



XII FESTIWAL SPORTOWO-TURYSTYCZNY - NORDIC WALKING 6,5 KM

B4SPORT

Event: XII Festiwal Sportowo-Turystyczny 2018
Organiser: Rowerowa Brzoza
Date: 2018-09-23
Place: Przyłęki-Brzoza
Distance: 6,5 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Classification: All

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	TRZCIŃSKI Franciszek	513	SPORT I REKREACJA START (CHEŁMNO)	M46-55	1	00:00:03	00:39:39.20	00:39:42.85		7:55	7.6 (100%)
2	WOROCH Roman	563	POLKOWICE	M56+	1	00:00:03	00:39:41.35	00:39:45.05	+00:00:02 (0.1%)	7:56	7.6 (100%)
3	RADOMSKI Marcin	529	BIEGAM W SFETSZE	M36-45	1	00:00:03	00:41:00.20	00:41:03.65	+00:01:21 (3.3%)	8:12	7.3 (96.1%)
4	MUCHA Marcin	526	BATRUNERS	M36-45	2	00:00:03	00:41:50.80	00:41:54.30	+00:02:11 (5.2%)	8:22	7.2 (94.7%)
5	NOWAK Grzegorz	512		M36-45	3	00:00:03	00:42:12.15	00:42:15.75	+00:02:32 (6.0%)	8:26	7.1 (93.4%)
6	BARANOWSKI Romuald	528	DYNAMIC	M46-55	2	00:00:03	00:42:31.25	00:42:34.95	+00:02:52 (6.7%)	8:30	7.1 (93.4%)
7	KUBIAK Jakub	587		M35	1	00:00:04	00:42:45.95	00:42:50.80	+00:03:06 (7.3%)	8:33	7 (92.1%)
8	JASIŁEK Przemysław	543		M36-45	4	00:00:05	00:42:49.35	00:42:54.60	+00:03:10 (7.4%)	8:33	7 (92.1%)
9	MIELECKA Agnieszka	548	KS IDMAR RACING TEAM	K46-55	1	00:00:04	00:42:58.35	00:43:02.60	+00:03:19 (7.7%)	8:35	7 (92.1%)
10	KĘDZIERSKI Arkadiusz	577	KIJKOWE TRZEMESZNO	M36-45	5	00:00:03	00:43:01.65	00:43:05.30	+00:03:22 (7.8%)	8:36	7 (92.1%)
11	SZYMAŃSKI Zbigniew	530		M56+	2	00:00:03	00:43:05.10	00:43:08.85	+00:03:25 (8.0%)	8:37	7 (92.1%)
12	KĘDZIERSKA Agnieszka	576	KIJKOWE TRZEMESZNO	K36-45	1	00:00:03	00:43:17.65	00:43:20.95	+00:03:38 (8.4%)	8:39	6.9 (90.8%)
13	TRZCIŃSKI Eugeniusz	535		M56+	3	00:00:03	00:43:26.00	00:43:29.05	+00:03:46 (8.7%)	8:41	6.9 (90.8%)
14	KOLBERG Kamila	578	KIJKOWE TRZEMESZNO	K36-45	2	00:00:05	00:43:39.75	00:43:45.20	+00:04:00 (9.2%)	8:44	6.9 (90.8%)
15	ZWOLENKIEWICZ Joanna	547	KS SOKÓŁ GAŚAWA	K46-55	2	00:00:05	00:45:03.55	00:45:08.70	+00:05:24 (12.0%)	9:00	6.7 (88.2%)
16	WERNER Czesław	537	PZLA MASTERS	M56+	4	00:00:02	00:45:13.20	00:45:16.05	+00:05:34 (12.3%)	9:02	6.6 (86.8%)
17	JÓŻWIAK Marianna	579	SERCE NORDICA WŁOCŁAWEK	K36-45	3	00:00:03	00:45:19.70	00:45:23.60	+00:05:40 (12.5%)	9:04	6.6 (86.8%)
18	WIERZCHOSŁAWSKI Mateusz	518		M35	2	00:00:07	00:47:01.15	00:47:08.70	+00:07:21 (15.7%)	9:24	6.4 (84.2%)
19	WIERZCHOSŁAWSKA Agnieszka	516		K35	1	00:00:05	00:47:03.15	00:47:08.45	+00:07:23 (15.7%)	9:24	6.4 (84.2%)
