

# XIII BIEG SZLAKIEM DZIKA

B4SPORT  
INTELEGENCNE ZAWODY SPORTOWE

**Wydarzenie:** DZIKI WEEKEND 2023  
**Organizator:** Stowarzyszenie Klub Biegowy Dzik  
**Data:** 2023-08-19  
**Miejsce:** Police  
**Dystans:** 10 km



Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Powiat	MP Strażaków	Rodzina	Nazwisko	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>ŻABICKI Jarek</b>	<b>43</b>	FIRE TEAM	M30	1					<b>00:44:21.90</b>		4:26	13.5 (100%)
2	<b>WOLSKI Marcin</b>	<b>40</b>	DGS DIAGNOSTICS TEAM	M30	2					<b>00:45:29.05</b>	+00:01:07 (2.5%)	4:32	13.2 (97.8%)
3	<b>PRZEKOPOWICZ Bartosz</b>	<b>199</b>	FIRE TEAM	M30	3					<b>00:46:00.85</b>	+00:01:38 (3.6%)	4:36	13 (96.3%)
4	<b>BARAŃSKI Przemysław</b>	<b>53</b>	FIRE TEAM	M30	4		Tak			<b>00:46:38.60</b>	+00:02:16 (4.9%)	4:39	12.9 (95.6%)
5	<b>GRABEK Maciej</b>	<b>105</b>	DZIKIE DZIKI GORZÓW	M30	5					<b>00:46:46.70</b>	+00:02:24 (5.2%)	4:40	12.8 (94.8%)
6	<b>KRYGOWSKI Mateusz</b>	<b>145</b>	BEST BEASTS	M30	6					<b>00:51:23.65</b>	+00:07:01 (13.7%)	5:08	11.7 (86.7%)
7	<b>RYCAK Bartosz</b>	<b>204</b>	SPINZ	M30	7	Tak				<b>00:51:28.70</b>	+00:07:06 (13.8%)	5:08	11.7 (86.7%)
8	<b>HOŁYŃSKI Leszek</b>	<b>114</b>	FIRE TEAM	M30	8	Tak	Tak			<b>00:51:34.20</b>	+00:07:12 (14.0%)	5:09	11.6 (85.9%)
9	<b>PATORA Piotr</b>	<b>188</b>	VO2MAX RACING TEAM	M30	9					<b>00:54:46.65</b>	+00:10:24 (19.0%)	5:28	11 (81.5%)
10	<b>MATYSIAK Sławomir</b>	<b>169</b>	DZIKI SPECJALNEJ TROSKI	M30	10					<b>00:55:24.05</b>	+00:11:02 (19.9%)	5:32	10.8 (80.0%)
11	<b>AUGUŚCIK Marcin</b>	<b>63</b>	OPP SZCZECIN	M30	11					<b>00:56:21.50</b>	+00:11:59 (21.3%)	5:38	10.6 (78.5%)
12	<b>SAKOSIK Krystian</b>	<b>206</b>	KOSAKŁUSOWNIK	M30	12					<b>00:57:45.70</b>	+00:13:23 (23.2%)	5:46	10.4 (77.0%)
13	<b>ZYGOŃ Artur</b>	<b>42</b>		M30	13					<b>00:57:50.45</b>	+00:13:28 (23.3%)	5:47	10.4 (77.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Powiat	MP		Czas netto 10km	Różn	Tempo min/km	Tempo km/h
							Strażaków	Rodzina Nazwisko				
14	<b>SIKORSKI Adam</b>	<b>210</b>	SIKORROVO	M30	14				<b>00:58:11.55</b>	+00:13:49 (23.8%)	5:49	10.3 (76.3%)
15	<b>ZEMŁA Dawid</b>	<b>253</b>	DZIKI SPECJALNEJ TROSKI	M30	15				<b>00:58:19.65</b>	+00:13:57 (23.9%)	5:49	10.3 (76.3%)
16	<b>BĘDKOWSKI Piotr</b>	<b>72</b>	SWIM2TRI	M30	16				<b>00:58:36.85</b>	+00:14:14 (24.3%)	5:51	10.2 (75.6%)
