59.4%) |
| 84 | NICZYJ Ewa | 382 | KOBIECE BIEGANIE | Gmina Kołbaskowo K | 10 | Tak | 01:55:32.28 | +00:46:40 (40.4%) | 10:30 | 5.7 (59.4%) |
| 85 | WOLSKA Magdalena | 373 | | OPEN -K | 62 | | 01:55:39.58 | +00:46:47 (40.5%) | 10:30 | 5.7 (59.4%) |
| 86 | CZERKAWSKA Wanda | 322 | | Gmina Kołbaskowo K | 11 | Tak | 01:55:54.55 | +00:47:02 (40.6%) | 10:32 | 5.7 (59.4%) |
| 87 | MIELCARZ Aneta | 381 | KOBIECE BIEGANIE | Gmina Kołbaskowo K | 12 | Tak | 01:55:54.66 | +00:47:02 (40.6%) | 10:32 | 5.7 (59.4%) |
| 88 | KOWALCZYK Zbigniew | 324 | | OPEN -M | 14 | | 01:59:06.95 | +00:50:14 (42.2%) | 10:49 | 5.5 (57.3%) |
| 89 | KOWALCZYK Alicja | 325 | | OPEN -K | 63 | | 01:59:08.85 | +00:50:16 (42.2%) | 10:49 | 5.5 (57.3%) |
| 90 | BOBROWSKA Magdalena | 318 | | Gmina Kołbaskowo K | 13 | Tak | 01:59:24.18 | +00:50:32 (42.3%) | 10:51 | 5.5 (57.3%) |
| 91 | BOBROWSKI Kamil | 320 | | OPEN -M | 15 | | 01:59:25.65 | +00:50:33 (42.3%) | 10:51 | 5.5 (57.3%) |
| 92 | RIEDEL Magdalena | 418 | KIJKI SIADŁO DOLNE | Gmina Kołbaskowo K | 14 | Tak | 02:00:02.61 | +00:51:10 (42.6%) | 10:54 | 5.5 (57.3%) |
| 93 | STANISZEWSKA Izabela | 412 | KIJKI SIADŁO DOLNE | Gmina Kołbaskowo K | 15 | Tak | 02:00:03.45 | +00:51:11 (42.6%) | 10:54 | 5.5 (57.3%) |

Znaleziono 93 wynik(ów)