



XIII MIĘDZYNARODOWY BIEG WENEDÓW - 10KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
Data: 2015-05-24
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 9,9 km

Msc	Zawodnik	Numer	Klub	Kategoria	0.07km	2.535km	5km	7.465km	9.93km
1	DIDOWODIUK Dmitro	365	UKRAINA	M-2	00:00:14	00:07:37	00:15:23	00:23:19	00:31:08
2	GONCHAR Oleksii	412		M-3	00:00:14	00:07:56	00:16:04	00:24:16	00:32:18
3	CICHOCKI Jarosław	363	KB 10 BIALOGARD	M-4	00:00:15	00:08:08	00:16:10	00:24:16	00:32:21
4	LABZIUK Aleksander	366	ACHILLES LESZNO	M-3	00:00:14	00:08:13	00:16:24	00:24:33	00:32:36
5	DZIUBA Piotr	46	MARATOŃCZYK OKONEK	M-3	00:00:15	00:08:12	00:16:24	00:24:33	00:32:53
6	BORYCHOWSKI Mariusz	378	TUPOT USTKA	M-4	00:00:16	00:08:12	00:16:25	00:24:47	00:33:16
7	WITKOWSKI Mateusz	1	KU AZS PWSZ KOSZALIN TKKF KOSZALIN	M-2	00:00:15	00:08:13	00:16:32	00:25:04	00:33:20
8	BORZĘCKI Norbert	15		M-3	00:00:15	00:08:17	00:16:49	00:25:21	00:33:44
8	RYBARCZYK Jan	250		M-4	00:00:16	00:08:23	00:16:49	00:25:21	00:33:45
10	SZYMAŃSKI Sylwester	287	ULKS BARWICETEAM BIEGOWY SZCZECINEK	M-4	00:00:15	00:08:49	00:17:31	00:26:09	00:34:33
11	WOJCIECHOWSKI Jarosław	321	IKS BRAK FORMY	M-3	00:00:15	00:08:51	00:17:31	00:26:09	00:34:38
12	KAMIŃSKI Daniel	364		M-3	00:00:16	00:08:51	00:17:37	00:26:38	00:35:40
13	BERG Thoralf	349	SCHWEDTER HASEN	M-4	00:00:15	00:08:53	00:17:54	00:26:59	00:36:16
14	WESOŁOWSKI Damian	310	AZS UAM POZNAŃ	M-2	00:00:15	00:08:53	00:17:55	00:27:09	00:36:30
15	GOLECKI Mirosław	348	FORMA ROSNOWO CSSPTKKF KOSZALIN	M-3	00:00:19	00:09:38	00:18:59	00:28:11	00:37:20
16	SZYMAJDA Grzegorz	286	4RUN TKKF KOSZALIN	M-3	00:00:15	00:09:07	00:18:41	00:28:24	00:37:54
17	KĘDZIERSKI Andrzej	104		M-3	00:00:15	00:09:11	00:18:42	00:28:25	00:37:55
18	ANTOSIK Grzegorz	405		M-3	00:00:18	00:09:25	00:18:56	00:28:31	00:38:11
19	KALETA Sebastian	95		M-3	00:00:18	00:09:39	00:19:01	00:28:36	00:38:15
20	RYBACZEK Sebastian	249	FORMA ROSNOWO JW 1223 - 3DPLOT	M-3	00:00:19	00:09:38	00:19:01	00:28:38	00:38:23
21	OLIJNIK Swietlana	372	UKRAINA	K-3	00:00:17	00:09:43	00:19:22	00:29:15	00:38:34
22	MAGALSKI Tomasz	436		M-2	00:00:24	00:09:47	00:19:29	00:29:15	00:38:45
23	BURMEISTER Burkhardt	351	SCHWEDTER HASEN	M-5	00:00:17	00:09:22	00:19:00	00:28:52	00:38:51
24	JAROSZ Wiesław	415	JW. 1223 BLOG	M-4	00:00:17	00:09:24	00:18:59	00:28:55	00:38:52

Msc	Zawodnik	Numer	Klub	Kategoria	0.07km	2.535km	5km	7.465km	9.93km
25	KRYCZKA Stanisław	458	MIASTECKIE TOWARZYSTWO SPORTOWE HAMER	M-4	00:00:19	00:09:33	00:19:09	00:29:00	00:38:56
26	LECHONKOVA Natalia	370	ACHILLES LESZNO	K-3	00:00:18	00:09:44	00:19:22	00:29:16	00:38:57
27	RYŚKIEWICZ Rafał	251	TNT	M-3	00:00:17	00:09:36	00:19:18	00:29:22	00:39:03
28	HESSEL Lars	352	SV TURBINE NEUBRANDENBURG E.V.	M-4	00:00:18	00:09:38	00:19:20	00:29:16	00:39:07
29	GOLIŃSKI Łukasz	60	K.B. SPRINT ŚWIDWIN	M-3	00:00:20	00:09:48	00:19:36	00:29:28	00:39:08
30	HURYŃ Ewa	80		K-4	00:00:18	00:09:44	00:19:27	00:29:19	00:39:15
31	POLAK Szymon	222	BIEGNIJMY.PL ROZBIEGANY KOSZALIN	M-4	00:00:23	00:09:43	00:19:29	00:29:29	00:39:20
32	RADLIŃSKI Leopold	233	PUPIL KOSZALIN	M-4	00:00:19	00:09:59	00:19:53	00:29:49	00:39:25
33	KUNCEWICZ Robert	147		M-3	00:00:19	00:09:49	00:19:35	00:29:36	00:39:29
34	GÓRA Sylwester	453	PHILIPS-PIŁA	M-4	00:00:16	00:09:54	00:19:48	00:29:45	00:39:33
35	MICHALSKI Artur	180	BBL GDYNIA KPW GDYNIA	M-3	00:00:19	00:09:36	00:19:31	00:29:37	00:39:39
36	GAŚECKI Tomasz	58		M-4	00:00:25	00:10:00	00:19:48	00:29:50	00:39:51
37	WIDONIAK Rafał	312		M-4	00:00:20	00:10:10	00:20:13	00:30:21	00:40:06
38	KASZTELAN Urszula	101	TKKF TRIATHLON KOSZALIN	K-2	00:00:19	00:09:44	00:19:35	00:29:51	00:40:06
38	ZELEK Jan	331	4RUN TKKF KOSZALIN	M-5	00:00:17	00:09:58	00:19:55	00:30:03	00:40:08
40	RUDNIKOWSKI Maciej	244		M-4	00:00:21	00:09:44	00:19:43	00:30:08	00:40:13
41	BEMOWICZ Tomasz	414		M-4	00:00:22	00:10:09	00:20:07	00:30:21	00:40:14
42	POWARZYŃSKI Krzysztof	456		M-4	00:00:19	00:09:56	00:19:55	00:30:07	00:40:18
43	RETKA Bartosz	237	FORMA ROSNOWO	M-2	00:00:18	00:10:11	00:20:13	00:30:23	00:40:21
