



Organiser: Hotel Brzoza
Date: 2018-12-31
Place: Brzoza
Distance: 10 km

XII BIEG SYLWESTROWY

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Classification: M-30

Place	Participant	Number	Club	Category	MCat	Start time	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	BRZEZIŃSKI Błażej	1	BRZEZIŃSKIRUNCLUB	M-30	1	00:00:02	00:07:21	00:14:38	00:21:50	00:29:01	00:30:22.20	00:30:24.25		3:02	19.8 (100%)
2	KALATA Łukasz	240	KM TRUCHCIK ŁUBIANKA	M-30	2	00:00:03	00:08:42	00:17:02	00:25:27	00:33:45	00:35:15.30	00:35:18.80	+00:04:53 (13.9%)	3:31	17 (85.9%)
3	ŚWIĄTKOWSKI Paweł	354		M-30	3	00:00:03	00:08:55	00:17:29	00:26:07	00:34:47	00:36:19.25	00:36:22.60	+00:05:57 (16.4%)	3:37	16.5 (83.3%)
4	JARZĄB Piotr	103		M-30	4	00:00:03	00:09:07	00:17:43	00:26:23	00:34:53	00:36:23.05	00:36:26.85	+00:06:00 (16.5%)	3:38	16.5 (83.3%)
5	MAŁOLEPSZY Radosław	152	KS ZRYW RADZIEJÓW	M-30	5	00:00:03	00:09:26	00:18:20	00:27:18	00:36:10	00:37:47.35	00:37:51.00	+00:07:25 (19.6%)	3:46	15.9 (80.3%)
6	MAĆKOWSKI Maciej	82	UPS BYDGOSZCZ	M-30	6	00:00:02	00:09:08	00:17:51	00:27:02	00:36:15	00:37:50.75	00:37:52.75	+00:07:28 (19.8%)	3:47	15.9 (80.3%)
7	ŁAZ Kamil	218	RUN BYDGOSZCZ	M-30	7	00:00:03	00:09:44	00:18:42	00:27:41	00:36:31	00:38:05.90	00:38:09.75	+00:07:43 (20.3%)	3:48	15.7 (79.3%)
8	PAWLACZYK Szymon	11	TRISPACE	M-30	8	00:00:04	00:09:48	00:19:09	00:28:27	00:37:32	00:39:05.45	00:39:09.80	+00:08:43 (22.3%)	3:54	15.4 (77.8%)
9	SAWICKI Marcin	81	TEAMOCHAL	M-30	9	00:00:03	00:09:56	00:19:07	00:28:19	00:37:31	00:39:07.15	00:39:11.05	+00:08:44 (22.4%)	3:54	15.3 (77.3%)
10	KRUPA Piotr	60		M-30	10	00:00:05	00:09:45	00:19:02	00:28:18	00:37:34	00:39:08.75	00:39:14.70	+00:08:46 (22.4%)	3:54	15.3 (77.3%)
11	MAGDZIARZ Jakub	317	KANCELARIA - HMM	M-30	11	00:00:04	00:09:43	00:19:03	00:28:18	00:37:36	00:39:21.55	00:39:25.55	+00:08:59 (22.8%)	3:56	15.2 (76.8%)
12	KUŁAKOWSKI Krzysztof	300	RUN PASJA	M-30	12	00:00:04	00:09:42	00:18:51	00:28:09	00:37:49	00:39:32.70	00:39:36.75	+00:09:10 (23.2%)	3:57	15.2 (76.8%)
13	KUBANEK Łukasz	340	TEAMOCHAL	M-30	13	00:00:03	00:09:56	00:19:11	00:28:37	00:38:04	00:39:47.55	00:39:51.00	+00:09:25 (23.7%)	3:58	15.1 (76.3%)
14	BALCEREK Mateusz	251		M-30	14	00:00:03	00:09:35	00:19:01	00:28:47	00:38:18	00:40:02.90	00:40:06.35	+00:09:40 (24.2%)	4:00	15 (75.8%)
