



Organizator: Hotel Brzoza
Data: 2019-12-31
Miejsce: Brzoza
Dystans: 10 km

XIII BIEG SYLWESTROWY

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ZAŁEWSKI Krystian	1		M-30	1		Barnim Goleniów	00:00:00	00:07:19	00:14:10	00:21:02	00:27:51	00:29:07.50	00:29:08.40		2:54	20.6 (100%)
2	BRZEZIŃSKI Błażej	3		M-30	2	CWZS Zawisza Bydgoszcz	CWZS Zawisza Bydgoszcz	00:00:01	00:07:34	00:15:02	00:22:34	00:30:06	00:31:34.10	00:31:35.30	+00:02:26 (7.7%)	3:09	19 (92.2%)
3	TARASIUK Paweł	88		M-30	3	31 Brygada Lotnictwa Polskiego	31 Baza LOTNICTWA TAKTYCZNEGO POZNAN-KRZESINY	00:00:00	00:08:09	00:15:57	00:23:45	00:31:35	00:33:05.65	00:33:06.40	+00:03:58 (12.0%)	3:18	18.1 (87.9%)
4	ŚWIĄTKOWSKI Paweł	92		M-30	4			00:00:01	00:08:38	00:16:47	00:24:52	00:32:54	00:34:23.50	00:34:25.20	+00:05:16 (15.3%)	3:26	17.4 (84.5%)
5	PIRÓG Arkadiusz	481		M-30	5		PISFAK	00:00:01	00:08:42	00:16:52	00:25:03	00:33:16	00:34:53.35	00:34:55.15	+00:05:45 (16.5%)	3:29	17.2 (83.5%)
6	POLAŃSKI Tomasz	512		M-40	1	The Rychters		00:00:01	00:08:42	00:16:54	00:25:19	00:33:48	00:35:25.25	00:35:26.35	+00:06:17 (17.8%)	3:32	16.9 (82.0%)
7	TUCZYŃSKI Sylwester Leon	249		M-20	1	Bydgoskie Okonie	Bydgoskie Okonie	00:00:02	00:09:02	00:17:35	00:26:05	00:34:43	00:36:19.45	00:36:21.60	+00:07:11 (19.8%)	3:37	16.5 (80.1%)
8	WIWATOWSKI Michał	279		M-40	2			00:00:01	00:09:04	00:17:35	00:26:07	00:34:45	00:36:23.10	00:36:24.40	+00:07:15 (20.0%)	3:38	16.5 (80.1%)
9	MRUK Tomasz	246		M-40	3	Czarne Stopy	Czarne Stopy.SM	00:00:02	00:09:03	00:17:39	00:26:16	00:34:56	00:36:34.75	00:36:37.25	+00:07:27 (20.4%)	3:39	16.4 (79.6%)
10	MAĆKOWSKI Maciej	74		M-30	6	TEAMOCHAL	Ups Bydgoszcz/TEAMOCHAL	00:00:01	00:09:22	00:18:00	00:26:37	00:35:16	00:36:53.95	00:36:55.65	+00:07:46 (21.1%)	3:41	16.3 (79.1%)
11	ŁAZ Kamil	79		M-30	7	Bydgoskie Okonie	Bydgoskie Okonie	00:00:01	00:09:20	00:18:03	00:26:44	00:35:22	00:36:58.10	00:36:59.95	+00:07:50 (21.2%)	3:41	16.2 (78.6%)
12	DĄBROWSKI Paweł	27		M-20	2		Start Team Wąbrzeźno	00:00:01	00:09:17	00:17:54	00:26:36	00:35:19	00:37:00.80	00:37:02.50	+00:07:53 (21.3%)	3:42	16.2 (78.6%)
13	SZLINGER Jakub	280		M-30	8	TEAMOCHAL	TEAMOCHAL	00:00:02	00:09:27	00:17:56	00:26:36	00:35:27	00:37:07.45	00:37:09.95	+00:07:59 (21.5%)	3:42	16.2 (78.6%)
14	ORCHOLSKI Witold	10		M-40	4	T.S. Opatruni Toruń	T.S. Opatruni Toruń	00:00:01	00:09:36	00:18:15	00:26:57	00:35:36	00:37:15.55	00:37:17.05	+00:08:08 (21.8%)	3:43	16.1 (78.2%)
15	ŚLUSARSKI Przemysław	455		M-30	9		RUN PASJA	00:00:03	00:09:23	00:17:59	00:26:44	00:35:34	00:37:16.00	00:37:19.25	+00:08:08 (21.8%)	3:43	16.1 (78.2%)
16	KRAIŃSKI Michał	415		M-30	10			00:00:01	00:09:20	00:18:02	00:26:53	00:35:40	00:37:16.60	00:37:18.50	+00:08:09 (21.9%)	3:43	16.1 (78.2%)
17	NOWAK Dawid	473	TRAWERS TEAM NAKŁO	M-30	11	TRAWERS TEAM NAKŁO	TRAWERS TEAM NAKŁO	00:00:03	00:09:03	00:17:52	00:26:56	00:35:40	00:37:17.40	00:37:20.40	+00:08:09 (21.9%)	3:43	16.1 (78.2%)
18	KUŁAKOWSKI Krzysztof	89		M-30	12		RUN PASJA	00:00:03	00:09:23	00:18:00	00:26:45	00:35:41	00:37:28.90	00:37:32.15	+00:08:21 (22.3%)	3:44	16 (77.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
19	PIOTROWSKI Radosław	61		M-30	13			00:00:05	00:09:15	00:18:04	00:26:59	00:35:55	00:37:36.55	00:37:42.10	+00:08:29 (22.6%)	3:45	16 (77.7%)
20	KLINIEWSKI Maciej	134		M-20	3	Sylwester Osielsko	Sylwester Osielsko	00:00:02	00:09:22	00:18:17	00:27:20	00:36:08	00:37:42.75	00:37:44.95	+00:08:35 (22.8%)	3:46	15.9 (77.2%)
21	LENC Sebastian	128		M-40	5	TKKF Kolejarz Bydgoszcz	TKKF Kolejarz Bydgoszcz	00:00:01	00:09:18	00:18:07	00:27:03	00:36:02	00:37:47.75	00:37:49.15	+00:08:40 (22.9%)	3:46	15.9 (77.2%)
22	MOKRZYCKI Rafał	368		M-40	6		TG SOKÓŁ GNIEWKOWO	00:00:01	00:09:31	00:18:21	00:27:14	00:36:08	00:37:49.95	00:37:51.60	+00:08:42 (23.0%)	3:47	15.9 (77.2%)
23	CHRZĄSZCZ Bartosz	238		M-20	4		BRZEZIŃSKI RUN CLUB	00:00:01	00:09:09	00:18:05	00:27:06	00:36:18	00:37:53.05	00:37:54.75	+00:08:45 (23.1%)	3:47	15.8 (76.7%)
24	KOWALCZYK Marek	9	BRZOZA BIEGA	M-40	7	Brzoza Biega	Brzoza Biega	00:00:01	00:09:19	00:18:04	00:27:03	00:36:10	00:37:53.55	00:37:55.40	+00:08:46 (23.1%)	3:47	15.8 (76.7%)
25	ŻYCZIŃSKI Michał	178		M-30	14	TEAMOCHAL	TEAMOCHAL	00:00:02	00:09:30	00:18:24	00:27:24	00:36:15	00:37:54.40	00:37:56.85	+00:08:46 (23.2%)	3:47	15.8 (76.7%)
26	BIAŁEK Dawid	474		M-30	15	TRAWERS TEAM NAKŁO	TRAWERS TEAM NAKŁO	00:00:02	00:09:31	00:18:24	00:27:21	00:36:16	00:37:58.30	00:38:00.80	+00:08:50 (23.3%)	3:47	15.8 (76.7%)
27	SOBIERAŁSKI Rafał	69		M-40	8			00:00:03	00:09:29	00:18:24	00:27:23	00:36:20	00:38:03.30	00:38:06.50	+00:08:55 (23.5%)	3:48	15.8 (76.7%)
28	GROCHOWIAK Piotr	137		M-30	16			00:00:02	00:09:29	00:18:25	00:27:24	00:36:25	00:38:07.85	00:38:10.05	+00:09:00 (23.6%)	3:48	15.7 (76.2%)
29	MACZYŃSKI Grzegorz	274		M-50	1	TKKF Kolejarz Bydgoszcz	TKKF Kolejarz Bydgoszcz	00:00:01	00:09:31	00:18:26	00:27:25	00:36:25	00:38:08.60	00:38:10.00	+00:09:01 (23.6%)	3:48	15.7 (76.2%)
30	BAK Oskar	434		M-30	17			00:00:02	00:09:26	00:18:22	00:27:25	00:36:29	00:38:16.00	00:38:18.80	+00:09:08 (23.9%)	3:49	15.7 (76.2%)
31	STACHOWICZ Wiesław	366		M-40	9	Brzoza Biega	Brzoza Biega	00:00:03	00:09:41	00:18:43	00:27:43	00:36:41	00:38:19.50	00:38:22.70	+00:09:12 (24.0%)	3:49	15.7 (76.2%)
32	SENGER Michał	337		M-30	18	Pałuki Running Team	Pałuki Running Team	00:00:03	00:09:28	00:18:22	00:27:25	00:36:36	00:38:22.30	00:38:26.20	+00:09:14 (24.1%)	3:50	15.6 (75.7%)
33	TOMASZEWSKI Maciej	488		M-30	19			00:00:01	00:08:42	00:17:31	00:27:14	00:37:16	00:38:52.00	00:38:53.10	+00:09:44 (25.1%)	3:53	15.4 (74.8%)
34	JAGODZIŃSKI Mateusz	42		M-20	5	Bydgoskie Okonie	Bydgoskie Okonie	00:00:02	00:09:29	00:18:23	00:27:42	00:37:09	00:38:54.15	00:38:56.35	+00:09:46 (25.1%)	3:53	15.4 (74.8%)
35	DUCHIŃSKI Wojciech	174		M-50	2	Brzoza Biega	Brzoza Biega	00:00:03	00:09:50	00:18:54	00:28:01	00:37:05	00:38:55.95	00:38:59.10	+00:09:48 (25.2%)	3:53	15.4 (74.8%)
36	ŚWIERCZYŃSKI Julian	222		M-1	1	KS ZRYW RADZIEJÓW	KS ZRYW RADZIEJÓW	00:00:00	00:08:35	00:19:12	00:28:18	00:28:35	00:39:01.15	00:39:01.15	+00:09:53 (25.4%)	3:54	15.4 (74.8%)
37	JAROSZEWSKI Jan	336		M-1	2			00:00:02	00:09:32	00:18:45	00:28:07	00:37:23	00:39:01.30	00:39:03.90	+00:09:53 (25.4%)	3:54	15.4 (74.8%)
38	KUBANEK Łukasz	144		M-30	20	TEAMOCHAL	TEAMOCHAL	00:00:03	00:09:43	00:18:52	00:28:06	00:37:19	00:39:04.95	00:39:08.00	+00:09:57 (25.5%)	3:54	15.4 (74.8%)
39	GONDEK Rafał	283		M-30	21	TRAWERS TEAM NAKŁO		00:00:05	00:09:35	00:18:31	00:27:57	00:37:16	00:39:05.35	00:39:10.50	+00:09:57 (25.5%)	3:54	15.4 (74.8%)
40	MATUSZEWSKI Karol	11		M-30	22	Wilki Koszalin	Wilki Koszalin	00:00:03	00:09:54	00:19:04	00:28:24	00:37:28	00:39:11.25	00:39:15.10	+00:10:03 (25.7%)	3:55	15.3 (74.3%)