44	STAWARZ Monika	265	UKS EKOLUDEK SZCZENURZE	K-2	00:00:19	00:09:59	00:20:03	00:30:18	00:40:23
45	SKIERKA Grzegorz	261	MKS ŚWIĘC SŁAWNO	M-3	00:00:17	00:09:53	00:20:03	00:30:25	00:40:41
46	WIELEBA Marlena	379	TUPOT USTKA	K-2	00:00:18	00:09:45	00:19:45	00:30:13	00:40:50
47	WIŚNIK Marcin	318	AMADEUS CROSSGYM	M-3	00:00:19	00:10:21	00:20:40	00:30:50	00:40:52
48	GAJLEWICZ Dominik	439		M-2	00:00:21	00:09:48	00:20:04	00:30:30	00:40:54
49	WITKIEWICZ Magda	319	KB DZIESIĄTKA BIAŁOGARD	K-3	00:00:19	00:10:09	00:20:20	00:30:49	00:41:02
50	BUJKO Andrzej	368	CSSP KOSZALIN	M-2	00:00:27	00:10:35	00:20:47	00:31:07	00:41:07
51	KASZTELAN Władysław	102	TKKF TRIATHLON KOSZALIN	M-3	00:00:22	00:10:17	00:20:35	00:31:02	00:41:15
52	KOŚCIELNIAK Robert	126		M-5	00:00:16	00:09:54	00:20:19	00:31:02	00:41:18
53	STĘPNIAK Tomasz	269	I LO KOSZALIN	M-3	00:00:22	00:10:10	00:20:29	00:31:03	00:41:21
54	CHMIELEWSKI Bartosz	26	AMADEUS CROSSTRANING GYM	M-2	00:00:18	00:10:20	00:20:40	00:30:55	00:41:23
55	ROGALSKI Marcin	238	VOCALIS SZCZECIN	M-5	00:00:21	00:10:28	00:20:40	00:31:07	00:41:29
56	BYKOWSKI Robert	442	FORMA ROSNOWO CSSP	M-4	00:00:20	00:10:07	00:20:23	00:30:58	00:41:33
57	STĘŻAŁA Artur	270	JW 1223 2DPLOT	M-4	00:00:23	00:10:12	00:20:35	00:31:08	00:41:39
58	MROCZKOWSKI Marek	185	BIEGNIJMY.PL ROZBIEGANY KOSZALIN	M-3	00:00:41	00:10:53	00:21:04	00:31:22	00:41:43
59	BOLECHOWSKI Cezary	13		M-1	00:00:21	00:10:10	00:20:31	00:31:10	00:41:45
60	SAWICZ Michał	253	FINISZ MORĄG BIEGACZ Z PÓLNOCY	M-2	00:00:25	00:10:31	00:21:03	00:31:27	00:41:45
61	CZYŻEWSKI Janusz	34	KOŁOBRZEG BIEGA	M-5	00:00:21	00:10:31	00:21:04	00:31:44	00:42:13
62	NOGA Sebastian	192	4RUN TKKF KOSZALIN	M-2	00:00:22	00:10:33	00:21:21	00:32:01	00:42:19
63	GÓRNY Norbert	64	FORMA ROSNOWO	M-4	00:00:34	00:10:22	00:20:36	00:31:37	00:42:21
63	ŁUKAWSKI Mariusz	428	JW 1223 3DPLOT	M-2	00:00:30	00:10:37	00:21:05	00:31:47	00:42:24
65	HARASYM Zbigniew	73		M-3	00:00:21	00:10:08	00:20:31	00:31:26	00:42:26
66	KOTARA-PAŁKA Małgorzata	127		K-3	00:00:24	00:10:30	00:21:00	00:31:36	00:42:26
67	SKARA Steffi	353	SCHWEDTER HASEN	K-3	00:00:20	00:10:21	00:20:50	00:31:44	00:42:29
68	PANCEWICZ Piotr	440	RANNERSWALDE	M-3	00:00:19	00:10:32	00:21:13	00:32:10	00:42:36
69	MATYJASEK Zbigniew	176		M-4	00:00:18	00:09:51	00:20:42	00:31:55	00:42:51
70	WEIDEMANN Phillip	416		M-1	00:00:23	00:10:58	00:21:28	00:32:22	00:42:55

Msc	Zawodnik	Numer	Klub	Kategoria	0.07km	2.535km	5km	7.465km	9.93km
71	TROŚNIAK Piotr	432	KB 10 BIAŁOGARD	M-4	00:00:25	00:10:58	00:21:35	00:32:16	00:42:56
72	DZIUBA Leszek	45	KB DZIESIĄTKA BIAŁOGARD	M-6	00:00:20	00:10:52	00:21:36	00:32:22	00:43:06
73	RAJNER Krzysztof	346		M-3	00:00:33	00:10:56	00:21:30	00:32:26	00:43:16
74	PAWŁOWSKI Łukasz	490		M-3	00:00:35	00:11:03	00:21:45	00:32:34	00:43:19
74	PAKULSKI Marcin	205		M-4	00:00:41	00:11:17	00:22:00	00:32:45	00:43:20
76	MALINOWSKI Mariusz	170		M-3	00:00:24	00:10:57	00:21:47	00:32:39	00:43:29
77	ROKOSZ Radosław	241	JW 1223	M-2	00:00:34	00:10:53	00:21:35	00:32:48	00:43:36
78	KUKIEŁA Tomasz	146		M-3	00:00:32	00:11:33	00:22:33	00:33:21	00:43:36
79	WALTER Przemysław	304	KB DZIESIĄTKA BIAŁOGARD	M-4	00:00:25	00:10:56	00:21:37	00:32:35	00:43:39
80	NACHYŁA Paweł		DZIKI KOSZALIN	M-2	00:00:25	00:10:45	00:21:29	00:32:36	00:43:41
81	RACZYŃSKI Grzegorz	228	GIMNAZJUM SPORTOWE NR 1	M-1	00:00:17	00:10:29	00:21:22	00:32:38	00:43:44
82	SIKORSKI Adam	360	SIKORROWO	M-3	00:00:25	00:10:42	00:21:38	00:32:45	00:43:45
82	OGRODNIK Grzegorz	199	JW 1223 1DPLOT	M-4	00:00:18	00:10:58	00:22:06	00:33:04	00:43:47
82	MARCINIAK Maciej	171		M-3	00:00:26	00:10:35	00:21:22	00:32:25	00:43:47
85	ZIELIŃSKI Mateusz	332	SŁONECZNY PATROL KOSZALIN	M-2	00:00:40	00:11:49	00:22:39	00:33:24	00:43:51
86	TOMALIK Karol	291		M-3	00:00:21	00:10:31	00:21:30	00:32:44	00:43:52
87	WALCZAK Marcin	301		M-3	00:00:23	00:10:53	00:21:50	00:32:49	00:43:53
88	NAWODZIŃSKI Grzegorz	454		M-3	00:00:18	00:10:42	00:21:45	00:33:00	00:43:55
89	BARANOWSKI Piotr	393		M-3	00:00:24	00:11:20	00:22:10	00:33:05	00:43:59
