



**Event:** XI Koszaliński Bieg Sylwestrowy  
**Organiser:** Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
**Date:** 2019-12-28  
**Place:** Koszalin  
**Distance:** 5 km

## XI KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM

B4SPORT



Classification: K-OPEN

Place	Participant	Number	Club	Category	MCat	Lap 1.7km	Lap 3.4km	Net time 5km	Gap	Pace min/km	Pace km/h
1	SÓJKA Klaudia	366		K18-29	1	00:06:32	00:13:30	00:19:51.11		3:58	15.1 (100%)
2	KOWALIK Natalia	188		K18-29	2	00:06:46	00:13:34	00:20:05.29	+00:00:14 (1.2%)	4:01	14.9 (98.7%)
3	KRYNICKA-GRZYB Małgorzata	202		K30-39	1	00:06:32	00:13:36	00:20:40.67	+00:00:49 (4.0%)	4:08	14.5 (96.0%)
4	ZATOŃ Olga	440		K18-29	3	00:06:50	00:14:04	00:21:02.03	+00:01:10 (5.6%)	4:12	14.3 (94.7%)
5	ZAKRZEWSKA Sara	437		K18-29	4	00:06:51	00:14:18	00:21:16.48	+00:01:25 (6.7%)	4:15	14.1 (93.4%)
6	KONKEL Agnieszka	559		K30-39	2	00:07:00	00:14:28	00:21:24.73	+00:01:33 (7.3%)	4:16	14 (92.7%)
7	MARKIEWICZ Paulina	247		K14-17	1	00:06:53	00:14:27	00:21:34.65	+00:01:43 (8.0%)	4:18	13.9 (92.1%)
8	KRYNICKA Magdalena	203		K18-29	5	00:06:34	00:14:24	00:21:40.47	+00:01:49 (8.4%)	4:20	13.8 (91.4%)
9	HAŁKA Justyna	107		K30-39	3	00:07:18	00:14:49	00:21:50.55	+00:01:59 (9.1%)	4:22	13.7 (90.7%)
10	BIAŁECKA Paula	19		K18-29	6	00:07:16	00:14:54	00:22:00.15	+00:02:09 (9.8%)	4:24	13.6 (90.1%)
11	PERLIK Katarzyna	304		K18-29	7	00:07:24	00:14:58	00:22:00.43	+00:02:09 (9.8%)	4:24	13.6 (90.1%)
12	JABŁOŃSKA-KIERSZK Beata	121		K40-49	1	00:07:27	00:15:02	00:22:10.02	+00:02:18 (10.4%)	4:26	13.5 (89.4%)
13	OBARA Żaneta	285		K40-49	2	00:07:19	00:15:04	00:22:24.67	+00:02:33 (11.4%)	4:29	13.4 (88.7%)
14	KAŹMIERCZAK Agnieszka	155		K40-49	3	00:07:31	00:15:30	00:22:58.91	+00:03:07 (13.6%)	4:35	13.1 (86.8%)
15	LITWIN Barbara	225		K30-39	4	00:07:55	00:16:06	00:23:27.00	+00:03:35 (15.3%)	4:41	12.8 (84.8%)
16	WOŹNIECKA Karolina	431		K30-39	5	00:07:53	00:16:00	00:23:28.10	+00:03:36 (15.4%)	4:41	12.8 (84.8%)
17	KACZMAREK Marta	139		K30-39	6	00:07:33	00:15:50	00:23:29.71	+00:03:38 (15.5%)	4:42	12.8 (84.8%)
18	KRZEWIŃSKA Małgorzata	205		K60+	1	00:08:06	00:16:07	00:23:35.48	+00:03:44 (15.9%)	4:43	12.7 (84.1%)
19	RELUGA Małgorzata	334		K50-59	1	00:07:49	00:15:56	00:23:38.03	+00:03:46 (16.0%)	4:43	12.7 (84.1%)
20	GEDROWICZ Aleksandra	83		K30-39	7	00:07:32	00:15:52	00:23:39.27	+00:03:48 (16.1%)	4:44	12.7 (84.1%)
21	SPOLSKA Weronika	368		K18-29	8	00:08:09	00:16:17	00:23:43.99	+00:03:52 (16.4%)	4:44	12.6 (83.4%)