41	WESIORA Mariusz	170		M-50	3	Diabelskie Pioruny	Diabelskie Pioruny	00:00:01	00:09:31	00:18:43	00:28:11	00:37:41	00:39:29.45	00:39:31.10	+00:10:21 (26.2%)	3:57	15.2 (73.8%)
42	RYCHTER Karol	210		M-40	10	The Rychters		00:00:03	00:09:27	00:18:42	00:28:10	00:37:44	00:39:31.90	00:39:35.10	+00:10:24 (26.3%)	3:57	15.2 (73.8%)
43	MAGDZIARZ Jakub	252		M-30	23			00:00:03	00:09:41	00:18:55	00:28:20	00:37:44	00:39:34.15	00:39:38.00	+00:10:26 (26.4%)	3:57	15.2 (73.8%)
44	KWIATKOWSKI Daniel	482		M-30	24			00:00:05	00:09:57	00:19:06	00:28:21	00:37:46	00:39:36.20	00:39:41.20	+00:10:28 (26.5%)	3:57	15.2 (73.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
45	RZESZOTARSKI Daniel	160		M-30	25			00:00:03	00:09:47	00:19:05	00:28:35	00:38:01	00:39:47.00	00:39:50.05	+00:10:39 (26.8%)	3:58	15.1 (73.3%)
46	WARSZAWSKI Przemysław	330		M-30	26	8 K-P BOT	8 K-P BOT	00:00:01	00:09:53	00:19:13	00:28:47	00:38:11	00:39:54.55	00:39:56.50	+00:10:47 (27.0%)	3:59	15 (72.8%)
47	SZCZEPANIAK Cezary	489		M-40	11			00:00:02	00:09:50	00:19:10	00:28:46	00:38:20	00:39:59.40	00:40:02.30	+00:10:51 (27.2%)	4:00	15 (72.8%)
47	KRUPA Piotr	153		M-30	27		Woodrunners	00:00:03	00:09:49	00:19:10	00:28:46	00:38:18	00:39:59.40	00:40:03.00	+00:10:51 (27.2%)	4:00	15 (72.8%)
49	RUCIŃSKI Marcin	321		M-40	12		TRIBA Bosir Barcin	00:00:02	00:09:29	00:18:24	00:28:36	00:38:11	00:40:02.30	00:40:04.75	+00:10:54 (27.3%)	4:00	15 (72.8%)
50	GUBAŃSKI Szymon	285		M-20	6	Diabelskie Pioruny	Diabelskie Pioruny	00:00:02	00:09:30	00:18:42	00:28:12	00:38:10	00:40:05.85	00:40:08.10	+00:10:58 (27.4%)	4:00	15 (72.8%)
51	MARCHEL Tomasz	96		M-30	28			00:00:01	00:09:49	00:19:13	00:28:46	00:38:19	00:40:06.70	00:40:08.65	+00:10:59 (27.4%)	4:00	15 (72.8%)
52	KRZYWDZIŃSKI Dominik	442		M-1	3		UKB Szubin	00:00:04	00:10:05	00:19:19	00:28:56	00:38:36	00:40:15.85	00:40:20.05	+00:11:08 (27.7%)	4:01	14.9 (72.3%)
53	JASTRZĘBSKI Krzysztof	375		M-40	13			00:00:03	00:10:12	00:19:42	00:29:10	00:38:33	00:40:18.30	00:40:21.85	+00:11:10 (27.7%)	4:01	14.9 (72.3%)
54	KALACZYŃSKI Miłosz	13		M-20	7		Polonia Bydgoszcz SLA	00:00:04	00:10:14	00:19:41	00:29:10	00:38:35	00:40:18.75	00:40:23.60	+00:11:11 (27.8%)	4:01	14.9 (72.3%)
55	SZOCH Tomasz	293		M-40	14		Mrozbike Team	00:00:04	00:10:03	00:19:32	00:29:06	00:38:32	00:40:25.70	00:40:30.25	+00:11:18 (28.0%)	4:02	14.8 (71.8%)
56	RYCHTER Marcin	483	THE RYCHTERS	M-40	15	The Rychters		00:00:09	00:10:03	00:19:30	00:29:10	00:38:47	00:40:40.15	00:40:49.50	+00:11:32 (28.4%)	4:04	14.8 (71.8%)
57	CZUK Marek	370		M-60	1			00:00:02	00:10:11	00:19:43	00:29:15	00:38:56	00:40:48.70	00:40:50.90	+00:11:41 (28.6%)	4:04	14.7 (71.4%)
58	ZIENKIEWICZ Janusz	364		M-40	16	TRISPACE/TREK	TRISPACE/TREK	00:00:03	00:10:30	00:20:25	00:30:05	00:39:12	00:40:54.40	00:40:58.25	+00:11:46 (28.8%)	4:05	14.7 (71.4%)
59	RACZYŃSKI Krzysztof	49		M-50	4		Biegający Filozof Team	00:00:03	00:10:11	00:19:42	00:29:14	00:39:00	00:40:57.65	00:41:00.95	+00:11:50 (28.9%)	4:05	14.7 (71.4%)
60	GÓRNY Wojciech	294		M-40	17		TRISPACE/TREK	00:00:03	00:10:00	00:19:19	00:30:08	00:39:16	00:41:02.35	00:41:05.75	+00:11:54 (29.0%)	4:06	14.6 (70.9%)
61	CHMURZYŃSKI Tomasz	241		M-50	5	TKKF Kolejarz Bydgoszcz	TKKF Kolejarz Bydgoszcz	00:00:01	00:09:42	00:19:24	00:29:19	00:39:10	00:41:03.50	00:41:04.60	+00:11:56 (29.1%)	4:06	14.6 (70.9%)
62	BŁASZAK Łukasz	359		M-30	29		'BUBA' Solec Kujawski	00:00:03	00:10:27	00:20:09	00:29:49	00:39:23	00:41:06.10	00:41:09.65	+00:11:58 (29.1%)	4:06	14.6 (70.9%)
63	KUNZ Mieczysław	244		M-40	18		UMK Toruń	00:00:02	00:09:57	00:19:42	00:29:25	00:39:16	00:41:09.30	00:41:12.20	+00:12:01 (29.2%)	4:07	14.6 (70.9%)
64	PRĄDZYŃSKI Marcin	40		M-40	19		AMS Triathlon	00:00:04	00:10:27	00:20:00	00:29:43	00:39:15	00:41:14.20	00:41:18.55	+00:12:06 (29.4%)	4:07	14.6 (70.9%)
65	GAŚSIOROWSKI Grzegorz	229		M-40	20	WKB Maratończyk Włocławek		00:00:15	00:10:01	00:19:35	00:29:30	00:39:31	00:41:26.55	00:41:41.65	+00:12:19 (29.7%)	4:08	14.5 (70.4%)
66	TOMASZEWSKI Mirosław	122		M-40	21			00:00:01	00:09:54	00:19:44	00:29:52	00:39:33	00:41:30.45	00:41:32.40	+00:12:22 (29.8%)	4:09	14.5 (70.4%)
67	BOMBICKI Miłosz	255		M-30	30			00:00:07	00:10:39	00:20:27	00:30:15	00:39:50	00:41:38.45	00:41:45.75	+00:12:30 (30.1%)	4:09	14.4 (69.9%)
68	WIĘCKOWSKI Dariusz	18		M-30	31		AMS Triathlon	00:00:04	00:10:25	00:20:18	00:30:30	00:39:54	00:41:44.65	00:41:48.65	+00:12:37 (30.2%)	4:10	14.4 (69.9%)
69	MICHAŁSKI Adam	405		M-40	22			00:00:05	00:10:02	00:19:40	00:29:40	00:39:48	00:41:45.05	00:41:50.30	+00:12:37 (30.2%)	4:10	14.4 (69.9%)
70	NOWOSIELSKI Piotr	477		M-40	23		LKS ZANTYR SZTUM	00:00:06	00:10:18	00:20:05	00:29:59	00:39:54	00:41:45.40	00:41:52.20	+00:12:37 (30.3%)	4:10	14.4 (69.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
71	OLKOWSKI Jurek	265		M-60	2		The Runners Świecie	00:00:03	00:10:10	00:19:43	00:29:43	00:39:54	00:41:46.75	00:41:49.80	+00:12:39 (30.3%)	4:10	14.4 (69.9%)
71	FURTAK Tomasz	151		M-40	24	56. Baza Lotnicza	56. Baza Lotnicza	00:00:06	00:10:43	00:20:29	00:30:16	00:39:54	00:41:46.75	00:41:52.90	+00:12:39 (30.3%)	4:10	14.4 (69.9%)
73	LEWANDOWSKI Tomasz	346		M-30	32			00:00:16	00:10:16	00:20:05	00:30:07	00:40:05	00:41:52.40	00:42:09.10	+00:12:44 (30.4%)	4:11	14.3 (69.4%)
74	BARCZAK Piotr	176		M-50	6	Brzoza Biega	Brzoza Biega	00:00:04	00:10:41	00:20:35	00:30:32	00:40:19	00:42:15.15	00:42:20.10	+00:13:07 (31.1%)	4:13	14.2 (68.9%)
75	SAWIEŁAJC Jakub	65		M-20	8		FUJI KRYSPORT TEAM	00:00:09	00:10:35	00:20:23	00:30:23	00:40:31	00:42:26.55	00:42:35.75	+00:13:19 (31.4%)	4:14	14.1 (68.4%)
76	GŁOGOWSKI Krzysztof	66		M-40	25			00:00:00	00:10:14	00:20:13	00:30:26	00:40:34	00:42:32.40	00:42:32.40	+00:13:24 (31.5%)	4:15	14.1 (68.4%)
77	ŚWITAL Leszek	448		M-40	26		Morsy Margonin-TAZAR	00:00:09	00:10:59	00:20:57	00:30:56	00:40:49	00:42:34.95	00:42:44.75	+00:13:27 (31.6%)	4:15	14.1 (68.4%)
78	KRZEŚNIAK Wojciech	175		M-30	33	Diabelskie Pioruny	Diabelskie Pioruny	00:00:03	00:09:48	00:19:53	00:30:06	00:40:34	00:42:38.75	00:42:42.10	+00:13:31 (31.7%)	4:15	14.1 (68.4%)
79	KOWALSKI Jacek	356		M-40	27			00:00:06	00:10:35	00:20:29	00:30:42	00:40:50	00:42:41.90	00:42:48.05	+00:13:34 (31.8%)	4:16	14.1 (68.4%)
80	WACHOWSKI Karol	123		M-40	28			00:00:07	00:10:57	00:21:13	00:31:18	00:41:13	00:42:59.00	00:43:06.90	+00:13:51 (32.2%)	4:17	14 (68.0%)
81	KŁOSOWSKI Marcin	140		M-40	29		Grupa Bankietowa Specjal	00:00:03	00:10:58	00:21:00	00:31:00	00:41:00	00:43:01.25	00:43:04.80	+00:13:53 (32.3%)	4:18	13.9 (67.5%)
82	MOGILNICKI Dominik	206		M-20	9			00:00:11	00:10:54	00:21:08	00:31:19	00:41:18	00:43:10.60	00:43:21.70	+00:14:03 (32.5%)	4:19	13.9 (67.5%)
83	BARTOSZ Marek	31		M-40	30			00:00:03	00:10:08	00:20:16	00:30:54	00:41:20	00:43:10.65	00:43:14.45	+00:14:03 (32.5%)	4:19	13.9 (67.5%)