90	STRĄPOĆ Tobiasz	461		M-2	00:00:25	00:10:06	00:21:25	00:33:00	00:44:04
91	RYTTEL Marcin	488		M-3	00:00:22	00:10:45	00:21:48	00:33:01	00:44:04
92	STEFAŃSKI Krzysztof	367	CSSP KOSZALIN	M-2	00:00:28	00:11:12	00:22:04	00:33:12	00:44:04
93	SPALIK Michał	434		M-1	00:00:23	00:10:55	00:21:50	00:33:02	00:44:10
94	JAMROZIAK Grzegorz	84		M-3	00:00:24	00:10:52	00:22:01	00:33:18	00:44:18
94	WICENS Jacek	311	JACEK - BIEGAM BO LUBIĘ	M-2	00:00:27	00:11:25	00:22:26	00:33:37	00:44:19
96	GAWRON Piotr	56	KB GOCH BYTÓW	M-4	00:00:31	00:11:42	00:22:55	00:33:50	00:44:26
97	BOGDANOWICZ Krzysztof	12	4RUN TKKF KOSZALIN	M-5	00:00:17	00:10:42	00:21:52	00:33:25	00:44:26
98	KACHLICKI Kamil	92		M-3	00:00:21	00:10:58	00:22:11	00:33:27	00:44:26
99	SINKIEWICZ Mirosław	390	JW 1223 3DPLOT	M-2	00:00:30	00:10:49	00:21:42	00:33:06	00:44:45
100	JAROSZEWSKI Daniel	396		M-3	00:00:17	00:10:39	00:21:44	00:33:23	00:44:46
101	GACA Radosław	53		M-2	00:00:44	00:11:03	00:22:10	00:33:24	00:44:52
101	PARYSIAK Eryk	207		M-3	00:00:23	00:11:42	00:23:02	00:34:08	00:44:55
103	TROTT Daniel	470		M-4	00:00:36	00:12:12	00:23:46	00:34:26	00:44:56
104	RASIAK Adam	403	JW 1223 1DPLOT	M-2	00:00:29	00:11:17	00:22:26	00:33:49	00:44:59
105	KOBUS Maciej	111		M-2	00:00:29	00:11:28	00:22:45	00:33:58	00:44:59
106	WEBER Paweł	306	AMADEUS CROSSTRAINING GYM	M-3	00:00:19	00:10:39	00:21:50	00:33:27	00:45:00
107	ŻMIJOWSKI Piotr	340		M-3	00:00:25	00:11:28	00:22:38	00:33:51	00:45:00
108	KORCZYŃSKI Sławomir	122		M-2	00:00:26	00:10:32	00:21:43	00:33:26	00:45:03
109	SKAZA Dawid	260		M-3	00:00:28	00:11:35	00:22:40	00:33:58	00:45:09
110	ZIOMKO Rafał	336	KOŁOBRZEG	M-4	00:00:28	00:11:34	00:22:40	00:33:58	00:45:10
111	KRZANOWSKI Marcin	140	KB DZIESIĄTKA BIAŁOGARD	M-3	00:00:25	00:10:56	00:22:32	00:34:06	00:45:18
112	JASICZEK Dariusz	87	CSSP KOSZALIN	M-3	00:00:40	00:11:06	00:21:57	00:33:24	00:45:20
113	LEWITA Szymon	158		M-2	00:00:26	00:11:00	00:22:03	00:33:38	00:45:20
114	OLEKSY Piotr	201		M-3	00:00:37	00:11:22	00:22:24	00:34:02	00:45:22
115	MIECZKOWSKI Michał	181	KTC KOŁOBRZEG	M-5	00:00:31	00:11:27	00:22:45	00:34:09	00:45:23
116	KOISZEWSKI Krzysztof	112		M-4	00:00:20	00:11:00	00:22:27	00:33:56	00:45:26

Msc	Zawodnik	Numer	Klub	Kategoria	0.07km	2.535km	5km	7.465km	9.93km
117	JODDA Sławomir	407	ZAMOŚCIE PIŁA	M-3	00:00:23	00:10:23	00:21:16	00:33:16	00:45:28
117	ADAMCZAK Andrzej	2	TKKF TRIATHLON KOSZALIN	M-5	00:00:28	00:11:39	00:23:03	00:34:27	00:45:31
119	JAMNIAK Bartosz	437		M-2	00:00:22	00:10:49	00:22:19	00:34:04	00:45:36
120	STANKIEWICZ Wiesław	362		M-5	00:00:27	00:11:19	00:22:45	00:34:17	00:45:40
121	SPALIK Mariusz	435		M-4	00:00:20	00:10:51	00:22:12	00:33:57	00:45:49
122	SZNAJDER Wiktor	465		M-3	00:00:41	00:12:04	00:23:43	00:35:12	00:45:50
123	WESOŁOWSKA Dominika	308		K-2	00:00:27	00:11:40	00:23:13	00:34:48	00:45:56
124	NIWIŃSKI Grzegorz	447	TUPOT USTKA	M-5	00:00:45	00:12:04	00:23:06	00:34:24	00:46:00
125	NOWAK Filip	369	CSSP KOSZALIN	M-2	00:00:28	00:11:58	00:23:42	00:35:08	00:46:02
126	DONDAJEWSKI Michał	41		M-3	00:00:37	00:11:48	00:23:12	00:34:40	00:46:03
127	CHUDZIK Zbigniew	29	4RUN TKKF KOSZALIN	M-5	00:00:25	00:11:36	00:23:00	00:34:29	00:46:06
128	KRAKOWIAK Sławomir	130		M-4	00:00:24	00:11:31	00:22:57	00:34:29	00:46:08
129	BRYŁA Krzysztof	16		M-4	00:00:31	00:11:34	00:22:52	00:34:34	00:46:10
130	WILIŃSKI Marek	316		M-5	00:00:24	00:11:24	00:22:54	00:34:37	00:46:18
131	DORAWA Wojciech	42		M-2	00:00:27	00:11:30	00:23:01	00:34:43	00:46:19
132	ZIOMEK Joanna	335	4RUN TKKF KOSZALIN	K-4	00:00:27	00:11:40	00:23:11	00:34:47	00:46:23
133	JARZĄBEK Magdalena	86		K-2	00:00:25	00:11:24	00:23:00	00:34:46	00:46:29
134	RAMA Janusz	234		M-4	00:00:29	00:12:14	00:23:53	00:35:21	00:46:34
135	BOHDAN Jakub	459	MIASTECKIE TOWARZYSTWO SPORTOWE HAMER	M-1	00:00:23	00:11:41	00:23:48	00:36:01	00:46:35
136	SZAŁKOWSKI Wojtek	280		M-3	00:00:37	00:12:10	00:23:45	00:35:18	00:46:36
137	KUBIAK Andrzej	380		M-6	00:00:23	00:11:37	00:23:18	00:35:00	00:46:37
138	MAKSYMOWICZ Kornelia	401		K-3	00:00:33	00:12:01	00:23:24	00:35:02	00:46:38
