



XIII MIĘDZYNARODOWY BIEG WENEDÓW - 1 MILA

B4SPORT

Organiser: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Date: 2015-05-24
Place: Koszalin
Distance: 1,6 km



Classification: All

Place	Participant	Number	Club	Category	MCat	0.07km	1.55km	Net time 1.6km	Czas brutto 1.6km	Gap	Pace min/km	Pace km/h
1	TEOFILAK Kamil	637	KKKS	M-2	1	00:00:11	00:04:14	00:04:29	00:04:29		2:48	21.4 (100%)
2	WRÓBEL Jakub	623		M-1	1			00:04:36	00:04:36	+00:00:07 (2.5%)	2:52	20.9 (97.7%)
3	MUSIAŁ Krzysztof	615		M-4	1	00:04:38		00:04:53	00:04:53	+00:00:24 (8.2%)	3:03	19.7 (92.1%)
4	WOJTKIEWICZ Mateusz	633	KB 10 BIAOGARD	M-3	1	00:00:13		00:04:54	00:04:54	+00:00:25 (8.5%)	3:03	19.6 (91.6%)
5	BURZYŃSKI Aleksander	614		M-4	2	00:04:41		00:04:57	00:04:57	+00:00:28 (9.4%)	3:05	19.4 (90.7%)
6	IGNACZAK Piotr	632	KB DZIESIĄTKA BIAŁOGARD	M-3	2	00:00:14	00:04:42	00:04:58	00:04:58	+00:00:29 (9.7%)	3:06	19.3 (90.2%)
7	SZEMRO Dawid	638		M-1	2	00:00:14	00:04:43	00:05:02	00:05:02	+00:00:33 (10.9%)	3:08	19.1 (89.3%)
8	RYBARCZYK Oskar	630		M-1	3	00:00:16	00:04:48	00:05:03	00:05:03	+00:00:34 (11.2%)	3:09	19 (88.8%)
9	KULCZYK Jerzy	536	4 RUN TTKF KOSZALIN	M-6	1	00:00:14	00:04:49	00:05:04	00:05:04	+00:00:35 (11.5%)	3:10	18.9 (88.3%)
10	ZBOIŃSKI Wojciech	580		M-5	1	00:00:15	00:04:48	00:05:05	00:05:05	+00:00:36 (11.8%)	3:10	18.9 (88.3%)
10	WITKIEWICZ Eryk	576	KB DZIESIĄTKA BIAŁOGARD	M-4	3	00:04:49		00:05:05	00:05:05	+00:00:36 (11.8%)	3:10	18.9 (88.3%)
12	PEC Marek	621		M-5	2	00:00:15	00:04:55	00:05:11	00:05:11	+00:00:42 (13.5%)	3:14	18.5 (86.4%)
13	WILCZEWSKI Mariusz	608	MKS ŚWIĘC ABWOOD SŁAWNO	M-3	3	00:00:15	00:04:56	00:05:14	00:05:14	+00:00:45 (14.3%)	3:16	18.3 (85.5%)
14	JANIAK Grzegorz	602		M-4	4	00:00:16	00:05:00	00:05:15	00:05:15	+00:00:46 (14.6%)	3:16	18.3 (85.5%)
15	KOZAK Paweł	620	KL BAŁTYK KOSZALIN	M-1	4	00:00:14	00:05:12	00:05:27	00:05:27	+00:00:58 (17.7%)	3:24	17.6 (82.2%)
16	ORZEŁ Juliusz	616		M-1	5	00:00:15	00:05:13	00:05:28	00:05:28	+00:00:59 (18.0%)	3:25	17.6 (82.2%)
17	JAŻWIŃSKI Dawid	525		M-1	6	00:00:15	00:05:26	00:05:44	00:05:44	+00:01:15 (21.8%)	3:35	16.7 (78.0%)
18	HRYCYK Anna	520		K-1	1	00:00:15	00:05:35	00:05:52	00:05:52	+00:01:23 (23.6%)	3:40	16.4 (76.6%)
18	BOGDANOWICZ Krzysztof	610	4RUN TTKF KOSZALIN	M-6	2	00:00:16	00:05:35	00:05:52	00:05:52	+00:01:23 (23.6%)	3:40	16.4 (76.6%)
