



XIII RZEŹNICZEK, CZYLI MAŁY BIEG RZEŹNIKA

B4SPORT

Wydarzenie: X FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2024-06-01
Miejsce: Cisna
Dystans: 28 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 16.2km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
1	BOCHENEK Magdalena	4589		K30	1	01:27:24	02:41:43.60	02:41:46.40		5:46	10.4 (100%)
2	GÓROWSKA Iwona	4444	MONTIKO.PL / DYNAFIT	K30	2	01:34:18	02:52:35.45	02:52:37.75	+00:10:51 (6.3%)	6:09	9.7 (93.3%)
3	KOMISARCZYK Anna	4544		K30	3	01:43:19	03:09:45.70	03:09:49.05	+00:28:02 (14.8%)	6:46	8.9 (85.6%)
4	BEDNAREK Małgorzata	4007		K30	4	01:36:31	03:15:34.70	03:15:43.85	+00:33:57 (17.3%)	6:59	8.6 (82.7%)
5	HOŁOWNIA Anna	4692	ENDURE TEAM	K30	5	01:50:13	03:19:45.15	03:19:52.35	+00:38:05 (19.1%)	7:08	8.4 (80.8%)
6	RZEPKA Maria	4242		K30	6	01:48:10	03:20:15.20	03:20:20.15	+00:38:33 (19.2%)	7:09	8.4 (80.8%)
7	KIEŁBOŃ Ewelina	4525	PRZEWORSKA GRUPA BIEGOWA	K30	7	01:51:33	03:25:19.25	03:25:30.75	+00:43:44 (21.3%)	7:19	8.2 (78.8%)
8	KOWALSKA Joanna	4230	BRAK	K30	8	01:53:16	03:29:12.30	03:29:17.75	+00:47:31 (22.7%)	7:28	8 (76.9%)
9	BRZYSKA Marcelina	4414		K30	9	01:56:01	03:39:12.75	03:39:22.90	+00:57:36 (26.3%)	7:49	7.7 (74.0%)
10	KUŹMA-MAJDA Malwina	4394	KB SOBÓTKA	K30	10	01:59:20	03:42:29.05	03:42:39.80	+01:00:53 (27.3%)	7:56	7.6 (73.1%)
11	CZERNIAK Anna	4075		K30	11	02:04:09	03:42:53.90	03:43:29.45	+01:01:43 (27.6%)	7:57	7.5 (72.1%)
12	SZCZYGIEŁ Agnieszka	4630		K30	12	01:57:55	03:44:45.00	03:45:07.55	+01:03:21 (28.1%)	8:01	7.5 (72.1%)
13	KOZDROWSKA Marta	4112		K30	13	02:03:10	03:45:49.30	03:46:37.30	+01:04:50 (28.6%)	8:03	7.4 (71.2%)
14	STARAK Sylwia	4399	DZIKIE DZIKI GORZÓW	K30	14	02:04:41	03:47:38.25	03:47:52.25	+01:06:05 (29.0%)	8:07	7.4 (71.2%)
15	PIWOWARCZYK Magdalena	4370		K30	15	02:03:39	03:48:40.65	03:48:56.40	+01:07:10 (29.3%)	8:10	7.3 (70.2%)
16	CZARNECKA Katarzyna	4186		K30	16	02:03:16	03:51:32.45	03:52:05.95	+01:10:19 (30.3%)	8:16	7.3 (70.2%)
17	TOŁKACZ Marta	4462		K30	17	02:06:45	03:53:22.10	03:54:27.30	+01:12:40 (31.0%)	8:20	7.2 (69.2%)
18	KRASOWSKA Matylda	4487		K30	18	02:07:03	03:52:52.85	03:54:34.90	+01:12:48 (31.0%)	8:19	7.2 (69.2%)
19	KALISZ Karolina	4540		K30	19	02:13:30	03:54:14.50	03:55:22.40	+01:13:36 (31.3%)	8:21	7.2 (69.2%)
20	CHROBOT Anna	4355	NOWY STYL RUNNING TEAM	K30	20	02:10:46	03:58:46.20	03:59:34.55	+01:17:48 (32.5%)	8:31	7 (67.3%)
21	KOZIOŁ Ela	4403		K30	21	02:11:56	04:04:38.65	04:05:08.30	+01:23:21 (34.0%)	8:44	6.9 (66.3%)
