

# XII MARATON SIERPNIOWY IM. LECHA WAŁĘSY - PÓŁMARATON - KOBIETY

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Event:** XII Maraton Sierpniowy im. Lecha Wałęsy  
**Organiser:** Stowarzyszenie Kultury Fizycznej Twister Trójmiasto (SKF Twister Trójmiasto)  
**Date:** 2022-08-27  
**Place:** Gdańsk  
**Distance:** 21.23 km



Classification: All

Place	Participant	Number	Club	Category	MCat	Laps_All 5.25km	Laps_All 10.5km	Laps_All 15.75km	Net time 21.23km	Gap	Pace min/km	Pace km/h
1	<b>SARZAŁA Natalia</b>	<b>259</b>	UKS ZWOLEŃ TEAM	K-Kadet	1	00:12:03	00:22:58	00:44:39	<b>00:45:34.61</b>		2:08	28 (100%)
2	<b>ZAWISZA Emilia</b>	<b>293</b>	VIKING ELBLĄG	K-Open	1	00:12:04	00:22:58	00:34:14	<b>00:45:34.72</b>	+00:00:00 (0.0%)	2:08	28 (100%)
3	<b>HEINRICH Julia</b>	<b>208</b>	UKS ZRYW SŁOMCZYN	K-Kadet	2	00:12:03	00:22:58	00:34:14	<b>00:45:36.15</b>	+00:00:01 (0.1%)	2:08	27.9 (99.6%)
4	<b>SACHKO Yeva</b>	<b>257</b>	WARSZAWA LEGIA	K-Kadet	3	00:12:03	00:22:57	00:34:14	<b>00:46:06.79</b>	+00:00:32 (1.2%)	2:10	27.6 (98.6%)
5	<b>LUZAKOVA Anastasiia</b>	<b>228</b>	WARSZAWA LEGIA	K-Open	2	00:12:03	00:22:57	00:34:14	<b>00:46:07.04</b>	+00:00:32 (1.2%)	2:10	27.6 (98.6%)
6	<b>IVASHCHENKO Aleksandra</b>	<b>209</b>	GDANSKIE LWY	K-Kadet	4	00:12:04	00:22:57	00:34:13	<b>00:46:15.00</b>	+00:00:40 (1.5%)	2:10	27.5 (98.2%)
7	<b>BUDNA Julia</b>	<b>186</b>	MKS KORONA WILANÓW	K-Open	3	00:12:04	00:22:57	00:34:14	<b>00:46:17.55</b>	+00:00:42 (1.5%)	2:10	27.5 (98.2%)
8	<b>SZMITKO Barbara</b>	<b>279</b>		K 30-39	1	00:12:03	00:22:58	00:34:13	<b>00:46:24.18</b>	+00:00:49 (1.8%)	2:11	27.5 (98.2%)
9	<b>SOBIECKA Kaja</b>	<b>267</b>	UKS ZWOLEŃ TEAM	K-Open	4	00:12:03	00:22:58	00:34:14	<b>00:47:36.99</b>	+00:02:02 (4.3%)	2:14	26.8 (95.7%)
10	<b>SHEVCHENKO Mariia</b>	<b>263</b>	SAM ROLLER CLUB	K-Kadet	5	00:12:04	00:22:57	00:34:13	<b>00:48:20.13</b>	+00:02:45 (5.7%)	2:16	26.4 (94.3%)
11	<b>SZOMBARA Zofia</b>	<b>281</b>	LEGIA WARSZAWA	K-Kadet	6	00:12:03	00:22:57	00:34:13	<b>00:48:22.93</b>	+00:02:48 (5.8%)	2:16	26.3 (93.9%)
