



## XIII MIĘDZYNARODOWY BIEG WENEDÓW - 10KM

B4SPORT

**Organiser:** Koszalińskie Towarzystwo Krzewienia Kultury  
Fizycznej  
**Date:** 2015-05-24  
**Place:** Koszalin  
**Distance:** 10 km



Classification: All

Split point: 5,0 km

Place	Participant	Number	Club	Category	0.07km	2.535km	5km
1	<b>DIDOWODIUK</b> Dmitro	<b>365</b>	UKRAINA	M-2	00:00:14	00:07:37	00:15:23
2	<b>GONCHAR</b> Oleksii	<b>412</b>		M-3	00:00:14	00:07:56	00:16:04
3	<b>CICHOCKI</b> Jarosław	<b>363</b>	KB 10 BIALOGARD	M-4	00:00:15	00:08:08	00:16:10
4	<b>MARYNICZ</b> Witalii	<b>467</b>	UKRAINA	M-2	00:00:13	00:08:12	00:16:23
4	<b>DZIUBA</b> Piotr	<b>46</b>	MARATOŃCZYK OKONEK	M-3	00:00:15	00:08:12	00:16:24
6	<b>LABZIUK</b> Aleksander	<b>366</b>	ACHILLES LESZNO	M-3	00:00:14	00:08:13	00:16:24
7	<b>BORYCHOWSKI</b> Mariusz	<b>378</b>	TUPOT USTKA	M-4	00:00:16	00:08:12	00:16:25
8	<b>WITKOWSKI</b> Mateusz	<b>1</b>	KU AZS PWSZ KOSZALIN TKKF KOSZALIN	M-2	00:00:15	00:08:13	00:16:32
9	<b>RYBARCZYK</b> Jan	<b>250</b>		M-4	00:00:16	00:08:23	00:16:49
9	<b>BORZĘCKI</b> Norbert	<b>15</b>		M-3	00:00:15	00:08:17	00:16:49
11	<b>WOJCIECHOWSKI</b> Jarosław	<b>321</b>	IKS BRAK FORMY	M-3	00:00:15	00:08:51	00:17:31
12	<b>SZYMAŃSKI</b> Sylwester	<b>287</b>	ULKS BARWICETEAM BIEGOWY SZCZECINEK	M-4	00:00:15	00:08:49	00:17:31
13	<b>KAMIŃSKI</b> Daniel	<b>364</b>		M-3	00:00:16	00:08:51	00:17:37
14	<b>BERG</b> Thoralaf	<b>349</b>	SCHWEDTER HASEN	M-4	00:00:15	00:08:53	00:17:54
15	<b>WESOŁOWSKI</b> Damian	<b>310</b>	AZS UAM POZNAŃ	M-2	00:00:15	00:08:53	00:17:55
16	<b>SZYMAJDA</b> Grzegorz	<b>286</b>	4RUN TKKF KOSZALIN	M-3	00:00:15	00:09:07	00:18:41
17	<b>KĘDZIERSKI</b> Andrzej	<b>104</b>		M-3	00:00:15	00:09:11	00:18:42
18	<b>PIEKARSKI</b> Rafał	<b>417</b>	OPOCZNO SPORT TEAM	M-1	00:00:17	00:09:19	00:18:50
19	<b>ANTOSIK</b> Grzegorz	<b>405</b>		M-3	00:00:18	00:09:25	00:18:56
20	<b>GOLECKI</b> Mirosław	<b>348</b>	FORMA ROSNOWO CSSPTKKF KOSZALIN	M-3	00:00:19	00:09:38	00:18:59
21	<b>JAROSZ</b> Wiesław	<b>415</b>	JW. 1223 BLOG	M-4	00:00:17	00:09:24	00:18:59
22	<b>BURMEISTER</b> Burkhardt	<b>351</b>	SCHWEDTER HASEN	M-5	00:00:17	00:09:22	00:19:00
23	<b>RYBACZEK</b> Sebastian	<b>249</b>	FORMA ROSNOWO JW 1223 - 3DPLOT	M-3	00:00:19	00:09:38	00:19:01
24	<b>KALETA</b> Sebastian	<b>95</b>		M-3	00:00:18	00:09:39	00:19:01