20	FRONTCZAK Izabela	510	4RUN TTKF KOSZALIN	K-3	1	00:00:15	00:05:37	00:05:57	00:05:57	+00:01:28 (24.6%)	3:43	16.1 (75.2%)
21	BOŃKOWSKI Robert	504		M-2	2	00:00:19	00:05:40	00:06:02	00:06:02	+00:01:33 (25.7%)	3:46	15.9 (74.3%)
22	SAMOIŁ-KOWALSKA Irena	559	TKKF KOSZALINBOBOLICE	K-5	1	00:00:16	00:05:46	00:06:04	00:06:04	+00:01:35 (26.1%)	3:47	15.8 (73.8%)
23	GRZYBOWSKI Piotr	617		M-5	3	00:00:16	00:05:57	00:06:16	00:06:16	+00:01:47 (28.5%)	3:55	15.3 (71.5%)

Place	Participant	Number	Club	Category	MCat	0.07km	1.55km	Net	Czas	Gap	Pace	Pace
								time	brutto			
								1.6km	1.6km			
24	WRÓBLEWSKI Jacek	578		M-1	7	00:00:18	00:06:04	00:06:24	00:06:24	+00:01:55 (29.9%)	4:00	15 (70.1%)
25	KRZEMIŃSKI Michał	643		M-3	4	00:00:29	00:06:08	00:06:26	00:06:26	+00:01:57 (30.3%)	4:01	14.9 (69.6%)
26	ANTONIAK Aleksandra	647		K-1	2	00:00:17	00:06:09	00:06:29	00:06:29	+00:02:00 (30.8%)	4:03	14.8 (69.2%)
27	PRZYBYSZEWSKI Adrian	554		M-2	3	00:00:23	00:06:14	00:06:34	00:06:34	+00:02:05 (31.7%)	4:06	14.6 (68.2%)
28	BURMEISTER Niklas	611		M-1	8	00:00:23	00:06:17	00:06:35	00:06:35	+00:02:06 (31.9%)	4:06	14.6 (68.2%)
29	DĄBROWSKA Alicja	508		K-5	2	00:00:18	00:06:15	00:06:36	00:06:36	+00:02:07 (32.1%)	4:07	14.5 (67.8%)
30	MICHALSKI Paweł	544		M-3	5	00:00:18	00:06:15	00:06:38	00:06:38	+00:02:09 (32.4%)	4:08	14.5 (67.8%)
31	ZACHCIAŁ-PEC Joanna	624		K-5	3	00:00:18	00:06:19	00:06:39	00:06:39	+00:02:10 (32.6%)	4:09	14.4 (67.3%)
32	ZIOMEK Maja	581	4RUN TKKF KOSZALIN	K-2	1	00:00:16	00:06:19	00:06:44	00:06:44	+00:02:15 (33.4%)	4:12	14.3 (66.8%)
33	MICHALAK Michał	593		M-4	5	00:00:22	00:06:26	00:06:46	00:06:46	+00:02:17 (33.7%)	4:13	14.2 (66.4%)
33	STACHOWIAK Gracjan	591		M-1	9	00:00:17	00:06:27	00:06:46	00:06:46	+00:02:17 (33.7%)	4:13	14.2 (66.4%)
35	SKOWYRSKI Janusz	563	ROWERIA KOSZALIN	M-6	3	00:00:16	00:06:27	00:06:50	00:06:50	+00:02:21 (34.4%)	4:16	14 (65.4%)
36	BABIŃSKA Natalia	500		K-2	2	00:00:17	00:06:30	00:06:51	00:06:51	+00:02:22 (34.5%)	4:16	14 (65.4%)
37	SAMOŁ-KOWALSKA Gerda	558	ZS NR 7 BUDOWLANKA	K-2	3	00:00:19	00:06:33	00:06:52	00:06:52	+00:02:23 (34.7%)	4:17	14 (65.4%)
38	BOGACKA Lucyna	502	4RUN TKKF KOSZALIN	K-6	1	00:00:18	00:06:29	00:06:53	00:06:53	+00:02:24 (34.9%)	4:18	13.9 (65.0%)
