

XIII NOCNY BIEG SZLAKIEM DZIKA

B4SPORT
INTELEGENTE ZAWODY SPORTOWE

Wydarzenie: DZIKI WEEKEND 2023
Organizator: Stowarzyszenie Klub Biegowy Dzik
Data: 2023-08-18
Miejsce: Police
Dystans: 5 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------|-------|---------------------------------|-----------|------|-----------------|-------------------|--------------|--------------|
| 1 | WASILEWSKI Andrzej | 233 | WILKI Z CIECHOCINKA | OPEN -M | 1 | 00:22:40.60 | | 2:16 | 26.5 (100%) |
| 2 | GRABEK Maciej | 105 | DZIKIE DZIKI GORZÓW | OPEN -M | 2 | 00:22:47.65 | +00:00:07 (0.5%) | 2:16 | 26.3 (99.2%) |
| 3 | PRZEKOPOWICZ Bartosz | 199 | WOJSKO POLSKIE | OPEN -M | 3 | 00:23:05.00 | +00:00:24 (1.8%) | 2:18 | 26 (98.1%) |
| 4 | SZYPKOWSKI Marek | 223 | SPORT | OPEN -M | 4 | 00:23:34.80 | +00:00:54 (3.8%) | 2:21 | 25.5 (96.2%) |
| 5 | PAPLICKI Michał | 185 | DZIKIE DZIKI GORZÓW | OPEN -M | 5 | 00:24:07.35 | +00:01:26 (6.0%) | 2:24 | 24.9 (94.0%) |
| 6 | WASZKIEWICZ Tomasz | 124 | TT SZCZECIN | OPEN -M | 6 | 00:24:14.85 | +00:01:34 (6.5%) | 2:25 | 24.8 (93.6%) |
| 7 | HOŁYŃSKI Leszek | 114 | FIRE TEAM | OPEN -M | 7 | 00:24:23.50 | +00:01:42 (7.0%) | 2:26 | 24.6 (92.8%) |
| 8 | KRYGOWSKI Mateusz | 145 | BEST BEASTS | OPEN -M | 8 | 00:24:33.80 | +00:01:53 (7.7%) | 2:27 | 24.4 (92.1%) |
| 9 | PATORA Piotr | 188 | EXTREME WOLF | OPEN -M | 9 | 00:24:42.50 | +00:02:01 (8.2%) | 2:28 | 24.3 (91.7%) |
| 10 | RYCAK Bartosz | 204 | 5PINZ | OPEN -M | 10 | 00:25:01.55 | +00:02:20 (9.4%) | 2:30 | 24 (90.6%) |
| 11 | USTIANOWSKI Przemysław | 230 | JW 4531 | OPEN -M | 11 | 00:25:10.80 | +00:02:30 (9.9%) | 2:31 | 23.8 (89.8%) |
| 12 | DYDEK Edyta | 255 | SKB DZIK | OPEN -K | 1 | 00:25:15.00 | +00:02:34 (10.2%) | 2:31 | 23.8 (89.8%) |
| 13 | CHMIELEWSKI Tomasz | 81 | VO2MAX RACING TEAM | OPEN -M | 12 | 00:25:24.20 | +00:02:43 (10.7%) | 2:32 | 23.6 (89.1%) |
| 14 | PASIKOWSKI Kamil | 257 | SKB DZIK | OPEN -M | 13 | 00:25:37.65 | +00:02:57 (11.5%) | 2:33 | 23.4 (88.3%) |
| 15 | ANTOSIK Bartosz | 62 | NA PRZYPALE ALBO WCALE!!! | OPEN -M | 14 | 00:25:44.85 | +00:03:04 (11.9%) | 2:34 | 23.3 (87.9%) |
| 16 | NIERZWIcki Grzegorz | 176 | GRUPA MALBORK | OPEN -M | 15 | 00:25:47.30 | +00:03:06 (12.1%) | 2:34 | 23.3 (87.9%) |
| 17 | WÓJCICKI Paweł | 245 | GRUPA MALBORK | OPEN -M | 16 | 00:25:55.55 | +00:03:14 (12.5%) | 2:35 | 23.2 (87.5%) |
| 18 | SAKOSIK Krystian | 206 | KOSAKŁUSOWNIK | OPEN -M | 17 | 00:26:01.20 | +00:03:20 (12.8%) | 2:36 | 23.1 (87.2%) |
| 19 | CHENON Guillaume | 80 | WIECZORNE BIEGANIE W SZCZECINIE | OPEN -M | 18 | 00:26:05.00 | +00:03:24 (13.1%) | 2:36 | 23 (86.8%) |
| 20 | BĘDKOWSKI Piotr | 72 | SWIM2TRI | OPEN -M | 19 | 00:26:16.05 | +00:03:35 (13.7%) | 2:37 | 22.8 (86.0%) |
| 21 | AUGUŚCIK Marcin | 63 | OPP SZCZECIN | OPEN -M | 20 | 00:26:25.35 | +00:03:44 (14.2%) | 2:38 | 22.7 (85.7%) |
| 22 | ŁUKAWSKI Mariusz | 160 | 8 PLOT KOSZALIN | OPEN -M | 21 | 00:26:27.30 | +00:03:46 (14.3%) | 2:38 | 22.7 (85.7%) |
| 23 | SZULC Marcin | 222 | BOLI BOLI | OPEN -M | 22 | 00:26:28.25 | +00:03:47 (14.3%) | 2:38 | 22.7 (85.7%) |
| 24 | WÓJCIC Maciej | 246 | | OPEN -M | 23 | 00:26:29.20 | +00:03:48 (14.4%) | 2:38 | 22.7 (85.7%) |
| 25 | KACZOR Piotr | 125 | ZALATANI 1.BLTR | OPEN -M | 24 | 00:26:31.65 | +00:03:51 (14.5%) | 2:39 | 22.6 (85.3%) |
