

XII KOSZALIŃSKI BIEG GÓRSKI - 5 KM

B4SPORT

Wydarzenie: XII KOSZALIŃSKI BIEG GÓRSKI
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2021-06-05
Miejsce: Koszalin
Dystans: 5.3 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.3km	Różn	Tempo min/km	Tempo km/h
1	SZKOŁUDA Miłosz	151	BIEGOLAS KOSZALIN	M-Open	1	00:21:32.70		4:03	14.8 (100%)
2	GAWEŁ Marcin	97		M-Open	2	00:25:50.10	+00:04:17 (16.6%)	4:52	12.3 (83.1%)
3	KOZIEŁ Paweł	115		M-Open	3	00:25:50.55	+00:04:17 (16.6%)	4:52	12.3 (83.1%)
4	CHUPTYŚ Adrian	89	RUNDORFINA	M-Open	4	00:26:35.55	+00:05:02 (19.0%)	5:00	12 (81.1%)
5	SZNYTER Sabina	152	BIEGOLAS KOSZALIN	K-Open	1	00:26:54.50	+00:05:21 (19.9%)	5:04	11.8 (79.7%)
6	JANKOWIAK Marcin	104		M-Open	5	00:27:02.00	+00:05:29 (20.3%)	5:06	11.8 (79.7%)
7	OSTROWSKI Marcin	133	PZU SPORT TEAM	M-Open	6	00:27:18.80	+00:05:46 (21.1%)	5:09	11.6 (78.4%)
8	HISZCZYŃSKA Aleksandra	101	CSSP KOSZALIN	K-Open	2	00:27:44.10	+00:06:11 (22.3%)	5:13	11.5 (77.7%)
9	PASIEKA Agnieszka	136	UKL 'FENIKS' ŚWIDWIN	K-Open	3	00:27:59.45	+00:06:26 (23.0%)	5:16	11.4 (77.0%)
10	SAWIŃSKI Jacek	144		M-Open	7	00:28:04.45	+00:06:31 (23.3%)	5:17	11.3 (76.4%)
11	SZYMAŃSKI Piotr	154		M-Open	8	00:28:16.60	+00:06:43 (23.8%)	5:20	11.3 (76.4%)
12	BARUTOWICZ Grzegorz	84		M-Open	9	00:28:31.80	+00:06:59 (24.5%)	5:22	11.2 (75.7%)
13	MAZUR Tomasz	127	I LO SZCZECINEK	M-Open	10	00:28:45.40	+00:07:12 (25.1%)	5:25	11.1 (75.0%)
14	BRONECKI Adrian	87	FUNDACJA ZASTOPIJ	M-Open	11	00:28:53.20	+00:07:20 (25.4%)	5:26	11 (74.3%)
15	KASPEROWICZ Zdzisław	107	PRO DYSTANS KASPEROWICZ	M-Open	12	00:29:04.30	+00:07:31 (25.9%)	5:29	10.9 (73.6%)
16	KRACZKOWSKI Przemysław	118		M-Open	13	00:29:37.35	+00:08:04 (27.3%)	5:35	10.7 (72.3%)
17	DZIEMIŃSKI Kamil	95	MONAR KAMIEŃ RYMAŃSKI	M-Open	14	00:30:10.40	+00:08:37 (28.6%)	5:41	10.5 (70.9%)
18	MELON Jacek	128	POZYTYWNI Z PASJĄ	M-Open	15	00:30:16.65	+00:08:43 (28.8%)	5:42	10.5 (70.9%)
19	SUCHANOWSKI Zygmunt	149		M-Open	16	00:30:29.75	+00:08:57 (29.4%)	5:45	10.4 (70.3%)
20	SARAPUK Gabriela	143	TKKF KOSZALIN	K-Open	4	00:30:41.30	+00:09:08 (29.8%)	5:47	10.4 (70.3%)