15	WIĘCKOWSKI Dariusz	36	AMS TRIATHLON BYDGOSZCZ AKADEMIA MISTRZÓW SPORTU	M-30	15	00:00:03	00:09:46	00:19:37	00:29:58	00:38:55	00:40:33.20	00:40:36.65	+00:10:11 (25.1%)	4:03	14.8 (74.7%)
16	BARTOSZ Marek	45		M-30	16	00:00:03	00:09:55	00:19:47	00:29:46	00:39:42	00:41:29.70	00:41:33.55	+00:11:07 (26.8%)	4:09	14.5 (73.2%)
17	GOŁATA Wojciech	27	WILCZA WATAHA	M-30	17	00:00:05	00:10:17	00:20:05	00:30:04	00:40:06	00:41:41.40	00:41:46.40	+00:11:19 (27.2%)	4:10	14.4 (72.7%)
18	HENDRZAK Sylwester	419		M-30	18	00:00:03	00:10:29	00:20:33	00:30:38	00:40:19	00:41:52.45	00:41:56.20	+00:11:30 (27.5%)	4:11	14.3 (72.2%)

Place	Participant	Number	Club	Category	MCat	Start time	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Net time	Czas brutto	Gap	Pace min/km	Pace km/h
											10km	10km			
19	CZARNECKI Piotr	343	BRZOZA BIEGA	M-30	19	00:00:05	00:10:33	00:20:34	00:30:31	00:40:17	00:41:53.15	00:41:58.75	+00:11:30 (27.5%)	4:11	14.3 (72.2%)
20	WINIARSKI Grzegorz	319	THE RUNNERS ŚWIECIE	M-30	20	00:00:06	00:10:36	00:20:29	00:30:27	00:40:29	00:42:17.25	00:42:23.55	+00:11:55 (28.2%)	4:13	14.2 (71.7%)
21	BANAS Robert	144		M-30	21	00:00:04	00:10:30	00:20:38	00:30:51	00:40:59	00:42:44.30	00:42:49.25	+00:12:22 (28.9%)	4:16	14 (70.7%)
22	GIOLDA Paweł	63		M-30	22	00:00:06	00:10:30	00:20:46	00:31:08	00:41:27	00:43:15.80	00:43:21.90	+00:12:53 (29.8%)	4:19	13.9 (70.2%)
23	GOLAK Lukasz	271	GOGGLE PRO ACTIVE EYEWEAR	M-30	23	00:00:01	00:10:31	00:20:50	00:31:18	00:41:38	00:43:30.45	00:43:31.90	+00:13:08 (30.2%)	4:21	13.8 (69.7%)
24	KACZYŃSKI Rafał	229		M-30	24	00:00:17	00:11:07	00:21:27	00:31:35	00:41:56	00:43:43.10	00:44:00.90	+00:13:20 (30.5%)	4:22	13.7 (69.2%)
25	LEWANDOWSKI Rafał	263	VENI, CUCURRI, VICI	M-30	25	00:00:03	00:10:28	00:20:45	00:31:11	00:41:48	00:43:43.30	00:43:46.65	+00:13:21 (30.5%)	4:22	13.7 (69.2%)
26	KOWALSKI Krzysztof	154	OCELOTY KRUSZYN KRAJENSKI	M-30	26	00:00:05	00:10:46	00:21:08	00:31:42	00:42:10	00:43:57.65	00:44:03.25	+00:13:35 (30.9%)	4:23	13.6 (68.7%)
27	DRWEŃKI Daniel	309	BIEGNIJ Z PROSERVICE	M-30	27	00:00:07	00:11:01	00:21:31	00:32:03	00:42:29	00:44:20.50	00:44:28.30	+00:13:58 (31.5%)	4:26	13.5 (68.2%)
28	OLENDER Tomasz	148		M-30	28	00:00:06	00:11:40	00:22:21	00:32:42	00:42:44	00:44:31.55	00:44:37.70	+00:14:09 (31.8%)	4:27	13.5 (68.2%)