139	SZTUBA Bartłomiej	284		M-4	00:00:20	00:11:24	00:23:11	00:35:11	00:46:39
140	KURYŁOWICZ Bartosz	375		M-2	00:00:25	00:11:23	00:22:59	00:34:46	00:46:39
141	ALABA Jerzy	468	KB 10 BIAŁOGARD	M-5	00:00:36	00:12:26	00:23:56	00:35:27	00:46:42
142	TRAFNY Mateusz	361		M-2	00:00:23	00:11:55	00:23:42	00:35:22	00:46:44
143	CHODOR Martyna	387	4RUN TKKF KOSZALIN	K-3	00:00:27	00:11:40	00:23:12	00:34:58	00:46:46
144	LEWANDOWSKI Marek	157		M-3	00:00:32	00:11:49	00:23:30	00:35:19	00:46:51
145	SIKORSKI Witold	259	KB RUN 42	M-5	00:00:35	00:11:53	00:23:39	00:35:28	00:46:51
146	KRUK Marcin	136		M-3	00:00:27	00:11:08	00:22:45	00:34:45	00:46:52
147	ROGALSKI Roberto	239	ZSW ZAWSZE SIĘGAJ WYŻEJ	M-3	00:00:18	00:10:52	00:23:15	00:35:31	00:46:53
148	TRZECIAK Dariusz	296		M-4	00:00:37	00:12:13	00:24:02	00:35:43	00:46:55
149	STRUMIŃSKI Rafał	274	ŻYTANIA TEAM	M-3	00:00:42	00:11:59	00:23:36	00:35:20	00:46:55
150	ZIOMEK Darek	334	4RUN TKKF KOSZALIN	M-4	00:00:24	00:11:35	00:23:12	00:35:08	00:46:57
150	KORMAN Kamil	476		M-1	00:00:43	00:12:53	00:24:51	00:36:22	00:47:00
152	JABŁOŃSKI Arkadiusz	83		M-4	00:00:34	00:12:37	00:24:19	00:35:50	00:47:02
153	MACHELSKA Sylwia	357	PGB SPORTOWA PACZKA	K-3	00:00:22	00:11:41	00:23:16	00:35:14	00:47:05
154	NOWAKOWSKI Rafał	194		M-3	00:00:33	00:11:28	00:22:34	00:34:42	00:47:13
155	JURA Krzysztof	89	MIASTECKIE TOWARZYSTWO SPORTOWE HAMER	M-4	00:00:25	00:11:51	00:23:48	00:36:04	00:47:14
156	JURA Michał	455	MIASTECKIE TOWARZYSTWO SPORTOWE HAMER	M-1	00:00:24	00:11:41	00:23:48	00:36:02	00:47:14
157	MATEJKO Jacek	175	TKKF KOSZALIN	M-4	00:00:32	00:11:55	00:23:38	00:35:29	00:47:17
158	MACIEJEWSKI Piotr	165		M-3	00:00:44	00:12:34	00:24:16	00:36:02	00:47:19
159	KRYSZCZUK Michał	139		M-2	00:00:42	00:12:19	00:24:30	00:36:08	00:47:25
160	KAJKOWSKI Rafał	94	DODOMISIE KOSZALIN	M-4	00:00:16	00:11:01	00:22:53	00:35:15	00:47:26
161	ADAMCZYK Karol	3		M-2	00:00:44	00:12:34	00:24:16	00:36:02	00:47:28
162	WILKOWSKI Krzysztof	314		M-3	00:00:32	00:11:41	00:23:27	00:35:38	00:47:29

Msc	Zawodnik	Numer	Klub	Kategoria	0.07km	2.535km	5km	7.465km	9.93km
163	BIL Adrian	8		M-3	00:00:25	00:11:48	00:23:42	00:35:43	00:47:30
164	ŁOPIŃSKI Piotr	162		M-3	00:00:20	00:11:17	00:22:57	00:35:18	00:47:33
165	POLIKOWSKI Patryk	398		M-3	00:00:27	00:11:44	00:23:41	00:35:51	00:47:36
166	STOLARCZYK Adrian	358		M-1	00:00:28	00:11:38	00:23:32	00:35:41	00:47:38
167	CZAPLICKI Paweł	31	4RUN TKKF KOSZALIN	M-3	00:00:24	00:11:37	00:23:12	00:35:27	00:47:39
168	JANKOWSKI Maciej	413		M-4	00:00:32	00:11:25	00:23:01	00:35:35	00:47:40
169	WIERZBICKI Jakub	313		M-3	00:00:38	00:12:26	00:24:10	00:35:55	00:47:41
170	MYDŁOWSKI Maciej	408		M-2	00:00:26	00:10:57	00:22:51	00:35:30	00:47:43
171	SIDELKO Robert	254		M-5	00:00:33	00:12:18	00:23:57	00:35:52	00:47:46
172	ŚWIETLIK Tomasz	289		M-5	00:00:28	00:11:41	00:23:28	00:35:42	00:47:47
173	NIEMCZUK Dariusz	491		M-5	00:00:18	00:11:27	00:23:32	00:36:05	00:47:50
174	CHOŁUJ Karol	27		M-3	00:00:27	00:11:30	00:23:24	00:35:36	00:47:51
175	SUGIER Michał	277		M-3	00:00:34	00:12:09	00:24:06	00:36:13	00:47:53
176	WALTER Joanna	303	KB DZIESIĄTKA BIAŁOGARD	K-4	00:00:24	00:12:28	00:24:34	00:36:24	00:48:03
177	KRZEWIŃSKA Małgorzata	141	4RUN TKKF KOSZALIN	K-5	00:00:25	00:12:01	00:24:04	00:36:05	00:48:06
178	KROTOWSKI Grzegorz	134	K.B. TUPOT USTKA	M-4	00:00:24	00:11:40	00:23:31	00:35:48	00:48:09
179	RUTKOWSKI Witold	248		M-4	00:00:26	00:11:55	00:23:54	00:36:02	00:48:09
180	URBANOWICZ Grzegorz	300		M-4	00:00:20	00:11:41	00:23:38	00:35:57	00:48:13
181	STERNKIKER Heike	354	SCHWEDTER HASEN	K-4	00:00:22	00:11:54	00:23:59	00:36:06	00:48:14
181	STERNKIKER Mario	355	SCHWEDTER HASEN	M-4	00:00:23	00:11:54	00:23:59	00:36:07	00:48:14
183	OSENKOWSKI Artur	203		M-3	00:00:38	00:11:11	00:23:11	00:35:30	00:48:15
184	KACZMAREK Łukasz	93		M-3	00:00:34	00:11:52	00:23:56	00:36:18	00:48:18
185	SZCZEPANIAK Jacek	282		M-4	00:00:25	00:11:30	00:23:28	00:35:54	00:48:18
186	KILAR Tomasz	106		M-4	00:00:35	00:12:05	00:24:07	00:36:14	00:48:19
187	ANDRZEJEWSKA Marta	4		K-3	00:00:28	00:12:10	00:24:10	00:36:28	00:48:20