22	TOMASZEWICZ Magdalena	396		K40-49	4	00:07:31	00:15:52	00:23:47.55	+00:03:56 (16.6%)	4:45	12.6 (83.4%)
23	GLEWICZ Sylwia	85		K30-39	8	00:08:06	00:16:12	00:23:50.97	+00:03:59 (16.8%)	4:46	12.6 (83.4%)
24	RODZIEWICZ-CZAPLIŃSKA Agnieszka	338		K40-49	5	00:08:02	00:16:25	00:24:21.73	+00:04:30 (18.5%)	4:52	12.3 (81.5%)
25	KOSIARKIEWICZ Martyna	186		K14-17	2	00:07:48	00:16:18	00:24:21.81	+00:04:30 (18.5%)	4:52	12.3 (81.5%)
26	WĄSOWICZ Anna	405		K30-39	9	00:08:26	00:16:44	00:24:29.76	+00:04:38 (19.0%)	4:54	12.2 (80.8%)
27	MICKIEWICZ Maja	257		K14-17	3	00:07:39	00:16:23	00:24:33.50	+00:04:42 (19.2%)	4:54	12.2 (80.8%)

Place	Participant	Number	Club	Category	MCat	Lap 1.7km	Lap 3.4km	Net time 5km	Gap	Pace min/km	Pace km/h
28	DRABKOWSKA Agnieszka	62		K40-49	6	00:08:02	00:16:33	00:24:38.62	+00:04:47 (19.4%)	4:55	12.2 (80.8%)
29	DRULIK-HOŁUB Marta	64		K40-49	7	00:08:14	00:16:45	00:24:45.46	+00:04:54 (19.8%)	4:57	12.1 (80.1%)
30	KNUT POTOCZNIK Gabriela	165		K30-39	10	00:08:38	00:17:00	00:24:50.48	+00:04:59 (20.1%)	4:58	12.1 (80.1%)
31	SARAPUK Gabriela	347		K40-49	8	00:08:39	00:17:04	00:24:59.11	+00:05:07 (20.5%)	4:59	12 (79.5%)
32	KOŁODZIEJCZYK Danuta	172		K50-59	2	00:08:21	00:16:59	00:25:06.46	+00:05:15 (20.9%)	5:01	12 (79.5%)
33	NOSAL Martyna	280		K14-17	4	00:08:40	00:17:23	00:25:07.72	+00:05:16 (21.0%)	5:01	11.9 (78.8%)
34	MUERAU-NOWICKA Hanna	272		K50-59	3	00:08:39	00:17:21	00:25:10.24	+00:05:19 (21.1%)	5:02	11.9 (78.8%)
35	NOWICKA Natalia	284		K18-29	9	00:08:39	00:17:21	00:25:10.70	+00:05:19 (21.2%)	5:02	11.9 (78.8%)
36	PISKORZ-WILCZAK Iwona	314		K40-49	9	00:08:30	00:16:56	00:25:14.53	+00:05:23 (21.4%)	5:02	11.9 (78.8%)
37	DEJNAK Mariola	54		K60+	2	00:08:27	00:17:07	00:25:18.73	+00:05:27 (21.6%)	5:03	11.8 (78.1%)
38	KACZMARYK Jolanta	140		K40-49	10	00:08:19	00:17:05	00:25:21.28	+00:05:30 (21.7%)	5:04	11.8 (78.1%)
39	WOŹNIAK Monika	428		K30-39	11	00:08:39	00:17:25	00:25:25.76	+00:05:34 (21.9%)	5:05	11.8 (78.1%)
40	SZOT Ewa	382		K40-49	11	00:08:19	00:16:58	00:25:26.88	+00:05:35 (22.0%)	5:05	11.8 (78.1%)
41	GRABOWSKA-LESISZ Aneta	94		K40-49	12	00:08:25	00:17:17	00:25:40.52	+00:05:49 (22.7%)	5:08	11.7 (77.5%)
42	SUCHODOLSKA Aleksandra	376		K30-39	12	00:09:20	00:18:01	00:25:42.19	+00:05:51 (22.8%)	5:08	11.7 (77.5%)
43	KOWALCZYK Karolina	187		K40-49	13	00:08:42	00:17:28	00:25:45.12	+00:05:54 (22.9%)	5:09	11.7 (77.5%)
44	MONGIAŁO Aleksandra	266		K30-39	13	00:08:53	00:17:37	00:25:47.15	+00:05:56 (23.0%)	5:09	11.6 (76.8%)
