

XIII BIEG 12 MOSTÓW

B4SPORT

Organizator: Ośrodek Sportu i Rekreacji w Sławnie
Data: 2015-07-04
Miejsce: Sławno
Dystans: 7 km



Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
1	STANKO Svitlana	13		K30	1	00:27:08	00:27:08		3:52	15.5 (100%)
2	POTERUK Vita	65	MK LUCHESK	K30	2	00:27:11	00:27:11	+00:00:03 (0.2%)	3:53	15.5 (100%)
3	OLIYNUK Oleksandra	64	MK LUCHESK	K20	1	00:27:29	00:27:29	+00:00:21 (1.3%)	3:55	15.3 (98.7%)
4	PAPROCKA Ewelina	151		K20	2	00:27:53	00:27:53	+00:00:45 (2.7%)	3:59	15.1 (97.4%)
5	OLIYNUK Nataliya	63	MK LUCHESK	K20	3	00:29:41	00:29:41	+00:02:33 (8.6%)	4:14	14.1 (91.0%)
6	STAWARZ Monika	89	UKS EKOLUDEK SZCZENURZE	K20	4	00:31:33	00:31:33	+00:04:25 (14.0%)	4:30	13.3 (85.8%)
7	PERZ Emilia	229		K20	5	00:32:59	00:32:59	+00:05:51 (17.7%)	4:42	12.7 (81.9%)
8	KONKEL Katarzyna	91	DECATHLON RUNNING TEAM	K20	6	00:33:47	00:33:47	+00:06:39 (19.7%)	4:49	12.4 (80.0%)
9	GŁOMBIOWSKA Zuzanna	96		K17	1	00:34:10	00:34:10	+00:07:02 (20.6%)	4:52	12.3 (79.4%)
10	PRZYBYLAK Dorota	41		K20	7	00:34:52	00:34:52	+00:07:44 (22.2%)	4:58	12 (77.4%)
11	GRABOWSKA Maria	35	FUNDACJA AKTYWNE TRZEMESZNO	K40	1	00:36:51	00:36:51	+00:09:43 (26.4%)	5:15	11.4 (73.5%)
12	FRONTCZAK Izabela	234		K20	8	00:37:11	00:37:11	+00:10:03 (27.0%)	5:18	11.3 (72.9%)
13	PERZ Marzenna	224		K40	2	00:37:17	00:37:17	+00:10:09 (27.2%)	5:19	11.3 (72.9%)
14	SKIERKA Anna	11		K20	9	00:37:41	00:37:41	+00:10:33 (28.0%)	5:23	11.1 (71.6%)
15	ORPEL Martyna	34	KS. KROTOSZ KROTOSZYN	K20	10	00:37:44	00:37:44	+00:10:36 (28.1%)	5:23	11.1 (71.6%)
16	WALCZYK Barbara	22		K20	11	00:38:01	00:38:01	+00:10:53 (28.6%)	5:25	11 (71.0%)
17	LASZCZKOWSKA Dagmara	159	DWUJĘZYCZNI.PL	K20	12	00:38:45	00:38:45	+00:11:37 (30.0%)	5:32	10.8 (69.7%)
18	KULCZYK Katarzyna	25		K30	3	00:38:54	00:38:54	+00:11:46 (30.2%)	5:33	10.8 (69.7%)
19	LASKA Agnieszka	146		K40	3	00:39:18	00:39:18	+00:12:10 (31.0%)	5:36	10.7 (69.0%)
20	DRUMOWICZ Dominika	145	WKB META LUBLINIEC	K17	2	00:39:33	00:39:33	+00:12:25 (31.4%)	5:39	10.6 (68.4%)
21	MIZERA Agnieszka	109	WROCŁAW	K40	4	00:39:34	00:39:34	+00:12:26 (31.4%)	5:39	10.6 (68.4%)
22	JARNÓT Agnieszka	225		K30	4	00:39:55	00:39:55	+00:12:47 (32.0%)	5:42	10.5 (67.7%)
23	MIKUŁA Martyna	19		K20	13	00:40:02	00:40:02	+00:12:54 (32.2%)	5:43	10.5 (67.7%)
24	ŁAGOSZ Marzena	104		K30	5	00:40:57	00:40:57	+00:13:49 (33.7%)	5:51	10.3 (66.5%)
