



# XII MARATON SIERPNIOWY IM. LECHA WAŁĘSY - MARATON - MĘŻCZYŹNI

B4SPORT

**Wydarzenie:**  
**Organizator:**

XII Maraton Sierpniowy im. Lecha Wałęsy  
Stowarzyszenie Kultury Fizycznej Twister  
Trójmiasto (SKF Twister Trójmiasto)  
2022-08-27  
Gdańsk  
42.23 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Licencja	Laps							Czas		Tempo min/km	Tempo km/h
							5.25km	10.5km	15.75km	21km	26.25km	31.5km	36.75km	42.23km	Różn		
1	ZNOTINS Reinis	177	POWERSLIDE - LAIMITE	OPEN - M	1		00:08:50	00:17:39	00:27:05	00:35:33	00:52:51	01:01:50	01:11:14	<b>01:11:57.73</b>		1:42	35.2 (100%)
2	CIĘŻKI Paweł	29	ROLLERBLADE PLICHWYSIG.PL	M-30	1	Tak	00:08:49	00:17:39	00:27:05	00:35:33	00:44:06	00:52:51	01:01:50	<b>01:11:58.23</b>	+00:00:00 (0.0%)	1:42	35.2 (100%)
3	ZGRZYWA Marek	173	JABRA ROLLER TEAM	PZSW-Senior	1	Tak	00:08:50	00:17:39	00:27:05	00:35:33	00:44:06	01:01:50	01:11:14	<b>01:12:01.60</b>	+00:00:03 (0.1%)	1:42	35.2 (100%)
4	REINSONS Sandis	125	POWERSLIDE - LAIMITE	OPEN - M	2		00:08:50	00:17:39	00:27:05	00:36:09	00:45:50	00:55:41	01:05:23	<b>01:15:43.45</b>	+00:03:45 (5.0%)	1:47	33.5 (95.2%)
5	BITENIEKS Lauris	11	POWERSLIDE-LAIMITE	M-40	1		00:08:51	00:17:40	00:26:39	00:45:12	00:55:04	01:04:57	01:14:57	<b>01:15:56.66</b>	+00:03:58 (5.2%)	1:47	33.4 (94.9%)
6	PAWELEC Mirosław	113	JABRA ROLLER TEAM	M-30	2	Tak	00:08:50	00:17:40	00:27:07	00:36:10	00:45:25	00:55:15	01:05:13	<b>01:16:12.27</b>	+00:04:14 (5.6%)	1:48	33.3 (94.6%)
7	MAZUREK Sebastian	90	JABRA ROLLER TEAM	M-30	3	Tak	00:08:50	00:17:40	00:27:08	00:47:15	00:57:06	01:06:41	01:16:00	<b>01:16:49.38</b>	+00:04:51 (6.3%)	1:49	33 (93.8%)
8	NAGACZ Igor	98	HABYS JASŁO	PZSW-Junior A	1	Tak	00:09:05	00:18:28	00:27:43	00:37:25	00:47:14	00:57:06	01:06:34	<b>01:16:49.69</b>	+00:04:51 (6.3%)	1:49	33 (93.8%)
9	SKRZYPIEC Kamil	415	MNS ROLLER TEAM	Junior A	1									<b>01:16:50.00</b>	+00:04:52 (6.3%)	1:49	33 (93.8%)
10	NOCUŃ Mateusz	104	KKSW KRAK	M-30	4	Tak	00:09:04	00:27:55	00:37:23	00:47:15	00:57:05	01:16:36		<b>01:17:23.43</b>	+00:05:25 (7.0%)	1:49	32.7 (92.9%)
11	SYMONENKO Oleksandr	148	SAM ROLLER CLUB	M-50	1		00:09:05	00:18:29	00:27:56	00:37:25	00:47:16	00:57:08	01:06:46	<b>01:17:23.83</b>	+00:05:26 (7.0%)	1:49	32.7 (92.9%)
12	CHOJNACKI Bartłomiej	24	ENES ROLLER TEAM	PZSW-Senior	3	Tak	00:08:52	00:18:28	00:27:54	00:37:24	00:47:14	00:57:06	01:06:43	<b>01:17:23.93</b>	+00:05:26 (7.0%)	1:49	32.7 (92.9%)
13	ROJ Janusz	128	SILESIA SKATING TEMPISH TEAM	M-40	2	Tak	00:09:06	00:18:30	00:27:56	00:37:25	00:47:17	01:06:46	01:16:37	<b>01:17:24.00</b>	+00:05:26 (7.0%)	1:49	32.7 (92.9%)
14	KOWALSKI Maciej	74	UKS ZRYW	PZSW-Junior A	2	Tak	00:08:52	00:17:42	00:27:10	00:37:23	00:47:16	00:57:07	01:16:37	<b>01:17:24.11</b>	+00:05:26 (7.0%)	1:49	32.7 (92.9%)
15	DUDA Marcin	426		M-40	4	Tak	00:09:04	00:18:27	00:27:55	00:37:24	00:47:15	00:57:06	01:06:44	<b>01:17:25.00</b>	+00:05:27 (7.0%)	1:49	32.7 (92.9%)
