



XI MARATON SIERPNIOWY IM. LECHA WAŁĘSY - MARATON MĘŻCZYŹNI

B4SPORT

Event: XI Maraton Sierpniowy im. Lecha Wałęsy
Organiser: Stowarzyszenie Kultury Fizycznej Twister Trójmiasto (SKF Twister Trójmiasto)
Date: 2019-08-17
Place: Gdańsk
Distance: 42.195 km



Classification: All

| Place | Participant | Number | Club | Category | MCat | Laps | | | | | | | | Net time | Gap | Pace min/km | Pace km/h |
|-------|---------------------|--------|---------------------------------|---------------|------|----------|----------|----------|----------|----------|----------|----------|----------|--------------------|-------------------|-------------|--------------|
| | | | | | | 3.15km | 8.4km | 13.65km | 18.9km | 24.15km | 29.4km | 34.65km | 39.9km | | | | |
| 1 | SWINGS Bart | 192 | POWERSLIDE | Senior | 1 | 00:04:33 | 00:12:31 | 00:20:30 | 00:28:41 | 00:36:40 | 00:44:43 | 00:52:54 | 01:01:07 | 01:05:30.58 | | 1:33 | 38.7 (100%) |
| 2 | FERNANDEZ Ewen | 244 | | Mężczyźni | 1 | 00:04:33 | 00:12:32 | 00:20:30 | 00:28:41 | 00:36:40 | 00:44:43 | 00:52:54 | 01:01:07 | 01:05:31.31 | +00:00:00 (0.0%) | 1:33 | 38.7 (100%) |
| 3 | CIEŻKI Paweł | 30 | MERCATEO.PL | PZSW-Senior | 1 | 00:04:42 | 00:13:28 | 00:22:34 | 00:31:19 | 00:39:41 | 00:48:51 | 00:57:58 | 01:07:40 | 01:12:18.36 | +00:06:47 (9.4%) | 1:42 | 35 (90.4%) |
| 4 | CHOJNACKI Bartosz | 26 | MEDIA CREATION-MAPEI-BLADEVILLE | PZSW-Senior | 2 | 00:04:42 | 00:13:27 | 00:22:33 | 00:31:18 | 00:39:39 | 00:49:03 | 00:57:57 | 01:07:39 | 01:12:18.89 | +00:06:48 (9.4%) | 1:42 | 35 (90.4%) |
| 5 | BACHANEK Marcin | 4 | GKS STOCZNIOWIEC GDAŃSK | PZSW-Senior | 3 | 00:04:42 | 00:13:28 | 00:22:33 | 00:31:18 | 00:39:41 | 00:49:04 | 00:57:58 | 01:07:39 | 01:12:19.94 | +00:06:49 (9.4%) | 1:42 | 35 (90.4%) |
| 6 | KANIA Marek | 80 | LEGIA WARSZAWA | PZSW-Senior | 4 | 00:04:56 | 00:13:30 | 00:22:35 | 00:31:20 | 00:39:42 | 00:49:04 | 00:57:59 | 01:07:41 | 01:12:20.25 | +00:06:49 (9.4%) | 1:42 | 35 (90.4%) |
| 7 | ŚWIĄTEK Jan | 210 | GKS STOCZNIOWIEC GDAŃSK | PZSW-Senior | 5 | 00:04:56 | 00:13:30 | 00:22:35 | 00:31:20 | 00:39:42 | 00:49:05 | 00:57:59 | 01:07:40 | 01:12:20.37 | +00:06:49 (9.4%) | 1:42 | 35 (90.4%) |
| 8 | SOLGA Mateusz | 184 | PLICH WYSCIK | PZSW-M-30 | 1 | 00:04:56 | 00:13:28 | 00:22:33 | 00:31:18 | 00:39:40 | 00:49:04 | 00:57:57 | 01:07:40 | 01:12:21.02 | +00:06:50 (9.5%) | 1:42 | 35 (90.4%) |
| 9 | SERENA Emanuele | 177 | ASCO SKATINGCONCOREZZO | M-40 | 1 | 00:04:55 | 00:13:26 | 00:22:31 | 00:31:10 | 00:39:38 | 00:49:05 | 00:57:59 | 01:07:41 | 01:12:21.17 | +00:06:50 (9.5%) | 1:42 | 35 (90.4%) |
| 10 | KANIA Mateusz | 81 | LEGIA WARSZAWA | PZSW-Senior | 6 | 00:04:55 | 00:13:29 | 00:22:34 | 00:31:19 | 00:39:40 | 00:49:05 | 00:57:58 | 01:07:40 | 01:12:24.97 | +00:06:54 (9.5%) | 1:42 | 35 (90.4%) |
| 11 | JANICKI Artur | 68 | DUSZNIKI ZDRÓJ | PZSW-Senior | 7 | 00:04:55 | 00:13:28 | 00:22:34 | 00:31:11 | 00:39:40 | 00:49:03 | 00:57:58 | 01:07:34 | 01:12:28.05 | +00:06:57 (9.6%) | 1:42 | 35 (90.4%) |
| 12 | MAZUREK Sebastian | 124 | JABRA ROLLER TEAM | PZSW-M-30 | 2 | 00:04:56 | 00:13:29 | 00:22:32 | 00:31:19 | 00:39:41 | 00:49:04 | 00:57:58 | 01:07:40 | 01:12:33.28 | +00:07:02 (9.7%) | 1:43 | 34.9 (90.2%) |
| 13 | BINIEK Marcin | 13 | PLICH WYŚCIG | PZSW-M-40 | 1 | 00:05:16 | 00:14:23 | 00:23:34 | 00:32:51 | 00:42:08 | 00:51:20 | 01:00:50 | 01:10:12 | 01:14:52.71 | +00:09:22 (12.5%) | 1:46 | 33.8 (87.3%) |
| 14 | PAWELEC Mirosław | 158 | JABRA ROLLER TEAM | PZSW-M-30 | 3 | 00:04:57 | 00:13:29 | 00:22:34 | 00:31:19 | 00:40:56 | 00:51:12 | 01:00:49 | 01:10:11 | 01:14:53.12 | +00:09:22 (12.5%) | 1:46 | 33.8 (87.3%) |
| 15 | MIKOSA Piotr | 130 | UKS ZNICZ KŁODZKO | PZSW-Junior A | 1 | 00:05:16 | 00:14:21 | 00:23:31 | 00:32:48 | 00:42:10 | 00:51:16 | 01:00:50 | 01:10:10 | 01:14:53.63 | +00:09:23 (12.5%) | 1:46 | 33.8 (87.3%) |
| 16 | MILER Łukasz | 245 | PLICHWYSCIG.PL | PZSW-M-30 | 4 | 00:04:58 | 00:13:30 | 00:22:34 | 00:31:20 | 00:40:04 | 00:50:38 | 01:00:49 | 01:10:11 | 01:14:53.68 | +00:09:23 (12.5%) | 1:46 | 33.8 (87.3%) |
| 17 | SZUMLAS Arkadiusz | 203 | PROLUBE SPEED TEAM | PZSW-Senior | 8 | 00:05:15 | 00:14:19 | 00:23:31 | 00:32:50 | 00:42:10 | 00:51:18 | 01:00:51 | 01:10:11 | 01:14:53.76 | +00:09:23 (12.5%) | 1:46 | 33.8 (87.3%) |
| 18 | PODSIADŁO Krzysztof | 164 | LEGIA WARSZAWA | PZSW-Senior | 9 | 00:04:58 | 00:14:17 | 00:23:31 | 00:32:48 | 00:42:09 | 00:51:16 | 01:00:50 | 01:10:11 | 01:14:54.16 | +00:09:23 (12.5%) | 1:46 | 33.8 (87.3%) |
| 19 | KARCZEWSKI Karol | 84 | LEGIA WARSZAWA | PZSW-Junior A | 2 | 00:05:15 | 00:14:21 | 00:23:31 | 00:32:46 | 00:42:09 | 00:51:17 | 01:00:49 | 01:10:10 | 01:14:54.31 | +00:09:23 (12.5%) | 1:46 | 33.8 (87.3%) |