21	THOMAS Daniel	155	PRECON POLSKA	M-Open	17	00:30:54.70	+00:09:22 (30.3%)	5:49	10.3 (69.6%)
22	MAZIEC Beata	125	BIEGOLAS KOSZALIN	K-Open	5	00:31:01.90	+00:09:29 (30.6%)	5:51	10.3 (69.6%)
23	KRZEWIŃSKA Małgorzata	119	TKKF KOSZALIN	K-Open	6	00:31:24.85	+00:09:52 (31.4%)	5:55	10.1 (68.2%)
24	SIKORSKI Łukasz	146	MONAR KAMIEŃ RYMAŃSKI	M-Open	18	00:31:32.30	+00:09:59 (31.7%)	5:56	10.1 (68.2%)
25	SZCZYPEK Arkadiusz	150	FUNDACJA ZASTOPIJ	M-Open	19	00:31:44.30	+00:10:11 (32.1%)	5:59	10 (67.6%)
26	MITUNIEWICZ Adrian	129	BIEGOLAS	M-Open	20	00:32:03.95	+00:10:31 (32.8%)	6:02	9.9 (66.9%)
27	FURMANIUK Artur	96	WATAHA	M-Open	21	00:32:07.45	+00:10:34 (32.9%)	6:03	9.9 (66.9%)

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28	PRZYBYŁOWICZ Małgorzata	139		K-Open	7	00:32:37.10	+00:11:04 (33.9%)	6:09	9.7 (65.5%)
29	DRULIK-HOŁUB Marta	94		K-Open	8	00:32:45.70	+00:11:13 (34.2%)	6:10	9.7 (65.5%)
30	MAZUR Mirosław	126		M-Open	22	00:33:06.60	+00:11:33 (34.9%)	6:14	9.6 (64.9%)
31	BOGACKI Tomasz	86	TKKF KOSZALIN	M-Open	23	00:33:33.90	+00:12:01 (35.8%)	6:19	9.5 (64.2%)
32	PIOTROWSKI Marek	122		M-Open	24	00:33:45.45	+00:12:12 (36.2%)	6:22	9.4 (63.5%)
33	KOZŁOWIECKI Waldemar	117	TKKF KOSZALIN	M-Open	25	00:33:52.85	+00:12:20 (36.4%)	6:23	9.4 (63.5%)
34	DEJNAK Mariola	93		K-Open	9	00:34:07.40	+00:12:34 (36.9%)	6:26	9.3 (62.8%)
35	KOLIGAT Anna	111		K-Open	10	00:34:14.70	+00:12:42 (37.1%)	6:27	9.3 (62.8%)
36	OSOBNIAK Ryszard	132		M-Open	26	00:35:22.10	+00:13:49 (39.1%)	6:40	9 (60.8%)
37	CZAPLINSKI Piotr	90	FUNDACJA ZASTOPUJ	M-Open	27	00:36:01.15	+00:14:28 (40.2%)	6:47	8.8 (59.5%)
38	JAWORSKA Marta	106		K-Open	11	00:36:23.05	+00:14:50 (40.8%)	6:51	8.7 (58.8%)
39	KILJAN Sylwia	109		K-Open	12	00:36:27.55	+00:14:54 (40.9%)	6:52	8.7 (58.8%)
40	PEŁKA Iwona	137		K-Open	13	00:36:35.65	+00:15:02 (41.1%)	6:54	8.7 (58.8%)
41	KORDECKI Maciej	112		M-Open	28	00:36:48.60	+00:15:15 (41.5%)	6:56	8.6 (58.1%)
42	ROGAŁA Jacek	140	FUNDACJA ZASTOPUJ	M-Open	29	00:36:54.80	+00:15:22 (41.6%)	6:57	8.6 (58.1%)
43	SŁOMSKA Dorota	147		K-Open	14	00:37:21.60	+00:15:48 (42.3%)	7:02	8.5 (57.4%)
44	GREMBLEWSKI Dariusz	98	MONAR KAMIEŃ RYMAŃSKI	M-Open	30	00:37:25.20	+00:15:52 (42.4%)	7:03	8.5 (57.4%)