16	GADEK Wojciech	39	SILESIA SKATING TEMPISH TEAM	PZSW-M-50	2	Tak	00:09:05	00:18:29	00:27:54	00:37:24	00:47:16	00:57:07	01:06:44	<b>01:17:24.58</b>	+00:05:26 (7.0%)	1:49	32.7 (92.9%)
17	KUBIN Ireneusz	79	KS SNPTT 1907 ZAKOPANE	PZSW-M-50	1	Tak	00:09:06	00:18:30	00:27:57	00:37:26	00:47:18	00:57:08	01:06:44	<b>01:17:22.00</b>	+00:05:24 (7.0%)	1:49	32.8 (93.2%)
18	BINIEK Marcin	10	NOKIA	M-40	3	Tak	00:09:05	00:18:28	00:27:55	00:37:25	00:47:15	00:57:07	01:06:45	<b>01:17:24.78</b>	+00:05:27 (7.0%)	1:49	32.7 (92.9%)
19	IGNASZAK Michał	50		M-30	5		00:09:04	00:18:28	00:27:55	00:37:24	00:47:14	00:57:05	01:06:43	<b>01:17:24.95</b>	+00:05:27 (7.0%)	1:49	32.7 (92.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Licencja	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Czas netto	Różn	Tempo min/km	Tempo km/h
							5.25km	10.5km	15.75km	21km	26.25km	31.5km	36.75km	42.23km			
20	<b>CIBOROWSKI Damian</b>	<b>27</b>	KS SPEED JASŁO	M-40	5	Tak	00:09:03	00:18:27	00:27:56	00:37:23	00:47:16	00:57:07	01:06:44	<b>01:17:25.14</b>	+00:05:27 (7.0%)	1:49	32.7 (92.9%)
21	<b>BOGUSŁAWSKI Karol</b>	<b>14</b>	ROLL4LIFE PLICHWYSCIG.PL	PZSW-Senior	4	Tak	00:09:04	00:18:27	00:27:56	00:37:25	01:06:45			<b>01:17:25.39</b>	+00:05:27 (7.1%)	1:49	32.7 (92.9%)
22	<b>BUKOWSKI Maciej</b>	<b>19</b>	ROLLA SPEED TEAM	M-30	6	Tak	00:09:06	00:18:30	00:27:58	00:37:26	00:47:17	01:06:48		<b>01:17:25.56</b>	+00:05:27 (7.1%)	1:49	32.7 (92.9%)
23	<b>SADOWSKI Marcin</b>	<b>132</b>		M-30	7		00:27:55	00:37:24	00:47:13	00:57:06	01:06:44	01:16:38		<b>01:17:25.71</b>	+00:05:27 (7.1%)	1:49	32.7 (92.9%)
24	<b>PRONOBIS Mateusz</b>	<b>121</b>	SILESIA SKATING TEMPISH TEAM	M-40	7	Tak	00:09:05	00:18:29	00:27:56	00:47:17	00:57:07	01:06:45	01:16:38	<b>01:17:26.00</b>	+00:05:28 (7.1%)	1:50	32.7 (92.9%)
25	<b>WARCHOŁ Łukasz</b>	<b>159</b>	LEGIA WARSZAWA	M-40	6		00:09:24	00:18:43	00:27:55	00:37:24	00:47:14	00:57:06	01:06:43	<b>01:17:25.84</b>	+00:05:28 (7.1%)	1:49	32.7 (92.9%)
26	<b>OLSZOWSKI Henryk</b>	<b>108</b>	KKSW KRAK	PZSW-M-60	1	Tak	00:09:05	00:18:29	00:27:56	00:37:24	00:47:14	00:57:06	01:06:44	<b>01:17:23.00</b>	+00:05:25 (7.0%)	1:49	32.7 (92.9%)
27	<b>MICHALSKI Mariusz</b>	<b>92</b>	UKS 'ZWOLEŃ-TEAM'	M-30	8	Tak	00:09:04	00:18:27	00:27:54	00:37:22	00:47:14	00:57:05	01:06:45	<b>01:17:25.90</b>	+00:05:28 (7.1%)	1:49	32.7 (92.9%)
28	<b>KSENIAK Tomasz</b>	<b>78</b>	ROLL4ALL	M-40	8		00:09:05	00:18:29	00:37:22	00:47:17	00:57:08	01:16:38		<b>01:17:26.30</b>	+00:05:28 (7.1%)	1:50	32.7 (92.9%)
29	<b>CIBOROWSKI Alan</b>	<b>26</b>	KS SPEED JASŁO	PZSW-Senior	5	Tak	00:09:04	00:18:28	00:27:56	00:37:23	00:47:16	01:06:45	01:16:38	<b>01:17:29.25</b>	+00:05:31 (7.1%)	1:50	32.7 (92.9%)
30	<b>JANKOVSKIS Ģirts</b>	<b>53</b>	LAIMĪTE	M-50	2		00:09:25	00:18:44	00:27:57	00:37:26	00:47:17	00:57:09	01:06:49	<b>01:17:35.44</b>	+00:05:37 (7.3%)	1:50	32.7 (92.9%)
