



XIII RZEŹNICZEK, CZYLI MAŁY BIEG RZEŹNIKA

B4SPORT

Event: X FESTIWAL BIEGU RZEŹNIKA
Organiser: Fundacja Bieg Rzeźnika
Date: 2024-06-01
Place: Cisna
Distance: 28 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Classification: K20

Place	Participant	Number	Club	Category	MCat	Roztoki 16.2km	Net time 28km	Czas brutto 28km	Gap	Pace min/km	Pace km/h
1	GRZĄDKOWSKA Maria	4480		K20	1	01:43:27	03:10:06.40	03:10:12.40		6:47	8.8 (100%)
2	ŚLUSAREK Katarzyna	4506	SIEMIESZ-TEAM	K20	2	01:58:24	03:39:15.00	03:39:35.55	+00:29:23 (13.4%)	7:49	7.7 (87.5%)
3	JUSZCZYK-SKRZYPIEC Karolina	4639	SKLEP BIEGACZA / DYNAFIT	K20	3	02:00:51	03:41:54.85	03:42:08.45	+00:31:56 (14.4%)	7:55	7.6 (86.4%)
4	SZAFRAŃSKA Emilia	4387	TRAIL IS OUR WAY	K20	4	02:00:33	03:45:07.05	03:45:11.70	+00:34:59 (15.5%)	8:02	7.5 (85.2%)
5	CIECIOROWSKA Aleksandra	4654	SOBAS TEAM	K20	5	02:04:34	03:59:32.80	03:59:32.80	+00:49:20 (20.6%)	8:33	7 (79.5%)
6	ANTKIEWICZ Natalia	4663	TAJFUN KOLBUSZOWA	K20	6	02:11:37	04:01:21.30	04:02:15.90	+00:52:03 (21.5%)	8:37	7 (79.5%)
7	BAKUN Monika	4632		K20	7	02:03:50	04:01:59.60	04:02:39.05	+00:52:26 (21.6%)	8:38	6.9 (78.4%)
8	ŁAPIŃSKA Agnieszka	4429	AZS UW	K20	8	02:12:04	04:04:29.15	04:04:53.05	+00:54:40 (22.3%)	8:43	6.9 (78.4%)
9	OLEKSIUK Julia	4136	AZS UW	K20	9	02:12:04	04:04:29.85	04:04:53.10	+00:54:40 (22.3%)	8:43	6.9 (78.4%)
10	BARAŃSKA Łucja	4375	MOCNA GRUPA CEZARA	K20	10	02:09:07	04:07:52.00	04:08:11.05	+00:57:58 (23.4%)	8:51	6.8 (77.3%)
11	CZAPLA Ania	4644		K20	11	02:21:16	04:10:15.95	04:11:35.75	+01:01:23 (24.4%)	8:56	6.7 (76.1%)
12	KOSMAN Magda	4060	SKL SUCHA BESKIDZKA	K20	12	02:11:47	04:17:57.85	04:18:48.50	+01:08:36 (26.5%)	9:12	6.5 (73.9%)
13	ZIEMIŃSKA Sylwia	4649		K20	13	02:18:45	04:22:05.35	04:22:11.65	+01:11:59 (27.5%)	9:21	6.4 (72.7%)
14	ŁOWICKA Natalia	4099		K20	14	02:29:54	04:26:34.90	04:27:03.40	+01:16:51 (28.8%)	9:31	6.3 (71.6%)
15	MAĆKOWIAK Alicja	4379		K20	15	02:24:52	04:28:59.65	04:30:06.20	+01:19:53 (29.6%)	9:36	6.2 (70.5%)
16	BOJARCZUK Irena	4074	RUCH IZBICA	K20	16	02:08:04	04:35:17.85	04:35:29.85	+01:25:17 (31.0%)	9:49	6.1 (69.3%)
17	KOWALSKA Agnieszka	46933	WBK META LUBLINIEC	K20	17	02:36:54	04:35:21.00	04:35:49.95	+01:25:37 (31.0%)	9:50	6.1 (69.3%)
18	STUSINSKA Julia	4234		K20	18	02:25:02	04:40:01.05	04:40:18.80	+01:30:06 (32.1%)	10:00	6 (68.2%)
19	KORONKA Ada	4653	1WB Panc	K20	19	02:33:51	04:51:55.90	04:52:02.65	+01:41:50 (34.9%)	10:25	5.8 (65.9%)
20	ZEMŁA Dorota	4315		K20	20	02:38:08	04:52:57.00	04:53:48.25	+01:43:35 (35.3%)	10:27	5.7 (64.8%)
21	RADOMSKA Wiktoria	4278		K20	21	02:32:06	04:53:40.75	04:55:25.70	+01:45:13 (35.6%)	10:29	5.7 (64.8%)
22	KOMENDA Weronika	4565	DRUŻYNA PIERŚCIENIA	K20	22	02:50:57	05:06:18.85	05:06:30.35	+01:56:17 (37.9%)	10:56	5.5 (62.5%)
23	SZCZABEL Aleksandra	4307		K20	23	02:38:24	05:06:23.95	05:06:38.25	+01:56:25 (38.0%)	10:56	5.5 (62.5%)
24	MALEC Katarzyna	4352		K20	24	02:39:12	05:15:56.50	05:16:36.45	+02:06:24 (39.9%)	11:17	5.3 (60.2%)
25	PIECUCH Małgorzata	4197	WIĘCEJ NIŻ BIEG	K20	25	02:57:49	05:36:42.75	05:37:59.50	+02:27:47 (43.7%)	12:01	5 (56.8%)
26	GRACZYK Dąbrówka	4447		K20	26	02:56:02	05:42:03.90	05:42:35.70	+02:32:23 (44.5%)	12:12	4.9 (55.7%)
27	MELLER Oliwia	4614		K20	27	02:55:06	05:58:30.65	06:00:00.45	+02:49:48 (47.2%)	12:48	4.7 (53.4%)
28	KUROŚ Klaudia	4574		K20	28	02:55:07	05:58:31.35	06:00:00.95	+02:49:48 (47.2%)	12:48	4.7 (53.4%)

Total 28 results.