187	MRUGALSKI Damian	186		M-3	00:00:40	00:12:54	00:25:07	00:37:01	00:48:21
189	WIELGUS Paweł	448		M-3	00:00:25	00:11:57	00:23:59	00:36:21	00:48:21
190	GÓRA Agnieszka	452	PHILIPS-PIŁA	K-3	00:00:23	00:12:08	00:24:14	00:36:25	00:48:26
191	NACHYŁA Piotr	429		M-4	00:00:34	00:12:29	00:24:31	00:36:35	00:48:28
192	CHUDYK Magda	430		K-3	00:00:26	00:12:14	00:24:16	00:36:35	00:48:38
193	WESOŁOWSKI Arkadiusz	451		M-3	00:00:29	00:11:32	00:23:27	00:36:04	00:48:40
194	WOJCIECHOWSKA-HRYCYK Agata	320		K-4	00:00:26	00:12:13	00:24:15	00:36:34	00:48:40
195	STRZELECKI Zbigniew	275		M-5	00:00:30	00:12:14	00:24:20	00:36:36	00:48:42
196	RADECKI Jacek	229		M-4	00:00:24	00:11:56	00:23:58	00:36:29	00:48:45
197	RÓJ Andrzej	388		M-4	00:00:24	00:12:28	00:24:34	00:36:56	00:48:45
198	DĄBROWSKI Grzegorz	36		M-4	00:00:26	00:11:43	00:23:58	00:36:31	00:48:49
199	KRASIŃSKI Witold	131		M-4	00:00:28	00:11:22	00:23:22	00:36:04	00:48:50
200	IWANIEC Dariusz	81		M-4	00:00:27	00:11:56	00:24:00	00:36:28	00:48:51
201	MACHNIEWSKI Artur	386		M-3	00:00:33	00:12:02	00:24:06	00:36:33	00:48:57
202	RUDZIŃSKI Krzysztof	449		M-2	00:00:34	00:11:56	00:23:55	00:36:30	00:48:58
203	KOŁAKOWSKI Dariusz	115	K. B. SPRINT ŚWIDWIN	M-4	00:00:33	00:12:19	00:24:30	00:36:50	00:49:03
204	SZABLA Ewelina	279		K-3	00:00:32	00:12:13	00:24:30	00:36:57	00:49:06
205	SZYMAŃSKI Kacper	474	TEAM BIEGOWY SZCZECINEK	M-2	00:00:27	00:12:38	00:25:11	00:37:45	00:49:11
205	GAWROŃSKI Paweł	57	OGIEŃ W SZOPIE	M-2	00:00:28	00:11:37	00:23:51	00:36:38	00:49:14
207	PEŁKA Janusz	210		M-5	00:00:39	00:12:14	00:24:23	00:36:45	00:49:17
208	MĘDEL Marta	179		K-3	00:00:31	00:12:21	00:24:43	00:37:15	00:49:19

Msc	Zawodnik	Numer	Klub	Kategoria	0.07km	2.535km	5km	7.465km	9.93km
209	MARKOWSKI Andrzej	174	4RUN TKKF KOSZALIN	M-6	00:00:25	00:12:04	00:24:27	00:36:57	00:49:20
210	MĘDEL Cezary	178		M-4	00:00:30	00:12:23	00:24:43	00:37:15	00:49:26
211	JĘDRASZKO Magda	88	MIASTECKIE TOWARZYSTWO SPORTOWE HAMER	K-3	00:00:22	00:11:45	00:23:58	00:36:47	00:49:31
212	CHAMERA Krzysztof	24		M-4	00:00:41	00:12:04	00:24:05	00:37:00	00:49:31
212	DWULIT Katarzyna	44		K-2	00:00:21	00:11:45	00:23:58	00:36:47	00:49:33
214	PIETRZYCKI Adrian	215		M-3	00:00:34	00:12:36	00:24:49	00:37:25	00:49:38
215	KOZŁOWIECKI Waldemar	129	4RUN TKKF KOSZALIN	M-6	00:00:35	00:12:37	00:24:51	00:37:27	00:49:41
216	STAWISZYŃSKI Jarosław	266		M-3	00:00:43	00:13:11	00:25:34	00:37:56	00:49:41
217	BOGACKI Tomasz	11	4RUN TKKF KOSZALIN	M-5	00:00:25	00:12:14	00:24:37	00:37:10	00:49:46
218	DASZKO Tomasz	478		M-3	00:00:29	00:12:28	00:25:08	00:37:55	00:49:53
219	KUTWIN Artur	152		M-4	00:00:29	00:12:27	00:24:42	00:37:29	00:49:55
220	SZEWCZYK Andrzej	283		M-2	00:00:36	00:12:05	00:24:33	00:37:29	00:49:56
221	JUSZCZAK Krzysztof	91		M-6	00:00:29	00:12:10	00:24:29	00:37:15	00:49:58
222	SUBALSKI Michał	276		M-3	00:00:32	00:12:32	00:25:03	00:37:56	00:50:05
222	OSOBNIAK Ryszard	204		M-5	00:00:38	00:12:27	00:24:44	00:37:27	00:50:06
224	RUSINEK Dawid	463		M-2	00:00:35	00:13:03	00:25:53	00:38:22	00:50:06
225	KARNICKI Zygmunt	99	4RUN TKKF KOSZALIN	M-6	00:00:26	00:11:53	00:24:24	00:37:21	00:50:17
226	RUDZIŃSKI Bronisław	475		M-6	00:00:32	00:12:16	00:24:56	00:37:47	00:50:23
227	ANIELSKI Michał	427		M-2	00:00:38	00:13:04	00:25:40	00:38:44	00:50:24
228	KOPREK Łukasz	121	SŁONECZNY PATROL KOSZALIN	M-2	00:00:40	00:12:19	00:24:36	00:37:30	00:50:28
229	KOKOT Edward	113	2 BRYGADA ZMECHANIZOWANA	M-3	00:00:20	00:11:41	00:24:04	00:37:05	00:50:29
230	HERBA Krzysztof	75		M-3	00:00:27	00:12:14	00:24:14	00:37:14	00:50:36
231	LAMPKOWSKI Krzysztof	466		M-4	00:00:22	00:11:27	00:24:14	00:37:37	00:50:50
232	SIKORSKA Grażyna	258		K-5	00:00:24	00:12:42	00:25:17	00:38:06	00:50:50
232	KACZMAREK Zbigniew	374		M-6	00:00:41	00:12:55	00:25:32	00:38:24	00:50:53
234	NOWAK Marcin	195		M-3	00:00:22	00:12:16	00:24:41	00:37:58	00:50:55
235	BEDNAREK Krzysztof	350		M-3	00:00:26	00:12:58	00:25:48	00:38:41	00:50:59
235	OPALIŃSKI Stanisław	423		M-5	00:00:30	00:12:45	00:25:28	00:38:19	00:51:00
237	KISIEL Michał	109	PARKRUN SZCZECINEK	M-3	00:00:30	00:13:08	00:25:36	00:38:12	00:51:02