Place	Participant	Number	Club	Category	0.07km	2.535km	5km
25	<b>KRYCZKA Stanisław</b>	<b>458</b>	MIASTECKIE TOWARZYSTWO SPORTOWE HAMER	M-4	00:00:19	00:09:33	00:19:09
26	<b>RYŚKIEWICZ Rafał</b>	<b>251</b>	TNT	M-3	00:00:17	00:09:36	00:19:18
27	<b>HESSEL Lars</b>	<b>352</b>	SV TURBINE NEUBRANDENBURG E.V.	M-4	00:00:18	00:09:38	00:19:20
28	<b>LECHONKOVA Natalia</b>	<b>370</b>	ACHILLES LESZNO	K-3	00:00:18	00:09:44	00:19:22
29	<b>OLIJNIK Swietlana</b>	<b>372</b>	UKRAINA	K-3	00:00:17	00:09:43	00:19:22
30	<b>HURYŃ Ewa</b>	<b>80</b>		K-4	00:00:18	00:09:44	00:19:27
31	<b>MAGALSKI Tomasz</b>	<b>436</b>		M-2	00:00:24	00:09:47	00:19:29
32	<b>POLAK Szymon</b>	<b>222</b>	BIEGNIJMY.PL ROZBIEGANY KOSZALIN	M-4	00:00:23	00:09:43	00:19:29
33	<b>MICHALSKI Artur</b>	<b>180</b>	BBL GDYNIA KPW GDYNIA	M-3	00:00:19	00:09:36	00:19:31
34	<b>KASZTELAN Urszula</b>	<b>101</b>	TKKF TRIATHLON KOSZALIN	K-2	00:00:19	00:09:44	00:19:35
35	<b>KUNCEWICZ Robert</b>	<b>147</b>		M-3	00:00:19	00:09:49	00:19:35
36	<b>GOLIŃSKI Łukasz</b>	<b>60</b>	K.B. SPRINT ŚWIDWIN	M-3	00:00:20	00:09:48	00:19:36
37	<b>RUDNIKOWSKI Maciej</b>	<b>244</b>		M-4	00:00:21	00:09:44	00:19:43
38	<b>WIELEBA Marlena</b>	<b>379</b>	TUPOT USTKA	K-2	00:00:18	00:09:45	00:19:45
39	<b>GÓRA Sylwester</b>	<b>453</b>	PHILIPS-PIŁA	M-4	00:00:16	00:09:54	00:19:48
40	<b>GAŚECKI Tomasz</b>	<b>58</b>		M-4	00:00:25	00:10:00	00:19:48
41	<b>RADLIŃSKI Leopold</b>	<b>233</b>	PUPIL KOSZALIN	M-4	00:00:19	00:09:59	00:19:53
42	<b>POWARZYŃSKI Krzysztof</b>	<b>456</b>		M-4	00:00:19	00:09:56	00:19:55
43	<b>ZELEK Jan</b>	<b>331</b>	4RUN TKKF KOSZALIN	M-5	00:00:17	00:09:58	00:19:55
44	<b>SKIERKA Grzegorz</b>	<b>261</b>	MKS ŚWIĘC SŁAWNO	M-3	00:00:17	00:09:53	00:20:03
45	<b>STAWARZ Monika</b>	<b>265</b>	UKS EKOLUDEK SZCZENURZE	K-2	00:00:19	00:09:59	00:20:03
46	<b>GAJLEWICZ Dominik</b>	<b>439</b>		M-2	00:00:21	00:09:48	00:20:04
47	<b>BEMOWICZ Tomasz</b>	<b>414</b>		M-4	00:00:22	00:10:09	00:20:07
48	<b>RETKA Bartosz</b>	<b>237</b>	FORMA ROSNOWO	M-2	00:00:18	00:10:11	00:20:13
49	<b>WIDONIAK Rafał</b>	<b>312</b>		M-4	00:00:20	00:10:10	00:20:13
50	<b>KOŚCIELNIAK Robert</b>	<b>126</b>		M-5	00:00:16	00:09:54	00:20:19
51	<b>WITKIEWICZ Magda</b>	<b>319</b>	KB DZIESIĄTKA BIAŁOGARD	K-3	00:00:19	00:10:09	00:20:20
52	<b>BYKOWSKI Robert</b>	<b>442</b>	FORMA ROSNOWO CSSP	M-4	00:00:20	00:10:07	00:20:23
53	<b>STĘPNIAK Tomasz</b>	<b>269</b>	I LO KOSZALIN	M-3	00:00:22	00:10:10	00:20:29
54	<b>BOLECHOWSKI Cezary</b>	<b>13</b>		M-1	00:00:21	00:10:10	00:20:31
55	<b>HARASYM Zbigniew</b>	<b>73</b>		M-3	00:00:21	00:10:08	00:20:31
56	<b>STĘŻAŁA Artur</b>	<b>270</b>	JW 1223 2DPLOT	M-4	00:00:23	00:10:12	00:20:35
57	<b>KASZTELAN Władysław</b>	<b>102</b>	TKKF TRIATHLON KOSZALIN	M-3	00:00:22	00:10:17	00:20:35
58	<b>GÓRNY Norbert</b>	<b>64</b>	FORMA ROSNOWO	M-4	00:00:34	00:10:22	00:20:36
59	<b>WIŚNIK Marcin</b>	<b>318</b>	AMADEUS CROSSGYM	M-3	00:00:19	00:10:21	00:20:40
60	<b>CHMIELEWSKI Bartosz</b>	<b>26</b>	AMADEUS CROSSTRANING GYM	M-2	00:00:18	00:10:20	00:20:40
61	<b>ROGALSKI Marcin</b>	<b>238</b>	VOCALIS SZCZECIN	M-5	00:00:21	00:10:28	00:20:40
62	<b>MATYJASEK Zbigniew</b>	<b>176</b>		M-4	00:00:18	00:09:51	00:20:42
63	<b>BUJKO Andrzej</b>	<b>368</b>	CSSP KOSZALIN	M-2	00:00:27	00:10:35	00:20:47
64	<b>SKARA Steffi</b>	<b>353</b>	SCHWEDTER HASEN	K-3	00:00:20	00:10:21	00:20:50
65	<b>KOTARA-PAŁKA Małgorzata</b>	<b>127</b>		K-3	00:00:24	00:10:30	00:21:00
66	<b>SAWICZ Michał</b>	<b>253</b>	FINISZ MORĄG BIEGACZ Z PÓŁNOCY	M-2	00:00:25	00:10:31	00:21:03
67	<b>CZYŻEWSKI Janusz</b>	<b>34</b>	KOŁOBRZEG BIEGA	M-5	00:00:21	00:10:31	00:21:04
68	<b>MROCZKOWSKI Marek</b>	<b>185</b>	BIEGNIJMY.PL ROZBIEGANY KOSZALIN	M-3	00:00:41	00:10:53	00:21:04
69	<b>ŁUKAWSKI Mariusz</b>	<b>428</b>	JW 1223 3DPLOT	M-2	00:00:30	00:10:37	00:21:05
70	<b>PANCEWICZ Piotr</b>	<b>440</b>	RANNERSWALDE	M-3	00:00:19	00:10:32	00:21:13

