



XII MARATON SIERPNIOWY IM. LECHA WAŁĘSY - MARATON - MĘŻCZYŹNI

B4SPORT

Event: XII Maraton Sierpniowy im. Lecha Wałęsy
Organiser: Stowarzyszenie Kultury Fizycznej Twister Trójmiasto (SKF Twister Trójmiasto)
Date: 2022-08-27
Place: Gdańsk
Distance: 42.23 km



Classification: OPEN - M

Place	Participant	Number	Club	Category	MCat	Licencja	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Net	Gap	Pace	Pace	
							5.25km	10.5km	15.75km	21km	26.25km	31.5km	36.75km				time
1	ZNOTINS Reinis	177	POWERSLIDE - LAIMITE	OPEN - M	1		00:08:50	00:17:39	00:27:05	00:35:33	00:52:51	01:01:50	01:11:14	01:11:57.73	1:42	35.2 (100%)	
2	CIĘŻKI Paweł	29	ROLLERBLADE PLICHWYSIG.PL	M-30	1	Tak	00:08:49	00:17:39	00:27:05	00:35:33	00:44:06	00:52:51	01:01:50	01:11:58.23	+00:00:00 (0.0%)	1:42	35.2 (100%)
3	ZGRZYWA Marek	173	JABRA ROLLER TEAM	PZSW-Senior	1	Tak	00:08:50	00:17:39	00:27:05	00:35:33	00:44:06	01:01:50	01:11:14	01:12:01.60	+00:00:03 (0.1%)	1:42	35.2 (100%)
4	REINSONS Sandis	125	POWERSLIDE - LAIMITE	OPEN - M	2		00:08:50	00:17:39	00:27:05	00:36:09	00:45:50	00:55:41	01:05:23	01:15:43.45	+00:03:45 (5.0%)	1:47	33.5 (95.2%)
5	BITENIEKS Lauris	11	POWERSLIDE-LAIMITE	M-40	1		00:08:51	00:17:40	00:26:39	00:45:12	00:55:04	01:04:57	01:14:57	01:15:56.66	+00:03:58 (5.2%)	1:47	33.4 (94.9%)
6	PAWELEC Mirosław	113	JABRA ROLLER TEAM	M-30	2	Tak	00:08:50	00:17:40	00:27:07	00:36:10	00:45:25	00:55:15	01:05:13	01:16:12.27	+00:04:14 (5.6%)	1:48	33.3 (94.6%)
7	MAZUREK Sebastian	90	JABRA ROLLER TEAM	M-30	3	Tak	00:08:50	00:17:40	00:27:08	00:47:15	00:57:06	01:06:41	01:16:00	01:16:49.38	+00:04:51 (6.3%)	1:49	33 (93.8%)
8	NAGACZ Igor	98	HABYS JASŁO	PZSW-Junior A	1	Tak	00:09:05	00:18:28	00:27:43	00:37:25	00:47:14	00:57:06	01:06:34	01:16:49.69	+00:04:51 (6.3%)	1:49	33 (93.8%)
9	SKRZYPIEC Kamil	415	MNS ROLLER TEAM	Junior A	1									01:16:50.00	+00:04:52 (6.3%)	1:49	33 (93.8%)
10	NOCUŃ Mateusz	104	KKSW KRAK	M-30	4	Tak	00:09:04	00:27:55	00:37:23	00:47:15	00:57:05	01:16:36		01:17:23.43	+00:05:25 (7.0%)	1:49	32.7 (92.9%)
11	SYMONENKO Oleksandr	148	SAM ROLLER CLUB	M-50	1		00:09:05	00:18:29	00:27:56	00:37:25	00:47:16	00:57:08	01:06:46	01:17:23.83	+00:05:26 (7.0%)	1:49	32.7 (92.9%)
12	CHOJNACKI Bartłomiej	24	ENES ROLLER TEAM	PZSW-Senior	3	Tak	00:08:52	00:18:28	00:27:54	00:37:24	00:47:14	00:57:06	01:06:43	01:17:23.93	+00:05:26 (7.0%)	1:49	32.7 (92.9%)
13	ROJ Janusz	128	SILESIA SKATING TEMPISH TEAM	M-40	2	Tak	00:09:06	00:18:30	00:27:56	00:37:25	00:47:17	01:06:46	01:16:37	01:17:24.00	+00:05:26 (7.0%)	1:49	32.7 (92.9%)
14	KOWALSKI Maciej	74	UKS ZRYW	PZSW-Junior A	2	Tak	00:08:52	00:17:42	00:27:10	00:37:23	00:47:16	00:57:07	01:16:37	01:17:24.11	+00:05:26 (7.0%)	1:49	32.7 (92.9%)