31	<b>HUSAK Krzysztof</b>	<b>49</b>	SKŁ GÓRNIK SANOK	PZSW-M-50	3	Tak	00:09:24	00:18:43	00:27:57	00:37:27	00:47:18	00:57:09	01:06:46	<b>01:17:40.49</b>	+00:05:42 (7.4%)	1:50	32.6 (92.6%)
32	<b>SZUMLAS Arkadiusz</b>	<b>152</b>		PZSW-Senior	6	Tak	00:09:04	00:18:28	00:27:57	00:47:15	01:06:49	01:19:52		<b>01:21:20.06</b>	+00:09:22 (11.5%)	1:55	31.2 (88.6%)
33	<b>JAKÓBCZYK Piotr</b>	<b>52</b>		M-40	9	Tak	00:10:30	00:21:02	00:31:21	00:43:18	00:55:04	01:08:33	01:23:42	<b>01:24:25.00</b>	+00:12:27 (14.8%)	1:59	30 (85.2%)
34	<b>ZOLADEK Jerzy</b>	<b>178</b>	KKSW KRAK ROLLERBLADE	PZSW-M-60	2	Tak	00:09:26	00:18:47	00:29:15	00:39:44	00:50:31	01:01:36	01:12:39	<b>01:24:58.36</b>	+00:13:00 (15.3%)	2:00	29.8 (84.7%)
35	<b>KLICH Karol</b>	<b>64</b>	SILESIA SKATING TEMPISH TEAM	M-30	9	Tak	00:09:26	00:29:15	00:39:44	01:01:36	01:12:38	01:23:51		<b>01:24:58.48</b>	+00:13:00 (15.3%)	2:00	29.8 (84.7%)
36	<b>KONKOL Jaroslaw</b>	<b>68</b>	JABRA RT FRIENDS	PZSW-M-50	4	Tak	00:09:25	00:18:44	00:28:49	00:39:44	01:01:35	01:12:38	01:23:50	<b>01:24:59.00</b>	+00:13:01 (15.3%)	2:00	29.8 (84.7%)
37	<b>ŁUKASIEWICZ Jacek</b>	<b>86</b>		M-40	10		00:10:14	00:20:10	00:30:46	00:41:19	00:52:23	01:03:17	01:14:26	<b>01:26:05.73</b>	+00:14:07 (16.4%)	2:02	29.4 (83.5%)
38	<b>PARASZKA Łukasz</b>	<b>111</b>	MINIONS SPEED TEAM	M-30	10	Tak	00:10:28	00:21:01	00:31:18	00:41:39	00:52:30	01:03:16	01:14:26	<b>01:26:21.59</b>	+00:14:23 (16.7%)	2:02	29.3 (83.2%)
39	<b>WYPYCH Sebastian</b>	<b>170</b>	KKSW KRAK	M-40	11	Tak	00:10:30	00:21:02	00:31:19	00:41:40	00:52:30	01:03:17	01:14:26	<b>01:26:21.94</b>	+00:14:24 (16.7%)	2:02	29.3 (83.2%)
40	<b>KLONOWSKI Mikołaj</b>	<b>66</b>	UKS SPARTA GRODZISK MAZOWIECKI	Junior B	1	Tak	00:10:28	00:21:01	00:31:19	00:41:40	00:52:29	01:03:16	01:14:27	<b>01:26:25.47</b>	+00:14:27 (16.7%)	2:02	29.3 (83.2%)
41	<b>TONIAK Filip</b>	<b>157</b>	SILESIA SKATING TEMPISH TEAM	M-30	11		00:09:25	00:20:06	00:31:20	00:41:40	01:03:17	01:14:27	01:25:28	<b>01:26:26.16</b>	+00:14:28 (16.7%)	2:02	29.3 (83.2%)
42	<b>WITEK Grzegorz</b>	<b>162</b>	GATTA SPEED SKATING	M-50	3		00:09:25	00:18:46	00:29:14	00:39:44	00:50:31	01:01:36	01:12:52	<b>01:26:26.92</b>	+00:14:29 (16.8%)	2:02	29.3 (83.2%)
43	<b>MENET Krystian</b>	<b>91</b>	SKATE2CITY	M-40	12		00:09:25	00:29:15	00:39:45	00:51:16	01:03:16	01:14:27	01:25:28	<b>01:26:29.74</b>	+00:14:32 (16.8%)	2:02	29.3 (83.2%)
44	<b>MOŃKA Maciej</b>	<b>96</b>		M-50	4		00:09:25	00:27:59	00:39:00	00:50:26	01:01:37	01:13:58	01:25:29	<b>01:26:30.96</b>	+00:14:33 (16.8%)	2:02	29.3 (83.2%)
45	<b>ŁABINOWICZ Piotr</b>	<b>84</b>	TWISTER TRÓJMIASTO	M-50	5		00:09:32	00:21:01	00:31:20	00:41:40	00:52:31	01:03:16	01:14:26	<b>01:26:32.08</b>	+00:14:34 (16.8%)	2:02	29.3 (83.2%)
