



XIII MIĘDZYNARODOWY BIEG WENEDÓW - 10KM

B4SPORT

Organiser: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
Date: 2015-05-24
Place: Koszalin
Distance: 10 km



Classification: M-3

Split point: 9,9 km

Place	Participant	Number	Club	Category	0.07km	2.535km	5km	7.465km	9.93km
1	GONCHAR Aleksii	412		M-3	00:00:14	00:07:56	00:16:04	00:24:16	00:32:18
2	LABZIUK Aleksander	366	ACHILLES LESZNO	M-3	00:00:14	00:08:13	00:16:24	00:24:33	00:32:36
3	DZIUBA Piotr	46	MARATOŃCZYK OKONEK	M-3	00:00:15	00:08:12	00:16:24	00:24:33	00:32:53
4	BORZĘCKI Norbert	15		M-3	00:00:15	00:08:17	00:16:49	00:25:21	00:33:44
5	WOJCIECHOWSKI Jarosław	321	IKS BRAK FORMY	M-3	00:00:15	00:08:51	00:17:31	00:26:09	00:34:38
6	KAMIŃSKI Daniel	364		M-3	00:00:16	00:08:51	00:17:37	00:26:38	00:35:40
7	GOLECKI Mirosław	348	FORMA ROSNOWO CSSPTKKF KOSZALIN	M-3	00:00:19	00:09:38	00:18:59	00:28:11	00:37:20
8	SZYMAJDA Grzegorz	286	4RUN TTKF KOSZALIN	M-3	00:00:15	00:09:07	00:18:41	00:28:24	00:37:54
9	KĘDZIERSKI Andrzej	104		M-3	00:00:15	00:09:11	00:18:42	00:28:25	00:37:55
10	ANTOSIK Grzegorz	405		M-3	00:00:18	00:09:25	00:18:56	00:28:31	00:38:11
11	KALETA Sebastian	95		M-3	00:00:18	00:09:39	00:19:01	00:28:36	00:38:15
12	RYBACZEK Sebastian	249	FORMA ROSNOWO JW 1223 - 3DPLOT	M-3	00:00:19	00:09:38	00:19:01	00:28:38	00:38:23
13	RYŚKIEWICZ Rafał	251	TNT	M-3	00:00:17	00:09:36	00:19:18	00:29:22	00:39:03
14	GOLIŃSKI Łukasz	60	K.B. SPRINT ŚWIDWIN	M-3	00:00:20	00:09:48	00:19:36	00:29:28	00:39:08
15	KUNCEWICZ Robert	147		M-3	00:00:19	00:09:49	00:19:35	00:29:36	00:39:29
16	MICHAŁSKI Artur	180	BBL GDYNIA KPW GDYNIA	M-3	00:00:19	00:09:36	00:19:31	00:29:37	00:39:39
17	SKIERKA Grzegorz	261	MKS ŚWIĘC SŁAWNO	M-3	00:00:17	00:09:53	00:20:03	00:30:25	00:40:41
18	WIŚNIK Marcin	318	AMADEUS CROSSGYM	M-3	00:00:19	00:10:21	00:20:40	00:30:50	00:40:52
19	KASZTELAN Władysław	102	TKKF TRIATHLON KOSZALIN	M-3	00:00:22	00:10:17	00:20:35	00:31:02	00:41:15
20	STĘPNIAK Tomasz	269	I LO KOSZALIN	M-3	00:00:22	00:10:10	00:20:29	00:31:03	00:41:21
21	MROCZKOWSKI Marek	185	BIEGNIJMY.PL ROZBIEGANY KOSZALIN	M-3	00:00:41	00:10:53	00:21:04	00:31:22	00:41:43
22	HARASYM Zbigniew	73		M-3	00:00:21	00:10:08	00:20:31	00:31:26	00:42:26
23	PANCEWICZ Piotr	440	RANNERSWALDE	M-3	00:00:19	00:10:32	00:21:13	00:32:10	00:42:36
24	RAJNER Krzysztof	346		M-3	00:00:33	00:10:56	00:21:30	00:32:26	00:43:16