| Place | Participant | Number | Club | Category | MCat | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Net | Gap | Pace min/km | Pace km/h |
|-------|-------------------------------|------------|--------------------------------------|---------------|------|----------|----------|----------|----------|----------|----------|----------|----------|--------------------|-------------------|----------------|--------------|
| | | | | | | 3.15km | 8.4km | 13.65km | 18.9km | 24.15km | 29.4km | 34.65km | 39.9km | 42.23km | | | |
| 20 | FLEJSZER Łukasz | 41 | UCZNIOWSKI KLUB SPORTOWY ZWOŁEŃ-TEAM | PZSW-M-30 | 5 | 00:04:56 | 00:13:45 | 00:23:29 | 00:32:47 | 00:42:08 | 00:51:18 | 01:00:50 | 01:10:11 | 01:14:55.37 | +00:09:24 (12.6%) | 1:46 | 33.8 (87.3%) |
| 21 | BUKOWSKI Maciej | 21 | ROLLA SPEED TEAM/MKS BŁYSKAWICA | PZSW-M-30 | 6 | 00:05:15 | 00:14:19 | 00:23:29 | 00:32:50 | 00:42:10 | 00:51:15 | 01:00:52 | 01:10:13 | 01:14:55.47 | +00:09:24 (12.6%) | 1:46 | 33.8 (87.3%) |
| 22 | MIKOSA Wojciech | 131 | UKS ZNICZ KŁODZKO | PZSW-Junior A | 3 | 00:05:15 | 00:14:20 | 00:23:32 | 00:32:49 | 00:42:11 | 00:51:16 | 01:00:50 | 01:10:10 | 01:14:55.89 | +00:09:25 (12.6%) | 1:46 | 33.8 (87.3%) |
| 23 | CESULIS Viktoras | 243 | RIEDUCIN AKADEMIJA | M-30 | 1 | 00:05:13 | 00:14:20 | 00:23:32 | 00:32:46 | 00:42:07 | 00:51:21 | 01:00:52 | 01:10:13 | 01:14:55.99 | +00:09:25 (12.6%) | 1:46 | 33.8 (87.3%) |
| 24 | BECH Mieszko | 9 | UKS ZNICZ KŁODZKO | PZSW-Junior A | 4 | 00:05:16 | 00:14:21 | 00:23:32 | 00:32:50 | 00:42:10 | 00:51:22 | 01:00:52 | 01:10:14 | 01:14:57.15 | +00:09:26 (12.6%) | 1:46 | 33.8 (87.3%) |
| 25 | IGNASZAK Michał | 64 | PLICHWYŚCIG.PL | PZSW-M-30 | 7 | 00:04:57 | 00:14:18 | 00:23:29 | 00:32:46 | 00:42:07 | 00:51:17 | 01:00:50 | 01:10:11 | 01:14:57.22 | +00:09:26 (12.6%) | 1:46 | 33.8 (87.3%) |
| 26 | GAWEŁ Rafał | 48 | AZS AWF KATOWICE / PLICHWYSCIG.PL | PZSW-Senior | 10 | 00:05:15 | 00:14:22 | 00:23:32 | 00:32:45 | 00:42:09 | 00:51:17 | 01:00:50 | 01:10:13 | 01:14:57.41 | +00:09:26 (12.6%) | 1:46 | 33.8 (87.3%) |
| 27 | PRONOBIS Mateusz | 167 | SILESIA SKATING | PZSW-M-30 | 8 | 00:05:15 | 00:14:23 | 00:23:33 | 00:32:48 | 00:42:09 | 00:51:20 | 01:00:51 | 01:10:12 | 01:14:57.48 | +00:09:26 (12.6%) | 1:46 | 33.8 (87.3%) |
| 28 | ZGRZYWA Marek | 231 | JABRA ROLLER TEAM | PZSW-Junior B | 1 | 00:05:14 | 00:14:19 | 00:23:30 | 00:32:47 | 00:42:09 | 00:51:16 | 01:00:51 | 01:10:10 | 01:14:57.52 | +00:09:26 (12.6%) | 1:46 | 33.8 (87.3%) |
| 29 | KOC Marcin | 87 | ROLLA SPEED TEAM TORUŃ BŁYSKAWICA | PZSW-M-40 | 2 | 00:05:16 | 00:14:23 | 00:23:33 | 00:32:49 | 00:42:09 | 00:51:19 | 01:00:51 | 01:10:12 | 01:14:57.61 | +00:09:27 (12.6%) | 1:46 | 33.8 (87.3%) |
| 30 | SYMONENKO Oleksandr | 194 | SAM ROLLER CLUB | M-50 | 1 | 00:05:14 | 00:14:20 | 00:23:29 | 00:32:46 | 00:42:07 | 00:51:18 | 01:00:52 | 01:10:12 | 01:14:57.66 | +00:09:27 (12.6%) | 1:46 | 33.8 (87.3%) |
| 31 | DUDA Marcin | 38 | ROLLA SPEED TEAM | PZSW-M-30 | 9 | 00:05:13 | 00:14:19 | 00:23:30 | 00:32:47 | 00:42:08 | 00:51:18 | 01:00:48 | 01:10:12 | 01:14:57.72 | +00:09:27 (12.6%) | 1:46 | 33.8 (87.3%) |
| 32 | GADEK Wojciech | 49 | SILESIA SKATING | PZSW-M-40 | 3 | 00:05:14 | 00:14:22 | 00:23:31 | 00:32:48 | 00:42:08 | 00:51:17 | 01:00:50 | 01:10:11 | 01:14:57.77 | +00:09:27 (12.6%) | 1:46 | 33.8 (87.3%) |
| 33 | ROJ Janusz | 171 | SILESIA SKATING | PZSW-M-40 | 4 | 00:05:17 | 00:14:22 | 00:23:33 | 00:32:49 | 00:42:09 | 00:51:18 | 01:00:51 | 01:10:12 | 01:14:58.19 | +00:09:27 (12.6%) | 1:46 | 33.8 (87.3%) |
| 34 | KLIPSTEIN Heiko | 86 | OBFST | M-50 | 2 | 00:05:16 | 00:14:19 | 00:23:30 | 00:32:47 | 00:42:08 | 00:51:14 | 01:00:51 | 01:10:14 | 01:14:58.24 | +00:09:27 (12.6%) | 1:46 | 33.8 (87.3%) |
| 35 | CHARUBIN Sławomir | 25 | PLICHWYŚCIG.PL TEAM | PZSW-M-50 | 1 | 00:05:17 | 00:14:21 | 00:23:33 | 00:32:47 | 00:42:07 | 00:51:21 | 01:00:51 | 01:10:12 | 01:14:58.36 | +00:09:27 (12.6%) | 1:46 | 33.8 (87.3%) |
| 36 | WITKE Marius | 221 | RSC KIRRLACH | M-60 | 1 | 00:05:17 | 00:14:22 | 00:23:32 | 00:32:48 | 00:42:09 | 00:51:19 | 01:00:50 | 01:10:11 | 01:14:58.48 | +00:09:27 (12.6%) | 1:46 | 33.8 (87.3%) |
| 37 | POSADOWSKI Kazimierz | 165 | OBFST | M-60 | 2 | 00:05:16 | 00:14:22 | 00:23:32 | 00:32:47 | 00:42:09 | 00:51:21 | 01:00:51 | 01:10:12 | 01:14:58.56 | +00:09:27 (12.6%) | 1:46 | 33.8 (87.3%) |
| 38 | OLSZOWSKI Henryk | 154 | KKSW KRAK ROLLERBLADE | PZSW-M-50 | 2 | 00:05:18 | 00:14:23 | 00:23:34 | 00:32:51 | 00:42:11 | 00:51:21 | 01:00:50 | 01:10:13 | 01:14:58.63 | +00:09:28 (12.6%) | 1:46 | 33.8 (87.3%) |