46	<b>KWIATKOWSKI Łukasz</b>	<b>81</b>	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	M-30	12		00:09:26	00:19:09	00:30:15	00:41:41	00:52:30	01:03:16	01:14:26	<b>01:26:34.95</b>	+00:14:37 (16.9%)	2:02	29.3 (83.2%)
47	<b>SZMECHTIG Dariusz</b>	<b>149</b>	POWERSLIDE	M-30	13	Tak	00:10:31	00:21:03	00:31:19	00:41:32	00:52:30	01:03:16	01:14:27	<b>01:26:58.45</b>	+00:15:00 (17.3%)	2:03	29.1 (82.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Licencja	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Czas netto	Różn	Tempo min/km	Tempo km/h
							5.25km	10.5km	15.75km	21km	26.25km	31.5km	36.75km	42.23km			
48	<b>TONIAK Kornel</b>	<b>158</b>	SILESIA SKATING TEMPISH TEAM	OPEN - M	3		00:10:28	00:21:02	00:31:20	00:41:40	00:52:31	01:03:18	01:14:26	<b>01:27:58.45</b>	+00:16:00 (18.2%)	2:04	28.8 (81.8%)
49	<b>BUTRYM Paweł</b>	<b>20</b>	SKATE2CITY	M-50	6		00:10:29	00:21:01	00:31:21	00:41:42	00:52:30	01:03:17	01:14:52	<b>01:29:49.38</b>	+00:17:51 (19.9%)	2:07	28.2 (80.1%)
50	<b>JARKIEWICZ Marcin</b>	<b>56</b>	LEGIA WARSZAWA MASTERS	PZSW-M-50	5	Tak	00:09:24	00:18:46	00:29:47	00:41:18	00:52:30	01:07:27	01:18:58	<b>01:31:31.37</b>	+00:19:33 (21.4%)	2:10	27.7 (78.7%)
51	<b>FELIKS Piotr</b>	<b>35</b>	PLICHWYSCIG.PL	M-40	13		00:10:29	00:21:03	00:31:20	00:43:04	01:07:15	01:19:14	01:30:57	<b>01:31:57.45</b>	+00:19:59 (21.7%)	2:10	27.6 (78.4%)
52	<b>KRAJEWSKI Grzegorz</b>	<b>77</b>	ROLKIGROJEC.PL	M-40	14		00:10:29	00:21:01	00:31:30	00:43:18	00:54:56	01:07:14	01:19:14	<b>01:32:01.26</b>	+00:20:03 (21.8%)	2:10	27.5 (78.1%)
53	<b>WRÓBEL Antoni</b>	<b>169</b>	TWISTER TRÓJMIASTO ZICORACINGSPEEDTEAM	M-70+	1	Tak	00:10:29	00:21:02	00:31:21	00:41:40	00:52:59	01:05:26	01:18:30	<b>01:32:01.70</b>	+00:20:03 (21.8%)	2:10	27.5 (78.1%)
54	<b>BLICHARSKI Łukasz</b>	<b>12</b>		M-40	15		00:11:36	00:22:20	00:33:15	00:44:21	00:56:01	01:07:50	01:19:35	<b>01:32:21.41</b>	+00:20:23 (22.1%)	2:11	27.4 (77.8%)
55	<b>PRZYCHODNIAK Robert</b>	<b>122</b>	GATTA SPEED SKATING	M-30	14	Tak	00:10:29	00:21:00	00:31:20	00:41:56	00:55:33	01:07:50	01:20:25	<b>01:34:42.79</b>	+00:22:45 (24.0%)	2:14	26.8 (76.1%)
56	<b>PODCZASKI Stanisław</b>	<b>117</b>	GATTA SPEED SKATING	M-50	7		00:10:28	00:21:01	00:31:20	00:41:40	00:52:31	01:04:51	01:19:39	<b>01:35:05.91</b>	+00:23:08 (24.3%)	2:15	26.6 (75.6%)
57	<b>PIETRZAK Adrian</b>	<b>116</b>	UKS ALTUS PODKOWA LEŚNA	M-30	15	Tak	00:09:27	00:20:50	00:32:43	00:44:25	00:56:30	01:09:05	01:21:37	<b>01:35:21.50</b>	+00:23:23 (24.5%)	2:15	26.6 (75.6%)
58	<b>RUDNICKI Kazimierz</b>	<b>130</b>		M-60	1		00:11:16	00:21:46	00:33:00	00:44:26	00:56:34	01:09:06	01:21:38	<b>01:35:27.72</b>	+00:23:29 (24.6%)	2:15	26.5 (75.3%)
59	<b>BUDEK Tomasz</b>	<b>18</b>		M-30	16		00:09:25	00:19:09	00:30:15	00:41:41	00:54:06	01:07:14	01:20:08	<b>01:35:32.14</b>	+00:23:34 (24.7%)	2:15	26.5 (75.3%)
60	<b>PACZUSKI Jarosław</b>	<b>110</b>	LEGIA WARSZAWA MASTERS	M-60	2		00:10:31	00:22:10	00:33:19	00:45:04	00:57:11	01:09:04	01:21:37	<b>01:35:35.22</b>	+00:23:37 (24.7%)	2:15	26.5 (75.3%)
