



Organizator: Hotel Brzoza
Data: 2018-12-31
Miejsce: Brzoza
Dystans: 10 km

XII BIEG SYLWESTROWY

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KOWALSKI Dariusz	383	TEAM KOWALSKI	M-50	1	00:00:01	00:09:08	00:17:45	00:26:27	00:35:18	00:36:51.70	00:36:53.55		3:41	16.3 (100%)
2	KARPIŃSKI Wiesław	188	DUDYCZ TEAM GDAŃSK	M-50	2	00:00:02	00:09:22	00:18:01	00:26:51	00:35:35	00:37:11.65	00:37:13.65	+00:00:19 (0.9%)	3:43	16.1 (98.8%)
3	FOREMSKI Sławomir	83		M-50	3	00:00:02	00:09:08	00:17:47	00:26:46	00:35:39	00:37:18.90	00:37:21.05	+00:00:27 (1.2%)	3:43	16.1 (98.8%)
4	WOLNY Piotr	8	BRZOZA BIEGA	M-50	4	00:00:02	00:09:27	00:18:31	00:27:40	00:36:41	00:38:25.40	00:38:27.55	+00:01:33 (4.1%)	3:50	15.6 (95.7%)
5	OSIŃSKI Ryszard	416	BIEGOWA RODZINKA	M-50	5	00:00:03	00:09:32	00:18:43	00:28:02	00:37:22	00:39:04.85	00:39:08.75	+00:02:13 (5.7%)	3:54	15.4 (94.5%)
6	RACZYŃSKI Krzysztof	19	BIEGAJĄCY FILOZOF TEAM	M-50	6	00:00:03	00:10:22	00:19:55	00:29:20	00:38:43	00:40:27.00	00:40:30.25	+00:03:35 (8.9%)	4:02	14.8 (90.8%)
7	PAWŁOWSKI Radosław	15		M-50	7	00:00:03	00:10:41	00:20:26	00:30:18	00:40:12	00:42:00.80	00:42:04.45	+00:05:09 (12.3%)	4:12	14.3 (87.7%)
8	KOWAL Adam	409		M-50	8	00:00:09	00:11:00	00:21:11	00:31:19	00:41:31	00:43:22.35	00:43:32.25	+00:06:30 (15.0%)	4:20	13.8 (84.7%)
9	KAZUBOWSKI Jacek	195	TRIDARKO	M-50	9	00:00:05	00:11:17	00:21:48	00:32:25	00:42:47	00:44:40.40	00:44:45.40	+00:07:48 (17.5%)	4:28	13.4 (82.2%)
10	KANARKOWSKI Stanisław	172	AMATOR - NIEZRZESZONY	M-50	10	00:00:05	00:11:41	00:22:19	00:33:03	00:43:35	00:45:27.30	00:45:33.05	+00:08:35 (18.9%)	4:32	13.2 (81.0%)
11	JUREK Piotr	135		M-50	11	00:00:08	00:11:13	00:21:59	00:32:44	00:43:30	00:45:31.00	00:45:39.25	+00:08:39 (19.0%)	4:33	13.2 (81.0%)
12	MONDRY Waldemar	128		M-50	12	00:00:09	00:11:38	00:22:28	00:33:17	00:43:52	00:45:36.95	00:45:46.40	+00:08:45 (19.2%)	4:33	13.2 (81.0%)
13	BARCZAK Piotr	280	BRZOZA BRZOZA	M-50	13	00:00:05	00:10:32	00:20:27	00:31:31	00:43:38	00:45:55.85	00:46:01.65	+00:09:04 (19.7%)	4:35	13.1 (80.4%)
14	KRZYŻANOWSKI Robert	78	RUN PASJA	M-50	14	00:00:18	00:11:29	00:22:10	00:33:04	00:44:01	00:45:58.85	00:46:17.45	+00:09:07 (19.8%)	4:35	13 (79.8%)
