



XI KOSZALIŃSKI BIEG GÓRSKI - 5 KM

B4SPORT

Wydarzenie: XI KOSZALIŃSKI BIEG GÓRSKI
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2020-06-11
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	KRYNICKA Magdalena	45		K-Open	1	00:28:20.85		5:40	10.6 (100%)
2	ŁAWNICZAK Justyna	127	#ZABIEGANINOCA	K-Open	2	00:28:32.35	+00:00:11 (0.7%)	5:42	10.5 (99.1%)
3	GÓRA Agnieszka	128	#ZABIEGANINOCA	K-Open	3	00:29:06.75	+00:00:45 (2.6%)	5:49	10.3 (97.2%)
4	PAŁASZEWSKA Karolina	75		K-Open	4	00:30:27.35	+00:02:06 (6.9%)	6:05	9.9 (93.4%)
5	ZAGALSKA Paulina	116		K-Open	5	00:31:04.70	+00:02:43 (8.8%)	6:12	9.7 (91.5%)
6	KRZEWIŃSKA Małgorzata	48	TKKF KOSZALIN	K-Open	6	00:31:14.90	+00:02:54 (9.3%)	6:15	9.6 (90.6%)
7	DEJNAK Mariola	13		K-Open	7	00:32:11.15	+00:03:50 (11.9%)	6:26	9.3 (87.7%)
8	KLUPŚ Monika	126	ROZBIEGANE JASTROWIE	K-Open	8	00:32:30.95	+00:04:10 (12.8%)	6:30	9.2 (86.8%)
9	ROMANOWICZ Monika	81	DZIKIE ŻÓŁWIE	K-Open	9	00:32:32.00	+00:04:11 (12.9%)	6:30	9.2 (86.8%)
10	SUCHODOLSKA Aleksandra	99	DZIKIE ŻÓŁWIE	K-Open	10	00:32:43.15	+00:04:22 (13.4%)	6:32	9.2 (86.8%)
11	PŁATOSZ Magda	79		K-Open	11	00:33:16.05	+00:04:55 (14.8%)	6:39	9 (84.9%)
12	SARAPUK Gabriela	86	TKKF KOSZALIN	K-Open	12	00:33:16.75	+00:04:55 (14.8%)	6:39	9 (84.9%)
13	SŁUPECKA Aneta	96		K-Open	13	00:34:04.90	+00:05:44 (16.8%)	6:49	8.8 (83.0%)
14	BOGACKA Lucyna	5	TKKF KOSZALIN	K-Open	14	00:34:41.70	+00:06:20 (18.3%)	6:56	8.6 (81.1%)
15	BUCZKO Katarzyna	8		K-Open	15	00:34:50.50	+00:06:29 (18.6%)	6:58	8.6 (81.1%)
16	PYREK Iwona	76		K-Open	16	00:34:56.30	+00:06:35 (18.9%)	6:59	8.6 (81.1%)
17	PISKORZ-WILCZAK Iwona	77		K-Open	17	00:35:03.65	+00:06:42 (19.1%)	7:00	8.6 (81.1%)
18	PISKÓRZ Justyna	78		K-Open	18	00:35:43.55	+00:07:22 (20.7%)	7:08	8.4 (79.2%)
19	HAMROL Małgorzata	21	SPORTOWY KAŻMIERZ	K-Open	19	00:36:05.00	+00:07:44 (21.4%)	7:13	8.3 (78.3%)
20	WRÓBLEWSKA Marta	263		K-Open	20	00:36:14.05	+00:07:53 (21.8%)	7:14	8.3 (78.3%)
21	ZAWADZKA Aleksandra	118		K-Open	21	00:36:15.70	+00:07:54 (21.8%)	7:15	8.3 (78.3%)
22	SŁOMSKA Dorota	95		K-Open	22	00:36:31.50	+00:08:10 (22.4%)	7:18	8.2 (77.4%)
23	STOLARSKA Marta	273		K-Open	23	00:37:09.15	+00:08:48 (23.7%)	7:26	8.1 (76.4%)
24	SZLENDAK Ewa	280	#ZABIEGANINOCA	K-Open	24	00:37:12.45	+00:08:51 (23.8%)	7:26	8.1 (76.4%)
25	BEDNARZ Katarzyna	3		K-Open	25	00:37:15.45	+00:08:54 (23.9%)	7:27	8.1 (76.4%)
26	DEJNAK Dagmara	14		K-Open	26	00:37:23.65	+00:09:02 (24.2%)	7:28	8 (75.5%)
27	SZEWCZYK Paulina	103		K-Open	27	00:38:05.00	+00:09:44 (25.6%)	7:37	7.9 (74.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
28	ZAKOŚCIELNA Katarzyna	117	DZIKIE ŻÓŁWIE	K-Open	28	00:38:12.55	+00:09:51 (25.8%)	7:38	7.8 (73.6%)
29	MAKOWSKA Monika	56		K-Open	29	00:38:35.95	+00:10:15 (26.6%)	7:43	7.8 (73.6%)
30	MARCZAK Małgorzata	61		K-Open	30	00:39:01.65	+00:10:40 (27.4%)	7:48	7.7 (72.6%)
31	MARSZAŁKOWSKA Dorota	62		K-Open	31	00:40:25.70	+00:12:04 (29.9%)	8:05	7.4 (69.8%)
32	HORANIN Anna	24	HORCIO TEAM	K-Open	32	00:41:06.45	+00:12:45 (31.0%)	8:13	7.3 (68.9%)
33	BORSUK Dorota	7		K-Open	33	00:41:40.35	+00:13:19 (32.0%)	8:20	7.2 (67.9%)
34	CIŻMOWSKA Barbara	10	MTS HAMER MIASTKO	K-Open	34	00:42:47.05	+00:14:26 (33.7%)	8:33	7 (66.0%)
35	SUDER-MAKSYMOWICZ Monika	100		K-Open	35	00:43:00.95	+00:14:40 (34.1%)	8:36	7 (66.0%)
36	KOZŁOWIECKA Małgorzata	42		K-Open	36	00:44:39.40	+00:16:18 (36.5%)	8:56	6.7 (63.2%)
37	HEDDERGOTT Kasia	23		K-Open	37	00:44:45.10	+00:16:24 (36.7%)	8:57	6.7 (63.2%)
38	KRYSTOSIK Paulina	47	BIEGAM BO LUBIĘ, BIEGAM DLA SIEBIE	K-Open	38	00:46:00.30	+00:17:39 (38.4%)	9:12	6.5 (61.3%)
39	SARBIEWSKA Gabriela	87		K-Open	39	00:46:31.90	+00:18:11 (39.1%)	9:18	6.4 (60.4%)

Znaleziono 39 wynik(ów)