12	<b>PARTYKA Natalia</b>	<b>246</b>	ZICO RACING SPEED TEAM	K 40-49	1	00:12:04	00:23:15	00:35:57	<b>00:49:40.48</b>	+00:04:05 (8.2%)	2:20	25.6 (91.4%)
13	<b>GADEK Kasia</b>	<b>198</b>	SILESIA SKATING TEMPISH TEAM	K 40-49	2	00:12:45	00:36:32	00:49:15	<b>00:50:10.00</b>	+00:04:35 (9.1%)	2:21	25.4 (90.7%)
14	<b>MIKOŁAJEWSKA Alicja</b>	<b>235</b>		K-Kadet	7	00:12:03	00:22:57	00:35:39	<b>00:50:25.00</b>	+00:04:50 (9.6%)	2:22	25.3 (90.4%)
15	<b>KRÓLIKOWSKA Wiktoria</b>	<b>224</b>		K-Open	5	00:12:49	00:24:28	00:36:32	<b>00:51:22.00</b>	+00:05:47 (11.3%)	2:25	24.8 (88.6%)
16	<b>KARAŚ Dominika</b>	<b>211</b>	LEGIA WARSZAWA MASTERS	K 30-39	2	00:12:49	00:24:59	00:38:18	<b>00:53:25.00</b>	+00:07:50 (14.7%)	2:30	23.8 (85.0%)
17	<b>MORSKA Michalina</b>	<b>236</b>	ZICO RACING SPEED TEAM	K-Open	6	00:13:43	00:26:26	00:40:00	<b>00:54:51.08</b>	+00:09:16 (16.9%)	2:35	23.2 (82.9%)
18	<b>KRETKIEWICZ Magdalena</b>	<b>223</b>		K-Open	7	00:13:17	00:26:56	00:40:11	<b>00:55:21.66</b>	+00:09:47 (17.7%)	2:36	23 (82.1%)
19	<b>GŁUSZEK Iwona</b>	<b>201</b>	NIE	K 60-69	1	00:18:04	00:35:16	00:54:02	<b>00:55:52.67</b>	+00:10:18 (18.4%)	2:37	22.8 (81.4%)
20	<b>KRASUSKA Anna</b>	<b>222</b>	KS ORZEŁ EBLĄG	K 60-69	2	00:14:14	00:27:45	00:41:58	<b>00:58:32.51</b>	+00:12:57 (22.1%)	2:45	21.8 (77.9%)
21	<b>GRYCH Jagna</b>	<b>206</b>		K 30-39	3	00:13:30	00:27:53	00:42:02	<b>00:58:36.53</b>	+00:13:01 (22.2%)	2:45	21.7 (77.5%)
22	<b>SHEVCHENKO Svitlana</b>	<b>262</b>	SAM ROLLER CLUB	K 30-39	4	00:14:52	00:28:18	00:42:46	<b>00:58:53.32</b>	+00:13:18 (22.6%)	2:46	21.6 (77.1%)
23	<b>DERECKA Magdalena</b>	<b>413</b>		K-Open	8	00:15:08	00:29:39	00:43:47	<b>00:59:39.09</b>	+00:14:04 (23.6%)	2:48	21.4 (76.4%)
24	<b>KOWALSKA-WALIŚ Agnieszka</b>	<b>218</b>	UKS SPARTA GRODZISK MAZOWIECKI	K 40-49	3	00:15:03	00:29:10	00:43:18	<b>00:59:41.04</b>	+00:14:06 (23.6%)	2:48	21.3 (76.1%)
25	<b>KRAJNIK Emilia</b>	<b>221</b>	SZYBKĄ ROLKA TEAM	K 50-59	1	00:15:03	00:29:09	00:43:44	<b>01:01:06.16</b>	+00:15:31 (25.4%)	2:52	20.8 (74.3%)
26	<b>KOWALAK Agnieszka</b>	<b>217</b>		K 30-39	5	00:15:54	00:31:15	00:47:36	<b>01:05:16.39</b>	+00:19:41 (30.2%)	3:04	19.5 (69.6%)