| 26 | SKOWROŃSKI Andrzej | 212 | GRUPA MALBORK | OPEN -M | 25 | 00:26:36.00 | +00:03:55 (14.7%) | 2:39 | 22.6 (85.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|------------|------------------------------|-----------|------|--------------------|-------------------|--------------|--------------|
| 27 | NAPIERALSKI Krzysztof | 175 | DZIKIE DZIKI GORZÓW | OPEN -M | 26 | 00:26:38.10 | +00:03:57 (14.9%) | 2:39 | 22.5 (84.9%) |
| 28 | ZELEK Dariusz | 252 | | OPEN -M | 27 | 00:26:49.00 | +00:04:08 (15.4%) | 2:40 | 22.4 (84.5%) |
| 29 | KUREK Hubert | 150 | | OPEN -M | 28 | 00:26:53.50 | +00:04:12 (15.7%) | 2:41 | 22.3 (84.2%) |
| 30 | DĘBICKI Jakub | 88 | | OPEN -M | 29 | 00:26:53.70 | +00:04:13 (15.7%) | 2:41 | 22.3 (84.2%) |
| 31 | OSTOJSKI Ireneusz | 183 | DLL PARTNERS | OPEN -M | 30 | 00:27:08.95 | +00:04:28 (16.5%) | 2:42 | 22.1 (83.4%) |
| 32 | SIKORSKI Adam | 210 | SIKORROVO | OPEN -M | 31 | 00:27:15.85 | +00:04:35 (16.8%) | 2:43 | 22 (83.0%) |
| 33 | GAWRYŚ Rafał | 100 | | OPEN -M | 32 | 00:27:19.50 | +00:04:38 (17.0%) | 2:43 | 22 (83.0%) |
| 34 | SIEDLER Martin | 259 | MEDICAL CHURCH | OPEN -M | 33 | 00:27:22.15 | +00:04:41 (17.1%) | 2:44 | 21.9 (82.6%) |
| 35 | HAŁAS Daniel | 73 | 12BZ SZCZECIN | OPEN -M | 34 | 00:27:33.45 | +00:04:52 (17.7%) | 2:45 | 21.8 (82.3%) |
| 36 | DYDEK Arkadiusz | 262 | SKB DZIK | OPEN -M | 35 | 00:27:34.25 | +00:04:53 (17.8%) | 2:45 | 21.8 (82.3%) |
| 37 | PARADZIŃSKI Dawid | 186 | | OPEN -M | 36 | 00:27:35.30 | +00:04:54 (17.8%) | 2:45 | 21.8 (82.3%) |
| 38 | GRALEWICZ Albert | 107 | | OPEN -M | 37 | 00:27:35.75 | +00:04:55 (17.8%) | 2:45 | 21.8 (82.3%) |
| 39 | KĘDZIOR Jakub | 258 | WARRIORS ŁÓDŹ | OPEN -M | 38 | 00:27:36.55 | +00:04:55 (17.9%) | 2:45 | 21.7 (81.9%) |
| 40 | FURMANIAK Piotr | 97 | GRUPA MALBORK | OPEN -M | 39 | 00:27:40.20 | +00:04:59 (18.0%) | 2:46 | 21.7 (81.9%) |
| 41 | KNIAŻ Tomasz | 131 | HELL'S HEAVEN SZCZECIN | OPEN -M | 40 | 00:27:41.70 | +00:05:01 (18.1%) | 2:46 | 21.7 (81.9%) |
| 42 | LOBA Jakub | 158 | SKB DZIK | OPEN -M | 41 | 00:27:46.80 | +00:05:06 (18.4%) | 2:46 | 21.6 (81.5%) |
| 43 | GOŁĘBIEWSKI Tomasz | 103 | PSP SZCZECIN | OPEN -M | 42 | 00:27:51.80 | +00:05:11 (18.6%) | 2:47 | 21.5 (81.1%) |
| 44 | WIŚNIEWSKI Mariusz | 241 | IHUHU TEAM | OPEN -M | 43 | 00:27:52.45 | +00:05:11 (18.6%) | 2:47 | 21.5 (81.1%) |
| 45 | WOSZCZYK Sebastian | 243 | GRUPA MALBORK | OPEN -M | 44 | 00:28:00.90 | +00:05:20 (19.1%) | 2:48 | 21.4 (80.8%) |
| 46 | STOPCZYŃSKI Mateusz | 114 | | OPEN -M | 45 | 00:28:14.15 | +00:05:33 (19.7%) | 2:49 | 21.3 (80.4%) |
| 47 | MATUSIAK Mariusz | 166 | | OPEN -M | 46 | 00:28:20.70 | +00:05:40 (20.0%) | 2:50 | 21.2 (80.0%) |
| 48 | LEŻYŃSKI Jarosław | 157 | | OPEN -M | 47 | 00:28:26.05 | +00:05:45 (20.2%) | 2:50 | 21.1 (79.6%) |
| 49 | CZYŻEWSKI Tomasz | 86 | TENET | OPEN -M | 48 | 00:28:33.40 | +00:05:52 (20.6%) | 2:51 | 21 (79.2%) |
| 50 | WOJTALIK Krzysztof | 127 | | OPEN -M | 49 | 00:28:44.80 | +00:06:04 (21.1%) | 2:52 | 20.9 (78.9%) |
| 51 | PIOTROWSKI Piotr | 101 | HELL'S HEAVEN SZCZECIN | OPEN -M | 50 | 00:28:47.05 | +00:06:06 (21.2%) | 2:52 | 20.8 (78.5%) |
| 52 | GRYGORCEWICZ Jan | 71 | UKL ÓSEMKA | OPEN -M | 51 | 00:28:50.35 | +00:06:09 (21.4%) | 2:53 | 20.8 (78.5%) |
| 53 | WOJDYŁA Michał | 242 | 5PINZ | OPEN -M | 52 | 00:28:52.50 | +00:06:11 (21.5%) | 2:53 | 20.8 (78.5%) |