| 39 | BOGUSŁAWSKI Karol | 17 | PLICHWYŚCIG.PL ROLL4LIFE | PZSW-Senior | 11 | 00:05:18 | 00:14:23 | 00:23:34 | 00:32:51 | 00:42:11 | 00:51:21 | 01:00:51 | 01:10:13 | 01:14:59.00 | +00:09:28 (12.6%) | 1:46 | 33.8 (87.3%) |
| 40 | PIOTROWSKI Daniel | 406 | SKATE TEAM KOWALÓW | PZSW-Junior B | 2 | 00:05:17 | 00:14:22 | 00:23:33 | 00:32:46 | 00:42:10 | 00:51:20 | 01:00:51 | 01:10:11 | 01:15:02.61 | +00:09:32 (12.7%) | 1:46 | 33.8 (87.3%) |
| 41 | KSENIAK Tomasz | 241 | TWISTER TRÓJMIASTO | PZSW-M-40 | 5 | 00:05:18 | 00:14:24 | 00:23:34 | 00:32:50 | 00:42:10 | 00:51:20 | 01:00:53 | 01:10:13 | 01:15:06.75 | +00:09:36 (12.8%) | 1:46 | 33.7 (87.1%) |
| 42 | TATARATA Konrad | 211 | JABRA ROLLER TEAM | PZSW-Senior | 12 | 00:04:57 | 00:13:57 | 00:23:34 | 00:32:48 | 00:42:08 | 00:51:21 | 01:00:49 | 01:10:04 | 01:19:55.85 | +00:14:25 (18.0%) | 1:53 | 31.7 (81.9%) |
| 43 | KOWALSKI Maciej | 96 | UKS ZRYW SŁOMCZYN | PZSW-Junior B | 3 | 00:05:29 | 00:15:40 | 00:25:33 | 00:35:18 | 00:45:12 | 00:55:16 | 01:05:13 | 01:15:23 | 01:20:33.91 | +00:15:03 (18.7%) | 1:54 | 31.5 (81.4%) |
| 44 | KONKOL Jarosław | 90 | JABRA RT FRIENDS | PZSW-M-50 | 3 | 00:05:28 | 00:15:39 | 00:25:29 | 00:35:17 | 00:45:14 | 00:55:17 | 01:05:12 | 01:15:25 | 01:20:35.63 | +00:15:05 (18.7%) | 1:54 | 31.4 (81.1%) |
| 45 | SZUMLAS Jacek | 202 | PROLUBE MASTERS | PZSW-M-40 | 6 | 00:05:17 | 00:15:07 | 00:25:30 | 00:35:15 | 00:45:09 | 00:55:14 | 01:05:09 | 01:15:22 | 01:20:35.88 | +00:15:05 (18.7%) | 1:54 | 31.4 (81.1%) |
| 46 | MAZUREK Wiesław | 125 | PROLUBE MASTERS | PZSW-M-50 | 4 | 00:05:28 | 00:15:38 | 00:25:28 | 00:35:15 | 00:45:09 | 00:55:15 | 01:05:11 | 01:15:23 | 01:20:36.04 | +00:15:05 (18.7%) | 1:54 | 31.4 (81.1%) |
| 47 | MILISZEWSKI Aleksander | 132 | SILESIA SKATING | PZSW-M-50 | 5 | 00:05:30 | 00:15:36 | 00:25:31 | 00:35:15 | 00:45:13 | 00:55:16 | 01:05:12 | 01:15:24 | 01:20:36.11 | +00:15:05 (18.7%) | 1:54 | 31.4 (81.1%) |

| Place | Participant | Number | Club | Category | MCat | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Net | Gap | Pace min/km | Pace km/h |
|-------|-----------------------------|------------|--------------------------------|---------------|------|----------|----------|----------|----------|----------|----------|----------|----------|--------------------|----------------------|----------------|-----------------|
| | | | | | | 3.15km | 8.4km | 13.65km | 18.9km | 24.15km | 29.4km | 34.65km | 39.9km | 42.23km | | | |
| 48 | ZDANCEWICZ Paweł | 229 | LEGIA WARSZAWA MASTERS | PZSW-M-40 | 7 | 00:05:31 | 00:15:39 | 00:25:31 | 00:35:17 | 00:45:12 | 00:55:14 | 01:05:09 | 01:15:24 | 01:20:36.23 | +00:15:05 (18.7%) | 1:54 | 31.4 (81.1%) |
| 49 | SLIWINSKI Henryk | 181 | MKS BLYSKAWICA ROLLA | PZSW-M-60 | 1 | 00:05:28 | 00:15:40 | 00:25:32 | 00:35:18 | 00:45:11 | 00:55:13 | 01:05:10 | 01:15:22 | 01:20:36.46 | +00:15:05 (18.7%) | 1:54 | 31.4 (81.1%) |
| 50 | KOSZAŁKA Andrzej | 93 | | M-30 | 2 | 00:05:31 | 00:15:36 | 00:25:31 | 00:35:14 | 00:45:11 | 00:55:14 | 01:05:11 | 01:15:25 | 01:20:37.17 | +00:15:06 (18.7%) | 1:54 | 31.4 (81.1%) |
| 51 | SYKUT Piotr | 193 | | PZSW-M-40 | 8 | 00:05:31 | 00:15:37 | 00:25:29 | 00:35:18 | 00:45:13 | 00:55:15 | 01:05:11 | 01:15:23 | 01:20:37.29 | +00:15:06 (18.7%) | 1:54 | 31.4 (81.1%) |
| 52 | ROHLEDER Jan | 170 | OBFST | M-30 | 3 | 00:05:33 | 00:15:39 | 00:25:31 | 00:35:17 | 00:45:12 | 00:55:15 | 01:05:10 | 01:15:24 | 01:20:37.55 | +00:15:06 (18.7%) | 1:54 | 31.4 (81.1%) |
| 53 | JARKIEWICZ Marcin | 70 | LEGIA WARSZAWA MASTERS | PZSW-M-50 | 6 | 00:05:33 | 00:15:38 | 00:25:29 | 00:35:17 | 00:45:14 | 00:55:17 | 01:05:13 | 01:15:27 | 01:20:37.99 | +00:15:07 (18.8%) | 1:54 | 31.4 (81.1%) |
| 54 | TONIAK Filip | 212 | SILESIA SKATING | PZSW-Senior | 13 | 00:05:30 | 00:15:40 | 00:25:32 | 00:35:19 | 00:45:15 | 00:55:18 | 01:05:13 | 01:15:23 | 01:20:38.17 | +00:15:07 (18.8%) | 1:54 | 31.4 (81.1%) |
| 55 | MADROSZYK Dawid | 126 | SKATE2CITY | M-30 | 4 | 00:05:45 | 00:15:41 | 00:25:33 | 00:35:20 | 00:45:15 | 00:55:17 | 01:05:12 | 01:15:24 | 01:20:38.27 | +00:15:07 (18.8%) | 1:54 | 31.4 (81.1%) |
| 56 | BUDEK Tomasz | 19 | | PZSW-M-30 | 10 | 00:05:32 | 00:15:37 | 00:25:30 | 00:35:16 | 00:45:11 | 00:55:14 | 01:05:12 | 01:15:25 | 01:20:38.34 | +00:15:07 (18.8%) | 1:54 | 31.4 (81.1%) |
| 57 | HERMANN Kamil | 63 | | Senior | 2 | 00:05:32 | 00:15:37 | 00:25:27 | 00:35:15 | 00:45:10 | 00:55:12 | 01:05:10 | 01:15:24 | 01:20:38.77 | +00:15:08 (18.8%) | 1:54 | 31.4 (81.1%) |
| 58 | BUJACZ Marcin | 20 | I LOVE ROLKI | PZSW-M-30 | 11 | 00:05:46 | 00:15:42 | 00:25:33 | 00:35:18 | 00:45:09 | 00:55:12 | 01:05:11 | 01:15:24 | 01:20:39.27 | +00:15:08 (18.8%) | 1:54 | 31.4 (81.1%) |