84	HIRT Tomasz	328		M-30	34		Endurance Coaching System CB163	00:00:10	00:10:49	00:20:51	00:31:01	00:41:16	00:43:14.90	00:43:25.30	+00:14:07 (32.7%)	4:19	13.9 (67.5%)
85	BEDRA Robert	254		M-30	35	Czarne Stopy	Czarne Stopy	00:00:06	00:10:59	00:21:14	00:31:26	00:41:22	00:43:16.55	00:43:22.70	+00:14:09 (32.7%)	4:19	13.9 (67.5%)
86	WIŚNIEWSKI Zbigniew	29		M-50	7	Brzoza Biega	Brzoza Biega	00:00:01	00:10:30	00:20:46	00:31:06	00:41:21	00:43:17.15	00:43:18.80	+00:14:09 (32.7%)	4:19	13.9 (67.5%)
87	SZULC Andrzej	440		M-40	31			00:00:08	00:10:37	00:20:48	00:31:16	00:41:39	00:43:36.30	00:43:45.00	+00:14:28 (33.2%)	4:21	13.8 (67.0%)
88	KOŁAKOWSKI Tomasz	508		M-30	36			00:00:11	00:10:48	00:20:54	00:31:23	00:41:45	00:43:39.15	00:43:50.75	+00:14:31 (33.3%)	4:21	13.7 (66.5%)
89	BUZALSKI Robert	75		M-40	32		Orange Polska	00:00:03	00:10:16	00:20:33	00:31:09	00:41:42	00:43:40.30	00:43:43.85	+00:14:32 (33.3%)	4:22	13.7 (66.5%)
90	WIŚNIEWSKI Leszek	231		M-50	8		Brzoza Brzoza	00:00:08	00:10:36	00:20:49	00:31:25	00:41:51	00:43:43.85	00:43:52.10	+00:14:36 (33.4%)	4:22	13.7 (66.5%)
91	BOŁKA Szymon	53		M-30	37			00:00:11	00:10:49	00:20:54	00:31:23	00:41:47	00:43:44.05	00:43:55.95	+00:14:36 (33.4%)	4:22	13.7 (66.5%)
92	MARĆ Robert	421	KATOLIK TEAM	M-40	33	Katolik Team		00:00:12	00:11:03	00:21:22	00:31:46	00:41:55	00:43:45.85	00:43:58.70	+00:14:38 (33.5%)	4:22	13.7 (66.5%)
93	LEWANDOWSKI Bartłomiej	374		M-20	10		TSK Orzeł Osiek	00:00:06	00:10:30	00:20:32	00:31:02	00:41:50	00:43:49.70	00:43:56.20	+00:14:42 (33.5%)	4:23	13.7 (66.5%)
94	KAZUBOWSKI Jacek	110		M-50	9		TriDarKo	00:00:04	00:10:58	00:21:12	00:31:35	00:41:59	00:43:54.60	00:43:59.55	+00:14:47 (33.7%)	4:23	13.7 (66.5%)
95	GIERACH Marcin	372		M-40	34		Damian Rudnik Team	00:00:04	00:10:43	00:21:00	00:31:30	00:42:06	00:43:56.05	00:44:00.95	+00:14:48 (33.7%)	4:23	13.7 (66.5%)
96	MONDRY Waldemar	191		M-50	10			00:00:07	00:10:51	00:21:10	00:31:39	00:42:00	00:43:57.05	00:44:04.20	+00:14:49 (33.7%)	4:23	13.7 (66.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
97	HERMELIN Wojciech	253	KATOLIK TEAM	M-40	35		Kancelaria HMM	00:00:04	00:10:29	00:20:41	00:31:16	00:41:55	00:43:57.30	00:44:02.25	+00:14:49 (33.7%)	4:23	13.6 (66.0%)
98	KOSZOWSKI Rafał	273		M-40	36	Katolik Team		00:00:04	00:10:28	00:20:50	00:31:30	00:42:02	00:43:59.65	00:44:04.50	+00:14:52 (33.8%)	4:24	13.6 (66.0%)
99	WIERZBOWSKI Piotr	248		M-40	37		TEAM KOPEĆ	00:00:10	00:10:42	00:20:54	00:31:22	00:42:00	00:44:03.40	00:44:13.80	+00:14:55 (33.9%)	4:24	13.6 (66.0%)
100	CHUDECKI Robert	233		M-40	38		Diabelskie Pioruny	00:00:02	00:10:02	00:20:24	00:31:12	00:42:07	00:44:07.05	00:44:09.50	+00:14:59 (34.0%)	4:24	13.6 (66.0%)
101	GABRYCH Maciej	245		M-30	38	Czarne Stopy	Czarne Stopy	00:00:05	00:11:05	00:21:35	00:32:01	00:42:25	00:44:11.85	00:44:17.40	+00:15:04 (34.1%)	4:25	13.6 (66.0%)
102	CZEPEK Aleksander	209		M-60	3	Brzoza Biega	Brzoza Biega	00:00:05	00:11:02	00:21:34	00:31:51	00:42:17	00:44:14.55	00:44:19.70	+00:15:07 (34.2%)	4:25	13.6 (66.0%)
103	MICHALEWSKI Bartosz	349		M-40	39		LUCKY LUCK	00:00:10	00:11:17	00:21:37	00:32:01	00:42:24	00:44:16.70	00:44:27.40	+00:15:09 (34.2%)	4:25	13.5 (65.5%)
104	NAPIERAŁA Mikołaj	28		M-20	11		SBRT Bydgoszcz	00:00:05	00:10:28	00:20:25	00:31:36	00:42:31	00:44:20.70	00:44:26.65	+00:15:13 (34.3%)	4:26	13.5 (65.5%)
105	MACIŃSKI Waldemar	108		M-30	39		Triathlon Konsulting- Dariusz Olewiński	00:00:03	00:10:31	00:20:59	00:31:43	00:42:19	00:44:21.90	00:44:24.95	+00:15:14 (34.4%)	4:26	13.5 (65.5%)
106	RYBCZYŃSKI Łukasz	93		M-20	12			00:00:09	00:10:56	00:21:10	00:31:41	00:42:21	00:44:23.10	00:44:32.70	+00:15:15 (34.4%)	4:26	13.5 (65.5%)
107	BALCEREK Mateusz	400		M-30	40			00:00:05	00:10:47	00:21:18	00:31:56	00:42:33	00:44:24.60	00:44:30.45	+00:15:17 (34.4%)	4:26	13.5 (65.5%)
108	JUREK Piotr	152		M-50	11		BBL Szubin	00:00:12	00:11:13	00:21:38	00:31:57	00:42:27	00:44:30.10	00:44:42.80	+00:15:22 (34.6%)	4:27	13.5 (65.5%)
109	NAGOW Michał	385		M-40	40			00:00:15	00:11:23	00:21:49	00:32:12	00:42:38	00:44:35.65	00:44:51.55	+00:15:28 (34.7%)	4:27	13.5 (65.5%)
110	WIŚNIEWSKI Maciej	342		M-40	41			00:00:21	00:11:22	00:21:40	00:32:10	00:42:41	00:44:42.30	00:45:03.55	+00:15:34 (34.9%)	4:28	13.4 (65.0%)
111	KOŁACKI Jarosław	492		M-30	41			00:00:13	00:10:45	00:21:05	00:31:54	00:42:42	00:44:45.25	00:44:58.40	+00:15:37 (34.9%)	4:28	13.4 (65.0%)
112	DAWIDOWICZ Maciej	188		M-40	42		TRISPACE/TREK	00:00:08	00:11:16	00:21:40	00:32:10	00:42:46	00:44:45.60	00:44:54.00	+00:15:38 (34.9%)	4:28	13.4 (65.0%)
113	HENDRZAK Sylwester	388		M-30	42		MISYL three sport	00:00:20	00:11:09	00:21:34	00:32:21	00:42:58	00:44:47.90	00:45:08.60	+00:15:40 (35.0%)	4:28	13.4 (65.0%)
114	NAMIEŚNIK Krzysztof	80		M-40	43	56. Baza Lotnicza	KrzysieKN	00:00:15	00:11:12	00:21:33	00:32:11	00:42:51	00:44:53.40	00:45:08.50	+00:15:45 (35.1%)	4:29	13.4 (65.0%)
115	WINIARSKI Grzegorz	263		M-40	44	The Runners Świecie	The Runners Świecie	00:00:09	00:11:32	00:21:54	00:32:22	00:42:54	00:44:54.50	00:45:03.65	+00:15:47 (35.1%)	4:29	13.4 (65.0%)
116	KOWALIKOWSKI Daniel	331		M-20	13			00:00:05	00:11:34	00:22:05	00:32:34	00:42:54	00:45:01.05	00:45:06.70	+00:15:53 (35.3%)	4:30	13.3 (64.6%)
117	CZARNECKI Piotr	510	BRZOZA BIEGA	M-40	45	Brzoza Biega		00:00:06	00:10:39	00:20:59	00:31:54	00:43:22	00:45:13.05	00:45:19.60	+00:16:05 (35.6%)	4:31	13.3 (64.6%)
118	KANIA Krzysztof	334		M-20	14	56. Baza Lotnicza		00:00:06	00:11:10	00:21:42	00:32:28	00:43:23	00:45:17.45	00:45:24.25	+00:16:09 (35.7%)	4:31	13.2 (64.1%)
119	DĘBIEC Andrzej	107		M-30	43			00:00:07	00:11:17	00:21:46	00:32:26	00:43:17	00:45:18.00	00:45:25.60	+00:16:10 (35.7%)	4:31	13.2 (64.1%)
120	PŁACZKIEWICZ Robert	44		M-30	44	Polonia Bydgoszcz SLA	Polonia Bydgoszcz SLA	00:00:11	00:11:08	00:21:45	00:32:31	00:43:26	00:45:23.15	00:45:34.90	+00:16:15 (35.8%)	4:32	13.2 (64.1%)
121	LEWANDOWSKI Rafał	84		M-30	45		SPC	00:00:12	00:10:40	00:21:15	00:32:10	00:43:20	00:45:26.40	00:45:38.40	+00:16:18 (35.9%)	4:32	13.2 (64.1%)
122	RENC Patryk	291		M-30	46		Serce Tybetu	00:00:08	00:11:46	00:22:27	00:33:13	00:43:38	00:45:28.25	00:45:37.15	+00:16:20 (35.9%)	4:32	13.2 (64.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
123	GRZEGOCKI Piotr	449		M-30	47		Strzelno	00:00:06	00:11:01	00:21:34	00:32:39	00:43:45	00:45:35.55	00:45:42.20	+00:16:28 (36.1%)	4:33	13.2 (64.1%)
124	TROJAK Jakub	387		M-1	4			00:00:04	00:11:43	00:22:50	00:33:43	00:43:50	00:45:35.70	00:45:40.25	+00:16:28 (36.1%)	4:33	13.2 (64.1%)
125	STROMCZYŃSKI Wiesław	465		M-60	4		Tuptuś Borówno	00:00:37	00:11:35	00:22:16	00:32:57	00:43:35	00:45:40.75	00:46:18.70	+00:16:33 (36.2%)	4:34	13.1 (63.6%)
