

Organizator: Ośrodek Sportu i Rekreacji w Sławnie
Data: 2016-07-02
Miejsce: Sławno
Dystans: 7.5 km



Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	POTERIUK Vita	341	MK LUCESK	K-30	1	00:28:16.65	00:28:16.65		3:46	15.9 (100%)
2	SHCHENSNA-RADZIKOWSKA Kalyna	321	KB SOBÓTKA	K-30	2	00:31:02.40	00:31:02.40	+00:02:45 (8.9%)	4:08	14.5 (91.2%)
3	KAROLAK Asia	94	STOPA SŁUPSK	K-30	3	00:32:40.60	00:32:40.60	+00:04:23 (13.5%)	4:21	13.8 (86.8%)
4	KAROLAK Ania	93	STOPA SŁUPSK	K-30	4	00:34:42.85	00:34:42.85	+00:06:26 (18.5%)	4:37	13 (81.8%)
5	KASPROWICZ Małgorzata	96	STOPA SŁUPSK	K-30	5	00:36:06.25	00:36:06.25	+00:07:49 (21.7%)	4:48	12.5 (78.6%)
6	SZABLA Ewelina	279	MTS HAMER MIASTKO	K-30	6	00:36:27.15	00:36:27.15	+00:08:10 (22.4%)	4:51	12.3 (77.4%)
7	KULCZYK Katarzyna	135	KB BRYZA POSTOMINO	K-30	7	00:37:15.00	00:37:15.00	+00:08:58 (24.1%)	4:58	12.1 (76.1%)
8	BARGAŃSKA Justyna	2		K-30	8	00:37:35.70	00:37:35.70	+00:09:19 (24.8%)	5:00	12 (75.5%)
9	ANTOSIK Grażyna	1	KS OLSZEWSKI I SYNOWIE SŁAWSKO	K-30	9	00:39:37.15	00:39:37.15	+00:11:20 (28.6%)	5:16	11.4 (71.7%)
10	BORKOWSKA-KOWALCZYK Daria	14	WOMENS FIGHTCLUBU KOSZALIN	K-30	10	00:39:54.25	00:39:54.25	+00:11:37 (29.1%)	5:19	11.3 (71.1%)
11	MIKINKA Magdalena	178		K-30	11	00:39:57.05	00:39:57.05	+00:11:40 (29.2%)	5:19	11.3 (71.1%)
12	ROMAN Sylwia	241	MKS ŚWIĘC SŁAWNO	K-30	12	00:40:09.65	00:40:09.65	+00:11:53 (29.6%)	5:21	11.2 (70.4%)
13	HRYHOROWICZ Joanna	75	NIGHT RUNNERS SŁUPSK	K-30	13	00:40:29.40	00:40:29.40	+00:12:12 (30.2%)	5:23	11.1 (69.8%)
14	ŁAŻNIAK Agata	153		K-30	14	00:40:36.45	00:40:36.45	+00:12:19 (30.4%)	5:24	11.1 (69.8%)
15	MAZUREK Barbara	167	BABECZKI KOSZALIN	K-30	15	00:41:24.95	00:41:24.95	+00:13:08 (31.7%)	5:31	10.9 (68.6%)
16	KAWECKA Katarzyna	98		K-30	16	00:41:43.85	00:41:43.85	+00:13:27 (32.2%)	5:33	10.8 (67.9%)
17	TARNIONEK Katarzyna	291		K-30	17	00:43:34.35	00:43:34.35	+00:15:17 (35.1%)	5:48	10.3 (64.8%)
18	MIECZKOWSKA Małgorzata	175	ŻYJ Z ENERGIA	K-30	18	00:44:00.20	00:44:00.20	+00:15:43 (35.7%)	5:52	10.2 (64.2%)
19	NIECKARZ Monika	195		K-30	19	00:44:16.35	00:44:16.35	+00:15:59 (36.1%)	5:54	10.2 (64.2%)
20	DYRCZ Marika	47	MKS ŚWIĘC SŁAWNO	K-30	20	00:44:26.35	00:44:26.35	+00:16:09 (36.4%)	5:55	10.1 (63.5%)
21	PIASECKA Karolina	219		K-30	21	00:47:00.15	00:47:00.15	+00:18:43 (39.8%)	6:16	9.6 (60.4%)
22	KOROLCZUK Karolina	114		K-30	22	00:47:04.05	00:47:04.05	+00:18:47 (39.9%)	6:16	9.6 (60.4%)
23	MOTOWIDŁO-ZAWADZKA Izabella	185		K-30	23	00:48:04.05	00:48:04.05	+00:19:47 (41.2%)	6:24	9.4 (59.1%)
24	STĘPIEŃ Karolina	266	BK	K-30	24	00:48:13.30	00:48:13.30	+00:19:56 (41.4%)	6:25	9.3 (58.5%)
25	WITKOWSKA Ilona	312	ŻYJ Z ENERGIA	K-30	25	00:48:18.45	00:48:18.45	+00:20:01 (41.5%)	6:26	9.3 (58.5%)
26	FELKOWSKA Karolina	50		K-30	26	00:48:25.65	00:48:25.65	+00:20:09 (41.6%)	6:27	9.3 (58.5%)
27	MIKLASIŃSKA-KAMELSKA Monika	179	KS OLSZEWSKI I SYNOWIE SŁAWSKO	K-30	27	00:52:18.55	00:52:18.55	+00:24:01 (45.9%)	6:58	8.6 (54.1%)

Znaleziono 27 wynik(ów)