22	KRUSZEWSKA Asia	4175	ADIDAS RUNNERS POZNAŃ	K30	22	02:12:00	04:06:15.95	04:07:35.05	+01:25:48 (34.7%)	8:47	6.8 (65.4%)
23	ZBLEWSKA Barbara	4269		K30	23	02:10:27	04:07:54.20	04:08:02.95	+01:26:16 (34.8%)	8:51	6.8 (65.4%)
24	MAJCHRZAK Katarzyna	4309		K30	24	02:14:27	04:08:11.05	04:09:38.25	+01:27:51 (35.2%)	8:51	6.8 (65.4%)
25	MARKOWSKA Karolina	4337	EUROPA UBEZPIECZENIA/NOA	K30	25	02:09:40	04:10:58.25	04:11:04.55	+01:29:18 (35.6%)	8:57	6.7 (64.4%)
26	PAŹDZIOR Patrycja	4694		K30	26	02:11:29	04:11:43.75	04:11:58.80	+01:30:12 (35.8%)	8:59	6.7 (64.4%)
27	KAMIŃSKA Jolanta	4015		K30	27	02:13:27	04:12:31.10	04:13:18.35	+01:31:31 (36.1%)	9:01	6.7 (64.4%)
28	FRIEDBERG Anna	4009		K30	28	02:12:44	04:14:05.35	04:15:30.55	+01:33:44 (36.7%)	9:04	6.6 (63.5%)
29	SMOLAK Katarzyna	4541		K30	29	02:17:46	04:13:52.20	04:15:40.55	+01:33:54 (36.7%)	9:04	6.6 (63.5%)

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30	WRONA Kamila	4213	SPARTALUBLIN	K30	30	02:19:15	04:15:13.40	04:16:04.40	+01:34:18 (36.8%)	9:06	6.6 (63.5%)
31	BRODECKA Monika	4610	BIEGOLAS KOSZALIN	K30	31	02:23:14	04:16:09.85	04:16:52.25	+01:35:05 (37.0%)	9:08	6.6 (63.5%)
32	RADGOWSKA Gabriela	4300	RADGETRUN	K30	32	02:19:42	04:17:31.65	04:19:02.80	+01:37:16 (37.6%)	9:11	6.5 (62.5%)
33	PIASZCZYŃSKA Magdalena	4688	NEKORENTALCREW	K30	33	02:27:22	04:18:07.45	04:19:48.55	+01:38:02 (37.7%)	9:13	6.5 (62.5%)
34	BORDUN Barbara	4689	NEKORENTALCREW	K30	34	02:27:21	04:18:07.40	04:19:48.70	+01:38:02 (37.7%)	9:13	6.5 (62.5%)
35	CZUBEK Ola	4274		K30	35	02:14:38	04:18:59.00	04:20:20.05	+01:38:33 (37.9%)	9:14	6.5 (62.5%)
36	KOZŁOWSKA Renata	4203	TT PSC RUNNING FAMILY/AKADEMIABIEGACZA.PL	K30	36	02:22:26	04:20:34.05	04:21:05.75	+01:39:19 (38.0%)	9:18	6.4 (61.5%)
37	GAJEWSKA Renata	4641	MOCNA GRUPA CEZARA	K30	37	02:20:51	04:20:59.10	04:21:19.95	+01:39:33 (38.1%)	9:19	6.4 (61.5%)
38	PROKOP Paulina	4003		K30	38	02:25:04	04:24:38.60	04:25:14.05	+01:43:27 (39.0%)	9:27	6.3 (60.6%)
39	MILCZAREK Kinga	4183		K30	39	02:22:29	04:24:56.95	04:25:53.90	+01:44:07 (39.2%)	9:27	6.3 (60.6%)
40	CZYTRZYŃSKA Alicja	4410		K30	40	02:19:49	04:25:42.10	04:26:01.05	+01:44:14 (39.2%)	9:29	6.3 (60.6%)
41	SOBIERAJ Marta	4412	G4	K30	41	02:24:06	04:26:48.60	04:26:56.10	+01:45:09 (39.4%)	9:31	6.3 (60.6%)
42	GAWŁOWSKA Katarzyna	4048	RADICAL BITCHES	K30	42	02:26:00	04:26:20.65	04:27:36.85	+01:45:50 (39.5%)	9:30	6.3 (60.6%)
