

# XI ULTRAMARATON BIESZCZADZKI - 26 KM

B4SPORT

**Wydarzenie:** XI ULTRAMARATON BIESZCZADZKI  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2023-10-14  
**Miejsce:** Cisna  
**Dystans:** 26 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	P1_Roztoki 13km	Czas netto 26km	Czas brutto 26km	Różn	Tempo min/km	Tempo km/h
1	<b>CEBERAK Bartosz</b>	<b>2083</b>		M30	1	01:07:28	<b>02:14:14.10</b>	<b>02:14:14.10</b>		5:09	11.6 (100%)
2	<b>ŁOZA Mateusz</b>	<b>2293</b>	ZWIEDZANIE PRZEZ BIEGANIE	M30	2	01:14:02	<b>02:22:59.00</b>	<b>02:22:59.00</b>	+00:08:44 (6.1%)	5:29	10.9 (94.0%)
3	<b>WISZ Piotr</b>	<b>2140</b>	SDTEAM	M30	3	01:19:26	<b>02:35:57.65</b>	<b>02:35:57.65</b>	+00:21:43 (13.9%)	5:59	10 (86.2%)
4	<b>PODOLAK Kuba</b>	<b>2230</b>	A TAK SOBIE BIEGAM	M30	4	01:22:19	<b>02:40:53.25</b>	<b>02:40:53.25</b>	+00:26:39 (16.6%)	6:11	9.7 (83.6%)
5	<b>ZIĘBA Mateusz</b>	<b>2249</b>	FOREVER TEAM	M30	5	01:23:51	<b>02:42:16.80</b>	<b>02:42:16.80</b>	+00:28:02 (17.3%)	6:14	9.6 (82.8%)
6	<b>ROSIK Robert</b>	<b>2143</b>		M30	6	01:23:42	<b>02:42:46.25</b>	<b>02:42:46.25</b>	+00:28:32 (17.5%)	6:15	9.6 (82.8%)
7	<b>MAJEK Bartłomiej</b>	<b>2285</b>		M30	7	01:22:23	<b>02:43:25.70</b>	<b>02:43:25.70</b>	+00:29:11 (17.9%)	6:17	9.5 (81.9%)
8	<b>KMIECIK Paweł</b>	<b>2085</b>	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ JAROSŁAW	M30	8	01:24:02	<b>02:48:15.40</b>	<b>02:48:15.40</b>	+00:34:01 (20.2%)	6:28	9.3 (80.2%)
9	<b>KOT Dawid</b>	<b>2192</b>		M30	9	01:30:08	<b>02:58:24.30</b>	<b>02:58:24.30</b>	+00:44:10 (24.8%)	6:51	8.7 (75.0%)
10	<b>KOWALSKI Aleksander</b>	<b>2286</b>		M30	10	01:21:38	<b>03:01:21.30</b>	<b>03:01:21.30</b>	+00:47:07 (26.0%)	6:58	8.6 (74.1%)
11	<b>KOŁODZIEJ Tomasz</b>	<b>2234</b>		M30	11	01:29:21	<b>03:02:35.60</b>	<b>03:02:35.60</b>	+00:48:21 (26.5%)	7:01	8.5 (73.3%)
12	<b>KALISZUK Przemysław</b>	<b>2163</b>	BANDA GRUDNIA	M30	12	01:37:18	<b>03:03:37.55</b>	<b>03:03:37.55</b>	+00:49:23 (26.9%)	7:03	8.5 (73.3%)
13	<b>MARCHEWICZ Marek</b>	<b>2090</b>		M30	13	01:33:20	<b>03:05:10.80</b>	<b>03:05:10.80</b>	+00:50:56 (27.5%)	7:07	8.4 (72.4%)