238	KIRKO Mariusz	107		M-3	00:00:30	00:12:29	00:24:59	00:38:01	00:51:05
239	SAMELZON-SROKA Beata	252		K-3	00:00:39	00:12:57	00:25:37	00:38:27	00:51:06
240	KARWASZ Krzysztof	100	KATEDRA KOSZALIN	M-4	00:00:29	00:12:29	00:25:31	00:38:39	00:51:22
241	KUPREWICZ Grzegorz	148		M-3	00:00:35	00:12:43	00:25:48	00:38:37	00:51:26
242	ZATORSKI Zbigniew	329		M-3	00:00:35	00:13:06	00:25:53	00:38:54	00:51:27
243	SALAMON Piotr	399		M-3	00:00:44	00:12:27	00:24:23	00:36:37	00:51:35
244	MROCZKOWSKA Marta	184		K-3	00:00:37	00:13:03	00:25:48	00:38:47	00:51:36
245	PIĄTKOWSKI Bartosz	211	AKT KOSZALIN	M-4	00:00:32	00:13:07	00:26:00	00:38:58	00:51:38
245	TRZECAK Anna	295		K-4	00:00:36	00:12:44	00:26:01	00:39:23	00:51:40
247	LUBICZ-KROŚNICKA Anna	160	AMADEUS CROSSGYM	K-3	00:00:20	00:12:18	00:25:30	00:38:41	00:51:46
248	KONIECZNA Marzena	120	AMADEUS CROSSTRANING GYM	K-2	00:00:20	00:12:18	00:25:30	00:38:42	00:51:46
249	GAJEK Artur	54		M-3	00:00:40	00:13:02	00:25:47	00:38:50	00:51:50
250	LUPZIK Radosław	426		M-2	00:00:37	00:13:04	00:25:41	00:38:57	00:51:51
251	ROGOŻA Ireneusz	240		M-4	00:00:36	00:13:32	00:27:06	00:39:52	00:52:01
252	POLIWKA-KISIEL Małgorzata	446	PARKRUN SZCZECINEK	K-3	00:00:30	00:13:17	00:26:15	00:39:18	00:52:03
253	GRZELAK Karina	70		K-3	00:00:31	00:12:38	00:25:42	00:39:02	00:52:14
254	MRUGALSKA Magdalena	419	JW 1223 1DPLOT	K-2	00:00:41	00:12:53	00:26:15	00:39:31	00:52:27

Msc	Zawodnik	Numer	Klub	Kategoria	0.07km	2.535km	5km	7.465km	9.93km
255	HOŁUBASZ Paweł	79	UNIA RACING TEAM LĘBORK	M-3	00:00:35	00:11:55	00:24:57	00:38:58	00:52:30
256	JABŁOŃSKA Katarzyna	82		K-3	00:00:34	00:13:19	00:26:19	00:39:33	00:52:34
257	SIEPRACKI Adam	257		M-3	00:00:43	00:13:31	00:26:43	00:40:08	00:52:56
258	FELKOWSKI Tomasz	49		M-3	00:00:32	00:13:29	00:26:38	00:39:50	00:53:02
259	MADEJSZA Marcin	411		M-3	00:00:30	00:13:29	00:26:33	00:39:51	00:53:08
260	ŚLUSARZ Krzysztof	288		M-4	00:00:36	00:13:03	00:26:36	00:39:50	00:53:13
261	KUJAWA Natalia	145		K-2	00:00:21	00:12:26	00:25:44	00:39:36	00:53:24
262	MACIOSZEK Agnieszka	462		K-4	00:00:37	00:13:42	00:26:57	00:40:08	00:53:25
263	PANAS Małgorzata	206		K-4	00:00:40	00:13:48	00:26:51	00:40:08	00:53:26
264	WĘGIEL Aleksandra	431		K-2	00:00:29	00:12:21	00:25:41	00:39:35	00:53:29
265	TURCZYN Grzegorz	297		M-4	00:00:35	00:12:42	00:25:23	00:39:23	00:53:36
266	WOLF Weronika	322		K-4	00:00:31	00:13:10	00:26:38	00:40:21	00:53:52
267	DZIESZUK Dariusz	394	4RUN TKKF KOSZALIN	M-4	00:00:33	00:14:02	00:27:48	00:41:09	00:53:57
268	DEREŃ Grzegorz	38	K. B. SPRINT ŚWIDWIN	M-3	00:00:20	00:12:09	00:25:14	00:39:57	00:54:02
269	SZARY Szymon	281		M-3	00:00:41	00:13:48	00:27:05	00:40:34	00:54:03
270	PIĘTKO Joanna	460		K-4	00:00:37	00:13:27	00:26:56	00:40:41	00:54:05
271	POLAŃSKA Katarzyna	384		K-3	00:00:26	00:12:43	00:26:03	00:39:57	00:54:12
272	BARTOSIK Jarosław	347		M-4	00:00:38	00:12:41	00:26:12	00:40:06	00:54:14
273	GÓRALCZYK Anna	62		K-3	00:00:30	00:14:06	00:27:47	00:41:27	00:54:15
274	HAMROL Dawid	72	KATEDRA KOSZALIN	M-3	00:00:44	00:13:31	00:27:19	00:41:04	00:54:15
275	JARUGA Artur	421		M-3	00:00:30	00:14:06	00:27:47	00:41:27	00:54:15
276	PUŚCIAN Krzysztof Kamil	377		M-4	00:00:35	00:13:36	00:26:55	00:40:41	00:54:20
277	CINCIO Robert	30	TKKF TRIATHLON KOSZALIN	M-3	00:00:27	00:12:04	00:25:51	00:40:25	00:54:22
278	NIEDBAŁA Konrad	469		M-4	00:00:40	00:13:41	00:26:52	00:40:53	00:54:22
279	TOMCZYK Leszek	293	JW 1223 3DPLOT	M-3	00:00:41	00:14:31	00:28:01	00:41:36	00:54:35
280	GŁOWACKI Włodzimierz	471		M-7	00:00:24	00:12:44	00:26:26	00:40:47	00:54:41
281	STUDZIŃSKI Siergiej	472		M-4	00:00:31	00:14:19	00:27:46	00:41:26	00:54:42
282	BAK Zbigniew	7	RANNERSWALDE	M-3	00:00:25	00:13:28	00:27:10	00:41:09	00:55:03
283	TYLUŚ Sylwia	299	PARKRUN SZCZECINEK TEAM BIEGOWY SZCZECINEK	K-3	00:00:30	00:13:36	00:26:40	00:40:55	00:55:13
283	PIENIAŻEK Magdalena	445	PARKRUN SZCZECINEK	K-3	00:00:30	00:13:36	00:26:40	00:40:55	00:55:13
285	HIROWICZ Agnieszka	78		K-3	00:00:28	00:13:18	00:26:58	00:41:20	00:55:20