61	<b>BUCZKOWSKI Szymon</b>	<b>17</b>	URBAN DINGOES	M-30	17		00:11:28	00:22:29	00:33:19	00:45:03	00:57:11	01:09:04	01:21:37	<b>01:35:35.95</b>	+00:23:38 (24.7%)	2:15	26.5 (75.3%)
62	<b>KOWALSKI Damian</b>	<b>75</b>	OBIEGUWKA UNIWERSYTET WARSZAWSKI	M-40	16	Tak	00:10:30	00:21:02	00:31:30	00:43:18	00:54:56	01:08:27	01:21:37	<b>01:37:37.91</b>	+00:25:40 (26.3%)	2:18	26 (73.9%)
63	<b>KORCZAK Paweł</b>	<b>70</b>		OPEN - M	4		00:09:24	00:21:45	00:32:28	00:43:18	00:54:56	01:07:01	01:20:14	<b>01:38:04.70</b>	+00:26:06 (26.6%)	2:19	25.8 (73.3%)
64	<b>GRABOWICZ Mirosław</b>	<b>44</b>		M-60	3		00:11:27	00:22:20	00:33:19	00:44:22	00:56:41	01:09:47	01:22:54	<b>01:38:05.73</b>	+00:26:08 (26.6%)	2:19	25.8 (73.3%)
65	<b>SOBCZYK Janusz</b>	<b>136</b>	MARATON GORLICE	M-60	4		00:11:22	00:22:50	00:34:36	00:46:04	00:58:32	01:11:14	01:24:17	<b>01:38:11.38</b>	+00:26:13 (26.7%)	2:19	25.8 (73.3%)
66	<b>KOWALSKI Krzysztof</b>	<b>73</b>	UKS ZRYW	M-40	17	Tak	00:11:19	00:22:21	00:33:19	00:45:51	00:58:31	01:11:14	01:24:18	<b>01:38:15.59</b>	+00:26:17 (26.8%)	2:19	25.8 (73.3%)
67	<b>DZIEDZICKI Tomasz</b>	<b>34</b>		M-40	18		00:11:22	00:34:36	00:46:02	00:58:32	01:11:14	01:24:18	01:37:04	<b>01:38:20.26</b>	+00:26:22 (26.8%)	2:19	25.8 (73.3%)
68	<b>MADUSIOK Mirosław</b>	<b>88</b>	LKS STRACONKA	M-60	5		00:11:15	00:22:29	00:34:22	00:45:53	00:58:32	01:11:13	01:24:17	<b>01:38:20.66</b>	+00:26:22 (26.8%)	2:19	25.8 (73.3%)
69	<b>STANKIEWICZ Jerzy</b>	<b>140</b>		M-50	8		00:10:51	00:22:47	00:34:35	00:45:52	00:58:33	01:11:51	01:25:27	<b>01:40:18.96</b>	+00:28:21 (28.3%)	2:22	25.3 (71.9%)
70	<b>LEMIESZEK Andrzej</b>	<b>417</b>		M-60	6		00:12:05	00:23:37						<b>01:43:25.00</b>	+00:31:27 (30.4%)	2:26	24.5 (69.6%)
71	<b>CERKIEWNIK Piotr</b>	<b>21</b>	SILESIA SKATING TEMPISH TEAM	PZSW-M-50	6	Tak	00:11:22	00:22:29	00:33:18	00:45:51	00:59:15	01:13:39	01:28:27	<b>01:43:38.38</b>	+00:31:40 (30.6%)	2:27	24.4 (69.3%)
72	<b>ŁATA Dariusz</b>	<b>85</b>	SILESIA SKATING TEMPISH TEAM	PZSW-M-50	7	Tak	00:11:19	00:22:30	00:34:22	00:46:23	00:59:45	01:13:33	01:28:02	<b>01:43:50.14</b>	+00:31:52 (30.7%)	2:27	24.4 (69.3%)
73	<b>KABZA Grzegorz</b>	<b>59</b>	SKATE2CITY	M-50	9		00:10:28	00:21:00	00:31:57	00:44:27	00:58:02	01:11:40	01:28:18	<b>01:44:25.00</b>	+00:32:27 (31.1%)	2:28	24.3 (69.0%)
74	<b>WINIARZ Krzysztof</b>	<b>161</b>		M-40	19		00:13:37	00:26:53	00:40:25	00:54:59	01:10:32	01:26:39	01:43:45	<b>01:45:28.29</b>	+00:33:30 (31.8%)	2:29	24 (68.2%)
75	<b>WITKOWSKI Wojciech</b>	<b>163</b>	URBAN DINGOES	M-30	18		00:11:28	00:22:29	00:33:48	00:47:41	01:01:08	01:14:50	01:30:21	<b>01:45:40.15</b>	+00:33:42 (31.9%)	2:30	24 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Licencja	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Czas netto	Różn	Tempo min/km	Tempo km/h