Place	Participant	Number	Club	Category	0.07km	2.535km	5km
71	JODDA Sławomir	407	ZAMOŚCIE PIŁA	M-3	00:00:23	00:10:23	00:21:16
72	NOGA Sebastian	192	4RUN TKKF KOSZALIN	M-2	00:00:22	00:10:33	00:21:21
73	RACZYŃSKI Grzegorz	228	GIMNAZJUM SPORTOWE NR 1	M-1	00:00:17	00:10:29	00:21:22
74	MARCINIAK Maciej	171		M-3	00:00:26	00:10:35	00:21:22
75	STRAPOĆ Tobiasz	461		M-2	00:00:25	00:10:06	00:21:25
76	WEIDEMANN Phillip	416		M-1	00:00:23	00:10:58	00:21:28
77	NACHYŁA Paweł		DZIKI KOSZALIN	M-2	00:00:25	00:10:45	00:21:29
78	RAJNER Krzysztof	346		M-3	00:00:33	00:10:56	00:21:30
79	TOMALIK Karol	291		M-3	00:00:21	00:10:31	00:21:30
80	ROKOSZ Radosław	241	JW 1223	M-2	00:00:34	00:10:53	00:21:35
81	TROŚNIAK Piotr	432	KB 10 BIAŁOGARD	M-4	00:00:25	00:10:58	00:21:35
82	DZIUBA Leszek	45	KB DZIESIĄTKA BIAŁOGARD	M-6	00:00:20	00:10:52	00:21:36
83	WALTER Przemysław	304	KB DZIESIĄTKA BIAŁOGARD	M-4	00:00:25	00:10:56	00:21:37
84	SIKORSKI Adam	360	SIKORROWO	M-3	00:00:25	00:10:42	00:21:38
85	SINKIEWICZ Mirosław	390	JW 1223 3DPLOT	M-2	00:00:30	00:10:49	00:21:42
86	KORCZYŃSKI Sławomir	122		M-2	00:00:26	00:10:32	00:21:43
87	JAROSZEWSKI Daniel	396		M-3	00:00:17	00:10:39	00:21:44
88	NAWODZIŃSKI Grzegorz	454		M-3	00:00:18	00:10:42	00:21:45
89	PAWŁOWSKI Łukasz	490		M-3	00:00:35	00:11:03	00:21:45
90	MALINOWSKI Mariusz	170		M-3	00:00:24	00:10:57	00:21:47
91	RYTTEL Marcin	488		M-3	00:00:22	00:10:45	00:21:48
92	WEBER Paweł	306	AMADEUS CROSSTRaining GYM	M-3	00:00:19	00:10:39	00:21:50
93	SPALIK Michał	434		M-1	00:00:23	00:10:55	00:21:50
94	WALCZAK Marcin	301		M-3	00:00:23	00:10:53	00:21:50
95	BOGDANOWICZ Krzysztof	12	4RUN TKKF KOSZALIN	M-5	00:00:17	00:10:42	00:21:52
96	JASICZEK Dariusz	87	CSSP KOSZALIN	M-3	00:00:40	00:11:06	00:21:57
97	PAKULSKI Marcin	205		M-4	00:00:41	00:11:17	00:22:00
98	JAMROZIAK Grzegorz	84		M-3	00:00:24	00:10:52	00:22:01
99	LEWITA Szymon	158		M-2	00:00:26	00:11:00	00:22:03
100	STEFAŃSKI Krzysztof	367	CSSP KOSZALIN	M-2	00:00:28	00:11:12	00:22:04
101	OGRODNIK Grzegorz	199	JW 1223 1DPLOT	M-4	00:00:18	00:10:58	00:22:06
102	BARANOWSKI Piotr	393		M-3	00:00:24	00:11:20	00:22:10
103	GACA Radosław	53		M-2	00:00:44	00:11:03	00:22:10
104	KACHLICKI Kamil	92		M-3	00:00:21	00:10:58	00:22:11
105	SPALIK Mariusz	435		M-4	00:00:20	00:10:51	00:22:12
106	JAMNIAK Bartosz	437		M-2	00:00:22	00:10:49	00:22:19
107	OLEKSY Piotr	201		M-3	00:00:37	00:11:22	00:22:24
108	RASIAK Adam	403	JW 1223 1DPLOT	M-2	00:00:29	00:11:17	00:22:26
109	WICENS Jacek	311	JACEK - BIEGAM BO LUBIĘ	M-2	00:00:27	00:11:25	00:22:26
110	KOISZEWSKI Krzysztof	112		M-4	00:00:20	00:11:00	00:22:27
111	KRZANOWSKI Marcin	140	KB DZIESIĄTKA BIAŁOGARD	M-3	00:00:25	00:10:56	00:22:32
112	KUKIEŁA Tomasz	146		M-3	00:00:32	00:11:33	00:22:33
113	NOWAKOWSKI Rafał	194		M-3	00:00:33	00:11:28	00:22:34
114	ŻMIJOWSKI Piotr	340		M-3	00:00:25	00:11:28	00:22:38
115	ZIELIŃSKI Mateusz	332	SŁONECZNY PATROL KOSZALIN	M-2	00:00:40	00:11:49	00:22:39
116	ZIOMKO Rafał	336	KOŁOBRZEG	M-4	00:00:28	00:11:34	00:22:40