15	DUDA Marcin	426		M-40	4	Tak	00:09:04	00:18:27	00:27:55	00:37:24	00:47:15	00:57:06	01:06:44	01:17:25.00	+00:05:27 (7.0%)	1:49	32.7 (92.9%)
16	GADEK Wojciech	39	SILESIA SKATING TEMPISH TEAM	PZSW-M-50	2	Tak	00:09:05	00:18:29	00:27:54	00:37:24	00:47:16	00:57:07	01:06:44	01:17:24.58	+00:05:26 (7.0%)	1:49	32.7 (92.9%)
17	KUBIN Ireneusz	79	KS SNPTT 1907 ZAKOPANE	PZSW-M-50	1	Tak	00:09:06	00:18:30	00:27:57	00:37:26	00:47:18	00:57:08	01:06:44	01:17:22.00	+00:05:24 (7.0%)	1:49	32.8 (93.2%)
18	BINIEK Marcin	10	NOKIA	M-40	3	Tak	00:09:05	00:18:28	00:27:55	00:37:25	00:47:15	00:57:07	01:06:45	01:17:24.78	+00:05:27 (7.0%)	1:49	32.7 (92.9%)
19	IGNASZAK Michał	50		M-30	5		00:09:04	00:18:28	00:27:55	00:37:24	00:47:14	00:57:05	01:06:43	01:17:24.95	+00:05:27 (7.0%)	1:49	32.7 (92.9%)

Place	Participant	Number	Club	Category	M	Cat	Licencja	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Net	Gap	Pace	Pace
								5.25km	10.5km	15.75km	21km	26.25km	31.5km	36.75km	time			
20	CIBOROWSKI Damian	27	KS SPEED JASŁO	M-40	5		Tak	00:09:03	00:18:27	00:27:56	00:37:23	00:47:16	00:57:07	01:06:44	01:17:25.14	+00:05:27 (7.0%)	1:49	32.7 (92.9%)
21	BOGUSŁAWSKI Karol	14	ROLL4LIFE PLICHWYSCIG.PL	PZSW-Senior	4		Tak	00:09:04	00:18:27	00:27:56	00:37:25	01:06:45			01:17:25.39	+00:05:27 (7.1%)	1:49	32.7 (92.9%)
22	BUKOWSKI Maciej	19	ROLLA SPEED TEAM	M-30	6		Tak	00:09:06	00:18:30	00:27:58	00:37:26	00:47:17	01:06:48		01:17:25.56	+00:05:27 (7.1%)	1:49	32.7 (92.9%)
23	SADOWSKI Marcin	132		M-30	7			00:27:55	00:37:24	00:47:13	00:57:06	01:06:44	01:16:38		01:17:25.71	+00:05:27 (7.1%)	1:49	32.7 (92.9%)
24	PRONOBIS Mateusz	121	SILESIA SKATING TEMPISH TEAM	M-40	7		Tak	00:09:05	00:18:29	00:27:56	00:47:17	00:57:07	01:06:45	01:16:38	01:17:26.00	+00:05:28 (7.1%)	1:50	32.7 (92.9%)
25	WARCHOŁ Łukasz	159	LEGIA WARSZAWA	M-40	6			00:09:24	00:18:43	00:27:55	00:37:24	00:47:14	00:57:06	01:06:43	01:17:25.84	+00:05:28 (7.1%)	1:49	32.7 (92.9%)
26	OLSZOWSKI Henryk	108	KKSW KRAK	PZSW-M-60	1		Tak	00:09:05	00:18:29	00:27:56	00:37:24	00:47:14	00:57:06	01:06:44	01:17:23.00	+00:05:25 (7.0%)	1:49	32.7 (92.9%)
27	MICHALSKI Mariusz	92	UKS 'ZWOLEŃ-TEAM'	M-30	8		Tak	00:09:04	00:18:27	00:27:54	00:37:22	00:47:14	00:57:05	01:06:45	01:17:25.90	+00:05:28 (7.1%)	1:49	32.7 (92.9%)
28	KSENIAK Tomasz	78	ROLL4ALL	M-40	8			00:09:05	00:18:29	00:37:22	00:47:17	00:57:08	01:16:38		01:17:26.30	+00:05:28 (7.1%)	1:50	32.7 (92.9%)
29	CIBOROWSKI Alan	26	KS SPEED JASŁO	PZSW-Senior	5		Tak	00:09:04	00:18:28	00:27:56	00:37:23	00:47:16	01:06:45	01:16:38	01:17:29.25	+00:05:31 (7.1%)	1:50	32.7 (92.9%)
