

# XI ULTRAMARATON BIESZCZADZKI - 26 KM

B4SPORT

**Wydarzenie:** XI ULTRAMARATON BIESZCZADZKI  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2023-10-14  
**Miejsce:** Cisna  
**Dystans:** 26 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 13km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
1	<b>GÓRALIK Sylwia</b>	<b>2173</b>	KS AZS AWF KRAKÓW	K40	1	01:23:49	<b>02:44:13.20</b>	<b>02:44:13.20</b>		6:18	9.5 (100%)
2	<b>PIĄTEK Beata</b>	<b>2187</b>	TRENINGFIZJOTERAPIA.PL	K40	2	01:29:33	<b>02:49:03.00</b>	<b>02:49:03.00</b>	+00:04:49 (2.9%)	6:30	9.2 (96.8%)
3	<b>BIENIECKA Anna</b>	<b>2288</b>		K40	3	01:26:53	<b>02:54:41.30</b>	<b>02:54:41.30</b>	+00:10:28 (6.0%)	6:43	8.9 (93.7%)
4	<b>JASTRZĄB Ewa</b>	<b>2276</b>		K40	4	01:46:42	<b>03:29:59.50</b>	<b>03:29:59.50</b>	+00:45:46 (21.8%)	8:04	7.4 (77.9%)
5	<b>ZIELIŃSKA Agata</b>	<b>2028</b>		K40	5	01:55:51	<b>03:40:04.40</b>	<b>03:40:04.40</b>	+00:55:51 (25.4%)	8:27	7.1 (74.7%)
5	<b>GÓRNY Magdalena</b>	<b>2227</b>	KLUB BIEGACZA SUPERMARATOŃCZYK	K40	5	01:55:50	<b>03:40:04.40</b>	<b>03:40:04.40</b>	+00:55:51 (25.4%)	8:27	7.1 (74.7%)
7	<b>BANASZEK Domininka</b>	<b>2283</b>		K40	7		<b>03:48:17.90</b>	<b>03:48:17.90</b>	+01:04:04 (28.1%)	8:46	6.8 (71.6%)
8	<b>CHOMA Agnieszka</b>	<b>2036</b>		K40	8	01:46:17	<b>03:50:28.75</b>	<b>03:50:28.75</b>	+01:06:15 (28.7%)	8:51	6.8 (71.6%)
9	<b>BANASIK Beata</b>	<b>2106</b>	KS ATHLETICS STREET RUN	K40	9	01:58:15	<b>03:53:28.05</b>	<b>03:53:28.05</b>	+01:09:14 (29.7%)	8:58	6.7 (70.5%)
10	<b>OKAPIEC Dagmara</b>	<b>2262</b>	GÓRSKIE PĘDZIWIATRY	K40	10	01:57:11	<b>03:59:44.30</b>	<b>03:59:44.30</b>	+01:15:31 (31.5%)	9:13	6.5 (68.4%)
11	<b>ŁOŃ Agnieszka</b>	<b>2013</b>	BESTIE OCR LEGIONOWO	K40	11	01:56:45	<b>04:00:06.00</b>	<b>04:00:06.00</b>	+01:15:52 (31.6%)	9:14	6.5 (68.4%)
12	<b>TWARDOCHLEB Agnieszka</b>	<b>2145</b>	BIEGAMWRZ	K40	12	02:00:06	<b>04:02:36.65</b>	<b>04:02:36.65</b>	+01:18:23 (32.3%)	9:19	6.4 (67.4%)
13	<b>RUDNIK Marzena</b>	<b>2014</b>	BESTIE OCR LEGIONOWO	K40	13	02:07:12	<b>04:05:25.70</b>	<b>04:05:25.70</b>	+01:21:12 (33.1%)	9:26	6.4 (67.4%)
14	<b>MAJCHRZAK Agnieszka</b>	<b>2056</b>		K40	14	02:08:06	<b>04:09:38.70</b>	<b>04:09:38.70</b>	+01:25:25 (34.2%)	9:36	6.2 (65.3%)
15	<b>JURAK Kasia</b>	<b>2271</b>		K40	15	02:10:37	<b>04:11:40.40</b>	<b>04:11:40.40</b>	+01:27:27 (34.7%)	9:40	6.2 (65.3%)

