



XII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM

B4SPORT

Wydarzenie: XII Koszaliński Bieg Sylwestrowy
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2021-12-29
Miejsce: Koszalin
Dystans: 5.1 km



Klasyfikacja: K40-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 1.7km	Lap 3.4km	Czas netto 5.1km	Różn	Tempo min/km	Tempo km/h
1	WĄSOWICZ Anna	166		K40-59	1	00:07:44	00:16:04	00:24:14.20		4:45	12.6 (100%)
2	SARAPUK Gabriela	142	TKKF KOSZALIN	K40-59	2	00:08:34	00:17:04	00:25:22.90	+00:01:08 (4.5%)	4:58	12.1 (96.0%)
3	RYBAK Daria	141		K40-59	3	00:08:41	00:17:33	00:26:24.05	+00:02:09 (8.2%)	5:10	11.6 (92.1%)
4	PAWŁOWSKA Magdalena	124	GAMMAX	K40-59	4	00:08:41	00:17:33	00:26:24.15	+00:02:09 (8.2%)	5:10	11.6 (92.1%)
5	DRULIK-HOŁUB Marta	29		K40-59	5	00:08:41	00:17:42	00:26:35.90	+00:02:21 (8.9%)	5:12	11.5 (91.3%)
6	GRABOWSKA-LESISZ Aneta	43	4ROWERY	K40-59	6	00:08:43	00:17:41	00:26:43.55	+00:02:29 (9.3%)	5:14	11.5 (91.3%)
7	KUBIAK Katarzyna	86		K40-59	7	00:08:50	00:17:52	00:27:05.15	+00:02:50 (10.5%)	5:18	11.3 (89.7%)
8	KOLIGAT Anna	69		K40-59	8	00:08:57	00:18:02	00:27:17.45	+00:03:03 (11.2%)	5:20	11.2 (88.9%)
9	KANIEWSKA Anetta	59		K40-59	9	00:09:06	00:19:15	00:29:22.40	+00:05:08 (17.5%)	5:45	10.4 (82.5%)
10	SIKORSKA-LÖWE Katarzyna	143		K40-59	10	00:09:51	00:19:46	00:29:27.25	+00:05:13 (17.7%)	5:46	10.4 (82.5%)
11	MARSZAŁEK Małgorzata	94		K40-59	11	00:09:24	00:19:25	00:29:43.15	+00:05:28 (18.4%)	5:49	10.3 (81.7%)
12	WRÓBLEWSKA Marta	177		K40-59	12	00:10:19	00:20:34	00:30:32.00	+00:06:17 (20.6%)	5:59	10 (79.4%)
13	BORSUK Dorota	12		K40-59	13	00:10:20	00:20:35	00:30:37.20	+00:06:23 (20.8%)	6:00	10 (79.4%)
14	BEDNARZ Katarzyna	7		K40-59	14	00:10:07	00:20:31	00:30:47.85	+00:06:33 (21.3%)	6:02	9.9 (78.6%)
15	PAŃCZYK Justyna	121		K40-59	15	00:09:50	00:20:07	00:30:53.90	+00:06:39 (21.6%)	6:03	9.9 (78.6%)
16	WOLF Beata	175	TKKF KOSZALIN	K40-59	16	00:10:11	00:20:39	00:31:18.25	+00:07:04 (22.6%)	6:08	9.8 (77.8%)
17	MONDRON Katarzyna	103		K40-59	17	00:09:55	00:20:42	00:31:23.00	+00:07:08 (22.8%)	6:09	9.8 (77.8%)
18	WACHHOLZ Beata	164	KB BRYZA POSTOMINO	K40-59	18	00:10:23	00:21:04	00:31:40.90	+00:07:26 (23.5%)	6:12	9.7 (77.0%)
19	PEŁKA Iwona	127		K40-59	19	00:10:23	00:21:04	00:31:40.95	+00:07:26 (23.5%)	6:12	9.7 (77.0%)
20	MERKIS Małgorzata	100	FPP	K40-59	20	00:10:59	00:21:56	00:32:02.30	+00:07:48 (24.4%)	6:16	9.6 (76.2%)
21	KOROL Elżbieta	72		K40-59	21	00:10:22	00:21:25	00:32:35.55	+00:08:21 (25.6%)	6:23	9.4 (74.6%)
22	PALONEK Małgorzata	120		K40-59	22	00:11:00	00:22:37	00:34:43.35	+00:10:29 (30.2%)	6:48	8.8 (69.8%)

Znaleziono 22 wynik(ów)