



XIII FESTIWAL SPORTOWO-TURYSTYCZNY - NORDIC WALKING 6,5 KM

B4SPORT

Wydarzenie: XIII Festiwal Sportowo-Turystyczny 2019
Organizator: Rowerowa Brzoza
Data: 2019-09-22
Miejsce: Przyłęki-Brzoza
Dystans: 6,5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	TRZCIŃSKI Franciszek	554	SPORT I REKREACJA START	M46-55	1	00:00:02	00:40:37.90	00:40:40.00		8:07	7.4 (100%)
2	GWIZDAŁA Zbigniew	515		M46-55	2	00:00:01	00:40:44.25	00:40:46.00	+00:00:06 (0.3%)	8:09	7.4 (100%)
3	NAGOW Michał	513		M36-45	1	00:00:02	00:43:06.35	00:43:09.05	+00:02:28 (5.7%)	8:37	7 (94.6%)
4	WROBEL Mateusz	530	SPARROW TEAM	M35	1	00:00:03	00:43:29.85	00:43:33.40	+00:02:51 (6.6%)	8:42	6.9 (93.2%)
5	NOWAK Grzegorz	514		M36-45	2	00:00:02	00:43:57.25	00:43:59.85	+00:03:19 (7.6%)	8:47	6.8 (91.9%)
6	MUCHA Marcin	518	BATRUN	M36-45	3	00:00:02	00:44:25.15	00:44:27.95	+00:03:47 (8.5%)	8:53	6.8 (91.9%)
7	KRZYŻANOWSKI Robert	535	ANDRO	M46-55	3	00:00:04	00:44:35.35	00:44:39.60	+00:03:57 (8.9%)	8:55	6.7 (90.5%)
8	POTRZEBOWSKI Marek	542	DEAF I #B3K	M36-45	4	00:00:01	00:44:59.30	00:45:01.15	+00:04:21 (9.7%)	9:00	6.7 (90.5%)
9	KOLBERG Kamila	517	KIJKOWE TRZEMESZNO	K36-45	1	00:00:02	00:45:01.85	00:45:04.25	+00:04:23 (9.8%)	9:00	6.7 (90.5%)
10	GWIZDAŁA Bartosz	516		M35	2	00:00:02	00:45:03.00	00:45:05.75	+00:04:25 (9.8%)	9:00	6.7 (90.5%)
11	KĘDZIERSKA Agnieszka	504	KIJKOWE TRZEMESZNO	K36-45	2	00:00:02	00:45:05.85	00:45:07.90	+00:04:27 (9.9%)	9:01	6.7 (90.5%)
12	ZIELIŃSKA Jolanta	526	GOSIR OSIELSKO	K56+	1	00:00:03	00:46:25.35	00:46:28.35	+00:05:47 (12.5%)	9:17	6.5 (87.8%)
13	POTRZEBOWSKA Agata	541	DEAF I #B3K	K35	1	00:00:01	00:46:28.85	00:46:30.75	+00:05:50 (12.6%)	9:17	6.5 (87.8%)
14	KUSA Piotr	536		M36-45	5	00:00:02	00:47:47.90	00:47:50.85	+00:07:10 (15.0%)	9:33	6.3 (85.1%)
15	MAŁKIEWICZ Jacek	548	TBKM WILK	M56+	1	00:00:02	00:47:49.85	00:47:52.35	+00:07:11 (15.1%)	9:34	6.3 (85.1%)
16	ROSZAK Zbigniew	545		M35	3	00:00:02	00:47:50.75	00:47:53.65	+00:07:12 (15.1%)	9:34	6.3 (85.1%)
17	GROCHAŁA Michał	502		M35	4	00:00:04	00:47:52.40	00:47:56.80	+00:07:14 (15.1%)	9:34	6.3 (85.1%)