30	JANKOVSKIS Ģirts	53	LAIMĪTE	M-50	2			00:09:25	00:18:44	00:27:57	00:37:26	00:47:17	00:57:09	01:06:49	01:17:35.44	+00:05:37 (7.3%)	1:50	32.7 (92.9%)
31	HUSAK Krzysztof	49	SKŁ GÓRNIK SANOK	PZSW-M-50	3		Tak	00:09:24	00:18:43	00:27:57	00:37:27	00:47:18	00:57:09	01:06:46	01:17:40.49	+00:05:42 (7.4%)	1:50	32.6 (92.6%)
32	SZUMLAS Arkadiusz	152		PZSW-Senior	6		Tak	00:09:04	00:18:28	00:27:57	00:47:15	01:06:49	01:19:52		01:21:20.06	+00:09:22 (11.5%)	1:55	31.2 (88.6%)
33	JAKÓBCZYK Piotr	52		M-40	9		Tak	00:10:30	00:21:02	00:31:21	00:43:18	00:55:04	01:08:33	01:23:42	01:24:25.00	+00:12:27 (14.8%)	1:59	30 (85.2%)
34	ZOLADEK Jerzy	178	KKSW KRAK ROLLERBLADE	PZSW-M-60	2		Tak	00:09:26	00:18:47	00:29:15	00:39:44	00:50:31	01:01:36	01:12:39	01:24:58.36	+00:13:00 (15.3%)	2:00	29.8 (84.7%)
35	KLICH Karol	64	SILESIA SKATING TEMPISH TEAM	M-30	9		Tak	00:09:26	00:29:15	00:39:44	01:01:36	01:12:38	01:23:51		01:24:58.48	+00:13:00 (15.3%)	2:00	29.8 (84.7%)
36	KONKOL Jarosław	68	JABRA RT FRIENDS	PZSW-M-50	4		Tak	00:09:25	00:18:44	00:28:49	00:39:44	01:01:35	01:12:38	01:23:50	01:24:59.00	+00:13:01 (15.3%)	2:00	29.8 (84.7%)
37	ŁUKASIEWICZ Jacek	86		M-40	10			00:10:14	00:20:10	00:30:46	00:41:19	00:52:23	01:03:17	01:14:26	01:26:05.73	+00:14:07 (16.4%)	2:02	29.4 (83.5%)
38	PARASZKA Łukasz	111	MINIONS SPEED TEAM	M-30	10		Tak	00:10:28	00:21:01	00:31:18	00:41:39	00:52:30	01:03:16	01:14:26	01:26:21.59	+00:14:23 (16.7%)	2:02	29.3 (83.2%)
39	WYPYCH Sebastian	170	KKSW KRAK	M-40	11		Tak	00:10:30	00:21:02	00:31:19	00:41:40	00:52:30	01:03:17	01:14:26	01:26:21.94	+00:14:24 (16.7%)	2:02	29.3 (83.2%)
40	KLONOWSKI Mikołaj	66	UKS SPARTA GRODZISK MAZOWIECKI	Junior B	1		Tak	00:10:28	00:21:01	00:31:19	00:41:40	00:52:29	01:03:16	01:14:27	01:26:25.47	+00:14:27 (16.7%)	2:02	29.3 (83.2%)
41	TONIAK Filip	157	SILESIA SKATING TEMPISH TEAM	M-30	11			00:09:25	00:20:06	00:31:20	00:41:40	01:03:17	01:14:27	01:25:28	01:26:26.16	+00:14:28 (16.7%)	2:02	29.3 (83.2%)
42	WITEK Grzegorz	162	GATTA SPEED SKATING	M-50	3			00:09:25	00:18:46	00:29:14	00:39:44	00:50:31	01:01:36	01:12:52	01:26:26.92	+00:14:29 (16.8%)	2:02	29.3 (83.2%)
43	MENET Krystian	91	SKATE2CITY	M-40	12			00:09:25	00:29:15	00:39:45	00:51:16	01:03:16	01:14:27	01:25:28	01:26:29.74	+00:14:32 (16.8%)	2:02	29.3 (83.2%)
44	MOŃKA Maciej	96		M-50	4			00:09:25	00:27:59	00:39:00	00:50:26	01:01:37	01:13:58	01:25:29	01:26:30.96	+00:14:33 (16.8%)	2:02	29.3 (83.2%)
45	ŁABINOWICZ Piotr	84	TWISTER TRÓJMIASTO	M-50	5			00:09:32	00:21:01	00:31:20	00:41:40	00:52:31	01:03:16	01:14:26	01:26:32.08	+00:14:34 (16.8%)	2:02	29.3 (83.2%)
46	KWIATKOWSKI Łukasz	81	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	M-30	12			00:09:26	00:19:09	00:30:15	00:41:41	00:52:30	01:03:16	01:14:26	01:26:34.95	+00:14:37 (16.9%)	2:02	29.3 (83.2%)
