



**Organizator:** Hotel Brzoza  
**Data:** 2019-12-31  
**Miejsce:** Brzoza  
**Dystans:** 10 km

## XIII BIEG SYLWESTROWY

B4SPORT  
INTELEKTNE ZAWODY SPORTOWE

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>ZALEWSKI Krystian</b>	<b>1</b>		M-30	1		Barnim Goleniów	00:00:00	00:07:19	00:14:10	00:21:02	00:27:51	<b>00:29:07.50</b>	<b>00:29:08.40</b>		2:54	20.6 (100%)
2	<b>BRZEZIŃSKI Błażej</b>	<b>3</b>		M-30	2	CWZS Zawisza Bydgoszcz	CWZS Zawisza Bydgoszcz	00:00:01	00:07:34	00:15:02	00:22:34	00:30:06	<b>00:31:34.10</b>	<b>00:31:35.30</b>	+00:02:26 (7.7%)	3:09	19 (92.2%)
3	<b>TARASIUK Paweł</b>	<b>88</b>		M-30	3	31 Brygada Lotnictwa Polskiego	31 Baza LOTNICTWA TAKTYCZNEGO POZNAN-KRZESINY	00:00:00	00:08:09	00:15:57	00:23:45	00:31:35	<b>00:33:05.65</b>	<b>00:33:06.40</b>	+00:03:58 (12.0%)	3:18	18.1 (87.9%)
4	<b>BRZEZIŃSKA Aleksandra</b>	<b>4</b>		K-20	1	MKL Toruń	MKL Toruń	00:00:00	00:08:26	00:16:23	00:24:26	00:32:41	<b>00:34:16.20</b>	<b>00:34:17.05</b>	+00:05:08 (15.0%)	3:25	17.5 (85.0%)
5	<b>ŚWIĄTKOWSKI Paweł</b>	<b>92</b>		M-30	4			00:00:01	00:08:38	00:16:47	00:24:52	00:32:54	<b>00:34:23.50</b>	<b>00:34:25.20</b>	+00:05:16 (15.3%)	3:26	17.4 (84.5%)
6	<b>PIRÓG Arkadiusz</b>	<b>481</b>		M-30	5		PISFAK	00:00:01	00:08:42	00:16:52	00:25:03	00:33:16	<b>00:34:53.35</b>	<b>00:34:55.15</b>	+00:05:45 (16.5%)	3:29	17.2 (83.5%)
7	<b>POLAŃSKI Tomasz</b>	<b>512</b>		M-40	1	The Rychters		00:00:01	00:08:42	00:16:54	00:25:19	00:33:48	<b>00:35:25.25</b>	<b>00:35:26.35</b>	+00:06:17 (17.8%)	3:32	16.9 (82.0%)
8	<b>ŚLUSARCYK Mariola</b>	<b>2</b>		K-20	2		UKS Barnim Goleniów	00:00:01	00:08:45	00:17:07	00:25:32	00:33:56	<b>00:35:32.00</b>	<b>00:35:33.10</b>	+00:06:24 (18.0%)	3:33	16.9 (82.0%)
9	<b>TUCZYŃSKI Sylwester Leon</b>	<b>249</b>		M-20	1	Bydgoskie Okonie	Bydgoskie Okonie	00:00:02	00:09:02	00:17:35	00:26:05	00:34:43	<b>00:36:19.45</b>	<b>00:36:21.60</b>	+00:07:11 (19.8%)	3:37	16.5 (80.1%)
10	<b>WIWATOWSKI Michał</b>	<b>279</b>		M-40	2			00:00:01	00:09:04	00:17:35	00:26:07	00:34:45	<b>00:36:23.10</b>	<b>00:36:24.40</b>	+00:07:15 (20.0%)	3:38	16.5 (80.1%)
11	<b>MRUK Tomasz</b>	<b>246</b>		M-40	3	Czarne Stopy	Czarne Stopy.SM	00:00:02	00:09:03	00:17:39	00:26:16	00:34:56	<b>00:36:34.75</b>	<b>00:36:37.25</b>	+00:07:27 (20.4%)	3:39	16.4 (79.6%)
12	<b>MAĆKOWSKI Maciej</b>	<b>74</b>		M-30	6	TEAMOCHAL	Ups Bydgoszcz/TEAMOCHAL	00:00:01	00:09:22	00:18:00	00:26:37	00:35:16	<b>00:36:53.95</b>	<b>00:36:55.65</b>	+00:07:46 (21.1%)	3:41	16.3 (79.1%)
13	<b>ŁAZ Kamil</b>	<b>79</b>		M-30	7	Bydgoskie Okonie	Bydgoskie Okonie	00:00:01	00:09:20	00:18:03	00:26:44	00:35:22	<b>00:36:58.10</b>	<b>00:36:59.95</b>	+00:07:50 (21.2%)	3:41	16.2 (78.6%)
14	<b>DĄBROWSKI Paweł</b>	<b>27</b>		M-20	2		Start Team Wąbrzeźno	00:00:01	00:09:17	00:17:54	00:26:36	00:35:19	<b>00:37:00.80</b>	<b>00:37:02.50</b>	+00:07:53 (21.3%)	3:42	16.2 (78.6%)
15	<b>SZLINGER Jakub</b>	<b>280</b>		M-30	8	TEAMOCHAL	TEAMOCHAL	00:00:02	00:09:27	00:17:56	00:26:36	00:35:27	<b>00:37:07.45</b>	<b>00:37:09.95</b>	+00:07:59 (21.5%)	3:42	16.2 (78.6%)
16	<b>ORCHOLSKI Witold</b>	<b>10</b>		M-40	4	T.S. Opatrunki Toruń	T.S. Opatrunki Toruń	00:00:01	00:09:36	00:18:15	00:26:57	00:35:36	<b>00:37:15.55</b>	<b>00:37:17.05</b>	+00:08:08 (21.8%)	3:43	16.1 (78.2%)
17	<b>ŚLUSARSKI Przemysław</b>	<b>455</b>		M-30	9		RUN PASJA	00:00:03	00:09:23	00:17:59	00:26:44	00:35:34	<b>00:37:16.00</b>	<b>00:37:19.25</b>	+00:08:08 (21.8%)	3:43	16.1 (78.2%)
18	<b>KRAIŃSKI Michał</b>	<b>415</b>		M-30	10			00:00:01	00:09:20	00:18:02	00:26:53	00:35:40	<b>00:37:16.60</b>	<b>00:37:18.50</b>	+00:08:09 (21.9%)	3:43	16.1 (78.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
19	NOWAK Dawid	473	TRAWERS TEAM NAKŁO	M-30	11	TRAWERS TEAM NAKŁO	TRAWERS TEAM NAKŁO	00:00:03	00:09:03	00:17:52	00:26:56	00:35:40	00:37:17.40	00:37:20.40	+00:08:09 (21.9%)	3:43	16.1 (78.2%)
20	KUŁAKOWSKI Krzysztof	89		M-30	12		RUN PASJA	00:00:03	00:09:23	00:18:00	00:26:45	00:35:41	00:37:28.90	00:37:32.15	+00:08:21 (22.3%)	3:44	16 (77.7%)
21	PIOTROWSKI Radosław	61		M-30	13			00:00:05	00:09:15	00:18:04	00:26:59	00:35:55	00:37:36.55	00:37:42.10	+00:08:29 (22.6%)	3:45	16 (77.7%)
22	KLINIEWSKI Maciej	134		M-20	3	Sylwester Osielsko	Sylwester Osielsko	00:00:02	00:09:22	00:18:17	00:27:20	00:36:08	00:37:42.75	00:37:44.95	+00:08:35 (22.8%)	3:46	15.9 (77.2%)
23	MAIK Daria	456		K-20	3			00:00:01	00:09:18	00:18:08	00:27:03	00:36:03	00:37:44.80	00:37:46.20	+00:08:37 (22.8%)	3:46	15.9 (77.2%)
24	LENC Sebastian	128		M-40	5	TKKF Kolejarz Bydgoszcz	TKKF Kolejarz Bydgoszcz	00:00:01	00:09:18	00:18:07	00:27:03	00:36:02	00:37:47.75	00:37:49.15	+00:08:40 (22.9%)	3:46	15.9 (77.2%)
25	MOKRZYCKI Rafał	368		M-40	6		TG SOKÓŁ GNIEWKOWO	00:00:01	00:09:31	00:18:21	00:27:14	00:36:08	00:37:49.95	00:37:51.60	+00:08:42 (23.0%)	3:47	15.9 (77.2%)
26	CHRZĄSZCZ Bartosz	238		M-20	4		BRZEZIŃSKI RUN CLUB	00:00:01	00:09:09	00:18:05	00:27:06	00:36:18	00:37:53.05	00:37:54.75	+00:08:45 (23.1%)	3:47	15.8 (76.7%)
27	KOWALCZYK Marek	9	BRZOZA BIEGA	M-40	7	Brzoza Biega	Brzoza Biega	00:00:01	00:09:19	00:18:04	00:27:03	00:36:10	00:37:53.55	00:37:55.40	+00:08:46 (23.1%)	3:47	15.8 (76.7%)
28	ŻYCZIŃSKI Michał	178		M-30	14	TEAMOCHAL	TEAMOCHAL	00:00:02	00:09:30	00:18:24	00:27:24	00:36:15	00:37:54.40	00:37:56.85	+00:08:46 (23.2%)	3:47	15.8 (76.7%)
29	BIAŁEK Dawid	474		M-30	15	TRAWERS TEAM NAKŁO	TRAWERS TEAM NAKŁO	00:00:02	00:09:31	00:18:24	00:27:21	00:36:16	00:37:58.30	00:38:00.80	+00:08:50 (23.3%)	3:47	15.8 (76.7%)
30	SOBIERALSKI Rafał	69		M-40	8			00:00:03	00:09:29	00:18:24	00:27:23	00:36:20	00:38:03.30	00:38:06.50	+00:08:55 (23.5%)	3:48	15.8 (76.7%)
31	GROCHOWIAK Piotr	137		M-30	16			00:00:02	00:09:29	00:18:25	00:27:24	00:36:25	00:38:07.85	00:38:10.05	+00:09:00 (23.6%)	3:48	15.7 (76.2%)
32	MACZYŃSKI Grzegorz	274		M-50	1	TKKF Kolejarz Bydgoszcz	TKKF Kolejarz Bydgoszcz	00:00:01	00:09:31	00:18:26	00:27:25	00:36:25	00:38:08.60	00:38:10.00	+00:09:01 (23.6%)	3:48	15.7 (76.2%)
33	BAK Oskar	434		M-30	17			00:00:02	00:09:26	00:18:22	00:27:25	00:36:29	00:38:16.00	00:38:18.80	+00:09:08 (23.9%)	3:49	15.7 (76.2%)
34	STACHOWICZ Wiesław	366		M-40	9	Brzoza Biega	Brzoza Biega	00:00:03	00:09:41	00:18:43	00:27:43	00:36:41	00:38:19.50	00:38:22.70	+00:09:12 (24.0%)	3:49	15.7 (76.2%)
35	SENGER Michał	337		M-30	18	Pałuki Running Team	Pałuki Running Team	00:00:03	00:09:28	00:18:22	00:27:25	00:36:36	00:38:22.30	00:38:26.20	+00:09:14 (24.1%)	3:50	15.6 (75.7%)
36	TOMASZEWSKI Maciej	488		M-30	19			00:00:01	00:08:42	00:17:31	00:27:14	00:37:16	00:38:52.00	00:38:53.10	+00:09:44 (25.1%)	3:53	15.4 (74.8%)
37	JAGODZIŃSKI Mateusz	42		M-20	5	Bydgoskie Okonie	Bydgoskie Okonie	00:00:02	00:09:29	00:18:23	00:27:42	00:37:09	00:38:54.15	00:38:56.35	+00:09:46 (25.1%)	3:53	15.4 (74.8%)
38	DUCHIŃSKI Wojciech	174		M-50	2	Brzoza Biega	Brzoza Biega	00:00:03	00:09:50	00:18:54	00:28:01	00:37:05	00:38:55.95	00:38:59.10	+00:09:48 (25.2%)	3:53	15.4 (74.8%)
39	ŚWIERCZYŃSKI Julian	222		M-1	1	KS ZRYW RADZIEJÓW	KS ZRYW RADZIEJÓW	00:00:00	00:08:35	00:19:12	00:28:18	00:28:35	00:39:01.15	00:39:01.15	+00:09:53 (25.4%)	3:54	15.4 (74.8%)
40	JAROSZEWSKI Jan	336		M-1	2			00:00:02	00:09:32	00:18:45	00:28:07	00:37:23	00:39:01.30	00:39:03.90	+00:09:53 (25.4%)	3:54	15.4 (74.8%)
41	KUBANEK Łukasz	144		M-30	20	TEAMOCHAL	TEAMOCHAL	00:00:03	00:09:43	00:18:52	00:28:06	00:37:19	00:39:04.95	00:39:08.00	+00:09:57 (25.5%)	3:54	15.4 (74.8%)
42	GONDEK Rafał	283		M-30	21	TRAWERS TEAM NAKŁO		00:00:05	00:09:35	00:18:31	00:27:57	00:37:16	00:39:05.35	00:39:10.50	+00:09:57 (25.5%)	3:54	15.4 (74.8%)
43	MATUSZEWSKI Karol	11		M-30	22	Wilki Koszalin	Wilki Koszalin	00:00:03	00:09:54	00:19:04	00:28:24	00:37:28	00:39:11.25	00:39:15.10	+00:10:03 (25.7%)	3:55	15.3 (74.3%)
44	WESIORA Mariusz	170		M-50	3	Diabelskie Pioruny	Diabelskie Pioruny	00:00:01	00:09:31	00:18:43	00:28:11	00:37:41	00:39:29.45	00:39:31.10	+00:10:21 (26.2%)	3:57	15.2 (73.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas		Różn	Tempo min/km	Tempo km/h
													netto 10km	brutto 10km			
45	RYCHTER Karol	210		M-40	10	The Rychters		00:00:03	00:09:27	00:18:42	00:28:10	00:37:44	<b>00:39:31.90</b>	<b>00:39:35.10</b>	+00:10:24 (26.3%)	3:57	15.2 (73.8%)
46	MAGDZIARZ Jakub	252		M-30	23			00:00:03	00:09:41	00:18:55	00:28:20	00:37:44	<b>00:39:34.15</b>	<b>00:39:38.00</b>	+00:10:26 (26.4%)	3:57	15.2 (73.8%)
47	KWIATKOWSKI Daniel	482		M-30	24			00:00:05	00:09:57	00:19:06	00:28:21	00:37:46	<b>00:39:36.20</b>	<b>00:39:41.20</b>	+00:10:28 (26.5%)	3:57	15.2 (73.8%)
48	RZESZOTARSKI Daniel	160		M-30	25			00:00:03	00:09:47	00:19:05	00:28:35	00:38:01	<b>00:39:47.00</b>	<b>00:39:50.05</b>	+00:10:39 (26.8%)	3:58	15.1 (73.3%)
49	WARSZAWSKI Przemysław	330		M-30	26	8 K-P BOT	8 K-P BOT	00:00:01	00:09:53	00:19:13	00:28:47	00:38:11	<b>00:39:54.55</b>	<b>00:39:56.50</b>	+00:10:47 (27.0%)	3:59	15 (72.8%)
50	SZCZEPANIAK Cezary	489		M-40	11			00:00:02	00:09:50	00:19:10	00:28:46	00:38:20	<b>00:39:59.40</b>	<b>00:40:02.30</b>	+00:10:51 (27.2%)	4:00	15 (72.8%)
50	KRUPA Piotr	153		M-30	27		Woodrunners	00:00:03	00:09:49	00:19:10	00:28:46	00:38:18	<b>00:39:59.40</b>	<b>00:40:03.00</b>	+00:10:51 (27.2%)	4:00	15 (72.8%)
52	RUCIŃSKI Marcin	321		M-40	12		TRIBA Bosir Barcin	00:00:02	00:09:29	00:18:24	00:28:36	00:38:11	<b>00:40:02.30</b>	<b>00:40:04.75</b>	+00:10:54 (27.3%)	4:00	15 (72.8%)
53	GUBAŃSKI Szymon	285		M-20	6	Diabelskie Pioruny	Diabelskie Pioruny	00:00:02	00:09:30	00:18:42	00:28:12	00:38:10	<b>00:40:05.85</b>	<b>00:40:08.10</b>	+00:10:58 (27.4%)	4:00	15 (72.8%)
54	MARCHEL Tomasz	96		M-30	28			00:00:01	00:09:49	00:19:13	00:28:46	00:38:19	<b>00:40:06.70</b>	<b>00:40:08.65</b>	+00:10:59 (27.4%)	4:00	15 (72.8%)
55	KRZYWDZIŃSKI Dominik	442		M-1	3		UKB Szubin	00:00:04	00:10:05	00:19:19	00:28:56	00:38:36	<b>00:40:15.85</b>	<b>00:40:20.05</b>	+00:11:08 (27.7%)	4:01	14.9 (72.3%)