45	GUTOWSKI Marek	99		M-Open	31	00:37:25.40	+00:15:52 (42.4%)	7:03	8.5 (57.4%)
46	GAŁAN Joanna	92		K-Open	15	00:37:31.85	+00:15:59 (42.6%)	7:04	8.5 (57.4%)
47	MACIEJEWSKI Maciej	121	FPP	M-Open	32	00:38:21.10	+00:16:48 (43.8%)	7:14	8.3 (56.1%)
48	ORDA Marcin	131	MONAR KAMIEŃ RYMAŃSKI	M-Open	33	00:38:31.50	+00:16:58 (44.1%)	7:16	8.3 (56.1%)
49	JANKOWSKA Weronika	105	MONAR KAMIEŃ RYMAŃSKI	K-Open	16	00:38:56.20	+00:17:23 (44.7%)	7:20	8.2 (55.4%)
50	MARSCHAŁKOWSKA Dorota	124	TKKF KOSZALIN	K-Open	17	00:40:18.00	+00:18:45 (46.5%)	7:36	7.9 (53.4%)
51	BRZEZIŃSKI Łukasz	88	#BIAŁOGARDBIEGA	M-Open	34	00:40:26.90	+00:18:54 (46.7%)	7:37	7.9 (53.4%)
52	SADOWSKA Justyna	142		K-Open	18	00:40:48.45	+00:19:15 (47.2%)	7:41	7.8 (52.7%)
53	WESOŁOWSKI Łukasz	158	KOSZALIN	M-Open	35	00:40:48.70	+00:19:16 (47.2%)	7:41	7.8 (52.7%)
54	PADUCH Piotr	134		M-Open	36	00:40:51.45	+00:19:18 (47.3%)	7:42	7.8 (52.7%)
55	SZTECHMILER Katarzyna	153	HUSARIA SZCZECINEK	K-Open	19	00:41:17.30	+00:19:44 (47.8%)	7:47	7.7 (52.0%)
56	SZEWCZYK Paulina	79	HUSARIA SZCZECINEK	K-Open	20	00:41:17.50	+00:19:44 (47.8%)	7:47	7.7 (52.0%)
57	KOBUS MAŁANECZ Agnieszka	110		K-Open	21	00:41:36.05	+00:20:03 (48.2%)	7:50	7.6 (51.4%)
58	WALESIEWICZ Julia	156		K-Open	22	00:42:12.55	+00:20:39 (49.0%)	7:57	7.5 (50.7%)
59	DEJNAK Dagamara	190		K-Open	23	00:43:07.45	+00:21:34 (50.0%)	8:08	7.4 (50.0%)
60	HARASYM Daniel	100	FUNDACJA ZASTOPUJ	M-Open	37	00:43:40.35	+00:22:07 (50.7%)	8:14	7.3 (49.3%)
61	PODGÓRSKA Agata	138	KLUB SPORTOWY HUSARIA SZCZECINEK	K-Open	24	00:44:01.85	+00:22:29 (51.1%)	8:18	7.2 (48.6%)
62	HOJDYCZ Justyna	102		K-Open	25	00:45:34.85	+00:24:02 (52.7%)	8:35	7 (47.3%)
63	KOZŁOWIECKA Małgorzata	116		K-Open	26	00:46:32.70	+00:25:00 (53.7%)	8:46	6.8 (45.9%)
64	PAŁASZ Karolina	135	FUNDACJA ZASTOPUJ	K-Open	27	00:48:33.85	+00:27:01 (55.6%)	9:09	6.5 (43.9%)
65	WALKOWIAK Dariusz	157		M-Open	38	00:57:24.60	+00:35:51 (62.5%)	10:49	5.5 (37.2%)
66	SZMYT Marcin	69	SZWAGRY BIEGAJĄ	M-Open	39		+00:16:23	7:09	8.4 (56.8%)
67	ANTKOWIAK Sebastian	83	DB - ACTIVE	M-Open	40				(0.0%)
68	KULIŃSKI Krzysztof	120	FUNDACJA ZASTOPUJ	M-Open	41				(0.0%)