Place	Participant	Number	Club	Category	0.07km	2.535km	5km
117	SKAZA Dawid	260		M-3	00:00:28	00:11:35	00:22:40
118	KOBUS Maciej	111		M-2	00:00:29	00:11:28	00:22:45
119	KRUK Marcin	136		M-3	00:00:27	00:11:08	00:22:45
120	STANKIEWICZ Wiesław	362		M-5	00:00:27	00:11:19	00:22:45
121	MIECZKOWSKI Michał	181	KTC KOŁOBRZEG	M-5	00:00:31	00:11:27	00:22:45
122	MYDŁOWSKI Maciej	408		M-2	00:00:26	00:10:57	00:22:51
123	BRYŁA Krzysztof	16		M-4	00:00:31	00:11:34	00:22:52
124	KAJKOWSKI Rafał	94	DODOMISIE KOSZALIN	M-4	00:00:16	00:11:01	00:22:53
125	WILIŃSKI Marek	316		M-5	00:00:24	00:11:24	00:22:54
126	GAWRON Piotr	56	KB GOCH BYTÓW	M-4	00:00:31	00:11:42	00:22:55
127	ŁOPIŃSKI Piotr	162		M-3	00:00:20	00:11:17	00:22:57
128	KRAKOWIAK Sławomir	130		M-4	00:00:24	00:11:31	00:22:57
129	KURYŁOWICZ Bartosz	375		M-2	00:00:25	00:11:23	00:22:59
130	CHUDZIK Zbigniew	29	4RUN TTKF KOSZALIN	M-5	00:00:25	00:11:36	00:23:00
131	JARZĄBEK Magdalena	86		K-2	00:00:25	00:11:24	00:23:00
132	JANKOWSKI Maciej	413		M-4	00:00:32	00:11:25	00:23:01
133	DORAWA Wojciech	42		M-2	00:00:27	00:11:30	00:23:01
134	PARYSIAK Eryk	207		M-3	00:00:23	00:11:42	00:23:02
135	ADAMCZAK Andrzej	2	TKKF TRIATHLON KOSZALIN	M-5	00:00:28	00:11:39	00:23:03
136	NIWIŃSKI Grzegorz	447	TUPOT USTKA	M-5	00:00:45	00:12:04	00:23:06
137	OSENKOWSKI Artur	203		M-3	00:00:38	00:11:11	00:23:11
138	ZIOMEK Joanna	335	4RUN TTKF KOSZALIN	K-4	00:00:27	00:11:40	00:23:11
139	SZTUBA Bartłomiej	284		M-4	00:00:20	00:11:24	00:23:11
140	CZAPLICKI Paweł	31	4RUN TTKF KOSZALIN	M-3	00:00:24	00:11:37	00:23:12
141	DONDAJEWSKI Michał	41		M-3	00:00:37	00:11:48	00:23:12
142	ZIOMEK Darek	334	4RUN TTKF KOSZALIN	M-4	00:00:24	00:11:35	00:23:12
143	CHODOR Martyna	387	4RUN TTKF KOSZALIN	K-3	00:00:27	00:11:40	00:23:12
144	WESOŁOWSKA Dominika	308		K-2	00:00:27	00:11:40	00:23:13
145	ROGAŁSKI Roberto	239	ZSW ZAWSZE SIĘGAJ WYŻEJ	M-3	00:00:18	00:10:52	00:23:15
146	MACHELSKA Sylwia	357	PGB SPORTOWA PACZKA	K-3	00:00:22	00:11:41	00:23:16
147	KUBIAK Andrzej	380		M-6	00:00:23	00:11:37	00:23:18
148	OLIJNIK Paweł	371	UKRAINA	M-2	00:00:14	00:07:37	00:23:19
149	KRASIŃSKI Witold	131		M-4	00:00:28	00:11:22	00:23:22
150	MAKSYMOWICZ Kornelia	401		K-3	00:00:33	00:12:01	00:23:24
151	CHOŁUJ Karol	27		M-3	00:00:27	00:11:30	00:23:24
152	WILKOWSKI Krzysztof	314		M-3	00:00:32	00:11:41	00:23:27
153	WESOŁOWSKI Arkadiusz	451		M-3	00:00:29	00:11:32	00:23:27
154	SZCZEPANIAK Jacek	282		M-4	00:00:25	00:11:30	00:23:28
155	ŚWIETLIK Tomasz	289		M-5	00:00:28	00:11:41	00:23:28
156	LEWANDOWSKI Marek	157		M-3	00:00:32	00:11:49	00:23:30
157	KROTOWSKI Grzegorz	134	K.B. TUPOT USTKA	M-4	00:00:24	00:11:40	00:23:31
158	STOLARCZYK Adrian	358		M-1	00:00:28	00:11:38	00:23:32
159	NIEMCZUK Dariusz	491		M-5	00:00:18	00:11:27	00:23:32
160	STRUMIŃSKI Rafał	274	ŻYTANIA TEAM	M-3	00:00:42	00:11:59	00:23:36
161	URBANOWICZ Grzegorz	300		M-4	00:00:20	00:11:41	00:23:38
162	MATEJKO Jacek	175	TKKF KOSZALIN	M-4	00:00:32	00:11:55	00:23:38