20	BAGNIEWSKA Małgorzata	585		K35	2	00:00:06	00:47:44.05	00:47:51.00	+00:08:04 (16.9%)	9:33	6.3 (82.9%)
21	MOŹDŻEŃ Barbara	562		K56+	1	00:00:03	00:48:12.90	00:48:16.20	+00:08:33 (17.8%)	9:38	6.2 (81.6%)
22	CIESIELSKI Krzysztof	507	FAST WALKER	M56+	5	00:00:05	00:48:15.70	00:48:21.10	+00:08:36 (17.8%)	9:39	6.2 (81.6%)
23	POTRZEBOWSKA Agata	559	DEAF	K35	3	00:00:06	00:48:17.15	00:48:23.95	+00:08:37 (17.9%)	9:39	6.2 (81.6%)
24	POTRZEBOWSKI Marek	560	DEAF	M35	3	00:00:07	00:48:44.75	00:48:52.00	+00:09:05 (18.7%)	9:45	6.2 (81.6%)
25	KWIATKOWSKA Elżbieta	523		K46-55	3	00:00:04	00:48:54.05	00:48:59.00	+00:09:14 (18.9%)	9:47	6.1 (80.3%)
26	GÓRNIAK Julia	520	GÓRZYSKOWO TEAM	K35	4	00:00:07	00:48:54.20	00:49:02.05	+00:09:15 (18.9%)	9:47	6.1 (80.3%)
27	SZYMAŃSKA Halina	531		K56+	2	00:00:05	00:49:02.85	00:49:08.40	+00:09:23 (19.2%)	9:48	6.1 (80.3%)
28	WERNER Ewa	538	TEAM WERNER	K46-55	4	00:00:03	00:49:09.30	00:49:13.25	+00:09:30 (19.3%)	9:50	6.1 (80.3%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
29	KRIGER Roman	532	ROMKI	M56+	6	00:00:04	00:49:16.20	00:49:21.05	+00:09:37 (19.5%)	9:51	6.1 (80.3%)
30	NOWIŃSKI Jarosław	170		M36-45	6	00:00:06	00:49:39.00	00:49:45.55	+00:09:59 (20.1%)	9:55	6 (78.9%)
31	WARDECKA-HOŁTYN Justyna	511		K35	5	00:00:04	00:49:45.25	00:49:50.05	+00:10:06 (20.3%)	9:57	6 (78.9%)
32	WIADERSKI Wojciech	536		M56+	7	00:00:12	00:49:45.75	00:49:58.40	+00:10:06 (20.3%)	9:57	6 (78.9%)
33	JASIŁEK Kama	561		K35	6	00:00:04	00:49:46.70	00:49:50.85	+00:10:07 (20.3%)	9:57	6 (78.9%)
33	KOZIOŁ Magdalena	515		K35	7	00:00:05	00:49:46.70	00:49:52.10	+00:10:07 (20.3%)	9:57	6 (78.9%)
35	JÓZWIAK Łukasz	581	SERCE NORDICA WŁOCŁAWEK	M46-55	3	00:00:07	00:50:32.20	00:50:39.55	+00:10:53 (21.5%)	10:06	5.9 (77.6%)
36	KUBIAK Andrzej	500		M46-55	4	00:00:06	00:51:10.85	00:51:17.05	+00:11:31 (22.5%)	10:14	5.9 (77.6%)
37	KOWALCZYK Magdalena	554		K35	8	00:00:14	00:51:23.40	00:51:37.75	+00:11:44 (22.8%)	10:16	5.8 (76.3%)
38	GROCHAŁA Michał	557		M35	4	00:00:13	00:51:24.15	00:51:37.75	+00:11:44 (22.9%)	10:16	5.8 (76.3%)
39	PIETRZAK Kamila	534		K35	9	00:00:09	00:51:32.15	00:51:41.35	+00:11:52 (23.1%)	10:18	5.8 (76.3%)
40	DAROSZEWSKA Krystyna	586		K56+	3	00:00:06	00:51:42.70	00:51:49.25	+00:12:03 (23.3%)	10:20	5.8 (76.3%)
41	GRACZYKOWSKA Anna	527	OPTYK INOWROCLAW	K35	10	00:00:11	00:52:32.05	00:52:43.15	+00:12:52 (24.5%)	10:30	5.7 (75.0%)