47	SZMECHTIG Dariusz	149	POWERSLIDE	M-30	13		Tak	00:10:31	00:21:03	00:31:19	00:41:32	00:52:30	01:03:16	01:14:27	01:26:58.45	+00:15:00 (17.3%)	2:03	29.1 (82.7%)

Place	Participant	Number	Club	Category	M	Cat	Licencja	Laps	Laps	Laps	Laps	Laps	Laps	Net	Gap	Pace	Pace		
								All	All	All	All	All	All	All				All	time
								5.25km	10.5km	15.75km	21km	26.25km	31.5km	36.75km	42.23km				
48	TONIAK Kornel	158	SILESIA SKATING TEMPISH TEAM	OPEN - M				3	00:10:28	00:21:02	00:31:20	00:41:40	00:52:31	01:03:18	01:14:26	01:27:58.45	+00:16:00 (18.2%)	2:04	28.8 (81.8%)
49	BUTRYM Paweł	20	SKATE2CITY	M-50				6	00:10:29	00:21:01	00:31:21	00:41:42	00:52:30	01:03:17	01:14:52	01:29:49.38	+00:17:51 (19.9%)	2:07	28.2 (80.1%)
50	JARKIEWICZ Marcin	56	LEGIA WARSZAWA MASTERS	PZSW-M-50			Tak	5	00:09:24	00:18:46	00:29:47	00:41:18	00:52:30	01:07:27	01:18:58	01:31:31.37	+00:19:33 (21.4%)	2:10	27.7 (78.7%)
51	FELIKS Piotr	35	PLICHWYSCIG.PL	M-40				13	00:10:29	00:21:03	00:31:20	00:43:04	01:07:15	01:19:14	01:30:57	01:31:57.45	+00:19:59 (21.7%)	2:10	27.6 (78.4%)
52	KRAJEWSKI Grzegorz	77	ROLKIGROJEC.PL	M-40				14	00:10:29	00:21:01	00:31:30	00:43:18	00:54:56	01:07:14	01:19:14	01:32:01.26	+00:20:03 (21.8%)	2:10	27.5 (78.1%)
53	WRÓBEL Antoni	169	TWISTER TRÓJMIASTO ZICORACINGSPEEDTEAM	M-70+			Tak	1	00:10:29	00:21:02	00:31:21	00:41:40	00:52:59	01:05:26	01:18:30	01:32:01.70	+00:20:03 (21.8%)	2:10	27.5 (78.1%)
54	BLICHARSKI Łukasz	12		M-40				15	00:11:36	00:22:20	00:33:15	00:44:21	00:56:01	01:07:50	01:19:35	01:32:21.41	+00:20:23 (22.1%)	2:11	27.4 (77.8%)
55	PRZYCHODNIAK Robert	122	GATTA SPEED SKATING	M-30			Tak	14	00:10:29	00:21:00	00:31:20	00:41:56	00:55:33	01:07:50	01:20:25	01:34:42.79	+00:22:45 (24.0%)	2:14	26.8 (76.1%)
56	PODCZASKI Stanisław	117	GATTA SPEED SKATING	M-50				7	00:10:28	00:21:01	00:31:20	00:41:40	00:52:31	01:04:51	01:19:39	01:35:05.91	+00:23:08 (24.3%)	2:15	26.6 (75.6%)
57	PIETRZAK Adrian	116	UKS ALTUS PODKOWA LEŚNA	M-30			Tak	15	00:09:27	00:20:50	00:32:43	00:44:25	00:56:30	01:09:05	01:21:37	01:35:21.50	+00:23:23 (24.5%)	2:15	26.6 (75.6%)
58	RUDNICKI Kazimierz	130		M-60				1	00:11:16	00:21:46	00:33:00	00:44:26	00:56:34	01:09:06	01:21:38	01:35:27.72	+00:23:29 (24.6%)	2:15	26.5 (75.3%)
59	BUDEK Tomasz	18		M-30				16	00:09:25	00:19:09	00:30:15	00:41:41	00:54:06	01:07:14	01:20:08	01:35:32.14	+00:23:34 (24.7%)	2:15	26.5 (75.3%)
60	PACZUSKI Jarosław	110	LEGIA WARSZAWA MASTERS	M-60				2	00:10:31	00:22:10	00:33:19	00:45:04	00:57:11	01:09:04	01:21:37	01:35:35.22	+00:23:37 (24.7%)	2:15	26.5 (75.3%)