Place	Participant	Number	Club	Category	0.07km	2.535km	5km
163	<b>SIKORSKI Witold</b>	<b>259</b>	KB RUN 42	M-5	00:00:35	00:11:53	00:23:39
164	<b>POLIKOWSKI Patryk</b>	<b>398</b>		M-3	00:00:27	00:11:44	00:23:41
165	<b>TRAFNY Mateusz</b>	<b>361</b>		M-2	00:00:23	00:11:55	00:23:42
166	<b>BIL Adrian</b>	<b>8</b>		M-3	00:00:25	00:11:48	00:23:42
167	<b>NOWAK Filip</b>	<b>369</b>	CSSP KOSZALIN	M-2	00:00:28	00:11:58	00:23:42
168	<b>SZNAJDER Wiktor</b>	<b>465</b>		M-3	00:00:41	00:12:04	00:23:43
169	<b>SZAŁKOWSKI Wojtek</b>	<b>280</b>		M-3	00:00:37	00:12:10	00:23:45
170	<b>TROTT Daniel</b>	<b>470</b>		M-4	00:00:36	00:12:12	00:23:46
171	<b>JURA Krzysztof</b>	<b>89</b>	MIASTECKIE TOWARZYSTWO SPORTOWE HAMER	M-4	00:00:25	00:11:51	00:23:48
172	<b>JURA Michał</b>	<b>455</b>	MIASTECKIE TOWARZYSTWO SPORTOWE HAMER	M-1	00:00:24	00:11:41	00:23:48
173	<b>BOHDAN Jakub</b>	<b>459</b>	MIASTECKIE TOWARZYSTWO SPORTOWE HAMER	M-1	00:00:23	00:11:41	00:23:48
174	<b>GAWROŃSKI Paweł</b>	<b>57</b>	OGIEŃ W SZOPIE	M-2	00:00:28	00:11:37	00:23:51
175	<b>RAMA Janusz</b>	<b>234</b>		M-4	00:00:29	00:12:14	00:23:53
176	<b>RUTKOWSKI Witold</b>	<b>248</b>		M-4	00:00:26	00:11:55	00:23:54
177	<b>RUDZIŃSKI Krzysztof</b>	<b>449</b>		M-2	00:00:34	00:11:56	00:23:55
178	<b>KACZMAREK Łukasz</b>	<b>93</b>		M-3	00:00:34	00:11:52	00:23:56
179	<b>ALABA Jerzy</b>	<b>468</b>	KB 10 BIAŁOGARD	M-5	00:00:36	00:12:26	00:23:56
180	<b>SIDELKO Robert</b>	<b>254</b>		M-5	00:00:33	00:12:18	00:23:57
181	<b>DWULIT Katarzyna</b>	<b>44</b>		K-2	00:00:21	00:11:45	00:23:58
182	<b>RADECKI Jacek</b>	<b>229</b>		M-4	00:00:24	00:11:56	00:23:58
183	<b>JĘDRASZKO Magda</b>	<b>88</b>	MIASTECKIE TOWARZYSTWO SPORTOWE HAMER	K-3	00:00:22	00:11:45	00:23:58
184	<b>DĄBROWSKI Grzegorz</b>	<b>36</b>		M-4	00:00:26	00:11:43	00:23:58
185	<b>STERNKIKER Heike</b>	<b>354</b>	SCHWEDTER HASEN	K-4	00:00:22	00:11:54	00:23:59
186	<b>WIELGUS Paweł</b>	<b>448</b>		M-3	00:00:25	00:11:57	00:23:59
187	<b>STERNKIKER Mario</b>	<b>355</b>	SCHWEDTER HASEN	M-4	00:00:23	00:11:54	00:23:59
188	<b>IWANIEC Dariusz</b>	<b>81</b>		M-4	00:00:27	00:11:56	00:24:00
189	<b>TRZECIAK Dariusz</b>	<b>296</b>		M-4	00:00:37	00:12:13	00:24:02
190	<b>KRZEWIŃSKA Małgorzata</b>	<b>141</b>	4RUN TKKF KOSZALIN	K-5	00:00:25	00:12:01	00:24:04
191	<b>KOKOT Edward</b>	<b>113</b>	2 BRYGADA ZMECHANIZOWANA	M-3	00:00:20	00:11:41	00:24:04
192	<b>CHAMERA Krzysztof</b>	<b>24</b>		M-4	00:00:41	00:12:04	00:24:05
193	<b>SUGIER Michał</b>	<b>277</b>		M-3	00:00:34	00:12:09	00:24:06
194	<b>MACHNIEWSKI Artur</b>	<b>386</b>		M-3	00:00:33	00:12:02	00:24:06
195	<b>KILAR Tomasz</b>	<b>106</b>		M-4	00:00:35	00:12:05	00:24:07
196	<b>ANDRZEJEWSKA Marta</b>	<b>4</b>		K-3	00:00:28	00:12:10	00:24:10
197	<b>WIERZBICKI Jakub</b>	<b>313</b>		M-3	00:00:38	00:12:26	00:24:10
198	<b>GÓRA Agnieszka</b>	<b>452</b>	PHILIPS-PIŁA	K-3	00:00:23	00:12:08	00:24:14
199	<b>LAMPKOWSKI Krzysztof</b>	<b>466</b>		M-4	00:00:22	00:11:27	00:24:14
200	<b>HERBA Krzysztof</b>	<b>75</b>		M-3	00:00:27	00:12:14	00:24:14
201	<b>WOJCIECHOWSKA-HRYCYK Agata</b>	<b>320</b>		K-4	00:00:26	00:12:13	00:24:15
202	<b>MACIEJEWSKI Piotr</b>	<b>165</b>		M-3	00:00:44	00:12:34	00:24:16
203	<b>ADAMCZYK Karol</b>	<b>3</b>		M-2	00:00:44	00:12:34	00:24:16
204	<b>CHUDYK Magda</b>	<b>430</b>		K-3	00:00:26	00:12:14	00:24:16
205	<b>JABŁOŃSKI Arkadiusz</b>	<b>83</b>		M-4	00:00:34	00:12:37	00:24:19
206	<b>STRZELECKI Zbigniew</b>	<b>275</b>		M-5	00:00:30	00:12:14	00:24:20
207	<b>SALAMON Piotr</b>	<b>399</b>		M-3	00:00:44	00:12:27	00:24:23
208	<b>PEŁKA Janusz</b>	<b>210</b>		M-5	00:00:39	00:12:14	00:24:23