42	URBANOWICZ Dariusz	525		M46-55	5	00:00:13	00:52:36.90	00:52:50.00	+00:12:57 (24.6%)	10:31	5.7 (75.0%)
43	KUBIAK Wojciech	588		M56+	8	00:00:07	00:52:43.00	00:52:50.35	+00:13:03 (24.8%)	10:32	5.7 (75.0%)
44	KUBIAK Anna	540	KS SOKÓŁ GAŚAWA	K46-55	5	00:00:06	00:52:44.05	00:52:50.15	+00:13:04 (24.8%)	10:32	5.7 (75.0%)
45	RYBAK Katarzyna	514		K46-55	6	00:00:10	00:52:54.05	00:53:04.45	+00:13:14 (25.0%)	10:34	5.7 (75.0%)
46	KRYŚKIEWICZ Janina	506		K56+	4	00:00:06	00:53:05.95	00:53:12.10	+00:13:26 (25.3%)	10:37	5.6 (73.7%)
47	MINISZEWSKA Irena	542		K36-45	4	00:00:13	00:53:22.95	00:53:36.65	+00:13:43 (25.7%)	10:40	5.6 (73.7%)
48	WOJCIECHOWSKA Katarzyna	539	NIEZRZESZONA	K36-45	5	00:00:09	00:53:28.00	00:53:37.70	+00:13:48 (25.8%)	10:41	5.6 (73.7%)
49	BARTOSIŃSKA Irena	589	COFFEE TEAM	K56+	5	00:00:11	00:54:09.10	00:54:20.10	+00:14:29 (26.8%)	10:49	5.5 (72.4%)
50	WIERZCHŁOSŁAWSKI Marcel	522		M35	5	00:00:07	00:54:25.10	00:54:32.75	+00:14:45 (27.1%)	10:53	5.5 (72.4%)
51	BARTOSIŃSKI Mariusz	590	COFFEE TEAM	M56+	9	00:00:11	00:55:02.50	00:55:14.35	+00:15:23 (28.0%)	11:00	5.4 (71.1%)
52	PERLIK Wiesław	503	TADMAX	M56+	10	00:00:14	00:55:33.70	00:55:48.10	+00:15:54 (28.6%)	11:06	5.4 (71.1%)
53	JĘDRA Ewa	555	SPINARIO SP. Z O.O.	K36-45	6	00:00:04	00:55:42.50	00:55:47.40	+00:16:03 (28.8%)	11:08	5.4 (71.1%)
54	KUPER Mariusz	517	GÓRZYSKOWO TEAM	M36-45	7	00:00:08	00:55:48.50	00:55:56.95	+00:16:09 (28.9%)	11:09	5.4 (71.1%)
55	HADOWSKA Anna	521	IKSI INOWROCLAW	K56+	6	00:00:16	00:56:45.70	00:57:01.75	+00:17:06 (30.1%)	11:21	5.3 (69.7%)
56	KUPER Justyna	519	GÓRZYSKOWO TEAM	K35	11	00:00:09	00:56:52.50	00:57:01.70	+00:17:13 (30.3%)	11:22	5.3 (69.7%)
57	WIŚNIEWSKA Elżbieta	549		K46-55	7	00:00:10	00:57:22.85	00:57:33.15	+00:17:43 (30.9%)	11:28	5.2 (68.4%)
58	WIADERSKA Grażyna	508		K56+	7	00:00:04	00:57:28.90	00:57:33.45	+00:17:49 (31.0%)	11:29	5.2 (68.4%)
59	PIETRZAK Halina	533		K36-45	7	00:00:10	00:57:36.70	00:57:47.10	+00:17:57 (31.2%)	11:31	5.2 (68.4%)
60	KICIŃSKA Mariola	509		K46-55	8	00:00:06	00:58:02.20	00:58:08.50	+00:18:23 (31.7%)	11:36	5.2 (68.4%)
61	KICIŃSKI Marian	510		M56+	11	00:00:06	00:58:02.55	00:58:08.70	+00:18:23 (31.7%)	11:36	5.2 (68.4%)
62	BIERYT Joanna	504	POLI-FAXUL. BOCZNA 10	K46-55	9	00:00:13	00:58:33.35	00:58:46.45	+00:18:54 (32.3%)	11:42	5.1 (67.1%)