| 54 | OKOLITA Mateusz | 181 | DZIKIE DZIKI GORZÓW | OPEN -M | 53 | 00:29:08.95 | +00:06:28 (22.2%) | 2:54 | 20.6 (77.7%) |
| 55 | PRUSEK Mateusz | 198 | AKTYWNE CHOSZCZNO | OPEN -M | 54 | 00:29:31.60 | +00:06:51 (23.2%) | 2:57 | 20.3 (76.6%) |
| 56 | CZERWIŃSKI Paweł | 84 | | OPEN -M | 55 | 00:29:31.95 | +00:06:51 (23.2%) | 2:57 | 20.3 (76.6%) |
| 57 | ECHAUST Artur | 254 | BOLI BOLI | OPEN -M | 56 | 00:29:41.45 | +00:07:00 (23.6%) | 2:58 | 20.2 (76.2%) |
| 58 | WALKOWIAK Daria | 231 | BRIDGESTONE STARGARD RUNNERS | OPEN -K | 2 | 00:29:48.00 | +00:07:07 (23.9%) | 2:58 | 20.1 (75.8%) |
| 59 | DOBRYCKI Piotr | 89 | BRIDGESTONE STARGARD RUNNERS | OPEN -M | 57 | 00:29:48.20 | +00:07:07 (23.9%) | 2:58 | 20.1 (75.8%) |
| 60 | WEBER Mirela | 234 | | OPEN -K | 3 | 00:29:54.15 | +00:07:13 (24.2%) | 2:59 | 20.1 (75.8%) |
| 61 | STĘPNIAK Lesław | 218 | SKB DZIK | OPEN -M | 58 | 00:29:57.65 | +00:07:17 (24.3%) | 2:59 | 20 (75.5%) |
| 62 | MARZEC Karolina | 164 | DZIKIE DZIKI GORZÓW | OPEN -K | 4 | 00:30:00.15 | +00:07:19 (24.4%) | 3:00 | 20 (75.5%) |
| 63 | GRALEWICZ Robert | 106 | | OPEN -M | 59 | 00:30:00.35 | +00:07:19 (24.4%) | 3:00 | 20 (75.5%) |
| 64 | ZAJĄC Adam | 139 | | OPEN -M | 60 | 00:30:10.45 | +00:07:29 (24.8%) | 3:01 | 19.9 (75.1%) |
| 65 | STANISZEWSKI Adam | 113 | | OPEN -M | 61 | 00:30:12.60 | +00:07:32 (24.9%) | 3:01 | 19.9 (75.1%) |
| 66 | BRUMIRSKI Bartek | 75 | | OPEN -M | 62 | 00:30:29.35 | +00:07:48 (25.6%) | 3:02 | 19.7 (74.3%) |
| 67 | POPCZYK Mriusz | 193 | | OPEN -M | 63 | 00:30:30.65 | +00:07:50 (25.7%) | 3:03 | 19.7 (74.3%) |
| 68 | WRÓBLEWSKI Tomasz | 247 | | OPEN -M | 64 | 00:30:31.80 | +00:07:51 (25.7%) | 3:03 | 19.7 (74.3%) |
| 69 | JAWORSKI Dawid | 121 | KUTANG-KLAN | OPEN -M | 65 | 00:30:41.60 | +00:08:01 (26.1%) | 3:04 | 19.6 (74.0%) |
| 70 | KURPIEWSKA Agnieszka | 85 | | OPEN -K | 5 | 00:30:42.85 | +00:08:02 (26.2%) | 3:04 | 19.5 (73.6%) |

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|-----|----------------------------|------------|------------------------------------|-----------|------|--------------------|-------------------|--------------|--------------|
| 71 | KURPIEWSKI Piotr | 153 | | OPEN -M | 66 | 00:30:43.00 | +00:08:02 (26.2%) | 3:04 | 19.5 (73.6%) |
| 72 | KLEPACKI Bartosz | 256 | | OPEN -M | 67 | 00:30:55.70 | +00:08:15 (26.7%) | 3:05 | 19.4 (73.2%) |
| 73 | POSZUMSKA Gabriela | 194 | | OPEN -K | 6 | 00:30:59.00 | +00:08:18 (26.8%) | 3:05 | 19.4 (73.2%) |
| 74 | GIETKO Piotr | 101 | MIĘTUSY | OPEN -M | 68 | 00:31:16.65 | +00:08:36 (27.5%) | 3:07 | 19.2 (72.5%) |
| 75 | KIWILSKA Wojciech | 128 | IHUUH TEAM | OPEN -M | 69 | 00:31:20.55 | +00:08:39 (27.6%) | 3:08 | 19.1 (72.1%) |
| 76 | DUBIEL Monika | 93 | HELL'S HEAVEN SZCZECIN | OPEN -K | 7 | 00:31:28.60 | +00:08:48 (28.0%) | 3:08 | 19.1 (72.1%) |
| 77 | MADRAK Anna | 161 | HULK TEAM POLICE | OPEN -K | 8 | 00:31:37.70 | +00:08:57 (28.3%) | 3:09 | 19 (71.7%) |
| 78 | LEWANDOWSKA Anna | 155 | HELL'S HEAVEN SZCZECIN | OPEN -K | 9 | 00:31:50.75 | +00:09:10 (28.8%) | 3:11 | 18.8 (70.9%) |
| 79 | PASZKO Daniel | 187 | WIECZORNE BIEGANIE W SZCZECINIE | OPEN -M | 70 | 00:31:51.85 | +00:09:11 (28.8%) | 3:11 | 18.8 (70.9%) |
| 80 | DUDKA Robert | 94 | | OPEN -M | 71 | 00:31:52.35 | +00:09:11 (28.9%) | 3:11 | 18.8 (70.9%) |
