



XI OTWARTE MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE

B4SPORT

Wydarzenie: XIII Sztafetowe oraz XI Indywidualne Mistrzostwa Polski Nordic Walking w Maratonie
Organizator: Polskie Zrzeszenie Nordic Walking, Urząd Miasta i Gminy Biały Bór
Data: 2024-04-20
Miejsce: Biały Bór
Dystans: 42.195 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 38,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Lap_1 4.22km	Lap_2 8.44km	Lap_3 12.66km	Lap_4 16.88km	Lap_5 21.1km	Lap_6 25.32km	Lap_7 29.54km	Lap_8 33.76km	Lap_9 37.98km
1	MICHALEC Marcin	29	KKB MOSIR KROSNO	M35-39			00:27:04	00:54:11	01:21:06	01:48:14	02:15:18	02:42:33	03:10:33	03:38:33	04:07:42
2	MADALIŃSKI Marcin	27	KS VICTORIA POTĘGOWO	M40-44			00:27:06	00:54:13	01:21:18	01:49:19	02:17:37	02:47:02	03:16:29	03:47:52	04:17:23
3	WOJCIECHOWSKA Elżbieta	26	POLIPACK TEAM GWE	K40-44			00:28:38	00:56:44	01:24:51	01:52:56	02:20:57	02:49:01	03:18:05	03:47:47	04:17:42
4	WOJTOWICZ Tomasz	51	K.S. VICTORIA POTĘGOWO	M18-34			00:27:06	00:54:12	01:21:08	01:48:16	02:15:33	02:44:29	03:12:34	03:47:04	04:18:50
5	WILCZEK Krzysztof	49	WATAHA ULTRA TEAM	M50-54			00:28:59	00:57:50	01:26:20	01:55:17	02:25:31	02:53:42	03:23:23	03:54:05	04:25:31
6	MICHALSKI Andrzej	30	POLIPACK TEAM GWE	M65-69			00:29:04	00:58:08	01:27:13	01:57:00	02:26:41	02:56:32	03:27:34	03:58:34	04:28:34
7	KNITTER Tomasz	17	BŁĘKITNI DZIEMIANY	M18-34			00:29:03	00:58:01	01:27:11	01:56:51	02:26:38	02:57:03	03:27:37	03:58:28	04:29:38
8	KUBISZYN Małgorzata	22	K.S VICTORIA POTĘGOWO	K35-39			00:31:38	01:02:20	01:32:39	02:02:45	02:33:14	03:04:00	03:34:50	04:05:53	04:37:52
9	JAWORSKI Jarosław	15	ZAWSZE MŁODZI NORDIC WALKING	M45-49			00:31:17	01:02:37	01:34:51	02:08:02	02:43:01	03:20:25	03:59:24	04:16:30	04:38:19
10	HAŁAS Marcin	12		M40-44			00:30:35	01:01:17	01:32:21	02:04:02	02:35:11	03:05:52	03:35:52	04:07:01	04:39:06
11	KOŁODZIEJ Joanna	18	OPEN SPORT TEAM	K55-59			00:31:28	01:02:09	01:32:29	02:02:37	02:33:53	03:05:41	03:37:31	04:10:38	04:43:33
12	ŚLUSARCZYK Marcin	44	WESOŁY BORSUK TEAM	M45-49			00:30:18	01:00:29	01:29:43	01:59:46	02:31:05	03:04:53	03:38:56	04:13:13	04:48:31
13	SZCZUDLIK Małgorzata	42	NORDIC SPOTR 2021	K40-44			00:31:04	01:01:45	01:32:58	02:04:46	02:37:22	03:10:24	03:44:21	04:18:54	04:51:58
14	RAKOWIECKI Zbigniew	35	POLIPACK TEAM GWE	M60-64			00:30:37	01:01:24	01:32:50	02:04:30	02:36:34	03:09:05	03:43:22	04:17:45	04:52:18
15	POŁUBIAK Paweł	33	NW CZŁAPSKI TEAM	M35-39			00:29:54	01:00:11	01:29:49	02:00:18	02:28:31	03:02:28	03:36:25	04:18:55	04:53:04
16	BAK Antek	2	EKSPEDYCJA NORDIC TEAM SZCZECIN	M60-64			00:31:21	01:04:05	01:36:32	02:09:06	02:41:43	03:14:01	03:46:26	04:19:30	04:53:06
17	SAWICKA Marta	57		K50-54			00:32:32	01:05:08	01:37:30	02:09:59	02:42:50	03:15:31	03:48:05	04:20:48	04:53:32
18	STEFANIAK Krzysztof	41	KATOWICKI NORDIC WALKING	M65-69			00:30:41	01:00:57	01:31:37	02:03:06	02:35:56	03:08:25	03:43:25	04:22:25	04:54:00