							5.25km	10.5km	15.75km	21km	26.25km	31.5km	36.75km	42.23km			
76	ZIOŁO Jarosław	176	SILESIA SKATING TEMPISH TEAM	PZSW-M-50	8	Tak	00:09:26	00:19:19	00:31:51	00:45:51	01:00:19	01:16:13	01:30:36	<b>01:46:33.25</b>	+00:34:35 (32.5%)	2:31	23.8 (67.6%)
77	GRASZKA Bartosz	47	ROLL4ALL	M-40	20		00:11:36	00:25:32	00:39:22	00:52:54	01:06:38	01:20:13	01:46:23	<b>01:47:34.03</b>	+00:35:36 (33.1%)	2:32	23.6 (67.0%)
78	CICHECKI Marek	28		M-60	7		00:12:32	00:24:06	00:35:32	00:47:48	01:01:32	01:15:39	01:30:32	<b>01:47:41.42</b>	+00:35:43 (33.2%)	2:32	23.5 (66.8%)
79	OKUNIEWSKI Marcin	107	WWW.POMAGAMYNATALII.PL	M-40	21		00:12:13	00:23:37	00:35:45	00:49:37	01:04:12	01:18:26	01:32:06	<b>01:47:48.66</b>	+00:35:50 (33.3%)	2:33	23.5 (66.8%)
80	ZABAWA Andrzej	171	AMATOR	M-60	8		00:23:27	00:34:35	00:47:20	01:01:13	01:15:27	01:30:48	01:46:35	<b>01:47:53.37</b>	+00:35:55 (33.3%)	2:33	23.5 (66.8%)
81	SYKUT Piotr	147	SSW MALTA	PZSW-M-50	9	Tak	00:11:03	00:24:06	00:37:03	00:50:27	01:04:32	01:19:02	01:33:40	<b>01:48:22.43</b>	+00:36:24 (33.6%)	2:33	23.4 (66.5%)
82	PRAJSNAR Robert	118	SPEEDING TURTLES	M-50	10		00:12:13	00:24:06	00:37:03	00:50:36	01:05:30	01:20:13	01:33:48	<b>01:49:15.56</b>	+00:37:17 (34.1%)	2:35	23.2 (65.9%)
83	RUTA Robert	131	UKS SPARTA GRODZISK MAZOWIECKI	M-40	22		00:12:12	00:24:48	00:37:45	00:51:33	01:06:05	01:19:59	01:33:40	<b>01:49:36.78</b>	+00:37:39 (34.3%)	2:35	23.1 (65.6%)
84	NOWICKI Leszek	106		M-60	9		00:13:45	00:26:55	00:39:53	00:53:23	01:07:01	01:20:45	01:34:52	<b>01:50:10.98</b>	+00:38:13 (34.7%)	2:36	23 (65.3%)
85	WRONISZEWSKI Zbigniew	168	NSZZ „SOLIDARNOŚĆ” W „ENERGETYKA” SP. Z O.O. LUBIN	M-50	11		00:12:12	00:23:34	00:34:47	00:48:14	01:03:19	01:18:42	01:33:42	<b>01:50:44.41</b>	+00:38:46 (35.0%)	2:37	22.9 (65.1%)
86	LEWANDOWSKI Paweł	83		M-30	19		00:12:13	00:23:34	00:34:45	00:46:23	01:01:24	01:18:18	01:35:06	<b>01:51:10.45</b>	+00:39:12 (35.3%)	2:37	22.8 (64.8%)
87	SPODAR Rafał	138		M-30	20		00:13:40	00:26:52	00:40:45	00:54:57	01:09:01	01:23:41	01:38:14	<b>01:53:55.30</b>	+00:41:57 (36.8%)	2:41	22.2 (63.1%)
88	PAWŁOWSKI Jacek	114	BULWAR GDYNIA	M-50	12		00:13:41	00:26:53	00:40:45	00:54:58	01:09:02	01:23:42	01:38:14	<b>01:54:50.96</b>	+00:42:53 (37.3%)	2:43	22.1 (62.8%)
89	KANJERSKI Jerzy	60	ROLKA TEAM	M-70+	2	Tak	00:13:39	00:26:52	00:40:45	00:54:58	01:09:02	01:23:41	01:38:14	<b>01:54:53.92</b>	+00:42:56 (37.4%)	2:43	22.1 (62.8%)
90	SŁOWIK Arkadiusz	414	GSŁ CZARNE PANTERY	M-60	10		00:13:39	00:26:52	00:40:44	00:54:57	01:09:01	01:23:41	01:38:14	<b>01:55:02.26</b>	+00:43:04 (37.4%)	2:43	22 (62.5%)
91	POTRZEBOWSKI Michał	434		M-50	13		00:12:41	00:26:29	00:40:46	00:54:58	01:09:03	01:23:42	01:38:15	<b>01:55:02.63</b>	+00:43:04 (37.4%)	2:43	22 (62.5%)
92	STRUŻYŃSKI Adam	144		OPEN - M	5		00:13:37	00:27:24	00:41:22	00:55:45	01:10:29	01:25:09	01:39:49	<b>01:55:42.11</b>	+00:43:44 (37.8%)	2:44	21.9 (62.2%)