38	DOBOSZ Michał	635	SP5	M-1	10	00:00:22	00:06:32	00:06:53	00:06:53	+00:02:24 (34.9%)	4:18	13.9 (65.0%)
40	JAŻWIŃSKI Dominik	590		M-1	11	00:00:19	00:06:39	00:06:57	00:06:57	+00:02:28 (35.5%)	4:20	13.8 (64.5%)
41	BARSKA Kamila	626	WYBRZEŻE OBJAZDA	K-1	3	00:00:18	00:06:46	00:07:05	00:07:05	+00:02:36 (36.7%)	4:25	13.6 (63.6%)
42	TUSK Szymon	569		M-1	12	00:00:15	00:06:43	00:07:06	00:07:06	+00:02:37 (36.9%)	4:26	13.5 (63.1%)
42	WĄSICKA Wiktoria	572	STOPA SŁUPSK	K-1	4	00:00:22	00:06:47	00:07:06	00:07:06	+00:02:37 (36.9%)	4:26	13.5 (63.1%)
44	WĄSICKI Jacek	573	STOPA SŁUPSK	M-5	4	00:00:21	00:06:46	00:07:07	00:07:07	+00:02:38 (37.0%)	4:26	13.5 (63.1%)
45	SIMONOWICZ Aneta	561		K-4	1	00:00:18	00:06:47	00:07:09	00:07:09	+00:02:40 (37.3%)	4:28	13.4 (62.6%)
46	OGRODNIK Sebastian	551	SP 7	M-1	13	00:00:19	00:06:51	00:07:12	00:07:12	+00:02:43 (37.7%)	4:30	13.3 (62.1%)
46	BURZYŃSKA Antonina	636	STOPA SŁUPSK	K-1	5	00:00:21	00:06:54	00:07:12	00:07:12	+00:02:43 (37.7%)	4:30	13.3 (62.1%)
46	KOSICKA Jagoda	627		K-1	6	00:00:21	00:06:54	00:07:12	00:07:12	+00:02:43 (37.7%)	4:30	13.3 (62.1%)
46	KOSZOWSKI Krystian	618		M-4	6	00:00:22	00:06:54	00:07:12	00:07:12	+00:02:43 (37.7%)	4:30	13.3 (62.1%)
50	MARKIEWICZ Miłosz	588	SSP NASZA SZKOŁA	M-1	14	00:00:20	00:06:54	00:07:14	00:07:14	+00:02:45 (38.0%)	4:31	13.3 (62.1%)
50	MARKIEWICZ Wojciech	589		M-5	5	00:00:20	00:06:54	00:07:14	00:07:14	+00:02:45 (38.0%)	4:31	13.3 (62.1%)
52	WALCZAK Agnieszka	570		K-4	2	00:00:20	00:06:53	00:07:16	00:07:16	+00:02:47 (38.3%)	4:32	13.2 (61.7%)
52	WOJCIECHOWSKA Anna	577		K-4	3	00:00:22	00:06:54	00:07:16	00:07:16	+00:02:47 (38.3%)	4:32	13.2 (61.7%)
54	GAWIECKI Piotr	513		M-5	6	00:00:18	00:06:56	00:07:19	00:07:19	+00:02:50 (38.7%)	4:34	13.1 (61.2%)
55	BRĘK Ania	505	OGIEŃ W SZOPIE	K-3	2	00:00:24	00:07:01	00:07:22	00:07:22	+00:02:53 (39.1%)	4:36	13 (60.7%)
56	ZIELIŃSKI Kamil	609	RAZ SZCZECIN	M-4	7	00:00:27	00:07:03	00:07:28	00:07:28	+00:02:59 (40.0%)	4:40	12.9 (60.3%)
57	RUSIECKI Paweł	594		M-5	7	00:00:21	00:07:08	00:07:30	00:07:30	+00:03:01 (40.2%)	4:41	12.8 (59.8%)
58	KRAWCÓW Daniel	535		M-4	8	00:00:23	00:07:06	00:07:36	00:07:36	+00:03:07 (41.0%)	4:45	12.6 (58.9%)
58	KANTOR Sławek	634		M-3	6	00:00:23	00:07:07	00:07:36	00:07:36	+00:03:07 (41.0%)	4:45	12.6 (58.9%)