Place	Participant	Number	Club	Category	0.07km	2.535km	5km	7.465km	9.93km
25	PAWŁOWSKI Łukasz	490	SIKORROWO	M-3	00:00:35	00:11:03	00:21:45	00:32:34	00:43:19
26	MALINOWSKI Mariusz	170		M-3	00:00:24	00:10:57	00:21:47	00:32:39	00:43:29
27	KUKIEŁA Tomasz	146		M-3	00:00:32	00:11:33	00:22:33	00:33:21	00:43:36
28	SIKORSKI Adam	360		M-3	00:00:25	00:10:42	00:21:38	00:32:45	00:43:45
28	MARCINIAK Maciej	171		M-3	00:00:26	00:10:35	00:21:22	00:32:25	00:43:47
30	TOMALIK Karol	291	AMADEUS CROSSTRaining GYM	M-3	00:00:21	00:10:31	00:21:30	00:32:44	00:43:52
31	WALCZAK Marcin	301		M-3	00:00:23	00:10:53	00:21:50	00:32:49	00:43:53
32	NAWODZIŃSKI Grzegorz	454		M-3	00:00:18	00:10:42	00:21:45	00:33:00	00:43:55
33	BARANOWSKI Piotr	393		M-3	00:00:24	00:11:20	00:22:10	00:33:05	00:43:59
34	RYTTEL Marcin	488		M-3	00:00:22	00:10:45	00:21:48	00:33:01	00:44:04
35	JAMROZIAK Grzegorz	84	KB DZIESIĄTKA BIAŁOGARD	M-3	00:00:24	00:10:52	00:22:01	00:33:18	00:44:18
36	KACHLICKI Kamil	92		M-3	00:00:21	00:10:58	00:22:11	00:33:27	00:44:26
37	JAROSZEWSKI Daniel	396		M-3	00:00:17	00:10:39	00:21:44	00:33:23	00:44:46
38	PARYSIAK Eryk	207		M-3	00:00:23	00:11:42	00:23:02	00:34:08	00:44:55
39	WEBER Paweł	306		M-3	00:00:19	00:10:39	00:21:50	00:33:27	00:45:00
40	ŻMIJOWSKI Piotr	340	CSSP KOSZALIN	M-3	00:00:25	00:11:28	00:22:38	00:33:51	00:45:00
41	SKAZA Dawid	260		M-3	00:00:28	00:11:35	00:22:40	00:33:58	00:45:09
42	KRZANOWSKI Marcin	140		M-3	00:00:25	00:10:56	00:22:32	00:34:06	00:45:18
43	JASICZEK Dariusz	87		M-3	00:00:40	00:11:06	00:21:57	00:33:24	00:45:20
44	OLEKSY Piotr	201		M-3	00:00:37	00:11:22	00:22:24	00:34:02	00:45:22
45	JODDA Sławomir	407	ZAMOŚCIE PIŁA	M-3	00:00:23	00:10:23	00:21:16	00:33:16	00:45:28
46	SZNAJDER Wiktor	465		M-3	00:00:41	00:12:04	00:23:43	00:35:12	00:45:50