56	JASTRZĘBSKI Krzysztof	375		M-40	13			00:00:03	00:10:12	00:19:42	00:29:10	00:38:33	<b>00:40:18.30</b>	<b>00:40:21.85</b>	+00:11:10 (27.7%)	4:01	14.9 (72.3%)
57	KALACZYŃSKI Miłosz	13		M-20	7		Polonia Bydgoszcz SLA	00:00:04	00:10:14	00:19:41	00:29:10	00:38:35	<b>00:40:18.75</b>	<b>00:40:23.60</b>	+00:11:11 (27.8%)	4:01	14.9 (72.3%)
58	SZOCH Tomasz	293		M-40	14		Mrozbike Team	00:00:04	00:10:03	00:19:32	00:29:06	00:38:32	<b>00:40:25.70</b>	<b>00:40:30.25</b>	+00:11:18 (28.0%)	4:02	14.8 (71.8%)
59	RYCHTER Marcin	483	THE RYCHTERS	M-40	15	The Rychters		00:00:09	00:10:03	00:19:30	00:29:10	00:38:47	<b>00:40:40.15</b>	<b>00:40:49.50</b>	+00:11:32 (28.4%)	4:04	14.8 (71.8%)
60	CZUK Marek	370		M-60	1			00:00:02	00:10:11	00:19:43	00:29:15	00:38:56	<b>00:40:48.70</b>	<b>00:40:50.90</b>	+00:11:41 (28.6%)	4:04	14.7 (71.4%)
61	ZIENKIEWICZ Janusz	364		M-40	16	TRISPACE/TREK	TRISPACE/TREK	00:00:03	00:10:30	00:20:25	00:30:05	00:39:12	<b>00:40:54.40</b>	<b>00:40:58.25</b>	+00:11:46 (28.8%)	4:05	14.7 (71.4%)
62	RACZYŃSKI Krzysztof	49		M-50	4		Biegający Filozof Team	00:00:03	00:10:11	00:19:42	00:29:14	00:39:00	<b>00:40:57.65</b>	<b>00:41:00.95</b>	+00:11:50 (28.9%)	4:05	14.7 (71.4%)
63	GÓRNY Wojciech	294		M-40	17		TRISPACE/TREK	00:00:03	00:10:00	00:19:19	00:30:08	00:39:16	<b>00:41:02.35</b>	<b>00:41:05.75</b>	+00:11:54 (29.0%)	4:06	14.6 (70.9%)
64	CHMURZYŃSKI Tomasz	241		M-50	5	TKKF Kolejarz Bydgoszcz	TKKF Kolejarz Bydgoszcz	00:00:01	00:09:42	00:19:24	00:29:19	00:39:10	<b>00:41:03.50</b>	<b>00:41:04.60</b>	+00:11:56 (29.1%)	4:06	14.6 (70.9%)
65	BŁASZAK Łukasz	359		M-30	29		'BUBA' Solec Kujawski	00:00:03	00:10:27	00:20:09	00:29:49	00:39:23	<b>00:41:06.10</b>	<b>00:41:09.65</b>	+00:11:58 (29.1%)	4:06	14.6 (70.9%)
66	KUNZ Mieczysław	244		M-40	18		UMK Toruń	00:00:02	00:09:57	00:19:42	00:29:25	00:39:16	<b>00:41:09.30</b>	<b>00:41:12.20</b>	+00:12:01 (29.2%)	4:07	14.6 (70.9%)
67	PRĄDZYŃSKI Marcin	40		M-40	19		AMS Triathlon	00:00:04	00:10:27	00:20:00	00:29:43	00:39:15	<b>00:41:14.20</b>	<b>00:41:18.55</b>	+00:12:06 (29.4%)	4:07	14.6 (70.9%)
68	GAŚSIOROWSKI Grzegorz	229		M-40	20	WKB Maratończyk Włocławek		00:00:15	00:10:01	00:19:35	00:29:30	00:39:31	<b>00:41:26.55</b>	<b>00:41:41.65</b>	+00:12:19 (29.7%)	4:08	14.5 (70.4%)
69	TOMASZEWSKI Mirosław	122		M-40	21			00:00:01	00:09:54	00:19:44	00:29:52	00:39:33	<b>00:41:30.45</b>	<b>00:41:32.40</b>	+00:12:22 (29.8%)	4:09	14.5 (70.4%)
70	BOMBICKI Miłosz	255		M-30	30			00:00:07	00:10:39	00:20:27	00:30:15	00:39:50	<b>00:41:38.45</b>	<b>00:41:45.75</b>	+00:12:30 (30.1%)	4:09	14.4 (69.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
71	WIĘCKOWSKI Dariusz	18		M-30	31		AMS Triathlon	00:00:04	00:10:25	00:20:18	00:30:30	00:39:54	00:41:44.65	00:41:48.65	+00:12:37 (30.2%)	4:10	14.4 (69.9%)
72	MICHALSKI Adam	405		M-40	22			00:00:05	00:10:02	00:19:40	00:29:40	00:39:48	00:41:45.05	00:41:50.30	+00:12:37 (30.2%)	4:10	14.4 (69.9%)
73	NOWOSIELSKI Piotr	477		M-40	23		LKS ZANTYR SZTUM	00:00:06	00:10:18	00:20:05	00:29:59	00:39:54	00:41:45.40	00:41:52.20	+00:12:37 (30.3%)	4:10	14.4 (69.9%)
74	OLKOWSKI Jurek	265		M-60	2		The Runners Świecie	00:00:03	00:10:10	00:19:43	00:29:43	00:39:54	00:41:46.75	00:41:49.80	+00:12:39 (30.3%)	4:10	14.4 (69.9%)
74	FURTAK Tomasz	151		M-40	24	56. Baza Lotnicza	56. Baza Lotnicza	00:00:06	00:10:43	00:20:29	00:30:16	00:39:54	00:41:46.75	00:41:52.90	+00:12:39 (30.3%)	4:10	14.4 (69.9%)
76	LEWANDOWSKI Tomasz	346		M-30	32			00:00:16	00:10:16	00:20:05	00:30:07	00:40:05	00:41:52.40	00:42:09.10	+00:12:44 (30.4%)	4:11	14.3 (69.4%)
77	WOŹNIAKOWSKA Agata	105		K-30	1	Bydgoskie Okonie	Bydgoskie Okonie	00:00:03	00:10:41	00:20:30	00:30:23	00:40:18	00:42:11.30	00:42:15.15	+00:13:03 (31.0%)	4:13	14.2 (68.9%)
78	BARCZAK Piotr	176		M-50	6	Brzoza Biega	Brzoza Biega	00:00:04	00:10:41	00:20:35	00:30:32	00:40:19	00:42:15.15	00:42:20.10	+00:13:07 (31.1%)	4:13	14.2 (68.9%)
79	KOWALSKA Angelika	322		K-30	2	TRISPACE/TREK	TRISPACE/TREK	00:00:04	00:10:39	00:20:34	00:30:31	00:40:31	00:42:26.35	00:42:31.10	+00:13:18 (31.4%)	4:14	14.1 (68.4%)
80	SAWIEŁAJC Jakub	65		M-20	8		FUJI KRYSPORT TEAM	00:00:09	00:10:35	00:20:23	00:30:23	00:40:31	00:42:26.55	00:42:35.75	+00:13:19 (31.4%)	4:14	14.1 (68.4%)
81	GŁOGOWSKI Krzysztof	66		M-40	25			00:00:00	00:10:14	00:20:13	00:30:26	00:40:34	00:42:32.40	00:42:32.40	+00:13:24 (31.5%)	4:15	14.1 (68.4%)
82	ŚWITAL Leszek	448		M-40	26		Morsy Margonin-TAZAR	00:00:09	00:10:59	00:20:57	00:30:56	00:40:49	00:42:34.95	00:42:44.75	+00:13:27 (31.6%)	4:15	14.1 (68.4%)
83	KRZEŚNIAK Wojciech	175		M-30	33	Diabelskie Pioruny	Diabelskie Pioruny	00:00:03	00:09:48	00:19:53	00:30:06	00:40:34	00:42:38.75	00:42:42.10	+00:13:31 (31.7%)	4:15	14.1 (68.4%)
84	KOWALSKI Jacek	356		M-40	27			00:00:06	00:10:35	00:20:29	00:30:42	00:40:50	00:42:41.90	00:42:48.05	+00:13:34 (31.8%)	4:16	14.1 (68.4%)
85	WACHOWSKI Karol	123		M-40	28			00:00:07	00:10:57	00:21:13	00:31:18	00:41:13	00:42:59.00	00:43:06.90	+00:13:51 (32.2%)	4:17	14 (68.0%)
86	KŁOSOWSKI Marcin	140		M-40	29		Grupa Bankietowa Specjal	00:00:03	00:10:58	00:21:00	00:31:00	00:41:00	00:43:01.25	00:43:04.80	+00:13:53 (32.3%)	4:18	13.9 (67.5%)
87	MROTEK Anna	426		K-20	4			00:00:06	00:10:40	00:20:40	00:30:53	00:41:05	00:43:01.45	00:43:08.15	+00:13:53 (32.3%)	4:18	13.9 (67.5%)
88	MOGILNICKI Dominik	206		M-20	9			00:00:11	00:10:54	00:21:08	00:31:19	00:41:18	00:43:10.60	00:43:21.70	+00:14:03 (32.5%)	4:19	13.9 (67.5%)
89	BARTOSZ Marek	31		M-40	30			00:00:03	00:10:08	00:20:16	00:30:54	00:41:20	00:43:10.65	00:43:14.45	+00:14:03 (32.5%)	4:19	13.9 (67.5%)
90	HIRT Tomasz	328		M-30	34		Endurance Coaching System CB163	00:00:10	00:10:49	00:20:51	00:31:01	00:41:16	00:43:14.90	00:43:25.30	+00:14:07 (32.7%)	4:19	13.9 (67.5%)
91	BEDRA Robert	254		M-30	35	Czarne Stopy	Czarne Stopy	00:00:06	00:10:59	00:21:14	00:31:26	00:41:22	00:43:16.55	00:43:22.70	+00:14:09 (32.7%)	4:19	13.9 (67.5%)
92	WIŚNIEWSKI Zbigniew	29		M-50	7	Brzoza Biega	Brzoza Biega	00:00:01	00:10:30	00:20:46	00:31:06	00:41:21	00:43:17.15	00:43:18.80	+00:14:09 (32.7%)	4:19	13.9 (67.5%)
93	WERNER Katarzyna	203		K-30	3		TEAM WERNER	00:00:06	00:10:59	00:20:52	00:31:04	00:41:26	00:43:25.30	00:43:31.45	+00:14:17 (32.9%)	4:20	13.8 (67.0%)
94	SZULC Andrzej	440		M-40	31			00:00:08	00:10:37	00:20:48	00:31:16	00:41:39	00:43:36.30	00:43:45.00	+00:14:28 (33.2%)	4:21	13.8 (67.0%)
95	KOŁAKOWSKI Tomasz	508		M-30	36			00:00:11	00:10:48	00:20:54	00:31:23	00:41:45	00:43:39.15	00:43:50.75	+00:14:31 (33.3%)	4:21	13.7 (66.5%)
96	BUZALSKI Robert	75		M-40	32		Orange Polska	00:00:03	00:10:16	00:20:33	00:31:09	00:41:42	00:43:40.30	00:43:43.85	+00:14:32 (33.3%)	4:22	13.7 (66.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
97	<b>WIŚNIEWSKI Leszek</b>	<b>231</b>		M-50	8		Brzoza Brzoza	00:00:08	00:10:36	00:20:49	00:31:25	00:41:51	<b>00:43:43.85</b>	<b>00:43:52.10</b>	+00:14:36 (33.4%)	4:22	13.7 (66.5%)
98	<b>BOŁKA Szymon</b>	<b>53</b>		M-30	37			00:00:11	00:10:49	00:20:54	00:31:23	00:41:47	<b>00:43:44.05</b>	<b>00:43:55.95</b>	+00:14:36 (33.4%)	4:22	13.7 (66.5%)
99	<b>MARĆ Robert</b>	<b>421</b>	KATOLIK TEAM	M-40	33	Katolik Team		00:00:12	00:11:03	00:21:22	00:31:46	00:41:55	<b>00:43:45.85</b>	<b>00:43:58.70</b>	+00:14:38 (33.5%)	4:22	13.7 (66.5%)
100	<b>LEWANDOWSKI Bartłomiej</b>	<b>374</b>		M-20	10		TSK Orzeł Osiek	00:00:06	00:10:30	00:20:32	00:31:02	00:41:50	<b>00:43:49.70</b>	<b>00:43:56.20</b>	+00:14:42 (33.5%)	4:23	13.7 (66.5%)
101	<b>KAZUBOWSKI Jacek</b>	<b>110</b>		M-50	9		TriDarKo	00:00:04	00:10:58	00:21:12	00:31:35	00:41:59	<b>00:43:54.60</b>	<b>00:43:59.55</b>	+00:14:47 (33.7%)	4:23	13.7 (66.5%)
102	<b>GIERACH Marcin</b>	<b>372</b>		M-40	34		Damian Rudnik Team	00:00:04	00:10:43	00:21:00	00:31:30	00:42:06	<b>00:43:56.05</b>	<b>00:44:00.95</b>	+00:14:48 (33.7%)	4:23	13.7 (66.5%)
103	<b>MONDRY Waldemar</b>	<b>191</b>		M-50	10			00:00:07	00:10:51	00:21:10	00:31:39	00:42:00	<b>00:43:57.05</b>	<b>00:44:04.20</b>	+00:14:49 (33.7%)	4:23	13.7 (66.5%)
104	<b>HERMELIN Wojciech</b>	<b>253</b>		M-40	35		Kancelaria HMM	00:00:04	00:10:29	00:20:41	00:31:16	00:41:55	<b>00:43:57.30</b>	<b>00:44:02.25</b>	+00:14:49 (33.7%)	4:23	13.6 (66.0%)
105	<b>CZAJKOWSKA Sylwia</b>	<b>181</b>		K-40	1	Bydgoskie Okonie	Bydgoskie Okonie	00:00:04	00:10:42	00:21:01	00:31:30	00:42:00	<b>00:43:58.95</b>	<b>00:44:03.40</b>	+00:14:51 (33.8%)	4:23	13.6 (66.0%)
106	<b>KOSZOWSKI Rafał</b>	<b>273</b>	KATOLIK TEAM	M-40	36	Katolik Team		00:00:04	00:10:28	00:20:50	00:31:30	00:42:02	<b>00:43:59.65</b>	<b>00:44:04.50</b>	+00:14:52 (33.8%)	4:24	13.6 (66.0%)
107	<b>WIERZBOWSKI Piotr</b>	<b>248</b>		M-40	37		TEAM KOPEĆ	00:00:10	00:10:42	00:20:54	00:31:22	00:42:00	<b>00:44:03.40</b>	<b>00:44:13.80</b>	+00:14:55 (33.9%)	4:24	13.6 (66.0%)
108	<b>CHUDECKI Robert</b>	<b>233</b>		M-40	38		Diabelskie Pioruny	00:00:02	00:10:02	00:20:24	00:31:12	00:42:07	<b>00:44:07.05</b>	<b>00:44:09.50</b>	+00:14:59 (34.0%)	4:24	13.6 (66.0%)
109	<b>GABRYCH Maciej</b>	<b>245</b>		M-30	38	Czarne Stopy	Czarne Stopy	00:00:05	00:11:05	00:21:35	00:32:01	00:42:25	<b>00:44:11.85</b>	<b>00:44:17.40</b>	+00:15:04 (34.1%)	4:25	13.6 (66.0%)
110	<b>CZEPEK Aleksander</b>	<b>209</b>		M-60	3	Brzoza Biega	Brzoza Biega	00:00:05	00:11:02	00:21:34	00:31:51	00:42:17	<b>00:44:14.55</b>	<b>00:44:19.70</b>	+00:15:07 (34.2%)	4:25	13.6 (66.0%)
111	<b>MICHALEWSKI Bartosz</b>	<b>349</b>		M-40	39		LUCKY LUCK	00:00:10	00:11:17	00:21:37	00:32:01	00:42:24	<b>00:44:16.70</b>	<b>00:44:27.40</b>	+00:15:09 (34.2%)	4:25	13.5 (65.5%)
112	<b>NAPIERAŁA Mikołaj</b>	<b>28</b>		M-20	11		SBRT Bydgoszcz	00:00:05	00:10:28	00:20:25	00:31:36	00:42:31	<b>00:44:20.70</b>	<b>00:44:26.65</b>	+00:15:13 (34.3%)	4:26	13.5 (65.5%)
113	<b>MACIŃSKI Waldemar</b>	<b>108</b>		M-30	39			00:00:03	00:10:31	00:20:59	00:31:43	00:42:19	<b>00:44:21.90</b>	<b>00:44:24.95</b>	+00:15:14 (34.4%)	4:26	13.5 (65.5%)