| 59 | WALICH Maciej | 217 | PLICHWYSCIG.PL | PZSW-M-30 | 12 | 00:04:58 | 00:15:02 | 00:25:30 | 00:35:15 | 00:45:08 | 00:55:13 | 01:05:07 | 01:15:23 | 01:20:39.87 | +00:15:09 (18.8%) | 1:54 | 31.4 (81.1%) |
| 60 | ZOLADEK Jerzy | 235 | NIEZRZESZONY | PZSW-M-60 | 2 | 00:05:47 | 00:15:40 | 00:25:31 | 00:35:16 | 00:45:09 | 00:55:13 | 01:05:09 | 01:15:22 | 01:20:40.34 | +00:15:09 (18.8%) | 1:54 | 31.4 (81.1%) |
| 61 | KOŚCIELNIAK Wojciech | 94 | KKSW KRAK | PZSW-Junior A | 5 | 00:05:18 | 00:14:23 | 00:23:34 | 00:32:51 | 00:42:11 | 00:51:27 | 01:02:46 | 01:14:47 | 01:21:24.55 | +00:15:53 (19.5%) | 1:55 | 31.1 (80.4%) |
| 62 | LEBDA Jan | 108 | UKS ZNICZ KŁODZKO | PZSW-Junior A | 6 | 00:05:15 | 00:14:20 | 00:23:32 | 00:32:49 | 00:42:10 | 00:51:16 | 01:00:49 | 01:14:46 | 01:22:16.84 | +00:16:46 (20.4%) | 1:56 | 30.8 (79.6%) |
| 63 | NAHAJOWSKI Krystian | 140 | | PZSW-Senior | 14 | 00:06:06 | 00:15:59 | 00:25:50 | 00:35:54 | 00:45:50 | 00:55:51 | 01:06:01 | 01:16:34 | 01:22:30.96 | +00:17:00 (20.6%) | 1:57 | 30.7 (79.3%) |
| 64 | ŁABINOWICZ Piotr | 111 | TWISTER TRÓJMIASTO | M-40 | 2 | 00:05:33 | 00:15:38 | 00:25:29 | 00:35:19 | 00:45:13 | 00:55:16 | 01:07:22 | 01:18:45 | 01:24:39.36 | +00:19:08 (22.6%) | 2:00 | 29.9 (77.3%) |
| 65 | ŁABINOWICZ Szymon | 112 | TWISTER TRÓJMIASTO | Senior | 3 | 00:05:19 | 00:15:40 | 00:25:32 | 00:35:19 | 00:45:13 | 00:55:16 | 01:07:21 | 01:18:45 | 01:24:39.44 | +00:19:08 (22.6%) | 2:00 | 29.9 (77.3%) |
| 66 | PARASZKA Łukasz | 156 | MINIONSSPEEDTEAM | M-30 | 5 | 00:06:13 | 00:16:42 | 00:27:18 | 00:37:48 | 00:48:24 | 00:59:00 | 01:09:45 | 01:20:27 | 01:26:07.96 | +00:20:37 (23.9%) | 2:02 | 29.4 (76.0%) |
| 67 | WRÓBEL Antoni | 226 | TWISTER TRÓJMIASTO | PZSW-M-70+ | 1 | 00:06:15 | 00:16:43 | 00:27:17 | 00:37:48 | 00:48:22 | 00:58:59 | 01:09:44 | 01:20:26 | 01:26:08.44 | +00:20:37 (24.0%) | 2:02 | 29.4 (76.0%) |
| 68 | PACZUSKI Jarosław | 155 | LEGIA WARSZAWA MASTERS | PZSW-M-60 | 3 | 00:06:14 | 00:16:41 | 00:27:17 | 00:37:46 | 00:48:23 | 00:58:59 | 01:09:43 | 01:20:27 | 01:26:17.84 | +00:20:47 (24.1%) | 2:02 | 29.4 (76.0%) |
| 69 | KABZA Grzegorz | 76 | SKATE2CITY | PZSW-M-50 | 7 | 00:05:46 | 00:15:41 | 00:25:33 | 00:35:20 | 00:46:14 | 00:58:03 | 01:09:45 | 01:20:26 | 01:26:20.10 | +00:20:49 (24.1%) | 2:02 | 29.3 (75.7%) |
| 70 | CHOMIAK Mariusz | 27 | GR3MIASTO | M-50 | 3 | 00:06:13 | 00:16:41 | 00:27:16 | 00:37:47 | 00:48:23 | 00:58:58 | 01:09:43 | 01:20:28 | 01:26:22.47 | +00:20:51 (24.2%) | 2:02 | 29.3 (75.7%) |
| 71 | PODCZASKI Stanisław | 163 | SPEEDSKATING ŁÓDŹ | M-50 | 4 | 00:06:15 | 00:16:41 | 00:27:15 | 00:37:46 | 00:48:22 | 00:58:58 | 01:09:43 | 01:20:27 | 01:26:28.06 | +00:20:57 (24.2%) | 2:02 | 29.3 (75.7%) |
| 72 | NOWACZEWSKI Jan | 146 | | Senior | 4 | 00:05:45 | 00:15:42 | 00:25:34 | 00:35:20 | 00:45:18 | 00:56:22 | 01:07:31 | 01:19:43 | 01:26:39.25 | +00:21:08 (24.4%) | 2:03 | 29.2 (75.5%) |
| 73 | GRABOWICZ Mirosław | 56 | | M-60 | 3 | 00:06:16 | 00:16:42 | 00:27:16 | 00:37:46 | 00:48:24 | 00:59:00 | 01:09:45 | 01:20:40 | 01:27:07.60 | +00:21:37 (24.8%) | 2:03 | 29.1 (75.2%) |
| 74 | PIETRZAK Adrian | 162 | UKS SPARTA GRODZISK MAZOWIECKI | PZSW-Senior | 15 | 00:05:49 | 00:16:43 | 00:27:18 | 00:37:48 | 00:48:24 | 00:59:00 | 01:09:46 | 01:20:32 | 01:27:23.38 | +00:21:52 (25.0%) | 2:04 | 29 (74.9%) |
| 75 | URBAN Jacek | 213 | | M-50 | 5 | 00:06:43 | 00:17:37 | 00:28:20 | 00:39:09 | 00:50:11 | 01:01:09 | 01:12:17 | 01:23:29 | 01:29:19.06 | +00:23:48 (26.7%) | 2:06 | 28.4 (73.4%) |

| Place | Participant | Number | Club | Category | MCat | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Net | Gap | Pace | Pace |
|-------|------------------------------|------------|---|------------|------|----------|----------|----------|----------|----------|----------|----------|----------|--------------------|----------------------|------|-----------------|
| | | | | | | 3.15km | 8.4km | 13.65km | 18.9km | 24.15km | 29.4km | 34.65km | 39.9km | time | | | |
| 76 | MORGALLA Jerzy | 133 | | PZSW-M-40 | 9 | 00:06:15 | 00:16:40 | 00:28:02 | 00:39:10 | 00:50:13 | 01:01:12 | 01:12:19 | 01:23:30 | 01:29:23.33 | +00:23:52 (26.7%) | 2:06 | 28.3 (73.1%) |
| 77 | MENET Krystian | 127 | SKATE2CITY | PZSW-M-40 | 10 | 00:05:45 | 00:15:42 | 00:25:34 | 00:35:58 | 00:47:23 | 00:58:50 | 01:10:26 | 01:22:38 | 01:29:24.71 | +00:23:54 (26.7%) | 2:07 | 28.3 (73.1%) |
| 78 | MICHALEWICZ Stanisław | 128 | CUPRUM LUBIN | M-60 | 4 | 00:06:30 | 00:17:36 | 00:28:18 | 00:39:08 | 00:50:11 | 01:01:11 | 01:12:18 | 01:23:29 | 01:29:24.89 | +00:23:54 (26.7%) | 2:07 | 28.3 (73.1%) |