29	STASZEWSKI Adam	256		M-30	29	00:00:10	00:11:22	00:22:12	00:32:46	00:43:03	00:44:49.95	00:45:00.45	+00:14:27 (32.3%)	4:29	13.4 (67.7%)
30	GLIWKA Artur	79	GLIWEK	M-30	30	00:00:10	00:11:12	00:21:49	00:32:43	00:43:34	00:45:27.60	00:45:38.15	+00:15:05 (33.2%)	4:32	13.2 (66.7%)
31	ROSZAK Zbigniew	86		M-30	31	00:00:08	00:11:07	00:21:56	00:33:04	00:44:38	00:46:40.30	00:46:48.85	+00:16:18 (34.9%)	4:40	12.9 (65.2%)
32	ŁUGOWSKI Tomasz	46		M-30	32	00:00:11	00:11:39	00:22:45	00:33:57	00:44:58	00:46:48.10	00:46:59.65	+00:16:25 (35.1%)	4:40	12.8 (64.6%)
33	KUJAWA Daniel	49	56. BAZA LOTNICZA	M-30	33	00:00:21	00:11:33	00:22:33	00:33:40	00:44:51	00:46:52.85	00:47:14.55	+00:16:30 (35.2%)	4:41	12.8 (64.6%)
34	KARWACKI Paweł	404	TRISPACE	M-30	34	00:00:07	00:11:45	00:22:30	00:33:19	00:45:02	00:46:56.00	00:47:03.65	+00:16:33 (35.3%)	4:41	12.8 (64.6%)
35	MUSZYŃSKI Robert	336	TRIBA BOSIR BARCIN	M-30	35	00:00:30	00:12:48	00:23:43	00:34:41	00:45:12	00:47:04.70	00:47:34.85	+00:16:42 (35.5%)	4:42	12.7 (64.1%)
36	KWIATKOWSKI Piotr	107		M-30	36	00:00:11	00:12:17	00:23:31	00:34:33	00:45:24	00:47:15.10	00:47:27.05	+00:16:52 (35.7%)	4:43	12.7 (64.1%)
37	SOBAŃSKI Michał	173		M-30	37	00:00:23	00:12:03	00:23:08	00:34:23	00:45:23	00:47:15.90	00:47:39.00	+00:16:53 (35.7%)	4:43	12.7 (64.1%)
38	DĄBKOWSKI Wojciech	34		M-30	38	00:00:27	00:12:19	00:23:30	00:34:34	00:45:30	00:47:26.30	00:47:53.45	+00:17:04 (36.0%)	4:44	12.6 (63.6%)
39	LEWANDOWSKI Rafał	422	B4SPORT	M-30	39	00:00:13	00:12:04	00:23:35	00:35:19	00:47:03	00:48:58.25	00:49:11.75	+00:18:36 (38.0%)	4:53	12.3 (62.1%)
40	DYLEWSKI Artur	93	KS ZRYW RADZIEJÓW	M-30	40	00:00:15	00:12:11	00:23:54	00:35:47	00:47:45	00:49:42.60	00:49:58.20	+00:19:20 (38.9%)	4:58	12.1 (61.1%)
41	ARACH Przemysław	257		M-30	41	00:00:19	00:12:23	00:23:51	00:35:32	00:47:50	00:50:00.90	00:50:20.10	+00:19:38 (39.3%)	5:00	12 (60.6%)
42	KOLMAJER Rafał	214		M-30	42	00:00:05	00:12:32	00:24:09	00:36:04	00:48:04	00:50:13.95	00:50:19.70	+00:19:51 (39.5%)	5:01	11.9 (60.1%)
43	SMYK Piotr	118		M-30	43	00:00:30	00:12:49	00:24:26	00:36:29	00:48:16	00:50:15.10	00:50:45.95	+00:19:52 (39.6%)	5:01	11.9 (60.1%)

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44	GROCHOWIAK Piotr	117		M-30	44	00:00:30	00:12:49	00:24:26	00:36:29	00:48:16	00:50:15.55	00:50:46.20	+00:19:53 (39.6%)	5:01	11.9 (60.1%)