45	BOGACKA Lucyna	22		K60+	3	00:08:44	00:17:30	00:25:53.51	+00:06:02 (23.3%)	5:10	11.6 (76.8%)
46	KOLIGAT Anna	168		K30-39	14	00:09:01	00:17:40	00:25:53.62	+00:06:02 (23.3%)	5:10	11.6 (76.8%)
47	BARTON Krystyna	14		K50-59	4	00:08:26	00:17:25	00:25:57.79	+00:06:06 (23.5%)	5:11	11.6 (76.8%)
48	BOJAR Natalia	24		K30-39	15	00:08:55	00:17:39	00:25:58.65	+00:06:07 (23.6%)	5:11	11.6 (76.8%)
49	FRIESKE Anna	75		K14-17	5	00:07:42	00:16:34	00:26:00.91	+00:06:09 (23.7%)	5:12	11.5 (76.2%)
50	PAWŁOWSKA Anna	301		K30-39	16	00:08:32	00:17:30	00:26:01.70	+00:06:10 (23.7%)	5:12	11.5 (76.2%)
51	WRÓBLEWSKA Marta	432		K40-49	14	00:08:56	00:17:46	00:26:02.84	+00:06:11 (23.8%)	5:12	11.5 (76.2%)
52	SŁUPECKA Aneta	363		K30-39	17	00:09:03	00:18:00	00:26:13.62	+00:06:22 (24.3%)	5:14	11.4 (75.5%)
53	HAŁAJKO Magdalena	106		K30-39	18	00:09:07	00:17:52	00:26:27.71	+00:06:36 (25.0%)	5:17	11.3 (74.8%)
54	OWCZARKA-TUCKA Monika	295		K40-49	15	00:09:01	00:18:02	00:26:27.99	+00:06:36 (25.0%)	5:17	11.3 (74.8%)
55	MILLENNIUM Milena Pięta	260		K30-39	19	00:09:01	00:18:02	00:26:28.29	+00:06:37 (25.0%)	5:17	11.3 (74.8%)
56	MARCZAK Małgorzata	245		K50-59	5	00:08:54	00:18:00	00:26:48.18	+00:06:57 (25.9%)	5:21	11.2 (74.2%)
57	SŁOMSKA Dorota	362		K30-39	20	00:09:28	00:18:36	00:26:48.30	+00:06:57 (25.9%)	5:21	11.2 (74.2%)
58	PISKÓRZ Justyna	315		K30-39	21	00:08:41	00:18:07	00:26:48.98	+00:06:57 (26.0%)	5:21	11.2 (74.2%)
59	KOPIEC-PARYSIAK Iwona	177		K30-39	22	00:09:10	00:18:20	00:26:54.73	+00:07:03 (26.2%)	5:23	11.1 (73.5%)
60	ŚWITOŃ Magdalena	394		K30-39	23	00:09:05	00:18:12	00:26:55.56	+00:07:04 (26.3%)	5:23	11.1 (73.5%)
61	JUSZCZYK Agnieszka	137		K30-39	24	00:09:23	00:18:30	00:26:56.62	+00:07:05 (26.3%)	5:23	11.1 (73.5%)
62	CYGAN Marta	48		K18-29	10	00:09:21	00:18:28	00:26:58.46	+00:07:07 (26.4%)	5:23	11.1 (73.5%)
63	MILAS Wiktoria	259		K14-17	6	00:09:00	00:18:14	00:27:11.88	+00:07:20 (27.0%)	5:26	11 (72.8%)
64	JUSINSKA Anna	134		K40-49	16	00:09:05	00:18:20	00:27:11.98	+00:07:20 (27.0%)	5:26	11 (72.8%)
65	BRZOZOWSKA Barbara	28		K40-49	17	00:09:17	00:18:34	00:27:15.38	+00:07:24 (27.2%)	5:27	11 (72.8%)
66	ROMANOWICZ Monika	340		K30-39	25	00:09:18	00:18:40	00:27:19.79	+00:07:28 (27.4%)	5:28	11 (72.8%)
67	NAWROCKA Anna	276		K30-39	26	00:09:00	00:18:27	00:27:20.62	+00:07:29 (27.4%)	5:28	11 (72.8%)
68	DEJNAK Dagmara	55		K30-39	27	00:09:33	00:18:40	00:27:21.32	+00:07:30 (27.4%)	5:28	11 (72.8%)