| 81 | ŁAWNICZAK Sebastian | 159 | | OPEN -M | 72 | 00:31:59.35 | +00:09:18 (29.1%) | 3:11 | 18.8 (70.9%) |
| 82 | FATE Shivan | 66 | | OPEN -M | 73 | 00:32:07.40 | +00:09:26 (29.4%) | 3:12 | 18.7 (70.6%) |
| 83 | BARASIŃSKA Daria | 65 | ZALATANI 1.BLTR | OPEN -K | 10 | 00:32:15.30 | +00:09:34 (29.7%) | 3:13 | 18.6 (70.2%) |
| 84 | SADOWSKI Andrzej | 205 | ZALATANI 1.BLTR | OPEN -M | 74 | 00:32:16.30 | +00:09:35 (29.7%) | 3:13 | 18.6 (70.2%) |
| 85 | RUEFFRECK Adam | 202 | WOLF TEAM | OPEN -M | 75 | 00:32:18.30 | +00:09:37 (29.8%) | 3:13 | 18.6 (70.2%) |
| 85 | MADRAWSKI Tomasz | 170 | | OPEN -M | 76 | 00:32:18.30 | +00:09:37 (29.8%) | 3:13 | 18.6 (70.2%) |
| 87 | CESAK Grzegorz | 79 | CENTRUM SZKOLENIA BOJOWEGO DRAWSKO | OPEN -M | 77 | 00:32:23.20 | +00:09:42 (30.0%) | 3:14 | 18.5 (69.8%) |
| 88 | MURAWSKA Wioletta | 174 | SKB DZIK POLICE | OPEN -K | 11 | 00:32:26.30 | +00:09:45 (30.1%) | 3:14 | 18.5 (69.8%) |
| 89 | MASYS Agnieszka | 165 | GRUPA MALBORK | OPEN -K | 12 | 00:32:31.75 | +00:09:51 (30.3%) | 3:15 | 18.5 (69.8%) |
| 90 | GŁOGOZA Piotr | 102 | | OPEN -M | 78 | 00:32:31.95 | +00:09:51 (30.3%) | 3:15 | 18.5 (69.8%) |
| 90 | ŚWIĄTEK Bronisław | 224 | SAMOTNY WILK | OPEN -M | 79 | 00:32:31.95 | +00:09:51 (30.3%) | 3:15 | 18.5 (69.8%) |
| 92 | BORMAN Tomasz | 261 | ANANASY Z 3 FAL | OPEN -M | 80 | 00:32:40.10 | +00:09:59 (30.6%) | 3:16 | 18.4 (69.4%) |
| 93 | URBAN Ewelina | 229 | ANANASY Z 3 FAL | OPEN -K | 13 | 00:32:40.55 | +00:09:59 (30.6%) | 3:16 | 18.4 (69.4%) |
| 94 | WIECZOREK Jakub | 238 | | OPEN -M | 81 | 00:32:43.30 | +00:10:02 (30.7%) | 3:16 | 18.3 (69.1%) |
| 95 | SUSZA Małgorzata | 220 | | OPEN -K | 14 | 00:32:44.40 | +00:10:03 (30.7%) | 3:16 | 18.3 (69.1%) |
| 96 | KRASÓWKA Arkadiusz | 139 | TENET | OPEN -M | 82 | 00:32:45.50 | +00:10:04 (30.8%) | 3:16 | 18.3 (69.1%) |
| 97 | SZYSZKO Artur | 123 | | OPEN -M | 83 | 00:32:48.55 | +00:10:07 (30.9%) | 3:16 | 18.3 (69.1%) |
| 98 | TRYSZCZ Tobiasz | 227 | | OPEN -M | 84 | 00:33:05.40 | +00:10:24 (31.5%) | 3:18 | 18.1 (68.3%) |
| 99 | KOZŁOWSKA Natalia | 138 | MJDOP | OPEN -K | 15 | 00:33:12.60 | +00:10:32 (31.7%) | 3:19 | 18.1 (68.3%) |
| 100 | PRZYBYSZ Marcin | 106 | | OPEN -M | 85 | 00:33:26.55 | +00:10:45 (32.2%) | 3:20 | 17.9 (67.5%) |
| 101 | HAWRYLAK Marcin | 110 | 14ZBOT/142BLP | OPEN -M | 86 | 00:33:34.50 | +00:10:53 (32.5%) | 3:21 | 17.9 (67.5%) |
| 102 | ŚWIERCZ Dariusz | 225 | | OPEN -M | 87 | 00:33:35.55 | +00:10:54 (32.5%) | 3:21 | 17.9 (67.5%) |
| 103 | KRUK Agnieszka | 143 | GRUPA MALBORK | OPEN -K | 16 | 00:33:41.80 | +00:11:01 (32.7%) | 3:22 | 17.8 (67.2%) |
| 104 | ZAWADZKI Andrzej | 251 | TENET | OPEN -M | 88 | 00:33:54.50 | +00:11:13 (33.1%) | 3:23 | 17.7 (66.8%) |
| 105 | SAWICKI Bartosz | 208 | DZIKIE DZIKI GORZÓW | OPEN -M | 89 | 00:33:56.30 | +00:11:15 (33.2%) | 3:23 | 17.7 (66.8%) |
| 106 | SPÓLNIK Paweł | 216 | DZIKIE DZIKI GORZÓW | OPEN -M | 90 | 00:33:57.85 | +00:11:17 (33.2%) | 3:23 | 17.7 (66.8%) |
| 107 | WITORZĘĆ Dariusz | 125 | | OPEN -M | 91 | 00:33:58.30 | +00:11:17 (33.2%) | 3:23 | 17.7 (66.8%) |
| 108 | BAK Tomasz | 70 | NA PRZYPALE ALBO WCALE!!! | OPEN -M | 92 | 00:34:10.40 | +00:11:29 (33.6%) | 3:25 | 17.6 (66.4%) |
| 109 | NOWAK Piotr | 178 | | OPEN -M | 93 | 00:34:12.35 | +00:11:31 (33.7%) | 3:25 | 17.5 (66.0%) |
| 110 | WOŹNIAK Rafał | 244 | IHUUH TEAM | OPEN -M | 94 | 00:34:16.50 | +00:11:35 (33.8%) | 3:25 | 17.5 (66.0%) |