114	<b>RYBCZYŃSKI Łukasz</b>	<b>93</b>		M-20	12		Triathlon Konsulting-Dariusz Olewiński	00:00:09	00:10:56	00:21:10	00:31:41	00:42:21	<b>00:44:23.10</b>	<b>00:44:32.70</b>	+00:15:15 (34.4%)	4:26	13.5 (65.5%)
115	<b>BALCEREK Mateusz</b>	<b>400</b>		M-30	40			00:00:05	00:10:47	00:21:18	00:31:56	00:42:33	<b>00:44:24.60</b>	<b>00:44:30.45</b>	+00:15:17 (34.4%)	4:26	13.5 (65.5%)
116	<b>JUREK Piotr</b>	<b>152</b>		M-50	11		BBL Szubin	00:00:12	00:11:13	00:21:38	00:31:57	00:42:27	<b>00:44:30.10</b>	<b>00:44:42.80</b>	+00:15:22 (34.6%)	4:27	13.5 (65.5%)
117	<b>NAGOW Michał</b>	<b>385</b>		M-40	40			00:00:15	00:11:23	00:21:49	00:32:12	00:42:38	<b>00:44:35.65</b>	<b>00:44:51.55</b>	+00:15:28 (34.7%)	4:27	13.5 (65.5%)
118	<b>WIŚNIEWSKI Maciej</b>	<b>342</b>		M-40	41			00:00:21	00:11:22	00:21:40	00:32:10	00:42:41	<b>00:44:42.30</b>	<b>00:45:03.55</b>	+00:15:34 (34.9%)	4:28	13.4 (65.0%)
119	<b>KOŁACKI Jarosław</b>	<b>492</b>		M-30	41			00:00:13	00:10:45	00:21:05	00:31:54	00:42:42	<b>00:44:45.25</b>	<b>00:44:58.40</b>	+00:15:37 (34.9%)	4:28	13.4 (65.0%)
120	<b>DAWIDOWICZ Maciej</b>	<b>188</b>		M-40	42		TRISPACE/TREK	00:00:08	00:11:16	00:21:40	00:32:10	00:42:46	<b>00:44:45.60</b>	<b>00:44:54.00</b>	+00:15:38 (34.9%)	4:28	13.4 (65.0%)
121	<b>HENDRZAK Sylwester</b>	<b>388</b>		M-30	42		MISYL three sport	00:00:20	00:11:09	00:21:34	00:32:21	00:42:58	<b>00:44:47.90</b>	<b>00:45:08.60</b>	+00:15:40 (35.0%)	4:28	13.4 (65.0%)
122	<b>NAMIEŚNIK Krzysztof</b>	<b>80</b>		M-40	43	56. Baza Lotnicza	KrzysieKN	00:00:15	00:11:12	00:21:33	00:32:11	00:42:51	<b>00:44:53.40</b>	<b>00:45:08.50</b>	+00:15:45 (35.1%)	4:29	13.4 (65.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
123	WINIARSKI Grzegorz	263		M-40	44	The Runners Świecie	The Runners Świecie	00:00:09	00:11:32	00:21:54	00:32:22	00:42:54	<b>00:44:54.50</b>	<b>00:45:03.65</b>	+00:15:47 (35.1%)	4:29	13.4 (65.0%)
124	KOWALIKOWSKI Daniel	331		M-20	13			00:00:05	00:11:34	00:22:05	00:32:34	00:42:54	<b>00:45:01.05</b>	<b>00:45:06.70</b>	+00:15:53 (35.3%)	4:30	13.3 (64.6%)
125	CZARNECKI Piotr	510	BRZOZA BIEGA	M-40	45	Brzoza Biega		00:00:06	00:10:39	00:20:59	00:31:54	00:43:22	<b>00:45:13.05</b>	<b>00:45:19.60</b>	+00:16:05 (35.6%)	4:31	13.3 (64.6%)
126	KANIA Krzysztof	334		M-20	14	56. Baza Lotnicza		00:00:06	00:11:10	00:21:42	00:32:28	00:43:23	<b>00:45:17.45</b>	<b>00:45:24.25</b>	+00:16:09 (35.7%)	4:31	13.2 (64.1%)
127	DĘBIEC Andrzej	107		M-30	43			00:00:07	00:11:17	00:21:46	00:32:26	00:43:17	<b>00:45:18.00</b>	<b>00:45:25.60</b>	+00:16:10 (35.7%)	4:31	13.2 (64.1%)
128	SOBCZAK Monika	329		K-30	4			00:00:04	00:11:13	00:21:44	00:32:29	00:43:25	<b>00:45:22.30</b>	<b>00:45:26.40</b>	+00:16:14 (35.8%)	4:32	13.2 (64.1%)
129	PLĄCZKIEWICZ Robert	44		M-30	44	Polonia Bydgoszcz SLA	Polonia Bydgoszcz SLA	00:00:11	00:11:08	00:21:45	00:32:31	00:43:26	<b>00:45:23.15</b>	<b>00:45:34.90</b>	+00:16:15 (35.8%)	4:32	13.2 (64.1%)
130	LEWANDOWSKI Rafał	84		M-30	45		SPC	00:00:12	00:10:40	00:21:15	00:32:10	00:43:20	<b>00:45:26.40</b>	<b>00:45:38.40</b>	+00:16:18 (35.9%)	4:32	13.2 (64.1%)
131	RENC Patryk	291		M-30	46		Serce Tybetu	00:00:08	00:11:46	00:22:27	00:33:13	00:43:38	<b>00:45:28.25</b>	<b>00:45:37.15</b>	+00:16:20 (35.9%)	4:32	13.2 (64.1%)
132	GRZEGOCKI Piotr	449		M-30	47		Strzelno	00:00:06	00:11:01	00:21:34	00:32:39	00:43:45	<b>00:45:35.55</b>	<b>00:45:42.20</b>	+00:16:28 (36.1%)	4:33	13.2 (64.1%)
133	TROJAK Jakub	387		M-1	4			00:00:04	00:11:43	00:22:50	00:33:43	00:43:50	<b>00:45:35.70</b>	<b>00:45:40.25</b>	+00:16:28 (36.1%)	4:33	13.2 (64.1%)
134	JAGODZIŃSKA Magdalena	41		K-20	5	Bydgoskie Okonie	Bydgoskie Okonie	00:00:05	00:11:03	00:21:35	00:32:31	00:43:34	<b>00:45:39.70</b>	<b>00:45:45.30</b>	+00:16:32 (36.2%)	4:34	13.1 (63.6%)
135	STROMCZYŃSKI Wiesław	465		M-60	4		Tuptuś Borówno	00:00:37	00:11:35	00:22:16	00:32:57	00:43:35	<b>00:45:40.75</b>	<b>00:46:18.70</b>	+00:16:33 (36.2%)	4:34	13.1 (63.6%)
136	WASILEWSKA Martyna	111		K-30	5		AMS Triathlon Bydgoszcz Akademia Mistrzów Sportu	00:00:24	00:11:49	00:22:47	00:33:27	00:43:43	<b>00:45:41.00</b>	<b>00:46:05.30</b>	+00:16:33 (36.2%)	4:34	13.1 (63.6%)
137	BYRTEK Marcin	462		M-40	46			00:00:14	00:11:27	00:22:04	00:32:47	00:43:39	<b>00:45:42.75</b>	<b>00:45:57.45</b>	+00:16:35 (36.3%)	4:34	13.1 (63.6%)
138	JUSCZYK Mirosław	459		M-20	15			00:00:21	00:12:04	00:22:51	00:33:32	00:43:47	<b>00:45:46.15</b>	<b>00:46:07.65</b>	+00:16:38 (36.4%)	4:34	13.1 (63.6%)
139	RYDLEWSKI Marek	26		M-40	47	RUN BYDGOSZCZ	RUN BYDGOSZCZ	00:00:12	00:12:15	00:23:13	00:33:42	00:44:01	<b>00:45:52.15</b>	<b>00:46:04.45</b>	+00:16:44 (36.5%)	4:35	13.1 (63.6%)
140	KANARKOWSKI Stanisław	169		M-50	12			00:00:10	00:11:40	00:22:25	00:33:15		<b>00:46:04.10</b>	<b>00:46:15.00</b>	+00:16:56 (36.8%)	4:36	13 (63.1%)
141	PUCHACZ Marcin	142		M-30	48			00:00:11	00:11:19	00:22:08	00:33:20	00:44:05	<b>00:46:07.10</b>	<b>00:46:18.10</b>	+00:16:59 (36.8%)	4:36	13 (63.1%)
142	MORITZ Rafał	33		M-40	48	#slimakibarcin	#slimakibarcin	00:00:19	00:12:05	00:22:50	00:33:44	00:44:09	<b>00:46:08.60</b>	<b>00:46:27.80</b>	+00:17:01 (36.9%)	4:36	13 (63.1%)
143	RATAJ Zuzanna	16		K-30	6		Polonia Bydgoszcz SLA	00:00:12	00:11:22	00:22:07	00:33:09	00:44:06	<b>00:46:11.75</b>	<b>00:46:23.85</b>	+00:17:04 (37.0%)	4:37	13 (63.1%)
144	PILAKOWSKA Angelika	439		K-30	7			00:00:08	00:11:15	00:22:02	00:33:21	00:44:09	<b>00:46:12.60</b>	<b>00:46:21.05</b>	+00:17:05 (37.0%)	4:37	13 (63.1%)
145	SOBAŃSKI Michał	267		M-30	49			00:00:16	00:11:07	00:22:07	00:33:20	00:44:21	<b>00:46:14.65</b>	<b>00:46:31.25</b>	+00:17:07 (37.0%)	4:37	13 (63.1%)
146	TRYT Maciej	509		M-30	50			00:00:06	00:10:40	00:21:23	00:32:52	00:43:46	<b>00:46:16.30</b>	<b>00:46:22.90</b>	+00:17:08 (37.1%)	4:37	13 (63.1%)
147	STEMPNIAK Krzysztof	50		M-40	49			00:00:05	00:11:27	00:22:15	00:33:18	00:44:17	<b>00:46:20.75</b>	<b>00:46:26.40</b>	+00:17:13 (37.2%)	4:38	12.9 (62.6%)
148	ZIMNY Marek	438		M-50	13			00:00:08	00:11:15	00:22:02	00:33:21	00:44:29	<b>00:46:22.80</b>	<b>00:46:31.60</b>	+00:17:15 (37.2%)	4:38	12.9 (62.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
149	<b>TOMTAS Konrad</b>	<b>433</b>		M-40	50	56. Baza Lotnicza	56 BLot	00:00:15	00:11:33	00:22:26	00:33:46	00:44:24	<b>00:46:26.90</b>	<b>00:46:42.15</b>	+00:17:19 (37.3%)	4:38	12.9 (62.6%)
150	<b>WASILEWSKA MICHALAK Agata</b>	<b>112</b>		K-30	8		AMS Triathlon Bydgoszcz Akademia Mistrzów Sportu	00:00:24	00:11:49	00:22:46	00:33:32	00:44:21	<b>00:46:27.50</b>	<b>00:46:51.50</b>	+00:17:20 (37.3%)	4:38	12.9 (62.6%)
151	<b>PASTWA Donata</b>	<b>384</b>		K-40	2		TRISPACE/TREK	00:00:04	00:11:49	00:22:45	00:33:37	00:44:25	<b>00:46:28.15</b>	<b>00:46:32.65</b>	+00:17:20 (37.3%)	4:38	12.9 (62.6%)
152	<b>KRUBER Karolina</b>	<b>386</b>		K-20	6			00:00:08	00:11:23	00:22:15	00:33:22	00:44:28	<b>00:46:30.45</b>	<b>00:46:38.60</b>	+00:17:22 (37.4%)	4:39	12.9 (62.6%)
153	<b>KUJAWA Daniel</b>	<b>32</b>		M-30	51		56. Baza Lotnicza	00:00:06	00:11:12	00:21:59	00:33:16	00:44:31	<b>00:46:42.90</b>	<b>00:46:49.60</b>	+00:17:35 (37.7%)	4:40	12.8 (62.1%)
154	<b>BŁAŻEJAK Krzysztofa</b>	<b>155</b>		K-40	3	RUN BYDGOSZCZ	RUN BYDGOSZCZ	00:00:04	00:11:48	00:22:42	00:33:36	00:44:38	<b>00:46:43.95</b>	<b>00:46:48.10</b>	+00:17:36 (37.7%)	4:40	12.8 (62.1%)
155	<b>PAWLACZYK Szymon</b>	<b>48</b>		M-30	52			00:00:36	00:12:48	00:23:37	00:34:17	00:44:41	<b>00:46:47.70</b>	<b>00:47:24.40</b>	+00:17:40 (37.8%)	4:40	12.8 (62.1%)
156	<b>ANDRZEJEWSKI Paweł</b>	<b>221</b>		M-40	51		Ultra Szaleńcy	00:00:07	00:11:31	00:22:42	00:33:58	00:44:49	<b>00:46:50.00</b>	<b>00:46:57.30</b>	+00:17:42 (37.8%)	4:41	12.8 (62.1%)
157	<b>WILLMA Jarosław</b>	<b>8</b>		M-50	14	Brzoza Biega	Brzoza Biega	00:00:35	00:12:00	00:22:53	00:34:01	00:44:50	<b>00:46:50.40</b>	<b>00:47:25.65</b>	+00:17:42 (37.8%)	4:41	12.8 (62.1%)
158	<b>ADAMIEC Marek</b>	<b>135</b>		M-20	16		W.P.K. Stoń Team Ustka	00:00:18	00:11:47	00:22:44	00:33:53	00:44:45	<b>00:46:56.40</b>	<b>00:47:14.40</b>	+00:17:48 (38.0%)	4:41	12.8 (62.1%)
159	<b>SKRZECZEWSKI Bartosz</b>	<b>243</b>		M-30	53			00:00:11	00:11:26	00:22:28	00:33:45	00:44:51	<b>00:46:59.05</b>	<b>00:47:10.85</b>	+00:17:51 (38.0%)	4:41	12.8 (62.1%)
160	<b>WYKRZYKOWSKI Andrzej</b>	<b>195</b>		M-60	5			00:00:27	00:14:49	00:29:31	00:44:14		<b>00:47:03.15</b>	<b>00:47:30.90</b>	+00:17:55 (38.1%)	4:42	12.8 (62.1%)
161	<b>RYMARKIEWICZ Małgorzata</b>	<b>208</b>		K-30	9		KLINIKA TRIATHLONU BYDGOSZCZ	00:00:06	00:11:45	00:22:40	00:33:46	00:45:03	<b>00:47:11.90</b>	<b>00:47:18.10</b>	+00:18:04 (38.3%)	4:43	12.7 (61.7%)
162	<b>GLIWKA Artur</b>	<b>325</b>		M-30	54	56. Baza Lotnicza	1 BLWL	00:00:14	00:11:30	00:22:23	00:33:46	00:45:14	<b>00:47:19.85</b>	<b>00:47:34.55</b>	+00:18:12 (38.5%)	4:44	12.7 (61.7%)
163	<b>GACKOWSKI Krzysztof</b>	<b>35</b>		M-40	52		IRON & ONE TEAM	00:00:07	00:11:19	00:22:25	00:33:55	00:45:15	<b>00:47:22.20</b>	<b>00:47:30.05</b>	+00:18:14 (38.5%)	4:44	12.7 (61.7%)
164	<b>PAWŁOWSKI Radosław</b>	<b>339</b>		M-50	15			00:00:21	00:12:06	00:23:13	00:34:16	00:45:20	<b>00:47:24.45</b>	<b>00:47:46.10</b>	+00:18:16 (38.6%)	4:44	12.7 (61.7%)
165	<b>GROTA Artur</b>	<b>257</b>		M-40	53			00:00:04	00:11:29	00:22:26	00:33:44	00:45:16	<b>00:47:25.05</b>	<b>00:47:30.00</b>	+00:18:17 (38.6%)	4:44	12.6 (61.2%)
166	<b>KRAWISZ Maciej</b>	<b>354</b>		M-40	54		LP 500	00:00:12	00:12:15	00:23:24	00:34:22	00:45:24	<b>00:47:28.35</b>	<b>00:47:40.65</b>	+00:18:20 (38.6%)	4:44	12.6 (61.2%)
167	<b>RÓŻYCKI Waldemar</b>	<b>272</b>	KATOLIK TEAM	M-40	55	Katolik Team		00:00:12	00:11:37	00:23:02	00:34:30	00:45:29	<b>00:47:28.60</b>	<b>00:47:41.25</b>	+00:18:21 (38.7%)	4:44	12.6 (61.2%)
168	<b>KANTORSKI Zbysław</b>	<b>207</b>		M-50	16		Coca-Cola Runners	00:00:18	00:12:21	00:23:22	00:34:25	00:45:27	<b>00:47:29.65</b>	<b>00:47:48.35</b>	+00:18:22 (38.7%)	4:45	12.6 (61.2%)