17	<b>KUREK Hubert</b>	<b>150</b>		M30	17				<b>00:59:19.60</b>	+00:14:57 (25.2%)	5:55	10.1 (74.8%)
18	<b>KĘDZIOR Jakub</b>	<b>258</b>	WARRIORS ŁÓDŹ	M30	18				<b>01:00:16.15</b>	+00:15:54 (26.4%)	6:01	10 (74.1%)
19	<b>SIEDLER Martin</b>	<b>259</b>	MEDICAL CHURCH	M30	19				<b>01:00:32.75</b>	+00:16:10 (26.7%)	6:03	9.9 (73.3%)
20	<b>SKOWROŃSKI Andrzej</b>	<b>212</b>	GRUPA MALBORK	M30	20				<b>01:01:02.95</b>	+00:16:41 (27.3%)	6:06	9.8 (72.6%)
21	<b>CESAK Grzegorz</b>	<b>79</b>	CENTRUM SZKOLENIA BOJOWEGO DRAWSKO	M30	21				<b>01:01:09.35</b>	+00:16:47 (27.5%)	6:06	9.8 (72.6%)
22	<b>ŁUKAWSKI Mariusz</b>	<b>160</b>	8 PLOT KOSZALIN	M30	22				<b>01:02:14.50</b>	+00:17:52 (28.7%)	6:13	9.6 (71.1%)
23	<b>DYDEK Arkadiusz</b>	<b>262</b>	SKB DZIK	M30	23		Tak	Dydek	<b>01:03:29.45</b>	+00:19:07 (30.1%)	6:20	9.5 (70.4%)
24	<b>SADOWSKI Andrzej</b>	<b>205</b>	ZALATANI 1.BLTR	M30	24				<b>01:03:44.85</b>	+00:19:22 (30.4%)	6:22	9.4 (69.6%)
25	<b>SIERADZKI Norbert</b>	<b>31</b>	JW4531	M30	25				<b>01:03:45.20</b>	+00:19:23 (30.4%)	6:22	9.4 (69.6%)
26	<b>KOZARZEWSKI Grzegorz</b>	<b>137</b>	ZALATANI 1.BLTR	M30	26				<b>01:03:45.70</b>	+00:19:23 (30.4%)	6:22	9.4 (69.6%)
27	<b>WIŚNIEWSKI Mariusz</b>	<b>241</b>	IHUUH TEAM	M30	27				<b>01:04:03.90</b>	+00:19:42 (30.8%)	6:24	9.4 (69.6%)
28	<b>DUDKA Robert</b>	<b>94</b>		M30	28				<b>01:05:58.95</b>	+00:21:37 (32.8%)	6:35	9.1 (67.4%)
29	<b>SZCZUBIAŁ Wojciech</b>	<b>34</b>		M30	29				<b>01:06:06.80</b>	+00:21:44 (32.9%)	6:36	9.1 (67.4%)
30	<b>KACZEMBA Emil</b>	<b>13</b>		M30	30				<b>01:06:07.55</b>	+00:21:45 (32.9%)	6:36	9.1 (67.4%)
31	<b>KURPIEWSKI Piotr</b>	<b>153</b>		M30	31	Tak			<b>01:06:20.35</b>	+00:21:58 (33.1%)	6:38	9 (66.7%)
32	<b>KIWILSZA Wojciech</b>	<b>128</b>	IHUUH TEAM	M30	32				<b>01:07:10.05</b>	+00:22:48 (33.9%)	6:43	8.9 (65.9%)
33	<b>BORMAN Tomasz</b>	<b>261</b>	ANANASY Z 3 FAL	M30	33				<b>01:08:06.05</b>	+00:23:44 (34.9%)	6:48	8.8 (65.2%)
34	<b>PRUSEK Mateusz</b>	<b>198</b>	AKTYWNE CHOSZCZNO	M30	34				<b>01:09:02.25</b>	+00:24:40 (35.7%)	6:54	8.7 (64.4%)
35	<b>SAWICKI Bartosz</b>	<b>208</b>	DZIKIE DZIKI GORZÓW	M30	35				<b>01:09:35.80</b>	+00:25:13 (36.3%)	6:57	8.6 (63.7%)
36	<b>OKOLITA Mateusz</b>	<b>181</b>	DZIKIE DZIKI GORZÓW	M30	36				<b>01:09:47.65</b>	+00:25:25 (36.4%)	6:58	8.6 (63.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Powiat	MP Strażaków	Rodzina	Nazwisko	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