93	PUŁAWSKI Sebastian	124	UKS SPARTA GRODZISK MAZOWIECKI	M-30	21		00:12:12	00:25:19	00:38:29	00:52:11	01:07:04	01:22:39	01:38:29	<b>01:56:15.14</b>	+00:44:17 (38.1%)	2:45	21.8 (61.9%)
94	ZIOMEK Daniel	429		M-40	23		00:13:19	00:26:52	00:40:08	00:54:26	01:09:02	01:23:41	01:39:58	<b>01:57:56.24</b>	+00:45:58 (39.0%)	2:47	21.5 (61.1%)
95	GODLEWSKI Jerzy	41	UKS SPARTA GRODZISK MAZOWIECKI	M-50	14		00:12:12	00:24:48	00:37:45	00:52:04	01:07:27	01:23:43	01:40:08	<b>01:58:24.43</b>	+00:46:26 (39.2%)	2:48	21.4 (60.8%)
96	DERYNGIER Artur	30		M-40	24		00:13:54	00:28:06	00:41:59	00:57:06	01:11:49	01:26:54	01:42:23	<b>01:58:49.92</b>	+00:46:52 (39.4%)	2:48	21.3 (60.5%)
97	SOCHA Maciej	137		M-30	22		00:14:11	00:28:28	00:42:43	00:57:37	01:12:28	01:27:44	01:43:37	<b>02:00:39.28</b>	+00:48:41 (40.4%)	2:51	21 (59.7%)
98	TOMICZAK Krzysztof	156	UKS SPARTA GRODZISK MAZOWIECKI	M-40	25		00:13:40	00:26:58	00:40:33	00:54:51	01:09:59	01:26:38	01:45:26	<b>02:01:21.77</b>	+00:49:24 (40.7%)	2:52	20.9 (59.4%)
99	DOMZAŁA Paweł	32	BIGYELLOWFOOT ADVENTURE TEAM	M-40	26		00:14:24	00:28:39	00:43:38	00:59:03	01:14:31	01:30:01	01:45:11	<b>02:02:16.02</b>	+00:50:18 (41.1%)	2:53	20.7 (58.8%)
100	NAHAJOWSKI Krystian	101	ZICO RACING SPEED TEAM	PZSW-Senior	2	Tak	00:09:24	00:18:43	00:27:57	00:37:26	00:47:16	00:57:08	01:06:48	<b>01:16:24.00</b>	+00:04:26 (5.8%)	1:48	33.2 (94.3%)
101	ĆWIKLIŃSKI Marcin	425	SPARTA GRODZISK MAZ.	M-40	27		00:13:40	00:27:22	00:41:44	00:57:06	01:12:01	01:28:40	01:45:00	<b>02:03:02.12</b>	+00:51:04 (41.5%)	2:54	20.6 (58.5%)
102	STANISZEWSKI Jakub	437		M-40	28		00:13:54	00:28:03	00:42:38	00:57:19	01:12:26	01:27:51	01:45:22	<b>02:05:13.30</b>	+00:53:15 (42.5%)	2:57	20.2 (57.4%)
103	BANIA Zygmunt	7		M-70+	3	Tak	00:13:54	00:28:07	00:43:42	00:59:36	01:15:56	01:31:13	01:47:44	<b>02:06:08.36</b>	+00:54:10 (43.0%)	2:59	20.1 (57.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Licencja	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Czas netto	Różn	Tempo min/km	Tempo km/h
							5.25km	10.5km	15.75km	21km	26.25km	31.5km	36.75km	42.23km			
104	KORASIEWICZ Rafał	69		M-30	23		00:14:35	00:44:04	01:30:56	01:47:58	02:06:36			<b>02:08:26.44</b>	+00:56:28 (44.0%)	3:02	19.7 (56.0%)
105	KARAŚ Tomasz	61	LEGIA WARSZAWA MASTERS	M-30	24		00:12:08	00:23:46	00:38:27	00:54:58	01:10:55	01:29:15	01:47:27	<b>02:08:34.21</b>	+00:56:36 (44.0%)	3:02	19.7 (56.0%)
106	GRABOWSKI Mariusz	45		M-30	25		00:14:15	00:28:04	00:43:17	00:59:04	01:15:50	01:32:53	01:49:58	<b>02:08:50.23</b>	+00:56:52 (44.1%)	3:03	19.7 (56.0%)
107	STRZAŁKOWSKI Sławomir	145		M-40	29		00:14:16	00:29:22	00:44:55	01:01:34	01:18:47	01:35:28	01:51:43	<b>02:11:40.07</b>	+00:59:42 (45.3%)	3:07	19.2 (54.5%)
108	GRALA Bartosz	46		M-30	26		00:13:53	00:28:06	00:43:42	01:01:12	01:18:58	01:36:04	01:53:43	<b>02:12:38.14</b>	+01:00:40 (45.7%)	3:08	19.1 (54.3%)