169	<b>ŚWIĘCICKI Andrzej</b>	<b>106</b>		M-40	56			00:00:14	00:11:50	00:22:52	00:34:04	00:45:22	<b>00:47:29.70</b>	<b>00:47:43.90</b>	+00:18:22 (38.7%)	4:44	12.6 (61.2%)
170	<b>GRZEGORZEWSKI Rafał</b>	<b>341</b>		M-40	57			00:00:10	00:12:02	00:23:00	00:34:08	00:45:29	<b>00:47:31.65</b>	<b>00:47:42.60</b>	+00:18:24 (38.7%)	4:45	12.6 (61.2%)
171	<b>STARSAK Paweł</b>	<b>479</b>		M-40	58			00:00:08	00:11:37	00:22:49	00:34:20	00:45:41	<b>00:47:41.65</b>	<b>00:47:50.00</b>	+00:18:34 (38.9%)	4:46	12.6 (61.2%)
172	<b>WIŚNIEWSKI Jakub</b>	<b>284</b>		M-20	17		Tornado	00:00:08	00:11:44	00:23:09	00:34:38	00:45:47	<b>00:47:45.55</b>	<b>00:47:53.80</b>	+00:18:38 (39.0%)	4:46	12.6 (61.2%)
173	<b>SZEWS Marek</b>	<b>113</b>		M-40	59		AMS Triathlon Bydgoszcz Akademia Mistrzów Sportu	00:00:24	00:11:49	00:22:47	00:34:11	00:45:41	<b>00:47:50.20</b>	<b>00:48:14.55</b>	+00:18:42 (39.1%)	4:47	12.5 (60.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
174	ŻYWICA Adam	383		M-40	60		Brzoza Biega	00:00:22	00:12:33	00:24:01	00:35:02	00:45:56	<b>00:47:54.40</b>	<b>00:48:17.25</b>	+00:18:46 (39.2%)	4:47	12.5 (60.7%)
175	SOBCZAK Krzysztof	394		M-40	61		Kris Team	00:00:23	00:12:14	00:23:15	00:34:27	00:45:46	<b>00:47:55.05</b>	<b>00:48:18.30</b>	+00:18:47 (39.2%)	4:47	12.5 (60.7%)
176	KOLMAJER Rafał	25		M-30	55		ForsportPolska Team	00:00:23	00:12:13	00:23:15	00:34:26	00:45:45	<b>00:47:55.55</b>	<b>00:48:18.55</b>	+00:18:48 (39.2%)	4:47	12.5 (60.7%)
177	KUNKE Tomasz	97		M-40	62		13WOG Grudziądz	00:00:17	00:11:49	00:22:51	00:34:18		<b>00:47:57.95</b>	<b>00:48:15.75</b>	+00:18:50 (39.3%)	4:47	12.5 (60.7%)
178	KRUSZYNA Adam	99		M-50	17			00:00:03	00:11:42	00:23:06	00:34:30	00:46:00	<b>00:48:08.70</b>	<b>00:48:11.80</b>	+00:19:01 (39.5%)	4:48	12.5 (60.7%)
179	GABARKIEWICZ Łukasz	427		M-30	56			00:00:07	00:12:12	00:23:43	00:35:09	00:46:05	<b>00:48:10.20</b>	<b>00:48:17.20</b>	+00:19:02 (39.5%)	4:49	12.5 (60.7%)
180	SŁOMA Maciej	464		M-40	63		CB 163	00:00:13	00:11:52	00:23:04	00:34:46	00:46:07	<b>00:48:18.75</b>	<b>00:48:32.60</b>	+00:19:11 (39.7%)	4:49	12.4 (60.2%)
181	BISKUPIAK Robert	410		M-40	64			00:00:21	00:12:01	00:23:27	00:35:00	00:46:18	<b>00:48:27.05</b>	<b>00:48:48.30</b>	+00:19:19 (39.9%)	4:50	12.4 (60.2%)
182	JASINIECKI Wojciech	60		M-40	65		Żółtokrólewscy	00:00:05	00:11:43	00:23:08	00:34:41	00:46:20	<b>00:48:27.35</b>	<b>00:48:32.65</b>	+00:19:19 (39.9%)	4:50	12.4 (60.2%)
183	KRZYMIŃSKI Jarek	156		M-30	57			00:00:23	00:12:23	00:23:49	00:35:16	00:46:28	<b>00:48:28.65</b>	<b>00:48:51.85</b>	+00:19:21 (39.9%)	4:50	12.4 (60.2%)
184	PAWLUCZEK Piotr	149		M-40	66	ZAWISZA-FANS	ZAWISZA-FANS	00:00:28	00:12:26	00:23:46	00:35:19	00:46:30	<b>00:48:30.55</b>	<b>00:48:59.50</b>	+00:19:23 (40.0%)	4:51	12.4 (60.2%)
185	LACHOWICZ Robert	150		M-40	67	ZAWISZA-FANS	ZAWISZA-FANS	00:00:27	00:12:27	00:23:47	00:35:20	00:46:31	<b>00:48:35.65</b>	<b>00:49:02.90</b>	+00:19:28 (40.1%)	4:51	12.3 (59.7%)
185	BADOWSKI Krzysztof	194		M-50	18		KSN ŁUCZNICZKA OCULUS BYDGOSZCZ	00:00:07	00:12:05	00:23:21	00:35:02	00:46:20	<b>00:48:35.65</b>	<b>00:48:43.25</b>	+00:19:28 (40.1%)	4:51	12.3 (59.7%)
187	ŁATKA Marcin	224		M-40	68			00:00:18	00:11:54	00:23:14	00:34:55	00:46:26	<b>00:48:39.50</b>	<b>00:48:57.50</b>	+00:19:32 (40.1%)	4:51	12.3 (59.7%)
188	MALEC Karol	199		M-40	69		BIUEL TEAM BYDGOSZCZ	00:00:17	00:11:55	00:23:14	00:34:55	00:46:26	<b>00:48:39.85</b>	<b>00:48:57.55</b>	+00:19:32 (40.2%)	4:52	12.3 (59.7%)
189	CZERWIAKOWSKI Sebastian	264		M-40	70		Wataha łączy nas bieganie	00:00:07	00:11:49	00:23:10	00:34:45	00:46:27	<b>00:48:41.15</b>	<b>00:48:48.60</b>	+00:19:33 (40.2%)	4:52	12.3 (59.7%)
190	BARSZCZEWSKI Sebastian	414		M-40	71			00:00:19	00:12:06	00:23:42	00:35:30	00:46:43	<b>00:48:41.55</b>	<b>00:49:01.15</b>	+00:19:34 (40.2%)	4:52	12.3 (59.7%)
191	STAWCZYK Dariusz	36		M-40	72			00:00:14	00:12:14	00:23:32	00:34:57	00:46:37	<b>00:48:43.60</b>	<b>00:48:58.10</b>	+00:19:36 (40.2%)	4:52	12.3 (59.7%)
192	BAŁA Artur	353		M-30	58		może i powoli, ale za to byle jak	00:00:28	00:12:38	00:24:15	00:35:37	00:46:42	<b>00:48:45.85</b>	<b>00:49:14.25</b>	+00:19:38 (40.3%)	4:52	12.3 (59.7%)
193	ŻYŁA Magdalena	379		K-30	10		amator - niezrzeszony	00:00:08	00:12:19	00:23:41	00:35:08	00:46:34	<b>00:48:46.05</b>	<b>00:48:54.75</b>	+00:19:38 (40.3%)	4:52	12.3 (59.7%)
194	TARASKA Marcin	417		M-40	73		#slimakibarcin	00:00:18	00:12:35	00:24:09	00:35:42	00:46:48	<b>00:48:50.60</b>	<b>00:49:09.25</b>	+00:19:43 (40.4%)	4:53	12.3 (59.7%)
195	DOMALSKA Gracjana	403		K-30	11		#slimakibarcin	00:00:18	00:12:35	00:24:08	00:35:42	00:46:48	<b>00:48:51.10</b>	<b>00:49:09.95</b>	+00:19:43 (40.4%)	4:53	12.3 (59.7%)
196	SZŁYK Maciej	73		M-40	74			00:00:10	00:12:19	00:23:43	00:35:14	00:46:46	<b>00:48:52.65</b>	<b>00:49:03.45</b>	+00:19:45 (40.4%)	4:53	12.3 (59.7%)
197	STĘPIEŃ Tomasz	52		M-40	75			00:00:21	00:11:55	00:23:37	00:35:06	00:46:43	<b>00:48:53.35</b>	<b>00:49:14.65</b>	+00:19:45 (40.4%)	4:53	12.3 (59.7%)
198	MAŚLIŃSKI Mirosław	146		M-50	19			00:00:12	00:12:14	00:23:34	00:35:01	00:46:38	<b>00:48:53.65</b>	<b>00:49:06.40</b>	+00:19:46 (40.4%)	4:53	12.3 (59.7%)
199	WIECZOREK Łukasz	305		M-30	59		Run4Fun www.bytpak.pl	00:00:17	00:12:24	00:23:51	00:35:33	00:47:03	<b>00:49:02.25</b>	<b>00:49:19.70</b>	+00:19:54 (40.6%)	4:54	12.2 (59.2%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
200	<b>DRZEWIECKI Rafał</b>	<b>302</b>		M-40	76		Run4Fun www.bytpak.pl	00:00:17	00:12:25	00:23:51	00:35:33	00:47:04	<b>00:49:03.65</b>	<b>00:49:21.10</b>	+00:19:56 (40.6%)	4:54	12.2 (59.2%)
201	<b>BEDNAREK Marta</b>	<b>121</b>		K-40	4	Czarne Stopy	Czarne Stopy	00:00:18	00:12:22	00:23:42	00:35:09	00:46:48	<b>00:49:03.80</b>	<b>00:49:22.10</b>	+00:19:56 (40.6%)	4:54	12.2 (59.2%)
202	<b>ŚWIĄTKOWSKI Marcin</b>	<b>461</b>		M-40	77			00:00:14	00:12:02	00:23:38	00:35:19	00:46:54	<b>00:49:04.95</b>	<b>00:49:19.20</b>	+00:19:57 (40.7%)	4:54	12.2 (59.2%)
203	<b>RÓG Adam</b>	<b>351</b>		M-40	78			00:00:04	00:11:40	00:23:04	00:35:04	00:46:52	<b>00:49:06.95</b>	<b>00:49:11.90</b>	+00:19:59 (40.7%)	4:54	12.2 (59.2%)
204	<b>KOBYLIŃSKI Mateusz</b>	<b>376</b>		M-1	5			00:00:15	00:12:32	00:24:22	00:36:00	00:47:19	<b>00:49:23.70</b>	<b>00:49:38.80</b>	+00:20:16 (41.0%)	4:56	12.1 (58.7%)
205	<b>SZCZECIŃSKI Mariusz</b>	<b>260</b>		M-40	79		Króliki w plecaku	00:00:09	00:12:07	00:23:36	00:35:41	00:47:14	<b>00:49:25.00</b>	<b>00:49:34.35</b>	+00:20:17 (41.1%)	4:56	12.1 (58.7%)
206	<b>MAJEWSKA Ryszarda</b>	<b>295</b>		K-60	1			00:00:12	00:12:20	00:23:37	00:35:14	00:47:05	<b>00:49:25.50</b>	<b>00:49:37.85</b>	+00:20:18 (41.1%)	4:56	12.1 (58.7%)
207	<b>SZYMCZAK Monika</b>	<b>261</b>		K-40	5		Króliki w plecaku	00:00:09	00:12:06	00:23:36	00:35:40	00:47:14	<b>00:49:25.65</b>	<b>00:49:34.65</b>	+00:20:18 (41.1%)	4:56	12.1 (58.7%)
208	<b>KRZYŻANOWSKI Robert</b>	<b>20</b>		M-50	20		RUN PASJA	00:00:16	00:12:07	00:23:31	00:35:11	00:47:13	<b>00:49:28.35</b>	<b>00:49:44.80</b>	+00:20:20 (41.1%)	4:56	12.1 (58.7%)
209	<b>MATYSZCZAK Damian</b>	<b>130</b>		M-40	80		56. Baza Lotnicza	00:00:16	00:12:05	00:23:34	00:35:09	00:47:09	<b>00:49:29.15</b>	<b>00:49:45.20</b>	+00:20:21 (41.1%)	4:56	12.1 (58.7%)
210	<b>RÓG Radosław</b>	<b>377</b>		M-1	6			00:00:04	00:11:12	00:23:07	00:35:04	00:47:18	<b>00:49:30.40</b>	<b>00:49:34.85</b>	+00:20:22 (41.2%)	4:57	12.1 (58.7%)
211	<b>KABACIŃSKI Jarosław</b>	<b>132</b>		M-30	60			00:00:17	00:12:29	00:24:10	00:36:03	00:47:28	<b>00:49:31.70</b>	<b>00:49:49.50</b>	+00:20:24 (41.2%)	4:57	12.1 (58.7%)
212	<b>SZOPIŃSKA Agnieszka</b>	<b>355</b>		K-30	12			00:00:23	00:12:26	00:23:58	00:35:38	00:47:21	<b>00:49:31.80</b>	<b>00:49:55.25</b>	+00:20:24 (41.2%)	4:57	12.1 (58.7%)
213	<b>FORBOT Piotr</b>	<b>179</b>		M-20	18		Tornado	00:00:08	00:11:47	00:23:13	00:34:57	00:47:12	<b>00:49:33.90</b>	<b>00:49:42.80</b>	+00:20:26 (41.2%)	4:57	12.1 (58.7%)
214	<b>SAK Joanna</b>	<b>467</b>		K-30	13		Drużyna Szpiku	00:00:07	00:12:09	00:23:50	00:35:37	00:47:23	<b>00:49:35.60</b>	<b>00:49:42.90</b>	+00:20:28 (41.3%)	4:57	12.1 (58.7%)
215	<b>BĄKOWSKI Dawid</b>	<b>103</b>		M-30	61			00:00:18	00:12:28	00:23:59	00:35:34	00:47:26	<b>00:49:40.50</b>	<b>00:49:59.00</b>	+00:20:33 (41.4%)	4:58	12.1 (58.7%)
216	<b>CZARNECKI Marek</b>	<b>428</b>		M-40	81			00:00:07	00:11:40	00:22:59	00:34:54	00:47:21	<b>00:49:41.90</b>	<b>00:49:49.00</b>	+00:20:34 (41.4%)	4:58	12.1 (58.7%)
217	<b>GÓRSKI Marian</b>	<b>258</b>		M-60	6			00:00:02	00:12:15	00:23:58	00:35:48	00:47:30	<b>00:49:42.00</b>	<b>00:49:44.25</b>	+00:20:34 (41.4%)	4:58	12.1 (58.7%)
218	<b>KOSIARSKI Tomasz</b>	<b>457</b>		M-40	82			00:00:19	00:12:21	00:23:41	00:35:31	00:47:39	<b>00:49:48.05</b>	<b>00:50:07.25</b>	+00:20:40 (41.5%)	4:58	12 (58.3%)
219	<b>TOCZKIEWICZ Piotr</b>	<b>234</b>		M-40	83			00:00:05	00:12:20	00:24:08	00:36:02	00:47:43	<b>00:49:53.00</b>	<b>00:49:58.95</b>	+00:20:45 (41.6%)	4:59	12 (58.3%)
220	<b>ARACH Przemysław</b>	<b>494</b>		M-30	62			00:00:13	00:12:01	00:23:34	00:35:37	00:47:54	<b>00:49:56.25</b>	<b>00:50:09.70</b>	+00:20:48 (41.7%)	4:59	12 (58.3%)
221	<b>KWIATKOWSKI Piotr</b>	<b>211</b>		M-30	63			00:00:11	00:12:51	00:24:39	00:36:22	00:47:57	<b>00:50:01.20</b>	<b>00:50:12.60</b>	+00:20:53 (41.8%)	5:00	12 (58.3%)
222	<b>WARCZAK Damian</b>	<b>408</b>		M-20	19			00:00:25	00:12:59	00:24:47	00:36:34	00:47:57	<b>00:50:07.20</b>	<b>00:50:33.15</b>	+00:20:59 (41.9%)	5:00	12 (58.3%)
223	<b>KUNZ Marta</b>	<b>242</b>		K-1	1		Liceum Akademickie Toruń	00:00:02	00:11:47	00:23:36	00:35:37	00:47:54	<b>00:50:11.65</b>	<b>00:50:14.40</b>	+00:21:04 (42.0%)	5:01	12 (58.3%)
224	<b>PODLEWSKA Michalina</b>	<b>126</b>		K-20	7			00:00:07	00:12:34	00:24:17	00:36:08	00:47:58	<b>00:50:12.50</b>	<b>00:50:20.45</b>	+00:21:05 (42.0%)	5:01	11.9 (57.8%)