45	PŁACZKIEWICZ Robert	316	SOL3 SQUADRUN	M-30	45	00:00:08	00:12:08	00:24:03	00:36:03	00:48:24	00:50:31.90	00:50:40.40	+00:20:09 (39.9%)	5:03	11.9 (60.1%)
46	MAŁKOWSKI Sebastian	163		M-30	46	00:00:16	00:13:08	00:25:22	00:37:22	00:48:48	00:50:51.60	00:51:08.25	+00:20:29 (40.3%)	5:05	11.8 (59.6%)
47	MRÓWCZYŃSKI Tomasz	41		M-30	47	00:00:26	00:13:15	00:25:35	00:37:35	00:49:08	00:51:09.50	00:51:36.15	+00:20:47 (40.6%)	5:07	11.7 (59.1%)
48	KWIATKOWSKI Karol	48		M-30	48	00:00:24	00:12:47	00:24:44	00:36:54	00:49:00	00:51:10.90	00:51:35.15	+00:20:48 (40.7%)	5:07	11.7 (59.1%)
49	SPARZYŃSKI Adam	143	1 BLWL	M-30	49	00:00:14	00:12:44	00:24:53	00:37:04	00:49:13	00:51:26.15	00:51:40.45	+00:21:03 (41.0%)	5:08	11.7 (59.1%)
50	KLATECKI Adam	116	JEZUS ŻYJE	M-30	50	00:00:34	00:13:13	00:25:04	00:37:10	00:49:47	00:52:01.70	00:52:36.05	+00:21:39 (41.6%)	5:12	11.5 (58.1%)
51	SADOWSKI Michał	252	BARTOLEK PL	M-30	51	00:00:10	00:12:48	00:24:53	00:37:28	00:50:49	00:53:08.55	00:53:19.35	+00:22:46 (42.9%)	5:18	11.3 (57.1%)
52	FABROWSKI Dawid	255		M-30	52	00:00:22	00:13:04	00:25:22	00:38:04	00:51:00	00:53:09.65	00:53:32.30	+00:22:47 (42.9%)	5:19	11.3 (57.1%)
53	STEFANOWICZ Marcin	396		M-30	53	00:00:07	00:12:26	00:24:58	00:37:54	00:50:57	00:53:15.30	00:53:22.50	+00:22:53 (43.0%)	5:19	11.3 (57.1%)
54	NOWAK Krzysztof	347	TRIBA BOSIR BARCIN	M-30	54	00:00:28	00:13:10	00:25:40	00:38:18	00:51:02	00:53:20.70	00:53:49.40	+00:22:58 (43.1%)	5:20	11.2 (56.6%)
55	KRYSKE Mariusz	191	SPÓJNIA BIAŁE BŁOTA	M-30	55	00:00:35	00:14:17	00:26:58	00:39:19	00:51:13	00:53:22.85	00:53:57.95	+00:23:00 (43.1%)	5:20	11.2 (56.6%)
56	JUSZCZAK Jakub	241		M-30	56	00:00:29	00:13:34	00:26:19	00:39:10	00:51:26	00:53:29.45	00:53:59.30	+00:23:07 (43.2%)	5:21	11.2 (56.6%)
57	BRYCKI Łukasz	266		M-30	57	00:00:23	00:13:44	00:26:17	00:39:01	00:51:19	00:53:33.20	00:53:56.45	+00:23:11 (43.3%)	5:21	11.2 (56.6%)
58	TYLUTKI Radosław	253	# ŚLIMAKI BARCIN	M-30	58	00:00:27	00:13:34	00:26:18	00:39:11	00:51:59	00:54:08.00	00:54:35.60	+00:23:45 (43.9%)	5:24	11.1 (56.1%)
59	KULINSKI Zbigniew	121		M-30	59	00:00:24	00:12:47	00:24:57	00:38:08	00:51:42	00:54:20.75	00:54:45.65	+00:23:58 (44.1%)	5:26	11 (55.6%)
60	MICHALIK Łukasz	337	BRZOZA BIEGA	M-30	60	00:00:31	00:14:24	00:27:26	00:40:16	00:52:50	00:54:46.40	00:55:17.55	+00:24:24 (44.6%)	5:28	11 (55.6%)