109	NASKRĘT Jacek	102		M-50	15		00:15:42	00:30:32	00:46:15	01:02:33	01:19:13	01:35:57	01:53:17	<b>02:12:45.69</b>	+01:00:47 (45.8%)	3:08	19.1 (54.3%)
110	NOGAŃSKI Paweł	105		M-50	16		00:13:41	00:26:54	00:41:40	00:58:03	01:16:11	01:34:19	01:53:03	<b>02:13:42.05</b>	+01:01:44 (46.2%)	3:09	19 (54.0%)
111	BEREŚNIEWICZ Karol	440		OPEN - M	6		00:14:20	00:29:35	00:45:41	01:02:19	01:20:58	01:38:32	01:55:42	<b>02:15:06.83</b>	+01:03:09 (46.7%)	3:11	18.8 (53.4%)
112	KOWALIK Adam	72		M-40	30		00:15:00	00:30:26	00:47:07	01:05:09	01:23:12	01:42:11	02:00:29	<b>02:21:01.53</b>	+01:09:03 (49.0%)	3:20	18 (51.1%)
113	GARCAREK Andrzej	38		M-50	17		00:17:02	00:33:47	00:50:46	01:09:06	01:27:12	01:45:36	02:04:12	<b>02:25:06.00</b>	+01:13:08 (50.4%)	3:26	17.5 (49.7%)
114	RADZIEWICZ Dawid	336		OPEN - M	7		00:15:26	00:31:52	00:49:07	01:07:37	01:26:46	01:45:41	02:05:01	<b>02:25:28.34</b>	+01:13:30 (50.5%)	3:26	17.4 (49.4%)
115	KOSKO Cezary	427		M-60	11		00:15:10	00:30:46	00:47:13	01:06:04	01:25:19	01:45:26	02:05:34	<b>02:26:39.83</b>	+01:14:42 (50.9%)	3:28	17.3 (49.1%)
116	PASZKIEWICZ Karol	112		M-30	27		00:16:54	00:33:58	00:51:25	01:10:07	01:29:46	01:49:09	02:09:56	<b>02:32:58.99</b>	+01:21:01 (53.0%)	3:37	16.6 (47.2%)
117	DARIUSZ Mazur	351		M-40	31		00:18:13	00:34:21	00:50:53	01:09:40	01:30:04	01:50:17	02:11:20	<b>02:34:31.20</b>	+01:22:33 (53.4%)	3:39	16.4 (46.6%)
118	ZAGÓRSKI Bartosz	172		M-30	28		00:16:58	00:35:07	00:54:30	01:14:52	01:37:37	02:00:47	02:22:41	<b>02:47:25.81</b>	+01:35:28 (57.0%)	3:57	15.1 (42.9%)
119	KOSIACKI Paweł	350		M-50	18		00:13:43	00:28:52	00:45:40	01:26:28	02:04:30	02:21:54	02:39:52	<b>02:58:52.61</b>	+01:46:54 (59.8%)	4:14	14.2 (40.3%)
DNC	HAMPEL Rafał	48	UKS SPARTA MASTERS GRODZISK MAZOWIECKI	M-40			00:12:13	00:26:36						<b>00:28:12.02</b>		0:00	89.9 (255.4%)
DNC	JANOWICZ Tomasz	436	PROLUBE	M-40			00:15:22	00:27:49						<b>00:28:49.90</b>		0:00	87.9 (249.7%)
DNC	MILISZEWSKI Aleksander	94	SILESIA SKATING TEMPISH TEAM	PZSW-M-50		Tak	00:09:24	00:18:48	00:30:15	00:43:08				<b>00:45:10.30</b>		0:00	56.1 (159.4%)
DNC	ROSENKIEWICZ Łukasz	129		M-40			00:17:52	00:44:11						<b>00:47:07.20</b>		0:00	53.8 (152.8%)
DNC	FROŁOWICZ Tomasz	37		M-60			00:12:12	00:24:49	00:38:06	00:52:43	01:09:15			<b>01:11:21.19</b>		0:00	35.5 (101%)
DNC	KOTZIAN Daniel	71	LEGIA WARSZAWA MASTERS	M-40		Tak	00:09:24	00:18:43	00:27:56	00:37:26	00:47:16	00:57:26					(0.0%)
DNC	SZUMLAS Jacek	150		M-40		Tak	00:09:06	00:27:56	00:37:25	00:47:17	00:57:08						(0.0%)
DNC	PRAJSNAR Paweł	119	SPEEDING TURTLES	OPEN - M			00:10:31	00:22:30	00:34:35	00:48:16							(0.0%)
DNC	GOJLIK Kazimierz	42	AMATOR	M-60			00:14:34	00:29:24	00:45:32	01:03:04							(0.0%)
DNC	JĘDRZEJEWSKI Krzysztof	58	SZCZECIN	M-50			00:13:42	00:27:56	01:00:35								(0.0%)

Znaleziono 129 wynik(ów)