| 111 | KOZACZUK Grzegorz | 136 | | OPEN -M | 95 | 00:34:20.75 | +00:11:40 (34.0%) | 3:26 | 17.5 (66.0%) |
| 112 | SZAJEK Artur | 118 | HULK TEAM POLICE | OPEN -M | 96 | 00:34:25.60 | +00:11:45 (34.1%) | 3:26 | 17.4 (65.7%) |
| 113 | ROMANOWICZ Monika | 200 | DZIKIE ŻÓŁWIE | OPEN -K | 17 | 00:34:31.70 | +00:11:51 (34.3%) | 3:27 | 17.4 (65.7%) |
| 114 | SZEWCZYK Ludmiła | 221 | GRUPA MALBORK | OPEN -K | 18 | 00:34:34.45 | +00:11:53 (34.4%) | 3:27 | 17.4 (65.7%) |

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|-----|-------------------------------|------------|------------------------------------|-----------|------|--------------------|-------------------|--------------|--------------|
| 115 | SZAJEK Gabor | 119 | HULK TEAM POLICE | OPEN -M | 97 | 00:34:35.20 | +00:11:54 (34.4%) | 3:27 | 17.3 (65.3%) |
| 116 | FILOWIAT Daniel | 67 | | OPEN -M | 98 | 00:34:38.95 | +00:11:58 (34.6%) | 3:27 | 17.3 (65.3%) |
| 117 | NOWAK-PIASECKA Dorota | 180 | | OPEN -K | 19 | 00:34:43.70 | +00:12:03 (34.7%) | 3:28 | 17.3 (65.3%) |
| 118 | DORAWA-ZIOMEK Anna | 91 | DZIKIE ŻÓŁWIE | OPEN -K | 20 | 00:34:44.00 | +00:12:03 (34.7%) | 3:28 | 17.3 (65.3%) |
| 119 | DOMINIAK Michał | 112 | ZMĘCZENI JUŻ NA STARCIE | OPEN -M | 99 | 00:34:47.10 | +00:12:06 (34.8%) | 3:28 | 17.2 (64.9%) |
| 120 | HOŁOWCZYC Julia | 113 | ZMĘCZENI JUŻ NA STARCIE | OPEN -K | 21 | 00:34:47.30 | +00:12:06 (34.8%) | 3:28 | 17.2 (64.9%) |
| 121 | KRYGOWSKA Ilona | 144 | BEST BEASTS | OPEN -K | 22 | 00:34:52.30 | +00:12:11 (35.0%) | 3:29 | 17.2 (64.9%) |
| 122 | DOMAGALSKI Sławomir | 90 | SKB DZIK | OPEN -M | 100 | 00:35:04.30 | +00:12:23 (35.3%) | 3:30 | 17.1 (64.5%) |
| 123 | NOWAK Grzegorz | 177 | GRUPA AZOTY | OPEN -M | 101 | 00:35:07.90 | +00:12:27 (35.5%) | 3:30 | 17.1 (64.5%) |
| 124 | DANILUK-DUPLA Ewa | 87 | WIECZORNE BIEGANIE W SZCZECINIE | OPEN -K | 23 | 00:35:08.65 | +00:12:28 (35.5%) | 3:30 | 17.1 (64.5%) |
| 125 | ZAKOŚCIELNA Katarzyna | 248 | DZIKIE ŻÓŁWIE | OPEN -K | 24 | 00:35:16.40 | +00:12:35 (35.7%) | 3:31 | 17 (64.2%) |
| 126 | SOWA Krzysztof | 215 | | OPEN -M | 102 | 00:35:29.85 | +00:12:49 (36.1%) | 3:32 | 16.9 (63.8%) |
| 127 | DYDEK Dorota | 260 | SKB DZIK | OPEN -K | 25 | 00:35:58.05 | +00:13:17 (37.0%) | 3:35 | 16.7 (63.0%) |
| 128 | KRUŻYŃSKI Mariusz | 84 | MARIO | OPEN -M | 103 | 00:36:04.20 | +00:13:23 (37.1%) | 3:36 | 16.6 (62.6%) |
| 129 | SOBIECHOWSKI Jakub | 213 | | OPEN -M | 104 | 00:36:10.70 | +00:13:30 (37.3%) | 3:37 | 16.6 (62.6%) |
| 130 | JAKUBIAK Anna | 118 | TENET | OPEN -K | 26 | 00:36:11.20 | +00:13:30 (37.3%) | 3:37 | 16.6 (62.6%) |
| 131 | SOBIECHOWSKI Dawid | 214 | | OPEN -M | 105 | 00:36:11.40 | +00:13:30 (37.3%) | 3:37 | 16.6 (62.6%) |
| 132 | LEWANIAK Jakub | 88 | | OPEN -M | 106 | 00:36:16.90 | +00:13:36 (37.5%) | 3:37 | 16.5 (62.3%) |
| 133 | LEWANIAK Elżbieta | 87 | | OPEN -K | 27 | 00:36:18.50 | +00:13:37 (37.5%) | 3:37 | 16.5 (62.3%) |
| 134 | RADECKA Agata | 108 | | OPEN -K | 28 | 00:36:24.65 | +00:13:44 (37.7%) | 3:38 | 16.5 (62.3%) |
| 135 | JAWORSKI Krystian | 122 | KUTANG-KLAN | OPEN -M | 107 | 00:36:36.25 | +00:13:55 (38.0%) | 3:39 | 16.4 (61.9%) |
| 136 | PAWŁOWSKA Urszula | 190 | TRANING TANK | OPEN -K | 29 | 00:36:46.55 | +00:14:05 (38.3%) | 3:40 | 16.3 (61.5%) |