18	CIESIELSKI Krzysztof	567	FAST WALKER	M56+	2	00:00:02	00:48:03.00	00:48:05.05	+00:07:25 (15.4%)	9:36	6.2 (83.8%)
19	FELCYN Paweł	522		M46-55	4	00:00:06	00:49:42.80	00:49:49.55	+00:09:04 (18.3%)	9:56	6 (81.1%)
20	KWIATKOWSKA Elżbieta	512	NIEZRZESZONA	K46-55	1	00:00:02	00:49:49.05	00:49:51.55	+00:09:11 (18.4%)	9:57	6 (81.1%)
21	ŁADA Aleksandra	524		K46-55	2	00:00:03	00:49:50.70	00:49:54.15	+00:09:12 (18.5%)	9:58	6 (81.1%)
22	KOWALCZYK Magdalena	503		K35	2	00:00:04	00:49:56.95	00:50:01.50	+00:09:19 (18.7%)	9:59	6 (81.1%)
23	KOWALSKI Lech	505	SZARY LIS	M56+	3	00:00:04	00:50:15.40	00:50:19.55	+00:09:37 (19.2%)	10:03	6 (81.1%)
24	FELCYN Anna	523		K36-45	3	00:00:04	00:51:06.70	00:51:11.45	+00:10:28 (20.5%)	10:13	5.9 (79.7%)
25	MUCHA-BOINSKA Anna	525		K36-45	4	00:00:01	00:51:08.20	00:51:10.05	+00:10:30 (20.5%)	10:13	5.9 (79.7%)
26	WARDĘCKA-HOŁTYN Justyna	520		K35	3	00:00:04	00:51:36.90	00:51:41.85	+00:10:59 (21.3%)	10:19	5.8 (78.4%)
27	KRYSZTOFIAK Czesław	528		M56+	4	00:00:05	00:52:09.20	00:52:14.25	+00:11:31 (22.1%)	10:25	5.8 (78.4%)
28	POPIELARZ Karolina	549	ŁABISZYN RUNNERS	K36-45	5	00:00:03	00:52:10.70	00:52:14.25	+00:11:32 (22.1%)	10:26	5.7 (77.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
29	BYSTRZYŃSKA Emilia	552		K36-45	6	00:00:04	00:52:25.05	00:52:29.90	+00:11:47 (22.5%)	10:29	5.7 (77.0%)
30	MINISZEWSKA Irena	511		K36-45	7	00:00:05	00:52:55.95	00:53:01.00	+00:12:18 (23.2%)	10:35	5.7 (77.0%)
31	URBANOWSKA-DOMAŃSKA Olga	527		K36-45	8	00:00:03	00:52:59.90	00:53:03.65	+00:12:22 (23.3%)	10:36	5.7 (77.0%)
32	KAMIŃSKA Małgorzata	539	ALTERNATYWY	K36-45	9	00:00:03	00:52:59.95	00:53:03.50	+00:12:22 (23.3%)	10:36	5.7 (77.0%)
33	WOJCIECHOWSKA Katarzyna	533	BRAK	K36-45	10	00:00:05	00:53:55.60	00:54:01.45	+00:13:17 (24.7%)	10:47	5.6 (75.7%)
34	JĘDRA Ewa	553		K36-45	11	00:00:03	00:54:25.60	00:54:29.55	+00:13:47 (25.3%)	10:53	5.5 (74.3%)
35	WIERZCHOSŁAWSKI Marcel	557		M35	5	00:00:05	00:54:44.00	00:54:49.60	+00:14:06 (25.8%)	10:56	5.5 (74.3%)
36	RUJNER Klara	546	NIEZRZESZONA	K46-55	3	00:00:04	00:55:06.00	00:55:10.40	+00:14:28 (26.3%)	11:01	5.4 (73.0%)
37	ŁADZIŃSKI Ryszard	562	UG NWW	M46-55	5	00:00:06	00:55:13.95	00:55:20.90	+00:14:36 (26.4%)	11:02	5.4 (73.0%)