225	<b>STRZAŁKA Robert</b>	<b>466</b>		M-30	64			00:00:13	00:12:15	00:23:34	00:35:38	00:47:53	<b>00:50:18.15</b>	<b>00:50:31.30</b>	+00:21:10 (42.1%)	5:01	11.9 (57.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
226	KLATECKI Adam	78		M-30	65			00:00:38	00:13:17	00:24:52	00:36:31	00:48:18	00:50:22.80	00:51:01.30	+00:21:15 (42.2%)	5:02	11.9 (57.8%)
227	LICA Krzysztof	392		M-50	21		7SI OWB rowertour.com	00:00:21	00:12:22	00:24:02	00:36:00	00:48:15	00:50:24.70	00:50:46.30	+00:21:17 (42.2%)	5:02	11.9 (57.8%)
228	DROŹDŹ Andrzej	425		M-40	84	56. Baza Lotnicza		00:00:16	00:12:20	00:24:13	00:36:22	00:48:14	00:50:25.95	00:50:42.05	+00:21:18 (42.2%)	5:02	11.9 (57.8%)
229	RÓŻYCKI Sławomir	228		M-50	22	TKKF Kolejarz Bydgoszcz	TKKF Kolejarz Bydgoszcz	00:00:07	00:11:31	00:23:22	00:35:44	00:48:11	00:50:28.45	00:50:35.50	+00:21:20 (42.3%)	5:02	11.9 (57.8%)
230	GODZIUK Roman	185		M-50	23			00:00:10	00:11:49	00:23:37	00:35:44	00:48:04	00:50:29.05	00:50:39.95	+00:21:21 (42.3%)	5:02	11.9 (57.8%)
231	ŻUCHELKOWSKI Rafał	371		M-30	66			00:00:19	00:11:49	00:23:52	00:36:21	00:48:13	00:50:33.90	00:50:53.40	+00:21:26 (42.4%)	5:03	11.9 (57.8%)
232	KLOSKOWSKI Adam	225		M-30	67		JW1515 Bydgoszcz	00:00:27	00:12:45	00:24:31	00:36:22	00:48:22	00:50:34.60	00:51:01.70	+00:21:27 (42.4%)	5:03	11.9 (57.8%)
233	BOŹEK Mariusz	500		M-50	24	Brzoza Biega	Brzoza Biega	00:00:26	00:12:51	00:24:46	00:36:44	00:48:30	00:50:35.65	00:51:01.95	+00:21:28 (42.4%)	5:03	11.9 (57.8%)
234	PACZKOWSKI Mirosław	344		M-40	85		CB 163	00:00:16	00:12:27	00:24:20	00:36:24	00:48:31	00:50:36.30	00:50:52.35	+00:21:28 (42.4%)	5:03	11.9 (57.8%)
235	SZEWCZYKOWSKI Grzegorz	100		M-30	68	Bydgoskie Żółwie		00:00:22	00:12:17	00:24:02	00:36:17	00:48:22	00:50:37.80	00:51:00.60	+00:21:30 (42.5%)	5:03	11.8 (57.3%)
236	DERING Tomasz	491	BYDGOSKIE ŻÓŁWIE	M-30	69	Bydgoskie Żółwie		00:00:23	00:12:16	00:24:01	00:36:16	00:48:21	00:50:37.85	00:51:01.00	+00:21:30 (42.5%)	5:03	11.8 (57.3%)
237	WŁOCH Tomasz	441		M-30	70	Diabelskie Pioruny		00:00:06	00:11:36	00:23:24	00:35:32	00:48:19	00:50:43.45	00:50:50.40	+00:21:35 (42.6%)	5:04	11.8 (57.3%)
238	KUŹMIŃSKA Maryla	5		K-30	14	Brzoza Biega	Brzoza Biega	00:00:22	00:12:34	00:24:06	00:36:03	00:48:39	00:50:48.95	00:51:11.55	+00:21:41 (42.7%)	5:04	11.8 (57.3%)
239	SIKORA Antoni	299		M-70	1		Żniński Klub Biegacza 1992	00:00:06	00:12:20	00:24:07	00:36:13	00:48:30	00:50:51.35	00:50:57.90	+00:21:43 (42.7%)	5:05	11.8 (57.3%)
240	WALIGÓRA Karolina	424		K-40	6			00:00:22	00:12:35	00:24:24	00:36:26	00:48:39	00:50:53.45	00:51:16.10	+00:21:45 (42.8%)	5:05	11.8 (57.3%)
241	DOMAN Janusz	350		M-60	7		UKS Szabla BRZOZA	00:00:22	00:12:35	00:24:24	00:36:26	00:48:39	00:50:53.70	00:51:16.00	+00:21:46 (42.8%)	5:05	11.8 (57.3%)
242	KAPŁANOWSKI Marcin	292	SYLWESTER OSIELSKO	M-20	20	Sylwester Osielsko		00:00:22	00:13:05	00:25:02	00:37:09	00:48:50	00:50:54.35	00:51:16.50	+00:21:46 (42.8%)	5:05	11.8 (57.3%)
243	ZARZYKA Bartosz	487	SYLWESTER OSIELSKO	M-20	21	Sylwester Osielsko	Sylwester Osielsko	00:00:22	00:13:24	00:25:20	00:37:10	00:48:50	00:50:54.50	00:51:17.10	+00:21:47 (42.8%)	5:05	11.8 (57.3%)
244	POBIEDZIŃSKI Robert	38		M-20	22	Polonia Bydgoszcz SLA	Polonia Bydgoszcz SLA	00:00:11	00:12:22	00:24:07	00:36:31	00:48:42	00:50:55.25	00:51:06.75	+00:21:47 (42.8%)	5:05	11.8 (57.3%)
245	TARANOWSKI Wojciech	247	SYLWESTER OSIELSKO	M-20	23	Sylwester Osielsko		00:00:22	00:13:24	00:25:20	00:35:51	00:48:50	00:50:55.35	00:51:17.45	+00:21:47 (42.8%)	5:05	11.8 (57.3%)
246	MIKOŁAJCZAK Mieczysław	276		M-50	25		KB Kosynier Września	00:00:08	00:12:12	00:24:03	00:36:24	00:48:38	00:50:57.15	00:51:05.30	+00:21:49 (42.8%)	5:05	11.8 (57.3%)
247	POLSAŃSKA Beata	190		K-40	7	The Rychters		00:00:15	00:12:29	00:24:17	00:36:18	00:48:41	00:50:58.35	00:51:14.05	+00:21:50 (42.9%)	5:05	11.8 (57.3%)
248	SYPNIEWSKI Marek	168		M-40	86			00:00:18	00:12:28	00:24:09	00:36:04	00:48:33	00:50:59.90	00:51:18.10	+00:21:52 (42.9%)	5:06	11.8 (57.3%)
249	KLINIEWSKA Aleksandra	133		K-20	8	Sylwester Osielsko	Sylwester Osielsko	00:00:22	00:13:24	00:25:20	00:37:10	00:48:56	00:51:06.65	00:51:28.85	+00:21:59 (43.0%)	5:06	11.7 (56.8%)
250	NOWAK Waldemar	67		M-50	26		Tri-Amator	00:00:20	00:12:51	00:24:58	00:37:06	00:48:53	00:51:11.00	00:51:31.70	+00:22:03 (43.1%)	5:07	11.7 (56.8%)
251	TOMCZAK Zbigniew	58		M-60	8		Altom Gniezno	00:00:24	00:13:05	00:25:00	00:37:04	00:48:54	00:51:14.10	00:51:38.65	+00:22:06 (43.2%)	5:07	11.7 (56.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
252	KONIEC Krzysztof	451		M-40	87			00:00:11	00:12:53	00:24:57	00:37:10	00:49:05	00:51:15.20	00:51:26.80	+00:22:07 (43.2%)	5:07	11.7 (56.8%)
253	KOWALSKI Wojciech	216		M-30	71		Mogilno Team	00:00:05	00:12:17	00:24:23	00:36:54	00:49:07	00:51:21.10	00:51:26.70	+00:22:13 (43.3%)	5:08	11.7 (56.8%)
254	SZULC Edmund	300		M-50	27			00:00:26	00:12:33	00:24:19	00:36:36	00:49:13	00:51:37.30	00:52:03.80	+00:22:29 (43.6%)	5:09	11.6 (56.3%)
255	NOWAK Kacper	505		M-1	7			00:00:23	00:12:01	00:24:19	00:37:36	00:50:55	00:51:38.45	00:52:01.95	+00:22:30 (43.6%)	5:09	11.6 (56.3%)
256	GUDANIEC Krzysztof	72		M-30	72			00:00:20	00:12:28	00:24:28	00:36:54	00:49:16	00:51:38.55	00:51:59.05	+00:22:31 (43.6%)	5:09	11.6 (56.3%)
257	JURSKI Robert	43		M-40	88			00:00:14	00:12:49	00:24:52	00:37:10	00:49:25	00:51:40.00	00:51:54.25	+00:22:32 (43.6%)	5:10	11.6 (56.3%)
258	FERENS Paweł	475		M-40	89	56. Baza Lotnicza		00:00:16	00:12:43	00:24:37	00:36:47	00:49:26	00:51:42.55	00:51:59.10	+00:22:35 (43.7%)	5:10	11.6 (56.3%)
259	KOMISARCZYK Iwona	145		K-40	8			00:00:02	00:12:27	00:24:42	00:37:14	00:49:40	00:51:57.05	00:51:59.20	+00:22:49 (43.9%)	5:11	11.5 (55.8%)
260	KOZIOŁ Łukasz	418		M-20	24			00:00:16	00:12:14	00:24:11	00:36:51	00:49:41	00:51:57.55	00:52:14.50	+00:22:50 (43.9%)	5:11	11.5 (55.8%)
261	KUŻMA Anna	268		K-40	9	The Runners Świecie	The Runners Świecie	00:00:18	00:12:56	00:25:08	00:37:23	00:49:41	00:51:57.65	00:52:16.20	+00:22:50 (43.9%)	5:11	11.5 (55.8%)
262	PRZYBYLSKI Jacek	56		M-30	73			00:00:31	00:12:54	00:25:05	00:37:22	00:49:44	00:52:02.10	00:52:34.05	+00:22:54 (44.0%)	5:12	11.5 (55.8%)
263	BRATEK Andrzej	380		M-60	9		TKKF Kolejarz Bydgoszcz	00:00:10	00:13:09	00:25:29	00:37:44	00:49:47	00:52:03.35	00:52:14.05	+00:22:55 (44.1%)	5:12	11.5 (55.8%)
264	WINKLEWSKI Krzysztof	266		M-40	90		MIELCAR TEAM	00:00:24	00:13:16	00:25:27	00:37:48	00:50:00	00:52:08.30	00:52:32.60	+00:23:00 (44.1%)	5:12	11.5 (55.8%)
265	BRYL Tomasz	310		M-30	74			00:00:19	00:13:10	00:25:31	00:37:58	00:50:01	00:52:19.15	00:52:38.30	+00:23:11 (44.3%)	5:13	11.5 (55.8%)
266	GRALAK Jacek	393		M-40	91	8 K-P BOT	8 K-P BOT	00:00:21	00:13:05	00:25:22	00:37:42	00:50:05	00:52:24.05	00:52:45.60	+00:23:16 (44.4%)	5:14	11.5 (55.8%)
267	ANDRZEJEWSKI Ryszard	21		M-70	2		Żółtokrólewscy	00:00:05	00:12:28	00:24:42	00:37:19	00:50:05	00:52:29.60	00:52:35.50	+00:23:22 (44.5%)	5:15	11.4 (55.3%)
268	RYGIEWICZ Wojciech	202		M-50	28		J&W	00:00:08	00:12:25	00:24:32	00:37:15	00:50:21	00:52:33.45	00:52:41.70	+00:23:25 (44.6%)	5:15	11.4 (55.3%)
269	KRZEMIŃSKA Jolanta	201		K-30	15		J&W	00:00:07	00:12:26	00:24:33	00:37:16	00:50:22	00:52:33.60	00:52:41.45	+00:23:26 (44.6%)	5:15	11.4 (55.3%)
270	DOBAK Stefan	507		M-70	3			00:00:16	00:13:00	00:25:24	00:37:48	00:50:13	00:52:37.70	00:52:54.35	+00:23:30 (44.7%)	5:15	11.4 (55.3%)
271	GOŁĘBIEWSKI Krzysztof	493	JUST 5	M-30	75	Just 5		00:00:27	00:13:10	00:25:37	00:38:07	00:50:33	00:52:43.10	00:53:10.65	+00:23:35 (44.8%)	5:16	11.4 (55.3%)
272	KUCZEK Monika	166		K-30	16		KS ZRYW RADZIEJÓW	00:00:07	00:13:23	00:25:35	00:37:50	00:50:22	00:52:43.50	00:52:51.15	+00:23:36 (44.8%)	5:16	11.4 (55.3%)
273	MRÓWCZYŃSKI Tomek	85		M-30	76			00:00:32	00:13:39	00:26:01	00:38:18	00:50:31	00:52:47.65	00:53:20.40	+00:23:40 (44.8%)	5:16	11.4 (55.3%)
274	REDLAK Tomasz	164		M-40	92			00:00:08	00:12:47	00:25:13	00:37:44	00:50:31	00:52:49.50	00:52:58.40	+00:23:42 (44.9%)	5:17	11.4 (55.3%)
275	WOŹNIAK Marek	204		M-50	29		Florian Chojnice	00:00:05	00:12:50	00:25:10	00:37:52	00:50:27	00:52:51.20	00:52:57.15	+00:23:43 (44.9%)	5:17	11.3 (54.9%)
276	NURKIEWICZ Jarosław	6		M-40	93	Kung fu Pandy 3	Kung fu Pandy 3	00:00:22	00:13:15	00:25:35	00:38:15	00:50:41	00:52:52.35	00:53:15.30	+00:23:44 (44.9%)	5:17	11.3 (54.9%)
277	DROŹDŹ Małgorzata	116		K-40	10	AMS Triathlon	AMS Triathlon	00:00:17	00:12:25	00:25:07	00:37:54	00:50:37	00:52:57.15	00:53:14.30	+00:23:49 (45.0%)	5:17	11.3 (54.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
278	<b>ĆWIKLIŃSKA Anna</b>	<b>182</b>		K-40	11	AMS Triathlon	AMS Triathlon	00:00:17	00:12:27	00:25:08	00:37:54	00:50:38	<b>00:52:58.20</b>	<b>00:53:15.20</b>	+00:23:50 (45.0%)	5:17	11.3 (54.9%)
279	<b>TURZYŃSKI Jacek</b>	<b>311</b>		M-50	30			00:00:33	00:12:23	00:24:33	00:37:50	00:50:45	<b>00:53:03.95</b>	<b>00:53:36.95</b>	+00:23:56 (45.1%)	5:18	11.3 (54.9%)
280	<b>MALAK Robert</b>	<b>30</b>		M-40	94			00:00:32	00:12:54	00:25:29	00:38:12	00:50:45	<b>00:53:04.35</b>	<b>00:53:36.80</b>	+00:23:56 (45.1%)	5:18	11.3 (54.9%)
281	<b>PIOTROWSKA Marzena</b>	<b>343</b>		K-30	17			00:00:27	00:13:22	00:25:54	00:38:25	00:50:51	<b>00:53:06.70</b>	<b>00:53:34.00</b>	+00:23:59 (45.2%)	5:18	11.3 (54.9%)
282	<b>OSIŃSKI Adam</b>	<b>453</b>		M-40	95		OSINY	00:00:07	00:12:12	00:24:55	00:37:59	00:50:45	<b>00:53:09.20</b>	<b>00:53:16.80</b>	+00:24:01 (45.2%)	5:18	11.3 (54.9%)
283	<b>WARCZAK Katarzyna</b>	<b>333</b>		K-30	18		TEAMOCHAL	00:00:26	00:13:22	00:25:52	00:38:25	00:50:50	<b>00:53:09.95</b>	<b>00:53:36.45</b>	+00:24:02 (45.2%)	5:19	11.3 (54.9%)
284	<b>WARCZAK Piotr</b>	<b>332</b>		M-40	96		TEAMOCHAL	00:00:26	00:13:23	00:25:54	00:38:28	00:50:51	<b>00:53:12.05</b>	<b>00:53:38.55</b>	+00:24:04 (45.3%)	5:19	11.3 (54.9%)
285	<b>KRYSKE Mariusz</b>	<b>362</b>		M-30	77		SPÓJNIA BIAŁE BŁOTA	00:00:36	00:13:39	00:25:47	00:38:18	00:51:02	<b>00:53:13.15</b>	<b>00:53:49.95</b>	+00:24:05 (45.3%)	5:19	11.3 (54.9%)