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16	<b>POTOCKA Joanna</b>	<b>2167</b>		K40	16	02:03:41	<b>04:12:42.30</b>	<b>04:12:42.30</b>	+01:28:29 (35.0%)	9:43	6.2 (65.3%)
17	<b>DYDYMSKA Monika</b>	<b>2074</b>	RUNEDA / DECATHLON RUMIA BIEGA	K40	17	02:04:39	<b>04:13:35.45</b>	<b>04:13:35.45</b>	+01:29:22 (35.2%)	9:45	6.2 (65.3%)
18	<b>KUSIEWICZ Agnieszka</b>	<b>2179</b>	PUSZCZYK BUKOWY	K40	18	02:04:28	<b>04:15:45.35</b>	<b>04:15:45.35</b>	+01:31:32 (35.8%)	9:50	6.1 (64.2%)
19	<b>BRZOSTOWSKA Kama</b>	<b>2068</b>		K40	19	02:10:54	<b>04:16:34.85</b>	<b>04:16:34.85</b>	+01:32:21 (36.0%)	9:52	6.1 (64.2%)
20	<b>PITRACHA-MICHALAK Agata</b>	<b>2037</b>		K40	20	02:03:51	<b>04:18:13.15</b>	<b>04:18:13.15</b>	+01:33:59 (36.4%)	9:55	6 (63.2%)
21	<b>FABISIAK Anna</b>	<b>2229</b>	TEAM ZABIEGANEDNI	K40	21	02:13:59	<b>04:20:03.20</b>	<b>04:20:03.20</b>	+01:35:50 (36.9%)	10:00	6 (63.2%)
22	<b>JAWORSKA Joanna</b>	<b>2100</b>	TEAM ZABIEGANEDNI	K40	22	02:07:08	<b>04:23:49.05</b>	<b>04:23:49.05</b>	+01:39:35 (37.8%)	10:08	5.9 (62.1%)
23	<b>MRUCZYŃSKA-PIETRUCZANIS Katarzyna</b>	<b>2004</b>	DEVI HIMAL TEAM, KS AKTYWNI WĘGRÓW	K40	23	02:19:09	<b>04:29:53.15</b>	<b>04:29:53.15</b>	+01:45:39 (39.2%)	10:22	5.8 (61.1%)
24	<b>DUBIŃSKA Wioletta</b>	<b>2266</b>	BBL ZDUŃSKA WOLA	K40	24	02:07:30	<b>04:31:18.95</b>	<b>04:31:18.95</b>	+01:47:05 (39.5%)	10:26	5.8 (61.1%)
25	<b>DUMAŃSKA Iwona</b>	<b>2117</b>		K40	25	02:14:50	<b>04:31:51.05</b>	<b>04:31:51.05</b>	+01:47:37 (39.6%)	10:27	5.7 (60.0%)
26	<b>ADACH-SOSNOWSKA Magdalena</b>	<b>2009</b>		K40	26	02:13:18	<b>04:33:02.70</b>	<b>04:33:02.70</b>	+01:48:49 (39.9%)	10:30	5.7 (60.0%)
27	<b>WOJTASIK Joanna</b>	<b>2213</b>		K40	27	02:13:18	<b>04:36:04.65</b>	<b>04:36:04.65</b>	+01:51:51 (40.5%)	10:37	5.7 (60.0%)
28	<b>JĘDZURA Agnieszka</b>	<b>2048</b>		K40	28	02:16:28	<b>04:36:11.60</b>	<b>04:36:11.60</b>	+01:51:58 (40.5%)	10:37	5.6 (58.9%)
29	<b>MENDYGRAŁ Emilia</b>	<b>2062</b>	BIEGOWY WARIAT RUNNING TEAM	K40	29	02:19:49	<b>04:36:50.95</b>	<b>04:36:50.95</b>	+01:52:37 (40.7%)	10:38	5.6 (58.9%)
30	<b>JEDLIŃSKA Magdalena</b>	<b>2033</b>		K40	30	02:16:19	<b>04:41:42.90</b>	<b>04:41:42.90</b>	+01:57:29 (41.7%)	10:50	5.5 (57.9%)
31	<b>SULIGA Wioletta</b>	<b>2008</b>	ING BANK ŚLĄSKI/AUGUSTEAM	K40	31	02:35:12	<b>04:51:11.15</b>	<b>04:51:11.15</b>	+02:06:57 (43.6%)	11:11	5.4 (56.8%)
32	<b>WOJTUNIK Urszula</b>	<b>2006</b>		K40	32	02:34:40	<b>05:01:33.70</b>	<b>05:01:33.70</b>	+02:17:20 (45.5%)	11:35	5.2 (54.7%)
33	<b>ZIELIŃSKA Agnieszka</b>	<b>2162</b>		K40	33	02:34:40	<b>05:01:33.90</b>	<b>05:01:33.90</b>	+02:17:20 (45.5%)	11:35	5.2 (54.7%)
34	<b>BANCERZ Jolanta</b>	<b>2134</b>	TRAWNIKI BIEGAJĄ	K40	34	02:30:16	<b>05:03:16.95</b>	<b>05:03:16.95</b>	+02:19:03 (45.9%)	11:39	5.1 (53.7%)
35	<b>ŻARNICKA Anna</b>	<b>2291</b>		K40	35	02:35:41	<b>05:06:06.80</b>	<b>05:06:06.80</b>	+02:21:53 (46.4%)	11:46	5.1 (53.7%)
36	<b>KRZTOŃ Marlena</b>	<b>2012</b>	BESTIE OCR LEGIONOWO	K40	36	02:30:56	<b>05:08:14.25</b>	<b>05:08:14.25</b>	+02:24:01 (46.7%)	11:51	5.1 (53.7%)
37	<b>HOOG Wioleta</b>	<b>2123</b>		K40	37	02:35:40	<b>05:15:43.25</b>	<b>05:15:43.25</b>	+02:31:30 (48.0%)	12:08	4.9 (51.6%)
38	<b>GLEJZER Joanna</b>	<b>2238</b>	PTTK TERAZ SUDETY	K40	38	02:52:34	<b>05:47:38.70</b>	<b>05:47:38.70</b>	+03:03:25 (52.8%)	13:22	4.5 (47.4%)