37	<b>JAWORSKI Dawid</b>	<b>121</b>	KUTANG-KLAN	M30	37					<b>01:12:17.70</b>	+00:27:55 (38.6%)	7:13	8.3 (61.5%)
38	<b>SPÓLNIK Paweł</b>	<b>216</b>	DZIKIE DZIKI GORZÓW	M30	38					<b>01:13:17.50</b>	+00:28:55 (39.5%)	7:19	8.2 (60.7%)
39	<b>TRYSZCZ Tobiasz</b>	<b>227</b>		M30	39					<b>01:16:47.20</b>	+00:32:25 (42.2%)	7:40	7.8 (57.8%)
40	<b>KRASÓWKA Arkadiusz</b>	<b>139</b>	TENET	M30	40					<b>01:17:23.35</b>	+00:33:01 (42.7%)	7:44	7.8 (57.8%)
41	<b>RUEFFRECK Adam</b>	<b>202</b>	WOLF TEAM	M30	41					<b>01:17:39.20</b>	+00:33:17 (42.9%)	7:45	7.7 (57.0%)
42	<b>GŁOGOZA Piotr</b>	<b>102</b>		M30	42					<b>01:17:42.00</b>	+00:33:20 (42.9%)	7:46	7.7 (57.0%)
43	<b>OLEKSYK Patryk</b>	<b>182</b>	LUBIE KANAPKI Z SEREM	M30	43					<b>01:18:52.90</b>	+00:34:31 (43.8%)	7:53	7.6 (56.3%)
44	<b>BAK Tomasz</b>	<b>70</b>	NA PRZYPALE ALBO WCALE!!!	M30	44					<b>01:19:30.70</b>	+00:35:08 (44.2%)	7:57	7.5 (55.6%)
45	<b>SOWA Krzysztof</b>	<b>215</b>		M30	45					<b>01:21:12.85</b>	+00:36:50 (45.4%)	8:07	7.4 (54.8%)
46	<b>FROLOV Artur</b>	<b>96</b>	TENET	M30	46					<b>01:23:16.70</b>	+00:38:54 (46.7%)	8:19	7.2 (53.3%)
47	<b>JAWORSKI Marcin</b>	<b>123</b>		M30	47					<b>01:23:34.80</b>	+00:39:12 (46.9%)	8:21	7.2 (53.3%)
48	<b>WOŹNIAK Rafał</b>	<b>244</b>	IHUHU TEAM	M30	48					<b>01:24:16.25</b>	+00:39:54 (47.4%)	8:25	7.1 (52.6%)
49	<b>BARCIK Kamil</b>	<b>66</b>	DZIKI SPECJALNEJ TROSKI	M30	49					<b>01:26:16.40</b>	+00:41:54 (48.6%)	8:37	7 (51.9%)
50	<b>GOWORSKI Jerzy</b>	<b>104</b>		M30	50					<b>01:27:26.05</b>	+00:43:04 (49.3%)	8:44	6.9 (51.1%)
51	<b>TRZECIAK Piotr</b>	<b>228</b>		M30	51					<b>01:29:39.65</b>	+00:45:17 (50.5%)	8:57	6.7 (49.6%)
52	<b>BIEGAŃSKI Piotr</b>	<b>3</b>		M30	52					<b>01:30:39.65</b>	+00:46:17 (51.1%)	9:03	6.6 (48.9%)
53	<b>BAŁKA Michał</b>	<b>64</b>		M30	53					<b>01:32:49.35</b>	+00:48:27 (52.2%)	9:16	6.5 (48.1%)
54	<b>SKORŁUTOWSKI Wojciech</b>	<b>211</b>	IHUHU TEAM	M30	54					<b>01:33:37.50</b>	+00:49:15 (52.6%)	9:21	6.4 (47.4%)
55	<b>KRÓL Krzysztof</b>	<b>141</b>	GARAGE PARTY	M30	55					<b>01:36:42.15</b>	+00:52:20 (54.1%)	9:40	6.2 (45.9%)
56	<b>KRZYWOŃ Paweł</b>	<b>146</b>		M30	56					<b>01:36:56.85</b>	+00:52:34 (54.2%)	9:41	6.2 (45.9%)

Znaleziono 56 wynik(ów)