



Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2015-05-24
Miejsce: Koszalin
Dystans: 10 km

XIII MIĘDZYNARODOWY BIEG WENEDÓW - 10KM

B4SPORT



Klasyfikacja: Garnizon

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	0.07km	2.535km	5km	7.465km	9.93km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	BORYCHOWSKI Mariusz	378	TUPOT USTKA	M-4	2	00:00:16	00:08:12	00:16:25	00:24:47	00:33:16	00:33:33	00:33:33		3:21	17.9 (100%)
2	BORZĘCKI Norbert	15		M-3	4	00:00:15	00:08:17	00:16:49	00:25:21	00:33:44	00:33:59	00:33:59	+00:00:26 (1.3%)	3:23	17.7 (98.9%)
3	ANTOSIK Grzegorz	405		M-3	10	00:00:18	00:09:25	00:18:56	00:28:31	00:38:11	00:38:30	00:38:30	+00:04:57 (12.9%)	3:51	15.6 (87.2%)
4	JAROSZ Wiesław	415	JW. 1223 BLOG	M-4	6	00:00:17	00:09:24	00:18:59	00:28:55	00:38:52	00:39:08	00:39:08	+00:05:35 (14.3%)	3:54	15.3 (85.5%)
5	MICHALSKI Artur	180	BBL GDYNIA KPW GDYNIA	M-3	16	00:00:19	00:09:36	00:19:31	00:29:37	00:39:39	00:39:57	00:39:57	+00:06:24 (16.0%)	3:59	15 (83.8%)
6	ZELEK Jan	331	4RUN TKKF KOSZALIN	M-5	2	00:00:17	00:09:58	00:19:55	00:30:03	00:40:08	00:40:27	00:40:27	+00:06:54 (17.1%)	4:02	14.8 (82.7%)
7	WIELEBA Marlena	379	TUPOT USTKA	K-2	3	00:00:18	00:09:45	00:19:45	00:30:13	00:40:50	00:41:10	00:41:10	+00:07:37 (18.5%)	4:07	14.6 (81.6%)
8	BUJKO Andrzej	368	CSSP KOSZALIN	M-2	10	00:00:27	00:10:35	00:20:47	00:31:07	00:41:07	00:41:25	00:41:25	+00:07:52 (19.0%)	4:08	14.5 (81.0%)
9	STĘŻAŁA Artur	270	JW 1223 2DPLOT	M-4	18	00:00:23	00:10:12	00:20:35	00:31:08	00:41:39	00:41:57	00:41:57	+00:08:24 (20.0%)	4:11	14.3 (79.9%)
10	ŁUKAWSKI Mariusz	428	JW 1223 3DPLOT	M-2	14	00:00:30	00:10:37	00:21:05	00:31:47	00:42:24	00:42:42	00:42:42	+00:09:09 (21.4%)	4:16	14.1 (78.8%)
11	ROKOSZ Radosław	241	JW 1223	M-2	15	00:00:34	00:10:53	00:21:35	00:32:48	00:43:36	00:43:56	00:43:56	+00:10:23 (23.6%)	4:23	13.7 (76.5%)
12	OGRODNIK Grzegorz	199	JW 1223 1DPLOT	M-4	23	00:00:18	00:10:58	00:22:06	00:33:04	00:43:47	00:44:05	00:44:05	+00:10:32 (23.9%)	4:24	13.6 (76.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	0.07km	2.535km	5km	7.465km	9.93km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
13	ZIELIŃSKI Mateusz	332	SŁONECZNY PATROL KOSZALIN	M-2	17	00:00:40	00:11:49	00:22:39	00:33:24	00:43:51	00:44:10	00:44:10	+00:10:37 (24.0%)	4:25	13.6 (76.0%)
14	STEFAŃSKI Krzysztof	367	CSSP KOSZALIN	M-2	19	00:00:28	00:11:12	00:22:04	00:33:12	00:44:04	00:44:23	00:44:23	+00:10:50 (24.4%)	4:26	13.5 (75.4%)
15	SINKIEWICZ Mirosław	390	JW 1223 3DPLOT	M-2	21	00:00:30	00:10:49	00:21:42	00:33:06	00:44:45	00:45:03.85	00:45:03.85	+00:11:30 (25.6%)	4:30	13.3 (74.3%)
16	RASIAK Adam	403	JW 1223 1DPLOT	M-2	24	00:00:29	00:11:17	00:22:26	00:33:49	00:44:59	00:45:19	00:45:19	+00:11:46 (26.0%)	4:31	13.2 (73.7%)
17	NOWAK Filip	369	CSSP KOSZALIN	M-2	28	00:00:28	00:11:58	00:23:42	00:35:08	00:46:02	00:46:23	00:46:23	+00:12:50 (27.7%)	4:38	12.9 (72.1%)
18	KRYSZCZUK Michał	139		M-2	32	00:00:42	00:12:19	00:24:30	00:36:08	00:47:25	00:47:43	00:47:43	+00:14:10 (29.7%)	4:46	12.6 (70.4%)
19	KOPREK Łukasz	121	SŁONECZNY PATROL KOSZALIN	M-2	41	00:00:40	00:12:19	00:24:36	00:37:30	00:50:28	00:50:48	00:50:48	+00:17:15 (34.0%)	5:04	11.8 (65.9%)
20	KOKOT Edward	113	2 BRYGADA ZMECHANIZOWANA	M-3	75	00:00:20	00:11:41	00:24:04	00:37:05	00:50:29	00:50:50	00:50:50	+00:17:17 (34.0%)	5:05	11.8 (65.9%)
21	MRUGALSKA Magdalena	419	JW 1223 1DPLOT	K-2	8	00:00:41	00:12:53	00:26:15	00:39:31	00:52:27	00:52:48	00:52:48	+00:19:15 (36.5%)	5:16	11.4 (63.7%)
22	TOMCZYK Leszek	293	JW 1223 3DPLOT	M-3	94	00:00:41	00:14:31	00:28:01	00:41:36	00:54:35	00:54:54	00:54:54	+00:21:21 (38.9%)	5:29	10.9 (60.9%)
23	SOBOLEWSKI Marek	344		M-4	68	00:00:19	00:12:59	00:27:10	00:41:27	00:55:59	00:56:19	00:56:19	+00:22:46 (40.4%)	5:37	10.7 (59.8%)
24	PŁOŃSKA Ewelina	464	JW 1223	K-3	33	00:00:36	00:13:27	00:27:37	00:42:51	00:58:02	00:58:25	00:58:25	+00:24:52 (42.6%)	5:50	10.3 (57.5%)
25	JANACZYK Marcin	485	JW 1223	M-3	103	00:00:43	00:13:34	00:27:44	00:43:08	00:58:32	00:58:54	00:58:54	+00:25:21 (43.0%)	5:53	10.2 (57.0%)

Znaleziono 25 wynik(ów)