



XI MARATON SIERPNIOWY IM. LECHA WAŁĘSY - MARATON MĘŻCZYŹNI

B4SPORT
WIELKOPOLSKIE STOWARZYSZENIE SPORTOWE

Wydarzenie:
Organizator:

XI Maraton Sierpniowy im. Lecha Wałęsy
Stowarzyszenie Kultury Fizycznej Twister
Trójmiasto (SKF Twister Trójmiasto)

Data:
Miejsce:
Dystans:

2019-08-17
Gdańsk
42.195 km



Klasyfikacja: M-60

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Laps_All								Czas netto 42.23km	Różn	Tempo min/km	Tempo km/h
						3.15km	8.4km	13.65km	18.9km	24.15km	29.4km	34.65km	39.9km				
1	WITTKE Marius	221	RSC KIRRLACH	M-60	1	00:05:17	00:14:22	00:23:32	00:32:48	00:42:09	00:51:19	01:00:50	01:10:11	01:14:58.48		1:46	33.8 (100%)
2	POSADOWSKI Kazimierz	165	OBFST	M-60	2	00:05:16	00:14:22	00:23:32	00:32:47	00:42:09	00:51:21	01:00:51	01:10:12	01:14:58.56	+00:00:00 (0.0%)	1:46	33.8 (100%)
3	GRABOWICZ Mirosław	56		M-60	3	00:06:16	00:16:42	00:27:16	00:37:46	00:48:24	00:59:00	01:09:45	01:20:40	01:27:07.60	+00:12:09 (13.9%)	2:03	29.1 (86.1%)
4	MICHALEWICZ Stanisław	128	CUPRUM LUBIN	M-60	4	00:06:30	00:17:36	00:28:18	00:39:08	00:50:11	01:01:11	01:12:18	01:23:29	01:29:24.89	+00:14:26 (16.1%)	2:07	28.3 (83.7%)
5	MADUSIOK Mirosław	118	LKS STRACONKA	M-60	5	00:06:28	00:17:35	00:28:19	00:39:08	00:50:10	01:01:09	01:12:16	01:23:27	01:29:26.30	+00:14:27 (16.2%)	2:07	28.3 (83.7%)
6	LEMIESZEK Andrzej	109	GSL CZARNE PANTERY GIZYCKO	M-60	6	00:07:14	00:19:16	00:31:35	00:43:18	00:55:00	01:06:35	01:18:21	01:30:20	01:36:24.36	+00:21:25 (22.2%)	2:16	26.3 (77.8%)
7	RUDNICKI Kazimierz	172		M-60	7	00:06:59	00:18:17	00:29:37	00:41:31	00:53:21	01:05:27	01:17:47	01:30:00	01:36:31.55	+00:21:33 (22.3%)	2:17	26.3 (77.8%)
8	CICHECKI Marek	28		M-60	8	00:07:56	00:19:58	00:31:47	00:43:18	00:55:09	01:06:41	01:18:25	01:30:20	01:36:39.51	+00:21:41 (22.4%)	2:17	26.2 (77.5%)
9	KUCHAREK Adam	102		M-60	9	00:07:25	00:19:13	00:31:39	00:43:18	00:55:03	01:06:39	01:18:27	01:30:23	01:36:40.83	+00:21:42 (22.5%)	2:17	26.2 (77.5%)
10	ZABAWA Andrzej	227		M-60	10	00:07:06	00:18:55	00:31:06	00:42:54	00:54:58	01:06:40	01:18:26	01:30:23	01:36:48.25	+00:21:49 (22.6%)	2:17	26.2 (77.5%)
11	MACIEJEWSKI Marian	116		M-60	11	00:08:07	00:21:09	00:34:51	00:48:18	01:01:45	01:15:52	01:30:36	01:45:22	01:53:36.77	+00:38:38 (34.0%)	2:41	22.3 (66.0%)
12	NEUMAN Jiri	142		M-60	12	00:09:13	00:24:16	00:39:45	00:55:10	01:10:44	01:26:02	01:41:30	01:57:34	02:05:38.37	+00:50:39 (40.3%)	2:58	20.2 (59.8%)

Znaleziono 12 wynik(ów)