61	BUCZKOWSKI Szymon	17	URBAN DINGOES	M-30				17	00:11:28	00:22:29	00:33:19	00:45:03	00:57:11	01:09:04	01:21:37	01:35:35.95	+00:23:38 (24.7%)	2:15	26.5 (75.3%)
62	KOWALSKI Damian	75	OBIEGUWKA UNIwersytet warszawski	M-40			Tak	16	00:10:30	00:21:02	00:31:30	00:43:18	00:54:56	01:08:27	01:21:37	01:37:37.91	+00:25:40 (26.3%)	2:18	26 (73.9%)
63	KORCZAK Paweł	70		OPEN - M				4	00:09:24	00:21:45	00:32:28	00:43:18	00:54:56	01:07:01	01:20:14	01:38:04.70	+00:26:06 (26.6%)	2:19	25.8 (73.3%)
64	GRABOWICZ Mirosław	44		M-60				3	00:11:27	00:22:20	00:33:19	00:44:22	00:56:41	01:09:47	01:22:54	01:38:05.73	+00:26:08 (26.6%)	2:19	25.8 (73.3%)
65	SOBCZYK Janusz	136	MARATON GORLICE	M-60				4	00:11:22	00:22:50	00:34:36	00:46:04	00:58:32	01:11:14	01:24:17	01:38:11.38	+00:26:13 (26.7%)	2:19	25.8 (73.3%)
66	KOWALSKI Krzysztof	73	UKS ZRYW	M-40			Tak	17	00:11:19	00:22:21	00:33:19	00:45:51	00:58:31	01:11:14	01:24:18	01:38:15.59	+00:26:17 (26.8%)	2:19	25.8 (73.3%)
67	DZIEDZICKI Tomasz	34		M-40				18	00:11:22	00:34:36	00:46:02	00:58:32	01:11:14	01:24:18	01:37:04	01:38:20.26	+00:26:22 (26.8%)	2:19	25.8 (73.3%)
68	MADUSIOK Mirosław	88	LKS STRACONKA	M-60				5	00:11:15	00:22:29	00:34:22	00:45:53	00:58:32	01:11:13	01:24:17	01:38:20.66	+00:26:22 (26.8%)	2:19	25.8 (73.3%)
69	STANKIEWICZ Jerzy	140		M-50				8	00:10:51	00:22:47	00:34:35	00:45:52	00:58:33	01:11:51	01:25:27	01:40:18.96	+00:28:21 (28.3%)	2:22	25.3 (71.9%)
70	LEMIESZEK Andrzej	417		M-60				6	00:12:05	00:23:37						01:43:25.00	+00:31:27 (30.4%)	2:26	24.5 (69.6%)
71	CERKIEWNIK Piotr	21	SILESIA SKATING TEMPISH TEAM	PZSW-M-50			Tak	6	00:11:22	00:22:29	00:33:18	00:45:51	00:59:15	01:13:39	01:28:27	01:43:38.38	+00:31:40 (30.6%)	2:27	24.4 (69.3%)
72	ŁATA Dariusz	85	SILESIA SKATING TEMPISH TEAM	PZSW-M-50			Tak	7	00:11:19	00:22:30	00:34:22	00:46:23	00:59:45	01:13:33	01:28:02	01:43:50.14	+00:31:52 (30.7%)	2:27	24.4 (69.3%)
73	KABZA Grzegorz	59	SKATE2CITY	M-50				9	00:10:28	00:21:00	00:31:57	00:44:27	00:58:02	01:11:40	01:28:18	01:44:25.00	+00:32:27 (31.1%)	2:28	24.3 (69.0%)
74	WINIARZ Krzysztof	161		M-40				19	00:13:37	00:26:53	00:40:25	00:54:59	01:10:32	01:26:39	01:43:45	01:45:28.29	+00:33:30 (31.8%)	2:29	24 (68.2%)
75	WITKOWSKI Wojciech	163	URBAN DINGOES	M-30				18	00:11:28	00:22:29	00:33:48	00:47:41	01:01:08	01:14:50	01:30:21	01:45:40.15	+00:33:42 (31.9%)	2:30	24 (68.2%)

Place	Participant	Number	Club	Category	MCat	Licencja	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Net	Gap	Pace	Pace
							5.25km	10.5km	15.75km	21km	26.25km	31.5km	36.75km	42.23km			
76	ZIOŁO Jarosław	176	SILESIA SKATING TEMPISH TEAM	PZSW-M-50	8	Tak	00:09:26	00:19:19	00:31:51	00:45:51	01:00:19	01:16:13	01:30:36	01:46:33.25	+00:34:35 (32.5%)	2:31	23.8 (67.6%)
