



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Festiwal Biegowy Dzik Weekend 2022  
Stowarzyszenie Klub Biegowy Dzik  
2022-08-19  
Police  
22,5 km

## XII DZIKI WEEKEND - FESTIWAL 3 DNI

B4SPORT  
BIEGOWY KLUB POLSKI

 **HERKULES**  
[www.herkules.org.pl](http://www.herkules.org.pl)

Klasyfikacja: K-30

| Msc | Zawodnik                  | Numer | Klub                 | Kategoria | Mkat | Etap 5km    | Etap 10km   | Etap 7.5km  | Czas netto 22.5km | Różn              | Tempo min/km | Tempo km/h  |
|-----|---------------------------|-------|----------------------|-----------|------|-------------|-------------|-------------|-------------------|-------------------|--------------|-------------|
| 1   | BOROWSKA Karolina         | 16    | VO2MAX RACING TEAM   | K-30      | 1    | 00:25:31.00 | 00:51:27.00 | 01:25:58.00 | 02:42:56.00       |                   | 7:14         | 8.3 (100%)  |
| 2   | PILARCZYK Katarzyna       | 129   | KSF                  | K-30      | 2    | 00:26:25.00 | 00:54:52.00 | 01:23:25.00 | 02:44:42.00       | +00:01:46 (1.1%)  | 7:19         | 8.2 (98.8%) |
| 3   | PAŁASZEWSKA Karolina      | 122   | 14ZBOT/142BLP        | K-30      | 3    | 00:27:38.00 | 00:54:59.00 | 01:25:23.00 | 02:48:00.00       | +00:05:04 (3.0%)  | 7:28         | 8 (96.4%)   |
| 4   | DORAWA-ZIOMEK Anna        | 32    | DZIKIE ŻÓŁWIE        | K-30      | 4    | 00:31:24.00 | 01:04:41.00 | 01:35:56.00 | 03:12:01.00       | +00:29:05 (15.1%) | 8:32         | 7 (84.3%)   |
| 5   | BIESSEK Katarzyna         | 8     | GO2TRI               | K-30      | 5    | 00:30:58.00 | 01:03:13.00 | 01:43:25.00 | 03:17:36.00       | +00:34:40 (17.5%) | 8:46         | 6.8 (81.9%) |
| 6   | ROMANOWICZ Monika         | 143   | DZIKIE ŻÓŁWIE        | K-30      | 6    | 00:32:36.00 | 01:08:15.00 | 01:43:01.00 | 03:23:52.00       | +00:40:56 (20.1%) | 9:03         | 6.6 (79.5%) |
| 7   | LEPPAK Małgorzata         | 94    | CSB DRAWSKO          | K-30      | 7    | 00:35:21.00 | 01:14:38.00 | 01:34:59.00 | 03:24:58.00       | +00:42:02 (20.5%) | 9:06         | 6.6 (79.5%) |
| 8   | BADURA Ewelina            | 4     | ŻANDARMERIA WOJSKOWA | K-30      | 8    | 00:29:26.00 | 01:03:13.00 | 02:01:16.00 | 03:33:55.00       | +00:50:59 (23.8%) | 9:30         | 6.3 (75.9%) |
| 9   | BURDELAK Agnieszka        | 24    | ŻANDARMERIA WOJSKOWA | K-30      | 9    | 00:30:41.00 | 01:08:19.00 | 02:01:16.00 | 03:40:16.00       | +00:57:20 (26.0%) | 9:47         | 6.1 (73.5%) |
| 10  | POŹNIAK Aleksandra        | 135   | DZIKIE DZIKI GORZÓW  | K-30      | 10   | 00:34:10.00 | 01:13:39.00 | 01:53:35.00 | 03:41:24.00       | +00:58:28 (26.4%) | 9:50         | 6.1 (73.5%) |
| 11  | HOŁOWCZYC Agnieszka Marta | 64    | FREE AND WILD        | K-30      | 11   | 00:33:43.00 | 01:10:37.00 | 01:58:59.00 | 03:43:19.00       | +01:00:23 (27.0%) | 9:55         | 6 (72.3%)   |
| 12  | HOŁOWCZYC Julia Anna      | 65    | FREE AND WILD        | K-30      | 12   | 00:33:43.00 | 01:10:38.00 | 01:58:59.00 | 03:43:20.00       | +01:00:24 (27.0%) | 9:55         | 6 (72.3%)   |
| 13  | WIĘCKOWSKA Joanna         | 194   |                      | K-30      | 13   | 00:33:20.00 | 01:09:44.00 | 02:11:31.00 | 03:54:35.00       | +01:11:39 (30.5%) | 10:25        | 5.8 (69.9%) |
| 14  | SAWICKA -WERS Urszula     | 152   |                      | K-30      | 14   | 00:40:13.00 | 01:13:20.00 | 02:05:33.00 | 03:59:06.00       | +01:16:10 (31.9%) | 10:37        | 5.6 (67.5%) |