286	<b>KUREK Paweł</b>	<b>298</b>		M-30	78	PKP CARGO		00:00:07	00:12:33	00:25:05	00:37:56	00:50:53	<b>00:53:14.10</b>	<b>00:53:21.85</b>	+00:24:06 (45.3%)	5:19	11.3 (54.9%)
287	<b>GACKOWSKA Barbara</b>	<b>443</b>		K-1	2			00:00:14	00:12:05	00:23:58	00:36:50	00:50:56	<b>00:53:21.05</b>	<b>00:53:35.85</b>	+00:24:13 (45.4%)	5:20	11.2 (54.4%)
288	<b>ZAULUB Jakub</b>	<b>506</b>		M-1	8			00:00:23	00:12:00	00:23:58	00:37:37	00:51:09	<b>00:53:23.15</b>	<b>00:53:46.60</b>	+00:24:15 (45.4%)	5:20	11.2 (54.4%)
289	<b>KAMIŃSKA Agnieszka</b>	<b>296</b>		K-40	12		7SI OWB rowertour.com	00:00:34	00:13:08	00:25:23	00:38:02	00:50:59	<b>00:53:28.40</b>	<b>00:54:02.75</b>	+00:24:20 (45.5%)	5:20	11.2 (54.4%)
290	<b>GRUBBA Marek</b>	<b>297</b>		M-40	97		Mrozbike Team	00:00:34	00:13:08	00:25:24	00:38:02	00:51:00	<b>00:53:28.65</b>	<b>00:54:03.55</b>	+00:24:21 (45.5%)	5:20	11.2 (54.4%)
291	<b>WOJCIECHOWSKA Emilia</b>	<b>286</b>		K-40	13			00:00:28	00:13:26	00:25:58	00:38:25	00:51:04	<b>00:53:29.65</b>	<b>00:53:57.85</b>	+00:24:22 (45.6%)	5:20	11.2 (54.4%)
292	<b>WOJCIECHOWSKI Jarosław</b>	<b>288</b>		M-40	98			00:00:28	00:13:26	00:25:58	00:38:25	00:51:03	<b>00:53:29.70</b>	<b>00:53:57.80</b>	+00:24:22 (45.6%)	5:20	11.2 (54.4%)
293	<b>MAŁKIŃSKA-BIĘGA Dorota</b>	<b>301</b>		K-30	19			00:00:19	00:13:01	00:25:22	00:38:06	00:51:10	<b>00:53:35.55</b>	<b>00:53:54.70</b>	+00:24:28 (45.7%)	5:21	11.2 (54.4%)
294	<b>KALACZYŃSKI Grzegorz</b>	<b>22</b>		M-40	99			00:00:18	00:13:35	00:26:01	00:38:39	00:51:20	<b>00:53:37.25</b>	<b>00:53:56.15</b>	+00:24:29 (45.7%)	5:21	11.2 (54.4%)
295	<b>BYRTEK Grzegorz</b>	<b>205</b>		M-40	100			00:00:14	00:11:59	00:24:02	00:37:19	00:51:21	<b>00:53:40.30</b>	<b>00:53:55.00</b>	+00:24:32 (45.7%)	5:22	11.2 (54.4%)
296	<b>TERLECKI Filip</b>	<b>177</b>		M-20	25		Tornado	00:00:00	00:26:22	00:38:49	00:51:19		<b>00:53:42.55</b>	<b>00:53:42.55</b>	+00:24:35 (45.8%)	5:22	11.2 (54.4%)
297	<b>DUTKIEWICZ Gracjan</b>	<b>501</b>		M-40	101			00:00:10	00:12:51	00:25:27	00:38:27	00:51:26	<b>00:53:45.50</b>	<b>00:53:55.95</b>	+00:24:38 (45.8%)	5:22	11.2 (54.4%)
298	<b>BRYJA Robert</b>	<b>308</b>		M-50	31			00:00:33	00:13:03	00:25:38	00:38:33	00:51:25	<b>00:53:45.80</b>	<b>00:54:19.40</b>	+00:24:38 (45.8%)	5:22	11.2 (54.4%)
299	<b>WIŚNIEWSKI Włodzimierz</b>	<b>271</b>		M-50	32		SPC	00:00:32	00:12:59	00:25:24	00:38:10	00:51:18	<b>00:53:47.15</b>	<b>00:54:19.40</b>	+00:24:39 (45.9%)	5:22	11.2 (54.4%)
300	<b>KRAWCZUK Andrzej</b>	<b>71</b>	TEAM KARAŚ ELBLĄG	M-60	10	Team Karaś Elbląg		00:00:02	00:13:01	00:25:46	00:38:37	00:51:22	<b>00:53:49.35</b>	<b>00:53:51.95</b>	+00:24:41 (45.9%)	5:22	11.1 (53.9%)
301	<b>KURS Jarosław</b>	<b>200</b>		M-50	33		TKKF Kolejarz Bydgoszcz	00:00:24	00:13:11	00:25:47	00:38:39	00:51:31	<b>00:53:49.60</b>	<b>00:54:13.80</b>	+00:24:42 (45.9%)	5:22	11.1 (53.9%)
302	<b>SPYCHAJ Piotr</b>	<b>503</b>	INFLUENCE	M-30	79	Influence		00:00:20	00:14:14	00:27:04	00:39:40	00:51:48	<b>00:53:53.10</b>	<b>00:54:14.00</b>	+00:24:45 (45.9%)	5:23	11.1 (53.9%)
303	<b>NOWACZYK Zygmunt</b>	<b>389</b>		M-50	34		BOLT Trzemeszno	00:00:28	00:13:17	00:25:42	00:38:30	00:51:27	<b>00:53:55.75</b>	<b>00:54:24.10</b>	+00:24:48 (46.0%)	5:23	11.1 (53.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
304	<b>NITKA Dominika</b>	<b>198</b>		K-20	9			00:00:17	00:13:13	00:26:02	00:38:56	00:51:34	<b>00:53:55.85</b>	<b>00:54:13.40</b>	+00:24:48 (46.0%)	5:23	11.1 (53.9%)
305	<b>TOMCZYK Agata</b>	<b>12</b>		K-30	20		Polonia Bydgoszcz SLA	00:00:17	00:13:53	00:26:14	00:38:31	00:51:29	<b>00:53:57.60</b>	<b>00:54:14.95</b>	+00:24:50 (46.0%)	5:23	11.1 (53.9%)
306	<b>MENDEL Patryk</b>	<b>14</b>		M-20	26		Polonia Bydgoszcz SLA	00:00:17	00:13:53	00:26:15	00:38:31	00:51:29	<b>00:53:57.70</b>	<b>00:54:15.00</b>	+00:24:50 (46.0%)	5:23	11.1 (53.9%)
307	<b>ANASZEWICZ Marzena</b>	<b>259</b>		K-40	14			00:00:06	00:13:00	00:25:48	00:38:41	00:51:37	<b>00:53:59.05</b>	<b>00:54:05.35</b>	+00:24:51 (46.0%)	5:23	11.1 (53.9%)
308	<b>WODZIŃSKA Daria</b>	<b>282</b>		K-20	10			00:00:20	00:13:29	00:26:14	00:39:02	00:51:43	<b>00:54:02.35</b>	<b>00:54:22.35</b>	+00:24:54 (46.1%)	5:24	11.1 (53.9%)
309	<b>ŁABENDA Piotr</b>	<b>51</b>		M-40	102		Terenowa Masakra Team	00:00:28	00:26:02	00:38:36	00:51:35		<b>00:54:03.55</b>	<b>00:54:32.15</b>	+00:24:56 (46.1%)	5:24	11.1 (53.9%)
310	<b>FARBICKA-ŻYWICA Paulina</b>	<b>382</b>		K-40	15		Brzoza Biega	00:00:22	00:13:11	00:25:52	00:38:41	00:51:40	<b>00:54:04.30</b>	<b>00:54:26.65</b>	+00:24:56 (46.1%)	5:24	11.1 (53.9%)
311	<b>CZYŻEWSKA Justyna</b>	<b>47</b>		K-30	21			00:00:15	00:13:01	00:25:37	00:38:29	00:51:37	<b>00:54:08.10</b>	<b>00:54:23.90</b>	+00:25:00 (46.2%)	5:24	11.1 (53.9%)
312	<b>UGOREK Mirek</b>	<b>469</b>		M-30	80			00:00:09	00:12:56	00:25:53	00:39:05	00:52:03	<b>00:54:08.15</b>	<b>00:54:17.50</b>	+00:25:00 (46.2%)	5:24	11.1 (53.9%)
313	<b>STRABEL Piotr</b>	<b>143</b>		M-60	11			00:00:08	00:13:42	00:26:36	00:39:19	00:51:54	<b>00:54:08.60</b>	<b>00:54:16.75</b>	+00:25:01 (46.2%)	5:24	11.1 (53.9%)
314	<b>NALEWALSKA Justyna</b>	<b>290</b>		K-30	22		Wkurw_team/ Serce Tybetu	00:00:20	00:13:11	00:25:59	00:38:59	00:51:54	<b>00:54:08.95</b>	<b>00:54:29.50</b>	+00:25:01 (46.2%)	5:24	11.1 (53.9%)
315	<b>ZUPA Wojciech</b>	<b>218</b>		M-50	35	7Si-OWB rowertour.com	7Si OWB rowertour.com	00:00:20	00:12:40	00:25:27	00:38:31	00:51:39	<b>00:54:10.90</b>	<b>00:54:31.40</b>	+00:25:03 (46.2%)	5:25	11.1 (53.9%)
316	<b>KASPROWICZ Piotr</b>	<b>46</b>		M-30	81		JW1515 Bydgoszcz	00:00:27	00:13:23	00:26:02	00:39:03	00:52:02	<b>00:54:11.50</b>	<b>00:54:38.75</b>	+00:25:04 (46.3%)	5:25	11.1 (53.9%)
316	<b>RATAJ Krzysztof</b>	<b>39</b>		M-30	81	Polonia Bydgoszcz SLA	Polonia Bydgoszcz SLA	00:00:11	00:12:55	00:25:43	00:38:46	00:51:47	<b>00:54:11.50</b>	<b>00:54:23.40</b>	+00:25:04 (46.3%)	5:25	11.1 (53.9%)
318	<b>RUDOWICZ Marcin</b>	<b>447</b>		M-30	83			00:00:30	00:12:43	00:25:42	00:39:14	00:52:06	<b>00:54:12.65</b>	<b>00:54:42.65</b>	+00:25:05 (46.3%)	5:25	11.1 (53.9%)
319	<b>REPKA Marek</b>	<b>317</b>		M-40	103		Lupus Team	00:00:18	00:13:45	00:26:41	00:39:30	00:52:04	<b>00:54:22.35</b>	<b>00:54:40.45</b>	+00:25:14 (46.4%)	5:26	11 (53.4%)
320	<b>REPKA Anna</b>	<b>316</b>		K-40	16		Lupus Team	00:00:17	00:13:47	00:26:43	00:39:31	00:52:07	<b>00:54:23.05</b>	<b>00:54:40.65</b>	+00:25:15 (46.4%)	5:26	11 (53.4%)
321	<b>MAŁKIŃSKI Józef</b>	<b>396</b>		M-60	12			00:00:20	00:14:02	00:26:54	00:39:23	00:51:53	<b>00:54:23.50</b>	<b>00:54:43.50</b>	+00:25:16 (46.5%)	5:26	11 (53.4%)
322	<b>DANKOWSKI Rafał</b>	<b>256</b>		M-40	104			00:00:19	00:13:28	00:26:17	00:39:19	00:52:03	<b>00:54:28.60</b>	<b>00:54:47.70</b>	+00:25:21 (46.5%)	5:26	11 (53.4%)
323	<b>BOROWIEC Wioleta</b>	<b>109</b>		K-30	23		BBL Szubin	00:00:20	00:13:29	00:26:14	00:39:10	00:52:08	<b>00:54:32.65</b>	<b>00:54:52.95</b>	+00:25:25 (46.6%)	5:27	11 (53.4%)
324	<b>MOYS Tomasz</b>	<b>104</b>		M-50	36			00:00:16	00:13:31	00:26:34	00:39:30	00:52:18	<b>00:54:43.35</b>	<b>00:54:59.65</b>	+00:25:35 (46.8%)	5:28	11 (53.4%)
325	<b>MISUN-NOWAK Katarzyna</b>	<b>114</b>		K-30	24		AMS Triathlon	00:00:24	00:13:38	00:26:33	00:39:35	00:52:20	<b>00:54:43.60</b>	<b>00:55:08.35</b>	+00:25:36 (46.8%)	5:28	11 (53.4%)
326	<b>CZYŻAK Joanna</b>	<b>186</b>		K-40	17	AMS Triathlon	AMS Triathlon	00:00:25	00:13:36	00:26:31	00:39:34	00:52:20	<b>00:54:43.65</b>	<b>00:55:08.80</b>	+00:25:36 (46.8%)	5:28	11 (53.4%)
327	<b>RÓŻYCZKA Joanna</b>	<b>127</b>		K-30	25			00:00:13	00:13:16	00:26:02	00:38:55	00:52:15	<b>00:54:43.85</b>	<b>00:54:57.35</b>	+00:25:36 (46.8%)	5:28	11 (53.4%)
328	<b>JENDRZEJCZAK Robert</b>	<b>324</b>		M-20	27			00:00:17	00:13:02	00:25:59	00:39:45	00:52:27	<b>00:54:45.95</b>	<b>00:55:03.30</b>	+00:25:38 (46.8%)	5:28	11 (53.4%)
329	<b>ZAKOŚCIELNY Krzysztof</b>	<b>452</b>		M-50	37		TKKF WODNIK WIĘBORK	00:00:12	00:13:39	00:26:29	00:39:19	00:52:16	<b>00:54:46.20</b>	<b>00:54:58.25</b>	+00:25:38 (46.8%)	5:28	11 (53.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
330	JAMNY Miłosz	57		M-60	13		Miłosz Jamny	00:00:25	00:13:33	00:26:22	00:39:17	00:52:23	<b>00:54:47.45</b>	<b>00:55:12.90</b>	+00:25:39 (46.8%)	5:28	11 (53.4%)
331	JAROSZEWSKA Anna	335		K-40	18			00:00:12	00:13:16	00:26:03	00:39:12	00:52:18	<b>00:54:47.55</b>	<b>00:54:59.85</b>	+00:25:40 (46.8%)	5:28	11 (53.4%)
332	RYBAK Mariusz	429		M-40	105	7Si-OWB rowertour.com	7SI OWB rowertour.com	00:00:21	00:12:40	00:25:27	00:39:04	00:52:19	<b>00:54:48.40</b>	<b>00:55:10.05</b>	+00:25:40 (46.9%)	5:28	10.9 (52.9%)
333	MIAZGA Adam	91		M-30	84			00:00:14	00:13:52	00:26:17	00:39:06	00:52:17	<b>00:54:48.85</b>	<b>00:55:02.85</b>	+00:25:41 (46.9%)	5:28	10.9 (52.9%)
334	CABAŃSKA Kayarzyna	34		K-40	19		#slimakibarcin	00:00:18	00:13:27	00:26:27	00:39:23	00:52:28	<b>00:54:50.00</b>	<b>00:55:08.00</b>	+00:25:42 (46.9%)	5:29	10.9 (52.9%)
335	BRZOZOWSKI Jarosław	17		M-50	38		BRZOZA TRI TEAM	00:00:26	00:13:30	00:26:20	00:39:29	00:52:21	<b>00:54:51.55</b>	<b>00:55:17.75</b>	+00:25:44 (46.9%)	5:29	10.9 (52.9%)
336	PORAZIŃSKA Viktoria	215		K-40	20	Bydgoszcz na start	Bydgoszcz na start.	00:00:25	00:13:51	00:26:40	00:39:30	00:52:36	<b>00:54:59.35</b>	<b>00:55:25.15</b>	+00:25:51 (47.0%)	5:30	10.9 (52.9%)
337	TRENDEWICZ Marcin	409		M-30	85		Bydgoskie Morsy	00:00:10	00:14:22	00:28:16	00:40:44	00:52:53	<b>00:55:03.25</b>	<b>00:55:13.30</b>	+00:25:55 (47.1%)	5:30	10.9 (52.9%)
338	ZIELIŃSKI Andrzej	338		M-40	106			00:00:15	00:14:12	00:27:16	00:40:19	00:52:54	<b>00:55:13.15</b>	<b>00:55:28.65</b>	+00:26:05 (47.3%)	5:31	10.9 (52.9%)
339	DRÓZDŹ Małgosia	83		K-30	26			00:00:29	00:14:09	00:27:16	00:40:21	00:52:59	<b>00:55:19.15</b>	<b>00:55:48.85</b>	+00:26:11 (47.4%)	5:31	10.8 (52.4%)
340	MAŁKOWSKI Sebastian	358		M-30	86			00:00:19	00:13:41	00:27:00	00:40:02	00:52:53	<b>00:55:21.25</b>	<b>00:55:41.05</b>	+00:26:13 (47.4%)	5:32	10.8 (52.4%)