69	MAJSIUK Agnieszka	238		K40-49	18	00:09:20	00:18:45	00:27:30.95	+00:07:39 (27.9%)	5:30	10.9 (72.2%)
70	RASZPLA Ilona	331		K40-49	19	00:09:24	00:18:43	00:27:37.37	+00:07:46 (28.1%)	5:31	10.9 (72.2%)
71	DERLIŃSKA Kasia	57		K30-39	28	00:09:09	00:18:40	00:27:38.86	+00:07:47 (28.2%)	5:31	10.8 (71.5%)

Net											
Place	Participant	Number	Club	Category	MCat	Lap 1.7km	Lap 3.4km	Net time 5km	Gap	Pace min/km	Pace km/h
72	MITUNIEWICZ Renata	264		K50-59	6	00:09:07	00:18:47	00:27:46.26	+00:07:55 (28.5%)	5:33	10.8 (71.5%)
73	SADOWSKA Justyna	346		K30-39	29	00:09:29	00:19:03	00:27:49.21	+00:07:58 (28.6%)	5:33	10.8 (71.5%)
74	PŁAŻALSKA Sylwia	317		K30-39	30	00:09:28	00:19:22	00:27:51.95	+00:08:00 (28.8%)	5:34	10.8 (71.5%)
75	ŻMUDA Monika	555		K40-49	20	00:09:37	00:19:16	00:27:58.38	+00:08:07 (29.0%)	5:35	10.7 (70.9%)
76	POTYRAŁA Anna	325		K18-29	11	00:09:17	00:18:50	00:27:59.34	+00:08:08 (29.1%)	5:36	10.7 (70.9%)
77	DORAWA-ZIOMEK Anna	60		K30-39	31	00:09:55	00:19:35	00:28:01.59	+00:08:10 (29.2%)	5:36	10.7 (70.9%)
78	STALUSZKA Marta	370		K18-29	12	00:09:20	00:18:52	00:28:02.64	+00:08:11 (29.2%)	5:36	10.7 (70.9%)
79	WOLF Beata	427		K40-49	21	00:09:44	00:19:09	00:28:08.68	+00:08:17 (29.5%)	5:37	10.7 (70.9%)
80	RADOSZ Katarzyna	329		K40-49	22	00:09:41	00:19:12	00:28:20.23	+00:08:29 (29.9%)	5:40	10.6 (70.2%)
81	MALINOWSKA-BURDA Aleksandra	239		K30-39	32	00:09:14	00:19:07	00:28:20.81	+00:08:29 (30.0%)	5:40	10.6 (70.2%)
82	BEDNARZ Katarzyna	16		K40-49	23	00:09:38	00:19:18	00:28:28.56	+00:08:37 (30.3%)	5:41	10.5 (69.5%)
83	ZAKOŚCIELNA Katarzyna	436		K30-39	33	00:09:57	00:19:36	00:28:28.58	+00:08:37 (30.3%)	5:41	10.5 (69.5%)
84	LAL Monika	216		K50-59	7	00:09:14	00:19:08	00:28:37.73	+00:08:46 (30.7%)	5:43	10.5 (69.5%)
85	MICHALAK Anna	254		K30-39	34	00:09:36	00:19:37	00:28:50.66	+00:08:59 (31.2%)	5:46	10.4 (68.9%)
86	WESOŁOWSKA Justyna	410		K30-39	35	00:09:17	00:19:46	00:29:02.43	+00:09:11 (31.6%)	5:48	10.3 (68.2%)
87	KOROL Dominika	182		K18-29	13	00:09:59	00:20:04	00:29:07.34	+00:09:16 (31.8%)	5:49	10.3 (68.2%)
88	BARSKA Barbara	11		K18-29	14	00:09:55	00:19:55	00:29:10.62	+00:09:19 (32.0%)	5:50	10.3 (68.2%)
89	NOSAL Anna	282		K30-39	36	00:10:10	00:20:13	00:29:15.69	+00:09:24 (32.2%)	5:51	10.3 (68.2%)
90	SERAFIN Asia	355		K40-49	24	00:09:29	00:19:44	00:29:15.75	+00:09:24 (32.2%)	5:51	10.3 (68.2%)
91	SWOROWSKA Katarzyna	378		K30-39	37	00:09:30	00:19:30	00:29:17.88	+00:09:26 (32.2%)	5:51	10.2 (67.5%)