38	LISIECKA Elżbieta	559	U G N W W	K56+	2	00:00:05	00:55:15.05	00:55:21.00	+00:14:37 (26.5%)	11:03	5.4 (73.0%)
39	WOJCIECHOWSKA Marta	560	UGNWW	K35	4	00:00:07	00:57:13.70	00:57:21.35	+00:16:35 (29.0%)	11:26	5.2 (70.3%)
40	BARANOWSKI Norbert	561	UGNWW	M35	6	00:00:07	00:57:14.15	00:57:21.60	+00:16:36 (29.0%)	11:26	5.2 (70.3%)
41	SYNAKIEWICZ Magdalena	521		K36-45	12	00:00:05	00:57:35.20	00:57:40.25	+00:16:57 (29.4%)	11:31	5.2 (70.3%)
42	WIŚNIEWSKI Wiesław	538	MOZARTSTELL	M56+	5	00:00:03	00:57:48.15	00:57:52.10	+00:17:10 (29.7%)	11:33	5.2 (70.3%)
43	PAWLACZYK Grażyna	510		K56+	3	00:00:05	00:58:34.75	00:58:40.40	+00:17:56 (30.6%)	11:43	5.1 (68.9%)
44	LATOSIŃSKI Leszek	556	UGNWW	M56+	6	00:00:08	00:59:16.45	00:59:25.30	+00:18:38 (31.5%)	11:51	5.1 (68.9%)
45	BIALIK-PIESZAK Anna	555	UGNWW	K35	5	00:00:07	00:59:16.90	00:59:24.85	+00:18:39 (31.5%)	11:51	5.1 (68.9%)
46	BŁACHUT Edyta	558	UGNWW	K46-55	4	00:00:07	00:59:18.20	00:59:25.20	+00:18:40 (31.5%)	11:51	5.1 (68.9%)
47	EICHHORN Moriola	565		K56+	4	00:00:00	01:01:11.80	01:01:11.80	+00:20:33 (33.6%)	12:14	4.9 (66.2%)
48	BLATTNER Anna	566		K46-55	5	00:00:00	01:01:12.45	01:01:12.45	+00:20:34 (33.6%)	12:14	4.9 (66.2%)
49	RYBKA Magdalena	531		K36-45	13	00:00:03	01:02:28.75	01:02:32.00	+00:21:50 (35.0%)	12:29	4.8 (64.9%)
50	MAROSZ Stanisław	529		M56+	7	00:00:05	01:02:32.50	01:02:38.35	+00:21:54 (35.0%)	12:30	4.8 (64.9%)
51	KICIŃSKI Marian	544		M56+	8	00:00:09	01:03:19.25	01:03:28.25	+00:22:41 (35.8%)	12:39	4.7 (63.5%)
52	KICIŃSKA Mariola	543		K56+	5	00:00:07	01:03:20.55	01:03:28.45	+00:22:42 (35.9%)	12:40	4.7 (63.5%)
53	BIERYT Arkadiusz	508	POLI-FAX POLIGRAFIA I REKLAMA	M46-55	6	00:00:06	01:05:03.45	01:05:10.00	+00:24:25 (37.5%)	13:00	4.6 (62.2%)
53	BIERYT Joanna	507	POLI-FAX POLIGRAFIAREKLAMA BOCZNA 10	K46-55	6	00:00:06	01:05:03.45	01:05:10.10	+00:24:25 (37.5%)	13:00	4.6 (62.2%)
55	MUCHA Wiktoria	550	BATRUN	K36-45	14	00:00:05	01:05:18.55	01:05:24.40	+00:24:40 (37.8%)	13:03	4.6 (62.2%)
56	PAWŁOWSKI Waldemar	537		M56+	9	00:00:10	01:09:56.00	01:10:06.25	+00:29:18 (41.9%)	13:59	4.3 (58.1%)

Znaleziono 56 wynik(ów)