341	JASKULSKI Bartosz	239		M-40	107			00:00:21	00:14:10	00:27:13	00:40:17	00:53:01	<b>00:55:24.30</b>	<b>00:55:45.55</b>	+00:26:16 (47.4%)	5:32	10.8 (52.4%)
342	SMYK Piotr	138		M-30	87			00:00:21	00:13:37	00:26:36	00:39:55	00:53:16	<b>00:55:39.55</b>	<b>00:56:01.35</b>	+00:26:32 (47.7%)	5:34	10.8 (52.4%)
343	TRZCIŃSKI Eugeniusz	289		M-60	14			00:00:25	00:13:51	00:26:40	00:39:30	00:52:54	<b>00:55:50.00</b>	<b>00:56:15.75</b>	+00:26:42 (47.8%)	5:35	10.7 (51.9%)
344	NOWAK Ewa	303		K-40	21		Diabelskie Pioruny	00:00:10	00:13:45	00:26:49	00:40:00	00:53:22	<b>00:55:51.50</b>	<b>00:56:02.35</b>	+00:26:44 (47.9%)	5:35	10.7 (51.9%)
345	PIONTEK Elżbieta	86		K-60	2			00:00:15	00:13:41	00:26:41	00:39:46	00:53:14	<b>00:55:56.65</b>	<b>00:56:12.05</b>	+00:26:49 (47.9%)	5:35	10.7 (51.9%)
346	FOGT Maciej	369		M-30	88		CB 163	00:00:27	00:14:10	00:27:08	00:40:24	00:53:25	<b>00:56:01.05</b>	<b>00:56:28.60</b>	+00:26:53 (48.0%)	5:36	10.7 (51.9%)
347	FOGT Katarzyna	373		K-30	27	ASSECO ACTIVE TEAM	CB 163	00:00:27	00:14:10	00:27:10	00:40:29	00:53:27	<b>00:56:01.50</b>	<b>00:56:29.05</b>	+00:26:54 (48.0%)	5:36	10.7 (51.9%)
348	TRUSZCZYŃSKA Joanna	412		K-40	22			00:00:26	00:14:24	00:27:22	00:40:21	00:53:34	<b>00:56:08.70</b>	<b>00:56:35.20</b>	+00:27:01 (48.1%)	5:36	10.7 (51.9%)
349	SKOPOWSKI Krzysztof	450		M-40	108		Salus	00:00:35	00:13:37	00:26:37	00:40:04	00:53:39	<b>00:56:10.90</b>	<b>00:56:46.20</b>	+00:27:03 (48.2%)	5:37	10.7 (51.9%)
350	ŚWIATOWY Ryszard	180		M-40	109		Dawca krwi A Rh+	00:00:09	00:12:42	00:25:58	00:39:19	00:53:27	<b>00:56:11.65</b>	<b>00:56:21.50</b>	+00:27:04 (48.2%)	5:37	10.7 (51.9%)
351	GOŁCZYŃSKI Tomasz	141		M-40	110			00:00:25	00:13:29	00:26:26	00:39:44	00:53:37	<b>00:56:12.90</b>	<b>00:56:38.70</b>	+00:27:05 (48.2%)	5:37	10.7 (51.9%)
352	MAGDZIARZ Katarzyna	45		K-30	28			00:00:32	00:14:23	00:27:27	00:40:26	00:53:40	<b>00:56:30.45</b>	<b>00:57:02.70</b>	+00:27:22 (48.5%)	5:39	10.6 (51.5%)
353	KOSZOWSKI Antoni	269	KATOLIK TEAM	M-1	9	Katolik Team		00:00:12	00:12:36	00:25:47	00:39:44	00:53:40	<b>00:56:31.60</b>	<b>00:56:44.40</b>	+00:27:24 (48.5%)	5:39	10.6 (51.5%)
354	WEGNER Roman	101		M-50	39			00:00:16	00:13:51	00:26:58	00:40:24	00:54:12	<b>00:56:49.25</b>	<b>00:57:05.35</b>	+00:27:41 (48.7%)	5:40	10.6 (51.5%)
355	JENDRZEJCZAK Dawid	323		M-30	89			00:00:24	00:13:58	00:27:16	00:40:56	00:54:22	<b>00:56:51.30</b>	<b>00:57:15.40</b>	+00:27:43 (48.8%)	5:41	10.6 (51.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
356	<b>PAWLUCZEK Marcin</b>	<b>148</b>		M-30	90	ZAWISZA-FANS	ZAWISZA-FANS	00:00:27	00:12:41	00:26:17	00:40:04	00:54:17	<b>00:56:51.65</b>	<b>00:57:19.55</b>	+00:27:44 (48.8%)	5:41	10.6 (51.5%)
357	<b>SKIERA Krzysztof</b>	<b>490</b>		M-40	111	Kris Team	Kris Team	00:00:23	00:12:18	00:25:34	00:39:38	00:54:10	<b>00:56:56.70</b>	<b>00:57:19.95</b>	+00:27:49 (48.9%)	5:41	10.5 (51.0%)
358	<b>PAWLACZYK-MATELA Emilia</b>	<b>119</b>		K-30	29		Polonia Bydgoszcz SLA	00:00:24	00:14:09	00:27:13	00:40:45	00:54:34	<b>00:57:07.50</b>	<b>00:57:32.10</b>	+00:28:00 (49.0%)	5:42	10.5 (51.0%)
359	<b>GADOMSKA Maria</b>	<b>217</b>		K-60	3		RUN BYDGOSZCZ	00:00:12	00:13:54	00:27:19	00:41:11	00:55:03	<b>00:57:36.05</b>	<b>00:57:48.95</b>	+00:28:28 (49.4%)	5:45	10.4 (50.5%)
360	<b>DĘBSKI Jan</b>	<b>214</b>		M-60	15			00:00:18	00:13:48	00:27:19	00:41:03	00:55:03	<b>00:57:48.10</b>	<b>00:58:06.40</b>	+00:28:40 (49.6%)	5:46	10.4 (50.5%)
361	<b>STARSAK Seweryn</b>	<b>480</b>		M-1	10			00:00:16	00:14:58	00:28:32	00:42:09	00:55:27	<b>00:57:54.15</b>	<b>00:58:10.65</b>	+00:28:46 (49.7%)	5:47	10.4 (50.5%)
362	<b>TOCZKIEWICZ Kaja</b>	<b>235</b>		K-1	3			00:00:16	00:14:58	00:28:32	00:42:09	00:55:37	<b>00:57:54.80</b>	<b>00:58:11.10</b>	+00:28:47 (49.7%)	5:47	10.4 (50.5%)
363	<b>MARCYJANIAK Krzysztof</b>	<b>223</b>		M-40	112		KS ZRYW RADZIEJÓW	00:00:32	00:14:47	00:28:10	00:41:46	00:55:23	<b>00:57:56.95</b>	<b>00:58:29.20</b>	+00:28:49 (49.7%)	5:47	10.4 (50.5%)
364	<b>KRYSZTOFIAK Robert</b>	<b>131</b>		M-40	113			00:00:18	00:13:48	00:27:11	00:41:05	00:55:20	<b>00:57:59.20</b>	<b>00:58:18.05</b>	+00:28:51 (49.8%)	5:48	10.3 (50.0%)
365	<b>BRZEZIŃSKI Igor</b>	<b>472</b>		M-1	11			00:00:10	00:13:19	00:27:12	00:42:16	00:55:41	<b>00:58:00.75</b>	<b>00:58:10.75</b>	+00:28:53 (49.8%)	5:48	10.3 (50.0%)
366	<b>DOBOSZ Kamil</b>	<b>161</b>		M-30	91			00:00:25	00:13:59	00:27:37	00:41:35	00:55:47	<b>00:58:28.45</b>	<b>00:58:54.25</b>	+00:29:20 (50.2%)	5:50	10.3 (50.0%)
367	<b>MAKUCH-DOBOSZ Urszula</b>	<b>162</b>		K-40	23			00:00:25	00:13:59	00:27:37	00:41:35	00:55:47	<b>00:58:28.60</b>	<b>00:58:54.35</b>	+00:29:21 (50.2%)	5:50	10.3 (50.0%)
368	<b>BUTOWSKI Michał</b>	<b>270</b>		M-40	114			00:00:25	00:14:10	00:27:54	00:41:53	00:56:03	<b>00:58:33.65</b>	<b>00:58:59.10</b>	+00:29:26 (50.3%)	5:51	10.2 (49.5%)
369	<b>STOSIK Przemysław</b>	<b>184</b>		M-20	28		Tornado	00:00:28	00:14:46	00:28:52	00:43:12	00:56:31	<b>00:58:46.15</b>	<b>00:59:14.85</b>	+00:29:38 (50.4%)	5:52	10.2 (49.5%)
370	<b>JULLY Arkadiusz</b>	<b>120</b>		M-40	115			00:00:34	00:14:19	00:28:13	00:42:03	00:56:10	<b>00:58:46.35</b>	<b>00:59:20.70</b>	+00:29:38 (50.4%)	5:52	10.2 (49.5%)
371	<b>HOLC Radosław</b>	<b>173</b>		M-20	29		Tornado	00:00:28	00:14:46	00:28:52	00:43:12	00:56:31	<b>00:58:46.75</b>	<b>00:59:15.15</b>	+00:29:39 (50.5%)	5:52	10.2 (49.5%)
372	<b>BŁAŻEK Kasia</b>	<b>124</b>		K-30	30			00:00:13	00:14:32	00:28:28	00:42:20	00:56:13	<b>00:58:53.85</b>	<b>00:59:07.55</b>	+00:29:46 (50.5%)	5:53	10.2 (49.5%)
373	<b>TRELA Jolanta</b>	<b>423</b>		K-30	31			00:00:23	00:14:53	00:28:49	00:42:45	00:56:32	<b>00:58:59.35</b>	<b>00:59:23.05</b>	+00:29:51 (50.6%)	5:54	10.2 (49.5%)
374	<b>SZNAJDROWSKI Marek</b>	<b>115</b>		M-40	116			00:00:00	00:14:43	00:29:20	00:43:18	00:56:43	<b>00:59:01.50</b>	<b>00:59:01.50</b>	+00:29:54 (50.7%)	5:54	10.2 (49.5%)
375	<b>KNASINSKI Sławomir</b>	<b>167</b>		M-40	117			00:00:14	00:13:30	00:27:36	00:42:03	00:56:30	<b>00:59:09.95</b>	<b>00:59:24.85</b>	+00:30:02 (50.8%)	5:55	10.1 (49.0%)
376	<b>SCHMIDT Marcin</b>	<b>347</b>		M-30	92			00:00:17	00:13:55	00:27:30	00:41:58	00:56:30	<b>00:59:10.30</b>	<b>00:59:27.50</b>	+00:30:02 (50.8%)	5:55	10.1 (49.0%)
377	<b>PIECZKA Sylwia</b>	<b>23</b>		K-30	32			00:00:13	00:15:21	00:29:25	00:43:21	00:56:56	<b>00:59:14.95</b>	<b>00:59:28.10</b>	+00:30:07 (50.8%)	5:55	10.1 (49.0%)
378	<b>SPYCHAJ Anna</b>	<b>251</b>		K-20	11		ASSECO ACTIVE TEAM	00:00:20	00:14:53	00:28:51	00:42:48	00:56:40	<b>00:59:16.50</b>	<b>00:59:37.10</b>	+00:30:09 (50.9%)	5:55	10.1 (49.0%)
379	<b>RUDNICKI Michał</b>	<b>250</b>		M-30	93	ASSECO ACTIVE TEAM	ASSECO ACTIVE TEAM	00:00:20	00:14:53	00:28:51	00:42:47	00:56:40	<b>00:59:16.85</b>	<b>00:59:37.25</b>	+00:30:09 (50.9%)	5:55	10.1 (49.0%)
380	<b>SZNAJDROWSKA-KNASINSKA Ewa</b>	<b>117</b>		K-40	24			00:00:04	00:13:40	00:27:45	00:42:13	00:56:40	<b>00:59:19.95</b>	<b>00:59:24.15</b>	+00:30:12 (50.9%)	5:56	10.1 (49.0%)
381	<b>KOŁCON Remigiusz</b>	<b>378</b>		M-40	118			00:00:22	00:14:36	00:28:46	00:43:03	00:57:08	<b>00:59:47.40</b>	<b>01:00:09.60</b>	+00:30:39 (51.3%)	5:58	10 (48.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
382	MASŁYSZ Marcin	136		M-30	94		wkurw_team	00:00:33	00:14:04	00:27:15	00:43:48	00:57:37	00:59:52.95	01:00:26.45	+00:30:45 (51.4%)	5:59	10 (48.5%)
383	SAK Anna	484		K-30	33		Inowrocław biega	00:00:21	00:14:58	00:28:52	00:43:10	00:57:18	00:59:53.90	01:00:15.70	+00:30:46 (51.4%)	5:59	10 (48.5%)
384	TRZYMKOWSKI Adrian	183		M-20	30			00:00:21	00:14:23	00:28:14	00:42:52	00:57:27	00:59:59.60	01:00:21.55	+00:30:52 (51.5%)	6:00	10 (48.5%)
385	SKRZĄTEK Anna	352		K-40	25			00:00:31	00:14:48	00:29:04	00:43:23	00:57:32	01:00:04.15	01:00:35.65	+00:30:56 (51.5%)	6:00	10 (48.5%)
386	MALATYŃSKA Barbara	219		K-40	26			00:00:27	00:15:00	00:29:08	00:43:27	00:57:36	01:00:10.00	01:00:37.25	+00:31:02 (51.6%)	6:01	10 (48.5%)
387	TYSZKIEWICZ Małgorzata	391		K-30	34		Lill Sport	00:00:23	00:14:22	00:28:07	00:42:51	00:57:28	01:00:11.45	01:00:35.25	+00:31:03 (51.6%)	6:01	10 (48.5%)
388	WOŹNIAK Jagoda	398		K-20	12			00:00:28	00:14:34	00:28:38	00:43:00	00:57:32	01:00:12.10	01:00:40.30	+00:31:04 (51.6%)	6:01	10 (48.5%)
389	WESOŁOWSKA Aleksandra Ewa	407		K-40	27			00:00:15	00:14:06	00:28:15	00:43:00	00:57:37	01:00:14.70	01:00:30.00	+00:31:07 (51.7%)	6:01	10 (48.5%)
390	TOMAS - RÓŻYCKA Marzena	227		K-30	35		Sterem Żeglarzem Okrętem SZO	00:00:15	00:13:54	00:28:09	00:42:59	00:57:36	01:00:19.55	01:00:35.35	+00:31:12 (51.7%)	6:02	9.9 (48.1%)
391	RADZIEJEWSKA Grażyna	381		K-50	1			00:00:10	00:14:22	00:28:17	00:43:04	00:57:41	01:00:25.30	01:00:35.30	+00:31:17 (51.8%)	6:02	9.9 (48.1%)
392	LENC Janusz	94		M-60	16	TKKF Kolejarz Bydgoszcz	TKKF Kolejarz Bydgoszcz	00:00:36	00:15:47	00:29:53	00:43:54	00:57:53	01:00:31.50	01:01:08.15	+00:31:24 (51.9%)	6:03	9.9 (48.1%)
393	ZĘBIK Mirosław	95		M-50	40	TKKF Kolejarz Bydgoszcz	TKKF Kolejarz Bydgoszcz	00:00:35	00:15:47	00:29:54	00:43:55	00:57:54	01:00:32.15	01:01:07.90	+00:31:24 (51.9%)	6:03	9.9 (48.1%)
394	NADRAJKOWSKA Joanna	68		K-30	36		Dzikie Kuny	00:00:15	00:14:45	00:28:41	00:43:01	00:57:42	01:00:32.35	01:00:47.60	+00:31:24 (51.9%)	6:03	9.9 (48.1%)
395	JAGIEŁO Radek	147		M-40	119			00:00:15	00:14:45	00:28:41	00:43:01	00:57:42	01:00:32.45	01:00:47.85	+00:31:24 (51.9%)	6:03	9.9 (48.1%)
396	GROBELNA Angelika	226		K-40	28		Bydgoszcz na start.	00:00:30	00:15:33	00:29:49	00:44:15	00:58:35	01:01:11.05	01:01:41.25	+00:32:03 (52.4%)	6:07	9.8 (47.6%)
397	BACZYŃSKI Maciej	154		M-40	120			00:00:30	00:15:33	00:29:50	00:44:15	00:58:35	01:01:11.45	01:01:41.70	+00:32:03 (52.4%)	6:07	9.8 (47.6%)
398	SKIBIŃSKA Paulina	431		K-30	37			00:00:20	00:14:25	00:28:40	00:43:31	00:58:29	01:01:19.95	01:01:40.85	+00:32:12 (52.5%)	6:08	9.8 (47.6%)