126	BYRTEK Marcin	462		M-40	46			00:00:14	00:11:27	00:22:04	00:32:47	00:43:39	00:45:42.75	00:45:57.45	+00:16:35 (36.3%)	4:34	13.1 (63.6%)
127	JUSCZYK Mirosław	459		M-20	15			00:00:21	00:12:04	00:22:51	00:33:32	00:43:47	00:45:46.15	00:46:07.65	+00:16:38 (36.4%)	4:34	13.1 (63.6%)
128	RYDLEWSKI Marek	26		M-40	47	RUN BYDGOSZCZ	RUN BYDGOSZCZ	00:00:12	00:12:15	00:23:13	00:33:42	00:44:01	00:45:52.15	00:46:04.45	+00:16:44 (36.5%)	4:35	13.1 (63.6%)
129	KANARKOWSKI Stanisław	169		M-50	12			00:00:10	00:11:40	00:22:25	00:33:15		00:46:04.10	00:46:15.00	+00:16:56 (36.8%)	4:36	13 (63.1%)
130	PUCHACZ Marcin	142		M-30	48			00:00:11	00:11:19	00:22:08	00:33:20	00:44:05	00:46:07.10	00:46:18.10	+00:16:59 (36.8%)	4:36	13 (63.1%)
131	MORITZ Rafał	33		M-40	48	#slimakibarcin	#slimakibarcin	00:00:19	00:12:05	00:22:50	00:33:44	00:44:09	00:46:08.60	00:46:27.80	+00:17:01 (36.9%)	4:36	13 (63.1%)
132	SOBAŃSKI Michał	267		M-30	49			00:00:16	00:11:07	00:22:07	00:33:20	00:44:21	00:46:14.65	00:46:31.25	+00:17:07 (37.0%)	4:37	13 (63.1%)
133	TRYT Maciej	509		M-30	50			00:00:06	00:10:40	00:21:23	00:32:52	00:43:46	00:46:16.30	00:46:22.90	+00:17:08 (37.1%)	4:37	13 (63.1%)
134	STEMPNIAK Krzysztof	50		M-40	49			00:00:05	00:11:27	00:22:15	00:33:18	00:44:17	00:46:20.75	00:46:26.40	+00:17:13 (37.2%)	4:38	12.9 (62.6%)
135	ZIMNY Marek	438		M-50	13			00:00:08	00:11:15	00:22:02	00:33:21	00:44:29	00:46:22.80	00:46:31.60	+00:17:15 (37.2%)	4:38	12.9 (62.6%)
136	TOMTAS Konrad	433		M-40	50	56. Baza Lotnicza	56 BLot	00:00:15	00:11:33	00:22:26	00:33:46	00:44:24	00:46:26.90	00:46:42.15	+00:17:19 (37.3%)	4:38	12.9 (62.6%)
137	KUJAWA Daniel	32		M-30	51		56. Baza Lotnicza	00:00:06	00:11:12	00:21:59	00:33:16	00:44:31	00:46:42.90	00:46:49.60	+00:17:35 (37.7%)	4:40	12.8 (62.1%)
138	PAWLACZYK Szymon	48		M-30	52			00:00:36	00:12:48	00:23:37	00:34:17	00:44:41	00:46:47.70	00:47:24.40	+00:17:40 (37.8%)	4:40	12.8 (62.1%)
139	ANDRZEJEWSKI Paweł	221		M-40	51		Ultra Szaleńcy	00:00:07	00:11:31	00:22:42	00:33:58	00:44:49	00:46:50.00	00:46:57.30	+00:17:42 (37.8%)	4:41	12.8 (62.1%)
140	WILLMA Jarosław	8		M-50	14	Brzoza Biega	Brzoza Biega	00:00:35	00:12:00	00:22:53	00:34:01	00:44:50	00:46:50.40	00:47:25.65	+00:17:42 (37.8%)	4:41	12.8 (62.1%)
141	ADAMIEC Marek	135		M-20	16		W.P.K. Słoń Team Ustka	00:00:18	00:11:47	00:22:44	00:33:53	00:44:45	00:46:56.40	00:47:14.40	+00:17:48 (38.0%)	4:41	12.8 (62.1%)
142	SKRZECZEWSKI Bartosz	243		M-30	53			00:00:11	00:11:26	00:22:28	00:33:45	00:44:51	00:46:59.05	00:47:10.85	+00:17:51 (38.0%)	4:41	12.8 (62.1%)
143	WYKRZYKOWSKI Andrzej	195		M-60	5			00:00:27	00:14:49	00:29:31	00:44:14		00:47:03.15	00:47:30.90	+00:17:55 (38.1%)	4:42	12.8 (62.1%)
144	GLIWKA Artur	325		M-30	54	56. Baza Lotnicza	1 BLWL	00:00:14	00:11:30	00:22:23	00:33:46	00:45:14	00:47:19.85	00:47:34.55	+00:18:12 (38.5%)	4:44	12.7 (61.7%)
145	GACKOWSKI Krzysztof	35		M-40	52		IRON & ONE TEAM	00:00:07	00:11:19	00:22:25	00:33:55	00:45:15	00:47:22.20	00:47:30.05	+00:18:14 (38.5%)	4:44	12.7 (61.7%)
146	PAWŁOWSKI Radosław	339		M-50	15			00:00:21	00:12:06	00:23:13	00:34:16	00:45:20	00:47:24.45	00:47:46.10	+00:18:16 (38.6%)	4:44	12.7 (61.7%)
147	GROTA Artur	257		M-40	53			00:00:04	00:11:29	00:22:26	00:33:44	00:45:16	00:47:25.05	00:47:30.00	+00:18:17 (38.6%)	4:44	12.6 (61.2%)
148	KRAWISZ Maciej	354		M-40	54		LP 500	00:00:12	00:12:15	00:23:24	00:34:22	00:45:24	00:47:28.35	00:47:40.65	+00:18:20 (38.6%)	4:44	12.6 (61.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
149	RÓŻYCKI Waldemar	272	KATOLIK TEAM	M-40	55	Katolik Team		00:00:12	00:11:37	00:23:02	00:34:30	00:45:29	00:47:28.60	00:47:41.25	+00:18:21 (38.7%)	4:44	12.6 (61.2%)
150	KANTORSKI Zbysław	207		M-50	16		Coca-Cola Runners	00:00:18	00:12:21	00:23:22	00:34:25	00:45:27	00:47:29.65	00:47:48.35	+00:18:22 (38.7%)	4:45	12.6 (61.2%)
151	ŚWIĘCICKI Andrzej	106		M-40	56			00:00:14	00:11:50	00:22:52	00:34:04	00:45:22	00:47:29.70	00:47:43.90	+00:18:22 (38.7%)	4:44	12.6 (61.2%)
152	GRZEGORZEWSKI Rafał	341		M-40	57			00:00:10	00:12:02	00:23:00	00:34:08	00:45:29	00:47:31.65	00:47:42.60	+00:18:24 (38.7%)	4:45	12.6 (61.2%)
153	STARSZAK Paweł	479		M-40	58			00:00:08	00:11:37	00:22:49	00:34:20	00:45:41	00:47:41.65	00:47:50.00	+00:18:34 (38.9%)	4:46	12.6 (61.2%)
154	WIŚNIEWSKI Jakub	284		M-20	17		Tornado	00:00:08	00:11:44	00:23:09	00:34:38	00:45:47	00:47:45.55	00:47:53.80	+00:18:38 (39.0%)	4:46	12.6 (61.2%)
155	SZEWS Marek	113		M-40	59		AMS Triathlon Bydgoszcz Akademia Mistrzów Sportu	00:00:24	00:11:49	00:22:47	00:34:11	00:45:41	00:47:50.20	00:48:14.55	+00:18:42 (39.1%)	4:47	12.5 (60.7%)
156	ŻYWICA Adam	383		M-40	60		Brzoza Biega	00:00:22	00:12:33	00:24:01	00:35:02	00:45:56	00:47:54.40	00:48:17.25	+00:18:46 (39.2%)	4:47	12.5 (60.7%)
157	SOBCZAK Krzysztof	394		M-40	61		Kris Team	00:00:23	00:12:14	00:23:15	00:34:27	00:45:46	00:47:55.05	00:48:18.30	+00:18:47 (39.2%)	4:47	12.5 (60.7%)
158	KOLMAJER Rafał	25		M-30	55		ForsportPolska Team	00:00:23	00:12:13	00:23:15	00:34:26	00:45:45	00:47:55.55	00:48:18.55	+00:18:48 (39.2%)	4:47	12.5 (60.7%)
159	KUNKE Tomasz	97		M-40	62		13WOG Grudziądz	00:00:17	00:11:49	00:22:51	00:34:18		00:47:57.95	00:48:15.75	+00:18:50 (39.3%)	4:47	12.5 (60.7%)
160	KRUSZYNA Adam	99		M-50	17			00:00:03	00:11:42	00:23:06	00:34:30	00:46:00	00:48:08.70	00:48:11.80	+00:19:01 (39.5%)	4:48	12.5 (60.7%)
161	GABARKIEWICZ Łukasz	427		M-30	56			00:00:07	00:12:12	00:23:43	00:35:09	00:46:05	00:48:10.20	00:48:17.20	+00:19:02 (39.5%)	4:49	12.5 (60.7%)
162	SŁOMA Maciej	464		M-40	63		CB 163	00:00:13	00:11:52	00:23:04	00:34:46	00:46:07	00:48:18.75	00:48:32.60	+00:19:11 (39.7%)	4:49	12.4 (60.2%)
163	BISKUPIAK Robert	410		M-40	64			00:00:21	00:12:01	00:23:27	00:35:00	00:46:18	00:48:27.05	00:48:48.30	+00:19:19 (39.9%)	4:50	12.4 (60.2%)
164	JASINIECKI Wojciech	60		M-40	65		Żółtokrólewscy	00:00:05	00:11:43	00:23:08	00:34:41	00:46:20	00:48:27.35	00:48:32.65	+00:19:19 (39.9%)	4:50	12.4 (60.2%)
165	KRZYMIŃSKI Jarek	156		M-30	57			00:00:23	00:12:23	00:23:49	00:35:16	00:46:28	00:48:28.65	00:48:51.85	+00:19:21 (39.9%)	4:50	12.4 (60.2%)
166	PAWLUCZEK Piotr	149		M-40	66	ZAWISZA-FANS	ZAWISZA-FANS	00:00:28	00:12:26	00:23:46	00:35:19	00:46:30	00:48:30.55	00:48:59.50	+00:19:23 (40.0%)	4:51	12.4 (60.2%)
167	LACHOWICZ Robert	150		M-40	67	ZAWISZA-FANS	ZAWISZA-FANS	00:00:27	00:12:27	00:23:47	00:35:20	00:46:31	00:48:35.65	00:49:02.90	+00:19:28 (40.1%)	4:51	12.3 (59.7%)
167	BADOWSKI Krzysztof	194		M-50	18		KSN ŁUCZNICZKA OCULUS BYDGOSZCZ	00:00:07	00:12:05	00:23:21	00:35:02	00:46:20	00:48:35.65	00:48:43.25	+00:19:28 (40.1%)	4:51	12.3 (59.7%)
169	ŁATKA Marcin	224		M-40	68			00:00:18	00:11:54	00:23:14	00:34:55	00:46:26	00:48:39.50	00:48:57.50	+00:19:32 (40.1%)	4:51	12.3 (59.7%)