286	GUDZIŃSKI Lech	71		M-6	00:00:29	00:13:44	00:27:35	00:41:26	00:55:20
286	ODRZYWOŁEK Paweł	197		M-3	00:00:39	00:14:14	00:28:01	00:41:57	00:55:22
288	WEJNEROWSKA Klaudia	385		K-2	00:00:39	00:14:14	00:28:01	00:41:57	00:55:22
289	RADLIŃSKA Alicja	231	PUPIL KOSZALIN	K-4	00:00:31	00:13:57	00:27:42	00:41:39	00:55:28
290	ZIĘTARA Ryszard	333		M-6	00:00:26	00:13:28	00:27:13	00:41:20	00:55:44
291	PAULIŃSKI Jan	492		M-6	00:00:23	00:13:19	00:27:13	00:41:27	00:55:46
292	RADECKI Przemysław	230		M-3	00:00:42	00:13:52	00:27:34	00:41:33	00:55:48
293	MAZUREK Barbara	177	BABECZKI KOSZALIN	K-3	00:00:29	00:12:45	00:26:49	00:41:30	00:55:51
294	GOŁDYN Marek	61		M-3	00:00:26	00:12:27	00:26:10	00:41:20	00:55:59
295	SOBOLEWSKI Marek	344		M-4	00:00:19	00:12:59	00:27:10	00:41:27	00:55:59
296	NOWAK Wiesław	196		M-6	00:00:36	00:13:53	00:27:47	00:42:16	00:56:04
297	MACIĄŻEK Jarosław	402		M-3	00:00:36	00:13:01	00:26:50	00:41:19	00:56:12
298	HILLER Jerzy	77	PERFECT RUNNER TEAM	M-6	00:00:35	00:14:10	00:28:13	00:42:19	00:56:12
299	IWANKIEWICZ Justyna	443		K-3	00:00:31	00:13:08	00:27:24	00:42:17	00:56:14
300	OSENKOWSKA Wiktoria	202	KATEDRA KOSZALIN	K-1	00:00:44	00:13:31	00:27:31	00:42:28	00:56:20

Msc	Zawodnik	Numer	Klub	Kategoria	0.07km	2.535km	5km	7.465km	9.93km
301	SWATOWSKI Andrzej	278		M-6	00:00:41	00:14:17	00:27:56	00:42:18	00:56:26
302	NOREK Tomasz	193		M-4	00:00:38	00:13:56	00:27:46	00:42:05	00:56:28
303	KUBIAK Maria			K-6	00:00:34	00:13:54	00:27:47	00:42:15	00:56:48
304	SZYMAŃSKI Tomasz	473	TEAM BIEGOWY SZCZECINEK	M-4	00:00:37	00:14:17	00:28:26	00:42:54	00:56:50
305	RASZPLA Radosław	235		M-4	00:00:29	00:12:25	00:26:49	00:41:29	00:56:50
306	BUREK Szymon	21	SQUASH FORMA KOSZALIN	M-3	00:00:46	00:14:20	00:28:33	00:42:45	00:56:58
307	ZIEJEWSKI Krzysztof	487	MONOLITH LIFE TEAM	M-3	00:00:39	00:14:22	00:28:42	00:42:54	00:57:03
308	KOSIŃSKI Krzysztof	438		M-5	00:00:32	00:13:36	00:27:39	00:42:11	00:57:03
308	GRUDZIŃSKI Marcin	69		M-3	00:00:39	00:14:16	00:28:10	00:42:41	00:57:06
310	SOJKA Agnieszka	263		K-3	00:00:42	00:14:55	00:29:08	00:43:18	00:57:07
311	ŁAWRYNOWICZ Wiktor	404		M-5	00:00:20	00:12:49	00:27:15	00:42:10	00:57:33
312	ZARBOCK Krzysztof	433		M-5	00:00:33	00:14:01	00:27:48	00:42:25	00:57:35
313	ZIELIŃSKA Dominika	400	RAZ SZCZECIN	K-3	00:00:29	00:13:29	00:27:50	00:42:35	00:57:36
314	BASŁYK Agnieszka	489		K-3	00:00:35	00:13:59	00:28:15	00:43:19	00:57:45
315	SKIERŚ Stanisław	262		M-6	00:00:37	00:14:17	00:28:32	00:42:57	00:57:52
316	CZYŻEWSKA Beata	33	KOŁOBRZEG BIEGA	K-4	00:00:27	00:14:08	00:28:31	00:43:18	00:58:00
317	PŁOŃSKA Ewelina	464	JW 1223	K-3	00:00:36	00:13:27	00:27:37	00:42:51	00:58:02
318	MOŻEJKO Anna	183		K-3	00:00:33	00:14:49	00:29:40	00:44:14	00:58:18
319	VON BARDELEBEN Agnieszka	395	BABECZKI KOSZALIN	K-4	00:00:33	00:14:49	00:29:39	00:44:14	00:58:19
320	SZCZEBLEWSKI Grzegorz	410		M-4	00:00:33	00:14:41	00:29:04	00:44:05	00:58:21
320	KOZŁOWSKA-NAJDER Magda	409		K-4	00:00:34	00:14:41	00:29:05	00:44:05	00:58:21
322	PILARSKA Joanna	217		K-3	00:00:41	00:14:31	00:28:39	00:43:36	00:58:27
323	MIELCZAREK Julia	397		K-1	00:00:44	00:15:00	00:29:25	00:44:00	00:58:27
324	PIOR Tomasz	218		M-3	00:00:27	00:13:11	00:27:39	00:42:47	00:58:29
325	JANACZYK Marcin	485	JW 1223	M-3	00:00:43	00:13:34	00:27:44	00:43:08	00:58:32
326	TYLUŚ Damian	298	PARKRUN SZCZECINEK	M-4	00:00:30	00:14:20	00:29:01	00:43:54	00:58:34
327	ŁADA Paweł	161		M-3	00:00:42	00:14:33	00:29:12	00:44:05	00:58:35
328	WÓJCIK Sebastian	325	ŻYTANIA TEAM	M-3	00:00:42	00:14:34	00:29:13	00:44:05	00:58:36
328	WÓJCIK Anna	323	ŻYTANIA TEAM	K-3	00:00:42	00:14:34	00:29:13	00:44:07	00:58:36
330	BOCZEK Bartłomiej	10		M-1	00:00:41	00:14:30	00:29:15	00:44:10	00:58:43
331	WYGODA Grzegorz	327		M-3	00:00:40	00:13:53	00:28:14	00:43:22	00:58:44
332	WOJCIECHOWSKA Katarzyna	477		K-2	00:00:34	00:14:35	00:28:43	00:43:29	00:58:51
333	KOLASA Tomasz	114		M-4	00:00:40	00:14:39	00:29:15	00:44:10	00:58:54
334	RÓJ Barbara	389		K-4	00:00:22	00:14:12	00:29:42	00:44:55	00:59:06
335	GRABOWSKA Marta	67		K-2	00:00:38	00:15:18	00:30:03	00:44:50	00:59:13