14	<b>SOLARZ Jerzy</b>	<b>2065</b>		M30	14	01:33:46	<b>03:06:58.50</b>	<b>03:06:58.50</b>	+00:52:44 (28.2%)	7:11	8.3 (71.6%)
15	<b>DZIOREK Tomasz</b>	<b>2223</b>	SPRINT GORZYCE	M30	15	01:29:39	<b>03:09:51.05</b>	<b>03:09:51.05</b>	+00:55:36 (29.3%)	7:18	8.2 (70.7%)
16	<b>KORZONEK Karol</b>	<b>2102</b>	SPRINT GORZYCE	M30	16	01:29:42	<b>03:10:06.20</b>	<b>03:10:06.20</b>	+00:55:52 (29.4%)	7:18	8.2 (70.7%)
17	<b>WACH Michał</b>	<b>2095</b>		M30	17	01:32:33	<b>03:11:58.15</b>	<b>03:11:58.15</b>	+00:57:44 (30.1%)	7:23	8.1 (69.8%)
18	<b>BIELESZ Maciej</b>	<b>2064</b>		M30	18	01:40:33	<b>03:17:49.70</b>	<b>03:17:49.70</b>	+01:03:35 (32.1%)	7:36	7.9 (68.1%)
19	<b>ŻARNICKI Kamil</b>	<b>2126</b>	BANDA GRUDNIA	M30	19	01:44:17	<b>03:20:13.45</b>	<b>03:20:13.45</b>	+01:05:59 (33.0%)	7:42	7.8 (67.2%)
20	<b>CIEŚLICKI Mateusz</b>	<b>2280</b>		M30	20	01:43:57	<b>03:23:55.70</b>	<b>03:23:55.70</b>	+01:09:41 (34.2%)	7:50	7.7 (66.4%)
21	<b>HAWROT Bartłomiej</b>	<b>2010</b>	PAWKO RUNNER TEAM	M30	21	01:46:13	<b>03:24:30.75</b>	<b>03:24:30.75</b>	+01:10:16 (34.4%)	7:51	7.6 (65.5%)
22	<b>DZIERŻYŃSKI Łukasz</b>	<b>2116</b>	KS BARAKUDA	M30	22	01:41:33	<b>03:25:23.30</b>	<b>03:25:23.30</b>	+01:11:09 (34.6%)	7:53	7.6 (65.5%)
23	<b>MAŁKOWSKI Bartłomiej</b>	<b>2141</b>	TM IRON TEAM	M30	23	01:43:35	<b>03:25:43.50</b>	<b>03:25:43.50</b>	+01:11:29 (34.8%)	7:54	7.6 (65.5%)
24	<b>KRYNICKI Jakub</b>	<b>2202</b>	ULTRABIES	M30	24	01:37:30	<b>03:27:33.55</b>	<b>03:27:33.55</b>	+01:13:19 (35.3%)	7:58	7.5 (64.7%)
25	<b>MACIEJEWSKI Krystian</b>	<b>2243</b>	BESTIE OCR LEGIONOWO	M30	25	01:47:46	<b>03:27:36.75</b>	<b>03:27:36.75</b>	+01:13:22 (35.3%)	7:59	7.5 (64.7%)
26	<b>JARSAK Mateusz</b>	<b>2125</b>		M30	26	01:46:41	<b>03:27:57.15</b>	<b>03:27:57.15</b>	+01:13:43 (35.4%)	7:59	7.5 (64.7%)
27	<b>PIOTROWICZ Sławomir</b>	<b>2023</b>	DEAF	M30	27	01:43:54	<b>03:30:22.75</b>	<b>03:30:22.75</b>	+01:16:08 (36.2%)	8:05	7.4 (63.8%)
28	<b>GRZESIK Michał</b>	<b>2072</b>		M30	28	01:42:06	<b>03:31:38.40</b>	<b>03:31:38.40</b>	+01:17:24 (36.6%)	8:08	7.4 (63.8%)
29	<b>HEMKA Mateusz</b>	<b>2147</b>	NOYO PHARM	M30	29	01:44:40	<b>03:32:17.95</b>	<b>03:32:17.95</b>	+01:18:03 (36.8%)	8:09	7.3 (62.9%)

