



XIII FESTIWAL SPORTOWO-TURYSTYCZNY - NORDIC WALKING 6,5 KM

B4SPORT

Wydarzenie: XIII Festiwal Sportowo-Turystyczny 2019
Organizator: Rowerowa Brzoza
Data: 2019-09-22
Miejsce: Przyłęki-Brzoza
Dystans: 6,5 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	TRZCIŃSKI Franciszek	554	SPORT I REKREACJA START	M46-55	1	00:00:02	00:40:37.90	00:40:40.00		8:07	7.4 (100%)
2	GWIZDAŁA Zbigniew	515		M46-55	2	00:00:01	00:40:44.25	00:40:46.00	+00:00:06 (0.3%)	8:09	7.4 (100%)
3	NAGOW Michał	513		M36-45	1	00:00:02	00:43:06.35	00:43:09.05	+00:02:28 (5.7%)	8:37	7 (94.6%)
4	WROBEL Mateusz	530	SPARROW TEAM	M35	1	00:00:03	00:43:29.85	00:43:33.40	+00:02:51 (6.6%)	8:42	6.9 (93.2%)
5	NOWAK Grzegorz	514		M36-45	2	00:00:02	00:43:57.25	00:43:59.85	+00:03:19 (7.6%)	8:47	6.8 (91.9%)
6	MUCHA Marcin	518	BATRUN	M36-45	3	00:00:02	00:44:25.15	00:44:27.95	+00:03:47 (8.5%)	8:53	6.8 (91.9%)
7	KRZYŻANOWSKI Robert	535	ANDRO	M46-55	3	00:00:04	00:44:35.35	00:44:39.60	+00:03:57 (8.9%)	8:55	6.7 (90.5%)
8	POTRZEBOWSKI Marek	542	DEAF I #B3K	M36-45	4	00:00:01	00:44:59.30	00:45:01.15	+00:04:21 (9.7%)	9:00	6.7 (90.5%)
9	GWIZDAŁA Bartosz	516		M35	2	00:00:02	00:45:03.00	00:45:05.75	+00:04:25 (9.8%)	9:00	6.7 (90.5%)
10	KUSA Piotr	536		M36-45	5	00:00:02	00:47:47.90	00:47:50.85	+00:07:10 (15.0%)	9:33	6.3 (85.1%)
11	MAŁKIEWICZ Jacek	548	TBKM WILK	M56+	1	00:00:02	00:47:49.85	00:47:52.35	+00:07:11 (15.1%)	9:34	6.3 (85.1%)
12	ROSZAK Zbigniew	545		M35	3	00:00:02	00:47:50.75	00:47:53.65	+00:07:12 (15.1%)	9:34	6.3 (85.1%)
13	GROCHAŁA Michał	502		M35	4	00:00:04	00:47:52.40	00:47:56.80	+00:07:14 (15.1%)	9:34	6.3 (85.1%)
14	CIESIELSKI Krzysztof	567	FAST WALKER	M56+	2	00:00:02	00:48:03.00	00:48:05.05	+00:07:25 (15.4%)	9:36	6.2 (83.8%)
15	FELCYN Paweł	522		M46-55	4	00:00:06	00:49:42.80	00:49:49.55	+00:09:04 (18.3%)	9:56	6 (81.1%)
16	KOWALSKI Lech	505	SZARY LIS	M56+	3	00:00:04	00:50:15.40	00:50:19.55	+00:09:37 (19.2%)	10:03	6 (81.1%)
17	KRYSZTOFIAK Czesław	528		M56+	4	00:00:05	00:52:09.20	00:52:14.25	+00:11:31 (22.1%)	10:25	5.8 (78.4%)
18	WIERZCHOSŁAWSKI Marcel	557		M35	5	00:00:05	00:54:44.00	00:54:49.60	+00:14:06 (25.8%)	10:56	5.5 (74.3%)
19	ŁADZIŃSKI Ryszard	562	UG NWW	M46-55	5	00:00:06	00:55:13.95	00:55:20.90	+00:14:36 (26.4%)	11:02	5.4 (73.0%)
20	BARANOWSKI Norbert	561	UGNWW	M35	6	00:00:07	00:57:14.15	00:57:21.60	+00:16:36 (29.0%)	11:26	5.2 (70.3%)
21	WIŚNIEWSKI Wiesław	538	MOZARTSTELL	M56+	5	00:00:03	00:57:48.15	00:57:52.10	+00:17:10 (29.7%)	11:33	5.2 (70.3%)
22	LATOŚIŃSKI Leszek	556	UGNWW	M56+	6	00:00:08	00:59:16.45	00:59:25.30	+00:18:38 (31.5%)	11:51	5.1 (68.9%)
23	MAROSZ Stanisław	529		M56+	7	00:00:05	01:02:32.50	01:02:38.35	+00:21:54 (35.0%)	12:30	4.8 (64.9%)
24	KICIŃSKI Marian	544		M56+	8	00:00:09	01:03:19.25	01:03:28.25	+00:22:41 (35.8%)	12:39	4.7 (63.5%)
25	BIERYT Arkadiusz	508	POLI-FAX POLIGRAFIA I REKLAMA	M46-55	6	00:00:06	01:05:03.45	01:05:10.00	+00:24:25 (37.5%)	13:00	4.6 (62.2%)
26	PAWŁOWSKI Waldemar	537		M56+	9	00:00:10	01:09:56.00	01:10:06.25	+00:29:18 (41.9%)	13:59	4.3 (58.1%)