60	DĄBROWSKA Katarzyna	509		K-3	3	00:00:25	00:07:18	00:07:39	00:07:39	+00:03:10 (41.4%)	4:46	12.5 (58.4%)
61	SWJATECKI Jerzy	565		M-8	1	00:00:19	00:07:23	00:07:44	00:07:44	+00:03:15 (42.0%)	4:50	12.4 (57.9%)
62	BAJER Emilia	501		K-4	4	00:00:18	00:07:21	00:07:47	00:07:47	+00:03:18 (42.4%)	4:51	12.3 (57.5%)
62	ŻUREK Karol	599		M-1	15	00:00:16	00:07:24	00:07:47	00:07:47	+00:03:18 (42.4%)	4:51	12.3 (57.5%)
62	GRABOWSKI Szczepan	644		M-2	4	00:00:25	00:07:30	00:07:47	00:07:47	+00:03:18 (42.4%)	4:51	12.3 (57.5%)
65	ZBOIŃSKA Agnieszka	579		K-5	4	00:00:19	00:07:23	00:07:50	00:07:50	+00:03:21 (42.8%)	4:53	12.3 (57.5%)
65	SKIERŚ Wanda	562		K-6	2	00:00:24	00:07:26	00:07:50	00:07:50	+00:03:21 (42.8%)	4:53	12.3 (57.5%)

Place	Participant	Number	Club	Category	MCat	0.07km	1.55km	Net time	Czas brutto	Gap	Pace min/km	Pace km/h
								1.6km	1.6km			
67	WRÓBEL Kornelia	622		K-1	7	00:00:20	00:07:26	00:07:52	00:07:52	+00:03:23 (43.0%)	4:55	12.2 (57.0%)
68	ROGANOWSKA Danuta	556		K-4	5	00:00:18	00:07:30	00:07:55	00:07:55	+00:03:26 (43.4%)	4:56	12.1 (56.5%)
68	ROGANOWSKI Rafał	557		M-5	8	00:00:19	00:07:30	00:07:55	00:07:55	+00:03:26 (43.4%)	4:56	12.1 (56.5%)
70	SAPOR Olga	560	OGIEŃ W SZOPIE	K-3	4	00:00:24	00:07:33	00:07:58	00:07:58	+00:03:29 (43.7%)	4:58	12.1 (56.5%)
71	VON BARDELEBEN Cruise	583	BABECZKI KOSZALIN	K-1	8	00:00:21	00:07:36	00:08:00	00:08:00	+00:03:31 (44.0%)	5:00	12 (56.1%)
72	PILARSKA Anastazja	552		K-1	9	00:00:22	00:07:44	00:08:01	00:08:01	+00:03:32 (44.1%)	5:00	12 (56.1%)
73	LIS Aleksandra	612		K-3	5	00:00:26	00:07:49	00:08:10	00:08:10	+00:03:41 (45.1%)	5:06	11.8 (55.1%)
74	GOŁĘBIEWSKA Izabella	516		K-5	5	00:00:18	00:07:43	00:08:11	00:08:11	+00:03:42 (45.2%)	5:06	11.7 (54.7%)
74	MARSZAŁKOWSKA Dorota	541		K-4	6	00:00:23	00:07:45	00:08:11	00:08:11	+00:03:42 (45.2%)	5:06	11.7 (54.7%)
74	MARSZAŁKOWSKI Radosław	542		M-3	7	00:00:23	00:07:45	00:08:11	00:08:11	+00:03:42 (45.2%)	5:06	11.7 (54.7%)
77	RUMAS Dominik	641		M-1	16	00:00:15	00:07:49	00:08:15	00:08:15	+00:03:46 (45.7%)	5:09	11.6 (54.2%)
78	GODUŃSKA Anna	515	VOCALIS SZCZECIN	K-6	3	00:00:24	00:07:53	00:08:20	00:08:20	+00:03:51 (46.2%)	5:12	11.5 (53.7%)
79	BOŃKOWSKI Krzysztof	503		M-5	9	00:00:20	00:07:51	00:08:21	00:08:21	+00:03:52 (46.3%)	5:13	11.5 (53.7%)