170	MALEC Karol	199		M-40	69		BIUEL TEAM BYDGOSZCZ	00:00:17	00:11:55	00:23:14	00:34:55	00:46:26	00:48:39.85	00:48:57.55	+00:19:32 (40.2%)	4:52	12.3 (59.7%)
171	CZERWIAKOWSKI Sebastian	264		M-40	70		Wataha łączy nas bieganie	00:00:07	00:11:49	00:23:10	00:34:45	00:46:27	00:48:41.15	00:48:48.60	+00:19:33 (40.2%)	4:52	12.3 (59.7%)
172	BARSZCZEWSKI Sebastian	414		M-40	71			00:00:19	00:12:06	00:23:42	00:35:30	00:46:43	00:48:41.55	00:49:01.15	+00:19:34 (40.2%)	4:52	12.3 (59.7%)
173	STAWCZYK Dariusz	36		M-40	72			00:00:14	00:12:14	00:23:32	00:34:57	00:46:37	00:48:43.60	00:48:58.10	+00:19:36 (40.2%)	4:52	12.3 (59.7%)
174	BAŁA Artur	353		M-30	58		może i powoli, ale za to byle jak	00:00:28	00:12:38	00:24:15	00:35:37	00:46:42	00:48:45.85	00:49:14.25	+00:19:38 (40.3%)	4:52	12.3 (59.7%)

																	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h				
175	TARASKA Marcin	417		M-40	73		#slimakibarcin	00:00:18	00:12:35	00:24:09	00:35:42	00:46:48	00:48:50.60	00:49:09.25	+00:19:43 (40.4%)	4:53	12.3 (59.7%)				
176	SZŁYK Maciej	73		M-40	74			00:00:10	00:12:19	00:23:43	00:35:14	00:46:46	00:48:52.65	00:49:03.45	+00:19:45 (40.4%)	4:53	12.3 (59.7%)				
177	STĘPIEŃ Tomasz	52		M-40	75			00:00:21	00:11:55	00:23:37	00:35:06	00:46:43	00:48:53.35	00:49:14.65	+00:19:45 (40.4%)	4:53	12.3 (59.7%)				
178	MAŚLIŃSKI Mirosław	146		M-50	19			00:00:12	00:12:14	00:23:34	00:35:01	00:46:38	00:48:53.65	00:49:06.40	+00:19:46 (40.4%)	4:53	12.3 (59.7%)				
179	WIECZOREK Łukasz	305		M-30	59		Run4Fun www.bytpak.pl	00:00:17	00:12:24	00:23:51	00:35:33	00:47:03	00:49:02.25	00:49:19.70	+00:19:54 (40.6%)	4:54	12.2 (59.2%)				
180	DRZEWIECKI Rafał	302		M-40	76		Run4Fun www.bytpak.pl	00:00:17	00:12:25	00:23:51	00:35:33	00:47:04	00:49:03.65	00:49:21.10	+00:19:56 (40.6%)	4:54	12.2 (59.2%)				
181	ŚWIĄTKOWSKI Marcin	461		M-40	77			00:00:14	00:12:02	00:23:38	00:35:19	00:46:54	00:49:04.95	00:49:19.20	+00:19:57 (40.7%)	4:54	12.2 (59.2%)				
182	RÓG Adam	351		M-40	78			00:00:04	00:11:40	00:23:04	00:35:04	00:46:52	00:49:06.95	00:49:11.90	+00:19:59 (40.7%)	4:54	12.2 (59.2%)				
183	KOBYLIŃSKI Mateusz	376		M-1	5			00:00:15	00:12:32	00:24:22	00:36:00	00:47:19	00:49:23.70	00:49:38.80	+00:20:16 (41.0%)	4:56	12.1 (58.7%)				
184	SZCZECIŃSKI Mariusz	260		M-40	79		Króliki w plecaku	00:00:09	00:12:07	00:23:36	00:35:41	00:47:14	00:49:25.00	00:49:34.35	+00:20:17 (41.1%)	4:56	12.1 (58.7%)				
185	KRZYZANOWSKI Robert	20		M-50	20		RUN PASJA	00:00:16	00:12:07	00:23:31	00:35:11	00:47:13	00:49:28.35	00:49:44.80	+00:20:20 (41.1%)	4:56	12.1 (58.7%)				
186	MATYSZCZAK Damian	130		M-40	80		56. Baza Lotnicza	00:00:16	00:12:05	00:23:34	00:35:09	00:47:09	00:49:29.15	00:49:45.20	+00:20:21 (41.1%)	4:56	12.1 (58.7%)				
187	RÓG Radosław	377		M-1	6			00:00:04	00:11:12	00:23:07	00:35:04	00:47:18	00:49:30.40	00:49:34.85	+00:20:22 (41.2%)	4:57	12.1 (58.7%)				
188	KABACIŃSKI Jarosław	132		M-30	60			00:00:17	00:12:29	00:24:10	00:36:03	00:47:28	00:49:31.70	00:49:49.50	+00:20:24 (41.2%)	4:57	12.1 (58.7%)				
189	FORBOT Piotr	179		M-20	18		Tornado	00:00:08	00:11:47	00:23:13	00:34:57	00:47:12	00:49:33.90	00:49:42.80	+00:20:26 (41.2%)	4:57	12.1 (58.7%)				
190	BĄKOWSKI Dawid	103		M-30	61			00:00:18	00:12:28	00:23:59	00:35:34	00:47:26	00:49:40.50	00:49:59.00	+00:20:33 (41.4%)	4:58	12.1 (58.7%)				
191	CZARNECKI Marek	428		M-40	81			00:00:07	00:11:40	00:22:59	00:34:54	00:47:21	00:49:41.90	00:49:49.00	+00:20:34 (41.4%)	4:58	12.1 (58.7%)				
192	GÓRSKI Marian	258		M-60	6			00:00:02	00:12:15	00:23:58	00:35:48	00:47:30	00:49:42.00	00:49:44.25	+00:20:34 (41.4%)	4:58	12.1 (58.7%)				
193	KOSIARSKI Tomasz	457		M-40	82			00:00:19	00:12:21	00:23:41	00:35:31	00:47:39	00:49:48.05	00:50:07.25	+00:20:40 (41.5%)	4:58	12 (58.3%)				
194	TOCZKIEWICZ Piotr	234		M-40	83			00:00:05	00:12:20	00:24:08	00:36:02	00:47:43	00:49:53.00	00:49:58.95	+00:20:45 (41.6%)	4:59	12 (58.3%)				
195	ARACH Przemysław	494		M-30	62			00:00:13	00:12:01	00:23:34	00:35:37	00:47:54	00:49:56.25	00:50:09.70	+00:20:48 (41.7%)	4:59	12 (58.3%)				
196	KWIATKOWSKI Piotr	211		M-30	63			00:00:11	00:12:51	00:24:39	00:36:22	00:47:57	00:50:01.20	00:50:12.60	+00:20:53 (41.8%)	5:00	12 (58.3%)				
197	WARCZAK Damian	408		M-20	19			00:00:25	00:12:59	00:24:47	00:36:34	00:47:57	00:50:07.20	00:50:33.15	+00:20:59 (41.9%)	5:00	12 (58.3%)				
198	STRZAŁKA Robert	466		M-30	64			00:00:13	00:12:15	00:23:34	00:35:38	00:47:53	00:50:18.15	00:50:31.30	+00:21:10 (42.1%)	5:01	11.9 (57.8%)				
199	KLATECKI Adam	78		M-30	65			00:00:38	00:13:17	00:24:52	00:36:31	00:48:18	00:50:22.80	00:51:01.30	+00:21:15 (42.2%)	5:02	11.9 (57.8%)				
200	LICA Krzysztof	392		M-50	21		7SI OWB rowertour.com	00:00:21	00:12:22	00:24:02	00:36:00	00:48:15	00:50:24.70	00:50:46.30	+00:21:17 (42.2%)	5:02	11.9 (57.8%)				

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
201	DROŹDŹ Andrzej	425		M-40	84	56. Baza Lotnicza		00:00:16	00:12:20	00:24:13	00:36:22	00:48:14	00:50:25.95	00:50:42.05	+00:21:18 (42.2%)	5:02	11.9 (57.8%)
202	RÓŻYCKI Sławomir	228		M-50	22	TKKF Kolejarz Bydgoszcz	TKKF Kolejarz Bydgoszcz	00:00:07	00:11:31	00:23:22	00:35:44	00:48:11	00:50:28.45	00:50:35.50	+00:21:20 (42.3%)	5:02	11.9 (57.8%)
203	GODZIUK Roman	185		M-50	23			00:00:10	00:11:49	00:23:37	00:35:44	00:48:04	00:50:29.05	00:50:39.95	+00:21:21 (42.3%)	5:02	11.9 (57.8%)
204	ŻUCHELKOWSKI Rafał	371		M-30	66			00:00:19	00:11:49	00:23:52	00:36:21	00:48:13	00:50:33.90	00:50:53.40	+00:21:26 (42.4%)	5:03	11.9 (57.8%)
205	KŁOSKOWSKI Adam	225		M-30	67		JW1515 Bydgoszcz	00:00:27	00:12:45	00:24:31	00:36:22	00:48:22	00:50:34.60	00:51:01.70	+00:21:27 (42.4%)	5:03	11.9 (57.8%)
206	BOŹEK Mariusz	500		M-50	24	Brzoza Biega	Brzoza Biega	00:00:26	00:12:51	00:24:46	00:36:44	00:48:30	00:50:35.65	00:51:01.95	+00:21:28 (42.4%)	5:03	11.9 (57.8%)
207	PACZKOWSKI Mirosław	344		M-40	85		CB 163	00:00:16	00:12:27	00:24:20	00:36:24	00:48:31	00:50:36.30	00:50:52.35	+00:21:28 (42.4%)	5:03	11.9 (57.8%)
208	SZEWCIKOWSKI Grzegorz	100		M-30	68	Bydgoskie Żółwie		00:00:22	00:12:17	00:24:02	00:36:17	00:48:22	00:50:37.80	00:51:00.60	+00:21:30 (42.5%)	5:03	11.8 (57.3%)
209	DERING Tomasz	491	BYDGOSKIE ŻÓŁWIE	M-30	69	Bydgoskie Żółwie		00:00:23	00:12:16	00:24:01	00:36:16	00:48:21	00:50:37.85	00:51:01.00	+00:21:30 (42.5%)	5:03	11.8 (57.3%)
210	WŁOCH Tomasz	441		M-30	70	Diabelskie Pioruny		00:00:06	00:11:36	00:23:24	00:35:32	00:48:19	00:50:43.45	00:50:50.40	+00:21:35 (42.6%)	5:04	11.8 (57.3%)
211	SIKORA Antoni	299		M-70	1		Żniński Klub Biegacza 1992	00:00:06	00:12:20	00:24:07	00:36:13	00:48:30	00:50:51.35	00:50:57.90	+00:21:43 (42.7%)	5:05	11.8 (57.3%)
