



XI MARATON SIERPNIOWY IM. LECHA WAŁĘSY - MARATON MĘŻCZYŹNI

B4SPORT
INTEGRATING SPORTS SPONSORS

Event: XI Maraton Sierpniowy im. Lecha Wałęsy
Organiser: Stowarzyszenie Kultury Fizycznej Twister
Trójmiasto (SKF Twister Trójmiasto)
Date: 2019-08-17
Place: Gdańsk
Distance: 42.195 km



Classification: PZSW-M-40

Place	Participant	Number	Club	Category	MCat	Laps_All 3.15km	Laps_All 8.4km	Laps_All 13.65km	Laps_All 18.9km	Laps_All 24.15km	Laps_All 29.4km	Laps_All 34.65km	Laps_All 39.9km	Net time 42.23km	Gap	Pace min/km	Pace km/h
1	BINIEK Marcin	13	PLICH WYŚCIG	PZSW-M-40	1	00:05:16	00:14:23	00:23:34	00:32:51	00:42:08	00:51:20	01:00:50	01:10:12	01:14:52.71		1:46	33.8 (100%)
2	KOC Marcin	87	ROLLA SPEED TEAM TORUŃ BŁYSKAWICA	PZSW-M-40	2	00:05:16	00:14:23	00:23:33	00:32:49	00:42:09	00:51:19	01:00:51	01:10:12	01:14:57.61	+00:00:04 (0.1%)	1:46	33.8 (100%)
3	GADEK Wojciech	49	SILESIA SKATING	PZSW-M-40	3	00:05:14	00:14:22	00:23:31	00:32:48	00:42:08	00:51:17	01:00:50	01:10:11	01:14:57.77	+00:00:05 (0.1%)	1:46	33.8 (100%)
4	ROJ Janusz	171	SILESIA SKATING	PZSW-M-40	4	00:05:17	00:14:22	00:23:33	00:32:49	00:42:09	00:51:18	01:00:51	01:10:12	01:14:58.19	+00:00:05 (0.1%)	1:46	33.8 (100%)
5	KSENIAK Tomasz	241	TWISTER TRÓJMIASTO	PZSW-M-40	5	00:05:18	00:14:24	00:23:34	00:32:50	00:42:10	00:51:20	01:00:53	01:10:13	01:15:06.75	+00:00:14 (0.3%)	1:46	33.7 (99.7%)
6	SZUMLAS Jacek	202	PROLUBE MASTERS	PZSW-M-40	6	00:05:17	00:15:07	00:25:30	00:35:15	00:45:09	00:55:14	01:05:09	01:15:22	01:20:35.88	+00:05:43 (7.1%)	1:54	31.4 (92.9%)
7	ZDANCEWICZ Paweł	229	LEGIA WARSZAWA MASTERS	PZSW-M-40	7	00:05:31	00:15:39	00:25:31	00:35:17	00:45:12	00:55:14	01:05:09	01:15:24	01:20:36.23	+00:05:43 (7.1%)	1:54	31.4 (92.9%)
8	SYKUT Piotr	193		PZSW-M-40	8	00:05:31	00:15:37	00:25:29	00:35:18	00:45:13	00:55:15	01:05:11	01:15:23	01:20:37.29	+00:05:44 (7.1%)	1:54	31.4 (92.9%)
9	MORGALLA Jerzy	133		PZSW-M-40	9	00:06:15	00:16:40	00:28:02	00:39:10	00:50:13	01:01:12	01:12:19	01:23:30	01:29:23.33	+00:14:30 (16.2%)	2:06	28.3 (83.7%)
10	MENET Krystian	127	SKATE2CITY	PZSW-M-40	10	00:05:45	00:15:42	00:25:34	00:35:58	00:47:23	00:58:50	01:10:26	01:22:38	01:29:24.71	+00:14:31 (16.3%)	2:07	28.3 (83.7%)
11	SAPIJASZKO Łukasz	175	LEGIA WARSZAWA MASTERS	PZSW-M-40	11	00:05:48	00:18:20	00:31:08	00:42:55	00:55:02	01:06:37	01:18:24	01:30:21	01:36:19.06	+00:21:26 (22.3%)	2:16	26.3 (77.8%)
12	SITNIK Tomasz	178		PZSW-M-40	12	00:07:08	00:18:54	00:31:09	00:42:56	00:54:56	01:06:38	01:18:25	01:30:24	01:36:20.40	+00:21:27 (22.3%)	2:16	26.3 (77.8%)
13	NOWAK Piotr	147		PZSW-M-40	13	00:07:49	00:19:47	00:31:47	00:42:58	00:55:10	01:06:47	01:18:33	01:30:21	01:36:27.41	+00:21:34 (22.4%)	2:17	26.3 (77.8%)

Total 13 results.