79	IMIOŁEK Marcel	522		M-1	17	00:00:27	00:08:00	00:08:21	00:08:21	+00:03:52 (46.3%)	5:13	11.5 (53.7%)
81	TROŚNIAK Katarzyna	629	KB 10 BIAOGARD	K-1	10	00:00:23	00:08:01	00:08:22	00:08:22	+00:03:53 (46.4%)	5:13	11.5 (53.7%)
82	HAUSMAN Andrzej	519		M-7	1	00:00:25	00:07:56	00:08:25	00:08:25	+00:03:56 (46.7%)	5:15	11.4 (53.3%)
82	GAWIECKA Mariola	512		K-5	6	00:00:18	00:07:58	00:08:25	00:08:25	+00:03:56 (46.7%)	5:15	11.4 (53.3%)
84	RYMAN - LIPIŃSKA Sandra	625	ZSP1 SŁUPSK	K-2	4	00:00:20	00:08:08	00:08:26	00:08:26	+00:03:57 (46.8%)	5:16	11.4 (53.3%)
85	FRUBA Karina	511	STOPA SŁUPSK	K-4	7	00:00:24	00:08:00	00:08:27	00:08:27	+00:03:58 (46.9%)	5:16	11.4 (53.3%)
86	WIECZORKIEWICZ Daniel	574	RYŚ BANDA	M-4	9	00:00:27	00:08:02	00:08:29	00:08:29	+00:04:00 (47.2%)	5:18	11.3 (52.8%)
87	CHOCHOŁOWSKA Nikola	640		K-1	11	00:00:22	00:08:11	00:08:35	00:08:35	+00:04:06 (47.8%)	5:21	11.2 (52.3%)
88	WOŹNIAR Jakub	631		M-1	18	00:00:23	00:08:08	00:08:36	00:08:36	+00:04:07 (47.9%)	5:22	11.2 (52.3%)
89	MAZUREK Hanna	543		K-1	12	00:00:25	00:08:12	00:08:38	00:08:38	+00:04:09 (48.1%)	5:23	11.1 (51.9%)
90	BEDNAREK Oliwia	585		K-1	13	00:00:25	00:08:14	00:08:39	00:08:39	+00:04:10 (48.2%)	5:24	11.1 (51.9%)
91	GRAJESKA Klaudia	639		K-1	14	00:00:22	00:08:11	00:08:41	00:08:41	+00:04:12 (48.4%)	5:25	11.1 (51.9%)
92	KRAMARZ Stanisław	534	ROSSBIEGANI	M-1	19	00:00:26	00:08:19	00:08:45	00:08:45	+00:04:16 (48.8%)	5:28	11 (51.4%)
93	KRAMARZ Aneta	533	ROSSBIEGANI	K-4	8	00:00:25	00:08:19	00:08:46	00:08:46	+00:04:17 (48.9%)	5:28	11 (51.4%)
94	GRABOWSKI Marek	642		M-5	10	00:08:26		00:08:50	00:08:50	+00:04:21 (49.2%)	5:31	10.9 (50.9%)
95	STEC Wiktoria	597		K-1	15	00:00:25	00:08:21	00:08:51	00:08:51	+00:04:22 (49.3%)	5:31	10.8 (50.5%)
96	TUSK Aleksandra	567		K-4	9	00:00:20	00:08:20	00:08:52	00:08:52	+00:04:23 (49.4%)	5:32	10.8 (50.5%)
97	BOLEK Adrian	592		M-1	20	00:00:20	00:08:14	00:08:53	00:08:53	+00:04:24 (49.5%)	5:33	10.8 (50.5%)
98	RZEDZICKI Kacper	601		M-1	21	00:00:27	00:08:43	00:09:08	00:09:08	+00:04:39 (50.9%)	5:42	10.5 (49.1%)
99	RUSIECKA Aleksandra	595		K-1	16	00:00:26	00:08:41	00:09:10	00:09:10	+00:04:41 (51.1%)	5:43	10.5 (49.1%)
100	KOZŁOWIECKA Małgorzata	530		K-6	4	00:00:29	00:08:48	00:09:15	00:09:15	+00:04:46 (51.5%)	5:46	10.4 (48.6%)
