



XIII MIĘDZYNARODOWY BIEG WENEDÓW - 10KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2015-05-24
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: K-4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	0.07km	2.535km	5km	7.465km	9.93km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	HURYŃ Ewa	80		K-4	1	00:00:18	00:09:44	00:19:27	00:29:19	00:39:15	00:39:32	00:39:32		3:57	15.2 (100%)
2	ZIOMEK Joanna	335	4RUN TTKF KOSZALIN	K-4	2	00:00:27	00:11:40	00:23:11	00:34:47	00:46:23	00:46:44	00:46:44	+00:07:12 (15.4%)	4:40	12.8 (84.2%)
3	WALTER Joanna	303	KB DZIESIĄTKA BIAŁOGARD	K-4	3	00:00:24	00:12:28	00:24:34	00:36:24	00:48:03	00:48:23	00:48:23	+00:08:51 (18.3%)	4:50	12.4 (81.6%)
4	STERNKIKER Heike	354	SCHWEDTER HASEN	K-4	4	00:00:22	00:11:54	00:23:59	00:36:06	00:48:14	00:48:39	00:48:39	+00:09:07 (18.7%)	4:51	12.3 (80.9%)
5	WOJCIECHOWSKA-HRYCYK Agata	320		K-4	5	00:00:26	00:12:13	00:24:15	00:36:34	00:48:40	00:49:01	00:49:01	+00:09:29 (19.3%)	4:54	12.2 (80.3%)
6	TRZECAK Anna	295		K-4	6	00:00:36	00:12:44	00:26:01	00:39:23	00:51:40	00:51:59	00:51:59	+00:12:27 (23.9%)	5:11	11.5 (75.7%)
7	MACIOSZEK Agnieszka	462		K-4	7	00:00:37	00:13:42	00:26:57	00:40:08	00:53:25	00:53:48	00:53:48	+00:14:16 (26.5%)	5:22	11.2 (73.7%)
8	PANAS Małgorzata	206		K-4	8	00:00:40	00:13:48	00:26:51	00:40:08	00:53:26	00:53:49	00:53:49	+00:14:17 (26.5%)	5:22	11.1 (73.0%)
9	WOLF Weronika	322		K-4	9	00:00:31	00:13:10	00:26:38	00:40:21	00:53:52	00:54:16	00:54:16	+00:14:44 (27.1%)	5:25	11.1 (73.0%)
10	PIĘTKO Joanna	460		K-4	10	00:00:37	00:13:27	00:26:56	00:40:41	00:54:05	00:54:29	00:54:29	+00:14:57 (27.4%)	5:26	11 (72.4%)
11	RADLIŃSKA Alicja	231	PUPIL KOSZALIN	K-4	11	00:00:31	00:13:57	00:27:42	00:41:39	00:55:28	00:55:47	00:55:47	+00:16:15 (29.1%)	5:34	10.8 (71.1%)
12	CZYŻEWSKA Beata	33	KOŁOBRZEG BIEGA	K-4	12	00:00:27	00:14:08	00:28:31	00:43:18	00:58:00	00:58:26	00:58:26	+00:18:54 (32.3%)	5:50	10.3 (67.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	0.07km	2.535km	5km	7.465km	9.93km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
13	KOZŁOWSKA-NAJDER Magda	409		K-4	13	00:00:34	00:14:41	00:29:05	00:44:05	00:58:21	00:58:48	00:58:48	+00:19:16 (32.8%)	5:52	10.2 (67.1%)
14	VON BARDELEBEN Agnieszka	395	BABECZKI KOSZALIN	K-4	14	00:00:33	00:14:49	00:29:39	00:44:14	00:58:19	00:58:51	00:58:51	+00:19:19 (32.8%)	5:53	10.2 (67.1%)
15	RÓJ Barbara	389		K-4	15	00:00:22	00:14:12	00:29:42	00:44:55	00:59:06	00:59:33	00:59:33	+00:20:01 (33.6%)	5:57	10.1 (66.4%)
16	WIKTOROWICZ Małgorzata	315		K-4	16	00:00:38	00:15:14	00:30:07	00:44:56	00:59:53	01:00:17	01:00:17	+00:20:45 (34.4%)	6:01	10 (65.8%)
17	POTECKA Agnieszka	224		K-4	17	00:00:22	00:14:12	00:29:42	00:45:03	01:00:43	01:01:11	01:01:11	+00:21:39 (35.4%)	6:07	9.8 (64.5%)
18	TREJDER Maria Magdalena	294		K-4	18	00:00:39	00:15:19	00:30:54	00:46:41	01:02:07	01:02:30	01:02:30	+00:22:58 (36.7%)	6:15	9.6 (63.2%)
19	PEŁKA Iwona	209		K-4	19	00:00:41	00:17:43	00:34:52	00:52:21	01:10:11	01:10:34	01:10:34	+00:31:02 (44.0%)	7:03	8.5 (55.9%)

Znaleziono 19 wynik(ów)