47	DONDAJEWSKI Michał	41		M-3	00:00:37	00:11:48	00:23:12	00:34:40	00:46:03
48	SZAŁKOWSKI Wojtek	280		M-3	00:00:37	00:12:10	00:23:45	00:35:18	00:46:36
49	LEWANDOWSKI Marek	157		M-3	00:00:32	00:11:49	00:23:30	00:35:19	00:46:51
50	KRUK Marcin	136	ZSW ZAWSZE SIĘGAJ WYŻEJ	M-3	00:00:27	00:11:08	00:22:45	00:34:45	00:46:52
51	ROGAŁSKI Roberto	239		M-3	00:00:18	00:10:52	00:23:15	00:35:31	00:46:53
51	STRUMIŃSKI Rafał	274		M-3	00:00:42	00:11:59	00:23:36	00:35:20	00:46:55
53	NOWAKOWSKI Rafał	194		M-3	00:00:33	00:11:28	00:22:34	00:34:42	00:47:13
54	MACIEJEWSKI Piotr	165		M-3	00:00:44	00:12:34	00:24:16	00:36:02	00:47:19
55	WILKOWSKI Krzysztof	314	4RUN TKKF KOSZALIN	M-3	00:00:32	00:11:41	00:23:27	00:35:38	00:47:29
56	BIL Adrian	8		M-3	00:00:25	00:11:48	00:23:42	00:35:43	00:47:30
57	ŁOPIŃSKI Piotr	162		M-3	00:00:20	00:11:17	00:22:57	00:35:18	00:47:33
58	POLIKOWSKI Patryk	398		M-3	00:00:27	00:11:44	00:23:41	00:35:51	00:47:36
58	CZAPLICKI Paweł	31		M-3	00:00:24	00:11:37	00:23:12	00:35:27	00:47:39
60	WIERZBICKI Jakub	313		M-3	00:00:38	00:12:26	00:24:10	00:35:55	00:47:41
61	CHOŁUJ Karol	27		M-3	00:00:27	00:11:30	00:23:24	00:35:36	00:47:51
62	SUGIER Michał	277		M-3	00:00:34	00:12:09	00:24:06	00:36:13	00:47:53
63	OSENKOWSKI Artur	203		M-3	00:00:38	00:11:11	00:23:11	00:35:30	00:48:15
64	KACZMAREK Łukasz	93		M-3	00:00:34	00:11:52	00:23:56	00:36:18	00:48:18
65	MRUGALSKI Damian	186		M-3	00:00:40	00:12:54	00:25:07	00:37:01	00:48:21
66	WIELGUS Paweł	448		M-3	00:00:25	00:11:57	00:23:59	00:36:21	00:48:21
67	WESOŁOWSKI Arkadiusz	451		M-3	00:00:29	00:11:32	00:23:27	00:36:04	00:48:40
68	MACHNIEWSKI Artur	386		M-3	00:00:33	00:12:02	00:24:06	00:36:33	00:48:57
69	PIETRZYCKI Adrian	215		M-3	00:00:34	00:12:36	00:24:49	00:37:25	00:49:38
70	STAWISZYŃSKI Jarosław	266		M-3	00:00:43	00:13:11	00:25:34	00:37:56	00:49:41