| 137 | KUBIAK Monika | 147 | TRANING TANK | OPEN -K | 30 | 00:36:46.90 | +00:14:06 (38.3%) | 3:40 | 16.3 (61.5%) |
| 138 | FROLOV Artur | 96 | TENET | OPEN -M | 108 | 00:36:54.20 | +00:14:13 (38.6%) | 3:41 | 16.3 (61.5%) |
| 139 | MISIASZEK Mirosław | 172 | MAŁKOCIN | OPEN -M | 109 | 00:37:04.50 | +00:14:23 (38.8%) | 3:42 | 16.2 (61.1%) |
| 140 | GRZYBEK Marta | 109 | KLUB-BUBA TEAM | OPEN -K | 31 | 00:37:06.45 | +00:14:25 (38.9%) | 3:42 | 16.2 (61.1%) |
| 141 | GOWORSKI Jerzy | 104 | | OPEN -M | 110 | 00:37:28.80 | +00:14:48 (39.5%) | 3:44 | 16 (60.4%) |
| 142 | ZALEWSKI Sylwester | 249 | VO2MAX RACING TEAM | OPEN -M | 111 | 00:37:34.15 | +00:14:53 (39.6%) | 3:45 | 16 (60.4%) |
| 143 | KOZARZEWSKI Grzegorz | 137 | ZALATANI 1.BLTR | OPEN -M | 112 | 00:37:35.30 | +00:14:54 (39.7%) | 3:45 | 16 (60.4%) |
| 144 | JADRYCH Zbigniew | 117 | STARGARD JA SIĘ NIE ŚCIGAM | OPEN -M | 113 | 00:37:38.80 | +00:14:58 (39.8%) | 3:45 | 15.9 (60.0%) |
| 145 | KUNIKOWSKA Patrycja | 148 | STARGARD | OPEN -K | 32 | 00:37:39.45 | +00:14:58 (39.8%) | 3:45 | 15.9 (60.0%) |
| 146 | PIEPRZYK Dorota | 191 | | OPEN -K | 33 | 00:37:40.20 | +00:14:59 (39.8%) | 3:46 | 15.9 (60.0%) |
| 147 | DUBICKI Mikołaj | 92 | STARGARD JA SIĘ NIE ŚCIGAM | OPEN -M | 114 | 00:37:42.40 | +00:15:01 (39.9%) | 3:46 | 15.9 (60.0%) |
| 148 | HNAT Rafał | 111 | | OPEN -M | 115 | 00:37:47.35 | +00:15:06 (40.0%) | 3:46 | 15.9 (60.0%) |
| 149 | CHARKOT Magda | 62 | | OPEN -K | 34 | 00:37:50.45 | +00:15:09 (40.1%) | 3:47 | 15.9 (60.0%) |
| 150 | MATAJ Justyna | 92 | | OPEN -K | 35 | 00:37:50.75 | +00:15:10 (40.1%) | 3:47 | 15.9 (60.0%) |
| 151 | ANDRZEJCZYK Ewelina | 61 | ANANASY Z 3 FAL | OPEN -K | 36 | 00:37:58.75 | +00:15:18 (40.3%) | 3:47 | 15.8 (59.6%) |
| 152 | DZIEPAK Piotr | 95 | ZALATANI 1.BLTR | OPEN -M | 116 | 00:38:13.50 | +00:15:32 (40.7%) | 3:49 | 15.7 (59.2%) |
| 153 | PONICHTERA Barbara | 192 | ZALATANI 1.BLTR | OPEN -K | 37 | 00:38:21.00 | +00:15:40 (40.9%) | 3:50 | 15.6 (58.9%) |
| 154 | JAWORSKI Marcin | 123 | | OPEN -M | 117 | 00:39:13.65 | +00:16:33 (42.2%) | 3:55 | 15.3 (57.7%) |
| 155 | PAWIŁOJĆ Hanna | 189 | KLUB-BUBA TEAM | OPEN -K | 38 | 00:39:17.50 | +00:16:36 (42.3%) | 3:55 | 15.3 (57.7%) |
| 156 | LEPPAK Małgorzata | 154 | CENTRUM SZKOLENIA BOJOWEGO DRAWSKO | OPEN -K | 39 | 00:39:25.00 | +00:16:44 (42.5%) | 3:56 | 15.2 (57.4%) |
| 157 | SUCHODOLSKA Aleksandra | 219 | DZIKIE ŻÓŁWIE | OPEN -K | 40 | 00:39:26.65 | +00:16:46 (42.5%) | 3:56 | 15.2 (57.4%) |
| 158 | PRZYBYSZ Tamara | 107 | PRZYBYSZ FAMILY | OPEN -K | 41 | 00:39:32.70 | +00:16:52 (42.7%) | 3:57 | 15.2 (57.4%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|------------|-----------------------------------|-----------|------|--------------------|-------------------|--------------|--------------|
| 159 | NOWAK Marta | 98 | GRUPA AZOTY | OPEN -K | 42 | 00:39:32.75 | +00:16:52 (42.7%) | 3:57 | 15.2 (57.4%) |
| 160 | SZAJEK Marta | 117 | HULK TEAM POLICE | OPEN -K | 43 | 00:39:35.80 | +00:16:55 (42.7%) | 3:57 | 15.2 (57.4%) |
| 161 | WISZNIEWSKI Marcin | 239 | | OPEN -M | 118 | 00:39:43.55 | +00:17:02 (42.9%) | 3:58 | 15.1 (57.0%) |
| 162 | MARKS Katarzyna | 163 | STOWARZYSZENIE DOŁUJE KOŚCINO | OPEN -K | 44 | 00:40:15.40 | +00:17:34 (43.7%) | 4:01 | 14.9 (56.2%) |
| 163 | NOWAK Zbigniew | 179 | | OPEN -M | 119 | 00:40:23.75 | +00:17:43 (43.9%) | 4:02 | 14.9 (56.2%) |