Place	Participant	Number	Club	Category	0.07km	2.535km	5km
209	<b>KARNICKI Zygmunt</b>	<b>99</b>	4RUN TKKF KOSZALIN	M-6	00:00:26	00:11:53	00:24:24
210	<b>MARKOWSKI Andrzej</b>	<b>174</b>	4RUN TKKF KOSZALIN	M-6	00:00:25	00:12:04	00:24:27
211	<b>TARNIONEK Katarzyna</b>	<b>290</b>		K-3	00:00:22	00:11:56	00:24:29
212	<b>JUSZCZAK Krzysztof</b>	<b>91</b>		M-6	00:00:29	00:12:10	00:24:29
213	<b>KOŁAKOWSKI Dariusz</b>	<b>115</b>	K. B. SPRINT ŚWIDWIN	M-4	00:00:33	00:12:19	00:24:30
214	<b>SZABLA Ewelina</b>	<b>279</b>		K-3	00:00:32	00:12:13	00:24:30
215	<b>KRYSZCZUK Michał</b>	<b>139</b>		M-2	00:00:42	00:12:19	00:24:30
216	<b>NACHYŁA Piotr</b>	<b>429</b>		M-4	00:00:34	00:12:29	00:24:31
217	<b>SZEWCZYK Andrzej</b>	<b>283</b>		M-2	00:00:36	00:12:05	00:24:33
218	<b>WALTER Joanna</b>	<b>303</b>	KB DZIESIĄTKA BIAŁOGARD	K-4	00:00:24	00:12:28	00:24:34
219	<b>RÓJ Andrzej</b>	<b>388</b>		M-4	00:00:24	00:12:28	00:24:34
220	<b>KOPREK Łukasz</b>	<b>121</b>	SŁONECZNY PATROL KOSZALIN	M-2	00:00:40	00:12:19	00:24:36
221	<b>BOGACKI Tomasz</b>	<b>11</b>	4RUN TKKF KOSZALIN	M-5	00:00:25	00:12:14	00:24:37
222	<b>NOWAK Marcin</b>	<b>195</b>		M-3	00:00:22	00:12:16	00:24:41
223	<b>KUTWIN Artur</b>	<b>152</b>		M-4	00:00:29	00:12:27	00:24:42
224	<b>MĘDEL Cezary</b>	<b>178</b>		M-4	00:00:30	00:12:23	00:24:43
225	<b>MĘDEL Marta</b>	<b>179</b>		K-3	00:00:31	00:12:21	00:24:43
226	<b>OSOBNIAK Ryszard</b>	<b>204</b>		M-5	00:00:38	00:12:27	00:24:44
227	<b>PIETRZYCKI Adrian</b>	<b>215</b>		M-3	00:00:34	00:12:36	00:24:49
228	<b>KOZŁOWIECKI Waldemar</b>	<b>129</b>	4RUN TKKF KOSZALIN	M-6	00:00:35	00:12:37	00:24:51
229	<b>KORMAN Kamil</b>	<b>476</b>		M-1	00:00:43	00:12:53	00:24:51
230	<b>RUDZIŃSKI Bronisław</b>	<b>475</b>		M-6	00:00:32	00:12:16	00:24:56
231	<b>HOŁUBASZ Paweł</b>	<b>79</b>	UNIA RACING TEAM LĘBORK	M-3	00:00:35	00:11:55	00:24:57
232	<b>KIRKO Mariusz</b>	<b>107</b>		M-3	00:00:30	00:12:29	00:24:59
233	<b>SUBALSKI Michał</b>	<b>276</b>		M-3	00:00:32	00:12:32	00:25:03
234	<b>MRUGALSKI Damian</b>	<b>186</b>		M-3	00:00:40	00:12:54	00:25:07
235	<b>DASZKO Tomasz</b>	<b>478</b>		M-3	00:00:29	00:12:28	00:25:08
236	<b>SZYMAŃSKI Kacper</b>	<b>474</b>	TEAM BIEGOWY SZCZECINEK	M-2	00:00:27	00:12:38	00:25:11
237	<b>DEREŃ Grzegorz</b>	<b>38</b>	K. B. SPRINT ŚWIDWIN	M-3	00:00:20	00:12:09	00:25:14
238	<b>SIKORSKA Grażyna</b>	<b>258</b>		K-5	00:00:24	00:12:42	00:25:17
239	<b>TURCZYN Grzegorz</b>	<b>297</b>		M-4	00:00:35	00:12:42	00:25:23
240	<b>OPALIŃSKI Stanisław</b>	<b>423</b>		M-5	00:00:30	00:12:45	00:25:28
241	<b>LUBICZ-KROŚNICKA Anna</b>	<b>160</b>	AMADEUS CROSSGYM	K-3	00:00:20	00:12:18	00:25:30
242	<b>KONIECZNA Marzena</b>	<b>120</b>	AMADEUS CROSSTRaining GYM	K-2	00:00:20	00:12:18	00:25:30
243	<b>KARWASZ Krzysztof</b>	<b>100</b>	KATEDRA KOSZALIN	M-4	00:00:29	00:12:29	00:25:31
244	<b>KACZMAREK Zbigniew</b>	<b>374</b>		M-6	00:00:41	00:12:55	00:25:32
245	<b>STAWISZYŃSKI Jarosław</b>	<b>266</b>		M-3	00:00:43	00:13:11	00:25:34
246	<b>KISIEL Michał</b>	<b>109</b>	PARKRUN SZCZECINEK	M-3	00:00:30	00:13:08	00:25:36
247	<b>SAMELZON-SROKA Beata</b>	<b>252</b>		K-3	00:00:39	00:12:57	00:25:37
248	<b>KRUCZKOWSKI Damian</b>	<b>135</b>		M-2	00:00:14	00:08:34	00:25:38
249	<b>ANIELSKI Michał</b>	<b>427</b>		M-2	00:00:38	00:13:04	00:25:40
250	<b>LUPZIK Radosław</b>	<b>426</b>		M-2	00:00:37	00:13:04	00:25:41
251	<b>WĘGIEL Aleksandra</b>	<b>431</b>		K-2	00:00:29	00:12:21	00:25:41
252	<b>GRZELAK Karina</b>	<b>70</b>		K-3	00:00:31	00:12:38	00:25:42
253	<b>KUJAWA Natalia</b>	<b>145</b>		K-2	00:00:21	00:12:26	00:25:44
254	<b>GAJEK Artur</b>	<b>54</b>		M-3	00:00:40	00:13:02	00:25:47