Place	Participant	Number	Club	Category	0.07km	2.535km	5km	7.465km	9.93km
71	DASZKO Tomasz	478		M-3	00:00:29	00:12:28	00:25:08	00:37:55	00:49:53
72	SUBALSKI Michał	276		M-3	00:00:32	00:12:32	00:25:03	00:37:56	00:50:05
73	KOKOT Edward	113	2 BRYGADA ZMECHANIZOWANA	M-3	00:00:20	00:11:41	00:24:04	00:37:05	00:50:29
74	HERBA Krzysztof	75		M-3	00:00:27	00:12:14	00:24:14	00:37:14	00:50:36
75	NOWAK Marcin	195		M-3	00:00:22	00:12:16	00:24:41	00:37:58	00:50:55
76	BEDNAREK Krzysztof	350		M-3	00:00:26	00:12:58	00:25:48	00:38:41	00:50:59
77	KISIEL Michał	109	PARKRUN SZCZECINEK	M-3	00:00:30	00:13:08	00:25:36	00:38:12	00:51:02
78	KIRKO Mariusz	107		M-3	00:00:30	00:12:29	00:24:59	00:38:01	00:51:05
79	KUPREWICZ Grzegorz	148		M-3	00:00:35	00:12:43	00:25:48	00:38:37	00:51:26
80	ZATORSKI Zbigniew	329		M-3	00:00:35	00:13:06	00:25:53	00:38:54	00:51:27
81	SALAMON Piotr	399		M-3	00:00:44	00:12:27	00:24:23	00:36:37	00:51:35
82	GAJEK Artur	54		M-3	00:00:40	00:13:02	00:25:47	00:38:50	00:51:50
83	HOŁUBASZ Paweł	79	UNIA RACING TEAM LĘBORK	M-3	00:00:35	00:11:55	00:24:57	00:38:58	00:52:30
84	SIEPRACKI Adam	257		M-3	00:00:43	00:13:31	00:26:43	00:40:08	00:52:56
85	FELKOWSKI Tomasz	49		M-3	00:00:32	00:13:29	00:26:38	00:39:50	00:53:02
86	MADEJSZA Marcin	411		M-3	00:00:30	00:13:29	00:26:33	00:39:51	00:53:08
87	DEREŃ Grzegorz	38	K. B. SPRINT ŚWIDWIN	M-3	00:00:20	00:12:09	00:25:14	00:39:57	00:54:02
88	SZARY Szymon	281		M-3	00:00:41	00:13:48	00:27:05	00:40:34	00:54:03
89	HAMROL Dawid	72	KATEDRA KOSZALIN	M-3	00:00:44	00:13:31	00:27:19	00:41:04	00:54:15
90	JARUGA Artur	421		M-3	00:00:30	00:14:06	00:27:47	00:41:27	00:54:15
91	CINCIO Robert	30	TKKF TRIATHLON KOSZALIN	M-3	00:00:27	00:12:04	00:25:51	00:40:25	00:54:22
92	TOMCZYK Leszek	293	JW 1223 3DPLOT	M-3	00:00:41	00:14:31	00:28:01	00:41:36	00:54:35
93	BAK Zbigniew	7	RANNERSWALDE	M-3	00:00:25	00:13:28	00:27:10	00:41:09	00:55:03
94	ODRZYWOŁEK Paweł	197		M-3	00:00:39	00:14:14	00:28:01	00:41:57	00:55:22
95	RADECKI Przemysław	230		M-3	00:00:42	00:13:52	00:27:34	00:41:33	00:55:48
96	GOŁDYN Marek	61		M-3	00:00:26	00:12:27	00:26:10	00:41:20	00:55:59
97	MACIĄŻEK Jarosław	402		M-3	00:00:36	00:13:01	00:26:50	00:41:19	00:56:12
98	BUREK Szymon	21	SQUASH FORMA KOSZALIN	M-3	00:00:46	00:14:20	00:28:33	00:42:45	00:56:58
99	ZIEJEWSKI Krzysztof	487	MONOLITH LIFE TEAM	M-3	00:00:39	00:14:22	00:28:42	00:42:54	00:57:03
100	GRUDZIŃSKI Marcin	69		M-3	00:00:39	00:14:16	00:28:10	00:42:41	00:57:06
101	PIOR Tomasz	218		M-3	00:00:27	00:13:11	00:27:39	00:42:47	00:58:29
102	JANACZYK Marcin	485	JW 1223	M-3	00:00:43	00:13:34	00:27:44	00:43:08	00:58:32
103	ŁADA Paweł	161		M-3	00:00:42	00:14:33	00:29:12	00:44:05	00:58:35
104	WÓJCIK Sebastian	325	ŻYTANIA TEAM	M-3	00:00:42	00:14:34	00:29:13	00:44:05	00:58:36
105	WYGODA Grzegorz	327		M-3	00:00:40	00:13:53	00:28:14	00:43:22	00:58:44
106	DĄBROWSKI Michał	37	RUN FOREST RUN	M-3	00:00:44	00:15:56	00:31:09	00:46:14	01:01:05
107	KOSTRZEWA Łukasz	424	RUN FOREST RUN	M-3	00:00:44	00:15:57	00:31:09	00:46:16	01:01:07
108	CZERWIŃSKI Daniel	32		M-3	00:00:35	00:12:22	00:37:30		
109	WASILEWSKI Jarosław	305		M-3	00:00:43	00:13:31	00:26:41		
110	OKOŁOTOWICZ Sebastian	418		M-3	00:00:20	00:19:59	00:30:53	00:41:22	