



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

XII KOSZALIŃSKI BIEG GÓRSKI - 15 KM

XII KOSZALIŃSKI BIEG GÓRSKI
Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
Koszalin
15.9 km

B4SPORT



Klasyfikacja: M30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	lap1 5.3km	lap2 10.6km	Czas netto 15.9km	Różn	Tempo min/km	Tempo km/h
1	SZYMAŃSKI Paweł	70	FIZJOBIEGACZE SZCZECIN	M30-39	1	00:23:05	00:47:33	01:12:26.55		4:33	13.2 (100%)
2	WOJTALIK Łukasz	16		M30-39	2	00:25:29	00:53:26	01:23:53.15	+00:11:26 (13.6%)	5:16	11.4 (86.4%)
3	WESOŁOWSKI Marcin	75		M30-39	3	00:27:02	00:56:02	01:24:38.60	+00:12:12 (14.4%)	5:19	11.3 (85.6%)
4	MARCINIAK Michał	47		M30-39	4	00:28:59	00:59:19	01:30:17.55	+00:17:51 (19.8%)	5:40	10.6 (80.3%)
5	ZDĄBŁARZ Marcin	80		M30-39	5	00:27:33	00:58:19	01:30:21.65	+00:17:55 (19.8%)	5:40	10.6 (80.3%)
6	KIEŁCZYŃSKI Dawid	26	TEAM DAVE BUKÓWKA	M30-39	6	00:29:22	01:00:44	01:31:18.90	+00:18:52 (20.7%)	5:44	10.4 (78.8%)
7	KUBIŚ Paweł	34		M30-39	7	00:30:23	01:02:25	01:34:38.75	+00:22:12 (23.5%)	5:57	10.1 (76.5%)
8	MISZCZYK Jan	52		M30-39	8	00:29:48	01:03:17	01:36:55.25	+00:24:28 (25.3%)	6:05	9.8 (74.2%)
9	CIOŁEK Przemysław	6	BIAŁOGARD BIEGA	M30-39	9	00:28:47	01:00:55	01:37:01.50	+00:24:34 (25.3%)	6:06	9.8 (74.2%)
10	STWORA Robert	68		M30-39	10	00:28:52	01:01:26	01:37:19.00	+00:24:52 (25.6%)	6:07	9.8 (74.2%)
11	DZIADEK Krzysztof	12	TKKF/BIEGOLAS KOSZALIN	M30-39	11	00:27:14	00:57:36	01:42:17.60	+00:29:51 (29.2%)	6:25	9.3 (70.5%)
12	ALBERT Damian	1	FIZJOBIEGACZE SZCZECIN	M30-39	12	00:32:29	01:08:23	01:44:31.45	+00:32:04 (30.7%)	6:34	9.1 (68.9%)
13	WIDAK Mateusz	76		M30-39	13	00:33:52	01:11:02	01:48:08.95	+00:35:42 (33.0%)	6:48	8.8 (66.7%)
14	DYBIEC Michał	11		M30-39	14	00:31:18	01:09:27	01:48:12.60	+00:35:46 (33.1%)	6:48	8.8 (66.7%)
15	KOWALCZYK Piotr	29	FOR-REST-RUN KOSZALIN	M30-39	15	00:34:07	01:11:58	01:52:18.85	+00:39:52 (35.5%)	7:03	8.5 (64.4%)
16	MAŃSKI Tomasz	46	BALTIC SEALS	M30-39	16	00:33:16	01:12:12	01:54:47.10	+00:42:20 (36.9%)	7:13	8.3 (62.9%)
17	SEROWSKI Łukasz	62		M30-39	17	00:31:28	01:09:44	01:55:03.05	+00:42:36 (37.0%)	7:14	8.3 (62.9%)
18	STAŃCZYK Sławomir	85		M30-39	18	00:37:05	01:18:38	02:04:18.40	+00:51:51 (41.7%)	7:49	7.7 (58.3%)
19	CZERNIEJ Przemysław	8		M30-39	19	00:35:47	01:18:50	02:04:48.90	+00:52:22 (42.0%)	7:50	7.6 (57.6%)
20	KWIDZIŃSKI Michał	37		M30-39	20	00:47:52			+00:24:47	9:01	6.6 (50.0%)

Znaleziono 20 wynik(ów)