| 79 | JACHYMCZYK Łukasz | 66 | | M-30 | 6 | 00:06:39 | 00:17:33 | 00:28:18 | 00:38:59 | 00:49:45 | 01:01:08 | 01:12:14 | 01:23:27 | 01:29:25.40 | +00:23:54 (26.7%) | 2:07 | 28.3 (73.1%) |
| 80 | MADUSIOK Mirosław | 118 | LKS STRACONKA | M-60 | 5 | 00:06:28 | 00:17:35 | 00:28:19 | 00:39:08 | 00:50:10 | 01:01:09 | 01:12:16 | 01:23:27 | 01:29:26.30 | +00:23:55 (26.8%) | 2:07 | 28.3 (73.1%) |
| 81 | KWIATKOWSKI Łukasz | 104 | KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ | M-30 | 7 | 00:05:47 | 00:15:41 | 00:25:33 | 00:35:42 | 00:47:23 | 00:58:50 | 01:10:25 | 01:22:38 | 01:29:28.54 | +00:23:57 (26.8%) | 2:07 | 28.3 (73.1%) |
| 82 | FILIPKOWSKI Mariusz | 40 | JABRA ROLLER TEAM FRIENDS | M-40 | 3 | 00:06:29 | 00:17:36 | 00:28:20 | 00:39:09 | 00:50:11 | 01:01:10 | 01:12:17 | 01:23:29 | 01:29:37.44 | +00:24:06 (26.9%) | 2:07 | 28.3 (73.1%) |
| 83 | SULKOWSKI Tomasz | 190 | SIE JEDZIE | M-40 | 4 | 00:07:00 | 00:17:56 | 00:28:55 | 00:40:27 | 00:51:54 | 01:03:37 | 01:14:47 | 01:26:13 | 01:32:42.11 | +00:27:11 (29.3%) | 2:11 | 27.3 (70.5%) |
| 84 | ZIÓŁKOWSKI Julian | 234 | STOWARZYSZENIE WROTKARSKIE GDAŃSKIE LWY | PZSW-M-50 | 8 | 00:05:48 | 00:16:43 | 00:27:17 | 00:37:47 | 00:48:22 | 00:58:59 | 01:12:59 | 01:25:58 | 01:33:11.89 | +00:27:41 (29.7%) | 2:12 | 27.2 (70.3%) |
| 85 | MICHAŁOWSKI Bolesław | 129 | NIGHT RUNNERS KRAKÓW | M-40 | 5 | 00:06:46 | 00:18:14 | 00:29:18 | 00:40:52 | 00:52:18 | 01:03:36 | 01:14:56 | 01:26:52 | 01:33:20.71 | +00:27:50 (29.8%) | 2:12 | 27.1 (70.0%) |
| 86 | SADOWSKI Wojciech | 174 | | M-50 | 6 | 00:06:17 | 00:16:46 | 00:28:21 | 00:39:47 | 00:52:20 | 01:03:38 | 01:14:58 | 01:26:52 | 01:33:21.81 | +00:27:51 (29.8%) | 2:12 | 27.1 (70.0%) |
| 87 | STANKIEWICZ Jerzy | 188 | | PZSW-M-50 | 9 | 00:06:43 | 00:18:17 | 00:29:16 | 00:40:54 | 00:52:19 | 01:03:36 | 01:14:57 | 01:26:52 | 01:33:22.57 | +00:27:51 (29.8%) | 2:12 | 27.1 (70.0%) |
| 88 | NOREK Adrian | 144 | PLICHWYŚCIG.PL | M-30 | 8 | 00:06:32 | 00:17:38 | 00:28:23 | 00:39:11 | 00:50:13 | 01:01:20 | 01:14:02 | 01:26:50 | 01:33:22.93 | +00:27:52 (29.8%) | 2:12 | 27.1 (70.0%) |
| 89 | SZMECHTIG Dariusz | 197 | POWESLIDE | Senior | 5 | 00:06:38 | 00:17:47 | 00:29:17 | 00:40:52 | 00:52:18 | 01:03:35 | 01:14:56 | 01:26:51 | 01:33:23.31 | +00:27:52 (29.9%) | 2:12 | 27.1 (70.0%) |
| 90 | ŁUKASIEWICZ Jacek | 115 | | M-40 | 6 | 00:06:42 | 00:17:39 | 00:28:56 | 00:40:39 | 00:52:20 | 01:03:39 | 01:14:59 | 01:26:53 | 01:33:26.95 | +00:27:56 (29.9%) | 2:12 | 27.1 (70.0%) |
| 91 | WOJCIECHOWSKI Michał | 222 | | M-40 | 7 | 00:06:49 | 00:18:15 | 00:29:18 | 00:40:53 | 00:52:19 | 01:03:39 | 01:15:00 | 01:26:53 | 01:33:28.16 | +00:27:57 (29.9%) | 2:12 | 27.1 (70.0%) |
| 92 | CZARNECKI Adriann | 32 | | Senior | 6 | 00:07:03 | 00:18:25 | 00:30:04 | 00:41:12 | 00:52:17 | 01:03:36 | 01:14:57 | 01:26:52 | 01:33:31.19 | +00:28:00 (30.0%) | 2:12 | 27.1 (70.0%) |
| 93 | SOBCZYK Janusz | 183 | BIERUTA GORLICE | M-50 | 7 | 00:06:28 | 00:17:34 | 00:28:19 | 00:39:24 | 00:51:26 | 01:03:38 | 01:14:58 | 01:27:36 | 01:35:39.97 | +00:30:09 (31.5%) | 2:15 | 26.5 (68.5%) |
| 94 | SAPIJASZKO Łukasz | 175 | LEGIA WARSZAWA MASTERS | PZSW-M-40 | 11 | 00:05:48 | 00:18:20 | 00:31:08 | 00:42:55 | 00:55:02 | 01:06:37 | 01:18:24 | 01:30:21 | 01:36:19.06 | +00:30:48 (32.0%) | 2:16 | 26.3 (68.0%) |
| 95 | HEINRICH Marcin | 62 | KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ | M-40 | 8 | 00:06:30 | 00:18:53 | 00:31:08 | 00:42:54 | 00:54:57 | 01:06:37 | 01:18:25 | 01:30:21 | 01:36:20.01 | +00:30:49 (32.0%) | 2:16 | 26.3 (68.0%) |
| 96 | SITNIK Tomasz | 178 | | PZSW-M-40 | 12 | 00:07:08 | 00:18:54 | 00:31:09 | 00:42:56 | 00:54:56 | 01:06:38 | 01:18:25 | 01:30:24 | 01:36:20.40 | +00:30:49 (32.0%) | 2:16 | 26.3 (68.0%) |
| 97 | KRAJNIK Jacek | 99 | | M-50 | 8 | 00:07:03 | 00:18:53 | 00:31:07 | 00:42:55 | 00:54:58 | 01:06:42 | 01:18:26 | 01:30:21 | 01:36:21.51 | +00:30:50 (32.0%) | 2:16 | 26.3 (68.0%) |
| 98 | FLIS Krzysztof | 42 | | M-50 | 9 | 00:07:15 | 00:19:17 | 00:31:36 | 00:43:17 | 00:55:01 | 01:06:36 | 01:18:22 | 01:30:22 | 01:36:23.93 | +00:30:53 (32.0%) | 2:16 | 26.3 (68.0%) |
| 99 | LEMIESZEK Andrzej | 109 | GSL CZARNE PANTERY GIZYCKO | M-60 | 6 | 00:07:14 | 00:19:16 | 00:31:35 | 00:43:18 | 00:55:00 | 01:06:35 | 01:18:21 | 01:30:20 | 01:36:24.36 | +00:30:53 (32.0%) | 2:16 | 26.3 (68.0%) |
| 100 | GRUSZKA Jakub | 60 | | M-30 | 9 | 00:06:30 | 00:17:38 | 00:28:21 | 00:39:09 | 00:50:12 | 01:01:20 | 01:14:59 | 01:28:52 | 01:36:25.26 | +00:30:54 (32.1%) | 2:16 | 26.3 (68.0%) |
| 101 | BARTOSIEWICZ Jakub | 8 | | M-30 | 10 | 00:06:43 | 00:18:15 | 00:29:30 | 00:41:26 | 00:53:16 | 01:05:24 | 01:17:44 | 01:30:24 | 01:36:25.40 | +00:30:54 (32.1%) | 2:16 | 26.3 (68.0%) |