399	LEWANDOWSKA Sylwia	125		K-40	29			00:00:13	00:15:18	00:29:40	00:44:14	00:58:40	01:01:22.55	01:01:36.40	+00:32:15 (52.5%)	6:08	9.8 (47.6%)
400	BERKA Wiktoria	478		K-1	4		AMS Triathlon	00:00:11	00:14:06	00:28:17	00:42:58	00:59:07	01:01:36.45	01:01:48.10	+00:32:28 (52.7%)	6:09	9.7 (47.1%)
401	KLONOWSKA - BRZESKA Marta	476		K-30	38			00:00:12	00:15:28	00:30:04	00:44:42	00:59:07	01:01:52.35	01:02:04.40	+00:32:44 (52.9%)	6:11	9.7 (47.1%)
402	MIAZGA Katarzyna	90		K-30	39			00:00:14	00:14:45	00:28:33	00:43:11	00:59:03	01:01:55.60	01:02:09.80	+00:32:48 (53.0%)	6:11	9.7 (47.1%)
403	KUJAWA Roger	401		M-40	121		Ślimaki Barcin	00:00:19	00:15:22	00:29:57	00:44:34	00:59:18	01:02:03.80	01:02:23.75	+00:32:56 (53.1%)	6:12	9.7 (47.1%)
404	BRYWCZYŃSKA Justyna	19		K-40	30		#slimakibarcin	00:00:19	00:15:19	00:29:55	00:44:33	00:59:18	01:02:04.00	01:02:23.70	+00:32:56 (53.1%)	6:12	9.7 (47.1%)
404	KUCHARSKI Jarosław	435		M-40	122		# Ślimaki Barcin	00:00:19	00:15:22	00:29:56	00:44:34	00:59:19	01:02:04.00	01:02:23.50	+00:32:56 (53.1%)	6:12	9.7 (47.1%)
406	MORITZ Monika	59		K-30	40			00:00:19	00:15:22	00:29:57	00:44:35	00:59:19	01:02:04.45	01:02:23.75	+00:32:56 (53.1%)	6:12	9.7 (47.1%)
407	CUKRAS Marek	81		M-20	31		Tornado	00:00:28	00:14:47	00:28:53	00:43:13	00:59:32	01:02:09.65	01:02:37.95	+00:33:02 (53.1%)	6:12	9.7 (47.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
408	GAJZLER Jerzy	55		M-60	17			00:00:18	00:14:27	00:29:08	00:44:16	00:59:18	01:02:09.85	01:02:28.15	+00:33:02 (53.1%)	6:13	9.7 (47.1%)
409	JURECKA Ewa	365		K-50	2			00:00:16	00:14:57	00:29:44	00:44:37	00:59:33	01:02:25.90	01:02:42.00	+00:33:18 (53.3%)	6:14	9.6 (46.6%)
410	SALITA Lech	63		M-50	41		ALTOM GNIEZNO	00:00:33	00:15:16	00:29:44	00:44:26	00:59:40	01:02:29.95	01:03:03.20	+00:33:22 (53.4%)	6:15	9.6 (46.6%)
411	MICHALSKA Katarzyna	406		K-30	41			00:00:13	00:14:40	00:29:02	00:44:44	01:00:15	01:03:16.45	01:03:29.85	+00:34:08 (54.0%)	6:19	9.5 (46.1%)
412	ANDRYSZAK Vanessa	230		K-1	5		Rowerowa Brzoza	00:00:09	00:14:37	00:29:15	00:44:51	01:00:46	01:03:19.10	01:03:28.70	+00:34:11 (54.0%)	6:19	9.5 (46.1%)
413	GUMIENNY Maciej	413		M-40	123			00:00:26	00:15:19	00:29:50	00:44:54	01:00:24	01:03:25.85	01:03:52.10	+00:34:18 (54.1%)	6:20	9.5 (46.1%)
414	NOWICKA Tatiana	313		K-40	31			00:00:14	00:15:25	00:30:16	00:45:32	01:00:48	01:03:35.60	01:03:50.15	+00:34:28 (54.2%)	6:21	9.4 (45.6%)
415	CHUDECKA Beata	232		K-40	32		Diabelskie Pioruny	00:00:14	00:15:26	00:30:16	00:45:33	01:01:02	01:03:57.05	01:04:11.75	+00:34:49 (54.5%)	6:23	9.4 (45.6%)
416	WRZESIŃSKA Anna	468		K-30	42			00:00:09	00:15:06	00:30:47	00:46:03	01:01:07	01:03:57.55	01:04:06.60	+00:34:50 (54.5%)	6:23	9.4 (45.6%)
417	KWAS Piotr	390		M-40	124			00:00:04	00:13:30	00:28:19	00:44:45	01:00:54	01:03:58.50	01:04:03.10	+00:34:51 (54.5%)	6:23	9.4 (45.6%)
418	GONCIARCZYK Piotr	444		M-30	95			00:00:29	00:15:41	00:30:46	00:45:57	01:01:18	01:04:20.40	01:04:50.05	+00:35:12 (54.7%)	6:26	9.3 (45.1%)
419	GRODEK Roksana	445		K-20	13			00:00:29	00:15:41	00:30:46	00:45:57	01:01:18	01:04:20.85	01:04:50.25	+00:35:13 (54.7%)	6:26	9.3 (45.1%)
420	KOSTRZEWSKA Jolanta	399		K-30	43		#Bieganienaswesoło	00:00:00	00:14:19	00:28:14	00:42:39	01:01:28	01:04:25.50	01:04:26.35	+00:35:18 (54.8%)	6:26	9.3 (45.1%)
421	BOROWIEC Michał	402		M-30	96			00:00:35	00:15:00	00:30:06	00:45:14	01:01:14	01:04:27.35	01:05:02.35	+00:35:19 (54.8%)	6:26	9.3 (45.1%)
422	SYBILA Michał	404		M-30	97			00:00:35	00:15:00	00:30:06	00:45:14	01:01:14	01:04:27.70	01:05:02.70	+00:35:20 (54.8%)	6:26	9.3 (45.1%)
423	SAWIEŁAJC Michał	76		M-40	125		BIZON TEAM	00:00:11	00:15:01	00:30:07	00:45:53	01:01:51	01:04:59.45	01:05:10.65	+00:35:51 (55.2%)	6:29	9.2 (44.7%)
424	ŚLESIŃSKA Ewa	157		K-40	33			00:00:10	00:15:06	00:30:22	00:45:58	01:02:11	01:05:19.15	01:05:30.10	+00:36:11 (55.4%)	6:32	9.2 (44.7%)
425	ZAWISZEWSKI Adam	158		M-30	98			00:00:10	00:15:06	00:30:22	00:46:02	01:02:12	01:05:20.95	01:05:31.40	+00:36:13 (55.4%)	6:32	9.2 (44.7%)
426	AWIZEN Antoni	98		M-70	4			00:00:05	00:14:41	00:29:58	00:46:03	01:02:45	01:05:48.90	01:05:54.60	+00:36:41 (55.7%)	6:34	9.1 (44.2%)
427	MARĆ Agnieszka	420		K-40	34			00:00:13	00:16:05	00:31:17	00:46:50	01:02:50	01:05:57.50	01:06:11.00	+00:36:50 (55.8%)	6:35	9.1 (44.2%)
428	OKONSKA Malgorzata	320		K-50	3			00:00:12	00:15:42	00:31:11	00:46:52	01:02:51	01:05:58.75	01:06:11.15	+00:36:51 (55.9%)	6:35	9.1 (44.2%)
429	KOWALCZYK Łukasz	485		M-20	32		Sylwester Osielsko	00:00:22	00:15:52	00:31:21	00:47:15	01:03:44	01:06:39.70	01:07:02.40	+00:37:32 (56.3%)	6:40	9 (43.7%)
430	ŁOŻYCA Karolina	486		K-20	14		Sylwester Osielsko	00:00:22	00:15:52	00:31:20	00:47:14	01:03:44	01:06:39.90	01:07:02.55	+00:37:32 (56.3%)	6:40	9 (43.7%)
431	KAPELIŃSKI Stanisław	193		M-50	42		RODOS Team	00:00:20	00:15:24	00:31:24	00:47:36	01:04:02	01:06:43.95	01:07:04.20	+00:37:36 (56.4%)	6:40	9 (43.7%)
432	RATAJ Maciej	15		M-40	126			00:00:12	00:13:50	00:29:13	00:46:01	01:03:46	01:07:25.30	01:07:37.65	+00:38:17 (56.8%)	6:44	8.9 (43.2%)
433	CIEŚLICKI Krzysztof	220		M-30	99		SISU Team	00:00:38	00:16:40	00:32:19	00:48:12	01:04:05	01:07:26.00	01:08:04.10	+00:38:18 (56.8%)	6:44	8.9 (43.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
434	<b>SZYMAŃSKA Adrianna</b>	<b>159</b>		K-30	44			00:00:17	00:15:50	00:31:32	00:47:33	01:04:24	<b>01:07:40.65</b>	<b>01:07:57.80</b>	+00:38:33 (57.0%)	6:46	8.9 (43.2%)
435	<b>OBORSKI Łukasz</b>	<b>460</b>		M-30	100			00:00:34	00:16:41	00:32:54	00:49:11	01:05:31	<b>01:08:32.55</b>	<b>01:09:06.75</b>	+00:39:25 (57.5%)	6:51	8.8 (42.7%)
436	<b>ROŻYŃSKA Monika</b>	<b>287</b>		K-20	15			00:00:20	00:15:59	00:31:49	00:48:08	01:05:46	<b>01:08:47.45</b>	<b>01:09:08.00</b>	+00:39:39 (57.7%)	6:52	8.7 (42.2%)
437	<b>CENTKOWSKA Ewelina</b>	<b>163</b>		K-40	35		SPC	00:00:16	00:17:00	00:33:11	00:49:24	01:05:47	<b>01:08:50.35</b>	<b>01:09:06.85</b>	+00:39:42 (57.7%)	6:53	8.7 (42.2%)
438	<b>PILECKI Gustaw</b>	<b>458</b>		M-70	5			00:00:20	00:17:13	00:33:19	00:49:32	01:06:21	<b>01:09:32.80</b>	<b>01:09:53.25</b>	+00:40:25 (58.1%)	6:57	8.6 (41.7%)
439	<b>BŁASZKIEWICZ Marzena</b>	<b>196</b>		K-40	36			00:00:24	00:16:31	00:32:17	00:49:31	01:07:16	<b>01:10:18.15</b>	<b>01:10:42.75</b>	+00:41:10 (58.6%)	7:01	8.5 (41.3%)
440	<b>NOSKOWIAK-BAJNO Alicja</b>	<b>348</b>		K-40	37		ChołęKłóliki	00:00:24	00:16:30	00:32:17	00:49:29	01:07:14	<b>01:10:18.75</b>	<b>01:10:43.10</b>	+00:41:11 (58.6%)	7:01	8.5 (41.3%)
441	<b>SZULC-MIKOŁAJCZAK Lidia</b>	<b>277</b>		K-40	38			00:00:25	00:17:12	00:34:01	00:50:43	01:07:47	<b>01:10:51.40</b>	<b>01:11:16.55</b>	+00:41:43 (58.9%)	7:05	8.5 (41.3%)
442	<b>UCIŃSKI Edward</b>	<b>262</b>		M-70	6		TKKF Instalator Pelikan Szubin	00:00:08	00:16:34	00:33:21	00:50:46	01:08:26	<b>01:11:52.55</b>	<b>01:12:00.60</b>	+00:42:45 (59.5%)	7:11	8.3 (40.3%)
443	<b>PAŚ Katarzyna</b>	<b>318</b>		K-40	39		CHARTY SZELEJEWO	00:00:31	00:17:29	00:34:14	00:51:23	01:09:00	<b>01:12:12.05</b>	<b>01:12:43.75</b>	+00:43:04 (59.7%)	7:13	8.3 (40.3%)
444	<b>WADOWSKI Bartosz</b>	<b>172</b>		M-40	127			00:00:29	00:17:18	00:34:36	00:52:59	01:09:19	<b>01:12:26.40</b>	<b>01:12:55.70</b>	+00:43:18 (59.8%)	7:14	8.3 (40.3%)
445	<b>WADOWSKI Wojciech</b>	<b>422</b>		M-1	12			00:00:28	00:17:19	00:34:38	00:53:01	01:09:20	<b>01:12:27.00</b>	<b>01:12:55.95</b>	+00:43:19 (59.8%)	7:14	8.3 (40.3%)
446	<b>PISKORSKA Marta</b>	<b>454</b>		K-30	45			00:00:30	00:18:06	00:35:09	00:52:40	01:10:13	<b>01:13:30.15</b>	<b>01:14:01.10</b>	+00:44:22 (60.4%)	7:21	8.2 (39.8%)
447	<b>KUBIAK Małgorzata</b>	<b>118</b>		K-40	40			00:00:30	00:18:06	00:35:10	00:52:42	01:10:13	<b>01:13:30.20</b>	<b>01:14:01.15</b>	+00:44:22 (60.4%)	7:21	8.2 (39.8%)
448	<b>PÓŁGĘSEK Rafał</b>	<b>171</b>		M-40	128			00:00:30	00:18:07	00:35:11	00:52:41	01:10:13	<b>01:13:30.25</b>	<b>01:14:01.20</b>	+00:44:22 (60.4%)	7:21	8.2 (39.8%)
449	<b>JAKUBIEC Adrianna</b>	<b>304</b>		K-20	16			00:00:31	00:18:05	00:35:09	00:52:40	01:10:13	<b>01:13:30.30</b>	<b>01:14:01.45</b>	+00:44:22 (60.4%)	7:21	8.2 (39.8%)
450	<b>WIERZCHOWSKA Angelika</b>	<b>504</b>		K-30	46			00:00:33	00:18:12	00:35:08	00:52:44	01:10:28	<b>01:13:47.55</b>	<b>01:14:21.10</b>	+00:44:40 (60.5%)	7:22	8.1 (39.3%)
451	<b>NOWAK-WIECZOREK Elwira</b>	<b>212</b>		K-30	47			00:05:36	00:17:51	00:35:54	00:54:05	01:10:54	<b>01:14:04.20</b>	<b>01:19:40.20</b>	+00:44:56 (60.7%)	7:24	8.1 (39.3%)
452	<b>WIECZOREK Sebastian</b>	<b>213</b>		M-20	33			00:05:36	00:17:51	00:35:54	00:54:05	01:10:54	<b>01:14:04.30</b>	<b>01:19:40.30</b>	+00:44:56 (60.7%)	7:24	8.1 (39.3%)
453	<b>PASZKOWSKA Katarzyna</b>	<b>345</b>		K-40	41		CB 163	00:00:30	00:19:55	00:38:11	00:56:56	01:15:25	<b>01:18:50.30</b>	<b>01:19:20.55</b>	+00:49:42 (63.1%)	7:53	7.6 (36.9%)
454	<b>SZYCZYK Adam</b>	<b>192</b>		M-70	7		A. Szymczyk Świecie	00:00:11	00:18:24	00:36:38	00:57:19	01:21:41	<b>01:23:44.70</b>	<b>01:23:55.90</b>	+00:54:37 (65.2%)	8:22	7.2 (35.0%)
455	<b>SZYTENHOLM Oliwier</b>	<b>419</b>		M-30	101		TRISPACE/TREK	00:00:04	00:10:30	00:20:25					+00:06:16	4:12	14.3 (69.4%)
456	<b>BONALSKA Magdalena</b>	<b>139</b>		K-30	48		RUN BYDGOSZCZ	00:00:18	00:14:18	00:28:03					+00:13:53	5:47	10.4 (50.5%)
457	<b>UGOREK Darek</b>	<b>470</b>		M-40	129			00:00:10	00:15:20	00:30:57					+00:16:48	6:22	9.4 (45.6%)
458	<b>GRABOWSKI Piotr</b>	<b>315</b>		M-50	43		Brzoza Biega	00:00:35	00:16:36	00:32:54					+00:18:44	6:47	8.8 (42.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
459	<b>WOLNY Piotr</b>	<b>70</b>		M-50	44	Brzoza Biega	Brzoza Biega	00:00:02	00:10:00						+00:02:40	4:00	15 (72.8%)
460	<b>UGOREK Marcel</b>	<b>471</b>		M-1	13			00:00:09	00:15:22						+00:08:02	6:08	9.8 (47.6%)
	<b>NOWAK Felicja</b>	<b>437</b>		K-70				DNF	00:47:36 DNF	01:13:23 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	- -	<b>495</b>		Drużynowa				DNF	DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 462 wynik(ów)