212	DOMAN Janusz	350		M-60	7		UKS Szabla BRZOZA	00:00:22	00:12:35	00:24:24	00:36:26	00:48:39	00:50:53.70	00:51:16.00	+00:21:46 (42.8%)	5:05	11.8 (57.3%)
213	KAPŁANOWSKI Marcin	292	SYLWESTER OSIELSKO	M-20	20	Sylwester Osielsko		00:00:22	00:13:05	00:25:02	00:37:09	00:48:50	00:50:54.35	00:51:16.50	+00:21:46 (42.8%)	5:05	11.8 (57.3%)
214	ZARZYKA Bartosz	487	SYLWESTER OSIELSKO	M-20	21	Sylwester Osielsko	Sylwester Osielsko	00:00:22	00:13:24	00:25:20	00:37:10	00:48:50	00:50:54.50	00:51:17.10	+00:21:47 (42.8%)	5:05	11.8 (57.3%)
215	POBIEDZIŃSKI Robert	38		M-20	22	Polonia Bydgoszcz SLA	Polonia Bydgoszcz SLA	00:00:11	00:12:22	00:24:07	00:36:31	00:48:42	00:50:55.25	00:51:06.75	+00:21:47 (42.8%)	5:05	11.8 (57.3%)
216	TARANOWSKI Wojciech	247	SYLWESTER OSIELSKO	M-20	23	Sylwester Osielsko		00:00:22	00:13:24	00:25:20	00:35:51	00:48:50	00:50:55.35	00:51:17.45	+00:21:47 (42.8%)	5:05	11.8 (57.3%)
217	MIKOŁAJCZAK Mieczysław	276		M-50	25		KB Kosynier Września	00:00:08	00:12:12	00:24:03	00:36:24	00:48:38	00:50:57.15	00:51:05.30	+00:21:49 (42.8%)	5:05	11.8 (57.3%)
218	SYPNIEWSKI Marek	168		M-40	86			00:00:18	00:12:28	00:24:09	00:36:04	00:48:33	00:50:59.90	00:51:18.10	+00:21:52 (42.9%)	5:06	11.8 (57.3%)
219	NOWAK Waldemar	67		M-50	26		Tri-Amator	00:00:20	00:12:51	00:24:58	00:37:06	00:48:53	00:51:11.00	00:51:31.70	+00:22:03 (43.1%)	5:07	11.7 (56.8%)
220	TOMCZAK Zbigniew	58		M-60	8		Altom Gniezno	00:00:24	00:13:05	00:25:00	00:37:04	00:48:54	00:51:14.10	00:51:38.65	+00:22:06 (43.2%)	5:07	11.7 (56.8%)
221	KONIEC Krzysztof	451		M-40	87			00:00:11	00:12:53	00:24:57	00:37:10	00:49:05	00:51:15.20	00:51:26.80	+00:22:07 (43.2%)	5:07	11.7 (56.8%)
222	KOWALSKI Wojciech	216		M-30	71		Mogilno Team	00:00:05	00:12:17	00:24:23	00:36:54	00:49:07	00:51:21.10	00:51:26.70	+00:22:13 (43.3%)	5:08	11.7 (56.8%)
223	SZULC Edmund	300		M-50	27			00:00:26	00:12:33	00:24:19	00:36:36	00:49:13	00:51:37.30	00:52:03.80	+00:22:29 (43.6%)	5:09	11.6 (56.3%)
224	NOWAK Kacper	505		M-1	7			00:00:23	00:12:01	00:24:19	00:37:36	00:50:55	00:51:38.45	00:52:01.95	+00:22:30 (43.6%)	5:09	11.6 (56.3%)
225	GUDANIEC Krzysztof	72		M-30	72			00:00:20	00:12:28	00:24:28	00:36:54	00:49:16	00:51:38.55	00:51:59.05	+00:22:31 (43.6%)	5:09	11.6 (56.3%)
226	JURSKI Robert	43		M-40	88			00:00:14	00:12:49	00:24:52	00:37:10	00:49:25	00:51:40.00	00:51:54.25	+00:22:32 (43.6%)	5:10	11.6 (56.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
227	FERENS Paweł	475		M-40	89	56. Baza Lotnicza		00:00:16	00:12:43	00:24:37	00:36:47	00:49:26	00:51:42.55	00:51:59.10	+00:22:35 (43.7%)	5:10	11.6 (56.3%)
228	KOZIOŁ Łukasz	418		M-20	24			00:00:16	00:12:14	00:24:11	00:36:51	00:49:41	00:51:57.55	00:52:14.50	+00:22:50 (43.9%)	5:11	11.5 (55.8%)
229	PRZYBYLSKI Jacek	56		M-30	73			00:00:31	00:12:54	00:25:05	00:37:22	00:49:44	00:52:02.10	00:52:34.05	+00:22:54 (44.0%)	5:12	11.5 (55.8%)
230	BRATEK Andrzej	380		M-60	9		TKKF Kolejarz Bydgoszcz	00:00:10	00:13:09	00:25:29	00:37:44	00:49:47	00:52:03.35	00:52:14.05	+00:22:55 (44.1%)	5:12	11.5 (55.8%)
231	WINKLEWSKI Krzysztof	266		M-40	90		MIELCAR TEAM	00:00:24	00:13:16	00:25:27	00:37:48	00:50:00	00:52:08.30	00:52:32.60	+00:23:00 (44.1%)	5:12	11.5 (55.8%)
232	BRYL Tomasz	310		M-30	74			00:00:19	00:13:10	00:25:31	00:37:58	00:50:01	00:52:19.15	00:52:38.30	+00:23:11 (44.3%)	5:13	11.5 (55.8%)
233	GRALAK Jacek	393		M-40	91	8 K-P BOT	8 K-P BOT	00:00:21	00:13:05	00:25:22	00:37:42	00:50:05	00:52:24.05	00:52:45.60	+00:23:16 (44.4%)	5:14	11.5 (55.8%)
234	ANDRZEJEWSKI Ryszard	21		M-70	2		Żółtokrólewscy	00:00:05	00:12:28	00:24:42	00:37:19	00:50:05	00:52:29.60	00:52:35.50	+00:23:22 (44.5%)	5:15	11.4 (55.3%)
235	RYGIEWICZ Wojciech	202		M-50	28		J&W	00:00:08	00:12:25	00:24:32	00:37:15	00:50:21	00:52:33.45	00:52:41.70	+00:23:25 (44.6%)	5:15	11.4 (55.3%)
236	DOBAK Stefan	507		M-70	3			00:00:16	00:13:00	00:25:24	00:37:48	00:50:13	00:52:37.70	00:52:54.35	+00:23:30 (44.7%)	5:15	11.4 (55.3%)
237	GOŁĘBIEWSKI Krzysztof	493	JUST 5	M-30	75	Just 5		00:00:27	00:13:10	00:25:37	00:38:07	00:50:33	00:52:43.10	00:53:10.65	+00:23:35 (44.8%)	5:16	11.4 (55.3%)
238	MRÓWCZYŃSKI Tomek	85		M-30	76			00:00:32	00:13:39	00:26:01	00:38:18	00:50:31	00:52:47.65	00:53:20.40	+00:23:40 (44.8%)	5:16	11.4 (55.3%)
239	REDLAK Tomasz	164		M-40	92			00:00:08	00:12:47	00:25:13	00:37:44	00:50:31	00:52:49.50	00:52:58.40	+00:23:42 (44.9%)	5:17	11.4 (55.3%)
240	WOŹNIAK Marek	204		M-50	29		Florian Chojnice	00:00:05	00:12:50	00:25:10	00:37:52	00:50:27	00:52:51.20	00:52:57.15	+00:23:43 (44.9%)	5:17	11.3 (54.9%)
241	NURKIEWICZ Jarosław	6		M-40	93	Kung fu Pandy 3	Kung fu Pandy 3	00:00:22	00:13:15	00:25:35	00:38:15	00:50:41	00:52:52.35	00:53:15.30	+00:23:44 (44.9%)	5:17	11.3 (54.9%)
242	TURZYŃSKI Jacek	311		M-50	30			00:00:33	00:12:23	00:24:33	00:37:50	00:50:45	00:53:03.95	00:53:36.95	+00:23:56 (45.1%)	5:18	11.3 (54.9%)
243	MALAK Robert	30		M-40	94			00:00:32	00:12:54	00:25:29	00:38:12	00:50:45	00:53:04.35	00:53:36.80	+00:23:56 (45.1%)	5:18	11.3 (54.9%)
244	OSIŃSKI Adam	453		M-40	95		OSINY	00:00:07	00:12:12	00:24:55	00:37:59	00:50:45	00:53:09.20	00:53:16.80	+00:24:01 (45.2%)	5:18	11.3 (54.9%)
245	WARCZAK Piotr	332		M-40	96		TEAMOCHAL	00:00:26	00:13:23	00:25:54	00:38:28	00:50:51	00:53:12.05	00:53:38.55	+00:24:04 (45.3%)	5:19	11.3 (54.9%)
246	KRYSKE Mariusz	362		M-30	77		SPÓJNIA BIAŁE BŁOTA	00:00:36	00:13:39	00:25:47	00:38:18	00:51:02	00:53:13.15	00:53:49.95	+00:24:05 (45.3%)	5:19	11.3 (54.9%)
247	KUREK Paweł	298		M-30	78	PKP CARGO		00:00:07	00:12:33	00:25:05	00:37:56	00:50:53	00:53:14.10	00:53:21.85	+00:24:06 (45.3%)	5:19	11.3 (54.9%)
248	ZAULUB Jakub	506		M-1	8			00:00:23	00:12:00	00:23:58	00:37:37	00:51:09	00:53:23.15	00:53:46.60	+00:24:15 (45.4%)	5:20	11.2 (54.4%)
249	GRUBBA Marek	297		M-40	97		Mrozbike Team	00:00:34	00:13:08	00:25:24	00:38:02	00:51:00	00:53:28.65	00:54:03.55	+00:24:21 (45.5%)	5:20	11.2 (54.4%)
250	WOJCIECHOWSKI Jarosław	288		M-40	98			00:00:28	00:13:26	00:25:58	00:38:25	00:51:03	00:53:29.70	00:53:57.80	+00:24:22 (45.6%)	5:20	11.2 (54.4%)
251	KALACZYŃSKI Grzegorz	22		M-40	99			00:00:18	00:13:35	00:26:01	00:38:39	00:51:20	00:53:37.25	00:53:56.15	+00:24:29 (45.7%)	5:21	11.2 (54.4%)
252	BYRTEK Grzegorz	205		M-40	100			00:00:14	00:11:59	00:24:02	00:37:19	00:51:21	00:53:40.30	00:53:55.00	+00:24:32 (45.7%)	5:22	11.2 (54.4%)

													Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
253	TERLECKI Filip	177		M-20	25		Tornado	00:00:00	00:26:22	00:38:49	00:51:19		00:53:42.55	00:53:42.55	+00:24:35 (45.8%)	5:22	11.2 (54.4%)
254	DUTKIEWICZ Gracjan	501		M-40	101			00:00:10	00:12:51	00:25:27	00:38:27	00:51:26	00:53:45.50	00:53:55.95	+00:24:38 (45.8%)	5:22	11.2 (54.4%)
255	BRYJA Robert	308		M-50	31			00:00:33	00:13:03	00:25:38	00:38:33	00:51:25	00:53:45.80	00:54:19.40	+00:24:38 (45.8%)	5:22	11.2 (54.4%)