77	GRASZKA Bartosz	47	ROLL4ALL	M-40	20		00:11:36	00:25:32	00:39:22	00:52:54	01:06:38	01:20:13	01:46:23	01:47:34.03	+00:35:36 (33.1%)	2:32	23.6 (67.0%)
78	CICHECKI Marek	28		M-60	7		00:12:32	00:24:06	00:35:32	00:47:48	01:01:32	01:15:39	01:30:32	01:47:41.42	+00:35:43 (33.2%)	2:32	23.5 (66.8%)
79	OKUNIEWSKI Marcin	107	WWW.POMAGAMYNATALII.PL	M-40	21		00:12:13	00:23:37	00:35:45	00:49:37	01:04:12	01:18:26	01:32:06	01:47:48.66	+00:35:50 (33.3%)	2:33	23.5 (66.8%)
80	ZABAWA Andrzej	171	AMATOR	M-60	8		00:23:27	00:34:35	00:47:20	01:01:13	01:15:27	01:30:48	01:46:35	01:47:53.37	+00:35:55 (33.3%)	2:33	23.5 (66.8%)
81	SYKUT Piotr	147	SSW MALTA	PZSW-M-50	9	Tak	00:11:03	00:24:06	00:37:03	00:50:27	01:04:32	01:19:02	01:33:40	01:48:22.43	+00:36:24 (33.6%)	2:33	23.4 (66.5%)
82	PRAJSNAR Robert	118	SPEEDING TURTLES	M-50	10		00:12:13	00:24:06	00:37:03	00:50:36	01:05:30	01:20:13	01:33:48	01:49:15.56	+00:37:17 (34.1%)	2:35	23.2 (65.9%)
83	RUTA Robert	131	UKS SPARTA GRODZISK MAZOWIECKI	M-40	22		00:12:12	00:24:48	00:37:45	00:51:33	01:06:05	01:19:59	01:33:40	01:49:36.78	+00:37:39 (34.3%)	2:35	23.1 (65.6%)
84	NOWICKI Leszek	106		M-60	9		00:13:45	00:26:55	00:39:53	00:53:23	01:07:01	01:20:45	01:34:52	01:50:10.98	+00:38:13 (34.7%)	2:36	23 (65.3%)
85	WRONISZEWSKI Zbigniew	168	NSZZ „SOLIDARNOŚĆ” W „ENERGETYKA” SP. Z O.O. LUBIN	M-50	11		00:12:12	00:23:34	00:34:47	00:48:14	01:03:19	01:18:42	01:33:42	01:50:44.41	+00:38:46 (35.0%)	2:37	22.9 (65.1%)
86	LEWANDOWSKI Paweł	83		M-30	19		00:12:13	00:23:34	00:34:45	00:46:23	01:01:24	01:18:18	01:35:06	01:51:10.45	+00:39:12 (35.3%)	2:37	22.8 (64.8%)
87	SPODAR Rafał	138		M-30	20		00:13:40	00:26:52	00:40:45	00:54:57	01:09:01	01:23:41	01:38:14	01:53:55.30	+00:41:57 (36.8%)	2:41	22.2 (63.1%)
88	PAWŁOWSKI Jacek	114	BULWAR GDYNIA	M-50	12		00:13:41	00:26:53	00:40:45	00:54:58	01:09:02	01:23:42	01:38:14	01:54:50.96	+00:42:53 (37.3%)	2:43	22.1 (62.8%)
89	KANJERSKI Jerzy	60	ROLKA TEAM	M-70+	2	Tak	00:13:39	00:26:52	00:40:45	00:54:58	01:09:02	01:23:41	01:38:14	01:54:53.92	+00:42:56 (37.4%)	2:43	22.1 (62.8%)
90	SŁOWIK Arkadiusz	414	GSŁ CZARNE PANTERY	M-60	10		00:13:39	00:26:52	00:40:44	00:54:57	01:09:01	01:23:41	01:38:14	01:55:02.26	+00:43:04 (37.4%)	2:43	22 (62.5%)
91	POTRZEBOWSKI Michał	434		M-50	13		00:12:41	00:26:29	00:40:46	00:54:58	01:09:03	01:23:42	01:38:15	01:55:02.63	+00:43:04 (37.4%)	2:43	22 (62.5%)
92	STRUŻYŃSKI Adam	144		OPEN - M	5		00:13:37	00:27:24	00:41:22	00:55:45	01:10:29	01:25:09	01:39:49	01:55:42.11	+00:43:44 (37.8%)	2:44	21.9 (62.2%)
93	PUŁAWSKI Sebastian	124	UKS SPARTA GRODZISK MAZOWIECKI	M-30	21		00:12:12	00:25:19	00:38:29	00:52:11	01:07:04	01:22:39	01:38:29	01:56:15.14	+00:44:17 (38.1%)	2:45	21.8 (61.9%)