Place	Participant	Number	Club	Category	0.07km	2.535km	5km
255	KUPREWICZ Grzegorz	148		M-3	00:00:35	00:12:43	00:25:48
256	BEDNAREK Krzysztof	350		M-3	00:00:26	00:12:58	00:25:48
257	MROCKOWSKA Marta	184		K-3	00:00:37	00:13:03	00:25:48
258	CINCIO Robert	30	TKKF TRIATHLON KOSZALIN	M-3	00:00:27	00:12:04	00:25:51
259	RUSINEK Dawid	463		M-2	00:00:35	00:13:03	00:25:53
260	ZATORSKI Zbigniew	329		M-3	00:00:35	00:13:06	00:25:53
261	PIĄTKOWSKI Bartosz	211	AKT KOSZALIN	M-4	00:00:32	00:13:07	00:26:00
261	TRZECAK Anna	295		K-4	00:00:36	00:12:44	00:26:01
263	POLAŃSKA Katarzyna	384		K-3	00:00:26	00:12:43	00:26:03
264	GOŁDYN Marek	61		M-3	00:00:26	00:12:27	00:26:10
265	BARTOSIK Jarosław	347		M-4	00:00:38	00:12:41	00:26:12
266	MRUGALSKA Magdalena	419	JW 1223 1DPLOT	K-2	00:00:41	00:12:53	00:26:15
267	POLIWKA-KISIEL Małgorzata	446	PARKRUN SZCZECINEK	K-3	00:00:30	00:13:17	00:26:15
268	JABŁOŃSKA Katarzyna	82		K-3	00:00:34	00:13:19	00:26:19
269	GŁOWACKI Włodzimierz	471		M-7	00:00:24	00:12:44	00:26:26
270	MADEJSZA Marcin	411		M-3	00:00:30	00:13:29	00:26:33
271	ŚLUSARZ Krzysztof	288		M-4	00:00:36	00:13:03	00:26:36
272	FELKOWSKI Tomasz	49		M-3	00:00:32	00:13:29	00:26:38
273	ZAWADA Andrzej	420		M-4	00:00:36	00:12:52	00:26:38
274	WOLF Weronika	322		K-4	00:00:31	00:13:10	00:26:38
275	TYLUŚ Sylwia	299	PARKRUN SZCZECINEK TEAM BIEGOWY SZCZECINEK	K-3	00:00:30	00:13:36	00:26:40
275	PIENIAŻEK Magdalena	445	PARKRUN SZCZECINEK	K-3	00:00:30	00:13:36	00:26:40
277	WASILEWSKI Jarosław	305		M-3	00:00:43	00:13:31	00:26:41
278	SIEPRACKI Adam	257		M-3	00:00:43	00:13:31	00:26:43
279	RASZPLA Radosław	235		M-4	00:00:29	00:12:25	00:26:49
280	MAZUREK Barbara	177	BABECZKI KOSZALIN	K-3	00:00:29	00:12:45	00:26:49
281	MACIĄŻEK Jarosław	402		M-3	00:00:36	00:13:01	00:26:50
282	PANAS Małgorzata	206		K-4	00:00:40	00:13:48	00:26:51
283	NIEDBAŁA Konrad	469		M-4	00:00:40	00:13:41	00:26:52
284	PUŚCIAN Krzysztof Kamil	377		M-4	00:00:35	00:13:36	00:26:55
285	PIĘTKO Joanna	460		K-4	00:00:37	00:13:27	00:26:56
286	MACIOSZEK Agnieszka	462		K-4	00:00:37	00:13:42	00:26:57
287	HIROWICZ Agnieszka	78		K-3	00:00:28	00:13:18	00:26:58
288	SZARY Szymon	281		M-3	00:00:41	00:13:48	00:27:05
289	ROGOŻA Ireneusz	240		M-4	00:00:36	00:13:32	00:27:06
290	SOBOLEWSKI Marek	344		M-4	00:00:19	00:12:59	00:27:10
291	BAK Zbigniew	7	RANNERSWALDE	M-3	00:00:25	00:13:28	00:27:10
292	ZIĘTARA Ryszard	333		M-6	00:00:26	00:13:28	00:27:13
293	PAULIŃSKI Jan	492		M-6	00:00:23	00:13:19	00:27:13
294	ŁAWRYNOWICZ Wiktor	404		M-5	00:00:20	00:12:49	00:27:15
295	HAMROL Dawid	72	KATEDRA KOSZALIN	M-3	00:00:44	00:13:31	00:27:19
296	IWANKIEWICZ Justyna	443		K-3	00:00:31	00:13:08	00:27:24
297	OSENKOWSKA Wiktoria	202	KATEDRA KOSZALIN	K-1	00:00:44	00:13:31	00:27:31
298	RADECKI Przemysław	230		M-3	00:00:42	00:13:52	00:27:34
299	GUDZIŃSKI Lech	71		M-6	00:00:29	00:13:44	00:27:35
300	PŁOŃSKA Ewelina	464	JW 1223	K-3	00:00:36	00:13:27	00:27:37

Place	Participant	Number	Club	Category	0.07km	2.535km	5km
301	PIOR Tomasz	218		M-3	00:00:27	00:13:11	00:27:39
302	KOSIŃSKI Krzysztof	438		M-5	00:00:32	00:13:36	00:27:39
303	RADLIŃSKA Alicja	231	PUPIL KOSZALIN	K-4	00:00:31	00:13:57	00:27:42
304	JANACZYK Marcin	485	JW 1223	M-3	00:00:43	00:13:34	00:27:44
305	NOREK Tomasz	193		M-4	00:00:38	00:13:56	00:27:46
306	STUDZIŃSKI Siergiej	472		M-4	00:00:31	00:14:19	00:27:46
307	NOWAK Wiesław	196		M-6	00:00:36	00:13:53	00:27:47
308	GÓRALCZYK Anna	62		K-3	00:00:30	00:14:06	00:27:47
309	KUBIAK Maria			K-6	00:00:34	00:13:54	00:27:47
310	JARUGA Artur	421		M-3	00:00:30	00:14:06	00:27:47
311	ZARBOCK Krzysztof	433		M-5	00:00:33	00:14:01	00:27:48
312	DZIESZUK Dariusz	394	4RUN TKKF KOSZALIN	M-4	00:00:33	00:14:02	00:27:48
313	ZIELIŃSKA Dominika	400	RAZ SZCZECIN	K-3	00:00:29	00:13:29	00:27:50
314	SWATOWSKI Andrzej	278		M-6	00:00:41	00:14:17	00:27:56
315	KRYSIAK Andrzej	138		M-4	00:00:35	00:13:46	00:27:57
316	ODRZYWOŁEK Paweł	197		M-3	00:00:39	00:14:14	00:28:01
317	TOMCZYK Leszek	293	JW 1223 3DPLOT	M-3	00:00:41	00:14:31	00:28:01
318	WEJNEROWSKA Klaudia	385		K-2	00:00:39	00:14:14	00:28:01
319	GRUDZIŃSKI Marcin	69		M-3	00:00:39	00:14:16	00:28:10
320	HILLER Jerzy	77	PERFECT RUNNER TEAM	M-6	00:00:35	00:14:10	00:28:13
321	WYGODA Grzegorz	327		M-3	00:00:40	00:13:53	00:28:14
322	BASŁYK Agnieszka	489		K-3	00:00:35	00:13:59	00:28:15
323	STOLARCZYK Łukasz	359		M-2	00:00:35	00:13:29	00:28:20
324	SZYMAŃSKI Tomasz	473	TEAM BIEGOWY SZCZECINEK	M-4	00:00:37	00:14:17	00:28:26
325	CZYŻEWSKA Beata	33	KOŁOBRZEG BIEGA	K-4	00:00:27	00:14:08	00:28:31
326	SKIERŚ Stanisław	262		M-6	00:00:37	00:14:17	00:28:32
327	BUREK Szymon	21	SQUASH FORMA KOSZALIN	M-3	00:00:46	00:14:20	00:28:33
328	PILARSKA Joanna	217		K-3	00:00:41	00:14:31	00:28:39
329	ZIEJEWSKI Krzysztof	487	MONOLITH LIFE TEAM	M-3	00:00:39	00:14:22	00:28:42
330	WOJCIECHOWSKA Katarzyna	477		K-2	00:00:34	00:14:35	00:28:43
331	TYLUŚ Damian	298	PARKRUN SZCZECINEK	M-4	00:00:30	00:14:20	00:29:01
332	SZCZEBLEWSKI Grzegorz	410		M-4	00:00:33	00:14:41	00:29:04
332	KOZŁOWSKA-NAJDER Magda	409		K-4	00:00:34	00:14:41	00:29:05
334	SOJKA Agnieszka	263		K-3	00:00:42	00:14:55	00:29:08
335	SCHMIDT Dariusz	441		M-5	00:00:39	00:14:19	00:29:11
336	ŁADA Paweł	161		M-3	00:00:42	00:14:33	00:29:12
337	WÓJCIK Sebastian	325	ŻYTANIA TEAM	M-3	00:00:42	00:14:34	00:29:13
337	WÓJCIK Anna	323	ŻYTANIA TEAM	K-3	00:00:42	00:14:34	00:29:13
339	BOCZEK Bartłomiej	10		M-1	00:00:41	00:14:30	00:29:15
340	KOLASA Tomasz	114		M-4	00:00:40	00:14:39	00:29:15
341	DONDAJEWSKA Marzena	40		K-3	00:00:39	00:14:18	00:29:17
342	SZYLKA Justyna	285		M-1	00:00:37	00:14:17	00:29:24
343	MIELCZAREK Julia	397		K-1	00:00:44	00:15:00	00:29:25
344	KOMOROWSKA Beata	118		K-3	00:00:38	00:14:10	00:29:27
345	GŁUSZCZ Beata	345		K-2	00:00:33	00:14:50	00:29:28
346	KIRKO Marzena	108		K-3	00:00:33	00:14:51	00:29:30