256	WIŚNIEWSKI Włodzimierz	271		M-50	32		SPC	00:00:32	00:12:59	00:25:24	00:38:10	00:51:18	00:53:47.15	00:54:19.40	+00:24:39 (45.9%)	5:22	11.2 (54.4%)
257	KRAWCZUK Andrzej	71	TEAM KARAŚ ELBLĄG	M-60	10	Team Karaś Elbląg		00:00:02	00:13:01	00:25:46	00:38:37	00:51:22	00:53:49.35	00:53:51.95	+00:24:41 (45.9%)	5:22	11.1 (53.9%)
258	KURS Jarosław	200		M-50	33		TKKF Kolejarz Bydgoszcz	00:00:24	00:13:11	00:25:47	00:38:39	00:51:31	00:53:49.60	00:54:13.80	+00:24:42 (45.9%)	5:22	11.1 (53.9%)
259	SPYCHAJ Piotr	503	INFLUENCE	M-30	79	Influence		00:00:20	00:14:14	00:27:04	00:39:40	00:51:48	00:53:53.10	00:54:14.00	+00:24:45 (45.9%)	5:23	11.1 (53.9%)
260	NOWACZYK Zygmunt	389		M-50	34		BOLT Trzemeszno	00:00:28	00:13:17	00:25:42	00:38:30	00:51:27	00:53:55.75	00:54:24.10	+00:24:48 (46.0%)	5:23	11.1 (53.9%)
261	MENDEL Patryk	14		M-20	26		Polonia Bydgoszcz SLA	00:00:17	00:13:53	00:26:15	00:38:31	00:51:29	00:53:57.70	00:54:15.00	+00:24:50 (46.0%)	5:23	11.1 (53.9%)
262	ŁABENDA Piotr	51		M-40	102		Terenowa Masakra Team	00:00:28	00:26:02	00:38:36	00:51:35		00:54:03.55	00:54:32.15	+00:24:56 (46.1%)	5:24	11.1 (53.9%)
263	UGOREK Mirek	469		M-30	80			00:00:09	00:12:56	00:25:53	00:39:05	00:52:03	00:54:08.15	00:54:17.50	+00:25:00 (46.2%)	5:24	11.1 (53.9%)
264	STRABEL Piotr	143		M-60	11			00:00:08	00:13:42	00:26:36	00:39:19	00:51:54	00:54:08.60	00:54:16.75	+00:25:01 (46.2%)	5:24	11.1 (53.9%)
265	ZUPA Wojciech	218		M-50	35	7Si-OWB rowertour.com	7SI OWB rowertour.com	00:00:20	00:12:40	00:25:27	00:38:31	00:51:39	00:54:10.90	00:54:31.40	+00:25:03 (46.2%)	5:25	11.1 (53.9%)
266	KASPROWICZ Piotr	46		M-30	81		JW1515 Bydgoszcz	00:00:27	00:13:23	00:26:02	00:39:03	00:52:02	00:54:11.50	00:54:38.75	+00:25:04 (46.3%)	5:25	11.1 (53.9%)
266	RATAJ Krzysztof	39		M-30	81	Polonia Bydgoszcz SLA	Polonia Bydgoszcz SLA	00:00:11	00:12:55	00:25:43	00:38:46	00:51:47	00:54:11.50	00:54:23.40	+00:25:04 (46.3%)	5:25	11.1 (53.9%)
268	RUDOWICZ Marcin	447		M-30	83			00:00:30	00:12:43	00:25:42	00:39:14	00:52:06	00:54:12.65	00:54:42.65	+00:25:05 (46.3%)	5:25	11.1 (53.9%)
269	REPKA Marek	317		M-40	103		Lupus Team	00:00:18	00:13:45	00:26:41	00:39:30	00:52:04	00:54:22.35	00:54:40.45	+00:25:14 (46.4%)	5:26	11 (53.4%)
270	MAŁKIŃSKI Józef	396		M-60	12			00:00:20	00:14:02	00:26:54	00:39:23	00:51:53	00:54:23.50	00:54:43.50	+00:25:16 (46.5%)	5:26	11 (53.4%)
271	DANKOWSKI Rafał	256		M-40	104			00:00:19	00:13:28	00:26:17	00:39:19	00:52:03	00:54:28.60	00:54:47.70	+00:25:21 (46.5%)	5:26	11 (53.4%)
272	MOYS Tomasz	104		M-50	36			00:00:16	00:13:31	00:26:34	00:39:30	00:52:18	00:54:43.35	00:54:59.65	+00:25:35 (46.8%)	5:28	11 (53.4%)
273	JENDRZEJCZAK Robert	324		M-20	27			00:00:17	00:13:02	00:25:59	00:39:45	00:52:27	00:54:45.95	00:55:03.30	+00:25:38 (46.8%)	5:28	11 (53.4%)
274	ZAKOŚCIELNY Krzysztof	452		M-50	37		TKKF WODNIK WIĘBORK	00:00:12	00:13:39	00:26:29	00:39:19	00:52:16	00:54:46.20	00:54:58.25	+00:25:38 (46.8%)	5:28	11 (53.4%)
275	JAMNY Miłosz	57		M-60	13		Miłosz Jamny	00:00:25	00:13:33	00:26:22	00:39:17	00:52:23	00:54:47.45	00:55:12.90	+00:25:39 (46.8%)	5:28	11 (53.4%)
276	RYBAK Mariusz	429		M-40	105	7Si-OWB rowertour.com	7SI OWB rowertour.com	00:00:21	00:12:40	00:25:27	00:39:04	00:52:19	00:54:48.40	00:55:10.05	+00:25:40 (46.9%)	5:28	10.9 (52.9%)
277	MAZGA Adam	91		M-30	84			00:00:14	00:13:52	00:26:17	00:39:06	00:52:17	00:54:48.85	00:55:02.85	+00:25:41 (46.9%)	5:28	10.9 (52.9%)
278	BRZOZOWSKI Jarosław	17		M-50	38		BRZOZA TRI TEAM	00:00:26	00:13:30	00:26:20	00:39:29	00:52:21	00:54:51.55	00:55:17.75	+00:25:44 (46.9%)	5:29	10.9 (52.9%)

														Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km						
279	TRENDEWICZ Marcin	409		M-30	85		Bydgoskie Morsy	00:00:10	00:14:22	00:28:16	00:40:44	00:52:53	00:55:03.25	00:55:13.30	+00:25:55 (47.1%)	5:30	10.9 (52.9%)	
280	ZIELIŃSKI Andrzej	338		M-40	106			00:00:15	00:14:12	00:27:16	00:40:19	00:52:54	00:55:13.15	00:55:28.65	+00:26:05 (47.3%)	5:31	10.9 (52.9%)	
281	MAŁKOWSKI Sebastian	358		M-30	86			00:00:19	00:13:41	00:27:00	00:40:02	00:52:53	00:55:21.25	00:55:41.05	+00:26:13 (47.4%)	5:32	10.8 (52.4%)	
282	JASKULSKI Bartosz	239		M-40	107			00:00:21	00:14:10	00:27:13	00:40:17	00:53:01	00:55:24.30	00:55:45.55	+00:26:16 (47.4%)	5:32	10.8 (52.4%)	
283	SMYK Piotr	138		M-30	87			00:00:21	00:13:37	00:26:36	00:39:55	00:53:16	00:55:39.55	00:56:01.35	+00:26:32 (47.7%)	5:34	10.8 (52.4%)	
284	TRZCIŃSKI Eugeniusz	289		M-60	14			00:00:25	00:13:51	00:26:40	00:39:30	00:52:54	00:55:50.00	00:56:15.75	+00:26:42 (47.8%)	5:35	10.7 (51.9%)	
285	FOGT Maciej	369		M-30	88		CB 163	00:00:27	00:14:10	00:27:08	00:40:24	00:53:25	00:56:01.05	00:56:28.60	+00:26:53 (48.0%)	5:36	10.7 (51.9%)	
286	SKOPOWSKI Krzysztof	450		M-40	108		Salus	00:00:35	00:13:37	00:26:37	00:40:04	00:53:39	00:56:10.90	00:56:46.20	+00:27:03 (48.2%)	5:37	10.7 (51.9%)	
287	ŚWIATOWY Ryszard	180		M-40	109		Dawca krwi A Rh+	00:00:09	00:12:42	00:25:58	00:39:19	00:53:27	00:56:11.65	00:56:21.50	+00:27:04 (48.2%)	5:37	10.7 (51.9%)	
288	GOŁCZYŃSKI Tomasz	141		M-40	110			00:00:25	00:13:29	00:26:26	00:39:44	00:53:37	00:56:12.90	00:56:38.70	+00:27:05 (48.2%)	5:37	10.7 (51.9%)	
289	KOSZOWSKI Antoni	269	KATOLIK TEAM	M-1	9	Katolik Team		00:00:12	00:12:36	00:25:47	00:39:44	00:53:40	00:56:31.60	00:56:44.40	+00:27:24 (48.5%)	5:39	10.6 (51.5%)	
290	WEGNER Roman	101		M-50	39			00:00:16	00:13:51	00:26:58	00:40:24	00:54:12	00:56:49.25	00:57:05.35	+00:27:41 (48.7%)	5:40	10.6 (51.5%)	
291	JENDRZEJCZAK Dawid	323		M-30	89			00:00:24	00:13:58	00:27:16	00:40:56	00:54:22	00:56:51.30	00:57:15.40	+00:27:43 (48.8%)	5:41	10.6 (51.5%)	
292	PAWLUCZEK Marcin	148		M-30	90	ZAWISZA-FANS	ZAWISZA-FANS	00:00:27	00:12:41	00:26:17	00:40:04	00:54:17	00:56:51.65	00:57:19.55	+00:27:44 (48.8%)	5:41	10.6 (51.5%)	
293	SKIERA Krzysztof	490		M-40	111	Kris Team	Kris Team	00:00:23	00:12:18	00:25:34	00:39:38	00:54:10	00:56:56.70	00:57:19.95	+00:27:49 (48.9%)	5:41	10.5 (51.0%)	
294	DĘBSKI Jan	214		M-60	15			00:00:18	00:13:48	00:27:19	00:41:03	00:55:03	00:57:48.10	00:58:06.40	+00:28:40 (49.6%)	5:46	10.4 (50.5%)	
295	STARSAK Seweryn	480		M-1	10			00:00:16	00:14:58	00:28:32	00:42:09	00:55:27	00:57:54.15	00:58:10.65	+00:28:46 (49.7%)	5:47	10.4 (50.5%)	
296	MARCYJANIAK Krzysztof	223		M-40	112		KS ZRYW RADZIEJÓW	00:00:32	00:14:47	00:28:10	00:41:46	00:55:23	00:57:56.95	00:58:29.20	+00:28:49 (49.7%)	5:47	10.4 (50.5%)	
297	KRYSZTOFIAK Robert	131		M-40	113			00:00:18	00:13:48	00:27:11	00:41:05	00:55:20	00:57:59.20	00:58:18.05	+00:28:51 (49.8%)	5:48	10.3 (50.0%)	
298	BRZEZIŃSKI Igor	472		M-1	11			00:00:10	00:13:19	00:27:12	00:42:16	00:55:41	00:58:00.75	00:58:10.75	+00:28:53 (49.8%)	5:48	10.3 (50.0%)	