25	SALICKA Weronika	119		K30	6	00:41:01	00:41:01	+00:13:53 (33.8%)	5:51	10.2 (65.8%)
26	KASPROWICZ Małgorzata	21		K30	7	00:41:10	00:41:10	+00:14:02 (34.1%)	5:52	10.2 (65.8%)
27	SPICZAK-BRZEZIŃSKA Żaneta	87		K17	3	00:41:14	00:41:14	+00:14:06 (34.2%)	5:53	10.2 (65.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
28	FARBICKA-ŻYWICA Paulina	29		K30	8	00:41:15	00:41:15	+00:14:07 (34.2%)	5:53	10.2 (65.8%)
29	MAZUREK Barbara	60	BABECZKI KOSZALIN/BIEGNIJMY.PL	K30	9	00:41:22	00:41:22	+00:14:14 (34.4%)	5:54	10.2 (65.8%)
30	ROMAN Sylwia	148		K30	10	00:41:33	00:41:33	+00:14:25 (34.7%)	5:56	10.1 (65.2%)
31	KURCZYK Elżbieta	37		K30	11	00:41:48	00:41:48	+00:14:40 (35.1%)	5:58	10 (64.5%)
32	WÓJCIK Agnieszka	131		K30	12	00:41:51	00:41:51	+00:14:43 (35.2%)	5:58	10 (64.5%)
33	KAWECKA Katarzyna	227		K30	13	00:42:17	00:42:17	+00:15:09 (35.8%)	6:02	9.9 (63.9%)
34	RUBACHA Agata	5		K17	4	00:42:56	00:42:56	+00:15:48 (36.8%)	6:08	9.8 (63.2%)
35	BUZE Małgorzata	114		K30	14	00:43:11	00:43:11	+00:16:03 (37.2%)	6:10	9.7 (62.6%)
36	BRUSZEWSKA-GŁOMBIOWSKA Monika	97		K40	5	00:44:10	00:44:10	+00:17:02 (38.6%)	6:18	9.5 (61.3%)
37	VON BARDELEBEN Agnieszka	59	BABECZKI KOSZALIN	K40	6	00:44:51	00:44:51	+00:17:43 (39.5%)	6:24	9.4 (60.6%)
37	DYRCZ Marika	2		K30	15	00:44:51	00:44:51	+00:17:43 (39.5%)	6:24	9.4 (60.6%)
39	NIKLAS Aneta	85		K17	5	00:45:49	00:45:49	+00:18:41 (40.8%)	6:32	9.2 (59.4%)
40	STASZEWSKA Małgorzata	28		K30	16	00:45:59	00:45:59	+00:18:51 (41.0%)	6:34	9.1 (58.7%)
41	WILKOWSKA Mariola	74	SSI AKTYWNIDAMNICA	K40	7	00:46:23	00:46:23	+00:19:15 (41.5%)	6:37	9.1 (58.7%)
42	FEDRO Anna	153		K30	17	00:49:57	00:49:57	+00:22:49 (45.7%)	7:08	8.4 (54.2%)
43	ZDUNEK Katarzyna	221		K40	8	00:52:29	00:52:29	+00:25:21 (48.3%)	7:29	8 (51.6%)
44	KUŚNIERZ Monika	40	KLAKIER TEAM	K20	14	00:52:41	00:52:41	+00:25:33 (48.5%)	7:31	8 (51.6%)
45	GAWIECKA Mariola	68	ROWERIA	K40	9	00:54:36	00:54:36	+00:27:28 (50.3%)	7:48	7.7 (49.7%)
46	BŁASZKIEWICZ Martyna	150		K30	18	00:55:18	00:55:18	+00:28:10 (50.9%)	7:54	7.6 (49.0%)
47	BRZYKCY Dorota	94		K30	19	01:00:12	01:00:12	+00:33:04 (54.9%)	8:36	7 (45.2%)
48	MAJCHRZAK Ewa	23		K30	20	01:06:07	01:06:07	+00:38:59 (59.0%)	9:26	6.4 (41.3%)
49	KILAR Zofia	30		K40	10	01:10:02	01:10:02	+00:42:54 (61.3%)	10:00	6 (38.7%)
50	ANTOSIK Grażyna	233		K30	21	01:10:36	01:10:36	+00:43:28 (61.6%)	10:05	5.9 (38.1%)

Znaleziono 50 wynik(ów)