15	SŁOTAŁA Dariusz	33	KLUB 366 WITUNIA	M-50	15	00:00:10	00:12:25	00:23:46	00:34:52	00:45:50	00:47:47.90	00:47:58.70	+00:10:56 (22.9%)	4:46	12.6 (77.3%)
16	MARCINKOWSKI Paweł	192	VIVA-TORUŃ	M-50	16	00:00:10	00:12:01	00:23:16	00:34:32	00:45:57	00:48:03.20	00:48:13.45	+00:11:11 (23.3%)	4:48	12.5 (76.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
17	SZULC Edmund	38		M-50	17	00:00:12	00:11:47	00:23:14	00:34:58	00:46:27	00:48:30.45	00:48:42.55	+00:11:38 (24.0%)	4:51	12.4 (76.1%)
18	KANTORSKI Zbysław	69	COCA-COLA RUNNERS	M-50	18	00:00:11	00:12:03	00:23:27	00:35:11	00:47:04	00:49:10.95	00:49:22.65	+00:12:19 (25.1%)	4:55	12.2 (74.8%)
19	LUZAK Mirosław	168	MWIK BYDGOSZCZ	M-50	19	00:00:07	00:12:23	00:23:58	00:35:40	00:47:21	00:49:26.60	00:49:33.65	+00:12:34 (25.4%)	4:56	12.1 (74.2%)
20	MAŚLIŃSKI Mirosław	67		M-50	20	00:00:06	00:12:13	00:23:28	00:35:23	00:47:24	00:49:34.60	00:49:41.45	+00:12:42 (25.6%)	4:57	12.1 (74.2%)
21	GAŚIOREK Tomasz	378	BRZOZA BIEGA	M-50	21	00:00:05	00:12:49	00:24:50	00:36:58	00:49:03	00:50:07.15	00:50:12.70	+00:13:15 (26.5%)	5:00	12 (73.6%)
22	ZUPA Wojciech	134	SISU-OWB TEAM	M-50	22	00:00:04	00:11:59	00:24:02	00:35:59	00:48:11	00:50:18.45	00:50:23.25	+00:13:26 (26.7%)	5:01	11.9 (73.0%)
23	ZIĘTARA Rajmund	315	2 RBLOG SKŁAD ZEGRZE	M-50	23	00:00:30	00:12:42	00:24:36	00:36:47	00:49:11	00:51:30.85	00:52:01.00	+00:14:39 (28.4%)	5:09	11.6 (71.2%)
24	KURS Jarosław	59	TKKF KOLEJARZ BYDGOSZCZ	M-50	24	00:00:14	00:12:42	00:24:44	00:36:58	00:49:29	00:51:34.75	00:51:48.90	+00:14:43 (28.5%)	5:09	11.6 (71.2%)
25	NOWACZYK Zygmunt	371	BOLT TRZEMESZNO	M-50	25	00:00:37	00:13:27	00:25:45	00:37:47	00:49:37	00:51:43.70	00:52:20.75	+00:14:52 (28.7%)	5:10	11.6 (71.2%)
26	BRZUSKIEWICZ Sławomir	259	ARTCOP	M-50	26	00:00:18	00:13:14	00:25:33	00:38:05	00:50:40	00:52:44.60	00:53:02.90	+00:15:52 (30.1%)	5:16	11.4 (69.9%)
27	ZIÓŁKOWSKI Mieczysław	62	DECATHLON TEAM INOWROCŁAW	M-50	27	00:00:14	00:12:29	00:25:19	00:38:16	00:50:47	00:52:50.75	00:53:05.35	+00:15:59 (30.2%)	5:17	11.4 (69.9%)
28	BRATEK Andrzej	328	TKKF KOLEJARZ BYDGOSZCZ	M-50	28	00:00:15	00:12:47	00:25:29	00:38:10	00:51:10	00:53:28.70	00:53:43.70	+00:16:37 (31.1%)	5:20	11.2 (68.7%)