| 102 | GRUDZIŃSKI Jakub | 59 | | Senior | 7 | 00:07:15 | 00:19:13 | 00:31:40 | 00:43:17 | 00:55:04 | 01:06:38 | 01:18:23 | 01:30:23 | 01:36:26.18 | +00:30:55 (32.1%) | 2:17 | 26.3 (68.0%) |
| 103 | KOPYT Jan | 91 | | PZSW-M-70+ | 2 | 00:07:26 | 00:19:20 | 00:31:39 | 00:43:17 | 00:55:02 | 01:06:37 | 01:18:26 | 01:30:25 | 01:36:27.37 | +00:30:56 (32.1%) | 2:17 | 26.3 (68.0%) |

| Place | Participant | Number | Club | Category | MCat | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Net | Gap | Pace min/km | Pace km/h |
|-------|------------------------|--------|--|-----------|------|----------|----------|----------|----------|----------|----------|----------|----------|--------------------|----------------------|----------------|-----------------|
| | | | | | | 3.15km | 8.4km | 13.65km | 18.9km | 24.15km | 29.4km | 34.65km | 39.9km | 42.23km | | | |
| 104 | NOWAK Piotr | 147 | | PZSW-M-40 | 13 | 00:07:49 | 00:19:47 | 00:31:47 | 00:42:58 | 00:55:10 | 01:06:47 | 01:18:33 | 01:30:21 | 01:36:27.41 | +00:30:56 (32.1%) | 2:17 | 26.3 (68.0%) |
| 105 | OKUNIEWSKI Marcin | 152 | WWW.POMAGAMYNATALII.PL | M-30 | 11 | 00:07:16 | 00:18:54 | 00:31:05 | 00:42:56 | 00:54:58 | 01:06:37 | 01:18:24 | 01:30:19 | 01:36:29.22 | +00:30:58 (32.1%) | 2:17 | 26.3 (68.0%) |
| 106 | ZIEJEWSKI Henryk | 233 | | PZSW-M-50 | 10 | 00:07:01 | 00:18:14 | 00:29:31 | 00:41:27 | 00:53:15 | 01:05:23 | 01:17:45 | 01:30:00 | 01:36:29.31 | +00:30:58 (32.1%) | 2:17 | 26.3 (68.0%) |
| 107 | RUDNICKI Kazimierz | 172 | | M-60 | 7 | 00:06:59 | 00:18:17 | 00:29:37 | 00:41:31 | 00:53:21 | 01:05:27 | 01:17:47 | 01:30:00 | 01:36:31.55 | +00:31:00 (32.1%) | 2:17 | 26.3 (68.0%) |
| 108 | ŁATA Dariusz | 114 | SILESIA SKATING | PZSW-M-50 | 11 | 00:06:39 | 00:18:25 | 00:30:41 | 00:42:56 | 00:54:57 | 01:06:39 | 01:18:24 | 01:30:23 | 01:36:39.18 | +00:31:08 (32.2%) | 2:17 | 26.2 (67.7%) |
| 109 | CICHECKI Marek | 28 | | M-60 | 8 | 00:07:56 | 00:19:58 | 00:31:47 | 00:43:18 | 00:55:09 | 01:06:41 | 01:18:25 | 01:30:20 | 01:36:39.51 | +00:31:08 (32.2%) | 2:17 | 26.2 (67.7%) |
| 110 | KUCHAREK Adam | 102 | | M-60 | 9 | 00:07:25 | 00:19:13 | 00:31:39 | 00:43:18 | 00:55:03 | 01:06:39 | 01:18:27 | 01:30:23 | 01:36:40.83 | +00:31:10 (32.2%) | 2:17 | 26.2 (67.7%) |
| 111 | SZYMCZYK Jarosław | 206 | | M-40 | 9 | 00:07:03 | 00:18:53 | 00:31:07 | 00:42:54 | 00:54:58 | 01:06:41 | 01:18:27 | 01:30:21 | 01:36:42.85 | +00:31:12 (32.3%) | 2:17 | 26.2 (67.7%) |
| 112 | ZABAWA Andrzej | 227 | | M-60 | 10 | 00:07:06 | 00:18:55 | 00:31:06 | 00:42:54 | 00:54:58 | 01:06:40 | 01:18:26 | 01:30:23 | 01:36:48.25 | +00:31:17 (32.3%) | 2:17 | 26.2 (67.7%) |
| 113 | SEMSCH Artur | 176 | KS PIDIRNA | M-50 | 10 | 00:08:02 | 00:20:00 | 00:31:47 | 00:43:19 | 00:55:04 | 01:06:48 | 01:18:28 | 01:30:24 | 01:36:54.89 | +00:31:24 (32.4%) | 2:17 | 26.1 (67.4%) |
| 114 | LACH Dominik | 106 | CAZZO | Senior | 8 | 00:07:38 | 00:19:19 | 00:31:39 | 00:43:16 | 00:55:03 | 01:06:40 | 01:18:26 | 01:31:24 | 01:39:44.38 | +00:34:13 (34.3%) | 2:21 | 25.4 (65.6%) |
| 115 | FROŁOWICZ Tomasz | 43 | | M-50 | 11 | 00:06:44 | 00:18:17 | 00:29:53 | 00:42:24 | 00:54:59 | 01:06:42 | 01:19:44 | 01:33:36 | 01:41:35.11 | +00:36:04 (35.5%) | 2:24 | 24.9 (64.3%) |
| 116 | NOWACZEWSKI Piotr | 145 | | M-40 | 10 | 00:06:47 | 00:18:17 | 00:29:56 | 00:41:45 | 00:54:19 | 01:06:49 | 01:20:16 | 01:34:48 | 01:42:45.07 | +00:37:14 (36.2%) | 2:25 | 24.7 (63.8%) |
| 117 | BUTRYM Paweł | 22 | | M-50 | 12 | 00:06:44 | 00:18:16 | 00:29:31 | 00:42:06 | 00:55:11 | 01:08:09 | 01:22:07 | 01:36:31 | 01:44:12.28 | +00:38:41 (37.1%) | 2:28 | 24.3 (62.8%) |
| 118 | ŚPICA Dariusz | 209 | | M-50 | 13 | 00:07:17 | 00:19:18 | 00:31:37 | 00:43:18 | 00:55:03 | 01:07:27 | 01:22:08 | 01:36:32 | 01:44:19.91 | +00:38:49 (37.2%) | 2:28 | 24.3 (62.8%) |
| 119 | POTRZEBOWSKI Michał | 166 | | M-40 | 11 | 00:07:03 | 00:18:52 | 00:31:10 | 00:43:53 | 00:56:19 | 01:10:01 | 01:23:52 | 01:37:54 | 01:46:08.17 | +00:40:37 (38.3%) | 2:30 | 23.9 (61.8%) |
| 120 | SZTANGIERSKI Amadeusz | 199 | | Senior | 9 | 00:07:57 | 00:19:59 | 00:32:26 | 00:46:08 | 00:59:36 | 01:12:58 | 01:26:00 | 01:39:28 | 01:46:57.39 | +00:41:26 (38.8%) | 2:31 | 23.7 (61.2%) |
| 121 | BIEKSA Zilvinas | 11 | RIEDUCIU AKADEMIJA | M-50 | 14 | 00:06:14 | 00:17:36 | 00:29:54 | 00:41:30 | 00:54:19 | 01:10:41 | 01:25:59 | 01:39:29 | 01:47:02.10 | +00:41:31 (38.8%) | 2:32 | 23.7 (61.2%) |
| 122 | SŁOWIK Arkadiusz | 182 | GIŻYCKIE STOWARZYSZENIE ŁYŻWIARSKIE 'CZARNE PANTERY' | PZSW-M-50 | 12 | 00:08:04 | 00:20:36 | 00:33:27 | 00:46:22 | 00:59:18 | 01:12:48 | 01:25:59 | 01:39:28 | 01:47:26.28 | +00:41:55 (39.0%) | 2:32 | 23.6 (61.0%) |