101	KOZŁOWIECKI Waldemar	129	TKKF KOSZALIN	M-7	2	00:00:30	00:08:48	00:09:18	00:09:18	+00:04:49 (51.8%)	5:48	10.3 (48.1%)
102	GOŁĘBIEWSKI Roman	517		M-5	11	00:00:18	00:08:52	00:09:21	00:09:21	+00:04:52 (52.0%)	5:50	10.3 (48.1%)
103	ŻMUDA-TRZEBIATOWSKA Małgorzata	582		K-4	10	00:00:20	00:07:50	00:09:23	00:09:23	+00:04:54 (52.2%)	5:51	10.2 (47.7%)
104	KILAR Oliwia	528		K-1	17	00:00:23	00:08:58	00:09:25	00:09:25	+00:04:56 (52.4%)	5:53	10.2 (47.7%)
105	GAWRON Barbara	514	KB GOCH BYTÓW	K-4	11	00:00:23	00:09:00	00:09:28	00:09:28	+00:04:59 (52.6%)	5:55	10.1 (47.2%)
106	KONIEWSKA Justyna	391		K-4	12	00:00:21	00:09:10	00:09:41	00:09:41	+00:05:12 (53.7%)	6:03	9.9 (46.3%)
107	KIERKOSZ Natalia	613		K-1	18	00:00:26	00:09:34	00:10:02	00:10:02	+00:05:33 (55.3%)	6:16	9.6 (44.9%)
107	GZELA Anna	603		K-1	19	00:00:26	00:09:34	00:10:02	00:10:02	+00:05:33 (55.3%)	6:16	9.6 (44.9%)
109	VON BARDELEBEN Tarryn	584	BABECZKI KOSZALIN	K-1	20	00:00:25	00:09:46	00:10:13	00:10:13	+00:05:44 (56.1%)	6:23	9.4 (43.9%)
110	TUSK Maciej	568		M-1	22	00:00:19	00:10:18	00:10:49	00:10:49	+00:06:20 (58.6%)	6:45	8.9 (41.6%)

Place	Participant	Number	Club	Category	MCat	0.07km	1.55km	Net time 1.6km	Czas brutto 1.6km	Gap	Pace min/km	Pace km/h
110	TUSK Daniel	600		M-5	12	00:00:21	00:10:19	00:10:49	00:10:49	+00:06:20 (58.6%)	6:45	8.9 (41.6%)
112	FISZBACH Milenka	605		K-1	21	00:00:28	00:10:30	00:10:52	00:10:52	+00:06:23 (58.7%)	6:47	8.8 (41.1%)
113	FISZBACH Julia	606		K-1	22	00:00:26	00:10:27	00:10:54	00:10:54	+00:06:25 (58.9%)	6:48	8.8 (41.1%)
114	PRZYBYSZEWSKA Ewa	553		K-4	13	00:00:22	00:10:40	00:11:12	00:11:12	+00:06:43 (60.0%)	7:00	8.6 (40.2%)
115	FISZBACH Jakub	607		M-1	23	00:00:27	00:10:51	00:11:19	00:11:19	+00:06:50 (60.4%)	7:04	8.5 (39.7%)
116	SULIMA Monika	604		K-5	7	00:00:27	00:10:51	00:11:22	00:11:22	+00:06:53 (60.6%)	7:06	8.4 (39.3%)
117	MORAWSKI Tomasz	549	ROWERIA KOSZALIN	M-6	4	00:00:29	00:11:30	00:12:08	00:12:08	+00:07:39 (63.0%)	7:35	7.9 (36.9%)
118	KILAR Igor	587		M-1	24	00:00:31	00:13:43	00:14:24	00:14:24	+00:09:55 (68.9%)	9:00	6.7 (31.3%)
119	KILAR Zofia	586		K-7	1	00:00:31	00:13:43	00:14:25	00:14:25	+00:09:56 (68.9%)	9:00	6.7 (31.3%)
120	IMIOŁEK Jacek	521		M-4	10	00:00:26	00:08:01			+00:03:47	5:10	11.6 (54.2%)

Total 120 results.