| 164 | WIŚNIEWSKA Marta | 240 | IHUUH TEAM | OPEN -K | 45 | 00:40:33.75 | +00:17:53 (44.1%) | 4:03 | 14.8 (55.8%) |
| 165 | WIECZOREK Magdalena | 235 | | OPEN -K | 46 | 00:40:34.10 | +00:17:53 (44.1%) | 4:03 | 14.8 (55.8%) |
| 166 | KOLEJ Monika | 132 | DZIKIE DZIKI GORZOW | OPEN -K | 47 | 00:40:34.95 | +00:17:54 (44.1%) | 4:03 | 14.8 (55.8%) |
| 167 | MROZIK Mariusz | 173 | DZIKIE DZIKI GORZÓW | OPEN -M | 120 | 00:40:35.05 | +00:17:54 (44.1%) | 4:03 | 14.8 (55.8%) |
| 168 | DUDKA Karolina | 64 | | OPEN -K | 48 | 00:40:50.10 | +00:18:09 (44.5%) | 4:05 | 14.7 (55.5%) |
| 169 | WIECZOREK Wojciech | 237 | | OPEN -M | 121 | 00:40:50.80 | +00:18:10 (44.5%) | 4:05 | 14.7 (55.5%) |
| 170 | GARLIŃSKA Justyna | 98 | | OPEN -K | 49 | 00:40:59.30 | +00:18:18 (44.7%) | 4:05 | 14.6 (55.1%) |
| 171 | MATYSEK Ireneusz | 168 | KOMANDOS WAŁECKI | OPEN -M | 122 | 00:41:00.65 | +00:18:20 (44.7%) | 4:06 | 14.6 (55.1%) |
| 172 | JABŁONKA Mariusz | 115 | DZIADY OCR | OPEN -M | 123 | 00:41:15.20 | +00:18:34 (45.0%) | 4:07 | 14.5 (54.7%) |
| 173 | TRZECIAK Piotr | 228 | | OPEN -M | 124 | 00:41:23.45 | +00:18:42 (45.2%) | 4:08 | 14.5 (54.7%) |
| 174 | DROZGOWSKA Magdalena | 63 | TENET | OPEN -K | 50 | 00:41:29.30 | +00:18:48 (45.3%) | 4:08 | 14.5 (54.7%) |
| 175 | DUDKA Michał | 65 | | OPEN -M | 125 | 00:41:36.10 | +00:18:55 (45.5%) | 4:09 | 14.4 (54.3%) |
| 176 | ZAMIAR Paweł | 129 | | OPEN -M | 126 | 00:41:42.30 | +00:19:01 (45.6%) | 4:10 | 14.4 (54.3%) |
| 177 | ZARZECKA Kamila | 250 | GRUPA MALBORK | OPEN -K | 51 | 00:41:42.85 | +00:19:02 (45.6%) | 4:10 | 14.4 (54.3%) |
| 178 | KIERUJ Jakub | 127 | IHUUH TEAM | OPEN -M | 127 | 00:41:57.70 | +00:19:17 (46.0%) | 4:11 | 14.3 (54.0%) |
| 179 | SAWICKA - WERS Urszula | 207 | NADMORSKY BIEGACZE KOŁOBRZEG | OPEN -K | 52 | 00:42:10.25 | +00:19:29 (46.2%) | 4:13 | 14.2 (53.6%) |
| 180 | BEDNARZ Katarzyna | 71 | NESSI TEAM | OPEN -K | 53 | 00:42:10.85 | +00:19:30 (46.2%) | 4:13 | 14.2 (53.6%) |
| 181 | BAŁKA Michał | 64 | | OPEN -M | 128 | 00:42:12.30 | +00:19:31 (46.3%) | 4:13 | 14.2 (53.6%) |
| 182 | STACHOWICZ Małgorzata | 217 | | OPEN -K | 54 | 00:42:20.50 | +00:19:39 (46.4%) | 4:14 | 14.2 (53.6%) |
| 183 | MATUSZEWSKA Edyta | 167 | WIECZORNE BIEGANIE W SZCZECINIE | OPEN -K | 55 | 00:42:22.65 | +00:19:42 (46.5%) | 4:14 | 14.2 (53.6%) |
| 184 | KOZUB-SZULIST Agata | 81 | LUBIĘ KANAPKI Z SEREM | OPEN -K | 56 | 00:42:40.70 | +00:20:00 (46.9%) | 4:16 | 14.1 (53.2%) |
| 185 | OLEKSYK Patryk | 182 | LUBIE KANAPKI Z SEREM | OPEN -M | 129 | 00:42:40.90 | +00:20:00 (46.9%) | 4:16 | 14.1 (53.2%) |
| 186 | BIEGAŃSKI Piotr | 61 | | OPEN -M | 130 | 00:43:19.85 | +00:20:39 (47.7%) | 4:19 | 13.9 (52.5%) |
| 187 | WYSOCKA Izabela | 128 | | OPEN -K | 57 | 00:43:28.65 | +00:20:48 (47.8%) | 4:20 | 13.8 (52.1%) |
| 188 | SKORŁUTOWSKI Wojciech | 211 | IHUUH TEAM | OPEN -M | 131 | 00:44:06.85 | +00:21:26 (48.6%) | 4:24 | 13.6 (51.3%) |
| 189 | RYBACKA Agnieszka | 203 | IHUUH TEAM | OPEN -K | 58 | 00:44:08.50 | +00:21:27 (48.6%) | 4:24 | 13.6 (51.3%) |
| 190 | KARCEWICZ Szymon | 79 | | OPEN -M | 132 | 00:44:11.05 | +00:21:30 (48.7%) | 4:25 | 13.6 (51.3%) |
| 191 | MOLENDASabina | 96 | SARNY | OPEN -K | 59 | 00:45:56.95 | +00:23:16 (50.6%) | 4:35 | 13.1 (49.4%) |
| 192 | GUMOWSKA Karolina | 72 | | OPEN -K | 60 | 00:45:57.05 | +00:23:16 (50.7%) | 4:35 | 13.1 (49.4%) |