94	ZIOMEK Daniel	429		M-40	23		00:13:19	00:26:52	00:40:08	00:54:26	01:09:02	01:23:41	01:39:58	01:57:56.24	+00:45:58 (39.0%)	2:47	21.5 (61.1%)
95	GODLEWSKI Jerzy	41	UKS SPARTA GRODZISK MAZOWIECKI	M-50	14		00:12:12	00:24:48	00:37:45	00:52:04	01:07:27	01:23:43	01:40:08	01:58:24.43	+00:46:26 (39.2%)	2:48	21.4 (60.8%)
96	DERYNGIER Artur	30		M-40	24		00:13:54	00:28:06	00:41:59	00:57:06	01:11:49	01:26:54	01:42:23	01:58:49.92	+00:46:52 (39.4%)	2:48	21.3 (60.5%)
97	SOCHA Maciej	137		M-30	22		00:14:11	00:28:28	00:42:43	00:57:37	01:12:28	01:27:44	01:43:37	02:00:39.28	+00:48:41 (40.4%)	2:51	21 (59.7%)
98	TOMICZAK Krzysztof	156	UKS SPARTA GRODZISK MAZOWIECKI	M-40	25		00:13:40	00:26:58	00:40:33	00:54:51	01:09:59	01:26:38	01:45:26	02:01:21.77	+00:49:24 (40.7%)	2:52	20.9 (59.4%)
99	DOMZAŁA Paweł	32	BIGYELLOWFOOT ADVENTURE TEAM	M-40	26		00:14:24	00:28:39	00:43:38	00:59:03	01:14:31	01:30:01	01:45:11	02:02:16.02	+00:50:18 (41.1%)	2:53	20.7 (58.8%)
100	NAHAJOWSKI Krystian	101	ZICO RACING SPEED TEAM	PZSW-Senior	2	Tak	00:09:24	00:18:43	00:27:57	00:37:26	00:47:16	00:57:08	01:06:48	01:16:24.00	+00:04:26 (5.8%)	1:48	33.2 (94.3%)
101	ĆWIKLIŃSKI Marcin	425	SPARTA GRODZISK MAZ.	M-40	27		00:13:40	00:27:22	00:41:44	00:57:06	01:12:01	01:28:40	01:45:00	02:03:02.12	+00:51:04 (41.5%)	2:54	20.6 (58.5%)
102	STANISZEWSKI Jakub	437		M-40	28		00:13:54	00:28:03	00:42:38	00:57:19	01:12:26	01:27:51	01:45:22	02:05:13.30	+00:53:15 (42.5%)	2:57	20.2 (57.4%)
103	BANIA Zygmunt	7		M-70+	3	Tak	00:13:54	00:28:07	00:43:42	00:59:36	01:15:56	01:31:13	01:47:44	02:06:08.36	+00:54:10 (43.0%)	2:59	20.1 (57.1%)

Place	Participant	Number	Club	Category	MCat	Licencja	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Laps_All	Net	Gap	Pace	Pace
							5.25km	10.5km	15.75km	21km	26.25km	31.5km	36.75km	time			
104	KORASIEWICZ Rafał	69		M-30		23	00:14:35	00:44:04	01:30:56	01:47:58	02:06:36			02:08:26.44	+00:56:28 (44.0%)	3:02	19.7 (56.0%)
105	KARAŚ Tomasz	61	LEGIA WARSZAWA MASTERS	M-30		24	00:12:08	00:23:46	00:38:27	00:54:58	01:10:55	01:29:15	01:47:27	02:08:34.21	+00:56:36 (44.0%)	3:02	19.7 (56.0%)
106	GRABOWSKI Mariusz	45		M-30		25	00:14:15	00:28:04	00:43:17	00:59:04	01:15:50	01:32:53	01:49:58	02:08:50.23	+00:56:52 (44.1%)	3:03	19.7 (56.0%)
107	STRZAŁKOWSKI Sławomir	145		M-40		29	00:14:16	00:29:22	00:44:55	01:01:34	01:18:47	01:35:28	01:51:43	02:11:40.07	+00:59:42 (45.3%)	3:07	19.2 (54.5%)
108	GRALA Bartosz	46		M-30		26	00:13:53	00:28:06	00:43:42	01:01:12	01:18:58	01:36:04	01:53:43	02:12:38.14	+01:00:40 (45.7%)	3:08	19.1 (54.3%)