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Lap_1 4.22km	Lap_2 8.44km	Lap_3 12.66km	Lap_4 16.88km	Lap_5 21.1km	Lap_6 25.32km	Lap_7 29.54km	Lap_8 33.76km	Lap_9 37.98km
19	ZAWADZKI Krzysztof	53	NW CZLAPSKI TEAM	M65-69			00:32:45	01:05:09	01:37:28	02:09:35	02:42:25	03:14:25	03:48:25	04:17:25	04:55:25
20	MĄDRY Grzegorz	28	NORDIC SPORT 2021	M65-69			00:30:42	01:01:20	01:32:48	02:05:08	02:38:39	03:12:20	03:46:40	04:21:34	04:55:52
21	KOŃCZAK Adam	19	KGHM METRACO POLKOWICE	M65-69			00:32:17	01:05:01	01:38:15	02:12:12	02:46:26	03:21:56	03:58:13	04:33:26	04:58:36
22	DERUS Jakub	6	KATOWICKI NORDIC WALKING	M40-44			00:30:34	01:01:33	01:32:20	02:04:00	02:35:10	03:05:52	03:38:35	04:16:53	04:58:52
23	SZCZYGIEŁ Adriana	43	OPEN SPORT TEAM	K40-44			00:32:36	01:04:49	01:37:00	02:09:47	02:42:54	03:16:14	03:49:44	04:24:00	04:59:10
24	PRZYBYLSKI Chrystian	34	POLIPACK TEAM GWE	M65-69			00:32:43	01:05:02	01:37:30	02:09:36	02:42:05	03:15:48	03:51:52	04:28:37	05:05:34
25	GOŁĘBIEWSKI Krzysztof	10	ZAWSZE MŁODZI NORDIC WALKING	M55-59			00:31:41	01:03:23	01:35:55	02:09:31	02:43:29	03:20:29	03:54:29	04:30:29	05:08:23
26	TKOCZ Adam	45	EKIPA NA KIJACH	M55-59			00:32:31	01:05:28	01:38:11	02:11:45	02:45:30	03:20:17	03:55:13	04:32:33	05:09:16
27	LACHNIK Hubert	23	NORDIC SPORT 2021	M70+			00:32:22	01:04:59	01:37:59	02:11:28	02:55:23	03:20:23	03:53:23	04:32:57	05:09:46
28	WIŚNIEWSKI Mariusz	50	NW CZŁAPSKI TEAM	M50-54			00:33:04	01:05:51	01:37:57	02:10:46	02:44:17	03:18:30	03:57:15	04:35:19	05:14:04
29	CZMOCH Marian	5	NORDIC SPORT 2021	M70+			00:34:13	01:07:56	01:41:47	02:15:59	02:50:27	03:25:38	04:02:32	04:39:07	05:15:47
30	WOŹNIAK Iwona	52	RUNGRYF GRYFICE	K45-49			00:32:37	01:05:24	01:38:50	02:13:09	02:48:20	03:24:49	04:01:40	04:38:47	05:16:10
31	PIERZCHAŁA Marek	31	POLIPACK TEAM GWE	M65-69			00:32:09	01:04:49	01:38:07	02:13:05	02:49:33	03:26:48	04:03:51	04:41:40	05:21:02
32	ROSTEK Piotr	37	NORDIC WALKING KIEKRZ POLAND	M60-64			00:32:20	01:05:04	01:39:59	02:15:21	02:52:15	03:29:23	04:06:22	04:42:54	05:22:14