Place	Participant	Number	Club	Category	MCat	Laps All			Net time	Gap	Pace min/km	Pace km/h
						5.25km	10.5km	15.75km	21.23km			
27	<b>SEROKA Justyna</b>	<b>261</b>		K 40-49	4	00:15:51	00:31:07	00:46:49	<b>01:05:19.58</b>	+00:19:44 (30.2%)	3:04	19.5 (69.6%)
28	<b>PRAJSNAR Agnieszka</b>	<b>253</b>	SPEEDING TURTLES	K 50-59	2	00:16:07	00:31:39	00:47:36	<b>01:05:51.98</b>	+00:20:17 (30.8%)	3:06	19.3 (68.9%)
29	<b>SOCHACKA Iga</b>	<b>269</b>	AMATOR	K-Open	9	00:16:34	00:32:29	00:48:51	<b>01:06:51.47</b>	+00:21:16 (31.8%)	3:08	19.1 (68.2%)
30	<b>GANNON Magdalena</b>	<b>197</b>	ROLKOSFERA	K 40-49	5	00:16:08	00:31:41	00:48:17	<b>01:07:35.40</b>	+00:22:00 (32.6%)	3:11	18.8 (67.1%)
31	<b>TOMASIK Aleksandra</b>	<b>439</b>		K 30-39	6	00:17:52	00:34:50	00:52:09	<b>01:11:00.69</b>	+00:25:26 (35.8%)	3:20	17.9 (63.9%)
32	<b>BIELAWSKA Julia</b>	<b>183</b>	ROLKOSFERA	K 40-49	6	00:17:22	00:34:52	00:53:09	<b>01:13:02.23</b>	+00:27:27 (37.6%)	3:26	17.4 (62.1%)
33	<b>POŁOWNIAK Beata</b>	<b>252</b>		K 50-59	3	00:19:30	00:36:07	00:53:24	<b>01:13:35.19</b>	+00:28:00 (38.1%)	3:27	17.3 (61.8%)
34	<b>WALTER Monika</b>	<b>289</b>		K 30-39	7	00:18:23	00:35:28	00:54:01	<b>01:15:47.20</b>	+00:30:12 (39.9%)	3:34	16.8 (60.0%)
35	<b>POCZMAN Agata</b>	<b>251</b>		K 40-49	7	00:19:00	00:36:24	00:55:25	<b>01:16:14.34</b>	+00:30:39 (40.2%)	3:35	16.7 (59.6%)
36	<b>SZABŁOWSKA Ewa</b>	<b>276</b>		K 30-39	8	00:20:41	00:39:13	00:57:26	<b>01:16:36.66</b>	+00:31:02 (40.5%)	3:36	16.6 (59.3%)
37	<b>FLISIŃSKA Agata</b>	<b>196</b>		K 30-39	9	00:18:39	00:37:08	00:56:25	<b>01:17:46.53</b>	+00:32:11 (41.4%)	3:39	16.4 (58.6%)
38	<b>NOWICKA Ewa</b>	<b>242</b>		K 50-59	4	00:20:35	00:38:50	00:57:11	<b>01:17:54.42</b>	+00:32:19 (41.5%)	3:40	16.4 (58.6%)
39	<b>NARKOWICZ Karolina</b>	<b>239</b>		K-Open	10	00:19:20	00:37:58	00:58:00	<b>01:18:45.82</b>	+00:33:11 (42.1%)	3:42	16.2 (57.9%)
40	<b>LANGE Monika</b>	<b>226</b>		K 30-39	10	00:21:06	00:39:47	00:59:16	<b>01:21:11.85</b>	+00:35:37 (43.9%)	3:49	15.7 (56.1%)
41	<b>CZERMIŃSKA Barbara</b>	<b>191</b>		K 50-59	5	00:15:56	00:31:14	00:46:46	<b>01:21:18.16</b>	+00:35:43 (43.9%)	3:49	15.7 (56.1%)
42	<b>WIERZGACZ Kamila</b>	<b>291</b>		K 50-59	6	00:19:16	00:39:03	01:01:13	<b>01:25:36.32</b>	+00:40:01 (46.8%)	4:01	14.9 (53.2%)
43	<b>GRUSZKA Aleksandra</b>	<b>205</b>		K 40-49	8	00:20:32	00:40:03	01:01:48	<b>01:27:20.65</b>	+00:41:46 (47.8%)	4:06	14.6 (52.1%)
44	<b>TIERIECHOW Mariola</b>	<b>286</b>		K 30-39	11	00:19:47	00:40:46	01:04:00	<b>01:27:27.39</b>	+00:41:52 (47.9%)	4:07	14.6 (52.1%)
45	<b>MOŚ Martyna</b>	<b>438</b>		K-Open	11	00:21:23	00:41:36	01:29:58	<b>01:32:03.93</b>	+00:46:29 (50.5%)	4:20	13.8 (49.3%)
46	<b>BŁACHNIO Katarzyna</b>	<b>184</b>	BRAK	K 30-39	12	00:21:27	00:42:33	01:06:47	<b>01:36:36.34</b>	+00:51:01 (52.8%)	4:33	13.2 (47.1%)
47	<b>GOŁĄBEK Magdalena</b>	<b>202</b>		K 40-49	9	00:21:36	00:43:26	01:08:07	<b>01:39:14.54</b>	+00:53:39 (54.1%)	4:40	12.8 (45.7%)
48	<b>KOZŁOWSKA Alicja</b>	<b>219</b>		K 30-39	13	00:21:36	00:43:29	01:08:08	<b>01:39:14.59</b>	+00:53:39 (54.1%)	4:40	12.8 (45.7%)

Total 48 results.