109	NASKRĘT Jacek	102		M-50		15	00:15:42	00:30:32	00:46:15	01:02:33	01:19:13	01:35:57	01:53:17	02:12:45.69	+01:00:47 (45.8%)	3:08	19.1 (54.3%)
110	NOGAŃSKI Paweł	105		M-50		16	00:13:41	00:26:54	00:41:40	00:58:03	01:16:11	01:34:19	01:53:03	02:13:42.05	+01:01:44 (46.2%)	3:09	19 (54.0%)
111	BEREŚNIEWICZ Karol	440		OPEN - M		6	00:14:20	00:29:35	00:45:41	01:02:19	01:20:58	01:38:32	01:55:42	02:15:06.83	+01:03:09 (46.7%)	3:11	18.8 (53.4%)
112	KOWALIK Adam	72		M-40		30	00:15:00	00:30:26	00:47:07	01:05:09	01:23:12	01:42:11	02:00:29	02:21:01.53	+01:09:03 (49.0%)	3:20	18 (51.1%)
113	GARCAREK Andrzej	38		M-50		17	00:17:02	00:33:47	00:50:46	01:09:06	01:27:12	01:45:36	02:04:12	02:25:06.00	+01:13:08 (50.4%)	3:26	17.5 (49.7%)
114	RADZIEWICZ Dawid	336		OPEN - M		7	00:15:26	00:31:52	00:49:07	01:07:37	01:26:46	01:45:41	02:05:01	02:25:28.34	+01:13:30 (50.5%)	3:26	17.4 (49.4%)
115	KOSKO Cezary	427		M-60		11	00:15:10	00:30:46	00:47:13	01:06:04	01:25:19	01:45:26	02:05:34	02:26:39.83	+01:14:42 (50.9%)	3:28	17.3 (49.1%)
116	PASZKIEWICZ Karol	112		M-30		27	00:16:54	00:33:58	00:51:25	01:10:07	01:29:46	01:49:09	02:09:56	02:32:58.99	+01:21:01 (53.0%)	3:37	16.6 (47.2%)
117	DARIUSZ Mazur	351		M-40		31	00:18:13	00:34:21	00:50:53	01:09:40	01:30:04	01:50:17	02:11:20	02:34:31.20	+01:22:33 (53.4%)	3:39	16.4 (46.6%)
118	ZAGÓRSKI Bartosz	172		M-30		28	00:16:58	00:35:07	00:54:30	01:14:52	01:37:37	02:00:47	02:22:41	02:47:25.81	+01:35:28 (57.0%)	3:57	15.1 (42.9%)
119	KOSIACKI Paweł	350		M-50		18	00:13:43	00:28:52	00:45:40	01:26:28	02:04:30	02:21:54	02:39:52	02:58:52.61	+01:46:54 (59.8%)	4:14	14.2 (40.3%)
DNC	HAMPEL Rafał	48	UKS SPARTA MASTERS GRODZISK MAZOWIECKI	M-40			00:12:13	00:26:36						00:28:12.02		0:00	89.9 (255.4%)
DNC	JANOWICZ Tomasz	436	PROLUBE	M-40			00:15:22	00:27:49						00:28:49.90		0:00	87.9 (249.7%)
DNC	MILISZEWSKI Aleksander	94	SILESIA SKATING TEMPISH TEAM	PZSW-M-50		Tak	00:09:24	00:18:48	00:30:15	00:43:08				00:45:10.30		0:00	56.1 (159.4%)
DNC	ROSENKIEWICZ Łukasz	129		M-40			00:17:52	00:44:11						00:47:07.20		0:00	53.8 (152.8%)
DNC	FROŁOWICZ Tomasz	37		M-60			00:12:12	00:24:49	00:38:06	00:52:43	01:09:15			01:11:21.19		0:00	35.5 (101%)
DNC	KOTZIAN Daniel	71	LEGIA WARSZAWA MASTERS	M-40		Tak	00:09:24	00:18:43	00:27:56	00:37:26	00:47:16	00:57:26					(0.0%)
DNC	SZUMLAS Jacek	150		M-40		Tak	00:09:06	00:27:56	00:37:25	00:47:17	00:57:08						(0.0%)
DNC	PRAJSNAR Paweł	119	SPEEDING TURTLES	OPEN - M			00:10:31	00:22:30	00:34:35	00:48:16							(0.0%)
DNC	GOJLIK Kazimierz	42	AMATOR	M-60			00:14:34	00:29:24	00:45:32	01:03:04							(0.0%)
DNC	JĘDRZEJEWSKI Krzysztof	58	SZCZECIN	M-50			00:13:42	00:27:56	01:00:35								(0.0%)

Total 129 results.