43	KLIMEK Marta	4166	GRZYBEKTEAM	K30	43	02:27:51	04:28:48.65	04:29:17.75	+01:47:31 (39.9%)	9:36	6.3 (60.6%)
44	DROBOT Marlena	4621		K30	44	02:24:37	04:33:51.20	04:34:24.25	+01:52:37 (41.0%)	9:46	6.1 (58.7%)
45	ROJEWSKA Agnieszka	4070	#KAWAPOMAGA	K30	45	02:27:27	04:34:53.45	04:36:06.50	+01:54:20 (41.4%)	9:49	6.1 (58.7%)
46	ORLIŃSKA Edyta	4167		K30	46	02:27:49	04:36:40.95	04:37:11.15	+01:55:24 (41.6%)	9:52	6.1 (58.7%)
47	GŁÓWKA Barbara	4657		K30	47	02:36:14	04:37:05.45	04:38:26.05	+01:56:39 (41.9%)	9:53	6.1 (58.7%)
48	DRYWA Ewelina	4069	LEVEL-GEO TEAM	K30	48	02:28:33	04:38:46.35	04:40:20.55	+01:58:34 (42.3%)	9:57	6 (57.7%)
49	WITTSTOCK Patrycja	4505	SZANSELIZE	K30	49	02:23:22	04:38:59.80	04:40:23.65	+01:58:37 (42.3%)	9:57	6 (57.7%)
50	PŁUSA Aleksandra	4440	#NOLIMITS	K30	50	02:25:24	04:40:13.05	04:40:25.90	+01:58:39 (42.3%)	10:00	6 (57.7%)
51	NOWODWORSKA Anna	4430		K30	51	02:25:23	04:40:58.55	04:41:13.30	+01:59:26 (42.5%)	10:02	6 (57.7%)
52	CZAJKOWSKA Dorota	4154		K30	52	02:34:06	04:45:17.55	04:45:58.70	+02:04:12 (43.4%)	10:11	5.9 (56.7%)
53	DEMCAK Adrianna	4666		K30	53	02:37:18	04:48:04.50	04:49:31.95	+02:07:45 (44.1%)	10:17	5.8 (55.8%)
54	WÓJCIAK Justyna	4174		K30	54	02:35:13	04:48:41.80	04:49:44.50	+02:07:58 (44.2%)	10:18	5.8 (55.8%)
55	SZABLIŃSKA Małgorzata	4098		K30	55	02:35:12	04:48:44.15	04:49:46.70	+02:08:00 (44.2%)	10:18	5.8 (55.8%)
56	PILIPCZUK Aleksandra	4037		K30	56	02:32:09	04:49:28.15	04:50:17.10	+02:08:30 (44.3%)	10:20	5.8 (55.8%)
57	DYDAK Katarzyna	4434		K30	57	02:30:27	04:50:52.75	04:51:36.35	+02:09:49 (44.5%)	10:23	5.8 (55.8%)
58	KĘDRA Agnieszka	4033	CARPATHIAN RUNNERS	K30	58	02:32:02	04:51:09.60	04:51:51.25	+02:10:04 (44.6%)	10:23	5.8 (55.8%)
59	PAWLYTA Weronika	4441		K30	59	02:35:16	04:52:48.45	04:53:34.55	+02:11:48 (44.9%)	10:27	5.7 (54.8%)
60	OLEJNIK Anna	4035		K30	60	02:32:09	04:54:47.65	04:55:36.45	+02:13:50 (45.3%)	10:31	5.7 (54.8%)
61	KRAJEWSKA Marta	4317		K30	61	02:38:48	05:00:00.85	05:01:12.35	+02:19:25 (46.3%)	10:42	5.6 (53.8%)
62	BONAWENTURSKA Anna	4341	ORANGE POLSKA	K30	62	02:39:52	05:02:46.70	05:03:47.20	+02:22:00 (46.7%)	10:48	5.5 (52.9%)
63	LICZNERSKA Magdalena	4236	ADIDAS RUNNERS TRICITY	K30	63	02:44:12	05:05:54.40	05:06:25.65	+02:24:39 (47.2%)	10:55	5.5 (52.9%)
64	KOMENDA Katarzyna	4563	DRUŻYNA PIERŚCIENIA	K30	64	02:50:56	05:06:18.95	05:06:30.30	+02:24:43 (47.2%)	10:56	5.5 (52.9%)
65	BULLERT Agnieszka	4240		K30	65	02:47:02	05:08:09.30	05:09:08.80	+02:27:22 (47.7%)	11:00	5.5 (52.9%)