29	KOLANOWSKI Wojciech	23		M-50	29	00:00:12	00:13:10	00:25:56	00:38:41	00:51:23	00:53:29.15	00:53:41.60	+00:16:37 (31.1%)	5:20	11.2 (68.7%)
30	JĘDRZEJCZYK Mirosław	231		M-50	30	00:00:20	00:14:05	00:26:21	00:39:00	00:51:26	00:53:47.30	00:54:07.80	+00:16:55 (31.5%)	5:22	11.2 (68.7%)
31	ZAKOŚCIELNY Krzysztof	207		M-50	31	00:00:16	00:13:32	00:26:13	00:38:58	00:51:40	00:53:59.50	00:54:15.75	+00:17:07 (31.7%)	5:23	11.1 (68.1%)
32	BRZÓZOWSKI Jarosław	65	BRZOZA TRI TEAM	M-50	32	00:00:22	00:13:41	00:26:25	00:39:17	00:51:55	00:54:12.50	00:54:35.20	+00:17:20 (32.0%)	5:25	11.1 (68.1%)
33	WEGNER Roman	219		M-50	33	00:00:14	00:13:14	00:26:07	00:39:23	00:52:49	00:55:12.50	00:55:27.25	+00:18:20 (33.2%)	5:31	10.9 (66.9%)
34	TREPANOWSKI Tomasz	264		M-50	34	00:00:21	00:14:13	00:27:05	00:39:58	00:52:57	00:55:18.05	00:55:39.65	+00:18:26 (33.3%)	5:31	10.8 (66.3%)
35	KOWALSKI Grzegorz	26		M-50	35	00:00:09	00:13:15	00:26:20	00:39:48	00:53:17	00:55:37.40	00:55:47.05	+00:18:45 (33.7%)	5:33	10.8 (66.3%)
36	MOYS Tomasz	200		M-50	36	00:00:19	00:14:09	00:27:28	00:40:51	00:54:19	00:56:41.05	00:57:01.00	+00:19:49 (35.0%)	5:40	10.6 (65.0%)
37	KOMAJDA Jarosław	180	SOLECCY BIEGACZE	M-50	37	00:00:18	00:14:24	00:27:43	00:41:04	00:54:42	00:57:01.10	00:57:19.20	+00:20:09 (35.4%)	5:42	10.5 (64.4%)
38	WIŚNIEWSKI Włodzimierz	179		M-50	38	00:00:28	00:14:01	00:27:17	00:40:55	00:54:43	00:57:11.40	00:57:39.95	+00:20:19 (35.5%)	5:43	10.5 (64.4%)
39	SALITA Lech	32	ALTOM GNIEZNO	M-50	39	00:00:22	00:14:35	00:28:07	00:41:38	00:55:05	00:57:30.90	00:57:53.30	+00:20:39 (35.9%)	5:45	10.4 (63.8%)

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40	SCHEFFS Mirosław	281		M-50	40	00:00:11	00:14:06	00:27:38	00:41:50	00:56:12	00:58:34.35	00:58:45.95	+00:21:42 (37.1%)	5:51	10.2 (62.6%)
41	SZELAĞ Wojciech	95		M-50	41	00:00:24	00:14:11	00:27:49	00:41:46	00:56:14	00:58:54.80	00:59:18.90	+00:22:03 (37.4%)	5:53	10.2 (62.6%)
42	KAPELIŃSKI Stanisław	298	RODOS TEAM	M-50	42	00:00:28	00:15:36	00:30:11	00:45:25	01:00:53	01:03:31.30	01:03:59.80	+00:26:39 (42.0%)	6:21	9.4 (57.7%)
43	KUCHARSKI Adam	124		M-50	43	00:00:24	00:16:52	00:33:06	00:49:58	01:07:41	01:10:51.55	01:11:16.50	+00:33:59 (48.0%)	7:05	8.5 (52.1%)

Znaleziono 43 wynik(ów)