



XII BIEG SYLWESTROWY

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Hotel Brzoza
Data: 2018-12-31
Miejsce: Brzoza
Dystans: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KOLANOWSKA Grażyna	22		K-50	1	00:00:12	00:12:31	00:23:59	00:35:42	00:47:42	00:49:50.75	00:50:03.20		4:59	12 (100%)
2	KORBEL Ewa	390	OBÓZ BIEGOWY BRZOZA, GRAZIA-RUNNING	K-50	2	00:00:25	00:13:14	00:25:41	00:38:12	00:50:46	00:53:00.65	00:53:25.85	+00:03:09 (6.0%)	5:18	11.3 (94.2%)
3	BRACICHOWICZ Bogumiła	115		K-50	3	00:00:26	00:13:33	00:26:05	00:38:38	00:50:58	00:53:08.15	00:53:34.25	+00:03:17 (6.2%)	5:18	11.3 (94.2%)
4	KUBIAK Małgorzata	418		K-50	4	00:00:30	00:13:50	00:26:49	00:39:56	00:53:09	00:55:26.85	00:55:57.60	+00:05:36 (10.1%)	5:32	10.8 (90.0%)
5	JĘDRZEJCZYK Marzenna	230		K-50	5	00:00:20	00:14:31	00:28:08	00:41:54	00:55:36	00:58:05.55	00:58:26.00	+00:08:14 (14.2%)	5:48	10.3 (85.8%)
6	KOSAKOWSKA Barbara	7	OBÓZ BIEGOWY	K-50	6	00:00:24	00:14:17	00:28:33	00:42:10	00:56:05	00:58:36.00	00:59:00.15	+00:08:45 (14.9%)	5:51	10.2 (85.0%)
7	KNIOŁA Lucyna	52		K-50	7	00:00:23	00:14:44	00:28:58	00:44:03	00:59:04	01:01:45.55	01:02:08.90	+00:11:54 (19.3%)	6:10	9.7 (80.8%)
8	DUDEK Marzena	108		K-50	8	00:00:22	00:16:37	00:32:05	00:48:12	01:04:44	01:07:34.95	01:07:56.95	+00:17:44 (26.2%)	6:45	8.9 (74.2%)
9	OKOŃSKA Małgorzata	137		K-50	9	00:00:03	00:15:59	00:32:04	00:48:10	01:04:42	01:07:35.05	01:07:38.10	+00:17:44 (26.2%)	6:45	8.9 (74.2%)
10	WIŚNIEWSKA Ewa	123		K-50	10	00:00:24	00:16:52	00:33:06	00:49:58	01:07:41	01:10:52.20	01:11:16.80	+00:21:01 (29.7%)	7:05	8.5 (70.8%)

Znaleziono 10 wynik(ów)