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30	<b>MAJCHRZAK Jakub</b>	<b>2139</b>	FIBOO.PL	M30	30	01:41:47	<b>03:32:35.35</b>	<b>03:32:35.35</b>	+01:18:21 (36.9%)	8:10	7.3 (62.9%)
31	<b>SIEMIESZ Paweł</b>	<b>2183</b>		M30	31	01:51:12	<b>03:35:32.75</b>	<b>03:35:32.75</b>	+01:21:18 (37.7%)	8:17	7.2 (62.1%)
32	<b>PEREGRYM Tobiasz</b>	<b>2046</b>		M30	32	01:46:32	<b>03:37:09.85</b>	<b>03:37:09.85</b>	+01:22:55 (38.2%)	8:21	7.2 (62.1%)
33	<b>DOSKOCZ Mikołaj</b>	<b>2050</b>		M30	33	01:50:03	<b>03:37:46.50</b>	<b>03:37:46.50</b>	+01:23:32 (38.4%)	8:22	7.2 (62.1%)
34	<b>BOROWSKI Robert</b>	<b>2208</b>		M30	34	01:52:37	<b>03:39:13.40</b>	<b>03:39:13.40</b>	+01:24:59 (38.8%)	8:25	7.1 (61.2%)
35	<b>SALIŃSKI Bartosz</b>	<b>2015</b>	AUGUSTEAM	M30	35	01:49:37	<b>03:41:00.65</b>	<b>03:41:00.65</b>	+01:26:46 (39.3%)	8:30	7.1 (61.2%)
36	<b>MUCHA Marek</b>	<b>2154</b>	APOSTLES OF STARS	M30	36	01:51:34	<b>03:42:40.05</b>	<b>03:42:40.05</b>	+01:28:25 (39.7%)	8:33	7 (60.3%)
37	<b>CAKAŁA Maciej</b>	<b>2034</b>		M30	37	01:55:13	<b>03:43:50.95</b>	<b>03:43:50.95</b>	+01:29:36 (40.0%)	8:36	7 (60.3%)
38	<b>DUDEK Marcin</b>	<b>2160</b>	DTW RUNNING TEAM	M30	38	01:44:40	<b>03:44:20.95</b>	<b>03:44:20.95</b>	+01:30:06 (40.2%)	8:37	7 (60.3%)
39	<b>PNIEWSKI Tommy</b>	<b>2210</b>		M30	39	01:48:51	<b>03:47:39.65</b>	<b>03:47:39.65</b>	+01:33:25 (41.0%)	8:45	6.9 (59.5%)
40	<b>KOWALCZYK Michał</b>	<b>2269</b>		M30	40	02:07:03	<b>03:51:41.50</b>	<b>03:51:41.50</b>	+01:37:27 (42.1%)	8:54	6.7 (57.8%)
41	<b>POLAK Tomasz</b>	<b>2201</b>	ZAKON FENIXA	M30	41	01:57:38	<b>03:53:12.35</b>	<b>03:53:12.35</b>	+01:38:58 (42.4%)	8:58	6.7 (57.8%)
42	<b>SŁONIEWSKI Łukasz</b>	<b>2171</b>		M30	42	02:04:15	<b>03:53:52.55</b>	<b>03:53:52.55</b>	+01:39:38 (42.6%)	8:59	6.7 (57.8%)
43	<b>SOWA Bogusław</b>	<b>2003</b>		M30	43	01:54:35	<b>03:54:59.30</b>	<b>03:54:59.30</b>	+01:40:45 (42.9%)	9:02	6.6 (56.9%)
44	<b>ANDRZEJEWSKI Maciej</b>	<b>2282</b>	KTÓRĘDY PO PIWO?	M30	44	02:06:25	<b>04:10:47.20</b>	<b>04:10:47.20</b>	+01:56:33 (46.5%)	9:38	6.2 (53.4%)
45	<b>OLEKSIAK Paweł</b>	<b>2222</b>		M30	45	01:55:19	<b>04:13:41.45</b>	<b>04:13:41.45</b>	+01:59:27 (47.1%)	9:45	6.1 (52.6%)
46	<b>CHUCHRZAK Jakub</b>	<b>2270</b>		M30	46	02:01:54	<b>04:16:58.65</b>	<b>04:16:58.65</b>	+02:02:44 (47.8%)	9:53	6.1 (52.6%)
47	<b>LIEBAN Jarosław</b>	<b>2081</b>	BIESY	M30	47	02:04:18	<b>04:19:39.95</b>	<b>04:19:39.95</b>	+02:05:25 (48.3%)	9:59	6 (51.7%)
48	<b>ADAMIEC Krzysztof</b>	<b>2129</b>		M30	48	02:04:16	<b>04:20:52.40</b>	<b>04:20:52.40</b>	+02:06:38 (48.5%)	10:02	6 (51.7%)
49	<b>SAWICKI Michał</b>	<b>2127</b>	TEAM ZABIEGANEDNI	M30	49	02:07:09	<b>04:23:49.00</b>	<b>04:23:49.00</b>	+02:09:34 (49.1%)	10:08	5.9 (50.9%)
50	<b>PASTWA Grzegorz</b>	<b>2216</b>		M30	50	02:15:54	<b>04:29:13.95</b>	<b>04:29:13.95</b>	+02:14:59 (50.1%)	10:21	5.8 (50.0%)
51	<b>PELCZAR Jakub</b>	<b>2109</b>		M30	51	02:14:04	<b>04:32:29.15</b>	<b>04:32:29.15</b>	+02:18:15 (50.7%)	10:28	5.7 (49.1%)
52	<b>WITA Krzysztof</b>	<b>2185</b>		M30	52	02:14:36	<b>04:37:44.00</b>	<b>04:37:44.00</b>	+02:23:29 (51.7%)	10:40	5.6 (48.3%)
53	<b>CYPCAR Grzegorz</b>	<b>2091</b>	JEBAĆ BIEDĘ	M30	53	02:32:05	<b>04:53:27.35</b>	<b>04:53:27.35</b>	+02:39:13 (54.3%)	11:17	5.3 (45.7%)

Znaleziono 53 wynik(ów)