| Msc | Zawodnik                 | Numer | Klub                             | Kategoria | Mkat | Etap 5km        | Etap 10km       | Etap 7.5km      | Czas netto 22.5km | Różn              | Tempo min/km | Tempo km/h  |
|-----|--------------------------|-------|----------------------------------|-----------|------|-----------------|-----------------|-----------------|-------------------|-------------------|--------------|-------------|
| 15  | ZAKRZEWSKA Sylwia        | 204   |                                  | K-30      | 15   | 00:36:52.00     | 01:14:53.00     | 02:11:01.00     | 04:02:46.00       | +01:19:50 (32.9%) | 10:47        | 5.6 (67.5%) |
| 16  | SUCHODOLSKA Aleksandra   | 176   | DZIKIE ŻÓŁWIE                    | K-30      | 16   | 00:32:37.00     | 01:08:16.00     | 02:29:12.00     | 04:10:05.00       | +01:27:09 (34.8%) | 11:06        | 5.4 (65.1%) |
| 17  | MILEWSKA Marta           | 109   |                                  | K-30      | 17   | 00:34:33.00     | 01:14:42.00     | 02:21:11.00     | 04:10:26.00       | +01:27:30 (34.9%) | 11:07        | 5.4 (65.1%) |
| 18  | HARTWIGER Julia          | 60    | BRAUNSCHWEIG HASH HOUSE HARRIERS | K-30      | 18   | 00:36:20.00     | 01:07:15.00     | 02:26:55.00     | 04:10:30.00       | +01:27:34 (35.0%) | 11:08        | 5.4 (65.1%) |
| 19  | KUNIKOWSKA Patrycja      | 89    | STARGARD JA SIĘ NIE ŚCIGAM       | K-30      | 19   | 00:38:04.00     | 01:11:16.00     | 02:27:31.00     | 04:16:51.00       | +01:33:55 (36.6%) | 11:24        | 5.3 (63.9%) |
| 20  | MARGULA-JAŚKOWSKA Dorota | 100   |                                  | K-30      | 20   | 00:45:02.00     | 01:34:10.00     | 02:03:46.00     | 04:22:58.00       | +01:40:02 (38.0%) | 11:41        | 5.1 (61.4%) |
| 21  | ZAKOŚCIELNA Katarzyna    | 203   | DZIKIE ŻÓŁWIE                    | K-30      | 21   | 00:34:48.00     | 01:18:07.00     | 02:30:11.00     | 04:23:06.00       | +01:40:10 (38.1%) | 11:41        | 5.1 (61.4%) |
| 22  | TOKAREK Justyna          | 184   |                                  | K-30      | 22   | 00:40:07.00     | 01:22:18.00     | 02:21:11.00     | 04:23:36.00       | +01:40:40 (38.2%) | 11:42        | 5.1 (61.4%) |
| 23  | RUMOWSKA Agnieszka       | 147   |                                  | K-30      | 23   | 00:49:55.00     | 01:36:34.00     | 02:11:31.00     | 04:38:00.00       | +01:55:04 (41.4%) | 12:21        | 4.9 (59.0%) |
| 24  | KRYSZEWSKA Magdalena     | 85    | DZIKIE ŻÓŁWIE                    | K-30      | 24   | 00:42:49.00     | 01:30:58.00     | 02:29:12.00     | 04:42:59.00       | +02:00:03 (42.4%) | 12:34        | 4.8 (57.8%) |
| 25  | BOŚKO Paulina            | 17    | CMENTARNE HIENY                  | K-30      | 25   | 00:40:38.00     | 01:31:07.00     | 02:53:32.00     | 05:05:17.00       | +02:22:21 (46.6%) | 13:34        | 4.4 (53.0%) |
| 26  | JĘDRYKA Anna             | 70    | MACARENA WARRIORS                | K-30      | 26   | 00:46:32.00     | 01:02:10.00     | 03:32:06.00     | 05:20:48.00       | +02:37:52 (49.2%) | 14:15        | 4.2 (50.6%) |
| 27  | BLACHOWSKA Agnieszka     | 9     |                                  | K-30      | 27   | 00:48:15.00     | 01:46:16.00     | 02:52:58.00     | 05:27:29.00       | +02:44:33 (50.2%) | 14:33        | 4.1 (49.4%) |
| 28  | KNAPIK Justyna           | 77    |                                  | K-30      | 28   | 00:46:28.00     | 01:21:20.00     | 03:32:02.00     | 05:39:50.00       | +02:56:54 (52.1%) | 15:06        | 4 (48.2%)   |
|     | URBANIAK Anna            | 185   | GRUPA AZOTY                      | K-30      |      | 00:00:00.00 DNF | 00:00:00.00 DNF | 01:58:09.00 DNF | DNF               |                   | -            | - (0.0%)    |
|     | RÓŻYCKA Karina           | 146   | GRUPA AZOTY                      | K-30      |      | 00:00:00.00 DNF | 00:00:00.00 DNF | 02:23:00.00 DNF | DNF               |                   | -            | - (0.0%)    |

Znaleziono 30 wynik(ów)