66	NISKA Marta	4158		K30	66	02:47:18	05:18:38.00	05:20:03.65	+02:38:17 (49.5%)	11:22	5.3 (51.0%)
67	WANCERZ Magdalena	4473		K30	67	02:46:41	05:20:34.70	05:21:58.25	+02:40:11 (49.8%)	11:26	5.2 (50.0%)
68	STYŚ Natalia	4477		K30	68	02:46:41	05:20:34.90	05:21:58.35	+02:40:11 (49.8%)	11:26	5.2 (50.0%)
69	NAGALSKA Martyna	4642	EAZYMUT.PL	K30	69	02:49:13	05:24:31.70	05:25:36.45	+02:43:50 (50.3%)	11:35	5.2 (50.0%)
70	LITKE Andżelika	4643	EAZYMUT.PL	K30	70	02:49:12	05:24:31.65	05:25:36.65	+02:43:50 (50.3%)	11:35	5.2 (50.0%)
71	DEPTA Katarzyna	4168		K30	71	02:52:31	05:25:23.90	05:25:51.30	+02:44:04 (50.4%)	11:37	5.2 (50.0%)
72	ISKRA-NOWIK Estera	4681		K30	72	02:50:52	05:31:04.30	05:31:19.65	+02:49:33 (51.2%)	11:49	5.1 (49.0%)
73	KLEPACKA Katarzyna	4090		K30	73	02:57:31	05:32:25.40	05:32:53.40	+02:51:07 (51.4%)	11:52	5.1 (49.0%)

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74	GETEK Milena	4453	RADGETRUN	K30	74	02:51:40	05:36:29.90	05:38:00.30	+02:56:13 (52.1%)	12:01	5 (48.1%)
75	RATOWSKA Oliwia	4406	HERO BOX	K30	75	02:46:45	05:39:57.20	05:40:20.60	+02:58:34 (52.5%)	12:08	4.9 (47.1%)
76	CUDNY Paula	4413	G4	K30	76	02:42:46	06:00:10.90	06:00:18.50	+03:18:32 (55.1%)	12:51	4.7 (45.2%)
77	MIŁOSZ Maria	4656	KASZANKI	K30	77	03:09:30	06:01:58.90	06:03:40.30	+03:21:53 (55.5%)	12:55	4.6 (44.2%)
78	MAZUR Katarzyna	4047	RADICAL BITCHES	K30	78	03:00:33	06:04:54.70	06:06:11.30	+03:24:24 (55.8%)	13:01	4.6 (44.2%)
79	OCHOWIAK Klaudia	4170	ORGANIC FITNESS	K30	79	02:52:44	06:06:31.30	06:07:58.30	+03:26:11 (56.0%)	13:05	4.6 (44.2%)
80	LISIAK Karina	4172	ORGANIC FITNESS	K30	80	02:52:45	06:06:31.40	06:07:58.75	+03:26:12 (56.0%)	13:05	4.6 (44.2%)
81	KASZUBA Katarzyna	4404		K30	81	02:56:43	06:07:53.20	06:09:32.95	+03:27:46 (56.2%)	13:08	4.6 (44.2%)
82	MARCZUK Marta	4024	BIEGAM Z OLKIEM	K30	82	02:56:00	06:19:12.50	06:21:01.30	+03:39:14 (57.5%)	13:32	4.4 (42.3%)
83	ZARĘBA Izabela	4034		K30	83	03:04:05	06:32:29.55	06:32:59.10	+03:51:12 (58.8%)	14:01	4.3 (41.3%)
84	GAWORSKA Kamila	4335		K30	84	03:09:44	06:46:41.00	06:46:41.00	+04:04:54 (60.2%)	14:31	4.1 (39.4%)
85	NIEPOKÓJ Barbara	4699		K30	85	02:57:14	07:08:51.75	07:09:10.90	+04:27:24 (62.3%)	15:18	3.9 (37.5%)
86	NOWICKA Ilona	4532	PANDUSIE	K30	86	03:28:35	07:28:46.65	07:30:07.10	+04:48:20 (64.1%)	16:01	3.7 (35.6%)
87	MAJSZCZYK Paulina	4645	HARDCOROWE WYCHYLYLYBYMY	K30	87	02:26:46			+01:00:20	9:03	6.6 (63.5%)
	PASTUŁA Anna	4266		K30		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 88 wynik(ów)