

**Organizator:** Ośrodek Sportu i Rekreacji w Sławnie  
**Data:** 2016-07-02  
**Miejsce:** Sławno  
**Dystans:** 7.5 km



Klasyfikacja: K-Miasto

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	<b>SZCZYGIELSKA Edyta</b>	<b>316</b>	KS OLSZEWSKI I SYNOWIE SŁAWSKO	K-40	1	<b>00:36:09.00</b>	<b>00:36:09.00</b>		4:49	12.4 (100%)
2	<b>LASKA Agnieszka</b>	<b>147</b>	MKS ŚWIĘC SŁAWNO	K-40	3	<b>00:38:15.30</b>	<b>00:38:15.30</b>	+00:02:06 (5.5%)	5:06	11.8 (95.2%)
3	<b>MIKINKA Magdalena</b>	<b>178</b>		K-30	11	<b>00:39:57.05</b>	<b>00:39:57.05</b>	+00:03:48 (9.5%)	5:19	11.3 (91.1%)
4	<b>ROMAN Sylwia</b>	<b>241</b>	MKS ŚWIĘC SŁAWNO	K-30	12	<b>00:40:09.65</b>	<b>00:40:09.65</b>	+00:04:00 (10.0%)	5:21	11.2 (90.3%)
5	<b>KONKEL Joanna</b>	<b>108</b>	MKS ŚWIĘC SŁAWNO	K-50	1	<b>00:41:12.85</b>	<b>00:41:12.85</b>	+00:05:03 (12.3%)	5:29	10.9 (87.9%)
6	<b>ZIELENIEWICZ Weronika</b>	<b>331</b>		K-17	1	<b>00:44:13.60</b>	<b>00:44:13.60</b>	+00:08:04 (18.3%)	5:53	10.2 (82.3%)
7	<b>NIECKARZ Monika</b>	<b>195</b>		K-30	19	<b>00:44:16.35</b>	<b>00:44:16.35</b>	+00:08:07 (18.3%)	5:54	10.2 (82.3%)
8	<b>BUZE Małgorzata</b>	<b>339</b>	KS OLSZEWSKI I SYNOWIE SŁAWSKO	K-40	10	<b>00:44:19.90</b>	<b>00:44:19.90</b>	+00:08:10 (18.5%)	5:54	10.2 (82.3%)
9	<b>DYRCZ Marika</b>	<b>47</b>	MKS ŚWIĘC SŁAWNO	K-30	20	<b>00:44:26.35</b>	<b>00:44:26.35</b>	+00:08:17 (18.7%)	5:55	10.1 (81.5%)
10	<b>KURCZYK Elżbieta</b>	<b>139</b>	MKS ŚWIĘC SŁAWNO	K-40	12	<b>00:45:32.15</b>	<b>00:45:32.15</b>	+00:09:23 (20.6%)	6:04	9.9 (79.8%)
11	<b>KOROLCZUK Karolina</b>	<b>114</b>		K-30	22	<b>00:47:04.05</b>	<b>00:47:04.05</b>	+00:10:55 (23.2%)	6:16	9.6 (77.4%)
12	<b>STĘPIEŃ Karolina</b>	<b>266</b>	BK	K-30	24	<b>00:48:13.30</b>	<b>00:48:13.30</b>	+00:12:04 (25.0%)	6:25	9.3 (75.0%)
13	<b>OLSZEWSKA Renata</b>	<b>206</b>		K-40	14	<b>00:49:06.70</b>	<b>00:49:06.70</b>	+00:12:57 (26.4%)	6:32	9.2 (74.2%)
14	<b>ZDUNEK Katarzyna</b>	<b>326</b>		K-50	5	<b>00:49:29.50</b>	<b>00:49:29.50</b>	+00:13:20 (27.0%)	6:35	9.1 (73.4%)
15	<b>MIKLASIŃSKA-KAMELSKA Monika</b>	<b>179</b>	KS OLSZEWSKI I SYNOWIE SŁAWSKO	K-30	27	<b>00:52:18.55</b>	<b>00:52:18.55</b>	+00:16:09 (30.9%)	6:58	8.6 (69.4%)

Znaleziono 15 wynik(ów)