Place	Participant	Number	Club	Category	0.07km	2.535km	5km
347	VON BARDELEBEN Agnieszka	395	BABECZKI KOSZALIN	K-4	00:00:33	00:14:49	00:29:39
348	STEC Edyta	267	BABECZKI KOSZALIN	K-3	00:00:32	00:14:49	00:29:40
349	MOŻEJKO Anna	183		K-3	00:00:33	00:14:49	00:29:40
350	POTECKA Agnieszka	224		K-4	00:00:22	00:14:12	00:29:42
351	RÓJ Barbara	389		K-4	00:00:22	00:14:12	00:29:42
352	GRABOWSKA Elżbieta	66		K-5	00:00:37	00:15:10	00:29:55
353	GRABOWSKA Marta	67		K-2	00:00:38	00:15:18	00:30:03
354	POWARZYŃSKI Damian	457		M-2	00:00:42	00:15:15	00:30:04
355	KUC Sylwia	144		K-3	00:00:42	00:15:14	00:30:07
356	WIKTOROWICZ Małgorzata	315		K-4	00:00:38	00:15:14	00:30:07
357	MALINOWSKA Agnieszka	444		K-3	00:00:38	00:15:13	00:30:08
358	HELLER Zdzisław	74		M-5	00:00:31	00:14:55	00:30:24
359	KORPAL Cezary	124		M-5	00:00:42	00:16:13	00:30:45
360	OKOŁOTOWICZ Sebastian	418		M-3	00:00:20	00:19:59	00:30:53
361	TREJDER Maria Magdalena	294		K-4	00:00:39	00:15:19	00:30:54
362	KREIS-GROCHOWSKA Dominika	132		K-3	00:00:45	00:15:37	00:31:03
362	GROCHOWSKI Rafał	68		M-4	00:00:45	00:15:37	00:31:03
364	KOŚCIELNIAK Kinga	125		K-2	00:00:38	00:15:14	00:31:08
365	KOSTRZEWA Łukasz	424	RUN FOREST RUN	M-3	00:00:44	00:15:57	00:31:09
366	DĄBROWSKI Michał	37	RUN FOREST RUN	M-3	00:00:44	00:15:56	00:31:09
366	DĄBROWSKA Agnieszka	422	RUN FOREST RUN	K-3	00:00:43	00:15:57	00:31:10
368	GŁOWIŃSKI Krzysztof	450		M-4	00:00:42	00:15:39	00:31:36
369	ZDANOWICZ Magda	330		K-1	00:00:43	00:15:42	00:31:53
370	MYDŁOWSKA Monika	188		K-3	00:00:39	00:15:00	00:32:02
371	GÓRNA Anna	63	FORMA ROSNOWO	K-3	00:00:39	00:16:07	00:32:19
372	WOCHNA Filip	486		M-1	00:00:29	00:14:46	00:32:22
373	RZEDZICKI Rafał	392		M-4	00:00:42	00:16:16	00:32:37
374	HAŁA Anna	383		K-2	00:00:36	00:16:15	00:32:38
375	GAJLEWICZ Karolina	55		K-3	00:00:32	00:15:51	00:32:38
376	KOWALSKA Magdalena	382	KOSZALIN	K-2	00:00:37	00:16:15	00:32:38
377	MALAĞ BAIK Anna	167		K-2	00:00:34	00:15:54	00:32:51
378	WALO Zbigniew	302		M-5	00:00:43	00:16:15	00:33:15
379	WOLF Beata	484		K-3	00:00:40	00:16:51	00:33:20
380	ŻELECHOWSKA Magdalena	339	BABECZKI KOSZALIN	K-3	00:00:40	00:16:51	00:33:20
381	BŁACHNIO Marian	425		M-6	00:00:39	00:16:48	00:33:43
382	PEŁKA Iwona	209		K-4	00:00:41	00:17:43	00:34:52
383	CZERWIŃSKI Daniel	32		M-3	00:00:35	00:12:22	00:37:30
384	ŻUREK Kamila	343		K-3	00:12:27	00:25:10	00:38:01
385	BARTNIK Marian	6	TKKF KOSZALIN	M-7	00:00:23	00:18:32	00:38:22
386	MRUGALSKI Stanisław	187		M-5	00:00:31	00:11:52	01:30:20
387	WOCHNA Karolina	483		K-1	00:00:29	00:21:11	

Total 387 results.