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39	<b>RAJPERT Elzbieta</b>	<b>2075</b>		K40	39	02:48:59	<b>05:51:39.90</b>	<b>05:51:39.90</b>	+03:07:26 (53.3%)	13:31	4.4 (46.3%)
40	<b>KIPER Elka</b>	<b>2166</b>	JAROSŁAWSKI BIEGACZ	K40	40	02:48:51	<b>05:57:42.25</b>	<b>05:57:42.25</b>	+03:13:29 (54.1%)	13:45	4.4 (46.3%)
41	<b>FUKS Olga</b>	<b>2089</b>		K40	41	02:49:19	<b>06:58:53.40</b>	<b>06:58:53.40</b>	+04:14:40 (60.8%)	16:06	3.7 (38.9%)
42	<b>ŁAHODA Agnieszka</b>	<b>2219</b>		K40	42	03:45:30	<b>07:33:53.85</b>	<b>07:33:53.85</b>	+04:49:40 (63.8%)	17:27	3.4 (35.8%)
43	<b>SIEWIERSKA Urszula</b>	<b>2058</b>	BOLAĆCE PISZCZELE BEŁCHATÓW GRUPA NORDIC WALKING	K40	43	03:50:33	<b>07:33:54.80</b>	<b>07:33:54.80</b>	+04:49:41 (63.8%)	17:27	3.4 (35.8%)
44	<b>HERNAS-SZTRĄF Aneta</b>	<b>2053</b>		K40	44	03:45:28	<b>07:33:56.15</b>	<b>07:33:56.15</b>	+04:49:42 (63.8%)	17:27	3.4 (35.8%)
	<b>LESNIAKOWSKA Anna</b>	<b>2228</b>		K40		02:14:45 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 45 wynik(ów)