| 123 | KRASOWSKI Filip | 100 | | M-30 | 12 | 00:08:34 | 00:21:06 | 00:34:06 | 00:46:36 | 00:59:37 | 01:12:59 | 01:26:24 | 01:39:47 | 01:47:38.48 | +00:42:07 (39.1%) | 2:32 | 23.5 (60.7%) |
| 124 | PRZYCHODNIAK Robert | 168 | | Senior | 10 | 00:07:10 | 00:20:04 | 00:33:16 | 00:46:21 | 00:59:37 | 01:12:47 | 01:26:25 | 01:39:56 | 01:48:07.16 | +00:42:36 (39.4%) | 2:33 | 23.4 (60.5%) |
| 125 | CHABERSKI Michał | 24 | KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ | M-40 | 12 | 00:07:59 | 00:20:27 | 00:33:15 | 00:46:21 | 00:59:35 | 01:12:58 | 01:26:23 | 01:40:31 | 01:48:19.59 | +00:42:49 (39.5%) | 2:33 | 23.4 (60.5%) |
| 126 | GOWIK Aleksander | 54 | SILESIA SKATING | M-30 | 13 | 00:08:04 | 00:20:26 | 00:33:15 | 00:46:20 | 00:59:35 | 01:12:59 | 01:26:23 | 01:40:31 | 01:48:19.76 | +00:42:49 (39.5%) | 2:33 | 23.4 (60.5%) |
| 127 | PAWŁOWSKI Jacek | 159 | BULWAR GDYNIA | M-50 | 15 | 00:08:06 | 00:20:41 | 00:33:22 | 00:46:22 | 00:59:36 | 01:13:02 | 01:26:46 | 01:40:53 | 01:48:50.84 | +00:43:20 (39.8%) | 2:34 | 23.3 (60.2%) |
| 128 | FUDALA Mateusz | 44 | | M-30 | 14 | 00:07:15 | 00:20:05 | 00:33:34 | 00:46:41 | 00:59:51 | 01:13:46 | 01:27:53 | 01:42:38 | 01:50:41.50 | +00:45:10 (40.8%) | 2:37 | 22.9 (59.2%) |
| 129 | WINIARZ Krzysztof | 240 | | M-40 | 13 | 00:07:41 | 00:20:02 | 00:33:04 | 00:46:04 | 00:59:39 | 01:13:03 | 01:27:58 | 01:42:51 | 01:51:06.63 | +00:45:36 (41.0%) | 2:37 | 22.8 (58.9%) |
| 130 | ŻMUDZIŃSKI Andrzej | 237 | TWISTER TRÓJMIASTO | M-70+ | 1 | 00:08:04 | 00:20:03 | 00:33:14 | 00:46:21 | 00:59:40 | 01:13:03 | 01:27:54 | 01:43:50 | 01:52:59.21 | +00:47:28 (42.0%) | 2:40 | 22.4 (57.9%) |
| 131 | JĘDRZEJEWSKI Krzysztof | 73 | | M-50 | 16 | 00:08:03 | 00:20:43 | 00:33:27 | 00:47:04 | 01:00:56 | 01:14:57 | 01:29:54 | 01:44:55 | 01:53:18.48 | +00:47:47 (42.2%) | 2:40 | 22.4 (57.9%) |

| Place | Participant | Number | Club | Category | MCat | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Net | Gap | Pace | Pace |
|-------|-----------------------|--------|----------------------------|-------------|------|----------|----------|----------|----------|----------|----------|----------|----------|--------------------|----------------------|------|-----------------|
| | | | | | | 3.15km | 8.4km | 13.65km | 18.9km | 24.15km | 29.4km | 34.65km | 39.9km | time | | | |
| 132 | KRYCH Jakub | 101 | | M-30 | 15 | 00:08:04 | 00:20:31 | 00:34:18 | 00:48:14 | 01:02:17 | 01:16:20 | 01:31:09 | 01:45:39 | 01:53:35.37 | +00:48:04 (42.3%) | 2:41 | 22.3 (57.6%) |
| 133 | MACIEJEWSKI Marian | 116 | | M-60 | 11 | 00:08:07 | 00:21:09 | 00:34:51 | 00:48:18 | 01:01:45 | 01:15:52 | 01:30:36 | 01:45:22 | 01:53:36.77 | +00:48:06 (42.3%) | 2:41 | 22.3 (57.6%) |
| 134 | SZKARADNIK Paweł | 196 | | M-40 | 14 | 00:08:00 | 00:20:41 | 00:33:22 | 00:47:01 | 01:01:22 | 01:16:11 | 01:31:10 | 01:46:21 | 01:54:53.09 | +00:49:22 (43.0%) | 2:43 | 22.1 (57.1%) |
| 135 | BANIA Zygmunt | 6 | KURSANT | PZSW-M-70+ | 3 | 00:08:14 | 00:21:20 | 00:34:47 | 00:48:16 | 01:02:17 | 01:16:19 | 01:31:08 | 01:46:20 | 01:54:57.48 | +00:49:26 (43.0%) | 2:43 | 22 (56.8%) |
| 136 | GRAJKO Marek | 57 | | M-40 | 15 | 00:07:59 | 00:20:21 | 00:33:41 | 00:46:46 | 01:00:11 | 01:14:36 | 01:29:37 | 01:45:38 | 01:55:02.38 | +00:49:31 (43.1%) | 2:43 | 22 (56.8%) |
| 137 | WIATROWSKI Roman | 219 | | M-40 | 16 | 00:08:13 | 00:21:20 | 00:34:46 | 00:48:15 | 01:02:16 | 01:16:18 | 01:31:08 | 01:46:19 | 01:55:10.23 | +00:49:39 (43.1%) | 2:43 | 22 (56.8%) |
| 138 | NOGAŃSKI Paweł | 143 | | M-50 | 17 | 00:08:15 | 00:21:21 | 00:34:47 | 00:48:16 | 01:02:17 | 01:16:19 | 01:31:09 | 01:46:20 | 01:55:10.90 | +00:49:40 (43.1%) | 2:43 | 22 (56.8%) |
| 139 | CZERWIŃSKI Dariusz | 34 | NIGHTSKATING WARSZAWA TEAM | M-30 | 16 | 00:07:53 | 00:21:18 | 00:34:59 | 00:48:33 | 01:02:50 | 01:17:15 | 01:31:42 | 01:46:51 | 01:55:29.36 | +00:49:58 (43.3%) | 2:44 | 21.9 (56.6%) |
| 140 | BLUMA Tomasz | 15 | | M-30 | 17 | 00:08:27 | 00:22:20 | 00:36:02 | 00:50:22 | 01:04:17 | 01:18:53 | 01:33:37 | 01:47:33 | 01:55:41.11 | +00:50:10 (43.4%) | 2:44 | 21.9 (56.6%) |
| 141 | SKRZYPKOWSKI Daniel | 180 | SPORTFAZA.PL | M-40 | 17 | 00:08:04 | 00:21:32 | 00:35:47 | 00:50:03 | 01:04:16 | 01:18:52 | 01:33:37 | 01:47:53 | 01:56:04.39 | +00:50:33 (43.6%) | 2:44 | 21.8 (56.3%) |
| 142 | SZAJRYCH Jan | 242 | | M-50 | 18 | 00:09:04 | 00:22:42 | 00:36:30 | 00:50:36 | 01:04:54 | 01:19:39 | 01:34:40 | 01:49:42 | 01:57:46.45 | +00:52:15 (44.4%) | 2:47 | 21.5 (55.6%) |
| 143 | GRABOWSKI Mariusz | 239 | | M-30 | 18 | 00:07:18 | 00:19:21 | 00:31:38 | 00:43:44 | 00:58:26 | 01:14:50 | 01:31:52 | 01:50:01 | 02:00:32.81 | +00:55:02 (45.7%) | 2:51 | 21 (54.3%) |