299	DOBOSZ Kamil	161		M-30	91			00:00:25	00:13:59	00:27:37	00:41:35	00:55:47	00:58:28.45	00:58:54.25	+00:29:20 (50.2%)	5:50	10.3 (50.0%)	
300	BUTOWSKI Michał	270		M-40	114			00:00:25	00:14:10	00:27:54	00:41:53	00:56:03	00:58:33.65	00:58:59.10	+00:29:26 (50.3%)	5:51	10.2 (49.5%)	
301	STOSIK Przemysław	184		M-20	28		Tornado	00:00:28	00:14:46	00:28:52	00:43:12	00:56:31	00:58:46.15	00:59:14.85	+00:29:38 (50.4%)	5:52	10.2 (49.5%)	
302	JULLY Arkadiusz	120		M-40	115			00:00:34	00:14:19	00:28:13	00:42:03	00:56:10	00:58:46.35	00:59:20.70	+00:29:38 (50.4%)	5:52	10.2 (49.5%)	
303	HOLC Radosław	173		M-20	29		Tornado	00:00:28	00:14:46	00:28:52	00:43:12	00:56:31	00:58:46.75	00:59:15.15	+00:29:39 (50.5%)	5:52	10.2 (49.5%)	
304	SZNAJDROWSKI Marek	115		M-40	116			00:00:00	00:14:43	00:29:20	00:43:18	00:56:43	00:59:01.50	00:59:01.50	+00:29:54 (50.7%)	5:54	10.2 (49.5%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
305	KNASINSKI Sławomir	167		M-40	117			00:00:14	00:13:30	00:27:36	00:42:03	00:56:30	00:59:09.95	00:59:24.85	+00:30:02 (50.8%)	5:55	10.1 (49.0%)
306	SCHMIDT Marcin	347		M-30	92			00:00:17	00:13:55	00:27:30	00:41:58	00:56:30	00:59:10.30	00:59:27.50	+00:30:02 (50.8%)	5:55	10.1 (49.0%)
307	RUDNICKI Michał	250		M-30	93	ASSECO ACTIVE TEAM	ASSECO ACTIVE TEAM	00:00:20	00:14:53	00:28:51	00:42:47	00:56:40	00:59:16.85	00:59:37.25	+00:30:09 (50.9%)	5:55	10.1 (49.0%)
308	KOLCON Remigiusz	378		M-40	118			00:00:22	00:14:36	00:28:46	00:43:03	00:57:08	00:59:47.40	01:00:09.60	+00:30:39 (51.3%)	5:58	10 (48.5%)
309	MASŁYSZ Marcin	136		M-30	94		wkurw_team	00:00:33	00:14:04	00:27:15	00:43:48	00:57:37	00:59:52.95	01:00:26.45	+00:30:45 (51.4%)	5:59	10 (48.5%)
310	TRZYMKOWSKI Adrian	183		M-20	30			00:00:21	00:14:23	00:28:14	00:42:52	00:57:27	00:59:59.60	01:00:21.55	+00:30:52 (51.5%)	6:00	10 (48.5%)
311	LENC Janusz	94		M-60	16	TKKF Kolejarz Bydgoszcz	TKKF Kolejarz Bydgoszcz	00:00:36	00:15:47	00:29:53	00:43:54	00:57:53	01:00:31.50	01:01:08.15	+00:31:24 (51.9%)	6:03	9.9 (48.1%)
312	ZĘBIK Mirosław	95		M-50	40	TKKF Kolejarz Bydgoszcz	TKKF Kolejarz Bydgoszcz	00:00:35	00:15:47	00:29:54	00:43:55	00:57:54	01:00:32.15	01:01:07.90	+00:31:24 (51.9%)	6:03	9.9 (48.1%)
313	JAGIEŁO Radek	147		M-40	119			00:00:15	00:14:45	00:28:41	00:43:01	00:57:42	01:00:32.45	01:00:47.85	+00:31:24 (51.9%)	6:03	9.9 (48.1%)
314	BACZYŃSKI Maciej	154		M-40	120			00:00:30	00:15:33	00:29:50	00:44:15	00:58:35	01:01:11.45	01:01:41.70	+00:32:03 (52.4%)	6:07	9.8 (47.6%)
315	KUJAWA Roger	401		M-40	121		Ślimaki Barcin	00:00:19	00:15:22	00:29:57	00:44:34	00:59:18	01:02:03.80	01:02:23.75	+00:32:56 (53.1%)	6:12	9.7 (47.1%)
316	KUCHARSKI Jarosław	435		M-40	122		# Ślimaki Barcin	00:00:19	00:15:22	00:29:56	00:44:34	00:59:19	01:02:04.00	01:02:23.50	+00:32:56 (53.1%)	6:12	9.7 (47.1%)
317	CUKRAS Marek	81		M-20	31		Tornado	00:00:28	00:14:47	00:28:53	00:43:13	00:59:32	01:02:09.65	01:02:37.95	+00:33:02 (53.1%)	6:12	9.7 (47.1%)
318	GAJZLER Jerzy	55		M-60	17			00:00:18	00:14:27	00:29:08	00:44:16	00:59:18	01:02:09.85	01:02:28.15	+00:33:02 (53.1%)	6:13	9.7 (47.1%)
319	SALITA Lech	63		M-50	41		ALTOM GNIEZNO	00:00:33	00:15:16	00:29:44	00:44:26	00:59:40	01:02:29.95	01:03:03.20	+00:33:22 (53.4%)	6:15	9.6 (46.6%)
320	GUMIENNY Maciej	413		M-40	123			00:00:26	00:15:19	00:29:50	00:44:54	01:00:24	01:03:25.85	01:03:52.10	+00:34:18 (54.1%)	6:20	9.5 (46.1%)
321	KWAS Piotr	390		M-40	124			00:00:04	00:13:30	00:28:19	00:44:45	01:00:54	01:03:58.50	01:04:03.10	+00:34:51 (54.5%)	6:23	9.4 (45.6%)
322	GONCIARCZYK Piotr	444		M-30	95			00:00:29	00:15:41	00:30:46	00:45:57	01:01:18	01:04:20.40	01:04:50.05	+00:35:12 (54.7%)	6:26	9.3 (45.1%)
323	BOROWIEC Michał	402		M-30	96			00:00:35	00:15:00	00:30:06	00:45:14	01:01:14	01:04:27.35	01:05:02.35	+00:35:19 (54.8%)	6:26	9.3 (45.1%)
324	SYBILA Michał	404		M-30	97			00:00:35	00:15:00	00:30:06	00:45:14	01:01:14	01:04:27.70	01:05:02.70	+00:35:20 (54.8%)	6:26	9.3 (45.1%)
325	SAWIEŁAJC Michał	76		M-40	125		BIZON TEAM	00:00:11	00:15:01	00:30:07	00:45:53	01:01:51	01:04:59.45	01:05:10.65	+00:35:51 (55.2%)	6:29	9.2 (44.7%)
326	ZAWISZEWSKI Adam	158		M-30	98			00:00:10	00:15:06	00:30:22	00:46:02	01:02:12	01:05:20.95	01:05:31.40	+00:36:13 (55.4%)	6:32	9.2 (44.7%)
327	AWIZEN Antoni	98		M-70	4			00:00:05	00:14:41	00:29:58	00:46:03	01:02:45	01:05:48.90	01:05:54.60	+00:36:41 (55.7%)	6:34	9.1 (44.2%)
328	KOWALCZYK Łukasz	485		M-20	32		Sylwester Osielsko	00:00:22	00:15:52	00:31:21	00:47:15	01:03:44	01:06:39.70	01:07:02.40	+00:37:32 (56.3%)	6:40	9 (43.7%)
329	KAPELIŃSKI Stanisław	193		M-50	42		RODOS Team	00:00:20	00:15:24	00:31:24	00:47:36	01:04:02	01:06:43.95	01:07:04.20	+00:37:36 (56.4%)	6:40	9 (43.7%)
330	RATAJ Maciej	15		M-40	126			00:00:12	00:13:50	00:29:13	00:46:01	01:03:46	01:07:25.30	01:07:37.65	+00:38:17 (56.8%)	6:44	8.9 (43.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
331	CIEŚLICKI Krzysztof	220		M-30	99		SISU Team	00:00:38	00:16:40	00:32:19	00:48:12	01:04:05	01:07:26.00	01:08:04.10	+00:38:18 (56.8%)	6:44	8.9 (43.2%)
332	OBORSKI Łukasz	460		M-30	100			00:00:34	00:16:41	00:32:54	00:49:11	01:05:31	01:08:32.55	01:09:06.75	+00:39:25 (57.5%)	6:51	8.8 (42.7%)
333	PILECKI Gustaw	458		M-70	5			00:00:20	00:17:13	00:33:19	00:49:32	01:06:21	01:09:32.80	01:09:53.25	+00:40:25 (58.1%)	6:57	8.6 (41.7%)
334	UCIŃSKI Edward	262		M-70	6		TKKF Instalator Pelikan Szubin	00:00:08	00:16:34	00:33:21	00:50:46	01:08:26	01:11:52.55	01:12:00.60	+00:42:45 (59.5%)	7:11	8.3 (40.3%)
335	WADOWSKI Bartosz	172		M-40	127			00:00:29	00:17:18	00:34:36	00:52:59	01:09:19	01:12:26.40	01:12:55.70	+00:43:18 (59.8%)	7:14	8.3 (40.3%)
336	WADOWSKI Wojciech	422		M-1	12			00:00:28	00:17:19	00:34:38	00:53:01	01:09:20	01:12:27.00	01:12:55.95	+00:43:19 (59.8%)	7:14	8.3 (40.3%)
337	PÓŁGĘSEK Rafał	171		M-40	128			00:00:30	00:18:07	00:35:11	00:52:41	01:10:13	01:13:30.25	01:14:01.20	+00:44:22 (60.4%)	7:21	8.2 (39.8%)
338	WIECZOREK Sebastian	213		M-20	33			00:05:36	00:17:51	00:35:54	00:54:05	01:10:54	01:14:04.30	01:19:40.30	+00:44:56 (60.7%)	7:24	8.1 (39.3%)
339	SZYCZYK Adam	192		M-70	7		A. Szymczyk Świecie	00:00:11	00:18:24	00:36:38	00:57:19	01:21:41	01:23:44.70	01:23:55.90	+00:54:37 (65.2%)	8:22	7.2 (35.0%)
340	SZYTTHENHOLM Oliwier	419		M-30	101	TRISPACE/TREK		00:00:04	00:10:30	00:20:25					+00:06:16	4:12	14.3 (69.4%)
341	UGOREK Darek	470		M-40	129			00:00:10	00:15:20	00:30:57					+00:16:48	6:22	9.4 (45.6%)
342	GRABOWSKI Piotr	315		M-50	43		Brzoza Biega	00:00:35	00:16:36	00:32:54					+00:18:44	6:47	8.8 (42.7%)
343	WOLNY Piotr	70		M-50	44	Brzoza Biega	Brzoza Biega	00:00:02	00:10:00						+00:02:40	4:00	15 (72.8%)
344	UGOREK Marcel	471		M-1	13			00:00:09	00:15:22						+00:08:02	6:08	9.8 (47.6%)

Znaleziono 344 wynik(ów)