| 193 | KOSIANOWSKA Monika | 134 | GRUPA MALBORK ♥MALBORSKIE MORSY ♥ | OPEN -K | 61 | 00:46:00.60 | +00:23:20 (50.7%) | 4:36 | 13 (49.1%) |
| 194 | KUREK Paulina | 151 | PCHEŁKA | OPEN -K | 62 | 00:46:02.65 | +00:23:22 (50.8%) | 4:36 | 13 (49.1%) |
| 195 | JAŚKIEWICZ Krzysztof | 120 | | OPEN -M | 133 | 00:46:15.85 | +00:23:35 (51.0%) | 4:37 | 13 (49.1%) |
| 196 | KRÓL Krzysztof | 141 | GARAGE PARTY | OPEN -M | 134 | 00:47:05.40 | +00:24:24 (51.8%) | 4:42 | 12.7 (47.9%) |
| 197 | BOŚKO Paulina | 74 | GARAGE PARTY | OPEN -K | 63 | 00:47:07.20 | +00:24:26 (51.9%) | 4:42 | 12.7 (47.9%) |
| 198 | KRÓL Magdalena | 140 | GARAGE PARTY | OPEN -K | 64 | 00:47:08.55 | +00:24:27 (51.9%) | 4:42 | 12.7 (47.9%) |
| 199 | PRABUCKI Jarosław | 197 | | OPEN -M | 135 | 00:47:18.00 | +00:24:37 (52.1%) | 4:43 | 12.7 (47.9%) |
| 200 | PRABUCKA Karolina | 196 | | OPEN -K | 65 | 00:47:18.95 | +00:24:38 (52.1%) | 4:43 | 12.7 (47.9%) |
| 201 | KOTULSKA Marta | 135 | BIEGACZE ŚWINOUJŚCIE | OPEN -K | 66 | 00:47:33.75 | +00:24:53 (52.3%) | 4:45 | 12.6 (47.5%) |
| 202 | BARSZCZEWSKI Adrian | 69 | BIEGACZE ŚWINOUJŚCIE | OPEN -M | 136 | 00:47:34.15 | +00:24:53 (52.3%) | 4:45 | 12.6 (47.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|------------|-------------------------|-----------|------|--------------------|-------------------|--------------|--------------|
| 203 | BZDAWKA Joanna | 78 | | OPEN -K | 67 | 00:47:36.20 | +00:24:55 (52.4%) | 4:45 | 12.6 (47.5%) |
| 204 | BARSZCZEWSKA Małgorzata | 67 | BIEGACZE ŚWINOUJŚCIE | OPEN -K | 68 | 00:47:38.30 | +00:24:57 (52.4%) | 4:45 | 12.6 (47.5%) |
| 205 | BARSZCZEWSKI Stanisław | 68 | BIEGACZE ŚWINOUJŚCIE | OPEN -M | 137 | 00:47:39.75 | +00:24:59 (52.4%) | 4:45 | 12.6 (47.5%) |
| 206 | KUREK Oskar | 152 | PANDA | OPEN -M | 138 | 00:47:53.45 | +00:25:12 (52.6%) | 4:47 | 12.5 (47.2%) |
| 207 | ROZGA Michał | 201 | | OPEN -M | 139 | 00:48:01.75 | +00:25:21 (52.8%) | 4:48 | 12.5 (47.2%) |
| 208 | OSTROWSKA Ina | 184 | | OPEN -K | 69 | 00:48:02.85 | +00:25:22 (52.8%) | 4:48 | 12.5 (47.2%) |
| 209 | SZYMCZAK Magdalena | 122 | GRUPA AZOTY | OPEN -K | 70 | 00:48:33.45 | +00:25:52 (53.3%) | 4:51 | 12.4 (46.8%) |
| 210 | KNAPIK Justyna | 130 | | OPEN -K | 71 | 00:54:54.80 | +00:32:14 (58.7%) | 5:29 | 10.9 (41.1%) |
| 211 | BARCIK Kamil | 66 | DZIKI SPECJALNEJ TROSKI | OPEN -M | 140 | 00:54:55.00 | +00:32:14 (58.7%) | 5:29 | 10.9 (41.1%) |
| 212 | WARCHOŁ Kamil | 232 | DZIKI SPECJALNEJ TROSKI | OPEN -M | 141 | 00:54:55.20 | +00:32:14 (58.7%) | 5:29 | 10.9 (41.1%) |
| 213 | JĘDRYKA Anna | 124 | DZIKI SPECJALNEJ TROSKI | OPEN -K | 72 | 00:54:55.30 | +00:32:14 (58.7%) | 5:29 | 10.9 (41.1%) |
| 214 | MATYSIAK Sławomir | 169 | DZIKI SPECJALNEJ TROSKI | OPEN -M | 142 | 00:54:56.20 | +00:32:15 (58.7%) | 5:29 | 10.9 (41.1%) |
| 215 | KOŁACZYŃSKA Monika | 133 | | OPEN -K | 73 | 00:55:37.65 | +00:32:57 (59.2%) | 5:33 | 10.8 (40.8%) |
| 216 | KRUSZYŃSKA Iwona | 83 | ZALATANI 1.BLTR | OPEN -K | 74 | 00:56:55.90 | +00:34:15 (60.2%) | 5:41 | 10.5 (39.6%) |
| 217 | KNAP Dorota | 80 | ZALATANI 1.BLTR | OPEN -K | 75 | 00:56:56.45 | +00:34:15 (60.2%) | 5:41 | 10.5 (39.6%) |
| 218 | KĘDZIOR Jakub | 126 | WARRIORS ŁÓDŹ | OPEN -M | 143 | 01:04:59.60 | +00:42:19 (65.1%) | 6:29 | 9.2 (34.7%) |

Znaleziono 218 wynik(ów)