| 144 | GARCAREK Andrzej | 47 | | M-50 | 19 | 00:08:39 | 00:22:07 | 00:36:35 | 00:51:50 | 01:06:42 | 01:21:56 | 01:37:31 | 01:54:12 | 02:03:34.12 | +00:58:03 (47.0%) | 2:55 | 20.5 (53.0%) |
| 145 | MAJEWSKI Damian | 119 | FREESTYLER | M-30 | 19 | 00:09:26 | 00:23:37 | 00:38:24 | 00:53:26 | 01:08:05 | 01:23:31 | 01:39:48 | 01:55:16 | 02:04:16.40 | +00:58:45 (47.3%) | 2:56 | 20.4 (52.7%) |
| 146 | JAKSINA Dariusz | 67 | NA ROLKACH PRZEZ MAZURY | M-50 | 20 | 00:07:25 | 00:19:20 | 00:31:39 | 00:43:55 | 00:58:21 | 01:12:50 | 01:26:25 | 01:40:21 | 02:04:26.64 | +00:58:56 (47.4%) | 2:56 | 20.4 (52.7%) |
| 147 | NEUMAN Jiri | 142 | | M-60 | 12 | 00:09:13 | 00:24:16 | 00:39:45 | 00:55:10 | 01:10:44 | 01:26:02 | 01:41:30 | 01:57:34 | 02:05:38.37 | +01:00:07 (47.9%) | 2:58 | 20.2 (52.2%) |
| 148 | STRZAŁKOWSKI Andrzej | 189 | | M-50 | 21 | 00:07:59 | 00:20:40 | 00:34:47 | 00:49:12 | 01:04:48 | 01:21:26 | 01:39:19 | 01:57:14 | 02:07:57.00 | +01:02:26 (48.8%) | 3:01 | 19.8 (51.2%) |
| 149 | MURAWSKI Damian | 137 | | Senior | 11 | 00:08:42 | 00:23:13 | 00:38:22 | 00:54:09 | 01:09:41 | 01:25:07 | 01:42:03 | 01:59:22 | 02:08:54.76 | +01:03:24 (49.2%) | 3:03 | 19.7 (50.9%) |
| 150 | MURAWSKI Krzysztof | 136 | | M-40 | 18 | 00:08:47 | 00:23:12 | 00:38:21 | 00:54:07 | 01:09:11 | 01:25:15 | 01:41:55 | 01:59:19 | 02:08:54.81 | +01:03:24 (49.2%) | 3:03 | 19.7 (50.9%) |
| 151 | CZERKAWSKI Igor | 33 | | M-30 | 20 | 00:09:08 | 00:22:51 | 00:37:54 | 00:53:24 | 01:09:26 | 01:27:02 | 01:45:36 | 02:01:23 | 02:10:11.48 | +01:04:40 (49.7%) | 3:04 | 19.5 (50.4%) |
| 152 | SZCZECHOWIAK Dominik | 195 | | PZSW-Senior | 16 | 00:07:18 | 00:20:22 | 00:34:33 | 00:49:56 | 01:05:42 | 01:22:55 | 01:41:25 | 02:01:03 | 02:10:18.65 | +01:04:48 (49.7%) | 3:05 | 19.4 (50.1%) |
| 153 | APOLA Dariusz | 3 | | M-30 | 21 | 00:09:10 | 00:23:38 | 00:40:10 | 00:56:34 | 01:13:11 | 01:30:05 | 01:47:17 | 02:04:37 | 02:14:16.24 | +01:08:45 (51.2%) | 3:10 | 18.9 (48.8%) |
| 154 | WRONISZEWSKI Zbigniew | 225 | | M-50 | 22 | 00:08:36 | 00:21:44 | 00:36:09 | 00:51:39 | 01:08:09 | 01:25:51 | 01:44:30 | 02:04:02 | 02:15:19.57 | +01:09:48 (51.6%) | 3:12 | 18.7 (48.3%) |
| 155 | BONIK Sławek | 18 | BODY LINE | M-50 | 23 | 00:09:07 | 00:23:40 | 00:39:14 | 00:55:07 | 01:11:25 | 01:28:38 | 01:46:56 | 02:06:07 | 02:16:41.21 | +01:11:10 (52.1%) | 3:14 | 18.5 (47.8%) |
| 156 | BŁASIAK Mariusz | 16 | TUR TEAM | M-50 | 24 | 00:10:07 | 00:26:10 | 00:41:58 | 00:58:00 | 01:14:53 | 01:31:38 | 01:49:51 | 02:09:37 | 02:20:43.98 | +01:15:13 (53.5%) | 3:19 | 18 (46.5%) |
| 157 | ANDRUSZKO Zbigniew | 2 | | M-50 | 25 | 00:09:33 | 00:25:12 | 00:41:10 | 00:57:17 | 01:14:17 | 01:32:00 | 01:50:51 | 02:11:36 | 02:23:00.49 | +01:17:29 (54.2%) | 3:23 | 17.7 (45.7%) |
| 158 | SZYMSKI Dariusz | 208 | KKSW KRAK ROLLERBLADE | M-40 | 19 | 00:09:10 | 00:23:37 | 00:40:32 | 00:56:36 | 01:13:14 | 01:31:04 | 01:50:04 | 02:11:37 | 02:24:38.86 | +01:19:08 (54.7%) | 3:25 | 17.5 (45.2%) |
| 159 | MAZUR Dariusz | 123 | | M-40 | 20 | 00:09:04 | 00:23:58 | 00:39:44 | 00:56:02 | 01:13:41 | 01:33:06 | 01:55:13 | 02:16:38 | 02:27:45.84 | +01:22:15 (55.7%) | 3:29 | 17.1 (44.2%) |

| Place | Participant | Number | Club | Category | MCat | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Laps_All | Net | Gap | Pace | Pace | |
|-------|-----------------------------|------------|--|-----------|------|----------|----------|----------|----------|----------|----------|----------|----------|--------------------|------|---------|---------|---------|
| | | | | | | 3.15km | 8.4km | 13.65km | 18.9km | 24.15km | 29.4km | 34.65km | 39.9km | time | | 42.23km | min/km | km/h |
| 160 | MALISZEWSKI Zdzisław | 122 | GIŻYCKIE STOWARZYSZENIE ŁYŻWIARSKIE 'CZARNE PANTERY' | PZSW-M-60 | 4 | 00:05:18 | 00:14:24 | 00:24:33 | 00:35:32 | 00:46:54 | 00:58:23 | 01:09:44 | | +00:16:50 | 2:00 | 29.8 | (77.0%) | |
| 161 | LACHOWICZ Leszek | 107 | GSŁ 'CZARNE PANTERY' | PZSW-M-60 | 5 | 00:07:15 | 00:19:17 | 00:31:36 | 00:43:54 | 00:57:02 | 01:11:42 | | | +00:26:59 | 2:26 | 24.6 | (63.6%) | |
| 162 | NOWICKI Leszek | 150 | | M-50 | 26 | 00:08:09 | 00:20:56 | 00:33:57 | 00:46:53 | 01:00:16 | | | | +00:23:36 | 2:29 | 24 | (62.0%) | |
| 163 | CIEPLY Tomek | 29 | | M-30 | 22 | 00:09:57 | 00:28:02 | 00:47:10 | | | | | | +00:26:39 | 3:27 | 17.4 | (45.0%) | |
| 164 | CERKIEWNIK Piotr | 23 | POGORIA INLINE | M-50 | 27 | 00:08:18 | | | | | | | | +00:03:44 | 2:38 | 22.8 | (58.9%) | |
| DNC | KOSKO Cezary | 246 | | Mężczyźni | | 00:08:32 | 00:23:26 | 00:39:49 | 00:55:56 | 01:12:52 | 01:30:11 | 01:48:08 | | 01:59:19.71 | | 0:00 | 21.2 | (54.8%) |

Total 165 results.