92	BORSUK Dorota	25		K40-49	25	00:10:06	00:20:07	00:29:19.31	+00:09:28 (32.3%)	5:52	10.2 (67.5%)
93	WENTA Malwina	409		K30-39	38	00:09:46	00:19:52	00:29:29.78	+00:09:38 (32.7%)	5:54	10.2 (67.5%)
94	JEWUŁA Agata	132		K30-39	39	00:09:45	00:19:51	00:29:29.85	+00:09:38 (32.7%)	5:54	10.2 (67.5%)
95	KOPEĆ Magdalena	175		K40-49	26	00:09:45	00:19:52	00:29:30.11	+00:09:39 (32.7%)	5:54	10.2 (67.5%)
96	KOROL Elżbieta	181		K40-49	27	00:09:59	00:20:07	00:29:31.95	+00:09:40 (32.8%)	5:54	10.2 (67.5%)
97	MISZCZYSZYN Ilona	262		K40-49	28	00:09:53	00:19:55	00:29:33.37	+00:09:42 (32.8%)	5:54	10.2 (67.5%)
98	KRYSEWSKA Magdalena	204		K30-39	40	00:09:59	00:20:15	00:30:07.34	+00:10:16 (34.1%)	6:01	10 (66.2%)
99	WOJANOWSKA Maryla	423		K60+	4	00:09:46	00:20:09	00:30:10.17	+00:10:19 (34.2%)	6:02	9.9 (65.6%)
100	CHREBOR Joanna	41		K30-39	41	00:09:18	00:19:41	00:30:10.90	+00:10:19 (34.2%)	6:02	9.9 (65.6%)
101	GRAJCZAK Dagmara	95		K40-49	29	00:10:30	00:20:41	00:30:16.87	+00:10:25 (34.4%)	6:03	9.9 (65.6%)
102	BUDZYŃSKA Elżbieta	30		K50-59	8	00:09:58	00:20:30	00:30:16.99	+00:10:25 (34.4%)	6:03	9.9 (65.6%)
103	SUDER-MAKSYMOWICZ Monika	377		K30-39	42	00:10:20	00:20:46	00:30:22.07	+00:10:30 (34.6%)	6:04	9.9 (65.6%)
104	GAPIŃSKA Agnieszka	77		K30-39	43	00:10:23	00:21:21	00:30:27.76	+00:10:36 (34.8%)	6:05	9.9 (65.6%)
105	PAWELEC Marta	300		K30-39	44	00:09:50	00:20:46	00:30:36.29	+00:10:45 (35.1%)	6:07	9.8 (64.9%)
106	WAGA Żaneta	400		K40-49	30	00:09:58	00:20:32	00:30:42.41	+00:10:51 (35.4%)	6:08	9.8 (64.9%)
107	MERKIS Małgorzata	252		K40-49	31	00:10:33	00:21:06	00:30:42.81	+00:10:51 (35.4%)	6:08	9.8 (64.9%)
108	STANKIEWICZ Joanna	372		K40-49	32	00:10:34	00:21:07	00:30:46.34	+00:10:55 (35.5%)	6:09	9.8 (64.9%)
109	KARASIUK Renata	149		K30-39	45	00:09:52	00:20:41	00:30:59.65	+00:11:08 (35.9%)	6:11	9.7 (64.2%)
110	GIL Beata	84		K40-49	33	00:10:01	00:20:44	00:31:02.42	+00:11:11 (36.0%)	6:12	9.7 (64.2%)
111	PEŁKA Iwona	303		K50-59	9	00:10:46	00:21:28	00:31:02.96	+00:11:11 (36.1%)	6:12	9.7 (64.2%)
112	SOBKA Monika	364		K40-49	34	00:10:23	00:21:10	00:31:07.02	+00:11:15 (36.2%)	6:13	9.6 (63.6%)
113	STRZELECKA-DRAGUN Halina	375		K60+	5	00:10:15	00:20:54	00:31:12.05	+00:11:20 (36.4%)	6:14	9.6 (63.6%)
114	MACIEJCZAK Karolina	232		K40-49	35	00:10:23	00:21:21	00:31:20.98	+00:11:29 (36.7%)	6:16	9.6 (63.6%)
115	WEISS-SZULC Barbara	407		K40-49	36	00:10:14	00:20:59	00:31:30.40	+00:11:39 (37.0%)	6:18	9.5 (62.9%)