336	KRYSIK Andrzej	138		M-4	00:00:35	00:13:46	00:27:57	00:43:35	00:59:22
337	GŁUSZCZ Beata	345		K-2	00:00:33	00:14:50	00:29:28	00:44:44	00:59:46
338	KIRKO Marzena	108		K-3	00:00:33	00:14:51	00:29:30	00:44:45	00:59:53
339	WIKTOROWICZ Małgorzata	315		K-4	00:00:38	00:15:14	00:30:07	00:44:56	00:59:53
340	ZAWADA Andrzej	420		M-4	00:00:36	00:12:52	00:26:38	00:42:13	01:00:05
341	KORPAL Cezary	124		M-5	00:00:42	00:16:13	00:30:45	00:45:13	01:00:07
342	GRABOWSKA Elżbieta	66		K-5	00:00:37	00:15:10	00:29:55	00:45:03	01:00:10
343	STOLARCZYK Łukasz	359		M-2	00:00:35	00:13:29	00:28:20	00:44:03	01:00:29
344	STEC Edyta	267	BABECZKI KOSZALIN	K-3	00:00:32	00:14:49	00:29:40	00:45:09	01:00:35
345	POWARZYŃSKI Damian	457		M-2	00:00:42	00:15:15	00:30:04	00:45:46	01:00:35
346	POTECKA Agnieszka	224		K-4	00:00:22	00:14:12	00:29:42	00:45:03	01:00:43

Msc	Zawodnik	Numer	Klub	Kategoria	0.07km	2.535km	5km	7.465km	9.93km
347	DONDAJEWSKA Marzena	40		K-3	00:00:39	00:14:18	00:29:17	00:44:54	01:00:51
348	SZYŁKA Justyna	285		M-1	00:00:37	00:14:17	00:29:24	00:45:04	01:00:57
349	DĄBROWSKI Michał	37	RUN FOREST RUN	M-3	00:00:44	00:15:56	00:31:09	00:46:14	01:01:05
349	DĄBROWSKA Agnieszka	422	RUN FOREST RUN	K-3	00:00:43	00:15:57	00:31:10	00:46:15	01:01:05
351	KOSTRZEWA Łukasz	424	RUN FOREST RUN	M-3	00:00:44	00:15:57	00:31:09	00:46:16	01:01:07
352	KOMOROWSKA Beata	118		K-3	00:00:38	00:14:10	00:29:27	00:45:08	01:01:25
353	MALINOWSKA Agnieszka	444		K-3	00:00:38	00:15:13	00:30:08	00:46:02	01:01:52
354	KUC Sylwia	144		K-3	00:00:42	00:15:14	00:30:07	00:46:02	01:01:52
355	SCHMIDT Dariusz	441		M-5	00:00:39	00:14:19	00:29:11	00:45:28	01:01:52
356	TREJDER Maria Magdalena	294		K-4	00:00:39	00:15:19	00:30:54	00:46:41	01:02:07
357	HELLER Zdzisław	74		M-5	00:00:31	00:14:55	00:30:24	00:46:23	01:02:07
358	KOŚCIELNIAK Kinga	125		K-2	00:00:38	00:15:14	00:31:08	00:47:07	01:02:16
359	KREIS-GROCHOWSKA Dominika	132		K-3	00:00:45	00:15:37	00:31:03	00:46:55	01:03:07
359	GROCHOWSKI Rafał	68		M-4	00:00:45	00:15:37	00:31:03	00:46:55	01:03:07
361	GAJLEWICZ Karolina	55		K-3	00:00:32	00:15:51	00:32:38	00:48:15	01:03:46
362	WOCHNA Filip	486		M-1	00:00:29	00:14:46	00:32:22	00:48:16	01:04:39
363	ZDANOWICZ Magda	330		K-1	00:00:43	00:15:42	00:31:53	00:48:29	01:05:09
364	RZEDZICKI Rafał	392		M-4	00:00:42	00:16:16	00:32:37	00:49:35	01:05:47
365	GÓRNA Anna	63	FORMA ROSNOWO	K-3	00:00:39	00:16:07	00:32:19	00:49:00	01:05:50
366	GŁOWIŃSKI Krzysztof	450		M-4	00:00:42	00:15:39	00:31:36	00:48:12	01:05:58
367	HAŁA Anna	383		K-2	00:00:36	00:16:15	00:32:38	00:49:35	01:06:01
367	KOWALSKA Magdalena	382	KOSZALIN	K-2	00:00:37	00:16:15	00:32:38	00:49:34	01:06:01
369	WOLF Beata	484		K-3	00:00:40	00:16:51	00:33:20	00:50:38	01:07:32
370	ŻELECHOWSKA Magdalena	339	BABECZKI KOSZALIN	K-3	00:00:40	00:16:51	00:33:20	00:50:38	01:07:32
371	BŁACHNIO Marian	425		M-6	00:00:39	00:16:48	00:33:43	00:50:53	01:07:37
372	MALĄG BAIK Anna	167		K-2	00:00:34	00:15:54	00:32:51	00:50:20	01:08:21
373	WALO Zbigniew	302		M-5	00:00:43	00:16:15	00:33:15	00:50:59	01:09:26
374	PEŁKA Iwona	209		K-4	00:00:41	00:17:43	00:34:52	00:52:21	01:10:11
375	BARTNIK Marian	6	TKKF KOSZALIN	M-7	00:00:23	00:18:32	00:38:22	00:59:01	01:20:17
376	MRUGALSKI Stanisław	187		M-5	00:00:31	00:11:52	01:30:20	01:39:58	01:50:06
377	WOCHNA Karolina	483		K-1	00:00:29	00:21:11			
378	CZERWIŃSKI Daniel	32		M-3	00:00:35	00:12:22	00:37:30		
379	OLIJNIK Paweł	371	UKRAINA	M-2	00:00:14	00:07:37	00:23:19		
380	MARYNICZ Witalii	467	UKRAINA	M-2	00:00:13	00:08:12	00:16:23	00:24:42	
381	WASILEWSKI Jarosław	305		M-3	00:00:43	00:13:31	00:26:41		
382	OKOŁOTOWICZ Sebastian	418		M-3	00:00:20	00:19:59	00:30:53	00:41:22	
383	PIEKARSKI Rafał	417	OPOCZNO SPORT TEAM	M-1	00:00:17	00:09:19	00:18:50	00:28:24	
384	TARNIONEK Katarzyna	290		K-3	00:00:22	00:11:56	00:24:29		
385	KRUCZKOWSKI Damian	135		M-2	00:00:14	00:08:34	00:25:38	00:34:07	
386	MYDŁOWSKA Monika	188		K-3	00:00:39	00:15:00	00:32:02	00:48:48	
387	ŻUREK Kamila	343		K-3	00:12:27	00:25:10	00:38:01	00:50:37	

Znaleziono 387 wynik(ów)