63	ANDRYSZAK Karolina	583	#TEAMFARFALLA	K36-45	8	00:00:05	01:00:10.05	01:00:15.70	+00:20:30 (34.1%)	12:02	5 (65.8%)
64	SAPA Stefania	545	BYDGOSKIE ŻÓŁWIE	K46-55	10	00:00:11	01:00:28.75	01:00:40.65	+00:20:49 (34.4%)	12:05	5 (65.8%)
65	SAPA Dariusz	544	BYDGOSKIE ŻÓŁWIE	M46-55	6	00:00:11	01:00:28.90	01:00:40.65	+00:20:49 (34.4%)	12:05	5 (65.8%)
66	JÓZWIAK Dominik	580	SERCE NORDICA WŁOCŁAWEK	M35	6	00:00:07	01:00:41.60	01:00:49.35	+00:21:02 (34.7%)	12:08	4.9 (64.5%)
67	WIERZCHOSŁAWSKA Ewa	524		K46-55	11	00:00:08	01:01:30.10	01:01:38.25	+00:21:50 (35.5%)	12:18	4.9 (64.5%)
68	MILACHOWSKA Agnieszka	505		K35	12	00:00:06	01:05:59.50	01:06:05.65	+00:26:20 (39.9%)	13:11	4.5 (59.2%)
69	ZIELIŃSKA Dorota	573		K36-45	9	00:00:09	01:06:32.60	01:06:41.65	+00:26:53 (40.4%)	13:18	4.5 (59.2%)
70	BOŃDOS Katarzyna	582		K46-55	12	00:00:07	01:06:33.40	01:06:41.15	+00:26:54 (40.4%)	13:18	4.5 (59.2%)
71	GUSOWSKA Ala	553		K46-55	13	00:00:10	01:06:35.25	01:06:45.35	+00:26:56 (40.4%)	13:19	4.5 (59.2%)
72	DĘBSKA Urszula	556	KGW	K56+	8	00:00:15	01:06:41.10	01:06:56.55	+00:27:01 (40.5%)	13:20	4.5 (59.2%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
73	KORCZAK Grażyna	566	KLUB SENIORA W BRZOZIE	K56+	9	00:00:08	01:06:43.30	01:06:52.25	+00:27:04 (40.6%)	13:20	4.5 (59.2%)
74	KORCZAK Tadeusz	567	KLUB SENIORA W BRZOZIE	M56+	12	00:00:08	01:06:43.70	01:06:52.20	+00:27:04 (40.6%)	13:20	4.5 (59.2%)
75	SŁODKA Bożena	570	KLUB SENIORA W BRZOZIE	K56+	10	00:00:08	01:06:46.75	01:06:55.65	+00:27:07 (40.6%)	13:21	4.5 (59.2%)
76	CYZIO Urszula	574		K56+	11	00:00:08	01:06:48.65	01:06:57.40	+00:27:09 (40.6%)	13:21	4.5 (59.2%)
77	PAWŁOWSKI Waldemar	550	ROWEROWA BRZOZA	M56+	13	00:00:15	01:10:48.30	01:11:03.85	+00:31:09 (44.0%)	14:09	4.2 (55.3%)
78	JÓZEFOWICZ Aleksandra	565	KLUB SENIORA W BRZOZIE	K56+	12	00:00:10	01:11:58.45	01:12:08.55	+00:32:19 (44.9%)	14:23	4.2 (55.3%)
79	KWIATKOWSKA Bożena	575	KLUB SENIORA W BRZOZIE	K56+	13	00:00:09	01:11:58.80	01:12:08.35	+00:32:19 (44.9%)	14:23	4.2 (55.3%)
80	SOBOLEWSKA Bernadeta	571	KLUB SENIORA W BRZOZIE	K56+	14	00:00:11	01:15:21.90	01:15:33.15	+00:35:42 (47.4%)	15:04	4 (52.6%)
81	SIUDZIŃSKA Genowefa	572	KLUB SENIORA W BRZOZIE	K56+	15	00:00:12	01:19:50.35	01:20:03.00	+00:40:11 (50.3%)	15:58	3.8 (50.0%)
82	MATUSZEWSKA Krystyna	568	KLUB SENIORA W BRZOZIE	K56+	16	00:00:12	01:19:50.80	01:20:03.45	+00:40:11 (50.3%)	15:58	3.8 (50.0%)
83	PIES Misiak	584				00:00:20					(0.0%)

Total 83 results.