Place	Participant	Number	Club	Category	MCat	Lap 1.7km	Lap 3.4km	Net time 5km	Gap	Pace min/km	Pace km/h
116	KOPEĆ Dagmara	58		K30-39	46	00:09:57	00:21:20	00:31:58.44	+00:12:07 (37.9%)	6:23	9.4 (62.3%)
117	KOZŁOWIECKA Małgorzata	192		K50-59	10	00:10:25	00:21:31	00:32:00.28	+00:12:09 (38.0%)	6:24	9.4 (62.3%)
118	SZUDOBAJ Hanna	385		K50-59	11	00:10:18	00:20:32	00:32:03.95	+00:12:12 (38.1%)	6:24	9.4 (62.3%)
119	PACYNA Izabela	296		K30-39	47	00:10:45	00:21:43	00:32:18.77	+00:12:27 (38.6%)	6:27	9.3 (61.6%)
120	KRAWCZUK Joanna	197		K30-39	48	00:10:52	00:22:05	00:32:22.37	+00:12:31 (38.7%)	6:28	9.3 (61.6%)
121	KORUBA Monika	183		K40-49	37	00:10:40	00:21:41	00:32:26.53	+00:12:35 (38.8%)	6:29	9.2 (60.9%)
122	KOŁODZIEJCZAK Joanna	171		K40-49	38	00:11:00	00:22:20	00:33:02.53	+00:13:11 (39.9%)	6:36	9.1 (60.3%)
123	OLESIŃSKA Patrycja	288		K18-29	15	00:09:30	00:21:30	00:33:12.89	+00:13:21 (40.2%)	6:38	9 (59.6%)
124	WALCZAK Agnieszka	401		K40-49	39	00:11:01	00:22:39	00:33:21.34	+00:13:30 (40.5%)	6:40	9 (59.6%)
125	SARBIEWSKA Gabriela	349		K30-39	49	00:10:58	00:22:47	00:33:40.16	+00:13:49 (41.0%)	6:44	8.9 (58.9%)
126	PAŁASZ Karolina	297		K30-39	50	00:10:51	00:22:51	00:33:50.46	+00:13:59 (41.3%)	6:46	8.9 (58.9%)
127	KAZIMIERCZAK Izabela	153		K30-39	51	00:11:00	00:23:12	00:34:38.44	+00:14:47 (42.7%)	6:55	8.7 (57.6%)
128	JANAS Karolina	124		K18-29	16	00:11:02	00:23:15	00:35:10.95	+00:15:19 (43.6%)	7:02	8.5 (56.3%)
129	BENEWIAT Aleksandra	17		K50-59	12	00:11:38	00:23:58	00:35:26.91	+00:15:35 (44.0%)	7:05	8.5 (56.3%)
130	ZUBEL Beata	449		K50-59	13	00:11:38	00:23:58	00:35:26.94	+00:15:35 (44.0%)	7:05	8.5 (56.3%)
131	MACIEJEWSKA Agnieszka	233		K18-29	17	00:11:26	00:24:23	00:35:39.29	+00:15:48 (44.3%)	7:08	8.4 (55.6%)
132	HEDDERGOTT Katarzyna	111		K40-49	40	00:11:38	00:24:18	00:35:50.86	+00:15:59 (44.6%)	7:10	8.4 (55.6%)
133	JEZIOWSKA Danuta	87		K50-59	14	00:11:47	00:24:18	00:36:11.22	+00:16:20 (45.1%)	7:14	8.3 (55.0%)
134	SIENKIEWICZ Monika	89		K50-59	15	00:11:48	00:24:18	00:36:11.60	+00:16:20 (45.2%)	7:14	8.3 (55.0%)
135	SIENKIEWICZ Ewelina	343		K30-39	52	00:11:48	00:24:18	00:36:12.58	+00:16:21 (45.2%)	7:14	8.3 (55.0%)
136	WYDERKA Agnieszka	434		K18-29	18	00:11:38	00:24:16	00:36:40.67	+00:16:49 (45.9%)	7:20	8.2 (54.3%)
137	LUBIERSKA Ewa	226		K40-49	41	00:12:43	00:27:46	00:41:17.08	+00:21:25 (51.9%)	8:15	7.3 (48.3%)
138	WOŹNIAK Iwona	430		K40-49	42	00:13:20	00:27:20	00:41:45.99	+00:21:54 (52.5%)	8:21	7.2 (47.7%)

Total 138 results.