61	NAWROCKI Marcin	73	DELIKATESY RYBNE FISHKA.PL	M-30	61	00:00:33	00:14:04	00:26:56	00:39:55	00:53:25	00:55:45.70	00:56:19.35	+00:25:23 (45.5%)	5:34	10.8 (54.5%)
62	GRZYWACZ Marcin	203		M-30	62	00:00:12	00:12:48	00:25:54	00:40:49	00:54:30	00:56:55.65	00:57:07.95	+00:26:33 (46.7%)	5:41	10.5 (53.0%)
63	KASPROWICZ Piotr	97	JW1515 BYDGOSZCZ	M-30	63	00:00:15	00:14:10	00:27:38	00:41:26	00:54:39	00:56:55.70	00:57:10.75	+00:26:33 (46.7%)	5:41	10.5 (53.0%)
64	DOBOSZ Kamil	372		M-30	64	00:00:31	00:14:05	00:27:34	00:41:17	00:54:42	00:57:07.30	00:57:38.55	+00:26:45 (46.8%)	5:42	10.5 (53.0%)
65	HEBDA Damian	242	56. BAZA LOTNICZA	M-30	65	00:00:28	00:14:07	00:28:01	00:41:48	00:55:24	00:57:45.95	00:58:14.90	+00:27:23 (47.4%)	5:46	10.4 (52.5%)
66	RYDLEWSKI Andrzej	220	RUN BYDGOSZCZ	M-30	66	00:00:33	00:14:51	00:28:44	00:42:19	00:55:50	00:57:49.20	00:58:22.30	+00:27:27 (47.5%)	5:46	10.4 (52.5%)
67	ZIELIŃSKI Radosław	122		M-30	67	00:00:23	00:14:24	00:28:15	00:42:19	00:56:14	00:58:24.85	00:58:48.70	+00:28:02 (48.0%)	5:50	10.3 (52.0%)
68	KOLSKI Michał	119		M-30	68	00:00:11	00:14:20	00:28:18	00:42:06	00:56:11	00:58:46.20	00:58:57.30	+00:28:24 (48.3%)	5:52	10.2 (51.5%)

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69	SKORUPKA Radek	370		M-30	69	00:00:26	00:14:25	00:27:59	00:41:46	00:56:15	00:58:56.35	00:59:22.40	+00:28:34 (48.5%)	5:53	10.2 (51.5%)
70	CIEŚLICKI Krzysztof	363	SISU-OWB TEAM	M-30	70	00:00:29	00:15:19	00:29:09	00:43:56	00:58:17	01:01:00.75	01:01:30.05	+00:30:38 (50.2%)	6:06	9.8 (49.5%)
71	UGOREK Mirosław	262		M-30	71	00:00:08	00:13:47	00:27:56	00:43:28	00:59:43	01:02:22.80	01:02:30.85	+00:32:00 (51.3%)	6:14	9.6 (48.5%)
72	BIELINSKI Karol	243		M-30	72	00:00:31	00:15:37	00:30:10	00:45:26	01:00:13	01:02:48.40	01:03:20.35	+00:32:26 (51.6%)	6:16	9.6 (48.5%)
73	MIAZGA Adam	382		M-30	73	00:00:20	00:16:14	00:31:36	00:47:31	01:03:24	01:06:15.95	01:06:36.70	+00:35:53 (54.2%)	6:37	9.1 (46.0%)
74	SZYMAŃSKI Szymon	35		M-30	74	00:00:10	00:15:56	00:32:32	00:49:51	01:07:09	01:09:58.50	01:10:09.20	+00:39:36 (56.6%)	6:59	8.6 (43.4%)
75	DRUŻYŃSKI Sebastian	114		M-30	75	00:00:32	00:16:13	00:32:30	00:49:49	01:07:26	01:10:38.90	01:11:11.20	+00:40:16 (57.0%)	7:03	8.5 (42.9%)
76	SWOBODA Daniel	140		M-30	76	00:00:20	00:19:31	00:38:12	00:57:18	01:17:27	01:21:22.80	01:21:42.90	+00:51:00 (62.7%)	8:08	7.4 (37.4%)

Total 76 results.