33	LAJTER Jerzy	24	4 RUN TEAM PIŁA	M70+			00:34:17	01:07:50	01:42:46	02:17:23	02:52:07	03:27:48	04:04:43	04:44:09	05:24:11
34	BŁASZKIEWICZ Katarzyna	3	TORUŃ - IDZIEMY BEZ RYZYKA	K50-54			00:33:48	01:08:58	01:44:13	02:20:01	02:57:01	03:33:11	04:09:35	04:46:22	05:24:16
35	DREWA Marian	7	WŁÓCZYKIJE GDYNIA	M65-69			00:33:45	01:09:14	01:43:04	02:16:57	02:51:55	03:28:34	04:06:22	04:46:45	05:26:07
36	ŁOPACIUK Paweł	25		M40-44			00:34:45	01:10:07	01:44:25	02:18:40	02:54:41	03:32:32	04:08:31	04:49:33	05:27:01
37	WALTER Janusz	47		M60-64			00:33:59	01:09:14	01:44:25	02:22:23	03:00:29	03:37:08	04:13:11	04:51:46	05:29:25
38	GAWIN Andrzej	9	JUTRZENKA CZĘSTOCHOWA	M35-39			00:37:15	01:14:49	01:50:44	02:25:31	03:01:25	03:38:24	04:17:25	04:58:31	05:41:02
39	MARCZYŃSKA Marta	56	POLIPACK TEAM GWE	K40-44			00:36:55	01:13:08	01:50:02	02:28:06	03:08:52	03:50:31	04:32:42	05:12:45	05:50:24
40	SORN Łukasz	40	WŁÓCZYKIJE GDYNIA/CBL	M35-39			00:38:40	01:21:15	01:59:15	02:37:02	03:16:14	03:55:13	04:35:38	05:16:24	05:57:30
41	ZIÓŁKOWSKA Sylwia	54	IDĘ DALEJ	K50-54			00:34:50	01:11:07	01:47:49	02:24:41	03:03:36	03:44:30	04:26:09	05:14:09	06:00:12
42	ROZMUS Jolanta	38	WŁÓCZYKIJE	K70+			00:37:05	01:14:35	01:54:03	02:33:34	03:13:47	03:54:54	04:36:59	05:19:35	06:02:55
43	PODHAJNA Agnieszka	32	IDĘ DALEJ	K45-49			00:37:57	01:18:13	01:57:39	02:37:07	03:17:55	04:00:36	04:43:15	05:27:40	06:09:55
	JANKOWSKI Henryk	14		M70+			00:42:47 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF
	KĘPA Andrzej	16	TEAM KOSZALIN 1	M70+			00:34:10 DNF	01:09:46 DNF	01:48:04 DNF	DNF	DNF	DNF	DNF	DNF	DNF
	KRAWIEC Jacek	21	JACK NORDIC TEAM ELBLĄG	M55-59			00:33:33 DNF	01:08:12 DNF	01:43:10 DNF	02:19:10 DNF	DNF	DNF	DNF	DNF	DNF
	ŻACZEK Władysław	55	ANDRESPOL AKTYWNIE	M60-64			00:30:37 DNF	01:01:24 DNF	01:32:57 DNF	02:05:27 DNF	02:38:43 DNF	03:13:25 DNF	03:54:17 DNF	DNF	DNF
	JACYNA Mirosław	13	TRIGYM SZCZECIN	M60-64			00:38:03 DNF	01:17:30 DNF	01:57:54 DNF	02:40:26 DNF	03:28:22 DNF	04:06:30 DNF	DNF	DNF	DNF

Znaleziono 48 wynik(ów)