



## XIII KOSZALIŃSKI BIEG GÓRSKI - 15 KM

B4SPORT

**Wydarzenie:**  
**Organizator:**

XIII Koszaliński Bieg Górski  
Koszalińskie Towarzystwo Krzewienia Kultury  
Fizycznej

**Data:**  
**Miejsce:**  
**Dystans:**

2022-04-30  
Koszalin  
15.9 km



Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	lap1 5.3km	lap2 10.6km	Czas netto 15.9km	Różn	Tempo min/km	Tempo km/h
1	<b>HUBERT Łukasz</b>	<b>47</b>	TKKF KOSZALIN	M40-49	1	00:23:44	00:49:13	<b>01:15:10.40</b>		4:43	12.7 (100%)
2	<b>WOJNIUSZ Adrian</b>	<b>143</b>	FEIFER TEAM	M40-49	2	00:26:25	00:53:17	<b>01:21:08.70</b>	+00:05:58 (7.4%)	5:06	11.8 (92.9%)
3	<b>STERNIK Tomasz</b>	<b>116</b>		M40-49	3	00:26:31	00:54:35	<b>01:23:29.40</b>	+00:08:19 (10.0%)	5:15	11.4 (89.8%)
4	<b>SMAGOWSKI Wojtek</b>	<b>112</b>	OSP RĄBINO	M40-49	4	00:27:43	00:57:08	<b>01:24:53.50</b>	+00:09:43 (11.4%)	5:20	11.2 (88.2%)
5	<b>MAZUR Emilusz</b>	<b>82</b>	GROOT	M40-49	5	00:28:11	00:57:42	<b>01:27:44.60</b>	+00:12:34 (14.3%)	5:31	10.9 (85.8%)
6	<b>IWANIEC Dariusz</b>	<b>48</b>	TKKF KOSZALIN	M40-49	6	00:28:42	00:58:40	<b>01:27:59.40</b>	+00:12:49 (14.6%)	5:32	10.8 (85.0%)
7	<b>PAKULSKI Marcin</b>	<b>95</b>		M40-49	7	00:29:13	00:59:07	<b>01:29:20.80</b>	+00:14:10 (15.9%)	5:37	10.7 (84.3%)
8	<b>WILKOWSKI Krzysztof</b>	<b>139</b>	FOR-REST-RUN	M40-49	8	00:29:09	00:59:22	<b>01:29:23.05</b>	+00:14:12 (15.9%)	5:37	10.7 (84.3%)
9	<b>SZUBERT Marcin</b>	<b>126</b>	KOŁOBRZEG BIEGA	M40-49	9	00:30:50	01:02:18	<b>01:34:22.75</b>	+00:19:12 (20.3%)	5:56	10.1 (79.5%)
10	<b>TYLMAN Piotr</b>	<b>130</b>	RUNDORFINA	M40-49	10	00:29:26	01:01:12	<b>01:34:30.00</b>	+00:19:19 (20.5%)	5:56	10.1 (79.5%)
11	<b>SZAFRAŃSKI Grzegorz</b>	<b>122</b>	MLUKS TRZEBIATÓW	M40-49	11	00:30:29	01:02:30	<b>01:36:16.75</b>	+00:21:06 (21.9%)	6:03	9.9 (78.0%)
12	<b>KOŁODZIEJCZAK Grzegorz</b>	<b>59</b>		M40-49	12	00:33:49	01:07:22	<b>01:39:45.00</b>	+00:24:34 (24.6%)	6:16	9.6 (75.6%)
13	<b>HAJDUK Maciej</b>	<b>40</b>	NIEBKO TERROR	M40-49	13	00:31:45	01:05:59	<b>01:42:03.40</b>	+00:26:53 (26.3%)	6:25	9.3 (73.2%)
14	<b>DIDŁUCH Jacek</b>	<b>19</b>	KARLINOBIEGAJ	M40-49	14	00:34:02	01:12:26	<b>01:51:15.70</b>	+00:36:05 (32.4%)	6:59	8.6 (67.7%)
15	<b>GARNCAREK Paweł</b>	<b>28</b>		M40-49	15	00:35:53	01:13:36	<b>01:51:57.55</b>	+00:36:47 (32.9%)	7:02	8.5 (66.9%)

Znaleziono 15 wynik(ów)